



Kinross Newsletter

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Founding editor,
Mrs Nan Walker, MBE

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DEADLINE

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Contributions

The *Newsletter* welcomes items from community organisations and individuals for publication. This is free of charge. (We only charge for business advertising – see below right.)

All items may be subject to editing and we reserve the right not to publish an item.

Please also see our Letters Policy and Notes on page 2. Submit your item (except adverts) in one of the following ways:

Email: editor@kinrossnewsletter.org

Post or hand in to:

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Colour (internal)	£19.00	£45.60	£91.20

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- **The wording of your advert.**
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Editor's Page

Cover photo: Andy Masson, 2021 Cover Design: Lee Scammacca of Cree8

Letter From The Editor

It's been a busy month in the shire, with lots going on. It was wonderful to see so many people turn out on Remembrance Sunday and to see the community come together. See the photos on p7.

The Festive Market was a great success and thank goodness the weather was not too bad, despite the forecasts. The High Street came alive for the afternoon and evening with noise and sound and colour, not to mention the smell of freshly cooked burgers! There was an amazing array of stalls and local produce on offer.

There was some terrific entertainment from local bands. Well done to all the performers! The delightful Sarah Rankin took to the stage and had the honour of turning on the Christmas lights, thanks to the great work done by the charity Light Up Kinross who make them possible every year.

A great time was had by all, and even Santa put in an appearance. He has more visits in Kinross-shire planned in December (see p24 for all the details) so make sure you have some change at the ready for the Elves with the buckets.

Credit is due to KLEO and to The Rotary Club, and all their associated helpers, for their hard work in putting this event together and making it run so smoothly.

We will have the photos and updates in our *NEW* January edition which should be available in your local shops by 7 January. There will be an early(ish) deadline for this new January issue, so make sure to send us your recent news, reports and stories in time.

Note to Contributors

A great deal of the *Newsletter* comprises reports supplied by local clubs and other organisations. These reports are accepted in good faith and the *Newsletter* accepts no liability for any inaccuracies contained therein. Senders should ensure reports are factually accurate and do not contain material which could cause legal proceedings to be taken against the *Newsletter*.

Letters Policy

Senders must supply their name and contact details. Letters should be truthful and not contain matter which could cause legal proceedings to be taken against the *Newsletter*, which accepts no liability for any inaccuracies contained therein. The *Newsletter* does not necessarily agree with any of the views expressed on the letters or indeed other pages. All letters must contain the sender's address, although this may be withheld from publication on request.

Note to Readers: Advertising

Inclusion of advertisements in the *Newsletter* does not imply any particular endorsement or recommendation of services or companies by Kinross CC or Kinross Newsletter Ltd.

Abbreviations

PKC: Perth & Kinross Council
CC: Community Council

Clr: Councillor
CCllr: Community Councillor

It's safe to mention Christmas now that we are in December, or so I've been told. Thanks to Kinross Parish Church no one (who doesn't want to be) need be alone this Christmas Day. See p12 for details, unless you would prefer to shut the door tight, look out your pjamas and take some prosecco in the bath with you, uninterrupted!

Christmas should be a time for us to put aside our petty grievances and focus on the big picture.

We have some big issues to consider in Kinross at the moment with a potentially large planning application on the way which could threaten Davies Park. We have increasing concern about the effects of raw sewage polluting Loch Leven, our most precious asset, and worryingly, it seems, that being deemed acceptable by higher powers.

Perhaps we should all put our energies and determination into working on solutions to these big issues, rather than maliciously fixating on the small stuff. Just a thought.

Hannah Phillips, Editor

Milnathort Guide Hall

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If interested, contact

Alison Hamilton at 077647 50212

About The Kinross Newsletter

The *Kinross Newsletter* has been informing and supporting the community for over 45 years.

It began as a way of letting residents know what Kinross Community Council was saying and doing, but soon expanded to be so much more.

Readers use the *Newsletter* to find local trades and services, and our loyal advertisers support the community by enabling us to publish local clubs' reports and essential community information free of charge. Readers, when answering an advertisement, please say you saw it in the *Newsletter*. Thank you.

The *Newsletter* is published by Kinross Newsletter Limited (company no SC374361). Any profits are transferred to charitable company Kinross Community Council Newsletter Limited (charitable company SC040913) to be given away to local good causes.



David Colliar Steps Down

I HAVE DECIDED TO retire from Kinross Community Council after almost 40 years, due to my health and age.

I take this opportunity to thank the people of Kinross area for supporting me at any election we had, although we were often returned unopposed. I thank all my present and past members of the Community Council. I have made many friends during my term.

My thanks go to all the Regional, District and Perth and Kinross Councilors for their support and work for Kinross. It was indeed a surprise to receive a presentation at the last meeting. This has never happened before and I do really appreciate the support I have had over the years. I send the new Community Council my best wishes and hope they have a successful term in office.

David Colliar, Kinross

Remembrance 2022 – Big Thanks Kinross, Milnathort And Region

We want to say a big thank you to the over 40 outlets, shops and businesses, which let us place our poppy boxes and tins on their premises this year. We hope the large poppies placed about the towns and outlying villages gave you a feel for the season too.

A big thanks to our many friends, who helped us place tins and collect them, and to Richard and team at the Loch Leven Laundry, again, for the terrific and imaginative window display, and to all others who did similar. It's really good of you all.

Huge thanks to all of your readers for donating by QR codes on tins, by texting, in cash, or on our online Giving site. We tried hard to make digital giving easier again, though we did notice an uptake in cash making a comeback this year.

So, what are our totals? We haven't got the final numbers yet, as this is written. We are still counting as the *Newsletter* deadline approaches. But, we'll let you know in the next edition how we did.

Thanks to Sainsbury's staff, Kinross, for taking the poppy boxes, displaying the merchandise stand, and for letting us do in-store collections again. We were there every day at differing times in the week's run up to Sunday and it was great how many people wanted to stop for a chat, to tell us about their family members, and make a donation for a poppy.

Thanks to local schools – staff and young people – who kindly took the boxes too.

It was a pleasure helping at the High School Remembrance assembly on three successive days, and to do the same in Perth prison with a group there, with the Governor and senior staff joining in too.

It was wonderful to have such a great turnout at the Parish church, and at our march and parade at the War Memorial this year. Sincere thanks to Lynne McKay and her Community Council team for their careful planning, our parade commander, the youth organisations in great numbers, and Ministers Revs. Alan Reid and Austin Wicks, who did such a lovely job, and arranged such a stunning, mild, sunny day through their connections with higher authority. Thanks to the superb Kinross pipe band, Sgt Mark Craig and his community police officers too. And thanks to you the Kinross and district people who came in very big numbers to be there. Veterans, you're always welcome to march with us every year.

Renewed thanks to you the public for your support to the poppy appeal – the monies raised during the Scottish Poppy



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Appeal will be used to provide vital life-changing support to the Armed Forces community in Scotland.

*Andy Middlemiss and Christine Robertson
Scottish Poppy Appeal Area Organisers
Kinross And Milnathort*

Scotlandwell in Bloom & The Blythswood Shoe Box Appeal

THE SCOTLANDWELL IN BLOOM team and friends had a thoroughly enjoyable social afternoon on Thursday 4 November as they wrapped and filled shoeboxes for the Blythswood Shoe Box Appeal. We wrapped and packed an amazing 77 shoeboxes (our best effort to date) and were rewarded with coffee and delicious cake (courtesy of Tanya and Moira’s superb baking). The sum of £72 was raised from the coffee/cake donations, a cheque for which was sent to Blythswood. A huge thank you to everyone who came along and to those who very kindly handed in donations (shoeboxes, goodies and cash). Together we made it happen!

Thanks also to the 5 o’clock gang who helped carry all the shoeboxes out and filled the car ready for transportation to Kinross. The shoeboxes were delivered to Kinross on 8 November. Very special thanks to Mary Sneddon of Kinross who very kindly offered to store all our shoeboxes, and those from other groups who had assembled at Sainsbury’s carpark at 2pm in her garage (the Blythswood lorry had arrived in Kinross in error at 10am). We very much hope our boxes are on their way to help spread a little Christmas cheer to those less fortunate.

As always grateful thanks to Ronnie, Tanya and staff at the Well Country Inn for hosting the event and for their support and generosity.

Elaine Carruthers, Scotlandwell

Thanks



THE MACKENZIE MILLS FAMILY would like to offer a huge thank you for all the prayers, good wishes, cards and gifts received this month. David was dropping off his daughter at Brownies when they were caught up in the horrific incident on South Street on 2 November. There were many kind people who assisted at the scene, and they are very grateful for the emergency services and NHS staff who looked after them. Thanks also to Food Tidings volunteers for sending over meals once they were home. Bella has been so very brave and her parents and friends are immensely proud of her.

David Mackenzie Mills

ORWELL AND PORTMOAK PARISH Church would like to thank all who attended the Open Event at Orwell Church on Thursday 17 November to see the Refurbished Church Building and find out how versatile the space now is for anyone to use. We had a good number of people in and hope you all felt very welcome.

