



# Kinross Newsletter

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Founding editor,  
Mrs Nan Walker, MBE

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## DEADLINE

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## Contributions For Inclusion In The Newsletter

The *Newsletter* welcomes items from community organisations and individuals for publication. This is free of charge. (We only charge for business advertising – see below right.) All items may be subject to editing and we reserve the right not to publish an item. Please also see our Letters Policy and Notes on page 2. Submit your item (except adverts) in one of the following ways:

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(all emails will be acknowledged)

Post or hand in to:

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## Commercial Advertising in the Newsletter

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- **A note of the number of insertions required.**
- **Your remittance – cheques payable to 'Kinross Newsletter Ltd'.**

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# Editor's Page

Cover photo: Sjoerd van Helden Cover Design: Lee Scammacca of Cree8

## Letter From The Editor

**IT WAS GREAT TO** see so many people coming out to enjoy the Farmers' Market in September on a sunny day. Thanks to those of you who came along to say hello at the *Newsletter* stand – it was great to chat with you! We're always keen to hear your opinions and ideas for the *Newsletter*, and delighted to have contributions from the community; that's what it's all about, after all.

The original purpose of the *Kinross Newsletter* was to publish the minutes of the local community council. Once again elections are to be held for Community Councillors, so if you have an interest in local matters and want to help make a difference, now is the time to get involved. Your Community Council Needs You!

They can be a driving force for positive community action. Kinross Community Council needs more people to join in and support it or it is in danger of folding.

Remember that the CC is there to act on your behalf. For instance, one of their functions is to be the first stage of consultation on local planning matters. If there is opposition from Kinross residents to a planning application, the community council is there to represent them.

The deadline to apply to be a community councillor has been extended to 4pm on Monday 3 October and I would urge you to consider joining in order to keep it functioning.

You can find the Election Nomination Form here [www.pkc.gov.uk/communitycouncils](http://www.pkc.gov.uk/communitycouncils). All you need to do is fill out a simple form (today!) and return it to [communitycouncils@pkc.gov.uk](mailto:communitycouncils@pkc.gov.uk) – by 4pm on Monday 3 October!

### Note to Contributors

A great deal of the *Newsletter* comprises reports supplied by local clubs and other organisations. These reports are accepted in good faith and the *Newsletter* accepts no liability for any inaccuracies contained therein. Senders should ensure reports are factually accurate and do not contain material which could cause legal proceedings to be taken against the *Newsletter*.

### Letters Policy

Senders must supply their name and contact details. Letters should be truthful and not contain matter which could cause legal proceedings to be taken against the *Newsletter*, which accepts no liability for any inaccuracies contained therein. The *Newsletter* does not necessarily agree with any of the views expressed on the letters or indeed other pages. All letters must contain the sender's address, although this may be withheld from publication on request.

### Note to Readers: Advertising

Inclusion of advertisements in the *Newsletter* does not imply any particular endorsement or recommendation of services or companies by Kinross CC or Kinross Newsletter Ltd.

### Abbreviations

PKC: Perth & Kinross Council  
CC: Community Council

Cllr: Councillor  
CCllr: Community Councillor

There has been more concern about the condition of Loch Leven this month with news of a recent sewage leak from the Kinross Waste Water Treatment plant across the heritage trail and into the loch. Worryingly, this seems to be seen as an inevitable solution in times of heavy rainfall when compared with the alternative described by SEPA, which is sewage backing up and entering people's homes. Our loch is our greatest community asset and we must do all we can to protect it. If more houses are to be built in the area it seems we will overload our antiquated sewerage system which was never intended to serve a community of this size. It really needs to be upgraded but its removal requires a multi-million pound investment. Find out more in the article on p11 and Councillor Robertson's column on p27.

Like the rest of the nation, Kinross keenly felt the loss of our Queen and showed up *en masse* to pay their respects as the cortege passed by us on the M90 on its way to St Giles Cathedral in Edinburgh, where many of us went to queue and pay our respects in person.

Many of our villages and hamlets joined the national minute's silence the night before the Queen's funeral and Kinross was no exception. People gathered in Queen's Crescent, the beacons were lit, a few poignant words were said and, after the minute's silence, a lone piper played a lament while we reflected on the loss of the only monarch most of us have ever known. See the photographs and report on pp7-9.

The Book of Condolences is still available to sign at the reception area of the Community Campus during opening hours.

Winter is coming and with it the likelihood of more hardship for many of us. There is help available from various sources, many of which we have listed on p19. Don't be afraid to ask for help if you need it. Organisations like Broke not Broken exist to help local people without judgement – they will be glad to hear from you.

*Hannah Phillips, Editor*

### About The Kinross Newsletter

The *Kinross Newsletter* has been informing and supporting the community for over 40 years.

It began as a way of letting residents know what Kinross Community Council was saying and doing, but soon expanded to be so much more.

Readers use the *Newsletter* to find local trades and services, and our loyal advertisers support the community by enabling us to publish local clubs' reports and essential community information free of charge. Readers, when answering an advertisement, please say you saw it in the *Newsletter*. Thank you.

The *Newsletter* is published by Kinross Newsletter Limited (company no SC374361). Any profits are transferred to charitable company Kinross Community Council Newsletter Limited (charitable company SC040913) to be given away to local good causes.

## Remembrance Sunday Parade

**THANKS TO OUR COMMUNITY COUNCIL'S** great efforts, we in Kinross are privileged to be able to attend a lovely Remembrance Sunday parade every year – Covid allowing – with many different community and youth groups attending. This letter is an appeal from several local veterans to encourage all fellow veterans, or serving servicemen and women, who live in the Kinross area and wider, to please march with us from the Kinross Parish Church to the War Memorial for the short 'Act of Remembrance' service. The parade forms up on Sunday 13 November from 10.30am, in the lane beside the Church, and steps off at around 10.45am. Please wear your medals, and your own military headdress, if you have either, and march shoulder to shoulder with us, your former service colleagues, in all three Services. It is (of course) a given that you would be more than welcome in the Church itself for the very nice church service the ministers run between them at 10am. It is our duty to make sure that...

*...We Will Remember Them  
Signed: Many Kinross Veterans*

## Housing Numbers In Kinross And Milnathort

**WE WRITE IN RESPONSE** to the letter headed 'More Houses Needed' in the September *Newsletter* which asked 'Why should Kinross be immune from development to provide much-needed housing?'

More houses are needed and the Scottish Government sets targets for local authorities to achieve for future housing numbers.

However, houses need to be in the right place, i.e. they need to be where people want to live but also where there is employment (or the potential for employment opportunities), infrastructure, facilities and services. That is why we have Strategic Development Plans and Local Development Plans.

The TAYplan Strategic Development Plan has determined that the Dundee and Perth core areas have the potential to accommodate the majority of the region's additional development over the plan period (2016-2036) and make a major contribution to the region's economy. They are Tier 1 settlements.

Kinross and Milnathort are put together for the purposes of settlement classification. Kinross/Milnathort is classed as a Tier 2 settlement. Tier 2 settlements are expected to accommodate a smaller share of additional development.

More details are then set out in Local Development Plans. Having carried out calculations for the amount of land needed, the local authority then identifies specific sites for housing (and employment etc) with indicative figures given for numbers of dwellings on the housing sites.

Anyone comparing Lathro Farm as it looked five years ago with how it looks now would surely say that Kinross is not immune from housing development.

This is a site that was allocated a capacity of 260 dwellings in PKC's first Local Development Plan (LDP1), with a limit of 140 dwellings to be built up to the year 2024. PKC did not impose this limit and 203 houses were built over 2½ years between 2017 and 2020. A further 169 houses are now being built in phase 2, bringing the total on the Lathro Farm site to 372 dwellings. That's an extra 112 houses or 43% over the original site allocation.

Since LDP1 was adopted in February 2014, the following

sites zoned for housing in Kinross/Milnathort have been given planning consent:

Site	LDP1 allocation	LDP2 allocation	Actual no consented
Old High School	70		91
Lathro Farm	260		372
Pitdownies	40	38-60	67
Pace Hill	50	56-80	77
Totals	420	470*	607

(\*Carrying forward Old High School and Lathro Farm allocations from LDP1)

The numbers of dwellings granted planning consent represent a 44.5% increase on the allocation in LDP1 and a 29% increase on the maximum allocations in LDP2.

Apart from ensuring there is enough housing, a purpose of setting allocations in the LDP is to ensure that local infrastructure such as health services and schools will cope with the increase in population. Greatly exceeding the LDP allocations (or not implementing phasing) puts pressure on these services.

In addition to the zoned sites listed above, in the same period housing development has taken place at 'windfall' or opportunity sites such as The Sycamores (33 flats), the former Windlestrae Hotel (41 dwellings), Kirklands Garage (6), Carnegie Apartments (8) and former Town Hall (9).

As well as basic services such as health care, for a reasonable quality of life people should have access to open space, recreational facilities and to live without excessive noise and pollution from traffic.

The need for more housing must be balanced against the effects on the environment. The foul waste from housing in the Kinross area drains into Loch Leven and, despite being treated, contributes to the amount of phosphorus in the loch. This has a negative impact on water quality and is linked to the incidence of blue-green algae, although other factors, such as climate change, may also be involved.

The allocations for dwellings in the Kinross housing market area are supposed to be 10% lower than they otherwise would be due to the sensitivity of Loch Leven, which has multiple designations such as Site of Special Scientific Interest and Special Protection Area. It is therefore a matter of frustration that PKC (or sometimes the Scottish Government Reporter when it is an appeal, as in the case of Lathro phase 2 and Pitdownies) grant permission for numbers well in excess of the local plan.

In conclusion, the figures show that Kinross and Milnathort are providing more than their fair share of new housing, and that's on sites that are zoned for such a purpose. The field north west of Davies Park (the subject of a possible application by Miller Homes) is not zoned for housing and is not even within the settlement boundary for Kinross in LDP2.

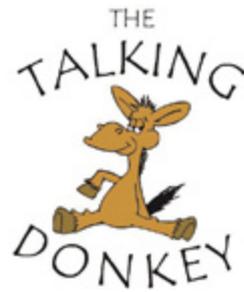
*Kinross-shire Civic Trust*

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# Thanks



**The Committee of the Kinross-shire Volunteer Group and Rural Outreach Scheme (KVG-ROS)** wanted to say a big thank you to everyone who visited our stall at the Kinross Farmers Market on 27 August.

The sun was shining which meant there was a wonderful turnout. This was a great opportunity to raise awareness about our service and potentially recruit much needed new drivers. We are very grateful to everyone who so generously donated prizes for the tombola and to those who came along to say hello and support us on the day.

KVG-ROS have been very fortunate to receive a bequest from Margaret Arbuckle, of Crook of Devon. Margaret had served on the committee as treasurer and as a volunteer driver for many years. Latterly, she was a popular service user. We were



saddened to hear of her passing and are extremely grateful to her for the time she spent volunteering with us and this kind gesture. The money will be used to continue and, hopefully, expand the service we offer the community.

Our thanks also go to the Kinross Flower Group which has also been kind enough to donate money to this charity as their group is now closed.

On 10 September a special buffet lunch was held to celebrate over 40 years since this service began and to thank all the KVG-ROS volunteer drivers and those who have helped the group to run successfully including through the challenges of the past couple of years. The weather made this a very special afternoon and we are very grateful to Alan, a local

businessman from Catering Supplies & Repairs, Falkirk who kindly sponsored the lunch.

Demand for the service is continuing to grow and without our wonderful team of volunteer drivers we would not be able to provide the service we do which enables the residents of Kinross-shire and Glenfarg to access services they would otherwise not be able to.

We are actively recruiting new drivers and if you have some spare time and would be interested in volunteering for this award-winning service, we would be delighted to hear from you! For further information please contact Iona Philp: [administrator@kvgandros.org.uk](mailto:administrator@kvgandros.org.uk) or phone 01577 840196.

## Long Service Medals

The dedication of father and son, **David and Stewart Mullan**, to a Kinross-shire farm has been recognised with the presentation of Royal Highland And Agriculture Society (RHASS) long service certificates at Kinross Show.

David who was presented with a certificate for 50 years service, was hired by the firm of A & E Blackwood on Baleave Farm, just south of Kinross in 1971. He initially helped with the tattie harvest but ended up being employed as the tractorman and moved into a house on the farm later that year. David grew to take on all aspects of the mixed farming business and was joined by his son Stewart when he left school in 1992. Stewart who also stays on the farm has now served 30 years at Baleave, working latterly for the late Mary Blackwood.

RHASS run the award scheme to recognise the long service of employees who have been in full-time employment in Scotland within the rural, agricultural and support service industries.

*From left to right David Mullan, Stewart Mullan and Ewan Paterson, President of Kinross Agricultural Association.*



# Congratulations!

**Mr and Mrs Iain Todd** are celebrating 60 years of marriage. Their marriage took place in St Davids Memorial Church, Kirkintilloch on 15 September 1962, and after several house moves, they retired to Kinross in 2007. Both joined Kinross in Bloom in 2009, and are still active to this day. **Congratulations and love to you both. Fiona, Susan & Morag, Iain and family.**

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**Kinross Hockey Club** would like to wish **Gurdi Duhre** good luck on his trip to Tokyo (competing at the deferred 2020 Masters World Cup) where he is hoping to add to the Bronze medal they won in Canberra, Australia in 2016.

# GOSPEL HALL

8 Montgomery Street, Kinross

Gospel meeting each Sunday at 4.00pm  
Friends and Neighbours 1st and 3rd Sundays

Visit our Facebook page and website for  
other activities for everyone including children.

[www.kinrossgospelhall.info](http://www.kinrossgospelhall.info)

**EVERYONE WELCOME!**

The Lord is good, a stronghold in the day of trouble; and He knoweth them that trust in Him  
(Nahum Chapter 1 verse 7)

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# REFLECTIONS ON OUR LATE QUEEN

**QUEEN ELIZABETH II WAS** devoted to serving this nation and the Commonwealth after ascending the throne in 1952. Serving for 70 years, she was the longest-reigning British monarch and the longest-serving female head of state in world history. The Queen was the only female member of the Royal Family to join the Armed Forces at that time and, until her death, the last surviving head of state who served in the Second World War. As sovereign, the Queen held the position of Commander-in Chief of the Armed Forces, and Colonel In Chief of numerous regiments in the United Kingdom, and throughout the Commonwealth.

The Queen's relationship with the Armed Forces began when, as Princess Elizabeth, she joined the Auxiliary Territorial Service (ATS) as a full-time member in 1945. This close relationship with the Armed Forces continued throughout her life, through regular visits to service establishments and ships. She held many military appointments and honorary ranks, and spent much time meeting servicemen and women, and their families, both at home and overseas.

She was the daughter of a veteran – her father, King George VI, served in both the Royal Air Force and Royal Navy, and took part in the largest naval engagement of the First World War, the Battle of Jutland. She was a military spouse, and experienced the life of a naval officer's wife, when Prince Philip was posted to Malta for the first few years of their marriage. She was the mother of naval and RAF officers, and the grandmother of RAF and Army officers.

Her Majesty was a person every member of the military could look up to as their Commander in Chief – she placed duty above personal need, she never strayed away from having the highest integrity, discipline, selfless commitment and respect for others.

She felt at home amongst servicemen and women, and their families, had great relationships with them, fun and laughter – you really felt she could be herself. She was the most knowledgeable person of anyone serving on Ceremonial, drill and all matters pageantry – she knew a good parade, and she knew a less than good one. She never wanted flannel, or wool pulling – she preferred it straight. A lot of that was Prince Philip's influence too – he couldn't abide being palmed off, or smoke screened. All four of her children put on uniform, for more or less time, and Prince Andrew – despite all his later difficulties – was, by all accounts, a darned good helicopter pilot on operations in the Falklands war. Locally she loved the Argyll and Sutherland Highlanders, and was a very dutiful, and much loved Colonel in Chief. She would be extremely proud, and pleased with the way the young men of the Royal Regiment of Scotland and Royal Air Force in Edinburgh carried her coffin so carefully, respectfully and precisely.

The Queen introduced the Elizabeth Cross in 2009, to give special recognition to the families of those who died on military operations, or as a result of terrorism, since 1948. Recipients I know count it as their most treasured possession. One, Jean Sime, lives in Kinross. Her husband Peter was killed by the IRA in 1972.

Her Majesty The Queen had always seen public and voluntary service as one of the most important elements of her work, and served as Royal Patron or President for over 600 charities, military associations, professional bodies and public service organisations. Having

HM The Queen as Royal Patron or President added immeasurable value to, and provided vital publicity for, the work of these organisations, and enabled their enormous achievements, the remarkable commitment of their staff, and contributions to society to be recognised. Twenty years ago on the occasion of her Golden Jubilee, Her Majesty inspirationally established the Queen's Award for Voluntary Service to acknowledge the achievements of volunteers working together in groups. Since then many thousands of such groups tackling issues and problems at community level right across the country have been

honoured, inspired and enhanced by these awards. One of these was won recently by our own splendid Broke Not Broken, and in 2018 by the Perth and Kinross Branch of SSAFA.

The charity I have been privileged to work for as a volunteer for the last 22 years, SSAFA, the Armed Forces Charity put this out:

*'All in SSAFA, the Armed Forces charity are greatly saddened to hear of the death of our Patron, Her*

*Majesty Queen Elizabeth II. As the longest serving British Monarch in history, Her Majesty's unquestioning duty and dedication to the nation and the Commonwealth will be deeply and profoundly missed.*

*'In 1952 Her Majesty became Patron of SSAFA and together with Queen Elizabeth, The Queen Mother, she supported and fundraised for SSAFA throughout her life. As the nation and the world mourns, our thoughts are with His Majesty The King, and our SSAFA President, His Royal Highness Prince Michael of Kent and all members of the Royal Family.'*

When we revamped our HQ in London a few years back, we named the building Queen Elizabeth House.

Personally, I first met HM in 1971 at Balmoral, when my Regiment provided the Royal Guard for a magical summer. I was but a lad of 23 and this was surely a day dream come true. We met her a lot over 5 months – dinners, picnic barbecues at Loch Muick, dances, charades after dinners – nerve-wracking as the Royals are demons – film nights and fun. Many stories tell of her washing up at the picnics – totally true – and at one I dried, while she washed, and she called me 'Wee Eck', from The Broons! She was great company and this was her holiday. Then I had several more meetings over the years at small reunions, and other grander and larger events. She had a resonance, an aura, and a charm that seemed to envelop you – and there was no doubt, despite it all, that you were in the presence of the Sovereign. You never overstepped the mark. My best moment? Sitting on the sofa next to her, after dinner, in Balmoral, watching *101 Dalmatians* the old cartoon version, and her hooting with laughter.

An inspiration to everyone, we thank her for her life-long service and join the world in mourning her passing. It was very moving to stand on the Gallowhill Rd bridge over the M90, as the cortege drove South, with many others – including ex-Royal Navy serviceman Jim – and give her one last salute. My Scots Guards son is, as I write, about to stand guard at her catafalque in Westminster Hall, and is deeply honoured to do so. I hope you have all had a chance to sign the Book of Condolence in the High School Campus reception area.

*Rest In Peace Ma'am – and Thank You  
LT COL ANDY MIDDLEMISS BEM DL*

Andy (left) in 2011 with HM The Queen



# THE DAY KINROSS

Photos by Eilidh Verstage  
@eilidhandlloyd\_arngaskfarm

**AS QUEEN ELIZABETH II** embarked on her final journey through Scotland, a large group of riders and their horses formed a special guard of honour in the fields of Glenfarg.

When it became clear that Her Majesty's funeral cortege was going to pass along the M90 where it borders the family's fields, Emma posted on her Facebook account, with the 'what3words' location for anyone who might want to join in, particularly those on horseback, given that Her Majesty Queen Elizabeth II was so famously fond of horses. Emma, a competitive rider and a former photographer with The Scottish Farmer, organised the event on the spur of the moment, and was stunned by the attention it has received. A total of 32 riders on horseback, including adults and children and 40 or so more people on foot gathered to greet Her Majesty's coffin as it passed through on its journey to Edinburgh, accompanied by Princess Anne and her husband Sir Timothy Laurence.

'Everybody came together because they wanted to pay their respects,' said Emma. Describing it as 'a surreal moment' and explaining that she didn't quite have words to describe how she felt in the moment the Queen passed. 'The field fell silent. The horses stood immaculately still,' she said. 'It was like the horses knew. They had all stood in line for about 40 minutes before the cortège passed, holding that line, on the spot, perfectly behaved for the duration. It was amazing and eerie at the same time. When the Royal cars passed, Princess Anne and Sir Timothy Laurence spotted us and waved,' she added. "We were all really glad that we were there to pay our respects. It was a moment I will never forget." After local, then national press coverage, Emma's small gathering to pay tribute



Alisha Morrison

to Her Majesty Queen Elizabeth II has been seen worldwide, featuring on the BBC, ITV and international news channels. She has had many people sending her messages from all over the world thanking her for what she did.



# SAID GOODBYE

A large crowd of Kinrossians flocked to the roundabout on Sunday 11 September, hoping for a good view of the Queen's cortege passing by Kinross on her way to St Giles Cathedral in Edinburgh to lie in state. The crowd was adorned with Union Jacks and was unusually subdued for such a large gathering. 'It all seems a bit surreal, doesn't it,' one said, as numerous police vehicles drove in single file down the M90. 'We will never forget this day,' said another. 'The world is a sadder place without her.'

Like many others near and far, Kinross Community Council arranged a minute's silence held at 8pm on the eve of the



funeral. The crowd gathered in Queen's Crescent, which was built to commemorate the coronation. The ceremonial beacons that were lit only recently to mark the Platinum Jubilee were again lit. Piper Alan Holmes played the bagpipes at the close of the minute's silence.

Above: Kinross CC organised a minute's silence. (Photo: Chris Collins)

Below: Edna (left) from Wales and Jean from Cornwall, who were visiting Perth for a family reunion and 'came to pay our respects'.



Photo: Sjoerd van Helden



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## ‘SERIOUS’ SEWAGE LEAK IN LOCH LEVEN

LOCH LEVEN, AN SSSI and RAMSAR site with special protection under European and UK legislation, has recently been contaminated by a ‘serious’ leak of raw effluent. The leak resulted in contaminated material pouring out of the sewage works down the heritage trail and into the loch.

SEPA have blamed the inability of the antiquated sewer systems to handle quantities of sewage during periods of heavy rainfall. This explanation, however, does not wash with their critics. One said, ‘This is becoming more common. It is certainly not the first instance of this happening.’

NatureScot said, ‘We are extremely concerned and disappointed about a serious pollution incident at Loch Leven National Nature Reserve, where an overflow of raw sewage recently flooded the trail and entered the loch.

‘Together with partners, including Perth and Kinross Council, the Centre for Ecology & Hydrology (CEH), Scottish Environment Protection Agency (SEPA) and local stakeholders, we have been working to improve the water quality at Loch Leven for nearly 30 years.

‘This kind of pollution could have a serious impact on the important habitats of the loch, its aquatic vegetation and wildlife.

‘Our staff worked with the regulator SEPA and Scottish Water in their investigation of this incident and continue to monitor the impact on the ground.’

A spokesperson for Scottish Water said, ‘We received a report from SEPA on 8 September of a blockage at the entrance to a culvert, downstream of the outfall from Kinross Waste Water Treatment Works. The screen had become blocked with debris from the storm, forcing discoloured water to flow over a footpath. A member of our team attended to clear the screen and restore normal flow via the culvert.

The capacity of all urban drainage

systems – including road gullies, surface water pipes, combined sewers and confined or culverted watercourses – can be overwhelmed in conditions of very heavy rainfall, when high flows can carry debris that increases the risk of blockages occurring.

‘Combined sewer systems like the one that serves Kinross receive both waste water from local homes and businesses; and surface water from the older



parts of the community and its road network. The WWTW is designed so that very high flows in storm conditions can be returned to the environment once storm tanks are at full capacity, rather than causing flooding within communities. Our waste water treatment works in Kinross is checked regularly to ensure it is operating to a high standard and that effective measures are in place to screen any storm overflows and minimise their impact on the local environment.

‘Wherever flooding or a spill occurs which is causing concern, we would ask for this to be reported to us directly as quickly as possible on 0800 077 8778 so that our local team can attend, investigate and take action when required.’

In a letter to SEPA Cllr Willie Robertson said ‘Due to the expansion of housing there will be further rises in the amounts of sewage requiring to be treated. This at a time when our waste water treatment plants are clearly not able to deal with the current levels. For SEPA to allow any sewage that can’t be treated to be diverted to flow into Loch Leven is totally unacceptable.’

Pamela Isaacs, Senior Environment Protection Officer at SEPA responded, ‘Due to the historic design of sewers, during periods of heavy rainfall the diversion of surface water leads to the amount of effluent in the sewer exceeding the capacity of the sewer. Therefore, it needs to discharge quickly either via emergency overflow to the environment or will back up and cause flooding. Until the entire sewer network is replaced the

only other alternative is discharge to the environment. This is not unique to the Loch Leven Catchment.

‘SEPA are working with Scottish Water to prioritise areas for upgrade. The removal of these historic sewers will require multi-million pound investment.’

Many are worried that more housing in Kinross will lead to further increases of phosphorus in Loch Leven.

Expert Dr Linda May from the UK Centre for Ecology & Hydrology says, ‘cyanobacterial (‘algal’) blooms thrive under warm, dry and still conditions if the water contains enough nutrients to fuel their growth. With climate change making Loch Leven more sensitive to nutrients (nitrogen and phosphorus) than it has been in the past, it is essential that we do everything we can to reduce all nutrient inputs to the loch as much as we can.

Cllr Robertson has also written to Mairi McAllan MSP, the Scottish Government Minister with responsibility for environmental issues. You can read the full letters in his column on p27.’

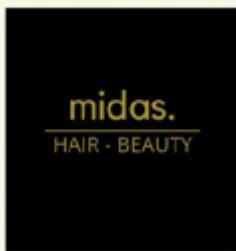
Cllr Robertson told the *Newsetter*, ‘We have got to a situation where unless Scottish Water divert untreated sewage into Loch Leven people are liable to have raw sewage surging from their toilets! Why are alarm bells not ringing! We need urgent investment in our sewers to protect local people, our environment and Loch Leven’.

**For more information see Cllr Robertson’s column on p27.**



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# FANTASTIC FOSSOWAY!



**THE 2022 FOSSOWAY** Gathering held in Crook of Devon on Saturday 3 September was officially opened by Guest of Honour, Jim Leishman MBE, Provost of Fife. Led in to the arena by members of the award winning Dollar Academy Pipe Band and a superb fancy dress parade of children, Jim marvelled at the organisation and community spirit behind the Gathering. He was presented by the Gathering



Committee with a personal gift and a donation to support the work of The Mary Leishman Foundation established in honour of his late wife Mary.

The Fossoway Gathering is very much a community event. Re-established in 2019 as a vehicle to promote and strengthen community engagement, an incredible range of community organisations from across the Fossoway area and Kinross filled the numerous marquees around the main arena. Their displays, demonstrations and other fun activities attracted much interest, promoting participation and volunteering opportunities and helping generate a welcome boost to their funds too.

Crowds came pouring in throughout the afternoon. As well as the community stalls and the addition this year of an artisan trader market street, the Fun Fair proved hugely popular, as did 'Beat the Goalie' against two up and coming Dunfermline FC keepers. A visit by the local Fire Bri-

gade was well received and the display of farm animals from Farmer Dawes was hugely popular.

The KYTHE Band played 'centre stage', attracting an enthusiastic crowd. The 32-strong Dollar Academy Pipe Band also proved a hit playing in the main arena. Other arena activities included a fantastic display of dog agility organised by the Crufts-winning Powling sisters from Muckhart, equestrian vaulting,

dance displays, mini touch rugby and a well-supported under-14s Fun Run organised by Kinross Road Runners.

Visitors also enjoyed the range of refreshment options, including Gourmet Kitchen, Pizza Via, the

Bridge Bar, the tea and cakes raising funds for the Fossoway Church and burgers and buns from the 2nd Fife (Dunfermline) Scouts supporting their Nineacres Campsite in Crook of Devon. Incredibly, despite some inclement weather, the ice-cream stall also did a roaring trade!

Organisers were overwhelmed by the generosity of individuals and businesses who boosted our funds through advertising, supplies and the donation of so many incredible prizes. They extend their thanks to the Scouts and many other individuals who helped with site set-up and take-down, car parking

and other vital services on the day.

A Fossoway resident said, 'I thought the Gathering was absolutely brilliant - a really lovely way to bring the community together and everyone appreciates all of the work to pull it together. The Games tent was brilliant.

The centre ring activities were great too. The beer tent and the church tea room were both equally brilliant - and people looked very happy chatting to each other in these. It was an absolute triumph and we are so lucky to live near such a friendly village.'

Jim Duffy, chair said, 'Special thanks to the incredible team of volunteers who made it all possible. Their planning and hard work over many months was rewarded by another successful event. Anyone interested in volunteering with us will find a warm welcome and fun and friendship along the way.

Email [fossowaygathering@gmail.com](mailto:fossowaygathering@gmail.com).

Also on Facebook: [@FossowayGathering](https://www.facebook.com/FossowayGathering).



# PROGRESS FOR AEROSPACE KINROSS

**ASSET (AEROSPACE SCIENTIFIC EDUCATIONAL TRUST)** is working towards the creation of a family-oriented aerospace discovery centre – Aero Space Kinross – which will provide a tremendous opportunity to engage families with this project that will bring huge economic, educational and tourism benefits to the area – as well as providing locals, Scots and visitors alike with a unique flight themed science and space centre.

Plans for this uniquely themed aviation, astronomy and space flight centre based in Kinross in the heart of Scotland are well under way with Tayside Deal

funding allocated and a plan in place to site it on/near the M90 at Kinross.

The intention is to make the centre – interactive, fun, educational and inspirational experience that will touch individuals from all over the UK and beyond to this ‘must-see’ destination – once it is built – and include outstanding flight motion simulation exhibits, a fully immersive 3D planetarium highlighting aerospace exploration. It will be a chance to influence and inspire young people in the area, who might not have otherwise thought of a science career and showcase Scotland as a hugely dynamic and burgeoning

aviation and aerospace technology community.

## Sandy Gunn Aerospace Careers Programme

The first Sandy Gunn Aerospace Careers Programme (SGACP) roadshow was recently hosted by Aero Space Kinross at Strathallan School in Perthshire.

The Sandy Gunn Aerospace Careers Programme is a venture dedicated to inspiring and assisting young people in respect of engineering generally, aeronautics and astronautics specifically, and then supporting those that enter and continue careers in aerospace.

## WHO WAS SANDY GUNN?

**SANDY GUNN WAS A** young man from Auchterarder who gave up his training to become a diesel engineer in order to join the RAF. Shot down whilst flying an unarmed Photo Reconnaissance Spitfire over Norway in 1942, Sandy spent two years in a POW camp before escaping in what became known as the ‘Great Escape’. Captured after two days on the run, Sandy was murdered by a Gestapo officer on the direct orders of Adolf Hitler. He was just 24 years old.

Schools from across Perth & Kinross, Tayside and Angus were approached by ASK to attend the event aimed at S4-S6 pupils, who discovered more about the life and legacy of local Auchterarder World War 2 pilot Sandy Gunn – as well as hearing a presentation from guest speakers from the aeronautics industry including The Royal Aeronautical Society, Leonardo and UHI (University of the Highlands and Islands).

Eight schools, including Kinross High School came forward to participate with around 300 pupils attending over the three day event. Pupils were able to view some amazing exhibits including a ¼ scale model of a Spitfire; a Merlin aircraft engine and an Infra-red Counter Measures (IRCM) system mock-up, to name a few.

Welcoming the careers’ event to Strathallan School, Alisdair Stewart, Chairman of ASK said: ‘Our collaboration with the SGACP could not have come at a better time as we are well out of lockdown now and we know there is real ambition out there for aviation and aerospace careers, but it is all about drawing out a clear

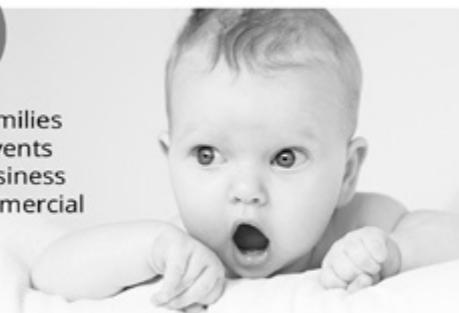


pathway for young people to follow and showcase how best they can enter into these roles. It is also a vital part of our skills development in the aerospace field to grow talent and maintain a strong and burgeoning engineering industry in Scotland.’

Speaking of the combined partnership efforts in Scotland, Chairman of the SGACP, Dr Michael Smith said: ‘Aero Space Kinross and the Sandy Gunn Aerospace Careers Programme have been developing relationships since September 2019, when they were guests at the SGACP launch at Cranfield University. Although Covid-19 caused our presentations to be delayed across the entire UK, we were delighted to bring what has turned out to be our highly popular school road show to Scotland this autumn.’



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# KADAC On Display!

**ON THE EVENING OF** Friday 2 September, Lucinda Russell OBE, Grand National-winning racehorse trainer, opened the KADAC annual Art Exhibition held at the delightful venue of Cleish village hall.