The building has a number of possibilities for use from smaller meeting areas to using the whole building with a well equipped kitchen. Please get in touch if you were not available on this occasion and would like to see round the Church. Email bookings@orwellportmoakchurch.org.uk or orwellandportmoakchurch@gmail.com

Congratulations!



THREE KINROSS HIGH School pupils – Calum, Adam and Sean – were selected to perform in Disneyland Paris as part of the International Festival of Dance and Performing Arts.

Not only that but, together with their Act Sing and Dance Schools Scotland group, they won!

A great achievement. Well done, boys.



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Winter Opening Hours

December:

Thu 8th & 15th - 9.00am - 8.00pm

Thu 22nd & Fri 23rd - 8.00am - 5.00pm

Sat 24th - 8.00am - 3.00pm

25th & 26th - **CLOSED**

27th, 28th, 29th, 30th, 31st Open as normal

January Opening Hours

1st & 2nd - **CLOSED**

3rd, 4th, 5th, 6th, 7th, 8th Open as normal

We will be closed from Monday 9th to Sunday 15th
January to give our staff a well-deserved break!

Our Café will be open, as normal, from Monday
16th January. Our shop will stay closed for stock
take on Monday 16th & Tuesday 17th January and
will re-open on Wednesday 18th January

Milnathort Golf Club - Christmas Menus

From 1st December we are delighted to
offer the following to members and
visitors to the golf club:

- ❖ Lunches or tea, coffees and cakes from
10am – 3pm (full menu available
between these hours)
- ❖ Christmas lunches for small or large
groups (booking required)

Christmas Afternoon Tea (festive
sandwiches, toasties or paninis) plus
Christmas sausage roll, homemade
shortbread and mince pies with tea or
coffee. £9.95 per person or add a small
bottle of prosecco for £13.95 per person

For further details or bookings, please
contact the office on 01577 864069 or via
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food and plenty of car parking, Milnathort
Golf Club is the perfect setting for your
Christmas get together with friends.





KINROSS REMEMBERS



KINROSS RESIDENTS TURNED OUT in force to remember the fallen on Remembrance Sunday, with Kinross and District Pipe Band leading the traditional parade of veterans, youth organisations and others from from Kinross Parish Church to the War Memorial in front of the former County Buildings (now the Courthouse restaurant). It was a very moving occasion on a mild, sunny day (especially for November) and the turnout was superb.

A few well-chosen words were said by Ministers Revs. Alan Reid and Austin Wicks. Thanks to all who made the occasion possible.



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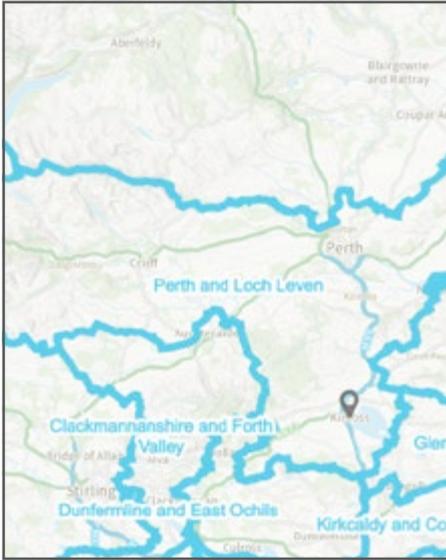


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CONTROVERSY OVER BOUNDARY COMMISSION REVIEW



THE BOUNDARY COMMISSION has published the latest proposal for Westminster Boundaries for Scotland.

Cllr Richard Watters said ‘Yet again we see Kinross-shire being split, with Scotlandwell joining the Glenrothes constituency and the rest of Kinross-shire and Glenfarg joining the new Perth and Loch Leven constituency ... the commissions disregard for local communities like Portmoak is down to the strict criteria set by the UK government. I for one will oppose these changes. The integrity of Kinross-shire in any election must be maintained.’

Cllr Dave Cuthbert said, ‘I do sometimes wonder if the Boundary Commission dislikes the name Kinross. My own prefer-

ence for the ward name is South Perth and Kinross.

‘The new proposals have Scotlandwell and Auchmuir Bridge separated from the rest of Kinross-shire. I have no idea why this has been done, but assume it is a numbers issue. My view is that this does not make sense.’

The proposals can be viewed at: <https://www.bcs2023review.com/>

They are currently consulting until 5 December 2022 on other revised proposals for new constituencies. Initial proposals for constituencies are still available to view, along with the responses received from members of the public during the two consultation periods relating to those.

MILLER HOMES APPEAL ‘DISAPPOINTING’

MILLER HOMES HAS APPEALED a council direction to provide an environmental impact assessment (EIA). They have asked Scottish ministers to overrule a PKC request to supply an EIA to show their plans would not have a detrimental environmental impact on both Loch Leven and the area surrounding Davies Park.

Cllr Willie Robertson said he was ‘very disappointed’ they had chosen to challenge the council’s instructions.

‘Respectfully, Miller Homes do not agree with the council’s decision that an EIA is required for the proposed development,’ Montagu Evans said.

KINROSS ACTION GROUP ARE plan-

ning to hold a public meeting in the New Year to coincide with any application made by Miller Homes to develop the site between the M90 motorway and the Wimpey estate.

The meeting will take place one evening in January in Kinross Parish Church. At the time of going to press, the date is still to be confirmed and will be announced in the January Newsletter.

A spokesperson for the group said, ‘The group have been working on a defence strategy to ensure Davies Park will not be destroyed.’

JANUARY ISSUE FOR NEWSLETTER!

EXCITING NEWS – the *Kinross Newsletter* will be published in January! Editor Hannah Phillips said ‘This is a very exciting addition to our schedule and very important news for the many readers who have asked in the past why we don’t put out a January issue. We’re happy to do what we can for Kinross so this year – or, rather, next! – the *Newsletter* will be available at all the usual outlets.’

The *Kinross Newsletter* will be on sale in the first week of January. Please tell your friends it’s available and pick up a copy when it comes out!

YOUTH OVATION FOR MP

WESTMINSTER MP JOHN Nicolson received a standing ovation from the Youth Parliament in November.

Over 200 young people, aged from 11-18, gathered at the Palace of Westminster to take part in the annual series of UK Youth Parliament debates, this time addressing mental health, minorities’ rights and the cost of living crisis.

Addressing Members of the UK Youth Parliament, Mr Nicolson pointed to the memorial plaque honouring the life and legacy of Jo Cox, a Labour MP murdered in 2016 for her political views, and said,

‘Look at that sign behind you there. It’s a memorial to Jo Cox who was murdered because of her politics.’

Mr Nisholson went on to say, ‘It’s an important business the one that you’re looking at. You can change people’s lives. So never listen to anybody who says ‘politics doesn’t matter’.’

Concluding the session, Mr Nicolson was met with a standing ovation when he said, ‘I hope a great many of you will go on to represent people. Thank you all for your contributions today, they’ve been moving and excellent.’



Photo: Andy Masson

‘At present, we are not at liberty to broadcast details of our proposals and intend to release this information at the forthcoming meeting’.

Kinross Action Group wish to thank the many local people who have joined the campaign and are delighted to announce that they now have over 800 members on their Facebook page ‘*No Road in the Park*’.

For further information please contact David West via email: westdavid1962@gmail.com

Christmas at Loch Leven Church

4th December – Nativity family service
Loch Leven Community Campus at 10.30 am

11th December – Christmas Carols at the Café
Loch Leven's Larder at 3.30pm

18th December – Christmas Service with
Youth Group and Children's Christmas Party
Loch Leven Community Campus at 10.30 am



Loch
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Charity No: SC049050

www.lochlevenchurch.com
www.facebook.com/LochLevenChurch
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Christmas Carols at the Café

Time: 3.30pm

Date: 11th December

Venue: Loch Leven's Larder

Refreshments will be
served during the event.



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Leven
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ROSS MITCHELL IN PERTH EXHIBITION

POPULAR KINROSS PHOTOGRAPHER Ross Mitchell, whose work the *Newsletter* was first to feature back in 2020, has announced a new exhibition that will see his images of lockdown walkers in Kinross projected on to St Paul's Church Square in Perth in January.

Ross first began photographing Kinross residents as a personal project when out walking during the Covid-19 pandemic, posting the results each day on social media.

The exhibition will hopefully run from 16-31 January, with the possibility of it being extended to a later date. A total

of around 3000 photos of Kinross locals (and their pets) will be shown.

Ross told the *Newsletter*, 'I am really happy and excited to have this exhibition underway.'

He still hopes to be able to bring the exhibition to Kinross in the future.

Pupils Pipe Up For New Music Tuition Programme

KINROSS-SHIRE PUPILS NOW HAVE the chance to learn the pipes and drums in schools, thanks to a new tuition programme co-funded by the Scottish Schools Pipes and Drums Trust (SSPDT) and PKC.

So far over 50 pupils have signed up to learn the chanter, and some 45 pupils have opted to learn drumming.

The programme is being managed by the Kinross Youth Pipes and Drums voluntary committee. Stephen Kennedy, chairperson, commented, 'It has received a really positive reaction in schools.' Craig Glimm, parent of Nicholas Glimm, one of the KHS pupils involved said, 'I have been delighted to see my son's progress on the pipes. His continued enthusiasm is due in no small part to the efforts of his tutor Finlay Frame.' Paul Rosie, Faculty Head of Performing Arts at KHS commented, 'We are really encouraged by the positive start to this project and Finlay is already proving to be an asset to the school.'

The project has been made possible by the generous joint sponsorship of Perth & Kinross Council and the SSPDT, a registered charity that promotes the playing of pipes and drums in Scottish state schools.

Alexandra Duncan, SSPDT Chief Executive, said 'We know that



KHS pupil Nicholas Glimm practising at home with his dad, Craig Glimm.

learning the pipes and drums, and being part of a band, helps young people to develop complex skills for life, learning and work.' For more information please see www.sspdt.org.uk.

TARTAN KIPPER SPLASHES OUT

A WELL-KNOWN KINROSS-SHIRE business has added another string to its bow with the introduction of a unique wedding service.

Tartan Kipper, run by award-winning designer Charlotte Giacomazzi, has launched a new website offering bespoke weddings in one of the most glorious settings in Kinross-shire – a beautiful orangery in a nineteenth-century house deep in the heart of the countryside.

The orangery, which is festooned with real passion flowers that grow from the ceiling, can accommodate up to 24 people, making it ideal for small weddings, renewals of vows or anniversary celebrations.

'Money is tight for everyone just now but there's no need to spend a fortune to



create a unique wedding day; all you need is a bit of imagination,' said Charlotte.

'I'm always excited to talk through ideas with clients and hopefully inspire them. I work with a number of people I've chosen for their skills and professionalism, such as celebrants, photographers and caterers, but clients are more than welcome to choose their own. 'The orangery is a stunning space that's

made for intimate occasions. It opens out onto sweeping lawns and more than 20 acres of woodland, so it's a perfect setting for a marquee as well as a wonderful backdrop for photographs. If you're lucky, you might be joined by the roe deer who hang out in the woods. We even have an adorable miniature Shetland pony, Teddy, if you're looking for a ring-bearer with a difference!'

Meanwhile, in the run-up to Christmas, Charlotte is as busy as ever creating unique, personalised cards and gifts as well as unusual wreaths and, of course, her iconic mixed media artworks of Loch Leven.

For more information on all Tartan Kipper's services, visit www.tartankipper.co.uk

Don't Be Alone This Christmas

GOING TO BE ON your own on Christmas Day? Or do you know someone who will be?

Following the success of previous years' Christmas Day Lunch, Members of Kinross Parish Church are once again hosting a lunch in the Kinross Centre, 64 High Street, Kinross on Christmas Day for people in the community who would otherwise be on their own. There will be entertainment from 12pm, lunch will be served around 1pm with more entertainment afterwards, finishing around 4pm.

This is open to anyone in the community and there is no charge.

So that we have enough turkey (kindly donated by Hunters of Kinross) please let us know as soon as possible if you would like to join us. Transport can also be arranged.

If there are any other entertainers who would like to spare half an hour on Christmas Day please get in touch.

Please call Richard Scott 07999 510500 or Kinross Parish Church office 01577 862570 for more information.

THE SQUIRRELS ARE COMING!



Pic: Scouts.org.uk

1st Kinross Squirrels All Set For 2023

1ST KINROSS SCOUT GROUP are delighted to announce that they have been approved to start a Squirrels section from 2023. Squirrels is the newest branch of the Scouts family tree for four to six year olds. They are currently in the process of getting everything in place for the section starting in early 2023 and if you are able to provide support with the leadership team then please get in touch.

Volunteering is flexible and finds a role that fits with your time and skills. It is not just about giving something back. It's also about doing something that's good for you. Volunteering gives you career-boosting skills, improves your wellbeing, and helps you make connections with friends, family and

your local community. If you are interest in helping with the section, then please email them on kinrosssquirrels@outlook.com for more information.

Fossoway Memories

THE PICTURESQUE VILLAGES AND community of Fossoway holds so much history and so many stories. From seventeenth-century cattle fairs, the Muckle Toon of Aldie, The Bull Stone, Paper and Sawmills to the lost shops and libraries. Maybe you live in a house that was once the dressmakers, grocers, wrights, tailors, bootmaker or blacksmiths. Is there a story beyond your front door of bygone years that you would be happy to share?

December will see the start of a new Facebook Group 'Fossoway Memories'. This is an open group for the whole community of Fossoway and surrounding villages to share memories, post old photographs and reminisce about the history of the area, old traditions, events, clubs and societies. (If you post a photo, please acknowledge copyright where known).

We know that not everyone follows Facebook, so if you have any old photos or stories of the area that you would like to share you can always contact Di Dawes of Hilton of Aldie who is co-ordinating the group page. Hopefully we can share some of them in the *Newsletter!* (01577 840111 or di@farmerdawes.co.uk)

OCHIL GREEN STUDIO

Nestled in the centre of Glenfarg looking over the green, Amy looks forward to welcoming you to the studio. From deep tissue massage for those aches and pains to something a little more relaxing, to help ease those stresses.



Hello, my name is Amy.

I'm passionate about keeping people moving, helping to reduce those aches and pains. Please just drop me a message or call to see if I can help you.

I look forward to meeting you soon!

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Tues 9:15am

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MORE WORK ON HERITAGE TRAIL

EIGHT YEARS AFTER THE completion of the Loch Leven Heritage Trail, work to upgrade and repair the circular route is set to begin in 2023. The 21km Loch Leven Heritage Trail was built over an eight-year period with the last section built in 2014. The trail was built as an all-abilities path, suitable for walkers of all ages and abilities, cyclists, runners, and wheelchair and motorised scooter users. The trail is used extensively by the residents of Kinross-shire and visitors to the area. The trail is a great asset for the community and local businesses that have either been established or expanded to provide services to users of the trail.

The last visitor survey was carried out during 2015 when there were an estimated 208,000 visitors, up from 122,000

by 30 April. This will allow the works to be conducted out with the peak usage months and limit disturbance to ground nesting birds and birds feeding near to and/or roosting on the Loch. During this period the trail will be closed on the sections being repaired and where possible, diversions put in place.

CONTRIBUTION, FUNDING AND DONATIONS

CONTRIBUTIONS FOR THE FUNDING for this first phase have been committed by Perth and Kinross Council, Paths for All and The Arthur & Margaret Thompson's Charitable Trust.

The Rural Access Committee of Kinross-shire (TRACKS) are the project managers for the programme of work and



in 2009 and 108,000 in 2011. Anecdotal evidence suggests that as of 2022 visitor numbers are much higher than they were in 2015.

SCHEDULED UPGRADE AND REPAIRS

THE PATH SURFACE HAS reached the stage where most of the 21km trail needs to be repaired. This repair work is mainly resurfacing, but some sections require a more substantial upgrade to alleviate localised flooding and rutting, and to help retain the Trail's all-abilities status. A three-year programme of works has been agreed with Perth and Kinross Council, RSPB, and Nature Scotland.

The first phase of the programme includes a 5.6km stretch from Boathouse pier, Kinross to Channel Farm/Loch Leven's Larder spur. This section is part of the National Cycle Network and works are scheduled for 2022/23 with a budgeted physical build cost of £162,000, established through a recent tender exercise. The work is scheduled to commence, subject to weather, in February 2023 and to hopefully be completed

have drawn up the specification, tendered the work, raised the funds and will be managing the onsite physical works. TRACKS is a registered charity and was established in 1992 to identify and carry out projects which would enhance access to the local environment of Kinross-shire and Glenfarg and was responsible for the project management of the Heritage Trail project.

To help with the cost of the repair work, the maintenance of path links to the LLHT, and to support wider projects to improve rural access in Kinross-shire and Glenfarg, TRACKS are seeking donations from the local community, local businesses and visitors to Kinross and the Trail. Charitable donations can be made via: <https://kinross-tracks.org.uk/donate-to-tracks/>

Project Officer, Nick Mainprize said, 'To keep up to date with the trail closures and ongoing projects visit www.kinross-tracks.org.uk and follow us on Facebook at www.facebook.com/TRACKSKinross.'