Seventy guests and members were welcomed to the successful opening evening. In her welcoming speech, president Dallas Key thanked all members for their support, enthusiasm, and commitment to the club. She also mentioned the great anticipation that there had been whilst preparing for the first exhibition in three years. Dallas presented Lucinda with a bouquet of flowers and thanked her for her warm, kind and enthusiastic words when opening the exhibition.

There was a joyous buzz in the hall as Lucinda and the other guests mingled among the artworks enjoying wine, refreshments and canapés. They enjoyed browsing the wide variety of 166 exhibits as well as many different crafts. The popular raffle was well supported. Many prizes were donated by local businesses



*Lucinda Russell OBE opening the KADAC Annual Art Exhibition 2022 with president Dallas Key looking on.*

and included a super bird table made by Kinross Men's Shed and an original painting by KADAC's professional adviser, Tom Sutton-Smith.

Over the weekend of the exhibition, 72 paintings in total were sold as well as many crafts. More than 300 visitors attended the exhibition with many taking time to enjoy a cup of tea and some homemade cake. Members also remembered the late John Tydeman, a member for many years, with a simple but poignant tribute to him. He would have loved the exhibition in its new venue.

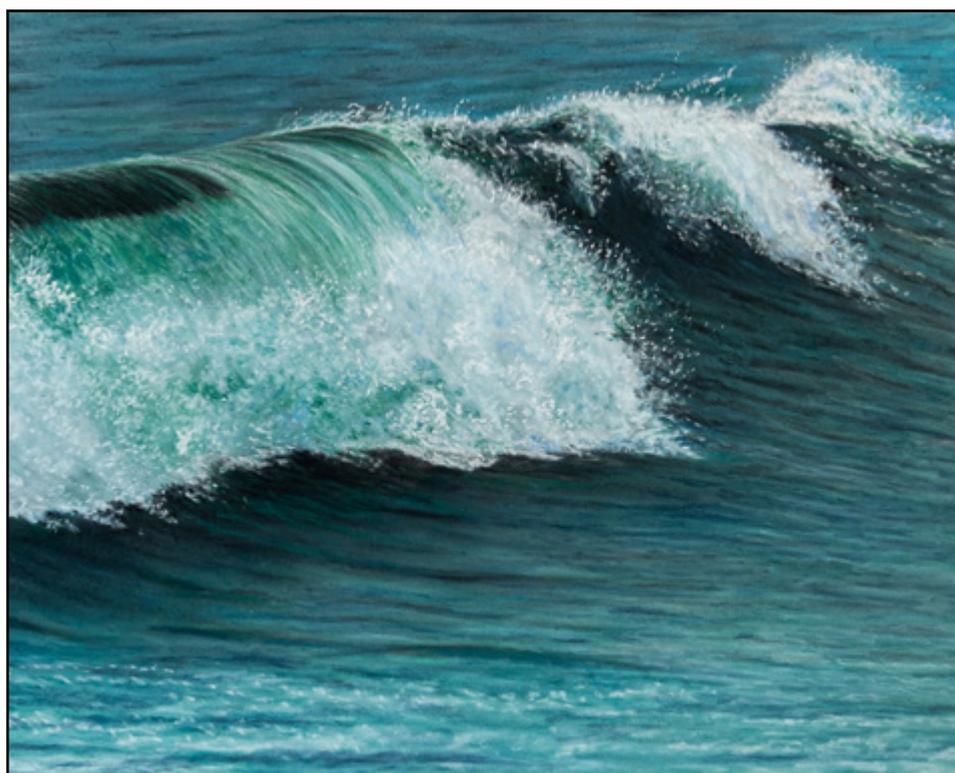
Over the weekend, the Cleish community were warm and welcoming; we thank them for their incredible support.

Visitors were encouraged to vote for their favourite painting of the exhibition.

The winner was 'The Wave' by Stewart Niven (opposite).

Runners-up were 'Seagulls over a Restless Sea' by Muriel Bell and 'Always in Awe' by Shirley Scott. Stewart and the two runners-up were given a small prize.

*'The Wave' by Stewart Niven, voted the People's Choice winning painting in the exhibition. Opposite: various artists with their work*



Tom Sutton-Smith with Hannah Phillips (left) and Glenys Andrews, former president of Perthshire Open Studios



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**“ A bit about me... ”**

Originally from Cowdenbeath, I spent the last 10 years living in Dunfermline. I moved to Gallowhill Road, Kinross in August 2016, with my wife Jacqueline and our two year old son, Calum. I'm a time-served joiner with 17 years' experience.

# NEED HELP WITH COST OF LIVING CRISIS?

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The easiest way to access assistance is by using the online form: [www.pkc.gov.uk/wrt](http://www.pkc.gov.uk/wrt) Fill it out to receive free, impartial and confidential benefits advice and assistance tailored to your circumstances, or call 01738 476900 (Option 1).

## Macmillan Cancer Support-funded enhanced welfare rights service

[www.pkc.gov.uk/wrmacmillanservice](http://www.pkc.gov.uk/wrmacmillanservice)

Dedicated to people affected by cancer, their carers and their household. Macmillan workers are adopted by Macmillan Cancer Support and so can access Macmillan Grants for people with cancer diagnoses which can help towards the cost of fuel, energy, travel etc.

## Online benefits information

[www.pkc.gov.uk/welfarerights](http://www.pkc.gov.uk/welfarerights)

Pages dedicated to certain circumstances and the benefits that people may be entitled to in those circumstances e.g. families, people who are sick or disabled, terminal illness, older people, bereavement etc.

## IMMEDIATE FINANCIAL ASSISTANCE

### Crisis Grants

If a household is in immediate need and have no money for food or fuel then they should apply for a Crisis Grant: [www.pkc.gov.uk/scottishwelfarefund](http://www.pkc.gov.uk/scottishwelfarefund) or 01738 476900 (Option 2) and if they qualify they may be paid an amount to tide them over until their next payment of income. These grants do not

need to be paid back. These grants cannot be accessed by people with no recourse to public funds.

### Financial Insecurity Fund

Any resident of PKC can apply for help with the following:

- Priority debts including fuel debt, (as well as potential, one-off, help towards the cost of buying oil), Council Tax debt, rent arrears etc,
- Broadband debt that prevents you from getting online or you require a data package,
- Difficulty meeting the essential costs of children under 2-years or a child of any age with a disability e.g. nappies, milk, wipes etc,
- Additional costs of living rurally
- School dinners, music tuition and/or kids club debt.

Assistance is only provided once a comprehensive benefit check has been undertaken so there are two unique parts to the fund: helps with debts and the benefit check. This is a way in which people can access advice with a view to longer-term sustainable solutions, ensuring that all statutory and other entitlements are also in place.

### Welfare Trust

The Welfare Trust is a charitable fund for the residents of PKC. It is a very small pot of money but it is extremely useful for the wee added extras that some households can't afford like school trips, toys, driving lessons and tests for care leavers and some equipment for people with disabilities that isn't available via statutory means.

## Eve To Light Up Kinross For Christmas

**LIGHT UP KINROSS ARE** delighted to announce that Eve Muirhead OBE, recently retired skip of Gold Medal winning British Olympic curling team at Beijing this year, will switch on the Christmas Lights at the Crosswell Fountain on Saturday 26 November.

Santa will also be there! Please come along and support your local Christmas lights.

A collection will be taken on the night to help with costs as they are a self-supporting charity.



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## WILMA REACHES FOR THE SKY FOR CHARITY

**THE LOCAL KINROSS CONFERENCE** of the Society of St Vincent de Paul received a massive boost to its efforts to support anyone in need within our local community through the exploits of our member, Wilma Carragher. By skydiving from 10,000 feet, Wilma's jump was a 60 second full on adrenaline rush matched only by the realisation that the generous support of the people of Kinross-shire had risen to the challenge of supporting our charitable work.

All requests are treated in the strictest confidence. Our main purpose is to offer practical, emotional and spiritual help to any family or individual within our community depending on the availability of funds. A total of £2390 was raised, all of which will strengthen our resources to support local families and individuals at a time of unprecedented pressure on budgets, given the current cost of living crisis. No matter any individual's circumstances, our goal is to fight poverty in all its forms through practical assistance to people in need.

If you or anyone you know needs a helping hand or just someone to talk to please contact the society on 07862 803054, or [ssvpkinross@gmail.com](mailto:ssvpkinross@gmail.com)

Thank you again for everyone's generous support and encouragement.

## FOLLCL NEED YOU!

**THE FRIENDS OF LOCH LEVEN Community Library (FOLLCL)** are returning to their duties on Saturday 8 October. The team will be opening the library, when it is normally closed, on Saturdays from 1 - 3pm and Mondays from 10am - 1pm. This is the only library in Perth & Kinross open at these times because of this group of volunteers. Always happy to see you and help out where they can – it's really helpful if you bring your library card with you as you will need this to access some of the services on offer. FOLLCL is a group of independent volunteers.

If anyone would like to join the team or has any suggestions or ideas for the group, please contact Richard Scott on 07999 510500, or find us on Facebook.

## MÒD 2022

**THE ROYAL NATIONAL MÒD 2022** will be in Perth from 14 to 22 October and there will be a huge variety of entertainment – in Gaelic and English!

It opens in style with a special concert featuring some of the very best of talent in Gaeldom. Singers Mairi MacInnes, Arthur Cormack, Ceitlin Lilidh and Darren MacIlleathain join forces with an all-star band led by musicians from supergroup Mánran', and BBC presenters, Gary Innes and Ewen Henderson.

Tickets are available from Horsecross. Don't miss it!

# Save The Date – Breakfasts Are Back!

**KINROSS-SHIRE PARTNERSHIP,** Networking Breakfasts at Loch Leven's Larder are back on Wednesday 2 November starting at 7.30am. Now in our 11th year, our debut guest speaker for this series of meetings is The Shires' very own foodie, Celebrity Chef, MasterChef UK finalist &

food writer Sarah Rankin. She'll be sharing her experiences on the show and talking about her plans for the future.

As well as listening to an interesting speaker and enjoying a scrumptious breakfast, everyone will have the opportunity to tell us about their business

or organisation, whilst developing relationships with like minded people in the area. The price to attend is £15 and must be pre-booked by email – [kpnetworking-breakfast@gmail.com](mailto:kpnetworking-breakfast@gmail.com)

Spaces are limited so please reserve your places early.



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# Tanuki Tales



**THE JAPANESE GARDEN**, near Dollar is awash with stories. They live in the rocks and stones of the garden's design, they are inspired by the creatures that live within and on its soil, and they were told by Ella Christie, the garden's creator, a world traveller from a by-gone age. In this Year of Stories 2022 we want to share all of these tales and more with our visitors, and in so doing hope to entertain and inspire all with the ancient craft of storytelling.

On 1 and 8 October visitors will be able to join storyteller Lindsey Gibb in a yurt – a shelter Ella herself might have stayed in on her travels in Central Asia – as she

takes them on a journey through some of the countries that Ella herself visited many years ago. They will hear folk tales from those countries and learn more about Ella's adventures overseas, whether it was hiking the trails of the Himalayas or trawling the markets of Uzbekistan for unique treasures to bring home.

Then on 19 October visitors can join a very special walking tour, led by storyteller Lindsey Gibb, which will explore the stories that emerge from within The Japanese Gardens itself. Stories of turtles, cranes, the mysterious Tanuki – all will be explained as you wander the paths of this tranquil space.

In addition to all of this we will be launching a fun 'story quest' activity for families over the October half-term. This has been developed with the children from Muckhart Primary School's 'Cowden' class and will involve seeking out images and creating your very own story.

All sessions are suitable for all aged 8+. Booking on the sessions is essential. Details of the sessions can be found at [www.cowdengarden.com](http://www.cowdengarden.com) by clicking on the *Tickets – Year of Scot-*



*tish Storytelling* tab. Costs are no more than the normal garden entry price and includes garden entry.

This event has been supported by the Year of Stories 2022 Community Stories Fund. This fund is being delivered in partnership between VisitScotland and Museums Galleries Scotland with support from National Lottery Heritage Fund thanks to National Lottery players.

*The events are priced at the same as the normal garden ticket prices. (See [www.cowdengarden.com](http://www.cowdengarden.com) for ticket prices).*

*The Garden runs a series of events and workshops throughout the year. These can be found on [www.cowdengarden.com](http://www.cowdengarden.com).*





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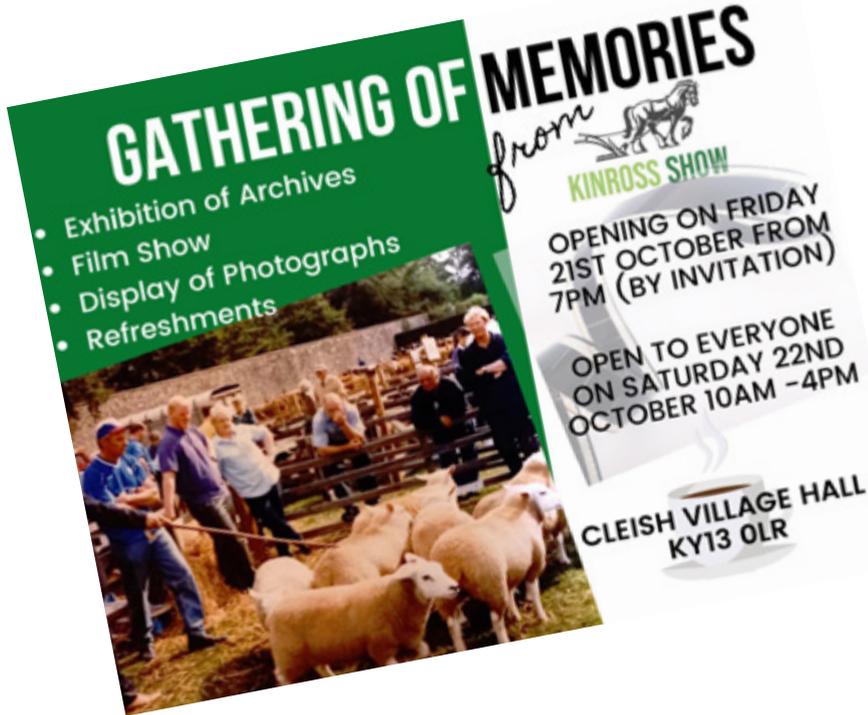









# MEMORY GATHERING FOR MEMOIR



**DO YOU REMEMBER HOW** you felt when you won a trophy at the Kinross Show? Do you have a funny story about the main ring - or anything else that we could include in a book of memories about Kinross Show? You are invited to share your stories and view an exhibition of show photographs and archives with a short film show and refreshments.

The opening event takes place on Friday 21 October from 7pm (by invitation only). On Saturday 22 October it opens to everyone from 10am - 4pm so please join us and bring your friends. Refreshments will be served throughout.

Please also bring any photographs or other information in an envelope, marked with your name and address. We will arrange to copy it and return if required. For more information please email: [memoriesofkinrossshow@gmail.com](mailto:memoriesofkinrossshow@gmail.com).

## Dementia Café

**ON WEDNESDAY 5 OCTOBER 2022**, Perth & Kinross Health and Social Care Partnership will be holding the first Dementia Café awareness event in three years.

The Dementia Café is a monthly gathering where people with dementia, their family, caregivers and friends can be together in a safe, welcoming environment, in the company of other caregivers. Information, advice and support is available for those living with dementia and their carers at each session.

The awareness day event will be open to the public from 10am-12.30pm on 5 October at the Dementia Café's usual location – the North Church at 209 High Street, Perth.

Information stalls staffed by a range of organisations and services that can support people with dementia, their families and carers will be running during the event.

Among those attending will be Alzheimer's Scotland, Miller Hendry Solicitors, Scottish Fire & Rescue Service, Safer Community Wardens, Police Scotland, Perth & Kinross Council's Welfare Rights Team, NHS Tayside Occupational Therapy, and PKAVS Carers Support. Free refreshments will also be available.

If you, or a relative, friend or someone you care for is affected by dementia, help is available. Why not come along next month to find out more?

## MICHAEL BRUCE TRUST

**THIS YEAR'S ANNUAL** illustrated talk will be held at 7.30pm on Thursday 20 October in Portmoak village hall.

In this, Scotland's Year of Story Telling, the talk given by trust Chairman Dr David Munro is entitled *Bishopshire Tales Retold*.

Entry is £4 per person and includes tea and coffee after the talk. There will also be a raffle in aid of the cottage museum restoration fund.

All are welcome to attend.



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## Support for KYTHE

We're also looking for knitters to help with items for the festive market at the end of November – something to keep you busy as the nights draw in. There are growing numbers of young people attending KYTHE and we look forward to welcoming everyone, new and old, over the October holidays. The ever-popular Friday afternoon drop-in session continues both weeks, but additional activities include litter-picking; baking; quizzes; games extravaganza; art workshop and tie dye session. We know it's the holidays, so most activities are in the afternoon to allow for long lie-ins in the morning. For full details, see our website: [www.kythe.org](http://www.kythe.org).

**KYTHE YOUTH WORKERS AND** staff were delighted to welcome Persimmon Homes (North Scotland) Managing Director, James Mackay, to the Hub.

During the visit, James met the team and found out about the services and activities provided at KYTHE. This generous donation of £1000 is a great help and will enable the team to purchase new tools for the Woodwork Skills Workshops held onsite. The support of all at Persimmon

Homes is much appreciated.

KYTHE relies on donations and grants to provide the activities and services to the young people of Kinross-shire free of charge. If you, your employer or someone you know would like to support KYTHE and the young people of Kinross-shire, please get in touch, as even a small donation can make a big difference, so let us know if you'd like to organise a bake-sale, sponsor, or quiz night email [fundraising@kythe.org.uk](mailto:fundraising@kythe.org.uk)

## Loch Leven Church: HOUSE OF SHALOM

**INDONESIA, FOR MOST** of us, remains a mysterious and distant land. However, members of LLC have been raising money for House of Shalom (meaning 'peace' in Hebrew), a Christian charity that runs a boys and a girls home in Batam, a small island just to the south of Singapore, and a girls' home in Medan, Sumatra. HOS houses around 40 children at each location and also supports many in the community. They provide food, clothing and good schooling for children, many of whom are orphans, whose backgrounds are often very difficult: living in poverty or in abusive or troubled families. Within HOS, the children find peace, dignity, faith and generous amounts of love. Essentially, their physical, emotional and spiritual needs are met and, as a result, they achieve high educational excellence.

HOS also builds up and blesses the local community by operating a community centre and church in a Batam slum. They rely solely on the generosity of those who have seen and heard about their good work. That's where LLC stepped up and raised funds to send the children – most of whom had never had a holiday before – on holiday camps. Graeme and Katharine Gunn, two members who have been visiting HOS since 2011, went to two holiday camps this year. This is their story.

The first camp was held in a Holiday Inn in Batam which was like heaven for the children, who had never had so much space and such a choice of activities. All of them threw themselves into songs of thankfulness and worship. They particularly loved the swimming pool and those who couldn't swim received lessons. Simple things

like balloon games, acting out a play and writing a Bible story in Bahasa (the Indonesian language) gave them great joy. And they loved the food – particularly the desserts. The hotel staff were hard pushed to keep pace! We also visited a slum which was a humbling experience as we met such joyful and accommodating people.

The second camp was in Medan where our greeting was overwhelming! The HOS there is set in a peaceful, agricultural village community. The Hotel Sinabung was a little less luxurious, but in an amazing

setting high in the hills, overlooked by two active volcanoes. Horse-riding, games in the grounds and a forest walk to a waterfall all contributed to another delightful holiday for the children. They produced wonderful work writing little children's Bible stories in Bahasa and, again, wor-



shipped and praised their socks off! One thing that particularly struck us was the behaviour of the children. Never once did we see bad behaviour or bad language. It was remarkable.

HOS has done wonderful work taking deprived children and giving them hope. But, as they grow up, their needs change. There is a growing number of alumni and LLC is therefore now partnering with HOS to provide further education, training and work to equip the students for the future. Katharine said, 'To visit the House of Shalom homes is to be blessed.' So, if you would like to come alongside us, share in the blessing and help provide these children a better future, please contact Graeme Gunn ([g\\_k.gunn@hotmail.co.uk](mailto:g_k.gunn@hotmail.co.uk)) or Richard Gibb ([rickgibb72@gmail.com](mailto:rickgibb72@gmail.com)). Thank you and bless you.

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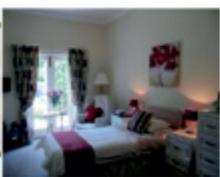
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## Councillor Willie Robertson

### Loch Leven Pollution Incident:

I was alerted by the Nature Scotland Reserve Manager at Loch Leven National Nature Reserve about a major pollution incident on 8 September. Large quantities of untreated sewage was spilling from the Kinross Waste Water Treatment Plant and flowing over the Heritage Trail and into Loch Leven. He contacted SEPA and I also contacted them as I was very concerned about this latest incident. I received the reply below;



Dear Councillor Robertson,

*I understand your concern and support your aims of protecting the Loch. However, due to the historic design of sewers taking both surface water and foul water discharges into the main sewer pipeline, means that during periods of heavy rainfall the diversion of surface water into the sewer leads to the amount of effluent in the sewer exceeding the capacity of the sewer. Therefore, it needs to discharge quickly either via emergency overflow to the environment or will back up the pipework and cause sewer flooding inside residential and industrial properties. Obviously, your constituents would not appreciate their homes being flooded with sewage. Therefore, until the entire historic sewer network is replaced, separating out the foul water from the surface water, the only other alternative is discharge to the environment during periods of heavy rainfall. This is not a system unique to the Loch Leven Catchment and is the historic standard sewer design across Scotland.*

*SEPA are working with Scottish Water to prioritise areas for upgrade where there is the greatest impact from these discharges due to the historic sewer design. More information on this work can be found on the SEPA website at the following address: Improving urban waters | Scottish Environment Protection Agency (SEPA)*

*Furthermore, as Scottish Water, SEPA and Local Authority Planners are aware of this problem, the combined sewers that take both surface and foul water are no longer permitted to be installed for new developments. All new developments are being built with separate surface water and foul water pipework. Therefore, they do not experience the same impact from rainfall that the historic network does and do not contribute to the requirement to discharge during periods of heavy rainfall.*

*SEPA understand and sympathise with your frustration at this situation, but the removal of these historic sewers will require multi-million pound investment and as this is public money it requires to be planned and spending to be justified. SEPA will continue to work to have these historic sewer networks upgraded to reduce the impact on the environment.*

*Kind regards,  
Pamela*

I was shocked by this response from SEPA more or less shrugging their shoulders and telling me I should just accept things as they are. As a result of their response I have now written to Mairi McAllan MSP the Scottish Government Minister who has responsibility for environmental issues:

Dear Ms McAllan,

*I am contacting you with regard to a serious pollution incident which occurred at Loch Leven earlier this month. As you may well know Loch Leven is a SSSI and RAMSAR site so is given special protection under European and UK legislation.*

*I contacted SEPA following a major incident which resulted in countless amounts of raw sewage entering Loch Leven from the Kinross WWTP. This is becoming a more and more common occurrence.*

*What really worried me was the reply I have received from SEPA. Any landowner/farmer who allowed this to happen would*

*be prosecuted but when Scottish Water is the culprit it appears to be regarded as 'just one of these things'. The special protections allocated to Loch Leven seem to count for nothing.*

*I am sure you will be as alarmed as I am at the apparent relaxed attitude being taken by SEPA in their duties to protect our environment. Loch Leven already suffers from increasing instances of toxic algal blooms due to the amount of phosphorous (P) entering the loch and there are ongoing efforts to reduce this. It is totally unacceptable here in Kinross-shire that our most valuable asset, Loch Leven, is being used as an open sewer by Scottish Water and that SEPA are turning a blind eye to this.*

*I would welcome your comments on this situation and would be grateful for any actions you can take to prevent further damaging pollution incidents such as the one I have highlighted.*

*Kind regards,  
Councillor Willie Robertson  
Kinross-shire Ward,, Perth and Kinross Council*

If our sewerage systems are not fit for purpose then I would raise the following questions;

- *Why are we still allowing more and more large housing estates to be built which add to the sewerage loading on our waste water treatment plants?*
- *Why if our waste water systems are unable to cope do neither Scottish Water or SEPA object to planning applications for large housing developments?*
- *Our water treatment systems are clearly unfit for purpose so why are Scottish Water not investing in our sewers to avoid having to use Loch Leven as a receptacle for all sewage they can't treat?*
- *We cannot allow the statutory authorities to continue to do nothing. The health of Loch Leven continues to deteriorate with more and more toxic algal blooms which makes the water dangerous for animals and people. I am determined to make those responsible for protecting our environment sit up and take action.*

### Rubbish Dumping

There has been another incidence of fly tipping, this time in the Burleigh Community Woodland, Milnathort. This is on private land so the Council will not uplift it. I have written to the Council about the whole issue of fly tipping. There appears to be very little joined up working on tackling this. Even when the source of the rubbish can be identified the Police are very reluctant to take any action. We need a multi agency approach to crack down on fly tipping and serious efforts made to trace and prosecute those responsible.

### Road Repairs

The Council are actively working on bringing our roads up to a good standard. The section of the A911 from Burleigh Castle Steadings to its junction with the Lethangie road will be subject to closure for two weeks from 17 October to allow repairs and resurfacing.

### Paths Groups

We have two active paths groups in Portmoak and Milnathort who work tirelessly to keep our paths and tracks clear of vegetation which allows us to use them. For the first time ever all the core paths surrounding Milnathort have been usable throughout the summer. Well done to all concerned. If you would like to volunteer either to form a paths group locally or would like to help in Milnathort and Portmoak, please get in touch.

### Bloom Groups

I can't finish my report without also mentioning our excellent bloom groups who have all done a fantastic job again this year. I am old enough to remember when there was no such thing as a 'bloom group'. I think we can all agree their hard work and dedication has transformed Kinross-shire's villages, hamlets and main town.

**Councillor Willie Robertson**

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## Jim Fairlie, MSP

ON MONDAY 12 SEPTEMBER I travelled to the Scottish Parliament as the MSP elected to the Perthshire South and Kinross-shire constituency to pay my respect to Her Majesty The Queen following the announcement of her death the previous Friday.



It was a privilege to mark the passing on behalf of my constituents. Parliament conducted a Motion of Condolence to reflect fully on her extraordinary life and service, and to offer sincere and heartfelt condolences from the people of Scotland to her family. King Charles III and the Queen Consort were present to hear the motion, and I welcome them to their new positions.

A major change has also occurred at Westminster with the arrival of recently appointed Prime Minister Liz Truss. This is set to be a challenging time for the new PM amidst a cost of living crisis. With people already facing difficult decisions over how they spend their money it is imperative that her government gets this right. However, PM Truss is not off to a great start.

In the spring of 2022 energy bills were £1200 based on the average household, yet such is the increase that the UK government has introduced a cap on bills at £2500 from October. At a time when oil and gas companies are making mammoth profits it is unreasonable that the UK government has not introduced any requirement on them to make a contribution. The burden should not fall entirely on consumers and taxpayers.

Whilst the UK government holds control over the all important responsibilities of tax welfare and regulating the energy market, I am heartened that the Scottish government is taking positive action with the limited powers currently at its disposal.

First Minister Nicola Sturgeon announced a Programme for Government on 6 September that pledged to ‘take every action, within the financial means and legislative powers at our disposal, to help people through this humanitarian crisis that will cost lives.’ This included a 150% increase in the Scottish Child Payment to £25 per week. Around 104,000 children in Scotland are currently in receipt of this benefit unique to Scotland and open to application for all eligible under-16s. It is considered by campaigners to be the most ambitious child poverty reduction measure in the UK.

I am keen to investigate what more can be done and will be hosting a Cost of Living Summit with local charities, Citizens Advice Bureau and representatives from Perth and Kinross Council to help coordinate a multi-faceted approach to the cost of living crisis that is only going to become more critical in the coming months as heightened energy bills begin to arrive through letterboxes.

I have been made aware of a planning application for the development of housing at the site northwest of Davis Park at West Kinross. I understand that the developers are keen on undertaking a digital consultation, but have encouraged them to consider in-person consultation events so as to allow the community to have their say. I will continue to monitor the process with interest.

*Jim Fairlie, MSP*

## Councillor Dave Cuthbert



### Death of Queen Elizabeth II

I was very sad to hear of the unfortunate death of Queen Elizabeth II. She devoted her life to serving us all and worked tirelessly throughout her long reign to this end. She will be missed.

### Winter Maintenance

I have been in discussion with officers about the plans for clearing and gritting roads and pavements over the coming winter.

They have informed me that they will be circulating the current winter maintenance plan to all the Kinross-shire Community Councils soon, for them to identify their priority areas.

The way the system works is that roads are ranked into different priority categories, so for example, route K1 starts at 5am from the Turfhill depot and does the A977 to the Council boundary, then does the A823, the A91 etc., covering the main roads in the shire. Route 23, starts at the Turfhill depot at 06:30am in the morning and commences with gritting the A977 into Kinross, followed by Station Road, Springfield Road, Muirs, High Street and so on, thereby clearing the main streets in Kinross. Route NP23 starts at 8am and covers Kinross, Milnathort and Glenfarg. There are other routes.

There is a lot of financial pressure on the roads service, so inevitably there are lower category roads, including cul-de-sacs (like the one I live on) which rarely get cleared or gritted.

One of the things I discovered during these discussions is that Perth and Kinross Council’s Road Maintenance Partnership operate a volunteer footway gritting scheme for the winter period and they would consider supplying a push along gritter(s) plus salt throughout the winter to any volunteers. A suitable route would be agreed with both parties and the necessary H&S forms would have to be completed but from there on in it would be up to the volunteer(s) how much of their time they could devote to assisting PKC with gritting in a voluntary capacity.

If anyone is interested in doing this, they should contact Sean Redpath by email at [SRedpath@pkc.gov.uk](mailto:SRedpath@pkc.gov.uk)

### Kinross-shire Local Committee

The Kinross-shire Local Committee has been meeting every 8 weeks and to be honest, the agenda has been very thin. Discussing this with officers, it would appear that they have been treating the committee as a Council Committee and have only been bringing papers to the committee which would have gone to other Council Committees.

I view this as a top-down approach and believe that what the committee should be doing is to be taking a two-way approach, with both papers coming down to the committee, from the Council, but also taking local issues raised through the Committee up the way to the Council.

My fellow Councillors agreed with this approach, so I organised a meeting with the senior officers where we discussed this.

Convener Councillor Robertson felt that meeting on a two monthly cycle might be too often and proposed changing this to a quarterly cycle, in part, to increase the level of business.

The result of the discussion is that the next meeting is likely to be in November, followed by a February meeting and the papers that come to the committee will include both Council papers and issues relating to specific Kinross-shire issues.

### Cross Tay Link Road Project (CLR)

The Cross Tay Link Road project, consists of a road from the A9 just north of the Inveralmond roundabout, crossing over the Tay by bridge and then connecting to the A93 and A94 to the north of Scone.

This project, we have been told, is necessary to relieve congestion

## CONTRIBUTORS

**WHENEVER POSSIBLE, PLEASE SEND YOUR ITEM WELL BEFORE THE DEADLINE**

## Politicians

and pollution in Perth and to allow the opening up of development sites to the north of Perth and on the outskirts of Scone.

I attended a meeting of the Finance and Resources Committee where the CTLR was discussed in detail. In essence, the project was projected to cost roughly £117,500,000 however due to the inflationary pressures currently being felt, this project has now risen to roughly £150,000,000. That is approximately £1,000 for every resident in Perth and Kinross (including children and older residents).

The Council borrowed £90,000,000 last winter at an average rate of 1.44%. The Council can currently expect to lend the money to the money markets at a rate of approximately 3%, with this likely to rise as the Bank of England increases interest rates. So, in summary, the Council could actually make money on the borrowed funds.

At the meeting, I suggested putting the project on hold for a couple of years. The rationale for this suggestion being that the Council would continue to make money on the borrowed funds and the inflationary pressure would be likely to reduce as we are probably approaching a recession which could lead to the construction costs coming down.

The Committee went against this proposal and decided to go ahead with the project.

The probable effect of this decision is that other capital projects become much less likely due to the Council getting close to its borrowing limit.

### Kinross-shire Transport Forum

This is a committee made up of local representatives who look at public transport in the Kinross-shire area. Following on from a lot of research and input from some of the members of the group, the view I have come to is that the public transport provision in Kinross-shire is disjointed and inadequate. The good news is that the contracts for buses are due for re-negotiation in March 2023. The confusing news is that Stagecoach have recently announced a whole raft of timetable changes.

Some of these may change, so once they have settled, I will call a meeting of the forum, as I believe there could be a window of opportunity to change public transport locally for the better.

*Dave Cuthbert, MSP*

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## Liz Smith, MSP

**NO ONE IN OUR** history has personified the values of the United Kingdom better than the Queen. This included her deep love of and devotion to Scotland over the whole period of her long reign. The Balmoral Estate and its surrounding views of Lochnagar and Deeside was, quite clearly, where she felt most at home –

something that shone through in the photograph of the Queen and the Duke of Edinburgh on the top of the Coyles of Muick, taken by the Countess of Wessex.