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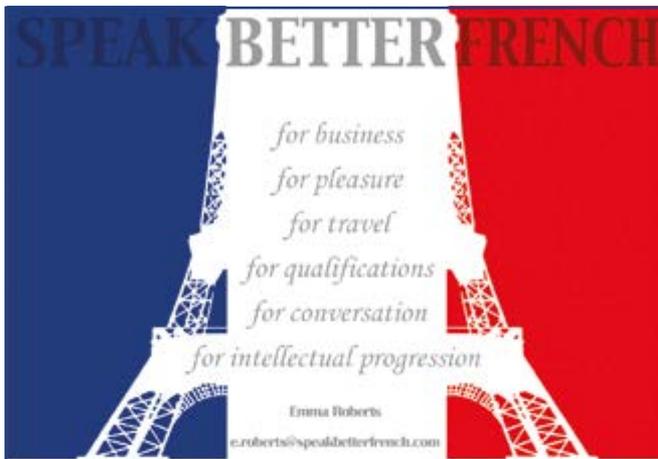


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CROOK - VILLAGE HALL CAR PARK
SATURDAY 3rd

GLENFARG - VILLAGE HALL CAR PARK
SATURDAY 10th

PORTMOAK - CHURCH CAR PARK
SUNDAY 11th

MILNATHORT - STEWART + SMART GARAGE
THURSDAY 15th

KINROSS - OCHIL VIEW
SATURDAY 17th

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LAURA GOES BACK TO SCHOOL!

MILNATHORT AND ORWELL COMMUNITY Council were delighted to acknowledge and honour the outstanding athletic achievements of their own Laura Muir at a recent ceremony held at Milnathort Primary School.

Laura, who won gold at the Commonwealth Games in Birmingham earlier this year, returned to her primary school to be presented with a plaque by pupils, which will be displayed within the school.



She said: 'I think my upbringing here has helped inspire and make me into who I am today. 'Having that support at a young age from a really supportive school and teachers that want you get involved in sport and encourage you in sport is a really big part of that. I've always really enjoyed running from the start and I think having that enjoyment has really helped me to continue with it and then become where I am today. This is where I grew up and where my running journey kind of started with running in primary school. It's so nice to be back and to see some of my teachers that are still here.'

Laura, a medal-winner at every major athletic championship, brought along her Commonwealth gold medal, Tokyo Olympic silver medal, and other championship medals to share with the pupils.

This was the first time in 20 years Laura had returned to the school where her running career began and she praised the support that she was given by her teachers, some of whom were also present at the ceremony.

After being presented with the plaque, spending time signing autographs and answering questions from pupils, Laura headed up to the new Pace Hill development, Milnathort to unveil the street sign of Muir Way, named in her honour.

Neill Bingham, Milnathort Community Council, said, 'It's great to be able to acknowledge Laura's outstanding achievements and hope that they will inspire the next generation of Milnathort sporting stars.'



LITTLE SAPLINGS

AS PART OF THE LATE Queen Elizabeth II Platinum Jubilee celebrations, pupils of Milnathort Primary School, in conjunction with Milnathort and Orwell Community Council, planted approximately 30 saplings in Tillywhally Woods, Milnathort.

The saplings were provided as part of the Queen's Green Canopy Scheme, which encouraged children to plant trees and become more aware of their environment and climate.

Fright Night



LOCAL BAND OPEN WATERS (Duncan Crichton, 15, Zoë Neave, 15 and Stuart Pritchard, 16) organised a Spooky Spectacular Fright Night of live music at the Milnathort Town Hall on 28 October.



Open Waters present fundraising total to KYTHE (l to r: Barry Dougall, KYTHE senior youth worker; Stuart Pritchard; Zoë Neave; Duncan Crichton; Gillian Lindsay, KYTHE assistant Christian youth worker)

Four bands from the local area (The Velvet Effect, The Sleeping Giants, That's What She Said and Open Waters) provided an evening of entertainment for young people (and a few oldies as well). The event raised £200 which Open Waters donated to KYTHE as a thank you for cultivating and supporting the local music scene.

WARM SPACES UPDATE

COMMUNITY SPACES HAVE OPENED their doors for those who need (or who would prefer to use them) this winter throughout Kinross-shire. We live in a very supportive community, so please

don't suffer in silence. See below for a comprehensive list of warm spaces.

Few of us are *not* affected by the current cost of living crisis. It's possible to stay cosy with the added benefit of

some company! You will be made very welcome at any of the below locations.

The Men's Shed are now open on Thursday evenings as well as regular opening times.

community spaces kinross-shire

We want everyone to have a warm home. If you are struggling to afford to do this, we would encourage you to contact to following agencies for financial support first:

These spaces are already available for local residents to use. Many have activities available.

Home Energy Scotland
Monday - Friday 8am - 8pm and
Saturday 9am - 5pm.
0808 808 2282

Welfare Rights
Mon/Tues/Wed & Fri 09:00 - 17:00
Thursday 09:00 - 16:30
01738 476900

Citizens Advice
10am - 3pm Monday to Friday
0808 196 9440

Kinross Parish Church
Monday & Friday
cuppa and a blether - 1000-1200hrs.

Kinross Men's Shed
15 Swansacre, Kinross
Mon/Wed/Saturday - 1000-1300hrs.
Thursday 7-9pm

Glenfarg Community Centre
Soup lunch Monday 12.30
Coffee morning Thursday 10am
www.glenfargcommunitycentre.com

Kinross Day Centre
Open 9-4 Mon-Fri 01577 863869
Over 65s can get 3 course meal and
activities for £6 (please phone ahead
for this). Hot food available to **all** at
reasonable prices.

Kinross Library
Mon: 10:00 -13:00
Tues: 10:00 - 19:00
Wed: 10:00 - 18:00
Thurs: 10:00 - 19:00
Fri: 10:00 - 18:00
Sat: 10:00 - 15:00
Activities including Rhyme Time,
Book Bug, study spaces,
jigsaws for loan, book club.

**Orwell & Portmoak
Church Office, South Street,
Milnathort**
Open 10-12 every morning with
cosy space for tea and coffee.

KYTHE
Muir, Kinross, KY13 8FP
Space for young people 11+
Thursday Chill and Chat 3.45-4.45
Friday Drop in 1-4



broke not broken
www.brokenotbroken.org
07518 913107

Networking Breakfasts Return

THE POPULAR Networking Breakfasts are back!

A very successful breakfast was held at the ever popular Loch Leven's Larder at the start of November. The event was attended by numerous local business people who were able to tell us about their businesses that covered a very wide variety of activity – from making children's play equipment to providing financial advice.

The guest speaker at this return event was the remarkable local business woman Sarah Rankin. Sarah is perhaps most well known for her amazing journey to the finals of MasterChef 2022.

In the telling of her hugely entertaining story to the reach finals Sarah

demonstrated that she is a true lover of Scottish flavours and produce. If you want to learn more you will find her amazing food stories in the likes of *Scottish Field*, *The Courier* and *The P&J* (as well as her monthly food column right here in the *Kinross Newsletter*).

Sarah's story is much more than her passion for real food, cooked simply she is also a very successful Marketing Consultant who actively supports many local business including providing invaluable support to the Kinross Partnership as well, of course, businesses further afield.

A spokesperson from The Kinross Partnership said, 'A huge thank you to Sarah for helping us to successful-

ly relaunch Networking Breakfasts. Thanks also to the Larder for providing a range of delicious breakfast options for the participants to enjoy.

The event was expertly arranged and facilitated by Partnership Director, Richard Scott from Loch Leven Laundry.

The next Breakfast Networking event will take place at Loch Leven's Larder on Wednesday 7 December from 7.15am to 8.45am when the guest speaker will be Thomas Glen, Chief Executive of PKC.

Booking is essential as places are limited. To reserve your place please email kpnetworkingbreakfast@gmail.com. (The all-inclusive cost is £15).

DAVID COLLIAR: 40 YEARS OF SERVICE



DAVID COLLIAR'S LIFE IS steeped in Kinross-shire, having lived in the area for almost his whole life. His background knowledge of local people, events and places is second to none. His voluntary service within the local community over many years with a variety of community groups show how keen an interest he has in local matters and how generous he has been with his time, always striving to improve and do what is best for Kinross-shire.

From his work with Kinross Boys Brigade (driving and repairing minibuses!) David has also been involved with the Civilian Committee for Squadron 1735 Kinross ATC, Light up Kinross (he joined the subgroup to erect Christmas Lights in town and to get charitable status for the group), served on the Primary School PTA, High School PTA, Schools Council, and been involved with Hayfield Wildlife Garden, Ross 2000 (a fundraising project to add a games hall to the swimming pool which was later overtaken by the community campus) among many other projects. In fact, there isn't much he hasn't been involved in!

David represented the CC at the meetings regarding the design of Loch Leven Campus, chaired the largest (to date) CC meeting where 250 members of the public attended to hear about the controversial swimming pool plans, and helped to set up the *Kinross.cc* website which was a joint venture with Kinross-shire Partnership. He was also involved in liaising with T in the Park for 18 years. David is active on the *Kinross Newsletter*

Community and Local Councillors with David when he was presented with a plaque at the October CC Meeting (above). David with the plaque (below)

and KCCNL (Charitable Company) Boards.

Sadly, though, time takes its toll on us all and David has reluctantly decided that ill-health means it's time for him to step aside in favour of younger blood.

He goes with the greatest thanks and best wishes from everyone at the Kinross Community Council. All of us here are in no doubt of the enormous contribution he has made to life in Kinross and everyone will miss the fountain of wisdom David has accumulated over the years of dealing in local affairs - and with which he has been so generous in his willingness to help others.

David may be stepping down from Community Council life but thankfully he'll be staying on to continue his good work behind the scenes at the *Newsletter*.

Fellow councillors marked his contribution and his service with the presentation of a plaque at the October meeting.

Thank you, David!



Fed Up With Speeding Traffic?



THE COMMUNITY WAS SHOCKED and saddened by the appalling RTA in Milnathort town centre in November. Only by the greatest good fortune were there no fatalities but all too often it seems to many of us that too many vehicles drive too fast on our roads.

Are you fed up with speeding traffic through your town or village? Could you spare a few hours to help by joining a team of Speedwatch Volunteers?

Full training will be given and volun-

teers go out in groups of three (or more) and use equipment to record speeds and number-plates of passing traffic.

Volunteers are needed in all parts of Kinross-shire, so there is no need to stay in your own village if you would prefer to be based elsewhere. The good news: results from Crook of Devon and Powmil show that this campaign really does work to help reduce speeding!

Contact Willie Robertson at wbrobertson@pkc.gov.uk for more details.

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COMMUNITY POLICE OUT AND ABOUT

THE COMMUNITY POLICING Team have been out and about in Kinross-shire, meeting local groups and talking with residents, who have been able to have 'Coffee With A Cop.'

They recently visited Kinross SPARKs and spent some time chatting with members (see photo). Pictured (right) are PC Ben Samson and Sgt Mark Craig.

PC Ben Samson from Kinross recently visited Portmoak and Fossoway Primary Schools to meet with the Junior Road Safety Officers. He discussed road safety and loaned them PC Kirsty to assist keeping road's safe around their schools. The JRSO's were very excited about the new recruit!

He also enjoyed catching up with locals in Glenfarg Village Hall and raising awareness of the Your Police Survey. Pop up Kirsty has been assisting the Kinross Community Policing Team with their speed checks in Portmoak and Gairneybank. The photo (opposite) shows recent speed check activity they have been undertaking in Carnbo.

You can keep up-to-date on Twitter at @PerthKinPolice and at hashtag #KinrossCPT.



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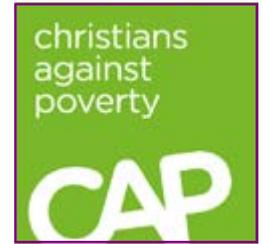
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Church News

Christians Against Poverty



KINROSS PARISH CHURCH has decided that its special collections in December, at Communion and at Christmas services, will support the charity 'Christians Against Poverty' which works to support people in the UK to become debt free.

Brian Timms, the church's Finance Convener, says: 'People are facing catastrophic increases in basic living costs: Too quickly the situation can spiral out of control. This charity (SC038776) has a network of Debt Centres across Scotland offering free, expert help. Donations can be made

(marked CAP) at any of December's church services or via the Giving page of the church website.'

This support for Christians Against Poverty is one of the ways the congregation at Kinross Parish Church is trying to help in the current cost-of-living crisis. The church has already donated to Broke Not Broken and the Kinross Centre earlier this year.

Along with other community spaces such as Orwell Church Office, the Kinross Centre and the Men's Shed, the church is now open, on Monday and Friday mornings, as a 'Cosy Space',

providing a warm community meeting space for a cuppa and a chat. A similar need is met by many of the other groups of the church such as Stepping Stones for toddlers, Let's Sing, and the special free Christmas activities for families such as a Film Evening on Thursday 22 December. Details of these groups and meetings are at www.kinrossparishchurch.org, on p100 of this Newsletter or in the free magazine *Kin-nections*.

United Service on New Year's Day

ALL CHURCH OF Scotland churches in Kinross-shire are joining together on New Year's Day, Monday 1 January, in a united service at 11am at Orwell church, Milnathort.

The parish churches of Kinross, Orwell and Portmoak, Cleish, and Fossoway have been working more closely together over the past year and are now considering the creation of a formal Parish Grouping.

Gordon McFarlane, an elder at Kinross Parish Church, said: 'I'm looking forward to us all meeting together on Ne'er Day in the beautifully upgraded and restored Orwell Kirk. We've set the time at 11am to give folk time to wake up!

'I'm sure we'll see more joint working together in the future so it's appropriate to start 2023 in this way.'

New Kin-nections

THE CHRISTMAS ISSUE OF *Kin-nections*, the free magazine of Kinross Parish Church, is now available. It is delivered to members of the congregation but anyone can ask for a copy (contact 01577 862570 or office@kinrossparishchurch.org)



or pick up a copy at the Library, Church Centre or at various cafes in Kinross.

The new issue has information on Advent and Christmas activities and services as well as details of other free events organised by the church for all ages, from Stepping Stones for babies and toddlers to Let's Sing aimed particularly at those living with dementia.

Kirklands Win Award



EARLIER IN NOVEMBER, The Kirklands Hotel were winners at the prestigious Visit Scotland Thistle Awards 2022.

These awards have been recognising and championing the very best of the Scottish tourism, hospitality, and events industries for 25 years and so they were thrilled to be named Regional Winners in the Best Hotel Experience (under 20 rooms) category. The Scottish Thistle Awards celebrate all aspects of what makes Scotland a fantastic place to visit, and The Kirklands are delighted to be just a small part of that.

They had a rare night off for the celebrations and although they'd have loved to take everyone, they do still have a hotel to run! So despite the fact this award was very much a team effort and each and every one of the

Kirklands family is part of the success, they took their longest serving members of staff with us to say thank you for all their hard work. Winning the Regional Heat means they are through to the National Final in February. They've promised the whole team they'll be closing that day and taking everyone with them to celebrate. We wish them luck!

A spokesperson said, 'We want to thank all the team and all our customers who do so much to ensure that The Kirklands is a great place to stay, drink and eat! Our Festive Menu reservations are already booking up fast so make sure to call or book online soon.'

Santa's Christmas Cheer!

WHILE THE CHRISTMAS LIGHT switch-on and Winter Market and Festival are now behind us, we can still look forward to some visits from Santa thanks to our wonderful Rotary Club of Kinross and their helpers.

Santa and his sleigh will be coming out to visit on the dates and time opposite.

Santa looks forward to seeing the children of Kinross-shire (of all ages) together with the parents and grandparents during his travels and thank everybody for their kind giving. You can donate on the Just Giving page www.justgiving.com/crowdfunding/KinrossSantaSleigh2022.



SANTA'S SCHEDULE

FRIDAY 2 DECEMBER

6-8pm: *Kinross South, including Classlochie and Gairneybridge.*

SATURDAY 3 DECEMBER

6-8pm: *Kinross Central Route 1.*

SUNDAY 4 DECEMBER

5.30-7.30pm: *Middle Balado, Cleish, Drum, Crook of Devon.*

FRIDAY 9 DECEMBER

6-8pm: *Kinross Central Route 2.*

SATURDAY 10 DECEMBER

5.30-8pm: *Kinross North.*

SUNDAY 11 DECEMBER

5.30-7.30pm: *Milnathort.*

FRIDAY 16 DECEMBER

6-8pm: *Mawcarse, Cuthill Towers, Drunzie, Duncricvie, Glenfarg.*

SATURDAY 17 DECEMBER

6-8pm: *Balgedie, Glenlomond, Kinnesswood and Scotlandwell.*

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Chicken And White Bean Stew

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You can double up the ingredients easily to feed a crowd and it would work brilliantly for those lazy Twixmas days when cosying up with a festive film and a Chocolate Orange is much more enticing than slaving over a complicated recipe!

I always use chicken thigh fillets over chicken breast, which dries out quickly and has much less flavour. You can also use skin on, bone in thighs, but make sure the skin is well browned before adding to the rest of the dish, and add an extra 8-10 minutes to the cooking time.



To serve four you will need:

8 skinless, boneless chicken thighs
1 leek, finely sliced
1 large onion, finely sliced
2 garlic cloves
6 slices of streaky bacon or pancetta
500ml chicken stock
1 tbsp plain flour
Fresh thyme
Fresh tarragon
Bay leaf
200ml white wine or sparkling wine
1 tin cannellini beans or butter beans
100ml double cream
Salt and pepper
2 tbsp white wine vinegar or tarragon vinegar

Preheat the oven to 170° (150° fan) Gas 5

IN AN OVENPROOF casserole dish, sweat the leek, onion and garlic in olive oil on a low heat until soft. Be patient, this will take at least 10 minutes. In a separate pan, brown the halved chicken thighs in olive oil. This adds extra flavour and is worth taking the time over. Chop the pancetta and fry in the pan with the veg.

Sprinkle the flour over the leek, onion and pancetta mix and stir in for a minute or two to cook out the flour. Turn the heat up to high and pour in the white wine or fizz. Cook for 2 or 3 minutes until the liquid has reduced a little.