In the thousands of tributes which have poured in since her death on September 8th there has been a common thread – namely the respect in which she was held because of her extraordinary devotion to duty, both at home and across the Commonwealth, and her ability to unite the nation whatever the challenges we have faced. She was indeed our “rock” - that ever-present figurehead who gave us stability and hope even in some of our darkest hours.

But she was also such a wonderful human being to whom we could link our own personal stories. Her sense of fun, her self-deprecating wit, her interest in the lives of all those thousands of people whom she met, and her understanding of the diverse cultures across the Commonwealth, as well as the strength of her own Christian conviction, spoke volumes about who she really was beneath all the pomp and ceremony.

It is so hard to come to terms with the fact that her 70 year reign has ended but, in our grief, we must give thanks for her service to our nation and for the special memories we will all treasure.

The Queen was a shining beacon of leadership and of unfailing wisdom and integrity. Her death marks the changing of the guard but her legacy remains a constant in our lives.

*Liz Smith, MSP*

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## Politicians

### John Nicolson, MP

**AS I WRITE**, the bells are tolling across Westminster and throughout much of the country. The Queen has died. And like so many of you, I suspect, I feel a real sense of sadness.

I have in front of me the last photo ever taken of her. It is from earlier this week as she welcomed Liz Truss to Balmoral. She is standing by an open fire, with the familiar no-nonsense hair do, and she's wearing a comfortable kilt. But a closer examination of the familiar figure reveals that she is struggling to lift her head. Her right hand is badly bruised. And she is leaning heavily on a stick. I suspect she must have been feeling pretty awful. But she is wearing make-up and smiling a warm welcome. How brave that was, and how dutiful. I find myself looking at the picture and thinking of her with affection and respect. For many of us, the moment of her passing will remind us of those we have loved and lost. All the mothers and grandmothers we have known and admired for their quiet, anonymous courage.

Few of us knew the Queen personally but we all felt somehow that we did. And as the tributes pour in there are recurring themes. She was a woman of great religious faith who did not fear death. She was capable of many quiet acts of sensitivity and compassion away from the public eye. She could be very funny with a dry wit and mischievous talent for mimicry. And she didn't like folk who were pompous or overly grand despite, I suspect, being surrounded by them.

She loved Scotland the most of any country and was at her happiest driving round in the lashing rain of Balmoral gently torturing urban Westminster politicians who arrived with city clothes and starched personalities.

And while no one imagined she was a political radical, those who talked to her privately report she had moved with the times



whether on climate change, women's equality, LGBT rights and a recent decision to stop wearing fur. And though she perhaps strayed overly into the political with comments about Scottish independence, she seems to have enjoyed warm relations with SNP First Ministers who appear to have been as charmed by her as the most ardent monarchist. She loved, apparently, being called Elizabeth, Queen of Scots, perhaps recognising that taking the title of Elizabeth II all those decades ago was not the most sensitive decision.

She is amongst the last of the wartime generation. It gave her a special bond with politicians who'd served – Heath and Healey, Callaghan and Jenkins. They were a generation who saw the devastation war caused in our continent and were committed to building a new, more united Europe. My Mum who died recently was the Queen's age and a passionate supporter of the EU because she had known the horror of war and celebrated the peace our generation perhaps appreciate too little. One of the most moving tributes to the Queen has come today from the French president.

We will miss her and will together celebrate her life over the coming weeks. May she rest in peace.

*John Nicolson, MP*

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## Councillor Neil Freshwater

### HM Queen Elizabeth II

Constitutional monarchy is a curious thing. Over the past few weeks, many people in the media have observed the disposition whereby one's objective and rational sensibility suggests that the idea of a non-elected head of state being in post for over 70 years rather intriguing. And yet, as has been shown with the sad and sudden passing of Her Majesty The Queen, only a few weeks ago, there is a strong sense that the world has perhaps lost one of the greatest and most recognisable leaders we are likely to ever see. This of course is testament to Queen Elizabeth herself in the way that she reigned and conducted herself as monarch over the many decades. I need to not add to the thousands of wonderful tributes expressed in the past couple of weeks, other than to say, I agree. 'Constant' is something that many readers will have heard and read in these tributes. And in that vein, I found that even with the very sad loss that the Royal family and the nation endured, the fact that her successor King Charles III was immediately our new monarch helped steady the ship through the sense of loss and mourning.

We were fortunate that Her Majesty travelled through Kinross-shire on her final journey from Balmoral to London and it was touching to see residents from the county out on foot, hoof or wheel to show their respects, as the Queen's coffin – followed by the Princess Royal – drove through. At that time, I was honoured to join fellow councillors and Lord Lieutenants from Perth & Kinross, Dundee, Angus and Fife for a special carriageway side tribute as she left Dundee for the last time. This of course concluded with the Queen's funeral and committal this week which was nothing short of spectacular. Perhaps not a word usually suitable for a funeral, but I believe they should be a celebration of life and what an occasion and uniting spectacle it was. Long Live The King.

### Possible Portmoak Path

The four ward councillors met with Portmoak Community Council to have a walkabout along the line of a possible new path. Currently, walking along part of the route through Scotlandwell can be dangerous given how narrow the pavement and road is with particular concern for children. The proposed new route would be set slightly back from the main road and would essentially continue the path that currently stops opposite the church car park, and go along towards the inn. It is very early stages and there are a number of obstacles to overcome, but councillors have an action to look at options for a feasibility study in the first instance to see what would be required in practice.

**Councillor Neil Freshwater**

*Councillors prepare to say farewell to the late Queen as her cortege arrives in Perth & Kinross*



## Councillor Richard Watters

### Cost of Living and Climate Emergency

Families, businesses, and organisations in Kinross-shire are facing two major crises—the cost of living and the climate emergency. Families are concerned that the cost of energy will be so high that they cannot afford to heat their homes this winter. Local businesses and organisations are equally concerned about their increasing operating costs—including energy.

Within the Council we are looking at measures to mitigate the devastating effect these costs are having within our communities. The Council's response includes working with charity organisations like Broke not Broken to mitigate the worst impact on our most vulnerable residents. This is challenging for us in the Council because the same inflationary pressures that are hitting individuals and businesses are hitting the council—with a huge projected structural deficit of nearly £24,000,000 in this year's budget. This is the day-to-day money the council uses to provide its services.

In August we witnessed the impact of the Climate Emergency when Perth experienced severe localised flooding in the Cherrybank/Craigie area—where the drainage infrastructure wasn't designed to deal with the more frequent and intense rainfalls that we are experiencing in Scotland. As the average temperature rises, these events will become even more frequent and more intense—and will affect more directly on all our lives

### Climate Change and Sustainability Committee.

Recognising the challenges facing us, we in the Council have changed the remits for some of the council committee structures. This includes the formation of the new Climate Change and Sustainability Committee. I feel both privileged and challenged to be named as the first convener of this important committee.

We met as a committee for the first time near the end of July. Our committee includes both elected councillors and four non-voting members of the public, who attend as part of the Perth and Kinross Climate Committee, and who all contributed positively to the debates.

We began with an introduction to the challenges facing us as the Climate Change and Sustainability Committee. Then we discussed two important papers that were presented to the committee:

### Electric Vehicle Charging Costs

The first paper concerned Electric Vehicle (EV) charging. The Council-run EV Charging Infrastructure currently allows EV owners to charge their vehicles for free. However, with the increasing number of EV owners on the road, the projected costs for this year are expected to be around £230,000, a figure that is continually rising year on year, hence it is no longer financially viable to subsidise this free charging—especially at a time when the council's funds are already stretched.

The priority going forward needs to be reinvesting money in the network to help us keep up with demand and to make sure that we have the right infrastructure in place to meet that demand.

The new agreed "charges" are set to go live from January 1, 2023. The cost agreed for AC charging (7-22kW) will be 30p per kWh (minimum £1) with an overstay fee of £10 for going beyond four hours. The rapid charging (43kW+) fee would be 35p per kWh (minimum £1) with an overstay fee of £10 for going beyond an hour.

### Nature Restoration Fund of the Scottish Government

The second paper concerned the redistribution of the Scottish Government's Nature Restoration Fund. This fund targets the biodiversity crisis by addressing some of its causes: habitat loss, habitat fragmentation, and invasive species.



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## Student Safety Campaign

Police Scotland aims to provide students with important safety advice about how you can avoid becoming a victim of crime.

What is a scam?

A scam is an attempt to get you to part with your money or information through deception. A scam can be presented in various ways, such as -

- Phishing
- Rental Fraud
- Money Muling
- Ticket Fraud
- Fake Job scams
- Purchasing essays
- Sextortion

Act with caution when online. Your name, date of birth and address can at times be enough to expose you to potential harm if they fall into the wrong hands.

## Police Scotland survey

We recognise the importance of understanding the views and priorities of Scotland's diverse communities. This survey is a platform for you to tell us your views and experience of your police service. Responses are analysed weekly to help shape how we do things. It's a way for us to listen to the needs of our diverse communities. Let us know what we're getting right and what we can do better. The survey is completely anonymous. You will not be personally identified through the information you provide.

Go to this link to complete the survey: <https://consult.scotland.police.uk/strategy-insight-and-innovation/your-police-2022-2023>

Please contact us if you require the survey in an alternative format: [InsightEngagement@scotland.pnn.police.uk](mailto:InsightEngagement@scotland.pnn.police.uk).

## Recent Incidents

About 1am, Friday 2 September, 2 males were seen to force entry to Kinnesswood Garage, Main Street, Kinnesswood. They made off when the building alarm sounded. Suspect 1 was wearing a green puffer type North Face jacket with an orange hoodie underneath and dark jogging bottoms. Suspect 2 was wearing a dark jacket with a fur lined hood and black jogging bottoms. (CR/69703/22)

Between 1pm on Wednesday 14 September and 1pm on Friday 16 September 2022 there has been extensive external damage caused to Balvaird Castle, Glenfarg (CR/74597/22)

Anyone with any information that may be useful should contact Tayside Division on 101 or any police officer, quoting the crime reference number listed at each incident. Alternatively information can be passed anonymously via the charity Crimestoppers on 0800 555 111.

## Rogue Traders - Who Should I Call...

...if I feel threatened, unsafe, or suspicious of a caller?

- Contact the police immediately on 999

...if I see something suspicious in my area, or want more advice about bogus callers?

- Contact the police on 101.
- Try and take a note of vehicle details or registration numbers, and descriptions of anyone suspicious.

...if I want to contact the police anonymously?

- Contact the independent charity Crimestoppers on 0800 555 111. You can also visit their website at [www.crimestoppers-uk.org](http://www.crimestoppers-uk.org)

...to find out more about home safety services?

- When circumstances allow, contact your local council for more information. Depending on your circumstances, you may qualify for a free security alarm.

## Police Scotland – local community

### Telephone 101 for non-emergencies

Community officers for Kinross-shire: **PC Martin Gemmell**.

**Email:** [taysidekinross-shireCPT@scotland.pnn.police.uk](mailto:taysidekinross-shireCPT@scotland.pnn.police.uk)

Community Sergeant (Kinross-shire): **Sgt Mark Craig**.

Community Inspector for Perth South (Strathearn, Strathallan, Almond & Earn, Kinross-shire): **PI Craig Stephen**.

PC Spalding is also on Police Scotland Twitter and can be followed on [twitter.com/policescotland](https://twitter.com/policescotland) or [@Kinross](https://twitter.com/Kinross).

## Ways of Following the Police:

**Twitter:** [@KinrossPc](https://twitter.com/KinrossPc) or [twitter.com/policescotland](https://twitter.com/policescotland)

**Facebook:** [www.facebook.com/PoliceScotland](https://www.facebook.com/PoliceScotland)

**Website:** [www.scotland.police.uk](http://www.scotland.police.uk)

## Community Watch

Receive email alerts about criminal incidents in your area, crime prevention advice, flood alerts and much more by signing up to Perth and Kinross Community Watch.

The range of information received can be tailored individually; each person signing up can choose which partner agencies they would like to receive messages from. Visit this website for more details: [www.pkcommunitywatch.co.uk](http://www.pkcommunitywatch.co.uk)

## Crime Stoppers 0800 555 111

This is a free phone number (unless you are using a mobile phone), which any member of the public can contact at any time if you have information relating to a criminal activity of any sort.

It is, if you wish, confidential and you cannot be contacted if you choose to remain anonymous.

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## In Otter News...

**RUTH REEKIE RECENTLY** found a long lost jotter with a piece of Kinross-shire history that she wanted to share with our readers. Thank you, Ruth!

She says, 'Here are some photos of a long-lost jotter that I thought might be of interest to the original swimmers of Kinross Otters.'

My late husband, David Reekie, founded the club in the mid 1970s, and this was their first swimming gala. Long before computers, I remember buying a small portable typewriter to type letters to every parent to remind them about the gala and I have remembered most of their names.

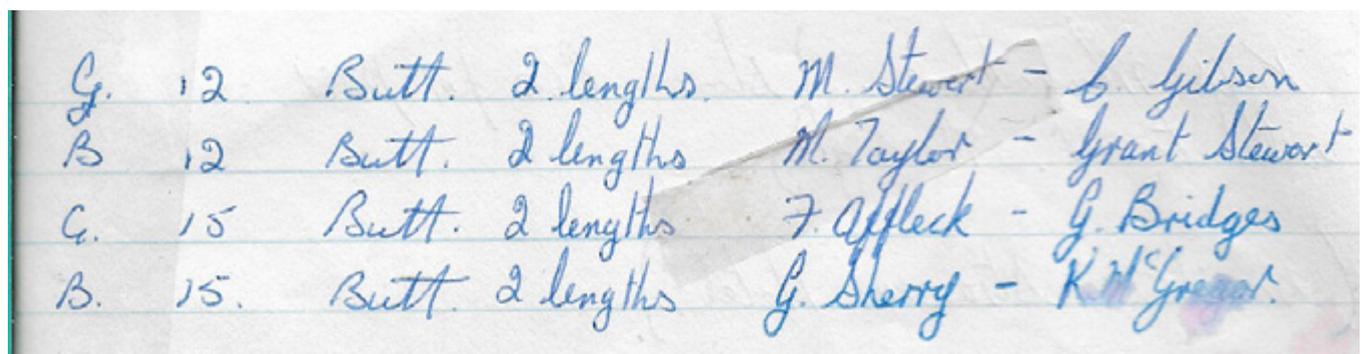
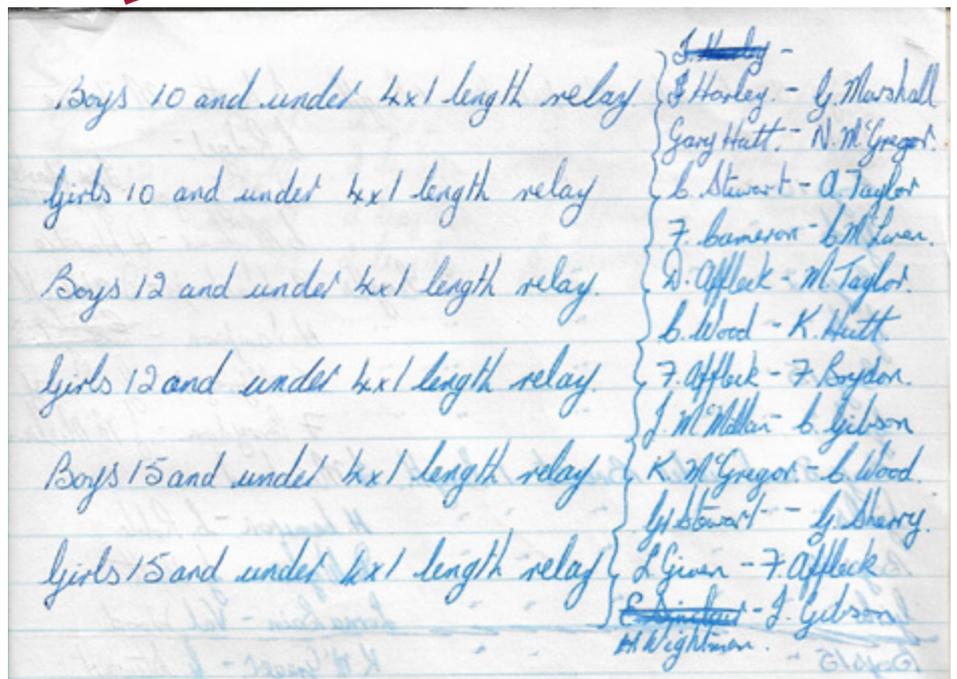
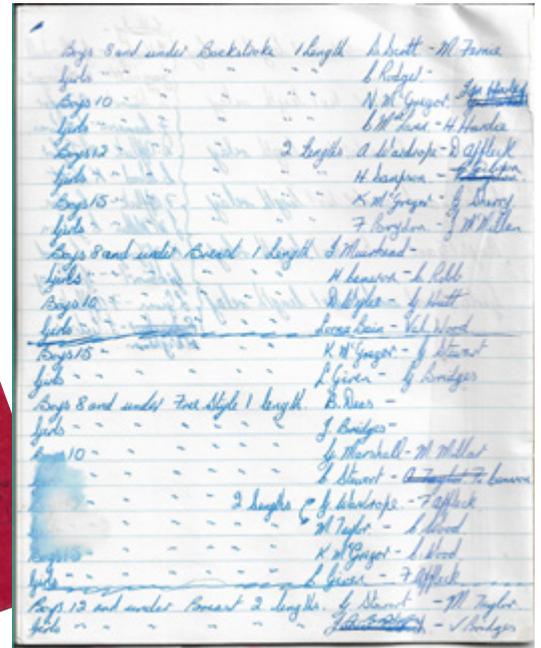
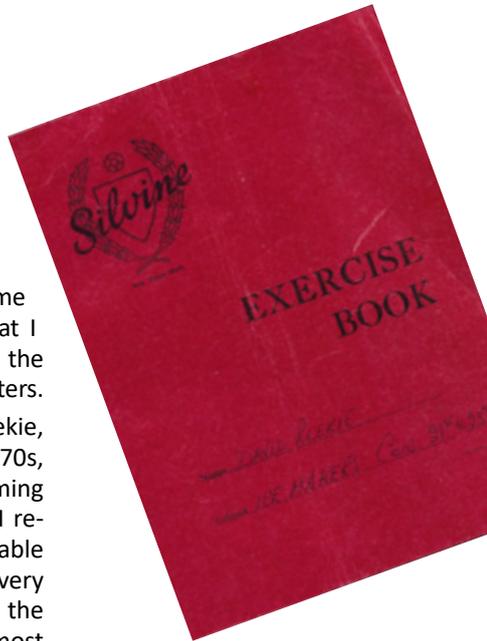
I wonder if any of them can tell me the year this gala took place? It will be coming up to 50 years. I also wonder if the original trophies we bought are still in circulation.

It is lovely to see that the motto of the club today is still 'A Community Club With A Competitive Edge' which was always David's wish for the club.

We raised funds from discos and sponsored walks so that we could visit Edinburgh 50-metre pool to give the Otters experience of a longer pool. At the time, the original Green Hotel Pool was only 17 metres in length!

It was great to see that the Otters Swimming Club have won the Scottish Swimming Club of the Year in 2019.

Ruth Reekie



# JO'S JUMP FOR ETHIOPIA!

BY THE TIME YOU read this, I should be finally back in Ethiopia - the first time I have been able to go, since the pandemic changed all of our lives. It has been heartbreaking for us not to be able to go out and see all our friends at The Buccama Health Centre, especially as it has been an incredibly difficult time for everyone out there too.

At the start of the pandemic, there were many who thought that we were all in the same boat, but now I think we all accept that we might have been in the same storm, but we were not in the same boat. There were many different boats, and many different levels of hardship in this country. Interestingly enough, Ethiopia did not experience the massive loss of life that we experienced. They do not have an older population, and many, many people live an outdoor life. They were affected though by other countries in the world closing down. The small tourist trade ground to a halt and imports of grain, food and essential supplies also stopped.

Just as Covid-19 was easing off a Civil War broke out in Tigray province North of Addis Ababa.. That prevented us from going out for a second year. We were concerned about all our friends out there, but they do live in a safe zone in the south. However, every single thing out there was soaring in price. Our price rises do not compare. The war in Ukraine has added to their troubles, as most of Ukraine grain does usually go to Ethiopia and Kenya. So, life is complicated as you can imagine.

Our fundraising also came to a virtual halt, although we had a couple of quite effective Zoom events. Thank goodness, our standing orders kept ticking over. I met a man at a wedding. He told me he knew a rich man, who would like to help us. He didn't give us bread and butter money, but he did give us enough to build a shelter for our podocniosis cases. We have been able to build a nurses' station, a storeroom and the beginnings of a cobblers' workshop, so that local people can make the big shoes so desperately needed for the people with badly enlarged and disfigured feet. We have also been searching through all the trusts and foundations which are set up to help small charities like ours.

However, we have not been sitting on our hands. Lots of little things have been done or given to us. Common Grounds have very generously granted us one of their monthly awards. A medical cou-



ple have given us enough money to buy 900 families their medical 'green cards', which means that they can get free medical treatment for a year. We are very excited to see how things are going and how we can best help in the future.

My own contribution to the fundraising has been to undertake the madness of a tandem sky dive. A friend suggested it as a good fundraising idea, so being gung ho, I signed up for it. Nervous? A wee bit. Excited? Very. We set up a just giving page, and I am thrilled that so many people supported me in agreeing to chuck myself out of an air-plane. At 10,000 feet, it didn't feel like such a good idea, but I was committed by then. We got good training at SKYDIVE St Andrews at Fife Airfield near Glenrothes, and I had to trust the cheeky chap who was my fellow jumper/ instructor. I was supposed at some stage, during the free fall, to spread my arms and look like I was flying, but in fact the photos show me looking like a tight little chrysalis, that really didn't want to become a butterfly. Still the inevitable happened, the parachute opened, and we floated about, which was lovely and happily landed safely. My team of supporters greeted me with relief that I was still in one piece. I am glad it's over. It was definitely worth it and I am immensely grateful to all who have supported us. We have managed to raise just over £4000 as I write this, which is wonderful! Thank you all so much – remember the actual spending power over there can be magnified by about 10.

The *Just Giving* page is still open too! [www.justgiving.com/campaign/josjump](http://www.justgiving.com/campaign/josjump)

I want to thank everyone who supported us during the good times and the challenging times. We could not do any of the work without the support of friends, family and various organisations: Rotary, Common Grounds and St Paul's Episcopal Church to name but a few. Thank you all.

*Jo Middlemiss MBE*



# Health & Wellbeing

## News from the Health Centre



## PLEASE DON'T WASTE APPOINTMENTS

**WE UNDERSTAND THAT IT** can be frustrating when you are unable to secure an appointment with a clinician as soon as you may like. While demand for appointments is extremely high we work hard to provide an appointment as soon as we can to everyone who needs one. However, this is made more difficult due to the number of wasted appointments that patients have failed to attend.

Throughout NHS Scotland so far in 2022, there have been 4.5million appointments that patients failed to attend. The cost of this loss to the NHS is £1.4m every day.

At Loch Leven Health Centre the figures are smaller but equally significant as these appointments could have been given to other patients if they had been cancelled. We will be publishing monthly statistics going forward but July and August 2022 figures are shown below:

- **July 2022 – 148 wasted appointments**
- **August 2022 – 192 wasted appointments**

Please contact us in advance, even if it is only 1 hour before your appointment time, and we will reuse that appointment to help someone else.

You can contact us in a number of ways:

- **Telephone us** on 01577 862112

If you are unable to wait on the phone you could also:

- **Email us** at: [lochlevenadmin.tayside@nhs.scot](mailto:lochlevenadmin.tayside@nhs.scot)
- **Text CANCEL** if you receive an appointment reminder by text message
- **Cancel via our website** at [www.lochlevenhealthcentre.co.uk](http://www.lochlevenhealthcentre.co.uk)

Please help us to make the best possible use of all of our available appointments to help as many of our patients as we can.

### E-Triage

We constantly assess and review our services and try to address issues that are identified. One of the areas we are concerned about is the time patients spend waiting on the telephone to speak to our team. To try to improve this we have developed an additional service to ease the pressure and reduce the waiting time.

We will shortly be launching our new E-Triage service via this website. This is for non-urgent matters and those with urgent issues should contact us by telephone.

E-triage will provide an additional way for patients to contact us, tell us about their symptoms exactly as they currently do on the telephone, and allow us to triage them to the appropriate clinician or service. E-triage has safeguarding built in at every stage and also allows patients to attach photographs which can be very helpful to our clinical team in relation to many conditions.

Our aim is that the E-triage service will significantly reduce the number of patients needing to contact us by telephone. This will reduce the waiting time and will ensure that those patients who can only contact us by telephone, as well as patients with urgent issues, get through to us more quickly.

A further benefit that we hope is helpful is that the service will be available from 7 – 10.30 am each day and we believe this will be useful for patients who perhaps start work before our telephone lines open, or who are unable to wait in a telephone queue.

### Public Access

#### AEDs

You may not be aware that there are public access defibrillators all around the county. These have been put in place by a combination of organisations including Kinross First Responders Charity. Some are accessible 24h per day (**\*You will likely need a code to access which can be obtained by calling 999**) and others are only available during opening hours.

**Please call 999 to ensure you have the access code and are directed to your closest available AED.**

#### Milnathort Area:

- Stewart & Smart Garage – 24h
- Milnathort Golf Club – 24h\*
- West Netherton (On the wall of Henderson's Chartered Surveyors) 24h.
- Donaldson Park Football Pavilion - 24h\*



#### Kinross Area:

- Giacopazzi's Kinross - 24h\*
- The Muirs (old phone box) - 24h\*
- Corner of Sutherland Drive / Argyle Road – 24h.
- Kinross Curling Rink - opening hours only.
- Men's Shed on Swansacre - 24h\*
- Hunters of Kinross - 24h\*
- Cashmere at Loch Leven (Todd and Duncan) – 24h.
- The Myre Park Football Pavilion - 24h\*
- Kinross Primary (Accessed from Station Road) - 24h\*
- Kinross Golf Club - 24h\*
- SNH Office next to The Boathouse (Pier) - 24h.
- Loch Leven Health Centre (the doctor's surgery) - opening hours only.
- Kinross Rugby Club - only during games / training.
- Kinross Day Centre - opening hours only.
- Kinross High School / Community Campus - opening hours only.

- Live Active (Swimming Pool) - opening hours only.

#### Wider Area:

- Balado (On the fence at 6 Dawson's Court) - 24h\*
- Carnbo Village Hall – 24h.
- Portmoak Village Hall – 24h.
- Loch Leven's Larder (At the Cricket Pavilion) - 24h\*.
- Glenfarg Village Shop – 24h.
- Crook of Devon Village Hall - 24h\*
- Powmill Store - 24h\*
- Netherton (Henderson's Chartered Surveyors) - 24h\*.
- Mawcarse (Roadside at Mawburn Cottage) - 24h\*
- Gairneybank (Hatchbank Road) - 24h\*
- Kinnesswood Bus Stop (Opposite the Garage) - 24h\*.
- Keltybridge at the Tabernacle Hall - 24h\*.

# Kinross Hub Oct Calendar



While these sessions are usually drop-in, currently you must either phone the number for the agency you wish to connect with or contact:  
Shona 07896 280843 [shona.fowler@nhs.scot](mailto:shona.fowler@nhs.scot) Declan 07557 488902 [declanjones@pkc.gov.uk](mailto:declanjones@pkc.gov.uk)

<b>3rd</b>  <b>PUBLIC HOLIDAY - CLOSED</b>	<b>4th</b> Booked All day	<b>5th</b> AM - HomeStart Breast Buddies group If you need more info call - 01738 638847  2pm - 4pm PKC Social Work for signposting and support. 01577 867300	<b>6th</b> 10am to 12.30pm Broke not Broken Danielle will be there to offer advice, connecting to support and also for foodbank referrals. 07518 913107  1pm- 3pm Mindspace Info on supporting mental wellbeing. 07928 859628 or 01738 631657	<b>7th</b> 10am to 12.30pm Declan Jones, Social Prescriber - Community Connecting/Signposting 07557 488902
<b>10<sup>TH</sup></b> AM – booked	<b>11<sup>TH</sup></b> Booked All day	<b>12<sup>TH</sup></b>  1.30pm – 3.30pm Helen from CATH will support with form filling – PIP, Universal Credit etc 07739 858987	<b>13<sup>TH</sup></b> Shona Fowler, NHS Project Worker Community Connecting/Signposting 07896 280843/10am  1.30pm – 3.30pm PKC Employment Support Team Job advice and help those who have learning disability, acquired brain injury, mental health issues or autistic spectrum diagnosis 07442 934454	<b>14<sup>TH</sup></b> to 12.30pm Declan Jones, Social Prescriber - Community Connecting/Signposting 07557 488902
<b>17<sup>TH</sup></b> AM – booked	<b>18<sup>th</sup></b> Booked All day	<b>19<sup>th</sup></b>  2pm - 4pm PKC Social Work for signposting and support. 01577 867300	<b>20<sup>th</sup></b> 10am to 12.30pm Broke not Broken Danielle will be there to offer advice, connecting to support and also for foodbank referrals. 07518 913107  1.30pm to 3.30pm Debbie from Tayside Hearing Voices will offer information and support for anyone experiencing symptoms of psychosis, unusual beliefs or paranoia, also signposting to their service for carers and resilience. 07597 576 000.	<b>21<sup>st</sup></b>  10am to 12.30pm Karen from PKC Skills & Employment offers support & advice re CVs, Job search, support after redundancy etc. 07867 351268
<b>24<sup>TH</sup></b> AM – booked  12noon – 5pm Lighthouse Offering drop-in crisis support for mental health 0800 121 4820	<b>25<sup>TH</sup></b> Booked all day	<b>26<sup>th</sup></b> AM - HomeStart Breast Buddies group If you need more info call - 01738 638847  1.30pm – 3.30pm Helen from CATH will support with form filling – PIP, Universal Credit etc 07739 858987	<b>27<sup>th</sup></b> 10am to 12.30pm Broke not Broken Danielle will be there to offer advice, connecting to support and also for foodbank referrals. 07518 913107  2pm -4pm Louise from PKC Housing Team for housing advice and signposting to their service. 07917 552231	<b>28<sup>th</sup></b> 11am to 1pm Social Security Scotland offering advice on their benefits – Carers Allowance Supplement, Child Disability Payment, Funeral Support Payment, Best Start Grants etc. 0800 182 2222
<b>31<sup>st</sup></b> AM - booked  PM - Lighthouse Offering drop-in crisis support for mental health	<b>1<sup>st</sup> Nov</b> Booked all day	<b>2<sup>nd</sup> Nov</b>  2pm - 4pm PKC Social Work for signposting and support. 01577 867300	<b>3<sup>rd</sup> Nov</b>  10am to 12.30pm Broke not Broken Danielle will be there to offer advice, connecting to support and also for foodbank referrals.	<b>4<sup>th</sup> Nov</b>  10am to 12.30pm Declan Jones, Social Prescriber - Community Connecting/Signposting

## LOCAL ADVICE HUB

**THE ADVICE HUB IS** a partnership between Kinross-shire charity Broke not Broken, P&K Health and Social Care Partnership and Loch Leven HC. It provides a much-needed local drop-in facility to support people with community connections, signposting to benefits services, foodbank support, mental health agencies and community organisations.

If you are experiencing financial difficulty during this time or feel you need support/advice please call Shona Fowler on 07896 280843 to have a chat or email [shona.fowler@nhs.scot](mailto:shona.fowler@nhs.scot)

If you wish to connect with Broke not Broken directly Danielle is in the advice hub on Thursday mornings or can be contacted on 07518 913107 or email [admin@brokenotbroken.org](mailto:admin@brokenotbroken.org)

Declan Jones, the social prescriber, will connect you with local community groups, supportive exercise sessions, walking groups, green/nature prescribing activities, volunteering, learning opportunities or help you link with another agency. Declan can be contacted on 07557 488902 or [declanjones@pkc.gov.uk](mailto:declanjones@pkc.gov.uk)

These are just examples so please contact us if there is anything else you need or want to discuss with us. We're always available for a friendly, informal chat.

## Wellbeing Support Team

Aberfeldy Tel 01887 822462  
Blairgowrie Tel 01250 871519  
Crieff Tel 01764 657861  
Kinross Tel 01577 867318  
[www.pkc.gov.uk/mentalhealth](http://www.pkc.gov.uk/mentalhealth)

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# Community Council News

The Community Council News is based on draft minutes of local CC meetings. Full draft minutes are posted on local websites and notice boards. Please note, the Community Council News is not a verbatim reproduction of CC minutes. Where there are two months' worth of reports, there will be a considerable amount of editing.

## Kinross Community Council News from the August meeting

### Present At The Meeting .

**Present at the meeting** held on 23 August were CCLRs L McKay, W Freeman, D Colliar and T Stewart, Cllrs D Cuthbert, N Freshwater and R Watters, 12 members of the public, Police Scotland PC Ben Samson and minute taker Mrs Caron Aird. Apologies for absence had been received from CCLRs H Phillips and M Wood as well as Cllr W Robertson.

### Police Report

CCLr L McKay introduced PC Ben Samson to the audience advising that he had recently been posted as the Community Officer for Kinross and the surrounding areas. There was no police report available, but PC Samson urged anyone with any issues to contact him.