Add the bay leaf, salt and pepper and about 1 tbsp each of tarragon and thyme. If your thyme is a little woody, you can strip the leaves by holding at the very tip and pinching and sliding your fingers down to the bottom of the stalk. If you have very fresh thyme, you can simply chop the whole thing. Stir in the seasoning and place the browned chicken on top of the veg. Pour over the stock and cover. Place in the oven for 30 – 35 minutes.

Remove the lid and pour in the cream, vinegar and drained beans. Stir to combine and heat through. Toss over a few more chopped thyme and tarragon leaves for garnish and serve on a bed of wilted spinach seasoned with salt, garlic and lemon zest.



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Councillor Willie Robertson



Active Travel Consultation

I would encourage everyone to take part on the consultation currently underway regarding the future of active travel in Scotland: please see the link below.

Cycling framework for active travel – Scottish Government – Citizen Space (consult.gov.scot)

In my own response I have asked for (amongst other things):

- More flexibility by Sustrans on the types of surface they will help fund
- The use of abandoned rail lines in Scotland to create strategic links across the country
- That roads with 60mph speed limits shouldn't be used as National Cycle Routes as happens at present
- The creation of safe cycling spaces should be part of every plan and not an afterthought as currently
- People should be able to take bikes on public transport – buses and trains

I know from experience that it can be very difficult to get funding to create cycle paths. Only a tiny part of the money needed to create the Loch Leven Heritage Trail came from central government via Sustrans. Nearly all the rest came from charities such as the Arthur and Margaret Thomson Trust and Gannochy. We are very fortunate to have these charities in Perth and Kinross. If we didn't have them the trail that we all enjoy would never have been built. Now Transport Scotland won't permit Sustrans to help fund any cycle route unless the surface is tarred. As Loch Leven is a SSSI, NatureScot would not give consent for a tarred path through the nature reserve so Sustrans can't assist with the LLHT repairs currently scheduled. (Please see separate TRACKS report). In these difficult times Transport Scotland need to be much more flexible and allow Sustrans to fund cycleways even though the surface may not be the a tarred one.

Child Poverty Report

PKC discussed a report on child poverty within the Council area on 9 November. It contained some sobering figures. It is estimated that over 5000 children living within our Council area live in poverty. That is 22.6% of all children in P&K. This figure is continually rising. The main reasons for this is:

- P&K is a low pay economy and our pay gap is widening with the rest of Scotland; 16.5% of our workforce earn less than the Living Wage of £9.50 per hour.
- The pay gap in P&K with the rest of Scotland widened to £47.10 per week – from £11.90 in 2019 and £24.00 in 2020
- We have a significant gender pay gap at £228.50 for all workers and £140.00 per week for part time workers
- We top the league table for employment gap between men and women
- We have fewer households with access to social housing. One in three private tenants experience extreme fuel poverty – twice the rate of those in social housing

Perth & Kinross Council has a very dedicated team who work hard to try and help all who are struggling. If you, or someone you know needs help please contact the Council's Welfare Rights Team on 01738 475000.

Loch Leven

As you know I wrote to the Scottish Government minister Mairi McAllan MSP regarding my concerns that SEPA were not doing enough to protect Loch Leven both from increased levels of phosphorous coming from sewage and from the regular dumping of raw sewage into the loch by Scottish Water. I received the following reply:

Dear Councillor Robertson,

Thank you for your correspondence to the Minister for Environment and Land Reform raising your concern about a pollution incident in Loch Leven from the Kinross Wastewater Treatment Works (WwTW) on 8 September. I have been asked by Ms McAllan to thank you for your letter of 21 September and to reply on her behalf.

I understand your concern regarding the protection and improvement of Loch Leven's water quality. The Scottish Environment Protection Agency (SEPA) currently classifies Loch Leven as moderate for water quality due nutrients (nitrogen and phosphorus). In the River basin Management Plan, SEPA has identified that these nutrient levels are due to rural diffuse pollution. SEPA's priority catchment work with land managers and farmers aims to have measures in place before the end of the current River Basin Management cycle, i.e. 2027, to reduce rural diffuse pollution with the aim of improving water quality. Once the measures are in place the natural recovery of Loch Leven to good condition for water quality will be achieved beyond 2027.

The delay is because the timescale for the recovery of the loch from the effects of nutrient pollution is dependent on the natural rates at which: excess quantities of nutrients already accumulated in the environment flush out of the system; and healthy communities of aquatic plants and animals colonise and re-established once nutrient concentrations in the loch have fallen. In Scotland like most of England and Europe our public sewer system is combined in that it collects both surface water (rainwater runoff) and waste water (foul water) in the same pipe. During heavy rain, as occurred on 8 September, the amount of waste water mixed with surface water received Kinross WwTW exceeded the capacity of the works. At this point the storm tank at Kinross WwTW begins to collect the excess effluent received at the works. The storm tanks are there to catch the 'first flush' from the sewer network, which is the most concentrated effluent to prevent this from entering the water environment. Once the rain event is over the storm tank is emptied back into the sewage works for full treatment. If heavy rainfall is prolonged the storm tank will eventually overflow via screens, to remove the solid debris, discharging primary treated to the water environment as occurred on 8 September.

This is licenced by SEPA and part of the normal operation of any large sewage works. Recent inspections of the sewer network and sewage works in Kinross and Milnathort by SEPA has shown compliance with licence conditions. Scottish Water has committed investment in recent years to improve infrastructure within Kinross sewage works and SEPA will continue to monitor and work with Scottish Water as it invests and improves all sewage treatment plant sites, and will take action where this is required.

As you will read the bulk of the blame for the deterioration in the quality of the water in the loch is directed at farmers. The release of raw sewage into Loch Leven by Scottish Water is part of the 'normal operation' of all large sewage works. However my argument is that Loch Leven isn't just any loch, it is both a SSSI, a RAMSAR site and a major visitor attraction. Anyone else (other than Scottish Water) dumping raw effluent into Loch Leven would be prosecuted by SEPA – and quite rightly.

This issue has now been debated in the Scottish Parliament and during the debate Ms. McAllan cast doubt that the sewage spills that were reported had ever happened, despite clear evidence to the contrary.

Christmas and New Year

May I take this opportunity to wish all of you a Happy and Restful Christmas and a prosperous and healthy 2023. The last 12 months seem to have been a real struggle both nationally and internationally. Let's all hope for a much more peaceful and promising 2023.

Councillor Willie Robertson

Politicians

Councillor Neil Freshwater



Action On Road Priorities

ACROSS PERTH AND KINROSS there are around 800 outstanding road improvement projects of which about 80 are in Kinross-shire. Following discussions between Kinross-shire councillors and council officers, it was agreed to see if these projects can't be prioritised. I have shared the list of projects has been shared with community councils who have been asked to identify their most urgent issues. Frustratingly for everyone, we do not have a timescale for the projects which means, in isolation, a prioritised list provides little comfort. However, we are pushing to get this rectified to see if we can get some indication of when projects will be done. I know that there are particular problems for example with the speeding signs in Carnbo and some of the wrongly installed signage at Glenfarg which need remedied.

King George V Sports Ground Expansion

I WAS GRATEFUL TO be invited to an evening event to discuss plans to develop the KGV sports ground, and importantly, avenues for securing the funding required. The expansion of facilities which will include a bigger clubhouse, modernised changing facilities and better parking, which I believe are really important for Kinross, given the huge growth in the numbers of users of the sports facilities and the positive impact that has. Also, an interesting point raised was that since the demolition of the Windelstrae Hotel, there are no facilities in Kinross-shire that can host large social events and the plans would help provide a new space. My fellow ward councillors and I are keen to see the project succeed and will be discussing how best we might secure some funding from the council.



A dreich night outside, but a very warm welcome from the KGV committee to hear about their ambitions

Climate Cafe & Cycling

HAVING BECOME A CYCLIST during the covid pandemic, I was keen to join the Kinross-shire Climate Cafe this month where the focus was on cycling. We heard from a number of speakers about the fantastic place Kinross-shire is to cycle, but also about some of the limitations, both within the Burgh and rural parts.

The presentations included a pictorial 'cycle' through Kinross highlighting some of the annoyances, such as where cycle routes are unnecessarily interrupted because a small section doesn't permit bikes, hindering this mode of active travel. I learnt the hard way, my head having come to blows with the tarmac once already (thankfully with a helmet!) when on my bike, so I know how important it is to consider cyclists when making transport infrastructure decisions. Much reference was made to Denmark (spoiler alert, it's much flatter!), but it's a place I visit frequently and it does feel that cyclists are treated as equally as cars there in terms of the cycleways etc and so it is something to aspire to.

Cleish Primary School Upgrades

AS A MEMBER OF the Education and Families Committee, I raised a question about the plans for Cleish Primary School during a meeting in the council chamber.

As readers may know, there was an agreement during the previous administration to invest and substantially upgrade the Cleish school buildings. I was pleased to be reassured by council officers during the meeting that the funding is secure and that plans are continuing for the extensive upgrades, which are expected to commence in summer 2023.

Councillor Neil Freshwater

Jim Fairlie, MSP



IN LAST MONTH'S ARTICLE I wrote that I was about to embark on the challenge of a lifetime as I attempted to climb Mount Kilimanjaro in memory of my brother Andy who successfully mounted the Tanzanian summit in 2011. As you will likely be aware Andy died from a brain tumour in 2019. On the day he passed I decided that I would follow in his 'bootsteps', and I am pleased to report that on 19 October I reached Uhuru peak, Africa's highest point standing at 5895m above sea level.

Together with my team of fellow climbers we were determined to raise a total of £100,000 to be split between Cornhill Hospice in Perth, whose amazing team cared with dignity and respect for my brother in his final days, and towards the Andrew Fairlie Scholarship run by the charity HIT Scotland to provide the best training the industry can offer an aspiring chef. I will soon be meeting Cornhill to discuss how the money will be utilised, whilst I attended the final of the Scholarship on 17 November.

I give the warmest thanks to everybody for their support, messages and donations. The strength and drive that wellwishers gave us in the hard final yards was very powerful. At this point we are sitting at almost £103,000 and still going up, so a huge thank you from us all.

Statistics show that Scotland's water environment is classified as being in good condition and ahead of both the European average and that south of the border too. However, I was nevertheless concerned by reports of raw sewage leaking into treasured local beauty spot Loch Leven. I raised my concerns in Parliament to Mairi McAllan, Scottish Government Minister for Environment, who said SEPA inspected the location and found no evidence of sewage debris or pollution in the water course before it entered Loch Leven because there is no discharge of untreated raw sewage from Kinross sewage works into the adjacent water course. Furthermore, the Minister explained that Scotland has targets to further improve water quality from the 87% good quality to 92% by 2027. I will continue to monitor the Loch Leven issue to make sure that I am aware of any developments.

I was delighted to speak to an audience of 400 Scottish farmers and crofters gathered outside the Scottish Parliament to rally the message that 'Food Needs a Farmer' and that farming, crofting and food production must be integral to the Scottish Government's new Agricultural Bill.

The farming community – including many local to my constituency – rallied in Edinburgh to make sure that food production is at the heart of delivering all the economic, social and environmental benefits that active agricultural businesses will be asked to deliver. I told the audience of my experience of regular conversations with Cabinet Secretaries and Ministers, and firmly believe that our agricultural industries must and will be rewarded with the bright future and support that it deserves.

Jim Fairlie, MSP

Councillor Richard Watters

New Proposed Constituency Boundaries

THE BOUNDARY COMMISSION has published its latest proposal for Westminster Constituency Boundaries for Scotland. Yet again we see a proposal that will split Kinross-shire. The Commission proposes to put Scotlandwell in the Glenrothes constituency and to put the rest of Kinross-shire and Glenfarg in the new Perth and Loch Leven constituency. Make no mistake, the Commission's disregard for local communities like Portmoak is down to the strict criteria set by the UK government. I for one am opposing these proposed changes. We must maintain the integrity of Kinross-shire in any election.

In response to the emergency motion that was brought to the council in mid-November, this is the official reaction of Perth and Kinross Council to the Commission's proposals for Kinross-shire.

'With regard to the Scotlandwell area of the Kinross-shire Ward, Perth and Kinross Council strongly object to the inclusion of this area in the proposed "Glenrothes" constituency and it is requested that this area be included instead in the proposed "Perth and Loch Leven" constituency. The historic county of Kinross has never previously been split between Parliamentary constituencies. The present proposal breaches the design principles of not crossing Council boundaries and not breaking community ties. It is accepted that adopting this request will require further minor adjustment in Fife to ensure the proposed 'Glenrothes' constituency remains above the minimum legal electorate number by adding about 300 voters to the proposed 'Glenrothes' constituency from the proposed 'North East Fife' constituency. Scotlandwell can be added to the proposed 'Perth and Loch Leven' constituency without exceeding the maximum legal electorate number.'

...and...

'With regard to the proposed 'Perth and Loch Leven' constituency, it is requested that this constituency, its boundaries amended as proposed above, be named instead "Perth, South Perthshire and Kinross" in order to better reflect the communities included and consider in the name the electorate ahead of a physical feature of the landscape.'

We as the Councillors have stated our views.

Now it is your turn.

Please respond to the Boundary Commission here: <https://www.bcs2023review.com>

Remember that the Boundary Commission is only making proposals now. You can influence the actual decision with your comments. The deadline is 5 December, so please respond now. Check the FAQs at the site for hints on making an effective comment. You can make a difference.

Christmas

WE ENCOURAGE YOU TO shop local this Christmas—this benefits our local economy, and it also benefits the environment. As specific encouragement, we are providing free travel on all local bus services within Perth and Kinross on the three Saturdays before Christmas.

Instead of paying a fare, you can just hop on board buses operated by Stagecoach East Scotland, Docherty's Midland Coaches, Elizabeth Yule, Earnside Coaches, and Bay Travel on December 10, 17 and 24 and travel free of charge.

This will help with the cost-of-living crisis, support local businesses, and help cut emissions.

This free bus travel is financed by Smarter Choices Smarter Places funding secured by the Council, working in partnership with local bus companies, who will be reimbursed for the free



fares issued on the three Saturdays, to show there are better, more sustainable ways of travel out there than just taking the car.

So give yourself a good holiday, and give our local businesses the gift of shopping local, and give our local environment the gift of taking the bus instead of the car.

And now I would like to wish everyone all the best over the festive period.

John Nicolson, MP

You Can't Do The Job If You're In The Jungle

MATT HANCOCK IS OFF to the jungle. The Prime Minister (the latest one) is angry with him. Tory MPs are angry with him (he's lost the whip) and the tabloids are divided between those outraged, and those salivating at the prospect of a sunburnt former Health Secretary munching his way through marsupial unmentionables.

We've been here before, of course. Nadine Dorries—a Tory MP with only a passing acquaintanceship with the truth—found herself up to the oxters in witchetty grubs in the same jungle some years ago. She'd apparently thought moonlighting as an author of bodice-ripping pulp fiction meant her part-time status as an MP was already tolerated. The whips took a different view and suspended her. But then they let her back into the fold.

And Boris Johnson thought so highly of her, he made her Culture Secretary. A post she recently quit not long before the Culture Select Committee published a unanimous report concluding, in blunt terms, that she's been untruthful in her testimony before them. She'd invented a whole story about her absence from parliament on another reality show. Channel 4 had sent her to live in a tough housing estate with real people and survive on their food rations. Her host family grew to loathe her and she them, it seems. She claimed they were professional actors and told the Committee so, forgetting that her life in fiction should be reserved for her publisher. Knowingly misleading Parliament is serious, and there may be fallout. Her longed-for seat in the House of Lords now hangs in the balance.

It's not just the Tories who've felt the heat. Scottish Labour's Kezia Dugdale took time out from Holyrood for a brief jungle interlude too. Kez gave the same set of excuses they all do, that she wanted to educate and engage with the public about politics. Shortly after George Galloway offered up this excuse, he found himself in a cat suit on his knees in the Big Brother House purring and lapping milk while being stroked and called 'pretty kitty' by a fellow housemate.

Of course, they all say it's not about the money (a reputed £100,000 in Hancock's case). More often than not, they promise to donate an unspecified amount to 'charity' (though we never seem to hear exactly what percentage it is). And there never seems to be a peak in political engagement when they depart their respective shows. So those hours spent chatting about trickle-down economics with Ant and Dec are unlikely to produce the political dividends Matt Hancock suggests.

But is there anything wrong with MPs having a bit of fun and letting their paunch down? Well yes and no. Everyone's allowed a day off. And it's good to have politicians with a hinterland. It's just they shouldn't move to one. Especially when they're meant to be at work. Being an MP is hard work if you do it properly. You'll have an amazing office team if you're as lucky as me. But you're the boss when the big calls have to be made. And you're the last port of call for constituents in trouble. You can't do the job if you're in the jungle.

John Nicolson, MP

Politicians

Councillor Dave Cuthbert



Heating of the Loch Leven Community Campus

THE COUNCIL IS STARTING on its budgeting for 2023-24.

During one of the briefings, there was mention that the Loch Leven Community Campus would not be heated after 3pm, due to the cost of energy. I raised this with officers and below is their response:

'Energy, with the price rises we are experiencing is obviously a major budget issue. The campus consumption is budgeted this year and next as below:

			TOTAL
LLCC 22/23	£119,819.75 - Gas	£150,174.63 – Elec	£269,994.38
LL CC 23/24	£141,307- Gas	£250,488 - Elec	£391,795

My energy team are currently working with Axiom to programme the Building Management System so that the Council policy heating standard of 18°C is applied during working school hours and then after hours (during public access to campus facilities), only those areas that are used.