### Matters Arising Provost's Lamp

CCLr D Colliar advised that he and Cllr W Robertson had met with Greenscape at the lamp to discuss the options for the surrounding area. Unfortunately, neither of the proposed options were acceptable to PKC and CCLr Colliar suggested that the area is left as it is and the remaining funds are returned to the Arthur and Margaret Thompson Trust.

CCLr W Freeman asked if a seat opposite the lamp would be acceptable, and CCLr McKay suggested a wall with a border of flowers as another option. CCLr Colliar advised that the CC had had the funds for around four years and while the funds had been used to repair and replace the lamp, the CC had wanted to use the remaining funds (around £1400) to tidy up the area, but PKC did not approve the options put forward.

In response to Cllr Cuthbert, CCLr McKay advised that it had been hoped to use the funds to hide the bins and tidy up the grassy area. She asked if PKC would be happy with planters and plaques, and whether she should speak to Kinross in Bloom about this. CCLr Colliar advised that if the CC were to do anything about this area, then it would need to be done before the end of the financial year, i.e., the end of August 2022. He again suggested returning the funds to the Trust and applying again, once conversations had been held with PKC to ascertain what would be acceptable. The CC agreed with this suggestion and CCLr Colliar would arrange for the funds to be returned.

### Kinross Town Centre

CCLr Freeman advised that the High Street would be closed for one week from 19 September as PKC would be repairing the hole outside the opticians. Members were also noted that BT would be working in that area on 1 October for one day only. Cllr D Cuthbert advised that he would be looking into the repair of the Fountain and would report back in due course.

### Hayfield Community Wildlife Garden

This item had been held over from the previous meeting with CCLr McKay enquiring as to what involvement the primary school had in the garden. A member of the public (who worked at the school) advised that they use the garden for outdoor learning and PE, amongst other things. Prior to using, the school assess the area and have put a lot of effort into tidying it up. The garden is used by dog walkers and children after school. There is an eco-committee in the school (pupils

and staff), and they are also happy to help with the upkeep of the garden.

CCLr McKay advised that NatureScot and the community were keen to get together to ensure that everyone could use the garden and it was agreed that CCLr McKay would contact the school, and other organisations, for feedback and support.

It was mentioned that there were a number of signs in the garden which were in a state of repair, and also that it would be helpful to have bins. Cllr R Watters agreed to speak to PKC officers about these two items.

### Planning

#### New Applications

*22/01181/FLL* installation of gas meter at 1 Kirkland Court, Kinross

*22/01154/FLL* alterations to boundary wall at 5 High Street, Kinross

*22/00013/PAN* extension to quarry, Balado Quarry, Balado (scoping period expired). Cllr Cuthbert advised that this application had been discussed at a recent PKC planning committee meeting and he had requested a survey be undertaken with regard to water levels.

*22/01336/FLL* alterations and extension to dwellinghouse, erection of log store and formation of raised decking at 12 Talla Park, Kinross

#### Decided Applications

*22/01154/FLL* alterations to boundary wall at 5 High Street, Kinross, approved

*22/01379/FLL* siting of modular building to form extension to amenity area at Kinross Service Area, Kinross, approved.

*21/02230/FLL* erection of an agricultural building, formation of access track and associated works at land southwest of Levencorrach, Balado, withdrawn.

#### Other Planning Matters

While it was noted that no changes had been made to the two planning applications discussed at the last meeting, a member of the public advised that there had been a number of issues and delays in respect of the PKC portal in respect of *22/01004/FLL* and asked whether KCC had submitted comments on the application. The application had been discussed at the Milnathort CC meeting on 12 August and they had managed to obtain an extension for comments for one week.

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## Community Council News

Cllr Colliar advised that KCC had not been a statutory consultee for the application and that therefore it was not an issue for the Committee. The public disagreed with this advising that KCC had been included on the list of consultees and asked again as to whether KCC had submitted an objection. A member of the public advised that they had emailed Cllr Mckay but had not yet had a response. Cllr Mckay apologised if she had not responded to the email and also advised that she had asked for an onsite meeting with Aldi. CC members were unaware of whether comments had been submitted to PKC and Cllr Mckay would check with Cllr Phillips.

Cllr Mckay explained that the CC were a very small group and there had been a number of topics raised recently. She asked that all future correspondence be sent to the KCC email address ([kinrosscommunitycouncil@gmail.com](mailto:kinrosscommunitycouncil@gmail.com)) which would ensure that all communications were responded to.

The member of the public confirmed that the request had been for KCC to meet with the public and residents to explain the reasons for the feelings against the proposed location of the Aldi supermarket. It was noted that there had been a lot of misinformation and errors on Aldi's part, and therefore a lot of ill feeling amongst the community. It was also reported that a PKC officer had questioned why Aldi had not looked at other sites, i.e., the car auction site. Cllr Freshwater asked whether that information had been passed on and he was advised that Robert Willis, PKC Officer, had submitted that opinion. The public reminded KCC that the surveys undertaken by Aldi had all been completed during the first Covid-19 lockdown and when schools were on holiday, thereby giving a false impression of the traffic levels and movement around the town. It was also reported that there had been retrospective paperwork submitted by Aldi.

It was agreed that the CC would ascertain whether comments/objections had been submitted by Cllr Phillips on behalf of KCC and if available, an extension to the deadline would be requested.

Cllr Mckay again apologised for the confusion around the emails and meeting requested.

*22/00005/PREAPM* - Davis Park, Springfield Road, Kinross

Cllr Freeman reported that whilst representatives had planned to attend this evening's meeting, they would now attend the September meeting, and Cllr Mckay confirmed that they would send a list of topics to be covered in due course.

Cllr Mckay asked for any questions to be submitted to KCC in advance and they would be passed on for answering on the evening but the public advised that this would not be acceptable, and they would therefore raise questions on the evening.

Cllr Freshwater advised that he had been in touch with the builders with regards to consultation events and he confirmed that they had agreed to hold a public consultation in due course. He also confirmed that the builders were proposing around 170 – 200 houses on the site.

A member of the public advised that they had taken a recording of the noise level and agreed to send this to Cllr Cuthbert. Cllr Cuthbert advised that the pre-application had been discussed by PKC planning committee who had subsequently asked local councillors for comments. In response to a question as to who owned the land, Cllr Colliar advised that the land had been acquired by the community by Bayne and Wood, with the field at H46 still being part of the Tufthill Farm (owned by the Henderson family). The public advised that bats had been seen in the area (protected species) and the old railway platform, and a well were in the field. Cllr Cuthbert noted these and agreed to submit them to PKC for consideration.

There was a discussion around the upgrade of the play park at Davis Park and while this had been agreed/approved, there

was a delay in signing of the work until a decision had been made as to who would maintain the area.

Cllr Mckay advised that there was funding available for replacement equipment in the various parks on a like for like basis, but it was felt that different equipment was required for the different age ranges using the parks. A member of the public confirmed that they would be happy to become an associate member of KCC and help set up a subgroup in respect of the plans for the parks and would contact Cllr Mckay outwith the meeting.

### Reports from PKC Councillors

**Cllr R Watters:** In respect of a number of issues in the Lathro Park area, Cllr Watters advised that the bridge in the country park was still owned and maintained by the farmer; PKC were looking at the obligations of Persimmon Homes in respect of the gate on the north side, particularly in respect of the standards required before Persimmon adopt ownership. He also reported that traffic lights/signalled crossing at the Muirs (junction for community campus and Lathangie Road) would be installed once the 97th house had been released.

He also advised that there would be path network installed allowing for all paths to be linked for leisure pursuits.

**Cllr N Freshwater:** Resurfacing of Montgomery Road would be taking place on 12 September 2022.

**Cllr D Cuthbert:** A meeting of Friends of North Cemetery was arranged for 1 September at 6.30 pm in the cemetery. Cllr Mckay reported that at a recent funeral, it had been noted that the family had had to cut the grass at the plot in order to hold the funeral. Cllr Cuthbert agreed to follow this up and report back to a future meeting.

### Reports from Community Councillors

**Cllr W Freeman:** Remembrance meeting to be arranged for 6 September by Zoom. He will send a reminder to previous attendees, and Cllr Colliar will submit a road closure application.

**Cllr L Mckay:** blocked drains, especially at Station Road, and the bottom end of the town. Cllr D Cuthbert will investigate and report the matter to PKC.

Kirkgate Park – it had been noted that the park had been booked out for an event recently and that people had been camping. Cllr Mckay queried whether the CC should have been advised of this but was advised that it was not required. Lifesaving equipment at the Loch – it was noted that there was insufficient lifesaving equipment around the loch and Cllr Watters agreed to look into this.

Cllr Colliar suggested that the CC also wrote to Historic Scotland about this and Cllr H Phillips was asked to action.

Motorbikes on path at Junction Road around Webster's storage area – PC Samson was asked to investigate these occurrences.

### Correspondence

#### Cycling UK's Shift funding programme

Cllr Freeman advised that an email had been received with regard to the above programme, which is open to organisations, including community councils, based in Scotland for 2022-23. The scheme offers organisations up to £1500 of funding plus additional support from a local Development Officer to cover the increased range of activities Shift is supporting which is designed to fund projects which encourage and support more people to use bicycles for short journeys within their community. It was agreed that the information would be uploaded onto Facebook page.

#### Letter re speeding in Balado

The email 25 July 2022 from a Balado resident with regard to speeding would be forwarded to Police Scotland.

## AOCB

It was noted that CC elections would be held in September/October and members encouraged the public to volunteer.

*The next meeting of Kinross Community Council will be held on 25 October 2022 at 7.30pm in the Masonic Hall. All welcome.*

## Milnathort Community Council

### News from the September Meeting

**Present at the meeting** held on 8 September were M Thomson, N Bingham, A Ward, W Robertson (PKCllr), Cllrs N Freshwater, R Watters and 6 members of the public

**Apologies:** K Heneghan, P Britton, A Macrae, PC Ben Samson

### Matters Arising

#### Traffic Survey Actions

The implications of the Aldi planning application in reference to traffic issues was discussed with members of the public raising concerns about increased traffic on the road between Kinross and Milnathort. The planning committee has discussed, but no resolution has been reached yet. The Aldi store on south side of Crieff was used as an example of how pedestrian and cycle safety mitigations have been put in place. Willie has visited the site and concluded that the site is incomparable due to its scope for cycle and pedestrian lanes. Crieff is a level retail park whereas the proposed Milnathort site is a cul-de-sac.

Members of the public raised concerns that PKC have taken Aldi's noise and traffic assessment as presenting an unbiased and full picture when they do not believe this to be the case. Members of the public doubted the accuracy of the documents uploaded to planning site by Aldi and questions were raised as to how applicable the urban traffic modelling system was to Milnathort. They also had concerns over future road safety and access for pedestrians, including those with disabilities, if planning permission is granted. Concerns were also raised that documents were not showing up on the planning portal in a timely manner. Willie Robertson responded that Aldi are required to submit a traffic assessment, but members of the public expressed concerns their complaints may not be considered and Aldi's account of traffic issues would be taken as 'gospel'. Willie advised them to challenge the council and members of the committee. He also advised to encourage the planning committee to visit the site and for members of the public to write to the Head of Planning and potentially copy correspondence to the press. A further concern was raised about road gullies around the site. Willie advised that if gullies are deemed dangerous/not functioning, the council will repair.

The neutral position of the Community Council on the Aldi planning application was challenged by a member of the public who felt the Community Council were therefore not representing the community and had not accounted for the views expressed in the previous meeting with Aldi. Malcolm Thomson explained that the Community Council's role was to represent the whole of the community which was split on this particular issue. The Community Council's letter to the planning committee was representative of all views in the community and communicated the concerns that had been raised in previous meetings.

Willie provided an update on the council's response to the Milnathort traffic survey and community speed watch campaign. A community councillor would be required in order to lead on the Community Speedwatch. This is ongoing. In the meantime, Willie advised that if members of the public spot a speeding vehicle passing by a digital speed monitor, they can send a photograph to the police capturing the speed and number plate.

### Update on damaged wall on Back Loan/Jesse's Park

The council have been asked to rebuild the damaged wall as a curved corner. This is likely to happen this financial year. Andrea Ward raised the issue of rubble on the pathway which was reported to the council by Willie.

### Update on Footbridge at Lathro/ new path in need of repair.

A member of the public raised concerns about the safety of the footbridge in need of repair. Richard Watters explained that Greenspace would adopt the bridge, but only after standards were met. It is unclear where the responsibility lies for the repair of the bridge prior to this. The farmer owns the land, but Persimmon Homes are responsible for access. The bridge is being inspected to establish what work needs to be carried out to bring it up to standard. This process has been slowed down by a change of staff. Richard is trying to push forward. Neill Bingham suggested that the Men's Shed may take this on as a project. Richard suggested that the Community Council speak with the farmer.

### CPR training

Kinross Fire service are offering CPR training. Neill suggested organising a training session in the Town Hall and will follow this up. A member of the public asked if there was a network for using the defibrillator. The Community Council will look into this.

### Fly tipping

Fly tipping is becoming a regular occurrence and has been noted as a particular problem at the end of Crow Woods. The Community Council will raise awareness advising public to take photographs if they observe fly tipping and to request evidence of legal disposal of any rubbish from traders.

### Police Matters

Crimes of note over the 4-week period:

- Careless driving and assault – suspect charged
- Driving with no licence on Stirling Road – suspect charged
- Housebreaking with intent to steal in Kinnesswood – enquiries ongoing

Over the past 4 weeks there have been 13 traffic related incidents in the local area.

Neill Bingham has spoken to the police to encourage their attendance at Community Council meetings. Constable Samson is new to the role of Community Police Officer. He is keen to engage more with the community and has offered '*Coffee with a cop*'.

### Correspondence

**Energy Advice Session** will take place on Thursday 8th September 3-5pm, at Milnathort Town Hall.

Please also be advised that the tentative date for the next **Kinross-shire & Glenfarg Stronger Communities meeting** is Tuesday 4th October, 10:00-11:30am on Teams. The date will be confirmed in due course when the Teams invite is sent out.

**National Power of Attorney Day** is on 29 of September this year and are asking for organisations across Scotland to support the campaign by sharing digital assets on social media platforms or by displaying materials to help reach as many people as possible explaining what Power of Attorney is, why you should have one, who to appoint and how to do it. For further information, please contact Fiona Farrell, Community Engagement Manager.

### Planning

22/01315/FLL Erection ancillary accommodation unit/holiday accommodation unit at Silverwood Milnathort, Kinross, KY13 0SB, for Mr Andrew Ramponi, Silverwood, Hattonburn Road, Milnathort

## Community Council News

### Core Paths Update

An update was provided by Kevin Heneghan via email.

Milnathort Core Paths group have recently been flailing and strimming Paths and cutting back overgrowing bushes and branches at:

The Path by the Golf Course starting at Auld Mart, continuing on to the Path running from footbridge at end of golf course to the crossroads near The Stackyard and from the crossroads to the point that it crosses the A911.

The Paths at the Community Woodland at Burleigh, the lower and higher paths there as well as the Path running east from Crow Wood

Path connecting Community Woodland to old Arlary rail track Paths and benches at Tillywhalley Woods

The pedestrian flail has been repaired and this made a huge difference in the efficiency of cutting back the verges on the Paths.

We will have one more cut before winter, but then there will then be plenty other things to do; erecting way markers, filling in hollows in the Paths that would otherwise turn into puddles, and general maintenance.

We will also be re-opening the Core Path at Pace Hill, it having been closed during the construction there.

I continue to seek funding for benches and the acquisition of our own flail. It's clear from the amount of ongoing work that needs to be done that we're always looking for more help. If you can spare an hour or so a month, it would be great to hear from you. PPE is provided, as is training in the use of power tools. It's really satisfying to clear a Path and to know that you have provided a valuable service for our community.

### Promoting the Community Council

Suggestions for promoting the community council was a stall at events and promoting meetings as events on social media.

### Additional comments/questions from the floor

A 'thank you' for the farmer in Tillywhally who allowed the community to harvest peas from their land was noted.

A member of the public raised an issue regarding traffic in Tillyrie. The number of people using the road for walking and cycling has increased. The speed limit is 40mph lowering to 30mph through the houses. A residents meeting on 27th September will look at a traffic regulation order. The proposal is to drop the speed limit from 30mph to 20mph through the houses. The Athron Hill development did draw up a plan for improvements on road which included proposed passing places.

However, residents have now started moving in to houses and these measures have not been put in place. Building works are continuing with frequent deliveries as a result. Members if the public are concerned that the proposed improvements will not be made until all building work is complete. Willie Robertson responded that it was his understanding that the road improvements were to have happened before residents started moving in. The planning department met with the developer to discuss this and emphasise that all conditions must be adhered to. Occupation of the properties prior to road improvements is a breach of planning and therefore a case has been opened and investigation is ongoing. Once a result has been reached, this will be shared with the public. Neil Freshwater confirmed that the 20mph change in speed limit appears to be going ahead.

### Councillors' reports

**Willie Robertson:** A council meeting took place to discuss the cross Tay link road (A93 and Blairgowrie road). The project is 32 million over budget impacting the council capital budget. Building projects are generally rising due to inflation.

**Neil Freshwater:** The Pace Hill core path – developers need to ensure they meet planning consent. Some incidents of fighting

have been noted at Kinross High School. The school's parent council is holding a special meeting to agree the best way forward on this.

**Richard Watters:** Energy costs for businesses and individuals are a concern. The council is looking into how they can support those in need through the winter.

### AOB

A member of the public raised an issue: the hedging on Auld Mart Road is overgrown and requires maintenance. Cllr RWatters will check with Greenspace. Cllr WRobertson will ensure the council are aware.

A member of the public requested a farmer needs to put in gully on the road between Middleton and Bankhead Cottage, near the entrance to *Second to None* dog training facility.

**The next meeting of Milnathort Community Council will be held on 13 October 2022, 7.30pm at Milnathort Town Hall**

## Fossoway Community Council

### News from the September Meeting

<https://www.fossoway.org/community-council/>

**Present At The Meeting** held on 6 September were Cllrs S Bruce-Jones, A Cheape, T Duffy, N Marchant and Assoc. Cllr C Farquar; Cllrs R Watters and 13 members of the public. E Irons & M Adam from Police Scotland.

**Apologies:** Cllrs G Pye; F Hansraj-Jackson; Cllrs W Robertson, D Cuthbert, N Freshwater.

### Police Report

- There were over 26 traffic incidents over the previous 4 weeks
- 14 August: assault in Crook of Devon, suspect identified but released due to insufficient evidence
- 19 -22 August: vandalism to Fossoway School; suspects identified and dealt with
- 29 August: car crash in Drum; both vehicles were moved off the road for recovery. No offences and details exchanged.
- 31 August: closure of A977 due to HGV off the road. Road policing attended and the HGV was cleared on 01/09. No offences.
- 1 September: vandalism in Braughtly farm; enquiries are ongoing

### Discussions with police

A member of the public (MoP) informed police of issue at Seamab School which occurred in July and a more recent incident where a child cycled rapidly out of the school car park requiring the MoP to perform an emergency stop. Police have agreed to discuss this with Ben Samson (the new community police officer)

An MoP reported the large number of traffic incidents on A91 early in the morning.

Cllr Duffy reported there is a large stag roaming around Drum. MoP reported a concern in case the animal ran into the road. Police officers will consider how best to deal with this.

Ben Samson is our new Community Police Officer and he is going to set up a coffee with a police officer on a Saturday afternoon in Fossoway District.

### Matters Arising

**Fossoway Gathering:** Cllr Duffy reported that the Fossoway Gathering was a success, despite the weather. The organisers were congratulated on their efforts to get this event on the annual calendar of Fossoway. Next year this is planned for Saturday 2 September. Ass Cllr Farquar noted that she was very impressed by the organisation of the Gathering.

**Community Development Trust (CDT):** The CDT took the opportunity to set up a stall at the 2022 Gathering to engage

with the community. The event was supported by Mike Barnacle, Matthew Rice, Marion Anness, Liz Stenhouse and Nicola Marchant. The focus of the engagement was to gather ideas for projects, what Blairingone School could be used for; how Waulkmill Park could be better utilised and any other ideas. Members of the younger generation were encouraged to fill out a short survey, and several new members joined the CDT.

**Fossoway Area Transport:** There were initial issues with the 202 bus keeping to its timetable. This is being monitored and there have been some changes. Some buses will stop in Dollar and not go onto Tillicoultry. Discussions were had on other route changes, but none are being made. The Transport Forum is still to convene. Cllr Watters is leading a look at how PKC could better deliver a bus service. MoP reported that they were pleased there was now a bus service, and they believe it is being better used. It was noted that Clackmannanshire have not posted the 202-bus timetable at their bus stops; Cllr Watters will take this forward. Cllr Watters reported that PKC is monitoring when people are getting on and off the bus. MoP noted that buses leaving Kinross P&R all come together in a short time period and then none for 2 hours. This is a known issue.

**Anti-social Behaviour Fossoway Primary School:** Cllr Duffy had a brief meeting with Paula Woods, the new Headteacher of Fossoway Primary School. The concerns regarding noise from the use of the basketball court were discussed and the Headteacher will convene a meeting as soon as possible. MoP said that their children were regularly ejected from the school playground during the daytime by a resident. The MoP has complained about the behaviour of the resident towards the children. It was agreed that children do need a safe place to play. Safer Communities stated that basketball and associated noise is the main issue.

**Community Speedwatch:** All the application forms for vetting have now been sent to the police.

#### Speeding in F&D area:

- **A977 Mitigation:** We still have had no feedback since the speed lines on the A977 (in Drum) and on the B9097 have gone in. Cllr Watters reported that there is a meeting later on this month regarding this issue, signage and prioritisation of work.
- **Carnbo 30mph:** MoP reported that the signs were promised at the end of March 2022 and questioned why road line painting was being done but change of speed signs was not. Cllr Watters reported that road painting is contracted out to Tayside contractors and that traffic regulations work has to be done by PKC staff and there is a shortage of staff. Cllr Bruce-Jones stated that 11 orders have to be legalised in the Ward. MoP noted that Carnbo is the only village that does not have a traffic calming system. MoP reported there has been an increase in the number of children boarding the school buses and villagers are concerned about speeding cars and potential accidents. Carnbo villagers again vocally stated their deepening concerns.
- **School Exclusion Zones:** this is not happening in Fossoway.

**Road Adoptions:** It is now clear which part of the road has been adopted and which part has not.

**Access to Cash in Kinross-shire:** Cllr Marchant has had no success in finding a contact in the Bank of Scotland.

**Crook and Drum Growing Together:** have put in an application with PKC's Nature Restoration Fund for the extension of the small community orchard.

#### Consultations

There are currently four open consultations from PKC, SG and Police Scotland which the community is welcome to comment on, details below:

**Perth & Kinross Local Housing Strategy 2022-27:** Draft Vision, Priorities and Actions: <https://consult.pkc.gov.uk/communities/perth-kinross-local-housing-strategy-2022-27/>  
**Closes 9 September 2022.**

*Proposed response from CC approved. CC will respond focussing on provision of affordable housing supported by renewable energy and appropriate infrastructure to support the concept of 20min communities as proposed by Scottish Government in the draft National Planning Framework 4*

**Scottish Biodiversity Strategy 2022:** <https://consult.gov.scot/environment-forestry/scottish-biodiversity-strategy-2022/>  
**Closes 12 September 2022.**

*A detailed response from the CC was approved*

**Land Reform In A Net Zero Nation:** <https://www.gov.scot/publications/land-reform-net-zero-nation-consultation-paper/>  
**Closes 25 September 2022.**

*It was agreed that the CC would not respond to this due to the very technical nature of the paper. It is understood that the Scottish National Farmers Union has hosted webinars and will be producing an informed response*

**Gypsy Traveller Guidance:** Gypsy/Traveller Site Standards - Perth & Kinross Council Citizen Space - Citizen Space ([pkc.gov.uk](http://pkc.gov.uk)).

**Closes 2 October 2022.** The Gypsy/ Traveller Site Standards guidance note provides guidance on how applications for private permanent sites or short/seasonal stay sites can address Policy 21 in Local Development Plan 2.

*Proposed CC response approved. The proposed guidance is welcome and as well as providing detail on the policy it gives applicants an overview of when permission is required and what other requirements are needed including licenses and building permits to establish a traveller site. It is suggested that a definition of short stay is included and also standards for multi-use sites. The guidance however does not address short term stopping places and minimum requirements for them. Lastly is there an expectation that existing sites will over an agreed period of time meet these standards. Cllr Farquar visited the site but there was no one there. She noted that it looked tidy, and the site is clearly being improved.*

**Managed for Wildlife Trials 2022:** <https://consult.pkc.gov.uk/communities/managed-for-wildlife/>

**Closes 31 October 2022.**

*Proposed response approved. The managed areas are a good idea and it is hoped that they can be expanded and local communities encouraged to create their own areas. It was good to see that there were several information boards explaining how this activity can increase biodiversity and also pointers to Nature Scot which has pages on how to encourage wildlife and pollinators in your garden. A useful addition would be a QR code so that people can more easily access this information.*

**Your Police 2022-2023:** <https://consult.scotland.police.uk/>

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## Community Council News

*strategy-insight-and-innovation/your-police-2022-2023/*  
**Closes 31 March 2023**

### New Business

Community council elections are due to take place in October/November 2022. Members of public are invited to stand for election.

### Community Council Business

**Kinross-shire Local Area Committee:** Cllr Bruce Jones attended a virtual meeting of the Kinross Local Area Committee on 18 August. The main agenda items were the possible Community Asset Transfer of the former Blairingone Primary school building, Road Safety and update on Traffic Orders and the distribution of grants from the Kinross Community Good. If the community have any relevant issues to raise, please contact 'Fossway Community Council' on the usual email address: [fossway.cc@gmail.com](mailto:fossway.cc@gmail.com)

### Councillors' Reports

**Cllr Richard Watters** is having ongoing discussions regarding encouraging biodiversity in PKC.

### Planning Applications

*22/01432/FLL* Extension to dwellinghouse, erection of garage and formation of steps, 6 Drummond Park, Crook of Devon. This is currently a single storey house where the applicant is proposing to rearrange the ground floor and build into the attached garage as well as extend out the back. A new separate garage will also be built, no CC comment.

### Planning Decisions

*22/00771/FLL* Part change of use and alterations to building and stores to form events venue with holiday accommodation units and storage areas, formation of parking area, landscaping and associated works, The Old Coach House Lendrick Muir Rumbling Bridge Kinross

*22/00498/LBC* Alterations, The Old Coach House Lendrick Muir Rumbling Bridge, approved. The CC submitted a neutral comment.

*22/01111/FLL* Alterations and extension to dwellinghouse, Sheil Briglands Rumbling Bridge, approved. No CC comment.

*The AGM and next meeting of Fossway and District Community Council will be held in Crook of Devon village hall on 4 October 7.30pm. All welcome!*

## Portmoak Community Council

### News from the September Meeting

**Present** at the meeting on 13 September were Cllrs R Watters, Cllrs A Miller (Chair), D Morris (Vice-Chair), S McGregor (Secretary) A Davidson (Treasurer), D Paterson.

**Apologies:** Cllrs D Cuthbert, W Robertson, Cllr S Forde.

### Matters Arising

#### Kinross-shire Local Committee

**Update On Meeting Of 18/08/22:** The Chair had circulated the minutes. The issues continued to be a lack of agenda items, and the delay on distribution of minutes. The Chair hoped the conveners (Cllrs) would be able to bring in relevant agenda items. Chair reconfirmed PCC's wish for a successful KLC, and not to let this excellent opportunity slip past. The Chair would like to reach out to each of the CCs within Kinross-shire and speak to Chair and Vice Chair. Secretary to collate these email addresses of the local Kinross-shire CCs. Cllr D Morris reiterated the need to have agenda items that are pan-Kinross-shire and that affect all the Kinross-shire Communities. Examples of these would be the local Affordable Housing policy and how it is being rolled out across Kinross-shire, or Water Quality of Loch Leven, in particular the phosphate addition to local drinking water. On this latter issue Cllr D Morris urged the

Cllrs to request SEPA and Scottish Water representatives to attend the next KLC meetings. Cllr N Freshwater agreed on this principle of having local area-wide issues only on the KLC agenda. The Chair A Miller fully supported Dave Morris on the agenda item for Affordable Housing, which is area-wide and has arisen recently within Portmoak over the LDP H54 plot, this is a policy decision that should be applied area-wide, and should be raised on the KC. KC should not be discussing singular locale specific issues. The Cllrs had made complaint about the agenda items on the KC, and PKC have taken the complaint on board and agreed to try and add in more pertinent area-wide items. On planning, specific applications could not be discussed, but PKC policies which were area-wide were relevant for discussion.

**Kinross Common Good Fund:** There had been consensus on some allocations of funds: (£200 given to Scout Group for the World Jamboree, and £1000 was given to the King George V for their building), but there had also been a subsequent complaint from Cllr M Johnson (Chair Milnathort CC) who had technical problems during the meeting, regarding the award of money to KGV. There were concerns that the fund is open to the possibility that there was potential for Cllrs to sway allocations to their local CC or projects that impacted them personally. On this point Cllr N Freshwater understood that only the Cllrs are the voting members and can make a decision on the Common Good Fund, one non-voting representative who should be from Kinross should be on the committee. Cllr R Watters clarified that it was possible to use the Common Good Fund money as a whole for one project, but that would have to be agreed by all the Cllrs.

**Road Safety Action Update:** It had been reported that the relevant PKC Officers continue to wrestle with myriad projects and are currently focusing on cycle and walkways. The Chair found this encouraging given the PCC agenda item and project for the Scotlandwell to Portmoak Church path. PCC asked Cllrs again for an update on the Bowhouse speed extension: R Watters will meet with Roads Officers during week beginning 19 Sept to discuss the list of projects and establish priorities. The Chair expressed hope that R Watters would be able to give more specific timelines in the October PCC meeting.

**Scotlandwell To Portmoak Church Path:** There was no change to status. Chair to raise item of funding opportunities with Cllr W Robertson.

**Play Facilities At Scotlandwell Green:** No update on schedule for upgrade. Cllr D Cuthbert was handling this and had previously suggested delays would be likely. Cllr N Freshwater flagged that availability of building materials was likely to be causing delays. The Chair accepted this explanation was likely but requested an update for the October PCC meeting.

**Phosphate Addition To Drinking Water Within Loch Leven Catchment Area:** The Chair and Secretary continued to receive correspondence from Huw Phillips, Chair of Loch Leven Court &



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Queens View Residents' Association (LLCQVRA), regarding the ongoing difficulties the Residents Association is having in meeting the SEPA license limits for the local sewage treatment system. The plant continues to exhibit problems with phosphate level spiking, with anomalous results not in accordance with Scottish Watter (SW) dosage levels. SEPA and SW seem to be resistant to assist the LLCQVRA. SEPA were unaware of the dosage that SW was adding to drinking water, which suggests discussion needs to be escalated to a higher level. PCC are concerned if these high levels of dosing are occurring all around the Loch Leven catchment area, and if there continues to be more building and development then the phosphate level can only increase. While SEPA are the licensee, we are all responsible for what pollutants are being discharged into the Loch, and SEPA and SW need to take responsibility for this. Cllr D Morris reiterated the need for the KLC to be a convener of relevant parties in this important issue, ideally the Chief Executives of each organisation, to have the discussion and find a solution. If such a meeting could be arranged and all the Kinross-shire CCs were in attendance and asking for answers then this is where the true value of the KLC lies.

**PCC AGM, and CC membership changes**

The PCC AGM will take place at 7.30pm on 11 October 2022. Cllr S Forde intends to step down from PCC at the AGM.

**New Matters**

**New Police Liaison Offer:** A new Police Liaison Officer, Ben Samson, had been appointed and had reached out to PCC. Ben intended to attend PCC meetings if he was on duty at the meeting times, but had also kindly offered to meet PCC members at other times to discuss any local issues, and this was appreciated.

**Planning**

**Existing Applications**

22/01191/FLL Erection of 16 dwellinghouses (3 with detached garages, one with detached garage/ancillary accommodation), formation of 6 plots for affordable dwellinghouses, formation of SUDS pond, landscaping and associated works Open for comment icon, land 100 Metres South East Of Cragton Villa, Rost Gardens, Scotlandwell.

The Chair gave a brief update: SEPA had submitted a scathing report that the necessary information they require has still not been supplied. The peat depth at the affordable housing plots is some of the deepest and must be done at the time of the development of the rest of the site project, which puts an unknowable cost on the affordable housing plots. DEFRA legislation may be an obstacle to the proposed use of the excavated peat by local company Turfitt. The Chair thought the application appeared to be non-compliant in its current format. An objection had been lodged by PCC against the development as agreed at the Aug PCC meeting. PCC agreed to await the Planning Officer report, before making any further

comment or requesting to make representation at a Planning Committee.

**Planning Decisions**

**Westfield Paths Feasibility Study:** potential September meeting: meeting is later in September, Cllr D Morris will be attending this meeting and will update at the October PCC meeting.

**Paths Group Update:** Cllr D Morris provided an update: Peat Loan foliage had recently been cut back by PKC. Volunteers have spent much of their time clearing paths in Stephens' Field in Kinnesswood so paths should be good for the winter.

**Treasurer CC Accounts**

The Treasurer is in the process of preparing the end of year accounts for the AGM in October.

No invoices had been received from the Paths Group, so the balance on that account remained the same. Cllr D Morris agreed to check up on this item and report back to Treasurer on this point.

Secretary to send invoice for Zoom licences for end of year.

**Michael Bruce Account:** £1523.00

**PCC Account:** £ 493.27

**Councillors' Reports**

**Cllr N Freshwater:** on item of signage at Westfield; signs should be going up in the autumn this year.

**Cllr R Watters:** nothing further

**Matters Notified To The Secretary**

Nothing further.

**AOB**

**Scotlandwell Well & Washhouse:** PCC had been approached by Scotlandwell in Bloom with a request for a letter of support for their funding application to Pride in Perth & Kinross. The application/project is for well repairs and garden revitalisation. As SIB are taking over the lease and upkeep for a further five years it is vital to secure the necessary funding. The Chair flagged that minor repairs for the well & washhouse are confirmed to take place. New five-year lease to be granted from PKC. The Chair thanked PCC for agreeing to a letter of support for this project.

Cllr A Davidson had received a message from Treasurer of KCC, who had managed to secure pipers for the national minute of silence on the eve of the Queen's funeral. It was thought this was a good idea and that the church would be a good location. PCC to assist KCC Treasurer with communications to local church.

*The next meeting and PCC AGM will be held at 7.30pm on Tuesday 11 October 2022, in-person at Portmoak Village Hall. AGM will start at 7.30pm and be followed after by the regular PCC October meeting.*

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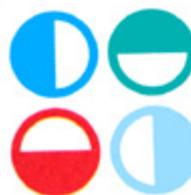
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## Onion, Squash & Chorizo One Pot

*I love the flavours of autumn, and nothing tastes more like the season than squash. Luckily, we have a bit more access to different varieties these days and its worth experimenting as flavours and cooking times are subtly different.*

*Butternut, acorn and onion squash are all perfect for the following recipe*

*and failing those, sweet potato would be a good substitute.*

*This is an easy, comforting and delicious traybake which is a great midweek dinner option and can be tarted up with various different toppings, depending on what you have available.*



### To serve four you will need

- 1 squash – any variety
- 2 large red onion
- 2 garlic bulbs
- 200g sweet cooking chorizo
- Few sprigs thyme
- 2 tbsp sherry vinegar
- Olive oil
- 1 tbsp smoked paprika
- Bay leaf
- Juice of half a lemon

### Preheat the oven to 180/Gas 4

Wash the squash, remove all seeds and segment into wedges. There is no need to peel. Cut the onion into wedges too and add those to a large bowl with olive oil, salt and pepper and the smoked paprika and toss together to coat. Strip the thyme sprigs and add the leaves and the bay leaf. Cut the garlic bulbs whole across the middle.

Tip all the ingredients into a deep baking tray and nestle in the two garlic bulbs, drizzle with a little more olive oil and cook for 25-30 minutes. Check regularly as different water contents in squash can decrease the cooking time. Remove the garlic, squeeze out the cloves and mix with a little lemon juice. Stir that in to the cooked squash mixture.

I serve on a bed of leaves and top with toasted sunflower seeds. A few other ideas for toppings include adding a pouch of ready cooked puy lentils or mixed grains. Try adding a few

semi dried tomatoes and a handful of basil for a tasty Mediterranean twist, or add wilted spinach and crumbled feta. Blue cheese and walnuts works brilliantly too. Enjoy!



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# Club & Community Group News

## Rotary Club of Kinross and District

The Rotary Club of Kinross and District has had a busy start to the new Rotary Year.

Throughout the summer, we held coffee mornings in different venues, simply to stay in touch with each other, and to talk through our plans for the coming year. Our first live meeting was a chance for us to review plans and to decide who was doing what over the coming months.

We next had an extremely interesting visit to the James Hutton Institute on Tuesday September 13th, following the breakfast meeting. It was fascinating to learn about the scientific work and research that goes into our food production. Thank you, George Lawrie, for organising this great trip, which we shared with one of the Dundee Rotary Clubs.

Our first event was The Winter Warmer Event in the Day Centre, Kinross on Saturday 17 Sep. Coats of every description were kindly donated, of extremely good quality. The aim was to let those who needed to have a decent coat this winter. We sold approximately 50 coats, and numerous other pieces of winter wear. Whatever was left over was divided between CHAS and the Perth Ukraine support network - to be sent out for this coming winter, where it is also desperately needed.

On Tuesday 20 September we hosted our Rotary Youth Leadership Award (RYLA) Scholars from 2022. These two young people - Sasha and Mitchell - won these awards through a good application and interview. Also, as our guest, was Art Teacher Ms Hollie Simpson, who is a wonderful link for us in the High School. They told us about their exciting

week, meeting many other young RYLA scholars, and talked about the interesting and challenging activities that they got involved with. Previous RYLA Scholars are Olympic athletes Eilidh Childs and Laura Muir. This is always a big investment for the Club but one that we cherish and value, for providing life changing experiences for two young people annually - we are proud to continue doing that.

We are looking forward to hearing Sarah Rankin, who is coming to talk to us on Mon 3 October. We can't wait to hear her tell us about her life and Masterchef experience. Anyone wishing to join us that night, please just ask - 6.30pm at the Kirklands Hotel.

### Shoebox Appeal

We are now asking the community to help us in our annual campaign to fill shoeboxes for people who welcome a little comfort.

All boxes are transported by trusted partners to many different countries in Central and Eastern Europe.. All age groups, including teenagers, have welcomed the boxes. They are delivered to children and teenagers in orphanages, hospitals and also to street kids, to adults in TB and AIDS hospitals, to disadvantaged families and to women's refuges and to older folk in hostels with no supporting families. We know that the gifts are very much welcomed. Boxes are being distributed to our local schools for the pupils to participate. If you would like to fill your own box, please contact [secretary.kdrc@gmail.com](mailto:secretary.kdrc@gmail.com) for details.

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Santa's Sleigh details will be posted in the next edition, and on Facebook .

### Finally.....Diary Note....Superb Concert

SONGS OF SCOTLAND'S HEROES & HEROINES CONCERT by the fabulous "PLAIDSONG" - singing duo Nicky and Syd, who wowed the Perth Concert Hall sell out crowd, at the Queen's Platinum Jubilee Concert, in June. A one hour, no interval, illustrated show. Sat 26 November at 7.30pm. At Kinross Parish Church Tickets £10 From Baillies or email [secretary.kdrc@gmail.com](mailto:secretary.kdrc@gmail.com)



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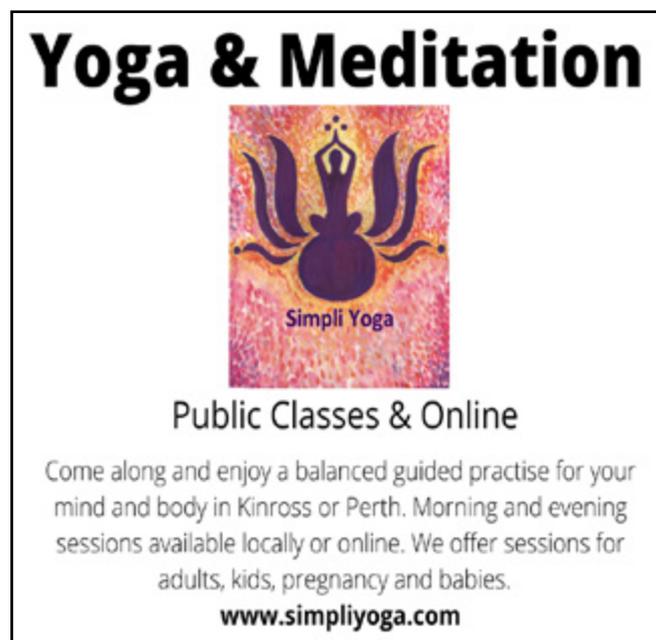


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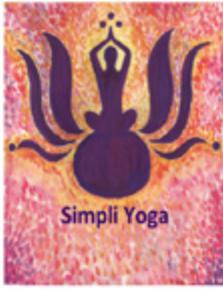
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## Kinross In Bloom



We managed to keep the hanging baskets and the planters going until the end of September. Our thanks again to all our volunteer waterers who kindly gave up their time throughout the summer to water for us.

Once again, a thank-you to Michael Hepburn who has kindly donated a trailerful of his special compost to Kinross in Bloom so our winter pansies really will be blooming!

Our thanks also go to the Rugby club who will be invaluable in taking down the hanging baskets at the start of October. The pansies have been delivered and will be transplanted in the polytunnel before being planted into our planters at the start of October.

Our thanks to Derek and his team at Smith Street Motors who continue to look after our buggy and get it through its MOT.

Meanwhile, we have continued with some maintenance work on the planters; many have now been given a paint. Some of the sustainable plants have been pruned back and some will be removed altogether as they have become too woody or too big for the planters.

There was no 200 Club draw for September. There will be two draws next month.

Our next meeting will be at 7pm on Wednesday 5 October. Anyone can attend and we would love to see you. Our AGM will be on Wednesday 2 November at 7pm in the Church Centre.

*If you would like to help in any way (formally or informally) please contact [susan.mitchell50@gmail.com](mailto:susan.mitchell50@gmail.com).*



## Kinross Garden Group

In September we had a very successful trip to Arbroath and House of Dun; this was changed from the original venue. It was a lovely day and we made the most of the sunshine.



Our first meeting of the new season starts on Thursday 13 October at 2pm when Dr Stan da Prato will talk about 'Wild flowers and other wildlife of the East Lothian coast'. Stan is a great speaker and has immense knowledge of all his topics.

Membership fees remain at £20 for the year and £5 for visitors. We will be taking membership at this meeting. If you are new to Kinross-shire and interested in meeting fellow garden enthusiasts, you will be made very welcome. Talks take place at Kinross Parish Church on Station Road and doors will be open from 1.30pm.

*For more details contact Caroline Anderson on 01577 864589 or email [acaroline1000@gmail.com](mailto:acaroline1000@gmail.com).*

## Fairtrade



### Please choose to support the farmers in the Global South

We are all very aware of the increases in the cost of living, but now more than ever it is important that we *#ChooseTheWorldWeWant* by buying goods where we know that the farmers have been paid a fair price. If we stop supporting them, we run the risk of making coffee, tea, chocolate, bananas and other goods even less affordable, as so many farmers will not have been able to continue. At the Traidcraft stall at the farmers' market you will find ingredients to make delicious healthy meals as well as biscuits, chocolate and tea and coffee. Please come and see us or contact Kinross or Orwell Church Offices to find out how to buy the goods at other times in the month.



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## Guide Dogs

[www.guidedogs.org.uk](http://www.guidedogs.org.uk)

Pictured are two of my boarders this month. We have our local guide dog ambassador dog and also a guide dog puppy at nine months old. He is bigger than the gorgeous Molly.

Guide dogs offer many roles that you can become involved in. Boarding (or fostering as it is now called) means you can help with looking after puppies when their puppy raiser or walker is away on holiday or out for a special occasion. This is a great role as you enjoy having them, walk them, socialise them and can get to know several dogs. You can have them completely at your own availability and choice. A call comes out for volunteers for a date to start and finish. If it suits you, you can choose to do it or not. Weekends are a frequently requested period. So even if you work, but want to get involved, you can. We love having four legged visitors, so it is perfect for us. If you want to know more, search for 'volunteering at guide dogs' online.

Our fundraising support group is gearing up for our stall at the Christmas market. We are looking for donations for our bottle tombola. If you have a bottle that you wish to donate, please email [she61@hotmail.co.uk](mailto:she61@hotmail.co.uk).

Many thanks to everyone who has donated leftover foreign money from their holidays. Guide dogs can receive money from current and old notes and coins. Again, just get in touch and we can arrange how you can donate this way. Grateful thanks!

## Kinrosswood in Bloom



This is the 'season of mists and mellow fruitfulness' and it has certainly been a good season for fruit and vegetables in the raised beds and polytunnel at Portmoak primary school. Over the first few weeks of term, each class has been invited to the growing area to see how things are getting on since summer and very pupil has gone home with a goody bag. Contents have varied but included tatties, runner beans, onions, tomatoes, beetroot, peppers and mini squash. They also had a chance to taste grapes from the grape vine.

Weekly work sessions will now start on a rotating basis so that every child is involved. Some frozen strawberries and peas collected in the holidays were passed on to the school kitchen for use by canteen staff or teachers. Miss Kettle's class used beetroot to make beetroot and chocolate cake for the MacMillan coffee morning.



Our bus shelter veggie box has been very successful and different folk have been donating their surplus crops. Thank-you all for your contributions.

Kinrosswood in Bloom are still working on Saturdays, tidying up and cutting back different areas of the village. Weeds still seem to be growing everywhere. John and Rory have been strimming the banking, possibly for the last time this season. However, with this fine weather they may have to do it again.

Following the announcement of the death of Her Majesty the Queen, Keep Scotland Beautiful took the decision to postpone the online Beautiful Scotland award ceremony. The new date is 19 October so we hope to let you know how we got on in the November *Newsletter*. If we miss the deadline, we will put it on our Facebook page.

## Common Grounds

[www.spanglefish.com/commongroundscharitycafe](http://www.spanglefish.com/commongroundscharitycafe)

All new and old friends are welcome on Tuesday and Saturday mornings for coffee, friendship and a chat. Money raised from donations in September is being sent to the Nora Docherty Charitable Foundation. This is a Scottish charity supporting a school in Malawi which also now has antenatal care and a pre-school clinic on campus. In October all donations will be sent to our Emergency Appeal.

A Project Lunch was held on Friday 30 September at 12noon. Our speaker was from the Uphill Trust and brought us up to date with the school in Western Uganda.

### The Newsletter on Facebook



We use our Facebook page to announce:

- our deadline and publication dates
- what's in the next issue
- reminders of some local events
- occasional breaking news

'Like' our page to be kept informed. Search for 'Kinross Newsletter' or go to:

[www.facebook.com/kinrossnewsletter](http://www.facebook.com/kinrossnewsletter)



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## **Kinross High School**

### **Edinburgh International Book Festival**

A group of 40 pupils visited The Edinburgh International Book Festival, held for the first time at the Edinburgh College of Art, in August.

We were lucky enough to secure free tickets – courtesy of the Festival’s sponsor, Baillie Gifford – on the day that the School Brochure was published. We arrived in Edinburgh for 10am and heard the fantastic young adult authors, Patrice Lawrence and Jason Reynolds, deliver their talk, ‘Challenging Discrimination’. Pupils were delighted by the authors’ discussion about their writing and their characters’ tales of discrimination, particularly in their novels, *Needles* and *When I Was The Greatest*. Both novels explored class, the justice system and... knitting! The authors explained how they created empathy with their characters and managed to weave warmth and humour into their tough narratives. Our young people were delighted to receive a copy of one of these superb titles as a free gift from the sponsors.

Our group then moved on to another fabulous setting within the College of Art, and listened to Nikita Gill and her presentation entitled, ‘Discover Your Power’. She read from and talked us through *These Are the Words*, Gill’s empowering Young Adult collection of poetry and she went on to share her hard-won wisdom and advice – ranging from conversations regarding racism; celebrating true friendship; expressions of anger and joy; understanding the pressures of society. Again, we were fortunate enough to receive free copies of the collection and the audience were invited to ask questions and to attend a book signing afterwards.

The group had time to soak in the atmosphere of the Book Festival, to browse the book shops there and to see some of Edinburgh as the afternoon went on. Staff from the English Department and the Library could not praise our group of young people more and we all delighted in our afternoon of culture and literature.

### **Lunar New Year Celebration Cross Curricular Learning Project**

The Art and Design Department have collaborated with the Languages Faculty to develop a project for learners

transitioning from S1 into S2 to celebrate Lunar New Year. Our young people have learned about traditional Chinese culture and traditions that occur during Lunar New Year. 2022 is the year of the tiger and our learners have worked through the designing process, using their research and experimenting with different compositions using the tiger as inspiration along with other Lunar New Year related motifs. In this unit we have developed our skills in drawing and painting, with our final outcomes being made from clay. Our young people have really enjoyed the experience of working with clay, where they created relief tiles to show off their striking designs. Once created out of clay, the pupils were patient and waited over the summer holidays for their clay tiles to become completely dry before painting them in bold and bright colours, where we learned about colour theory.

Our clay tiles will be displayed across the school and featured at the SCEN conference which took place at Kinross High School on Friday 23 September. Guests were invited to celebrate the love of learning Mandarin in schools. We look forward to celebrating year of the Rabbit in the Lunar New Year in 2023.

### **The Kinross Way**

As part of our improvement journey this year at Kinross High School we have formed a new learning standard called The Kinross Way. Teachers across the school are working on Professional Enquiry projects to ensure that the highest quality learning continues to take place in lessons across the school. Parents and carers will have the opportunity to work with us on key areas in The Kinross Way through the Parent Council.

### **Relationships Policy**

August 2022 saw the launch of our new Kinross High School Relationships Policy. This policy sees our KHS values at its heart, alongside the responsibilities of: ‘aim high’, ‘right place, time and uniform’, ‘right mindset’ and ‘care for others, care for our environment’. The policy sets out how we recognise and celebrate success, as well as how we use data and a range of interventions to support learning and relationships. Our new policy also includes a ‘Technology Charter’ outlining our expectations around responsible usage, as well as a digital toolkit for staff. Our policy was created through an extensive consultation process, and we are currently focusing on embedding it this term as part of our School Improvement Plan.

### **Kinross & District Inner Wheel**

On 12 September we held our first meeting of the new season at the new time of 2.30pm in the Kirklands Hotel. It was a pleasure to meet face to face and to catch up with news of friends.

Our speaker was Jo Middlemiss, this year’s president of Kinross Rotary, who explained the plans for recruitment and fundraising they are putting in place. She also brought us up to date with the progress of her charity in Ethiopia which brings help to women in the south of the country who suffer from uterine prolapse. Inner Wheel members contributed pants and socks, to be delivered by Jo when she visits next month. President Fiona thanked Jo very much on behalf of the members.

Our next meeting is on Monday 10 October at 2.30pm in the Kirklands Hotel. For more information on the club, please get in touch with Jenny MacLeod by email at [jennymac101@icloud.com](mailto:jennymac101@icloud.com).



## Kinross-shire Local Events

### Organisation

[www.kleo.org.uk](http://www.kleo.org.uk)

The Kinross farmers' market is on 22 October from 10am to 2pm on Kinross High Street.

### Orchestra & choirs rehearsing for winter festival

Kinross Kacophony Orchestra and community choirs Leven Voices and Kinross Parish Choir are rehearsing for special concerts during the Kinross-shire's winter festival.

The Kacophony Orchestra led by Dougie Flower will do a joint concert with the Tullis Russell Community Band from Glenrothes led by Denise Ward on Wednesday 9 November at 8pm at Loch Leven Community Campus. This promises to be a fun evening with a great variety of music from the movies. You will surely recognise some tunes! Tickets are £5 at the door or from our website.

The Two Choirs Together concert on Tuesday 22 November at 8pm at Kinross Parish Church showcases two local choirs Leven Voices and Kinross Parish Church Choir. They will provide a great programme covering a wide range of musical genres and singing styles. Come along and enjoy the wonderful harmonies. You might even be tempted to join a choir! Tickets are £5 at the door or from our website.

More information on Kinross Kacophony Orchestra and Leven Voices is available on our website.

### Bookweek Scotland Talks

The following authors will come to Kinross to talk about their books:

**Tuesday 15 November at 7.30pm** Lisa Ballantyne

**Thursday 17 November at 7.30pm** Stuart MacBride

**Friday 18 November at 7.30pm** James Oswald

**Sunday 20 November at 2pm** Andrew Greig



All author events take place at Loch Leven Library. Tickets £5, available at the library or from our website.

### Karen Matheson Concert

Widely recognised as the compelling vocals of celtic super-group Capercaillie, Karen Matheson will perform with her guest band in Kinross on Friday 11 November at 8pm at Loch Leven Community Campus. Tickets are £20 (adult), £15 (child) available at Morgans Estate Agent's in Kinross, Light Up My Heart in Milnathort or via our website.

### Festive Street Market and Light Up Kinross

This event will be back on the High Street of Kinross again on Saturday 26 November at 3.30pm–7pm. There will be a great variety of stalls and entertainment! If you are a local trader, crafts person or community group you might consider a stall. For a booking form for this event, please e-mail us at [info@kleo.org.uk](mailto:info@kleo.org.uk).

### Friends of KLEO

Would you like to help out once in a while at events (setting up, stewarding, leafleting or any other job that needs doing) but don't want to join the KLEO committee and have to attend meetings? Why not support your community and become a 'Friend of KLEO' and just help out for an hour or two at the odd event? We are currently looking for a pool of helpers who are happy to assist once in a while. If you are interested in this please send an email to [info@kleo.org.uk](mailto:info@kleo.org.uk).

For more information about KLEO events visit our website or e-mail [info@kleo.org.uk](mailto:info@kleo.org.uk).

### Kinross Cubs

The cubs returned from their summer holidays in mid-August and we had a great first night back working on the scientist badge and looking at our code of conduct to refresh our knowledge of it.

The following week the cubs were out and about completing a variety of clues as they explored Kinross and learned some



interesting facts about our local community. We visited a variety of places including the fire station, the James Mungie statue at Swanscare, Royal Mail delivery office and the old jail/county house.

At the end of August, the cubs were learning about how to be safe whilst walking in the countryside, finding out about the countryside code and how to prepare for going on a hike. They were also learning about maps and they designed their own map. We also enjoyed lots of games. The cubs then put into practice what they learned the following week as they went on a hike up Bishop hill (pictured). Unfortunately, we didn't get to the top due to the weather conditions but we still had a great time.

This term we also said goodbye to one of our young leaders, Caroline, who is leaving us to go to university. We wish her the very best of luck.

*Volunteering can make a huge difference to young people's lives, as well as your own. From having something to look forward to every week to learning in the great outdoors, being a volunteer is good for you, supporting your own confidence and skills, health and happiness, and community. If you would like to get involved with 1st Kinross Cubs, then please email [kinrosscubs@hotmail.com](mailto:kinrosscubs@hotmail.com) for more details.*

## Kinross Beavers

We started the autumn term back at Millbridge Hall where the beavers worked on their sports badge and looked at our code of conduct. This was a very timely reminder of our values and behaviours as we had a great number of new faces starting with us this term. Welcome to all.

At the end of last term the beavers completed a sponsored walk for CHAS raising an amazing £800 and on the 26 August we went to Rachel House to present a cheque for said amount to CHAS. The beavers also got to view the beautiful gardens that the families use when they are in residence. A massive thank-you to Lindsay Stobie of CHAS for helping us to organise the presentation and for taking the time to show us around.

The following week we took advantage of the late summer evenings to hike up to John Knox pulpit. The weather was kind to us; dry and warm albeit slightly windy. Everyone did a fantastic job and thoroughly enjoyed it.

On 9 September, we opened the evening with a minute's silence to our late patron, Her Majesty Queen Elizabeth II. After paying our respects the beavers learnt about photography, discussing the topics of framing, lighting and



## Club & Community Group News

subjects. They made paper frames to help them identify their subjects before taking supervised photos and learning how to edit them. They all did brilliantly.

At the end of the meeting we presented Caiden with the Chief Scout's Bronze Award; well done Caiden. We also said goodbye to Caiden, Carys, Charlie, Lochlan and Archie who are all moving onto cubs. We very much hope they continue to enjoy the next stage of their scouting journey. Last, but certainly not least, we also said goodbye to our section assistant leader Stephen who is leaving us as he heads off to university. We wish him the very best of luck. Continued thanks to all the parent helpers who come along to support us, it's very much appreciated.

*Are you interested in volunteering with scouting? Volunteering is easier than you think. We have opportunities both behind the scenes and directly supporting young people in our group. With full support and training, you can volunteer on a flexible basis. Not only is it incredibly rewarding and great fun, but you will also learn some brilliant skills which are transferable to the workplace and further education. Please contact us by email at [kinrossbeavers@hotmail.co.uk](mailto:kinrossbeavers@hotmail.co.uk) for more information.*

## Kinross and District Art Club

[www.kadac.co.uk](http://www.kadac.co.uk)



On the evening of Friday 2 September, Lucinda Russell OBE, racehorse trainer, opened our annual Art Exhibition held at the delightful venue of Cleish village hall. Seventy guests and members were welcomed to the successful opening evening. In her welcoming speech, president Dallas Key thanked all members for their support, enthusiasm, and commitment to the club. She also mentioned the great anticipation that there had been whilst preparing for the first exhibition in three years. Dallas presented Lucinda with a bouquet of flowers and thanked her for her warm, kind and enthusiastic words when opening the exhibition (*See the full story on p16-17*).

Later that week, members were saddened to learn of the death of Queen Elizabeth. Some members joined others in the Kinross area to pay their respects at the roadside as the late Queen's cortege passed by.

Club members then settled down for the remainder of September to start painting and creating for next year's exhibition!

*If you are interested in joining the club and developing your own creativity, you will find more information and contact details on our website. We meet on Tuesdays and Fridays at 2-4pm in Millbridge Hall.*

## Portmoak Community Woodland Group

[www.portmoakcw.org.uk](http://www.portmoakcw.org.uk)



Perfect weather and good numbers of fungi; what more could you look for in a 'fungal foray'? Perhaps an expert guide to open your eyes, not to mention your sense of taste and smell, to the wide variety of mushrooms and toadstools in Portmoak Moss?

We were lucky to have all those things on Sunday 28 August when Dr Tony Lyon, from Kishorn, led 36 members of the public on a guided walk in the Moss. The event was organised by Portmoak Community Woodland Group whose chair, Jeff Gunnell, promised exquisite knowledge and understanding from our guide and an exquisite experience for the rest of us. He wasn't wrong!



Members of the group had been praying for rain in the weeks beforehand, to encourage the fungi to produce their fruiting bodies; the visible parts, like the mushrooms you see in the supermarket. Some well-timed downpours did the trick and there were fungi to be found everywhere, growing on the woodland floor, as well as on fallen trunks and live trees.

Dr Lyon, who lectured on mycology at Sheffield University for 35 years before moving to Scotland, quickly led us to delicate fungi smelling of chlorine, others tasting as hot as chilli and one, called sulphur tuft, with the flavour of strong quinine. Not advised for your gin and tonic as it is mildly poisonous.

Others had evocative common names like turkey tails, horsehair and the hoof fungus, which especially like growing on birch. He discovered a stinkhorn emerging from the forest floor at the base of a tree. It looked like a large egg but when he cut it in half you could clearly see its component parts, green jelly and all. When it 'fruits' it smells like rotting drains so we weren't sorry to catch it young!

Some discoveries were made by the group, like the bay bolete, which is both safe and good to eat. Others Tony described as safe to eat but not worth trying, as their taste or texture were pretty disgusting.

There are no such concerns about the apples in Portmoak Community Orchard, across the road from Portmoak Kirk. They are delicious and, if you have been quick off the mark in buying your *Newsletter*, you are just in time to come to our apple day on Sunday 2 October at 2-4pm. We'll be pressing apples into juice (remember to bring containers) and offering plenty of apple-themed home-baking, not to mention apple identification and children's games.

## Sparks

We continue to meet at Kinross Men's Shed, Swansacre, Kinross, at 1-3pm every Thursday. A huge thank you to Kinross Men's Shed for allowing us to use their fantastic facility!

Refreshments are available, usually followed by a quiz, a variety of board games, arts and crafts, Boccia and the occasional guest speakers and projects. Each activity is on a voluntary participatory basis and is open to all disabilities. The aim is for people to have a chat and reduce isolation

within Kinross-shire. We ask for a small weekly donation of 50p or £1 to cover the cost of refreshments.

### Boccia

We have specific access to the marked Boccia court in Loch Leven Community Campus and meet on Saturday at 11.30am–12.30pm. This varies from £1 to £2 per session (depending on numbers), just to cover the cost of the court. We would like to encourage more people to come along. Everyone is welcome and we have a lot of fun and laughter every week! Contact Duncan by email at duncanmccintyre1961@icloud.com for more details.

### 22 Women Project

SPARKS hosted a fantastic afternoon on Thursday 7 July, handing over our finished glasswork to PKC. The piece is to be on display at the new Perth Museum opening in a couple of years. The piece is currently on display in Kinross library. Chairman Duncan made a great welcoming speech. We were joined by Lorna, our supportive artist, and her family, local representatives Cllr Watters and Cllr Robertson, James, Zoe, and Roseanne from PKC, Shona from NHS Tayside, David Connor of Kinross Men’s Shed and Scott Gilmore, Moncrieff Lighting.

Embo supplied a fantastic buffet and thanks go to John for arranging it! Also huge thanks to John, Alison, and Jean for making the day a great success. It was a fantastic way to finish the project. Thank-you to Lorna and Mathew for the time you spent with us!

### Steppingstones with Lorna and Mathew

On Thursday 18 August Lorna and Mathew joined us again to assist us to make steppingstones. Starting with a bucket with sand in the bottom, we each placed glass pieces, beads, shapes of birds and so on upside down in the sand to our individual designs. Once happy with the design, concrete was poured on top and left to set. These were carefully removed the following week, resulting in some stunning steppingstones to take home. Lorna is keen to keep in touch with the group and has some ideas for various sessions in the future.

### Dundee Kiltwalk



This event was an incredible day on Sunday 21 August. Duncan (on electric wheelchair), John (on foot) and Ross (on recumbent trike) took part in ‘The Wee Wander’ of Dundee Kiltwalk from Broughty Ferry to Monifieth. It was a fantastic atmosphere seeing so many people taking part and fundraising for various charities.

For Cancer Research UK, John raised £1,048. Duncan was part

of a large group for Perth & Kinross Disability Sport, ‘Too inspired to be tired’, raising £11,194 collectively. For SPARKS, Ross raised £531. All sums receive a 50% top up from the Hunter Foundation. Well done to Duncan, John and Ross! Thank-you to everyone for your fantastic support, it is very much appreciated.



SPARKS are going to use the money for specific events. Initially we are currently arranging a trip to Blair Drummond Safari Park for the end of September.

### Kinross Museum



In expressing their sadness at the passing of Her Majesty Queen Elizabeth II in September, the museum’s trustees, friends and volunteers placed roses in front of the signed photographic portrait of The Queen presented to the people of Kinross on the occasion of the visit made by The Queen and the Duke of Edinburgh to the burgh 62 years ago in October 1960.





## Kinross & Ochil Walking Group

(Affiliated to Ramblers Scotland)

[www.ramblers.org.uk/kinross-ochil](http://www.ramblers.org.uk/kinross-ochil)

Fresh air, exercise, good company and wonderful views. We offer all this and visits to some of the spectacular scenery and lesser known places that surround us. We are a friendly and relaxed group and, if you'd like to try a walk with us, you'll be made very welcome.

### Tuesday Short Walks

Unless otherwise stated, these walks are usually about two hours long and a fairly gentle four miles. We often follow the walk with a visit to a cafe, farm-shop or pub for refreshments, but this is entirely optional.

#### Tuesday 11 October, Michael Bruce Trail and Portmoak Moss

A steepish climb up The Cobbles, then a flat walk along Bishop Hill with panoramic views over Kinnesswood and Loch Leven. This is followed by a short road walk into Portmoak Moss, returning to The Cobbles in Kinnesswood.

#### Tuesday 25 October, Loch Leven Heritage Trail; Loch Leven's Larder to Vane Farm

An interesting walk from the Larder through woodland, past The Sluices and Findatie, finishing at Vane Farm.

*For further details of where to meet us for Tuesday walks, or for general enquiries, please contact Sandra Wilkinson on 01577 865472.*

### Weekend Longer Walks

Weekend walks are a degree more challenging and of varied longer lengths. We advise bringing along a packed lunch and flask or drink. We also recommend that you have appropriate outdoor clothing and footwear.

#### Sunday 2 October, Innerdownie circular, 7 miles

An ascent of Innerdownie Hill starting from Castlehill reservoir and passing through Glen Quey.

#### Saturday 15 October, Bridge of Tilt circular, 9.5 miles

A walk up one of Perthshire's most scenic glens on a circular route following good paths, tracks and minor roads.

*For further details of where to meet us for weekend walks or for general enquiries, please contact Ken Staples on 07810 180283.*

## Portmoak Film Society

It was great to welcome our regular film goers back with September's film, 'Belfast'. This is the moving story of one family struggling to cope with the violent divisions introduced at the start of the troubles into their previously peaceful community. Kenneth Branagh, director and Ciaran Hinds, playing the grandfather, grew up in Belfast, so the film was both homage to their childhoods whilst pulling no punches. Our audience gave it an 85% approval rating and we strongly recommend the film if you haven't seen it.

October's movie will be 'The Florida Project' shown on Saturday 8 October. The 2017 film tells the story of 6-year-old Moonee who hangs out with her friends during the summer holidays in a motel for homeless people located near Disney World. As the two worlds clash and Moonee's single mum struggles with life, Bobby, the manager of the complex (played by Willem Defoe who gained several awards as best supporting actor) tries to look out for the kids.

All films are shown at Portmoak village hall. Doors open at 7pm and films start promptly at 7.30pm. A season's membership is available for £40 covering all eight films, or you can pay £6 on the door. The seating is well spaced and tea and coffee are served after the film. For further information, contact Felicity Garvie on 01592 840825.

We are still looking for a projectionist to run the films and set up the AV equipment on the night. Please see p97 of the *Newsletter* for more details.

Contact Felicity Garvie on 01592 840825 or by email at [f.sgarvie@talk21.com](mailto:f.sgarvie@talk21.com) if you are interested.

## Kinross Camera Club

[kinrosscameraclub.org.uk/wp/](http://kinrosscameraclub.org.uk/wp/)  
[www.facebook.com/KinrossCClub](https://www.facebook.com/KinrossCClub)



We have enjoyed a great start to the new season and our schedule for October promises more exciting events not to be missed.

The month begins with a Zoom presentation by macro photographer Roger Hance called 'Nature in Macro Photography'. Roger shares tips and techniques on how to photograph UK insects, fungi, wildflowers and amphibians.

On 9 October the Perthshire Alliance competition takes place at Perth civil service club. This is the first of our two external photography competitions. It is an afternoon where we meet up with two local photography clubs and, in friendly combat, our images are judged by an external judge who has the difficult task of scoring each image and deciding on the winning club.

October also sees the first of our internal club competitions, 'Fortune and Greer' and smartphone photography. This is a friendly evening when the submitted images are judged by club members.

We have a second Zoom presentation this month. Spike and Penny Piddock from Dorchester camera club will take us far across the world across to Ambon in the Spice Islands in Indonesia. We will be treated to an evening of their underwater photography and, also through Spike and Penny's portrait and landscape photography, we will learn about the people who live in Ambon.

The month ends with a favourite called 'Everyone a Judge'. This is an evening which gives members a chance to put on our judging hats. A selection of previously scored images from another photography club are displayed in a slideshow and we are invited to give our own score for each image.



Our featured photograph this month is called 'Prepare for Landing' by Stewart Niven

Often we agree with the original judges score and sometimes we don't! All is done in good humour and it is always an entertaining evening.

If you have an interest in photography and would like to join us, or if you would like to learn more about Kinross camera club and our activities and events, please contact us by email at [secretary@kinrosscameraclub.org.uk](mailto:secretary@kinrosscameraclub.org.uk).

All abilities of photographer will be made very welcome.

## Kinross-shire Civic Trust

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### Planning

The Trust has submitted a letter about housing numbers which is published in Letters (*see p3*).

The Miller Homes Proposal of Application Notice for development on land north west of Davies Park is on the agenda for PKC's Planning and Placemaking Committee on 22 September (postponed from 14 September). This just lets councillors know to expect a planning application in due course and gives them an opportunity to suggest matters that they consider should be included as part of the application and assessment.

As this would be a major development (over 50 houses), Miller Homes cannot submit a full planning application until they have carried out a pre-application consultation with the community.



### Raingardens Update

We've been busy working on proposals for more local improvements as part of a Phase 3 of the Kinross-shire Raingardens Challenge. Our primary focus will be more improvements along the Raingardens Trail.

Actions sought include:

- Information signs
- Habitat restoration
- Public bench seats overlooking some key features

We are also very keen to see raingardens along the route of the Trail which connects with the Loch Leven Heritage Trail, via the Kinross Car Auctions site. South Kinross includes several large industrial/commercial premises with at least some surface water connected to the old, combined sewer; obvious premises for raingarden retrofits to help reduce peak flows into that sewer system (which regularly overflows into Loch Leven, as noted in a Scottish Water report from 2012).

Our first action of the Phase 3 Raingardens Challenge was to install three planters in the rockfill trench at the Park and Ride. Three different sets of plants were provided: lime-loving species, acid spoil species and plants for a mini herb garden (neutral soil). We appreciated the hard-working efforts of five children from Kinross Primary School who, under the care of their teacher, created the lime-rich soil using agricultural lime (thanks to George Lawrie, Kinross and District Rotary Club) added to local soil and compost. Thanks also to our other on-site volunteers; Eileen (Kinross-shire Civic Trust); Nora, Ian and Marion (Kinross in Bloom, with their water wagon to ensure the soils were wet and the plants would survive); and Amanda (Potager Garden). We were delighted with the involvement of Kinross Primary and grateful to Amy at the school.



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#### Company Review

**Bob Pritchard** ★★★★★  
Very pleased to have our issue sorted out efficiently and promptly.

#### Company Review

**Andrew Clark** ★★★★★  
Excellent service. If in future I have any more problems (being a Senior Citizen) with my computer I would certainly use the company again. His advice was invaluable.

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Our fourth planter box could not be installed yet, since the trench is too narrow to prevent cars protruding across and cracking a planter. We are still hoping to get agreement from PKC to designate the last two car park spaces at the narrow end of the rock-fill trench as bike parking spaces. We've been told that bicycle parking provision will be made close to the bus-stop at the Park and Ride. But we remain optimistic that motorbike spaces could deliver multiple benefits at the end spaces as requested.



*Foxgloves and heather, in the acid soil planter box, in the rockfill at the park and ride.*

Finally here, September/October is our suggested time for mowing the raingardens (meadow flowers soakaways and grass swales); that task remains with PKC. A cut now, with subsequent removal of the cut material after a week or so (gives time for seeds to fall out), will allow some of the annuals to appear again next spring, as well as the perennials which comprised most of the species sown or planted at the Park and Ride in March this year.

## Loch Leven Library

[www.culturepk.org.uk](http://www.culturepk.org.uk)

### Opening Times

Monday	Closed (Open 10-1 from 8 October)*
Tuesday	10am-7pm
Wednesday	10am-6pm
Thursday	10am-7pm
Friday	10am-6pm
Saturday	10am-1pm (open to 3pm from 8 October)*
Sunday	Closed

**\*From 8 October, Friends of Loch Leven Library will open the library on Saturdays from 1pm to 3pm and Mondays from 10am to 1pm.**

Come along and join Loch Leven Library's fun Storytime sessions with your child on a Friday morning. Sessions run weekly, every Friday at 11.30am-12noon. These drop-in sessions are for pre-school-age children and there is no need to book. For any queries, please contact the Library.

Bookbug sessions are held at every Wednesday afternoon at 2-2.30pm and Saturday morning at 10-10.30am. They offer fun, friendly sessions of songs, rhymes, and stories. These sessions are suitable for babies, toddlers, and pre-school



## Portmoak Hall 100 Club

### August Draw

<b>1st</b>	<b>No 50</b>	<b>Tom Smith</b>	<b>Kinnesswood</b>
<b>2nd</b>	<b>No 15</b>	<b>Sylvia Herrington</b>	<b>Scotlandwell</b>
<b>3rd</b>	<b>No 60</b>	<b>Fiona Drysdale</b>	<b>Kinnesswood</b>

children to enjoy with their parents and carers. To book a spot at any session, please contact the library.

There will be a Kinross Climate Café meeting on Tuesday 4 October at 7pm in the Library. Neil Barnes from Linlithgow Community Development Trust will present Linlith-Go-Solar Project (solar power for community). This talk is free to attend and no pre-booking will be required.

### IT Help Sessions

Do you need help to use your tablet and laptop or PC? Our digital volunteer runs free monthly sessions on Thursday at 2-4 pm. Booking is essential. The next sessions are on 6 October and 3 November.

Our friendly Friday Book Group is restarting and there are currently spaces available. The next meeting is on Friday 28 October at 10.30am. Contact the library for further information.

Café book club starts back on Saturday 1 October at 1.30pm -2.20pm (after library closing hours). Anyone is welcome to join in but please phone Loch Leven Community Library on 01577 867205 to let the staff know you if you intend to join them.

### Book Fines

If you missed it, library users will no longer need to pay fines if they return their books later than the return date. Library users will still be encouraged to return items on or before the return date to allow others to borrow the books. Books can be renewed over the phone, in person, or online by accessing their library account.

### Curious Minds

This interesting series is back, live in the Soutar theatre of the AK Bell library, for its seventh season of Friday evening lectures around the general theme of 'Contemporary Science in Scotland'. From fusion power to tree rings via the Ness of Brodgar, dinosaurs, concrete, colour perception and more, you will find plenty of topics to get your grey matter working.

This year the Perthshire Society of Natural Science and Culture Perth & Kinross have assembled their usual mix of superb speakers covering a wide range of topics; from the long-ago Neolithic past in Orkney to the bid to bring the UK's first clean, green fusion power plant to Ayrshire. Along the way, we will touch on abstract topics, such as the parallels between theology and physics, and concrete topics, such as, well, concrete!

All talks start at 7.30pm. A full list of the lectures taking place is available on the Culture Perth and Kinross website.

### Royal National Mòd 2022

The Royal National Mòd returns to Perth this year and will take place between 14-22 October. Scotland's premier Gaelic festival, organised by An Comunn Gàidhealach, is a celebration of the Gaelic language, music and culture, promoting its

**All local emergency contact details are in our Notices section**

relevance and value in modern Scotland through a varied programme of competitions, concerts and fringe events.

In addition to the official Mòd competitions and events, Culture Perth and Kinross have programme of diverse events running in tandem with the Mòd across our museums, libraries and archives for all ages.

## Milnathort & Kinross Bridge Clubs

Visitors are very welcome to join an evening's play. For more information contact Gloria Wilson on 07961795812 or 01577 862553.



The end of September concludes our summer weekly sessions at Orwell church hall. Over this period the numbers attending each week have kept up well despite missing out on the previous annual influx of visitors from the Clackmannanshire clubs.

Dunfermline club was represented this month by Bob Robertson partnered with Helen Todd. We also welcomed the return of a pre Covid-19 MBC member, Ross Irving. Ross played with Sandy Greenhill as his usual partner, Nicol Tomney, opted for a bowling challenge instead of the bridge evening. However, Nicol beware, as the Sandy and Ross partnership proved to be invincible.

The winter sessions will commence in Orwell bowling club premises on Monday 3 October when our AGM will take place followed by play.

### Results

#### North/South

##### 22 August

Willie Young/  
Jane Smith

##### 29 August

Jim & Catriona  
Marshall

##### 5 September

Jim Marshall/  
Janet Laird

##### 12 September

Sandy Greenhill/  
Ross Irving

##### 19 September

Willie Young/  
Jane Smith

#### East/West

Colin & Gloria  
Wilson

Kathryn & Peter  
Edgerton

Colin & Gloria  
Wilson

Bob Robertson  
Helen Todd

Detlef Lorenz/  
Gary Taylor

We are pleased to report that Kinross Bridge Club will recommence for our winter and spring seasons on Thursday 6 October at 2pm in Orwell bowling club. New and 'old' members very welcome. If you do not have a partner, or want further advice, please contact Catriona Marshall on 01577 864482.

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## Kinross Guides

Places are available at 3rd Kinross Guides for girls aged 10 to 14 years old. We currently meet on Monday evenings in Millbridge Hall, Kinross, from 7.30–9pm. We work each week on a variety of activities and challenges. Come along and try us out. If you are interested contact us by email at [mbs21@btinternet.com](mailto:mbs21@btinternet.com).

## Kinross Centre

Although the sun has gone, the heat is still here which means you really don't know what to put on in the morning. Shorts and tee shirt with an umbrella seem appropriate!

As always here at the Kinross Centre our service users continue to be entertained with a full range of activities. They also enjoy a wonderful freshly cooked three course meal prepared daily on the premises.

In September, we had all the usual activities which were very well attended. We also enjoyed some fun extras like a trip to Glendevon with tea and coffee in the sunshine, and the introduction of musical bingo; it great fun and had us all singing and dancing.

We also had another trip out to the Ratho barge. Once again we managed to pick a day where it was glorious sunshine (there were tornadoes the day before so we were very fortunate!).

The coffee bar has been very busy recently and, as well as our regulars, it has been nice to see visitors to the area coming in and enjoying the service.

As always, a massive thank you goes to all the hard-working staff, volunteers and committee at Kinross Centre. We do not know where we would be without you all!

We would love you to be involved with the Kinross Centre, either as a service-user, a volunteer or as a supporter. If you would like further information, please contact Nan Cook on 01577 863869. Please continue to stay safe.

*We would love you to be involved with the Kinross Centre, either as a service user, a volunteer or as a supporter. If you would like further information, please contact Nan Cook on 01577 863869.*

## Vision PK

VisionPK and the Kinross Centre facilitate a social group for people with a visual impairment. The group meets for a chat, to socialise and share experiences and knowledge. We are open to anyone in the Kinross area who has a visual impairment. New members are welcome.

We meet in the Kinross Centre, Garden Room, 64 High Street, Kinross, KY13 8AJ at 10–11.45am on the first and third Tuesday of the month. For more information contact Lidia on 07900707542 or email [lidia.dye@visionpk.org.uk](mailto:lidia.dye@visionpk.org.uk).

## Kinross-shire Climate Café

On 6 September we met for the first time this autumn in a new venue; Loch Leven Library. This new venue with their fantastic digital facilities has been offered to our group as a meeting place by the local CPK library team. We would like to thank all Loch Leven library staff for their generosity and support and, in particular, Mary Jack who approached our group and continues to support us.

It is the second year of our climate café, which we start with two great meetings about energy, a timely topic. Our first speaker, John Wilmot, presented a very informative seminar about climate change from the perspective of energy flow





We are pleased to be open for routine eye care\*, with enhanced cleaning & distancing measures

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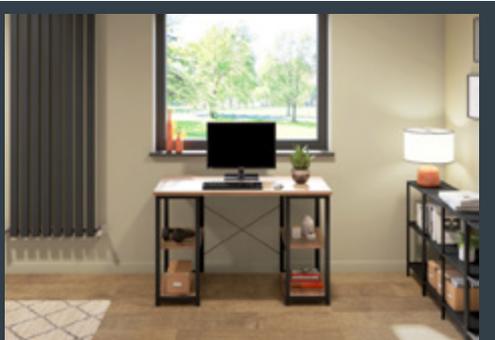
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on earth. His talk started with a simple demonstration of hands clapping and tracing the energy created by that action through our room to the universe. Using the same principle of energy flow John explained how different types of energy we produce affect our planet. He then proceeded with a comparison of fossil fuels with renewable energies (solar, wind, tidal and hydro) giving compelling evidence in support of the latter. So-called carbon neutral energies from nuclear power stations and 'blue' hydrogen are still increasing climate change as they use fossil fuels in their production processes. John's very interesting talk sparked a long discussion which touched upon the current situation of governments reverting to the use of fossil fuels rather than investing in the development of green technologies like hydro or wave.

Our next meeting on 4 October will continue the energy topic with a presentation called 'Communities-Go-Solar' by Neil Barnes from Linlithgow Development Community Trust. The talk will look at the trust's efforts to deliver the first two phases of Linlith-Go-Solar Project and how this might be scaled up with other local communities as part of a new revolution in community-owned energy.

As a community group interested in limiting climate change, we look for green energy solutions most suitable for harvesting in our area. Before summer we had great talks from two private home-owners who switched to green energy, and who showed us how this has been a great environmental and economic change for their households. The idea of harvesting heat from Loch Leven for community use and reducing the algae growth at the same time has been presented in the Newsletter over the last few months. Our group has contacted the founder of the CATCH Loch Leven (Climate Action Through Community Heating) who is coming to give a presentation after the New Year. Look out for the details of his talk in 2023.

*Climate café meets every first Tuesday in Loch Leven Library at 7pm. All welcome. Contact Gosia Stanton by email at [climatecafe@kleo.org.uk](mailto:climatecafe@kleo.org.uk).*

## Kinross-shire Historical Society

The last meeting of the society was on the evening of the announcement of the first Covid-19 lockdown in March 2020 and few members ventured out. The committee kept abreast of the rules and regulations over time but, with the seating restrictions, the parish church could never come anywhere near our membership requirements. Now that all rules are done away with and we return to a more normal life, the committee got together to try to plan restarting the historical society.

Our biggest problem turned out to be quite a surprise; Robin Eadie, president for the past 20 years, has decided that he wants to stand down. Under his care the society grew from a membership of around 20 to over 200 at its maximum. As the committee is small and all members already have roles to play within the society, this poses quite a problem. The committee will have to try to co-opt a new president and possibly also a committee member. If you are interested in either position or can make a suggestion of someone suitable, please contact the secretary C McLeod on 01577 863718. As this is going to take a little time, we have decided to start in January 2023 instead of October 2022.

## Boys Brigade and Girls Association

Like many organisations around the country, Boys Brigade has felt the impact of their patron, The Queen's, death. The Kinross company was



one of the many BB companies represented at the 1994 Royal Review at Windsor Castle on Saturday 30 April. Four Kinross company Queen's men left with officers after their Friday night meeting to drive overnight to Windsor to participate in this special event; Sergeants Robert Campbell, David Colliar, Jonathan Good and Roy Munro. Over 1000 boys paraded that day with The Queen inspecting the assembled ranks in the quadrangle of Windsor Castle following the march along the 'Long Walk'.

The Queen spent time inspecting the boys, chatting to many with Roy Munro being fortunate to be one of the random selections by Her Majesty. When asked what he thought about their chat he commented that The Queen 'reminded me of a wee granny'.

The Company is now back in operation on Friday evenings in the Church Centre catering for boys and girls aged 5 - 18 in four sections:

- *Anchor Section for boys and girls from primary one to primary three, meets from 6 pm till 7:15 pm*
- *Junior Section for boys and girls from primary four to primary 6, meets from 7 pm till 9 pm*
- *Company Section for boys and girls from primary seven to S3, meets from 7 pm till 9:30 pm*
- *Senior Section for boys and girls from S3 to S6, meets from 7 pm till 9:30 pm.*

A new badge award scheme has been developed to cater for the future expectations of 21st century living with many featuring valuable life skills and team building skills.

Any former members who still have items of uniform (jumpers, shirts, ties, belts etc) belonging to the Company are asked to return them to the Church Centre as soon as possible to cater for our new members.

## Broke Not Broken

Over the past month we have been busy preparing for our winter projects, with an eye on rising energy prices, we are expecting to be busier than ever.

On 8 September we held an Energy Advice Surgery with The Heat Project, at Milnathort Town Hall. Craig met with people concerned about their energy bills, and how they can get any support with them. I don't think this will be the last one we host, and I know that the Day Centre are having one on the 22 September.

We have been evaluating and making plans for our other projects, and applying for funding for the winter projects to make sure everything is in place. We are intending to run the following, dependent on funding of course:

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BNB stall at the summer market (by HKF photography)

### Winter Warmers

Veg pack, butcher vouchers and slow cooker – referral only.

### October family away day

This year we are going on one excursion to Glasgow Science Centre. If you are interested in a place on this trip for yourself and your family please contact your school for a referral.

### Winter Coats

Whilst we are still waiting on funding for this we are hoping this project will happen this year again, knowing how well received it has been over the past few years. We give a £25 voucher for each child in a family. Again you can contact your school or us direct for linking up with a referral agent if that's better for you.

Thanks for everyone who stopped by our stall at the Summer Market, we will be at the festive market too, hope to see you there! One of our activities was guess the cost of the food parcel – it was £51 for a single person, worth knowing that how much food for 3-5 days costs for a single person at the moment, minus any fresh food.

We hosted a well attended meeting between community groups looking at the Warm Spaces might be available

for people in Kinross shire and have passed on some recommendations to Perth and Kinross Council. We will be putting together a leaflet of what is available and will be sharing that info in the newsletter.

We also had an event for referral agents, making sure they knew how to refer to us, and what projects were coming up. It was great to meet many people we had only spoken to on phone or email. Making these community connections is crucial for us.

On 3 October at 6pm we will be hosting an event for volunteers and people wanting to volunteer, where you can come and find out more about what we are doing, hear from existing volunteers. August we saw a 33% increase in food bank usage compared to August last year. And referral continue to escalate as things become more difficult for people. If you can donate, please do. And if you need help, please get in touch. We work on a referral basis but if you don't have a referral agent we can put you in touch with one.

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# Sports News

## Kinross Road Runners

<https://kinrossroadrunners.weebly.com>



Welcome to our round up for the last month.

Although the weather seems to be getting a bit colder and the days a bit shorter, our mad runners are still out and about doing their miles. The next big race on the calendar is the Path of Condie half marathon. This takes place on Saturday 29 October and is described as a tough half marathon with altitude and attitude. It starts at 10.30am on Saturday morning, with registration at Orwell Church hall on Ba'hill, Milnathort. If you are interested at having a go at this fantastic race then you can sign up to enter online at [www.entrycentral.com/event/120641](http://www.entrycentral.com/event/120641), but remember places are filling up fast.

On Sunday 28 August we held our annual Hare and Tortoise race, which sets up teams of the fastest and the slowest runners together to even out the pace of the race. The top three pairs were Tony Wallen and Val Findley in third place, David Scott and Hannah Lopez in second place and finally Stephen Jones and Angela Scott in first place. Well done to everyone who took part and a special thanks to Caroline Jones for organising and the Kinross Cricket Club and Loch Leven's larder for their support.

Races to mention this month include the Lomonds of Fife hill race, Forth Road Bridge 10k, Forfar 10k, Mid Trail Championships, Isle of Canna 10k, Ben Nevis race, Lochore Triathlon Festival, Stirling 10k, Simon Wake Comrie Hills relays, Auchterarder Half Marathon, Loch 2 Lawers Half Marathon, 20 along the Forth race, and the Stuart Duncan Memorial 5k. Well done to all, and apologies if anyone has been missed from the list. Parkrun travelling to mention this month included visits to Cumbernauld, Fort William, Krakow (Poland), Market Harborough, and Portrush (Northern Ireland). If you are away from home, have a look and see if there is a parkrun near you as they are always well organised. Our local parkrun and Loch Leven's Larder is a great route for anyone wanting to give it a try.

As we move to our winter training schedule, trail runs this month included Pitmedden trail run, Heritage trail run and a practice run of our Christmas handicap route.

The club speed sessions included this month pyramid reps, 12 x 45 second intervals, 6 x 3 mins reps, and hill reps.

As always, just a reminder that club training sessions fit all abilities and involve a variety of running activities as you can see from the list of this month's sessions. Interval sessions



*Club members at the Hare and Tortoise race, enjoying the post-race BBQ.*

improve running speed, trail runs build up strength and stamina and slower chatty runs are good for socialising. The club welcomes all abilities and, whether you are new to running or experienced, just looking for new routes to try out or to meet new faces, there is something for everyone. If you fancy getting involved or trying out a run with the club, just visit our website and get in touch. However you run, enjoy it and stay safe.

*Runners at the Stirling 10k*



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*Kinross Men's team at Perth College competition*

### Kinross Volleyball

The new volleyball season is underway with Kinross teams competing in both premier and recreational leagues in the Perth District Volleyball Association local leagues.

The men's team competed in the premier league cup competition at Perth College and performed well throughout the evening. The club's recreational boys and girls teams are due to compete in their competition just before the school October holidays.

Monday night coaching sessions continue to be well attended with a number of new youngsters attending at the large games hall at the campus from 8.15–9.45pm. New members are still welcome. Volleyball has over nine million registered players around the world and is quite unique in having an almost equal number of male and female participants.

Active schools after school sessions on Wednesdays have resumed at Kinross High School from 3.40–5pm.

### Kinross Junior Curling Club

Kinross Junior Curling Club welcomes curlers of all abilities from primary 7 up to age 21. We meet on Sunday afternoons between 5pm and 7pm. These sessions include coaching drills and practice, games and internal club competitions.

Our members also have the opportunity to compete in rink competitions run by Kinross Curling, inter-rink competitions, and national competitions at all age levels. Many of our members have taken advantage of the Scottish Curling pathway as far as representing Scotland at international level through participation at under 14, under 17 and onto the Scottish Junior Curling championship levels.

The club gives junior curlers the opportunity to take their curling from a social club level where all are welcome, all the way through to national competition if they so wish. Coaching is provided by Scottish Curling accredited coaches, all of whom are qualified experienced curlers and have been PVG checked. Parents and carers are welcome to come along and watch the sessions from the comfort of our bar area where drinks and snacks are available.

Club membership is £13 for primary school age children and £23 for secondary school age children which includes the membership fee paid to Scottish Curling. Session fees are pay as you go and are £8 per session for season 2022/23.

If you are interested in joining the club please feel free to pop along to one of our sessions and meet the coaches who will be delighted to chat with you. Alternatively, you can email us at [kinrossjuniors@gmail.com](mailto:kinrossjuniors@gmail.com) for more information. We look forward to meeting you.

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Photo:  
Neil Renton

## Struan Bennet

<http://www.struanbennetri.wordpress.com>

Not the British Championship I targeted this year but I am super happy to be British and Irish Junior Mountain Running Champion (U20).

I was selected to represent Scotland at the event after winning the Cademuir hill race (and trial) in Peebles. It was a really tough race in Ambleside with Finlay Grant of England pushing me all the way to the line and an amazing shift from the rest of the Scottish team (Fraser Gilmour, Sam Griffin and Angus Wright) to get us team gold. Massive thanks to Scottish Athletics for organising and supporting us on the trip to Ambleside.

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Tel - 07896639546

Facebook -

[www.angelamcccivilcelebrant.co.uk](http://www.angelamcccivilcelebrant.co.uk)

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## Friends of CHAS – Kinross Needs You!

Friends of CHAS Kinross, a local volunteer fundraising group, came together in 2020 to help raise funds for Children's Hospices Across Scotland. Their first fundraising initiative (an online raffle) was a resounding success, raising an amazing £2,500. Led by local entrepreneur Beth Gibson, the group are now looking for new members to help them plan their next fundraiser.

Do you enjoy meeting people? Making a difference? Planning fun and creative events? Then please think about Friends of CHAS – Kinross. They'd love for you to join them.

**If you'd like to learn more about the group or are interested in joining, please contact community fundraiser Lyndsay Stobie at: [lyndsaystobie@chas.org.uk](mailto:lyndsaystobie@chas.org.uk) or 07557 370746.**

Also over the summer I have had some success in my main sport of triathlon winning the Scottish National Sprint Triathlon Championship (Senior and U20) at Monikie. I also had my second Junior Super Series win of the year at the Mallory Park Super Series. I also had a good swim at the Swim England National (British) Open Water Championships 5km to record the fastest 5km swim by a Scottish swimmer on the day.

None of this could have happened without all the help I have received throughout the year from Kinross Otters, Kinross Cycling Club and Fife AC.

## Kinross Corinthians

[www.kinrosshockey.org](http://www.kinrosshockey.org)



Kinross Corinthians, a social, casual hockey club for adults and older teenagers will be back up and running on Monday nights at 7.30pm until 8.30pm.

Ideal for those wanting a fun game of hockey but at a slower tempo with emphasis on fun and getting fit rather than skills and tactics & matches. It is perfect for those wanting to re-start playing hockey again, regardless of when you last played. Come and give it a go again!

Please register interest directly with Kinross Hockey Club at [www.kinrosshockey.org](http://www.kinrosshockey.org)

## CONTRIBUTORS

**PLEASE SUBMIT YOUR ITEMS  
WELL BEFORE THE DEADLINE**

### Orwell Bowling Club

Bowling Green Avenue, Milnathort, KY13 9YN  
01577 863739

[orwellbowlingclub.weebly.com](http://orwellbowlingclub.weebly.com)

Find us on Facebook

By the time the *Newsletter* goes to print we will have reached the end of our season and the green will have closed. Overall, we have had a good season and the weather was mostly dry and sunny especially at the beginning of the season.

We have played four friendlies since the last report. We played away against Perth Caledonian, Ladybank and Perth West End and at home to Carnbo.

The scores were:

Orwell 51 – Perth Caledonian 70 -

Orwell 57 - Ladybank 24 -

Orwell 34 – Carnbo 29 -

Orwell 42 – Perth West End 72.

We had a wonderful day for our Open Pairs competition. Congratulations to Bobby Brian and David Winton of Orwell who were the winners. The runners up were Vic Nicol and Aron Craig from Alloa East End. The joint third places went to Colin Blake and Adam Edmond from Alloa East End and Michael Hamilton from Orwell and Daniel Martin from Dunfermline Northern. Thank you to everyone who made the day an enormous success.

The Reekie Mixed Pairs were played on Sunday 11 September with 8 entries, the winners were Abbie Winton and Bobby Brian. As there are still club competitions to be completed there will be a full list of the results in next month's newsletter.

Although the bowling finishes at the end of September we continue with our winter activities. The Milnathort Bridge club play on Monday evenings and the Kinross Bridge Club play on Thursday afternoons and the Probus meet the first and third Wednesdays every month in the afternoons. The club also has regular whist nights on Tuesdays and once a month we have a bingo tea (look out for notices in the local shops).

It is never too late to join this small friendly club. Social membership is welcome and gives access to the club

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throughout the winter months until the start of next season.

## Kinross Tennis Club

This month has been a fairly busy one at Kinross Tennis Club. We are currently running lessons for adults and children, hosted our annual club championships and had a great turn out at our weekly social tennis sessions.

Firstly a huge thank you to everyone who helped organise the club championships events and to everyone who came along and joined in the fun. We were competing with very mixed weather over the 2 weekends but overall there was lots of fun had, plenty cakes consumed and most importantly some fantastic tennis. A big congratulations to our worthy winners! Our Mens doubles winners were Chris and Charles. The Ladies cup went to Sue and Lucy and the mixed competition was one by Simon and Anita.

Our Ladies and Gents Leagues have been competing across Perth and District in many matches over the season. They have enjoyed some very challenging and competitive matches with some wins along the way! As the League season is coming to a close, our social tennis sessions will continue throughout the week, hopefully with dry, warm weather for as long as possible! If you are a member of the club, you are more than welcome to come along to our social tennis sessions on Wednesday: 7-9pm Thursday: 1-3pm Sunday 10-12 noon. Our Junior social is Friday 3-4pm.



## INTERESTED IN GUIDING?

### Girl Guide Troops In Milnathort, Kinross & Portmoak Need Helpers

Volunteer with Girl Guiding and help make a difference to the lives of girls. Be an inspiration for girls and young women and help them realise their full potential and share some unforgettable moments along the way. Register on line at [go.girlguiding.org.uk](http://go.girlguiding.org.uk) and I will get back to you. Kinross need a Guide Helper, Brownie leader and helper. Portmoak need a brownie helper and Milnathort are looking for a Rangers leader. If you would like to volunteer and would like a little more information, please just give me a buzz.

*Alison 07764 750212*

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### Cleish SWI

President Helen Buchanan welcomed 30 ladies (27 members and 3 visitors/new members) to our September meeting. A minute's silence was observed in memory of Queen Elizabeth II. Helen welcomed our member Dorothy Morris who recounted her personal memory of meeting the Queen whilst working in Ballater during the 1960s.

Alison Morris was presented with the Jamison Trophy for the individual with the most points in Cleish SWI at Kinross Show. Dorothy Morris and Margot Moran were presented with their handcraft certificates where they were awarded the judges bar.

After business Helen then handed over to two of our committee members Lizzie Glennie and Margo Wills who had arranged a fun night for everyone to enjoy. Winners of the heads and tails game were Margaret Kilpatrick and Helen Buchanan. The sock game was enjoyed by everyone with enthusiasm and laughter. A vote of thanks was given by minute secretary Elinor Craig.

#### Competitions

##### Favourite cup and saucer;

**1st Margaret Nelson,**

2nd Fiona Campbell, 3rd Margaret Kilpatrick.

##### Three custard creams;

**1st Margaret Nelson,**

2nd Anne Bayne, 3rd Margo Wills.

##### Flower of the month;

**1st Anne Bayne,**

2nd Margot Moran, 3rd Marion Laird.

### Glenfarg SWI

At our first meeting of the new session, new president Linda Martin introduced our speaker, Margaret Adamson, whose topic was 'Creating Recycled Items'. Margaret showed us many beautiful examples of items she had made from old denim jeans and other items such as shooting jackets, transforming them into strong, attractive and useful bags of many shapes and sizes. There were some innovative items such as a fabric patterned with motor scooters, pop records and other 'hip' items reminiscent of the 1950s, which Margaret had made into a large cushion using the top part of a pair of denim jeans complete with zip and pockets. It would make an ideal gift for a teenager. The vote of thanks was given by Linda Martin.

Glenfarg SWI meets on the second Thursday of each month between September and May at 2pm in the village hall. If you are interested in learning, sharing and developing your home-

skills, baking, sewing and crafts simply turn up and remember to bring your own cup! Entry for visitors is £4.

#### Competitions

##### Favourite Mug

**1st Lynda Stewart,**

2nd Lillias Johnston, 3rd Sheena Chisholm.

##### Three Pieces Of Traybake

**1st Liz Yull,**

2nd Lynda Stewart, 3rd Linda Martin.

##### Flower Of The Month

**1st Sheena Chisholm,**

2nd Linda Martin, 3rd Liz Yull.

### Milnathort SWI

President Jean Paterson welcomed members to our first afternoon meeting which was well attended. After business and reminders of forthcoming coffee mornings and other events, Jean introduced our speaker for the afternoon, Caroline Waring. Caroline gave us an insight into the origins of yoga, before our 'experience' of armchair yoga. Everyone enjoyed being able to participate from a comfortable chair! Hopefully members will remember a few pointers from Caroline and maybe even take up this type of yoga.

Our meeting on 17 November will take place at 2pm in the town hall. The topic will be 'Kanzashi Flowers' with Joyce Petrie and competitions are three mince pies and flower of the month. Jean thanked Jennifer for the teas and Aileen for the delicious scones and hopes to see us at the October and November meetings. Visitors are always welcome.

#### Competitions

##### Three Scones

**1st Denise Stephenson.**

##### Flower Of The Month

**1st Aileen Hunter.**

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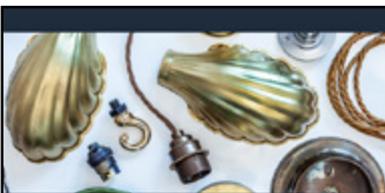
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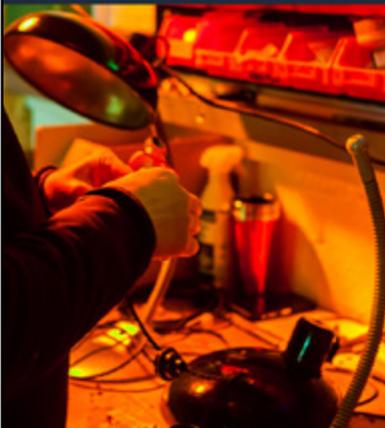
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# Kinross-shire Centre

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## Weekly Programme For October 2022

<b>Monday</b>	Ratho Barge Trip (3 Oct ONLY)	9.30am-4.30pm
	Hearing Aid Drop-In Clinic (3 Oct ONLY)	10-12pm
	Exercise Class	11.30am
	<b>HALLOWEEN PARTY (31 Oct ONLY)</b>	1.30pm
	Games – with safety measures	
<b>Tuesday</b>	Indoor curling, quizzes, Scrabble (NOT 31 Oct)	1.30pm
	'Stride for Life' Walking Group	2.00pm
	PKC Visions (4 & 18 Oct)	10-11.45am
	Exercise Group	11.30am
	Carers' Cafe	12pm
<b>Wednesday</b>	Sing-A-Long (11 Oct ONLY)	1.30pm
	Games (with safety measures)	
	Indoor curling, quizzes, Scrabble	1.30pm
	Church Service	11.15am
	Reminiscence Group Garden Room (5 Oct ONLY)	1.30pm
<b>Thursday</b>	Pamper Afternoon (26 Oct ONLY)	1.30pm
	Games – with safety measures	
	quizzes, Scrabble, dominoes	1.30pm
	Tai Chi (TBC)	1.30pm
	Craft Group	1.30pm
<b>Friday</b>	Interactive Games	11.30am
	Games – with safety measures	
	Indoor curling, quizzes, Scrabble	1.15pm
	Art Group	1.30pm
	Exercise Class with Kenny from Live Active	2.00pm
	Exercise Group	11.30am
	Bingo – with safety measures	1.30pm
	Games – with safety measures	
	Dominoes, Scrabble etc	1.30pm



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## Local Volunteer Opportunities

### The Potager Garden

The Potager garden is a small community garden in Bowton Road Kinross, KY13 8EQ. It is a registered charity run by volunteers, aiming to teach children and others about plants and the environment, and to be a welcoming and supportive place for volunteers to enjoy gardening in a friendly social group. We meet on a Monday morning, and anyone with different abilities or experience is welcome.

For more information please contact Amanda James on 07963 476803, or [amandajames1577@gmail.com](mailto:amandajames1577@gmail.com)

### Broke not Broken

Broke not Broken is a voluntary organisation working for the prevention and relief of poverty by providing support and practical assistance to individuals and families experiencing hardship. Please contact [admin@brokennotbroken.org](mailto:admin@brokennotbroken.org) to help.

### Greyhound Rescue Fife

Greyhound Rescue Fife at Baltree Country Centre, Gairneybank, Kinross, needs volunteers to clean the kennels and walk and feed the greyhounds. Can you help? Phone 01592 890583. Visit our website at [www.greyhoundrescuefife.com](http://www.greyhoundrescuefife.com)

### KLEO

(Kinross-shire Local Events Organisation): If you enjoy local events on your doorstep, like the monthly Kinross Farmers' market and the winter festival events (concerts, comedy and the festive street market), please join the KLEO team! For more info about KLEO events, go to [www.kleo.org.uk](http://www.kleo.org.uk). If interested, please contact Bouwien Bennet at [info@kleo.org.uk](mailto:info@kleo.org.uk) or call 01577 863107.

### Guide Dogs Kinross

Support group. We are always looking for new volunteers. Contact Sheila at [She61@hotmail.co.uk](mailto:She61@hotmail.co.uk).

### RSPB Scotland Loch Leven

RSPB Scotland Loch Leven: We need volunteer fundraisers to help support the wonderful world of nature on our doorstep. Pin badges, bucket collections, events and sponsored walks – if you'd like to join our team, please contact Lyndsay Stobie at: [Lyndsay.Stobie@rspb.org.uk](mailto:Lyndsay.Stobie@rspb.org.uk) or call 01577 862355.

### Kinross (Marshall) Museum

The Museum Trust is looking for volunteers to help care for Kinross-shire's heritage collections and man the Museum Study Room in the Loch Leven Community Campus on Thursdays and Saturdays. If you would like to know more, drop by or contact the Museum on 01577 867153 or email: [information@kinrossmuseum.org.uk](mailto:information@kinrossmuseum.org.uk)

### Swansacre Playgroup

A long established charity playgroup for children aged 2-5 years, we need volunteers to help support us with play sessions. For more information, please email [swansacre@gmail.com](mailto:swansacre@gmail.com)

### Kinross Heart Start

Campaign to secure funds for public access defibrillators in Kinross. Contact Pamela Hunter to find out how you can volunteer on 01577 862419.

### Light Up Kinross

Light Up Kinross is a small local charity with responsibility for Kinross Christmas lights and decorations. We require additional volunteers to assist with fundraising and administration of the lights. If you are interested, please contact David Colliar, email [davidcolliar@tiscali.co.uk](mailto:davidcolliar@tiscali.co.uk) or Bill Freeman, email [billywhizkid78@gmail.com](mailto:billywhizkid78@gmail.com) or contact our Facebook page.

### Common Grounds

Charity café staffed by volunteers on Tuesdays, Wednesday,

Fridays and Saturdays in Guide Hall, Church Street, Milnathort. Cafe staffed by volunteers on Tuesday and Saturday 10-12.30pm Opportunity to serve in café or bake for the café. Also opportunity to gain recognised hours towards Duke of Edinburgh Awards and Saltire Awards for young people 16 years and over. Funds raised are used to support charities mainly in Africa. Contact: Convener Gaylor Hoskins on 01337 860535 or Secretary Linda Freeman on 01577 865045 for more information.

### Seamab

Seamab is a residential school that cares for some of the most vulnerable children in Scotland. We are looking for volunteers to help us place and manage collecting cans. Volunteering for Seamab makes a huge difference to the lives of the children and is a great way to meet people and develop new skills. For more information contact Melloney Flinn at [mflinn@seamab.org.uk](mailto:mflinn@seamab.org.uk) or call 01577 840307.

### SSAFA

The Armed Forces charity is always on the look out for new volunteers in a variety of roles: client case working (free training is provided), admin office roles, fundraising or PR/media work. Contact the Branch Secretary 07594 650900.

### Kinross-shire Day Centre

We are looking for volunteers to serve meals and help with day trips and activities, such as bingo and singing, for a lively bunch of over-aged teenagers (over 65s). If you would like to find out more, we would love to hear from you. Pop in and speak to Nan or telephone 01577 863869.

### Milnathort Town Hall Committee

Can you spare a couple of hours a month? We are looking for volunteers to join us. For more information please contact us at [milnathorttownhall1@gmail.com](mailto:milnathorttownhall1@gmail.com).

### Volunteering with Aberlour!

We are currently recruiting new volunteers to support Aberlour, Scotland's Children's Charity. If you have a genuine interest in the wellbeing of children and families and live in Perth and Kinross we would love to hear from you. To find out more, visit [www.aberlour.org.uk/volunteer](http://www.aberlour.org.uk/volunteer), or contact Shonagh (Volunteer Coordinator) on 07864 625069/[shonagh.ferguson@aberlour.org.uk](mailto:shonagh.ferguson@aberlour.org.uk).

### SPARKS

SPARKs are a group allowing adults of all ages who have support needs or disabilities to meet together with their carers to improve their health and wellbeing. Volunteers will be supported by workers Roseanne Gray – P&K Community Learning & Development Worker and Shona Fowler – NHS Project Worker. For more information please call 01577 867216 / 867218 or 07769 243282 / 07896 280843.

### Scotland's Gardens

Do you love gardens? Might you be interested in meeting local garden owners, helping to support local gardens that currently open for charity, plus those that are considering it? If so, and you would like to know more, please ring Lizzie on 01577 862900.

### Duke of Edinburgh

The Kinross-shire Duke of Edinburgh Open Group was established over 13 years ago as wholly parent run group. Everyone is a volunteer and we are licensed to run the Duke of Edinburgh's Award programme for young people in the area via Perth and Kinross Council.

We have a wide range of adult volunteering opportunities available, be that help with admin and fundraising to those who want to lead expeditions out in the hills. There is something for every parent or adult here.

We also welcome back those participants who have completed their awards, are over 18 and wish to give back to the Group. We can arrange all necessary training and also support adult volunteers financially to complete any relevant qualifications that they may require.

Contact us at [dofekinrossshire@gmail.com](mailto:dofekinrossshire@gmail.com) or visit [www.dofe.org/run/volunteer](http://www.dofe.org/run/volunteer) for more information.

### Interested in Guiding?

Girl Guide Troops In Milnathort, Kinross & Portmoak Need Helpers. Volunteer with Girl Guiding and help make a difference to the lives of girls. Be an inspiration for girls and young women and help them realise their full potential and share some unforgettable moments along the way. Register on line at [go.girlguiding.org.uk](http://go.girlguiding.org.uk) and I will get back to you. If you would like to volunteer and would like a little more information, please just give me a buzz. Call Alison on 07764 750212

### Friends of CHAS Kinross

Friends of CHAS Kinross, a local volunteer fundraising group, came together in 2020 to help raise funds for Children's Hospices Across Scotland. Their first fundraising initiative (an online raffle) was a resounding success, raising an amazing £2,500. Led by local entrepreneur Beth Gibson, the group are now looking for new members to help them plan their next fundraiser.

Do you enjoy meeting people? Making a difference? Planning fun and creative events? Then please think about Friends of CHAS – Kinross. They'd love for you to join them.

**If you'd like to learn more about the group or are interested in joining, please contact community fundraiser Lyndsay Stobie at: [lyndsaystobie@chas.org.uk](mailto:lyndsaystobie@chas.org.uk) or 07557 370746.**

### Kinross-shire Volunteer Group and Rural Outreach Scheme

Could you spare a few hours and become a volunteer driver for Kinross-shire Volunteer Group & Rural Outreach Scheme?

KVG/ROS has been operating for over 40 years and delivers a vital service to help the elderly and disabled attend Hospital/Health Centre/Dentist appointments. We are looking for additional drivers to ensure we can meet the demand for this very popular service. If you are interested contact David Aird on 01577 830370 or email: [d.aird@outlook.com](mailto:d.aird@outlook.com)

### Guide Dogs Kinross

We are looking for a volunteer coordinator to take over from myself to help run our small, but perfectly formed fundraising group, please get in touch.

Also looking for fundraising volunteers to help man our stalls at market or other events. Give an hour or more. You will be made very welcome.

Email [she61@hotmail.co.uk](mailto:she61@hotmail.co.uk)

### 1st Kinross Cubs

**1st Kinross Cubs** is a part of the 1st Kinross Scout Group and offers the young children of Kinross-shire the opportunity to gain new skills and experiences under the guidance of the Scout Association. Every year the Scout Association help over 450,000 young people in the UK enjoy new adventures; to experience the outdoors, interact with others, gain confidence and have the opportunity to reach their full potential. It's not just young people who can get in on the action. Working alongside our youth members are thousands of adult volunteers, with a huge variety of roles and opportunities available. Why not strengthen your CV while making a real impact on the lives of young people? How much time you give is up to you, and you don't need any previous experience. We currently have several volunteering roles available with the cub section, and whatever you choose, we'll make sure you're properly trained and supported. If you are interested and would like more information about our volunteering opportunities, then please contact Daryl on 01577830346 or email [kinrossbeavers@hotmail.co.uk](mailto:kinrossbeavers@hotmail.co.uk)

### Kinross in Bloom

Volunteer group which provides and maintains floral displays to enhance the environment in Kinross. If you are interested in volunteering, please contact [susan.mitchell50@gmail.com](mailto:susan.mitchell50@gmail.com)

### RSPB

Volunteer with the Education Team at RSPB Scotland's Loch Leven nature reserve! Become a Schools on Reserves Leader and help us inspire children through outdoor learning.

Share in the excitement as a volunteer and help deliver our education programme to visiting schools, where activities range from hands-on exploration of meadows, woods and ponds to playing environmental games. This opportunity is flexible and allows you to start in a more supporting role if you wish.

Work with a friendly team of staff and volunteers, learn new skills and gain valuable experience in outdoor education.

For more information, contact Learning Officer Sarah Cooper on 07729 105 725 or email [sarah.cooper1@rspb.org.uk](mailto:sarah.cooper1@rspb.org.uk)

Apply here: <https://volunteer.rspb.org.uk/opportunities/26507-schools-on-reserves-leader-loch-leven-2022-03-01>

### Fossoway and District Community Council

We have a volunteering opportunity for a young person ideally in the higher years to join us as an associate community council member for the period of 1 year.

The individual would be asked to attend our monthly evening meetings to act as minute taker. They would have an opportunity to see how a community council operates and meet a diverse group of people.

We are also seeking the individuals help in considering new opportunities for us to enhance our engagement with the community especially through the use of social media. This could be in the form of a project led by the individual with outcomes reported to the Community Council. The project could be used as part of their exam submission for subjects such as Business Management or contribute to volunteering for a Duke of Edinburgh award. If you are interested please send us an email – [fossoway.cc@gmail.com](mailto:fossoway.cc@gmail.com) stating why this would be of interest to you. You can find out more by looking at [www.fossoway.org/dcc/about](http://www.fossoway.org/dcc/about)

### CHAS

CHAS are looking for volunteers in our Housekeeping, Complementary Therapy and Garden teams at Rachel House, Kinross.

For further information please email [volunteering@chas.org.uk](mailto:volunteering@chas.org.uk)

To apply online please visit our website <https://www.chas.org.uk>

### AeroSpace Kinross

We are looking for someone to assist with an important aspect of our work that underpins much of the STEM outreach undertaken by Aero Space Kinross.

You would be working with the designated safeguarding officer to review our safeguarding policy, to ensure that it is fit for purpose as we move to the next phase of our development, including the commencement of our second Build a Plane project. The work will entail:

- A review of our safeguarding policy and arrangements

- The creation of an updated policy and monitoring procedure that will support the organisation's intended expansion.

- The construction of a training and routine refresher regime for staff and volunteers

If you would like to join our team and if this is an area of our work you feel you could contribute to, please email me on [Karen@aerospacekinross.com](mailto:Karen@aerospacekinross.com) with brief details of the way in which your skills and experience could assist us in moving this important project forward.

**Organisations: If you would like a volunteer appeal to be added to the list above, please email the Newsletter Editor. Please let us know if you no longer need your appeal to be listed.**



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# Autumn Is Here!

**AUTUMN IS TRULY** upon us! We are awakening to the sound of pink-footed geese as they leave their dawn roost on the loch. These arctic visitors have just spent the summer breeding in Iceland and Eastern Greenland. In September, they fly 800 miles over the North Atlantic to spend the winter in the UK. The flight can take 12-15 hours, and it can be quite a perilous journey; especially for a youngster that it fairly new to the world on its first migration!

I recommend an early morning walk at Kirkgate, just before sunrise. The 'Pinkies' like to roost on Scart Island and they often take off en-masse from this spot. We are running a Goose Watch at sunrise on 29 October, so be sure to come on down for that – get in touch at [lochleven\\_nnr@nature.scot](mailto:lochleven_nnr@nature.scot). If early mornings aren't your thing, then it's similarly an amazing experience at dusk when the birds are flying back into Loch Leven after feeding all day. Either way, I recommend getting your fix of Pink-footed Geese while the numbers are at their peak! The highest count of pink-footed geese was of 28,500 in 2004. Let's hope we see high numbers this year!

Another visitor from the Tundra of Iceland is the whooper swan. These swans have bred along-side the pink-footed geese in the 'lochans' of Iceland. They too migrate to the UK to escape the harsh arctic winters. Loch Leven is an important site for whooper swan, we



can see up to 800 of them in a good year. These Arctic swans can be identified by their loud 'whooping' call and their bright yellow bills. Unlike the orange bill of their resident mute swan cousins. They provide an atmospheric sound-scape around the loch, especially around by Loch Leven's Larder and Findatie.

The autumnal colours will be at their best now. Look out for the deep red

rowan trees around the loch, as well as the golden-yellow of the aspen trees round by Mary's Gate. Nature's harvest will also be providing various wildlife with much needed food. The Rowan berries are a massively important food source for resident and migrating birds. Oc-

tober is when we see our first arrival of winter thrushes from Scandinavia. Redwing and fieldfare can be seen around the loch in large numbers, look out for flocks moving from tree to tree gorging on all of the berries.

It's Fungi season! Look out for various mushrooms and toadstools while out around the trail. We are running a fungal foray event in October, exact date still to be confirmed.

Latest wildlife highlights from the loch include; 7 ruff, ring-necked duck (va-grant from North America), 70 pintail, speckled wood butterfly, 500 pochard, 8000 tufted duck, small copper butterfly and black darter dragonfly.

As always, keep an eye on the blog (Loch Leven WordPress), Loch Leven NNR Facebook page and the Loch Leven NNR Instagram for regular updates.

Cheers!

*Simon Ritchie  
Loch Leven National  
Nature Reserve Officer*

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**Contact LINETTE MANN – 07732 902419**

# RSPB Loch Leven



facebook.com/RSPBTaysideFife

www.rspb.org.uk/lochleven

Telephone: 01577 862355



**AS WE MOVE INTO** autumn, we have started to see the comings and goings of a lot of our regular wildlife as many of our summer species begin to leave and our winter migrators start to arrive. Migratory birds such as our lovely swifts have sadly now departed the reserve, and some of our breeding birds such as lapwing have also moved on now that their chicks have fledged. We are excited to start seeing some of our wintering wildfowl arrive with the familiar faces of ducks such as teal, wigeon and goldeneye beginning to make an appearance. One of the iconic species of Loch Leven – the pink-footed goose has also very recently started to enter the scene. Eight were counted flying over the reserve at the beginning of September which was then suddenly followed by over one hundred on the reserve the next day. Numbers will now gradually build into the thousands as September progresses into October.

We have also been treated to lots of osprey sightings as they stop off on the reserve to feed and often used the fence posts as a feeding perch. Some nice waders have appeared too including black

tailed godwit, ruff, dunlin and curlew. Many of these passing through as they head south after the breeding season. Although our bee and butterfly sightings are less frequent now, there are still some about and we were treated to a hummingbird hawk moth on the wetland trail on the in the middle of September.

In the world of our wonderful reserve team, staff and volunteers have been busy out on the reserve sorting our fences, managing vegetation, painting the hides, carrying out surveys and helping keep the reserve safe to members of the public.

Over the autumn and winter months we will be restarting our monthly weekend work parties where we will carry out a range of tasks across the reserve. We will be looking to add more volunteers to our team to assist with the weekend work

parties so if you are interested or would like more details please contact our Assistant Warden, Darran, at darran.dixon@rspb.org.uk.

In other news, we are delighted to be hosting another Wildlife Writing Workshop on Saturday 1 October with our writer in residence Anita John. We are also very excited for our upcoming Halloween events including our Big Wild Halloween treasure trail running from the 8 – 31 October, and our new Campfire and Storytelling event taking place on Sunday 30 October. For more information about our upcoming events and to book your place, check out <https://events.rspb.org.uk/lochleven>.

**EMERGENCY CONTACTS  
are in our Notices section**

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# Farming

## Pigs Getting Their Oats...

**AFTER THE LONG, HOT** days of summer (which were very enjoyable, it must be said) it was a pleasant change to have some slightly cooler days and some rain which kick started some fresh grass growth and laid down the stoor. Kinross show was very fortunate to have glorious conditions for show day, the set up days beforehand and for the main part of the take down on the day after. It was certainly a sudden change on the Sunday night with the thunder and lightning and we recorded 100mm (4 inches in post Brexit money) of rain in 36 hours. I was very nervous to look at our fields of barley for fear of them having been battered flat by the downpours but to my surprise and great relief there were only a few small pockets which had buckled over. I was also concerned that the weather had broken, the rain would continue until February and we had missed our chance to gather our cereal harvest. Fortunately this hasn't been the case and there have been useful interludes of dry days in between the rain, so the Backward farm harvest has been safely gathered in.

In terms of yield, our barley didn't quite warrant a call to the Guinness book of records but, by our own generally mediocre standards, it seemed to yield very well and there is a healthy pile of grain in the shed and plenty of bales of straw in the fields. The small field of oats was, unfortunately a different story. This was always going to be on the back foot, with a struggle on its hands but after a mid summer rally, it suffered from an invasion of pigs which didn't do the already thin, patchy crop any favours. Suffice it to say, we have a very small pile of oats, but it will still be a useful pile of feed. Top tip – pigs and a cereal crop don't really mix. Come to think about it, pigs don't mix with much! In this case the pigs weren't wild, but the farmer was! It certainly gave Andrew a new



experience of combining, chasing them across the field with the faithful old Dominator combine!

So, it's a case now of preparing for winter as the days are fairly shortening and the cattle will be brought back inside again soon. We should have plenty of feed and bedding to keep them comfortable and with full bellies until spring arrives again. It seems like no time since they went out this spring but it is always the case that the summers seem too short. At least they have had plenty of sunshine on their backs to help build them up for the months ahead.

On a slightly different note, Kinross show is starting an archiving project to build a comprehensive as possible history of the show. To start this off, there will be two events in Cleish village hall. The first is on Friday, 21 October from 7pm and the second is the following day, Saturday 22 October between 10am and 4pm.

The Friday night is intended to be a focus for past office bearers of the show, with the Saturday intended for a wider audience although anyone will be welcome at either event. There will be photographs and articles on display to help jog memories and the organising committee would be delighted for anyone to come along to share stories. If anyone has any documents, articles, photographs or films of the show they would be willing to share or have copied for the project, they would be greatly appreciated - the older the better. To get in touch, email [memoriesofkinrossshow@gmail.com](mailto:memoriesofkinrossshow@gmail.com)

## Weather

### Recent Weather Reports From Kinross

#### August 2022

Total Rainfall	<b>102.6ml/4.1in</b>	
Heaviest Fall	<b>37.4ml/1.49in</b>	(15 Aug)
Total Sunshine	<b>181.3 hrs</b>	
Sunniest Day	<b>10.8hrs</b>	(11, 12, 13 Aug)
Min Temp Average	<b>8.21c</b>	
Lowest Temp	<b>2.4c</b>	(4 Aug)
Max Temp Average	<b>19.88c</b>	
Highest Temp	<b>26.7c</b>	(11 Aug)

## Gardening

# Winter Draws Near

**GREETINGS!** Well, autumn seems to be well and truly here, the nights are fair drawing in and thoughts start to turn to Halloween, the festive season, winter, next spring, etc, etc ...

There is still plenty to be getting on with in the garden at this time of the year, even though it's starting to look a bit sad and bedraggled.

You can still plant bulbs well into October, the only one to be a bit more careful with is tulips – they're not overly keen on being planted when there's a frost, so try and get them in the ground/pots as soon as you can. Tulips look great in pots (I didn't lift mine last year) and are especially surprising when you've forgotten what colours you've planted. You can also move them around to fill in any

gaps, and let's face it, in the spring there are many!

Hanging baskets and pots of annuals will be starting to look well past their best now so it's a good idea to empty them out and compost the plants (if you can). Rescue any plants that can be saved for next year e.g. fuchsias – cut off the flowers and reduce the stems to about an inch and put in the greenhouse. Mine in pots get stripped and moved, the ones in baskets get lifted and put into an old washing up bowl with some compost. Water sparingly over the winter and they'll start to shoot again next spring.

Begonias can also be saved. Lift and dry out somewhere dry for a couple of weeks, remove the foliage and stems, clean off any excess soil and wrap in paper. I then place in an old fish box and put in the unheated back bedroom – ready to start all over again next year.

Autumn is the time when I usually lift and split any perennials that have either got too big this season or that I forgot to do in the spring. Simply dig them up, split with a sharp shovel and replant the bits in different places, giving a good feed and water to get over the shock.

I'll also be feeding and rearranging some of my flower beds this year – some have got overgrown and look awful, there are plants with weeds and grass growing through them. Now's the time to do something about it – I'll be lifting everything in a few beds, digging in a load of manure and replanting, after trying to pick the weeds and grass from the plants.

I don't know about you, but I often



*Begonia*

wander about the garden taking a mental note of things that need splitting, moving, or simply binned. It's always a good idea to write these things down as when things die back it's always difficult to remember what you were thinking. Please remind me to do this next year as I haven't a scooby which pots of lilies have too many in them and need to be split, or where I was thinking of moving certain plants to.

As this is the last gardening article from me for this year, what have been the best and worst plants for me? The best has to be gazanias – I've never grown them before, but the flowers have lasted at least three months and have been brilliant. The worst has to be bidens – they look great as youngish plants, plenty of flowers and lovely and bushy. Then they grow. And continue growing and spreading until they choke the life out of the other plants in the pot or basket.

Right, that's me then! Thanks so much for bearing with me throughout the growing season – have a peaceful winter and I'll see you in the spring!

*Teresa Stirling*



*Fuchsia*

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**Contributors – please send your item  
well before the deadline if you can**



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# Kinross-shire Churches Together



## Kinross Parish Church

Church of Scotland (Charity no SC012555)

*Following Christ | Spreading the Word |  
Serving the Community*

10 Station Road, Kinross KY13 8TG

Website: [www.kinrossparishchurch.org](http://www.kinrossparishchurch.org)

Facebook: Kinross Parish Church of Scotland

YouTube: Kinross Parish Worship

Instagram: kpcscotland

E-mail: [office@kinrossparishchurch.org](mailto:office@kinrossparishchurch.org)

Office Tel: (01577) 862570

The Church Office is operating remotely. Leave a phone message or email.

Minister: Rev Alan D. Reid MA, BD Tel: (01577) 862952

Assistant Minister: Rev Austin Wicks

Ordained Local Minister: Rev Margaret Michie

Session Clerk: Jaffrey Weir

**KEEPING IN TOUCH:** contact the Church Office to receive our weekly email of events and for details of House Groups and Zoom meetings.

## Regular Services and Events:

### Sundays

**9.15am** Choir Practice.

**10.30am: Morning Service**, gathering song about 10.25. Children's and Young People's groups meet during the service. Refreshments and Traidcraft stall after the service, apart from 1st Sunday of month.

Sunday morning services are also available live on the church website, YouTube and Facebook. Thereafter available to view on YouTube, Facebook and the church's website. Listen by phone on 01577 528270, or request a CD from the church office.

**6pm: Sunday Evening Prayer**, on Zoom

**7pm** Crossfire, in the church. For P7 upwards

### Mondays

**8pm: House Group** – Bible study and fellowship

### Tuesdays

**1.45pm: House Group**

### Wednesdays

**11.15am** Midweek Service, at the church centre.

**Now open to the public again**

**1.30pm: Craft Group**

**7.45pm: Men's House Group**

**8.00pm: Women's House Group**

### Thursdays

**10.30am: House Group**

**11-12pm** Table Talk – Chat and coffee on Zoom

### Fridays

**Boys' Brigade and Girls' Association in the church centre.**

Anchors 6pm; Juniors 7pm;

Company and Seniors 7pm

## Other Services and Events:

### October

**Sun 2** **10.30am:** Morning Service – **Harvest Thanksgiving**, followed by informal Communion. Special collection is for MAF (Mission Aviation Fellowship), which the church is partnering with this year.

**Mon 3** **8am:** Silent Meditation



**Tue 4** **10–11am: Stepping Stones**, for toddlers, babies, their parents & carers (*1st & 3rd Tues each month*)  
**7pm: Guild**, in the church centre

**Sun 9** **2.30pm – Let's Sing** – for those with dementia and their carers

**Sat 15** **10.30am: All Friends Together** – for adults with learning disabilities

**Tue 18** **10–11am: Stepping Stones**, for toddlers, babies, their parents & carers (*1st & 3rd Tues each month*)  
**7pm: Guild**, in the church centre.

**Thu 20** **9pm:** Evening service of Compline

**Sat 22** **10am – 3pm:** Farmer's Market, High Street. Church and Traidcraft stalls

## Fossoway, St Serf's & Devonside Church

### Church of Scotland

(Charity number SC013157)

Church Road, Crook of Devon,  
Kinross-shire, KY13 0UY

[www.cleishandfossowaychurches.org.uk](http://www.cleishandfossowaychurches.org.uk)

**Minister: Rev Lis Stenhouse** Telephone: (01577) 842128

Email: [estenhouse@churchofscotland.org.uk](mailto:estenhouse@churchofscotland.org.uk)

**Session Clerk: Mrs Janet Harper** Telephone: (01577) 840225

Email: [aclassicsoul@aol.com](mailto:aclassicsoul@aol.com)

*Updates and changes to the dates below can be found on our church website <https://cleishandfossowaychurches.org.uk>*



## October 2022

### Sunday, 2 Oct

**9.45am** Morning Worship,  
Refreshments and the Fairtrade stall  
will be available after the service

### Sunday, 9 Oct

**9.45am:** Morning Worship.

### Sunday, 16 Oct

**9.45am:** Morning Worship.

### Sunday, 23 Oct

**9.45am:** Morning Worship.

### Sunday, 30 Oct

**9.45am:** Morning Worship & Harvest Thanksgiving.

### Refresh Thursday

Every Thursday 2-4pm in the Church Hall  
Join us for a friendly blether with delicious home baking,  
tea and coffee, all are welcome

### Film Evening

**Fri 7 Oct 7.30pm – 9.30pm in the Church Hall**

### The Railway Children Return

Picking up nearly 40 years after the events of the original film, 'The Railway Children Return' takes audiences on an exciting and heart-warming journey, in which a new group of children are evacuated to a Yorkshire village during WW2.

*Please join us for the film, some refreshments  
and a blether, all are welcome*

### Fossoway Creative Crafts Group

*Meet on Monday evenings from 6.30pm in the Church Hall.  
Please bring your own craft and join us*

### Fossoway House Group

Our House Group now meets every Thurs evening at 7.30pm.  
This session we are using the material in *Sleeping Giant: A  
Call To The Church To Awake And Arise* by Tommy MacNeil

## Church Information

If you would like to join us or would like further details please contact Debbie 01577 842268

### Fossoway Babies and Toddlers

The group meets every Friday 9.30 – 11.30am, in Fossoway Church Hall. Join us for snacks, play and blether.

### Board Game Night

This group is running monthly on Thursday evenings from 6:30pm till 8pm.

All are welcome at any of our meetings and services. If you would like any more information please contact the Rev Lis Stenhouse 01577 842128.

## St James' Catholic Church

5 High Street, Kinross, KY13 8AW

Parish Priest: Father Martin Pletts. Tel: 01577 863329

[www.catholickinross.com](http://www.catholickinross.com)

Email: [Fr.MartinPletts@gmail.com](mailto:Fr.MartinPletts@gmail.com)

[facebook.com/parishpriestkinross/](https://facebook.com/parishpriestkinross/)

[facebook.com/stjamesprayergroup/](https://facebook.com/stjamesprayergroup/)

**Saturday** Vigil Mass – 7pm

**Sunday** Mass – 9am

Catechism Class (during term-time) on Mon after school till 4.30pm

**Tuesday** 5.45-6.45pm Holy Hour (with Holy Rosary and Adoration of the Blessed Sacrament), followed by Holy Mass at 7pm.

**Wednesday** 10am Holy Mass

**Friday** 10am Holy Mass

**Holy Rosary or Seasonal Devotions:** Wed and Fri 9.15-9.45am

**Confessions:** After the Saturday Vigil Mass and after weekday Masses and on request.

For the full parish timetable see the newsletter section on the parish website: [www.catholickinross.com](http://www.catholickinross.com)

## St Paul's Scottish Episcopal Church

(Part of the Worldwide Anglican Communion)

Muir, Kinross, KY13 8AY

Fr David Mackenzie Mills, Rector.

Tel: 01577 863795

Email: [frdavidkinross@gmail.com](mailto:frdavidkinross@gmail.com)

You can also find us on Facebook

[www.facebook.com/stpaulsepiscopalchurchkinross](https://www.facebook.com/stpaulsepiscopalchurchkinross)

**NB – The Rector will be on Sabbatical from Easter Monday until the Autumn. Whilst he is away, in the first instance, please contact Malcolm Strang Steel (07970 744102; [steel@greenhead-farm.co.uk](mailto:steel@greenhead-farm.co.uk)) for services and other matters relating to St Paul's.**

The church building is open for services in person. Our Sunday morning services begin at 10am, unless otherwise advertised. (Our church bell rings from 9.45am.) We will provide regular updates on our website. Please do refer to it regularly. Although government guidelines removed the need for social distancing, we maintain a 1m distancing policy in the church building and face coverings are worn. We look forward to seeing you!

Our services are also broadcast from the church building as livestreams via 'Zoom' and Facebook Live. Thereafter, recordings of these services can be viewed on our Facebook page.

**Please be assured of our prayers and intercessions, especially if Covid-19 has directly affected you and your family.**

*May the road rise up to meet you.*

*May the wind be always at your back.*

*May the sun shine warm upon your face;*

*the rains fall soft upon your fields and, until we meet again, may God hold you in the palm of His hand.*



## Events and Services in October

### Sunday 2: (HARVEST SUNDAY)

10am Harvest celebration *Celebrant and Preacher: Rev. Fliss Shaw*

### Sunday 9: (Week of Proper 27)

10am Sung Eucharist *Celebrant and Preacher: To be confirmed*

### Sunday 16: (Week of Proper 28)

10am Sung Eucharist *Celebrant and Preacher: Fr. David Mackenzie Mills*

### Sunday 23: (Week of Proper 29)

10am Sung Eucharist *Celebrant and Preacher: Fr. David Mackenzie Mills*

### Sunday 23: (Week of Proper 30)

10am Sung Eucharist *Celebrant and Preacher: Fr. David Mackenzie Mills*

## Cleish Parish Church

### Church of Scotland

(Charity No: SC003168)

**Minister: Rev Lis Stenhouse** BD (Hons)

Tel: 01577 842128

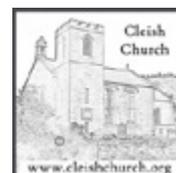
Email: [estenhouse@churchofscotland.org.uk](mailto:estenhouse@churchofscotland.org.uk)

**Session Clerk: Neil Maclure**

Email: [neil.maclure19@gmail.com](mailto:neil.maclure19@gmail.com) Tel: 01577 864826

Updates and changes to the dates below can be found on our church website: [www.cleishandfossowaychurches.org.uk](http://www.cleishandfossowaychurches.org.uk)

We are very pleased to announce that our church building is open and we look forward to welcoming you to worship with us in Cleish Church. Refreshments will be served after worship each Sunday.



## October 2022

### Sunday, 2 Oct

**11.15am:** Morning Worship, Traidcraft Stall

### Sunday, 9 Oct

**11.15am:** Morning Worship.

### Sunday, 16 Oct

**11.15am:** Morning Worship.

### Sunday, 23 Oct

**11.15am:** Morning Worship.

### Sunday, 30 Oct

**11.15am:** Harvest Thanksgiving service.

If you would like any more information please contact the Rev Lis Stenhouse (01577 84212).

## Orwell and Portmoak Parish Church

### Church of Scotland

(Charity number SC015523)

**Interim Moderator – Rev Alan Reid**

Telephone 01577 862952

Email: [areid@churchofscotland.org.uk](mailto:areid@churchofscotland.org.uk)

**Locum – Rev Dr Robert Calvert**

**Sunday Worship, and Junior Church:**

**10am** Portmoak Church

**11.30am** Orwell Church

All children welcome.

**Please note that joint services will be held on the first Sunday of each month in alternate churches at 10.30am.**

**Messy Church** will meet on Sat. 29th Oct. from 4-6pm at Orwell Church with all the usual crafts, fun, and food.

**Bible Study on Ecclesiastes** continues every Wednesday in Oct, except for Wed 5th, from 10am – 12 noon at Orwell Church

### Dates For Your Diary

**2 Oct** Joint family service in Orwell Church at 10:30am

**No morning service at Portmoak Church**

**Soup lunch for Christian Aid after the service.**

**28 Oct** **Oasis Ladies Group** meets in Portmoak New Room from 10:15am to 12 noon. Speaker - Tina Mart.

Please check the church website or Facebook page for



further information on all services in case anything changes. **The Church Office and Shop** is once again open from 10am to 12pm, from Monday to Friday.

**Office email:** [orwellandportmoakchurch@gmail.com](mailto:orwellandportmoakchurch@gmail.com)

**Website:** [orwellportmoakchurch.org.uk](http://orwellportmoakchurch.org.uk)

## Loch Leven Church

(Charity No: SC049050)

**Loch Leven Church meets at Loch Leven Community Campus, at 10:30am each Sunday.** Our sermon series

from September to October is *Wisdom For Living* from the book of Proverbs and we'll be hosting the following services in October:

**2 Oct:** **Proverbs: A Life to Pursue (15:16–33)** Richard Gibb (LLC)

**9 Oct:** **Church Weekend Away @ Lendrick Muir**

**16 Oct:** **Proverbs: A Way to Speak**  
– Fiona McDonald (Scottish Bible Society)

**23 Oct:** **Proverbs: A Model to Follow (31:10-31)**  
– Robin Kent (LLC)

**30 Oct:** **Communion Service** Gordy Mackay (Perth Baptist Church)

Everyone, of all ages, is very welcome and there are separate activities for children during the service. To find out more about us, please visit our Facebook page 'We Love Loch Leven', our website [www.lochlevenchurch.com](http://www.lochlevenchurch.com), or email us at [info@lochlevenchurch.com](mailto:info@lochlevenchurch.com)

## Kinross Christian Fellowship

**Jesus said, 'I am among you as one who serves.'**

Sunday morning service at 10.30am (refreshments and blether at 10am), Millbridge Hall, Old Causeway, Kinross.

Lively praise (children participate), reverent worship open to the leading of the Holy Spirit, prayer, ministry and solid Bible-based preaching and teaching. An all-round family service for families, which includes Sunday School. Communion every second Sunday, as is our evening service at 6.30pm; a time for praise, worship, sharing and joy in The Lord Jesus. (Followed by light refreshments and more blether.)

**Everyone is welcome to either service or to both, so please come and taste and see that the LORD is good.**

## Kinross Gospel Hall

8 Montgomery Street, Kinross [www.kinrossgospelhall.info](http://www.kinrossgospelhall.info)  
Tel 07818 050785

Friends and Neighbours Teas on the first and third Sundays of the month. All necessary precautions will be observed to maintain safe conditions. We look forward to seeing old friends and welcoming new ones. Everyone welcome.

## Obituary

**GUY HAWKSFORD**, former Principal Teacher of Physics at Kinross High School, passed away on 2 September 2022.

He was brought up in London, gained a 2:1 Mechanical Engineering degree at Rugby and worked for WH Allen in Bedford, where he met Morna and married in 1971. As a sales and export engineer Guy produced tenders and contracts for marine diesel engines, steam turbines and pumps in the Middle East, Europe, Asia and Africa. He finished up as general manager of APE Uniteers in Kuala Lumpur.

After teacher training in Dundee Guy joined the Physics department at Kinross High School in 1980, left for 3 years at Strathallan and Kilgraston, then returned to Kinross in 1987, later becoming Principal Teacher of Physics there.

Guy ran the after school electronics club producing equipment for the region like a mini production line. He drove coaches for Earnside part time, sometimes collecting pupils on the Blairingone run in the morning and taking them home after school. He also joined several ski trips to Crans Montana. Extra tutoring at his home dining room table helped a fair few pupils to do better in their exams.

For Guy, it was always about the pupils. He used his many life experiences to enhance the physics lesson and incorporated relatable events into exam questions. The first year pupils must have wondered what sort of class they were entering as they had to line up outside his room and sit where he allocated them, but they saw how he mellowed as they become senior pupils.

Guy was often seen standing at the classroom window, looking down into the back playground, catching the attention of a miscreant and beckoning the pupil to come and see him. No shirts hanging out either. Nothing pleased Guy more than to guide a pupil towards a science based career and hear of their achievements later in life. He was rightly proud of his daughters Nicola, an engineer, and Isla, a science/chemistry teacher. Hilary, his eldest daughter, predeceased him in 1989.

Guy's passion, engineering, included making a live 5in gauge steam engine which won a national prize in 2000. Evenings and holidays were spent in his workshop. In retirement with a caravan, and later a campervan, Guy and Morna toured Scandinavia and Europe, having already travelled all over the world.

Guy took great pleasure with his grandchildren Eleanor, Euan and Fraser and sailing his radio-controlled boats at Lochore, driving his latest electric engine on the club track and flying planes at Balado. Guy never stopped learning or teaching others and stretched his mind continually, right to the end.

# Baby & Toddler Groups

## Monday

**Milnathort Babies and Toddlers**  
Orwell Church Hall 9.30 -11am

## Tuesday

**Portmoak Babies and Toddlers**  
Portmoak Church Hall  
9.45-11.30am

## Stepping Stones

Kinross Parish Church 10-11am  
(1st & 3rd Tuesday of each month)

## Wednesday

**Breast Buddies**  
Health Centre 10-12pm

**Glenfarg Babies and Toddlers**  
Village Hall 9.30am

**Muckhart Babies and Toddlers**  
Church Hall 9.30-11am

## Thursday

**Montgomery Toddlers**  
Kinross Gospel Hall 9.30 -11am

## Friday

**Loch Leven Babies and Toddlers**  
Masonic Hall, Kinross 9.30-11.30am

Cat Forbes, 07517 281119, [catforbes79@gmail.com](mailto:catforbes79@gmail.com)

**Portmoak Babies and Toddlers**  
Portmoak Church Hall 9.45-11.30am

**Fossoway Babies and Toddlers**  
Crook of Devon Church Hall  
9.30-11.30am

*Please let us know if you have any information to add to this list.*





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# Notices



Rotary Club of Kinross & District  
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**SONGS OF SCOTLAND'S  
HEROES & HEROINES**



**CONCERT** by the fabulous "**PLAIDSONG**" – singing duo Nicky and Syd, who wowed the Perth Concert Hall sell out crowd, at the Queen's Platinum Jubilee Concert, in June.

A one hour, no interval, illustrated show.

Sat 26 Nov at 7.30pm

At KINROSS PARISH CHURCH

Tickets £10: Baillies Newsagents, Kinross- or  
Email: [secretary.kdrc@gmail.com](mailto:secretary.kdrc@gmail.com) -or  
Any Rotary Club Member

## DON'T LOSE YOUR VOICE

The Electoral Registration Officer has already written to households to confirm whether the information held about the registered electors in the property is correct.

You might not have been able to vote before, but with the extension of voting rights you may be able to vote now – but only if you are registered.

If you're not currently registered, the easiest way to do so is online at [www.gov.uk/register-to-vote](http://www.gov.uk/register-to-vote).

Recent home movers are urged to check their details.

Information on registering to vote is available at [www.electoralcommission.org.uk/i-am-a-voter](http://www.electoralcommission.org.uk/i-am-a-voter)

Contact the local registration team at 01738 630303

## Perth & Kinross School Term Dates 2022

### Summer Term 2022

Term Ends: Fri 7 Oct 2022

Autumn Holiday: Mon 10 Oct - Fri 21 Oct 2022

## Sunday Ceilidhs

### Milnathort Town Hall 2-5pm

Oct 23 Nicola Braid and Gordon Haddow

Oct 30 Concert: Leonard Brown  
supporting artist Fin Hope

Nov 20 George Rennie

Dec 11 Wayne Robertson

## KINROSS-SHIRE VOLUNTEER GROUP AND RURAL OUTREACH SCHEME



### Volunteer Drivers Needed



Kinross-shire Volunteer Group and Rural Outreach Scheme (KVG-ROS) aims to bridge the gap in transport by providing a voluntary car driver/befriender to enable the residents of Kinross-shire and Glenfarg of any age to have an opportunity to use services they would not otherwise have access to. If you have some time to spare during the week and would be interested in becoming one of our volunteer drivers we would be delighted to hear from you.

Please contact our Administrator on 01577 840196 or email: [administrator@kvgandros.org.uk](mailto:administrator@kvgandros.org.uk)

Are you aged 70 or over? Do you live in  
Orwell Parish (Milnathort)?

We are planning on re-starting our activities soon and are keen to ensure that anyone eligible to join us doesn't miss out on an invitation.

If you are 70 or over, live in the parish of Orwell and are not currently on our members list, please get in touch with our Secretary, Carole Anderson on 01577 863175.

Thank you.

## KINROSS GARDEN GROUP

2022/23 Season

Thursday 13 October 2pm

Parish Church, Kinross

Dr Stan da Prato

Wildflowers and Wildlife  
of the East Lothian Coast

All welcome to join us.

Contact Caroline on 01577 864589

## MOBILE LIBRARY 12, 26 October

(Fortnightly, Wednesdays)

Kinnesswood (Opposite Shop)	09.30 – 10:00
Portmoak Hall	10:05 – 10:20
Scotlandwell (Leslie Road)	10:25 – 10:50
Levenmouth Farm	11:00 – 11:20
Hatchbank Rd (Gairneybank, Kinross)	11:40 – 12:00
Powmill (Mill Gardens)	13:20 – 13:40
Crook of Devon (Village Inn)	13:45 – 14:45
Carnbo (Pitcairnie Lane)	15:00 – 15:30
Whyte Court (Kinross)	15:45 – 16:15

Contact us by phone on 01577 867205

or by email at [lochlevenlibrary@culturepk.org.uk](mailto:lochlevenlibrary@culturepk.org.uk).

## Notices

### Gaelic Society of Perth

The Royal National Mòd 2022 will be in Perth from 14 to 22 October and there will be a huge variety of entertainment – in Gaelic and English! It opens in style with a special concert featuring some of the very best of talent in Gaeldom. Singers Mairi MacInnes, Arthur Cormack, Ceitlin Lilidh and Darren MacIlleathain join forces with an all-star band led by musicians from supergroup MÀNRAÑ, and BBC presenters, Gary Innes and Ewen Henderson. Tickets from Horsecross, where you can also obtain programmes to tell you exactly what is happening throughout the week. There will be LOTS of things going on in a variety of venues. Don't Miss it!

### Music In Dollar

Music In Dollar will hold their next concert on Sunday 23 October at 3pm at the Gibson Hall, Dollar Academy, Dollar, FK14 7DU. This concert features the wonderful pianist Leon McCawley – who has won a variety of prestigious piano prizes. He has performed to great acclaim at distinguished venues around the world and has an extensive repertoire. He will perform a programme of Bach, Beethoven, Mozart and Schubert. [www.leonmccawley.com](http://www.leonmccawley.com). Tickets cost £12 either on line or at the door, £8 for members and free to under 18s and those in full time education. Further information from the Concert Secretary on 01577 864589 or the Society website [www.musicindollar.org.uk](http://www.musicindollar.org.uk).

### Road Closures

#### U238 DRUM

Please note the amended dates for the above road closure are as follows: Start date: 10 October 2022 End Date: 28 October 2022

#### A823 GLENDEVON

Resurfacing Works from 17 October 2022 for six weeks between the hours of 09:15 and 15:30. The order will temporarily prohibit all vehicles from driving, parking and loading (both sides) of the A823 Glendevon, from its junction with the private access to property known as Lavender Cottage (299377, 704381) to its junction with the boundary with Clackmannanshire Council (300237, 702431), a distance of 2.264 kilometres or thereby. Between the hours of 15:30 and 09:15 the order will temporarily promote a 30mph speed limit.

## NEWSLETTER DEADLINES

In very rare circumstances it may be necessary to change a deadline at short notice. Check the *Newsletter* Facebook Page for the latest information.

Issue	Deadline	Publication Date
November	Friday 14 October	Saturday 29 October
December	Friday 18 November	Saturday 3 December

### LOCAL CHEMIST INFORMATION

#### Rowlands Pharmacy, Kinross

Mon – Fri 9am-6pm  
Saturday 9am-5pm  
Tel 01577 862422



#### Davidson's Chemist, Milnathort

Mon – Fri: 9am-6pm (Open lunchtime)  
Saturday: 9am-12.30pm  
Tel: 01577 862219  
Sundays: Nearest open pharmacy: Asda, Dunfermline



### Perth Citizens Advice Bureau

Perth CAB can help you. Our advice is free, confidential, impartial and independent.



Advice line: 01738 450580

Appointment line: 01738 450581

Clients can access advice in the following ways:

- **By calling us** on 01738 450580 between 10am and 3pm any weekday. If the query is quick for us to deal with, we will do so and if it requires more time or research then we will arrange for an adviser to get back to them either via e-mail or with a telephone appointment.
- **Webchat** from our Perth CAB website [www.perthcab.org.uk/](http://www.perthcab.org.uk/) this is available from 10am each weekday, currently until 1pm but we hope to expand these hours soon
- **Via e-mail** to [advice@perthcab.org.uk](mailto:advice@perthcab.org.uk)

### Debt and Money Advice Service

Perth CAB has a team of specialist debt advisers. Advice is free, confidential, impartial and independent. To talk to a specialist debt adviser call 01738 450590 or email David Ogston (Senior Debt Adviser) using the following email address: [David.Ogston@Perthcab.casonline.org.uk](mailto:David.Ogston@Perthcab.casonline.org.uk)

### S.M. Holistic Therapies P.K.A.V.S. Registered.

#### ARE YOU AN UNPAID CARER

I have been working with Perth and Kinross Association of Voluntary Service for unpaid carers for a few years now . Once again they are offering free therapy treatments for unpaid carers in the Kinross and Milnathort area, for those that are registered with the Association, and for anyone that has the therapy vouchers.

**It is time to think about you.**

Having a relaxing treatment of either Reiki, Crystal therapy, or an Indian Head massage.  
Available once a month in Kinross.

To book an appointment phone P.K.A.V.S. on Perth  
01738 567076 option 2 .

To book a treatment if you have the vouchers contact me  
on  
01577 864745, or 07970282938 or email me at  
[shiryletstalk@hotmail.co.uk](mailto:shiryletstalk@hotmail.co.uk)

### 100th Birthday and Diamond Wedding Anniversaries

Do you know a Perth & Kinross resident who is celebrating their 100th or 105th+ birthday?

Do you know a Perth & Kinross couple celebrating their 60th, 65th or 70th wedding anniversary?

PKC can arrange delivery of flowers or for a local councillor to present a basket of flowers to the person or couple on their special day.

Tel: 01738 475051 Email: [CivicServices@pkc.gov.uk](mailto:CivicServices@pkc.gov.uk)

## Situations Vacant

### PROJECTIONIST / TECHNICAL ASSISTANT

**Portmoak Film Society** is looking for a young person to take on the role of Projectionist and Technical Assistant from now until April 2023.

We are a local film club which has provided a popular service to the community since 2006. The role involves setting up, running and breaking down the audiovisual equipment at Portmoak Village Hall in Scotlandwell on the second Saturday of each month before, during and after the film. We can provide training and initial supervision, and will pay any travel expenses incurred. Applicants should be absolutely reliable, tech-savvy and have an enthusiasm for film. This is a voluntary role which we will honour at the end of the season with a positive reference for your CV! Contact Felicity Garvie, PFS Chair, on 01592 840825 or [f.sgarvie@talk21.com](mailto:f.sgarvie@talk21.com) if you are interested.

## Ukraine Hub Café

A Ukraine Hub Café, for Ukrainians who have recently arrived in the area and their host families, is taking place at Kinross Parish Church.

For more information and dates of the next cafés, please contact the Church Office on 01577 862570 or [office@kinrossparishchurch.org](mailto:office@kinrossparishchurch.org)

## BANK OF SCOTLAND MOBILE BANKING

Service operates fortnightly on a  
Tuesday 10am to 1pm

**4 October 2022**  
**18 October 2022**

**At the Green Hotel, 2 Muirs, Kinross**

[www.bankofscotland.co.uk/contactus/mobile-branch/perth.html#kinross](http://www.bankofscotland.co.uk/contactus/mobile-branch/perth.html#kinross)

## Grants For Good Causes

**Kinross Community Council Newsletter Limited (KCCNL), Charity No. SC040913**

All profits from the *Kinross Newsletter* are transferred to a charitable company, KCCNL, and given away to local good causes. Groups and individuals are invited to apply to KCCNL for grant funding. Decisions on grants are made at two meetings per year. The deadlines for grant applications are:

**31 March and 30 September**

More information is available on the [kinross.cc](http://kinross.cc) website. Applications may be downloaded from the website or obtained from the Applications Administrator, Barry Davies, Tel 01577 865004 or email [barrydavies57@btinternet.com](mailto:barrydavies57@btinternet.com)



## For Sale

### Items for Sale

The *Newsletter* publishes items for sale listed on the [kinross.cc](http://kinross.cc) website. If interested in purchasing an item, we suggest **checking the website for current availability** ([www.kinross.cc](http://www.kinross.cc) then 'Local Adverts' then 'Classified Adverts'). If interested in selling an item, please list it on [www.kinross.cc](http://www.kinross.cc) and it will automatically be published in the next available *Newsletter*, subject to space.

**Metal filing cabinet** **£20**  
2 drawer, metal filing cabinet. Lockable with keys.

**Mahogany summer seat**  
**£140 cash sale**  
Solid mahogany bench. 1.6m x 59 cm deep.

**Punch bag** **£10**  
Small punch bag and gloves.

**Bathroom cabinet**  
**£15**  
Bathroom cabinet with mirrored doors and inner shelf. 50x33x12cm.

**Pine chairs (each)** **£10**  
3 pine chairs

**Table and chairs**  
**£140 cash sale**  
Pine table with 4 Windsor backed chairs. Table is 1.2m long by 79cm wide, 77cm high.

**Two sofas (each or £130 for pair)** **£70**  
2 identical 2 seater sofas,  
ivory/beige colour. 1.46m long x 86cm deep.

**Ceramic bread crock** **£18**  
**cash sale**  
Large bread ceramic bread crock with pine lid.

**Rugby ball** **£10**  
Official Gilbert 1999 World Cup rugby ball.

**Vintage copper kettle** **£22**  
With ceramic handle and lid knob  
Seller Details for above 10 items:  
Jan 07561080512  
[Btk1955@gmail.com](mailto:Btk1955@gmail.com)

**Thule Cycle Roof Racks** **£90**  
**for one £160 for pair**  
2 Thule aluminium cycle roof racks in very good condition and with all components, locking key, t-bar adaptors and square bar adaptors.  
Seller Details:  
Peter Gargett 01592 840553  
[loiiare.22@btinternet.com](mailto:loiiare.22@btinternet.com)

**MOBILE POST VAN AT  
BUCHAN AVENUE,  
KINNESSWOOD**

**MONDAYS 13.45 till 14.45  
WEDNESDAYS 12.45 till 13.45**

**KINROSS DELIVERY OFFICE  
ROYAL MAIL  
87 High St, Kinross KY13 8AR  
OPENING TIMES**

<b>MONDAY</b>	<b>8-10am</b>
<b>TUESDAY</b>	<b>8-10am</b>
<b>WEDNESDAY</b>	<b>8-10am</b>
<b>THURSDAY</b>	<b>8-10am and 4-7pm</b>
<b>FRIDAY</b>	<b>8-10am</b>
<b>SATURDAY</b>	<b>8am-12pm</b>
<b>SUNDAY</b>	<b>CLOSED</b>

**Homes For Cats Wanted**

FifeCat Shelter, a Scottish Registered Charity, is always looking for homes for rescued cats.

Cats can be visited, by appointment, at Causeway Cattery, Scotlandwell.

Contact Rhona on 01383 830286.



**Wellbeing Support Team**  
Free, local, recovery-focussed support in rural Perth and Kinross

Do you need support with:

Stress?  
Confidence?  
Depression?  
Assertiveness?  
Change?  
Anxiety?  
Relaxation?

**Your Future**

Perth and Kinross Health and Social Care Partnership  
Supporting Health and Independence

**Wellbeing Support Team**  
**Kinross 01577 867318**  
**[www.pkc.gov.uk/mentalhealth](http://www.pkc.gov.uk/mentalhealth)**

**EMERGENCY CONTACT NUMBERS**

**Medical**

Loch Leven Health Centre	01577 862112
Loch Leven Health Centre Out of Hours	01577 865252
NHS 24	111
Perth Royal Infirmary main switchboard	01382 660111
Perth Royal Infirmary (Admissions and Enquiries Desk)	01738 473734
Ninewells Hospital, Dundee	01382 660111
Victoria Hospital, Kirkcaldy	01592 643355
Queen Margaret Hospital, Dunfermline	01383 623623
Rowlands Pharmacy, Kinross	01577 862422
Davidson's Chemist, Milnathort	01577 862219

**Police, non-emergency** 101

**Police, Fire, Ambulance & Coastguard Emergencies** 999

**Gas** (worried about gas safety) 0800 111 999

**Water** (loss of supply, foul water emergency) 0845 600 8855

**Floods** SEPA Floodline recorded messages 0345 988 1188

**Perth & Kinross Council (PKC)**

Customer Service Centre (Mon- Fri, 8am-6pm) 01738 475000

Reporting non-emergency Road and Lighting faults (CLARENCE) 0800 232323

**PKC Out of Hours emergency numbers**

Adult care services	0345 301 11 20
Anti-social behaviour helpline	01738 476173*42*
(*42* telephone and leave a voicemail)	
Child protection	01738 476768
Council housing emergency repairs	01738 476000
Dangerous buildings	01738 476476
Environmental Health	01738 476476
Flooding	01738 476476
Homelessness	0800 917 0708
Mental health services	0345 301 11 20
Roads (e.g. reporting blockage)	01738 476476

**Traveline Scotland** 0871 200 22 33

**Loch Leven Community Campus** 01577 867200

**Kinross High School** 01577 867100

## Community Councils

- Kinross:** Chair: Lynne McKay, 01577 531076  
Email: [kinrosscommunitycouncil@gmail.com](mailto:kinrosscommunitycouncil@gmail.com)
- Milnathort & Orwell:** Chair: Malcolm Thomson, 07980 885175  
Email: [communitycouncilmilnathort@gmail.com](mailto:communitycouncilmilnathort@gmail.com)
- Portmoak:** Email: [portmoakcommunitycouncil@pkc.gov.uk](mailto:portmoakcommunitycouncil@pkc.gov.uk)
- Fossoway & District:** Chair: Trudy Duffy-Wigman, 01577 840669  
Email: [fossoway.cc@gmail.com](mailto:fossoway.cc@gmail.com)
- Cleish & Blairadam:** Sec: Patty Fraser, 01577 850253  
Email: [cleishcommunitycouncil@pkc.gov.uk](mailto:cleishcommunitycouncil@pkc.gov.uk)

## Kinross Community Councillors

David Colliar	10 Rannoch Place	01577 864037
Bill Freeman	64 Muirs	01577 865045
Lynne McKay (Chair)	5 Springfield Road	01577 531076
Thomas Stewart	Gellybank Farm	01577 864603
Hannah Phillips	9 Lomond Mews	07591 228884
Malcolm Wood	The Woodlands, Hatchbank	

## Portmoak Community Councillors

S McGregor	(Secretary)	
A Davidson	(Treasurer)	
Susan Forde		01592 840128
Dave Morris		01592 840500

Have a look at our website: [www.portmoak.org](http://www.portmoak.org)

## Perth and Kinross Councillors Kinross-shire Ward

- CLr DAVE CUTHBERT** (*Independent*)  
Tel: 07468 756234  
Email: [dcuthbert@pkc.gov.uk](mailto:dcuthbert@pkc.gov.uk)  
Address: 85 Bowton Road, Kinross, KY13 8EG
- CLr NEIL FRESHWATER** (*Scottish Conservative & Unionist*)  
Tel (office): 01738 475108  
Email: [nfreshwater@pkc.gov.uk](mailto:nfreshwater@pkc.gov.uk)  
[www.facebook.com/neil4kinrossshire](http://www.facebook.com/neil4kinrossshire)
- CLr WILLIE ROBERTSON** (*Scottish Liberal Democrats*)  
Mobile: 07909 884042
- CLr RICHARD WATTERS** (*SNP*)  
Mobile: 07557 812513  
Email: [rwatters@pkc.gov.uk](mailto:rwatters@pkc.gov.uk)  
Address: 2 High Street, Perth

## John Nicolson MP

### Member of Parliament for Ochil and South Perthshire

Telephone: 020 7219 3000  
Email: [john.nicolson.mp@parliament.uk](mailto:john.nicolson.mp@parliament.uk)  
Twitter: <https://twitter.com/mrjohnnicolson>  
Facebook: <https://facebook.com/JohnNicolsonSNP>  
Instagram: <https://www.instagram.com/johnnicolsonmp>

## Member of the Scottish Parliament for Perthshire South & Kinross-shire

### Jim Fairlie, MSP

Constituency office: 63 Glasgow Road, Perth, PH2 0PE  
Telephone: 01738 620540  
Email: [Jim.Fairlie.msp@parliament.scot](mailto:Jim.Fairlie.msp@parliament.scot)

## Members of the Scottish Parliament for Mid Scotland and Fife Region

All MSPs can be contacted at the following address:  
The Scottish Parliament, Edinburgh, EH99 1SP

**Claire Baker MSP** (Labour) Tel: 0131 348 6769  
Email: [claire.baker.msp@parliament.scot](mailto:claire.baker.msp@parliament.scot)

**Murdo Fraser MSP** (Conservative) Tel: 0131 348 5293  
Email: [murdo.fraser.msp@parliament.scot](mailto:murdo.fraser.msp@parliament.scot)

**Dean Lockhart MSP** (Conservative) Tel: 0131 348 5993  
Email: [dean.lockhart.msp@parliament.scot](mailto:dean.lockhart.msp@parliament.scot)

**Alex Rowley MSP** (Labour) Tel: 0131 348 6826  
Email: [alex.rowley.msp@parliament.scot](mailto:alex.rowley.msp@parliament.scot)

**Mark Ruskell MSP** (Green) Tel: 0131 348 6468  
Email: [mark.ruskell.msp@parliament.scot](mailto:mark.ruskell.msp@parliament.scot)

**Liz Smith MSP** (Conservative) Tel: 0131 348 6762  
Email: [elizabeth.smith.msp@parliament.scot](mailto:elizabeth.smith.msp@parliament.scot)

**Alexander Stewart MSP** (Conservative) Tel: 0131 348 6134  
Email: [alexander.stewart.msp@parliament.scot](mailto:alexander.stewart.msp@parliament.scot)

## Mobile Library Service

See p95 for details. For more information, see: [www.culturepk.org.uk/libraries](http://www.culturepk.org.uk/libraries) and click on 'Services in the Community'

## Perth Samaritans

Need to talk? We'll listen.

Contact us by

phone: 01738 626666 or 08457 909090

email: [jo@samaritans.org](mailto:jo@samaritans.org)

Visit us at 3 King's Place, Perth, PH2 8AA

Mondays	1630 – 2130	Thursdays	1630 – 1900
Wednesdays	0830 – 1100	Fridays	1000 – 1630
and	1930 – 2130	Sundays	0800 – 2130

**No pressure, no names, no judgment.**

**We're here for you, anytime.**

## Enquire

**Are you looking for information about your child's rights to support in school?** If so, contact **Enquire**, the national advice and information service for additional support for learning.

Enquire offer: a confidential telephone helpline and online enquiry service, practical guides, fact sheets and newsletters, helpful materials for children and young people with additional support needs.

For more information contact: Tel 0345 123 2303

Website: [www.enquire.org.uk](http://www.enquire.org.uk)

Enquire is funded by the Scottish Government and managed by Children in Scotland.

# Diary

## October

Sat	1	Potager Garden Coffee Morning	
Sat	1	Cafe Book Club, library	
Sun	2	<b>Portmoak Apple Day</b>	62
Sun	2&15	Kinross and Ochil Walking Group meets	64
Tues	4	<b>Fossoway Community Council meets</b>	50
Tues	4	Climate Cafe meets, library	67
Thur	6	IT help session, library	67
Mon	10	Inner Wheel meets	59
Tues	11	<b>Portmoak Community Council meets</b>	51
Thur	13	<b>Garden Group meets</b>	55
Thur	13	<b>Milnathort Community Council meets</b>	48
Thur	20	<b>Annual Illustrated Talk, Michael Bruce Trust</b>	23
Sat	22	<b>Kinross Show Gathering of Memories</b>	23
Sat	22	<b>Kinross Farmers' Market</b>	60
Tues	25	<b>Kinross Community Council meets</b>	47
Sat	29	Goose-watch (7.30am), Kirkgate Park	85
Sat	29	Path of Condie half marathon	

## November

Wed	2	Networking Breakfast, Loch Leven's Larder	18
Thur	3	IT help session, library	67
Fri	11	Karen Matheson, Campus	60
Sun	13	<b>Remembrance Parade</b>	3
Tues	15-20	KLEO Author Events at the library	60
Tues	22	KLEO Two choirs together concert	60
Sat	26	<b>Festive Street Market/Light up Kinross</b>	60

### The Kinross Community Council Newsletter

is available from:

<b>Greens of Kinross</b>	High Street, Kinross	<b>Buchan's Garage</b>	Main Street, Kinnesswood
<b>Baillies</b>	High Street, Kinross	<b>Shop</b>	Main Street, Kinnesswood
<b>Sainsburys</b>	Station Road, Kinross	<b>Fossoway Store</b>	Crook of Devon
<b>Giacopazzis</b>	Lathro, Kinross	<b>Fossoway Garage</b>	Crook of Devon
<b>Keystore More</b>	Green Road, Kinross	<b>Mona's Coffee Shop</b>	Muckhart
<b>Giacopazzis</b>	New Road, Milnathort	<b>Powmill Stores</b>	Powmill
<b>Stewart &amp; Smart</b>	Stirling Road, Milnathort	<b>Loch Leven's Larder</b>	Near Wester Balgedie
<b>Heaven Scent</b>	South Street, Milnathort	<b>Glenfarg Village Shop</b>	Glenfarg