Staff and public can feel areas cool as temperatures through a building such as Kinross Community Campus are not consistent and also variable due to class occupancy. Often complaints are received towards the end of a day when occupants experience areas cooling (but still above 18°C) having experienced and become comfortable at a higher temperature.'

If you hire a room, or use the sports facilities and find them to be excessively cold, please let me know.

Road Safety

BY ROAD SAFETY I mean works on our road network like speed limits, vehicle activated signs, dropped kerbs, safe road crossings, road re-alignments, bollards, new footpaths and so on.

This is a huge issue in Kinross-shire, caused in some part by the 22% increase in population over the last 22 years.

When I was a Councillor between 2012 and 2017, I produced a full schedule of the outstanding works in Kinross-shire and the four local members met with the Head of Roads roughly once a month to go through the list, prioritising which works needed doing when and getting an update on the progress of the works. Towards the end of my term, I was pressing for a system to be set up which encompassed all the works to be done in Perth and Kinross, with a weighting system to be applied, to identify which works needed doing first.

On my re-election in May this year, I pursued this concept and the officers have now produced a list of the 875 outstanding works, over the whole of Perth and Kinross, needing to be actioned, with a weighting to identify priorities.

The four local Kinross-shire Councillors have taken the decision to split the list for Kinross-shire into Community Council areas and to ask the members to prioritise the works in their own areas.

Our aim will then be to pass this back to the Road Safety Team with a view to them getting the top priorities actioned as soon as possible.



THE KINROSS NEWSLETTER

ALL PROFITS GO TO LOCAL GOOD CAUSES

Yesterday, I had a meeting with the road safety team leader and the head of service. I was told that the slow delivery of road safety improvements is down to staffing, as they had lost several members of staff over the year.

I asked that consideration be given to outsourcing some of the work to private contractors as road safety is of critical and sometimes life-saving importance. They have agreed to investigate this proposal.

Boundary Commission Scotland

THE BOUNDARY COMMISSION Scotland have just published their proposals for the new electoral areas for Westminster elections.

These can be viewed at: <https://www.bcs2023review.com/>

I have two comments on this, firstly the name of the new ward is proposed as Perth and Loch Leven. I do sometimes wonder if the Boundary Commission dislikes the name Kinross. My own preference for the ward name is South Perth and Kinross.

Secondly, the new proposals have Scotlandwell and Auchmuir Bridge separated from the rest of Kinross-shire. I have no idea why this has been done, but assume it is a numbers issue. My view is that this does not make sense.

Should you want to comment on the current proposals, open the link above and put in your postcode or select Perth and Kinross from the drop-down list of Council areas. Then click on the make a comment box.

Community Council Empowerment

AT THE SEPTEMBER FULL Council meeting, Councillor Stewart proposed, and I seconded, a motion to say that if a Community Council object on a valid planning basis, then the objection would automatically trigger the application going to the Council's Planning committee rather than it being decided by an officer. This motion was carried.

The changes will take a wee while, as the scheme of delegation must go to the reporter's unit in Edinburgh for signing off.

Sometimes, Community Council meetings can attract over 100 people when a controversial planning application is to be discussed and should the meeting agree that the Community Council should object, then this objection will reflect the consensus of the 100 people in attendance.

In the Community Empowerment paper, the Council said that it is committed to empowering communities, however, one of the things which annoyed me when I sat on Kinross Community Council was the fact that an objection from a Community Council counted the same as an objection from a single person, which is the opposite of community empowerment!

My view is that this is a big win for democracy.

Maybe the next step is to challenge the reporters' unit in Edinburgh regularly giving permission on developments which have been refused planning permission by elected members.

End Of An Era

DAVID COLLIAR SAT ON Kinross Community Council almost from its inception. Some 40 years in all. I would like to thank him for his efforts. It is a good thing in my view to make the effort to do what you can for the community you live in.

Councillor Dave Cuthbert

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Liz Smith, MSP



FOR THOSE WHO MAY not be aware, MSPs who are not members of the government have the opportunity to influence policy making by proposing a Private Members Bill. I have previously underlined the reasons why my proposed Bill, giving those between the ages of 12-16 a week of residential outdoor education, is so important. This time last year my Bill was moving into the consultation stage.

I am now able to show my *Kinross Newsletter* readers some of the key findings from my Bill consultation prior to its publication.

Over 95% of the around 540 respondents to this national consultation were fully or partially supportive of the Bill. This is an overwhelming endorsement of my proposal to give young people in Scotland a residential outdoor education experience while at school.

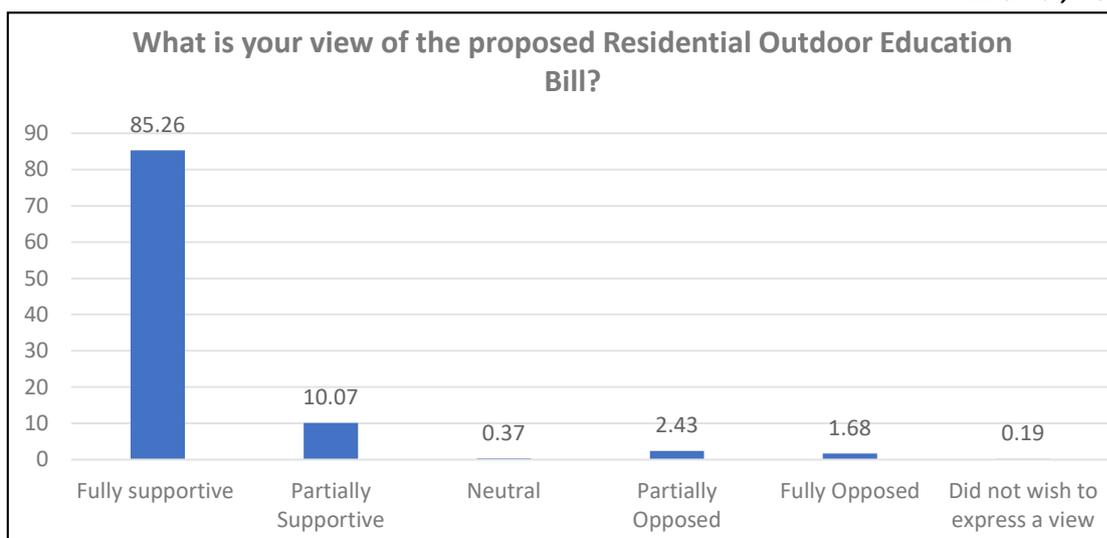
Within the survey itself, the largest number of individual responses, over 30%, categorised themselves as a teacher or school

employee, while over 60 organisations took part in the consultation.

Among these were some very notable endorsements including from Nature Scot, COSLA, SAPOE, Ocean Youth Trust Scotland, John Muir Trust, Outward Bound Trust, Scouts Scotland, Ardroy Outdoor Centre, Abernethy Trust, Scripture Union Scotland, Learning Through Landscapes, The Council for Learning Outside the Classroom, The Institute of Outdoor Learning, The Field Studies Council, Duke of Edinburgh Award Scotland, The Scottish Canoe Association, Sports Scotland and The Outdoor Council, to name just some.

I am overwhelmed by the support my Bill has received and I would like to thank all those who took the time to share their ideas. Now, I need to ensure I have the support in the Scottish Parliament to get my Bill passed.

Liz Smith, MSP



Christmas at the Court House

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HOUSEBREAKING

UNFORTUNATELY WE HAVE HAD a number of reports of theft by housebreaking in the Tayside area over the last few days. Although housebreaking can occur at any time of the year, dark houses can give the appearance of being empty due to lack of lights etc. The risk in all circumstances can be greatly reduced with the use of crime prevention measures, they will greatly reduce both the chances of your home becoming a target.

A few prevention measures would be inside and outside lighting, alarm systems, CCTV and the securing of doors and windows. Also, careful consideration should be given to what you post on social media sites, especially if you are going on holiday or going out for the evening.

Please report any unusual activity to Police, either by phone (101) in person or at a police office i.e. people offering work in the area, cards being posted through the door offering to carry out work. Criminals can use this as a method of identifying potential targets and by reporting this information to the police, it may help us identify groups or individuals who may be involved.

Be aware that thieves often take tools from a garage or site to help them break into premises, so ensure your property and tools are always locked away!

Should you wish to receive crime prevention advice for your premises, whether that be physical security, CCTV, secure key storage options or anything else related to keeping your premises safe, please contact our Partnerships, Interventions and Preventions Department by email at taysidepreventionsandinterventions@scotland.police.uk

RECENT INCIDENTS

About 7pm, Saturday 22 October, 3 males broke into a property in Springfield Road, Kinross. They are described as all being around 5'8", slim build and wearing dark clothing with their hoods up and faces covered. They were seen walking west on Springfield Road at 7.15pm. (CR/84094/22)

Between 12.20pm and 1pm, Thursday 10 November, a quantity of cash was stolen from The Dog House, High Street, Kinross. (CR/90238/22)

Anyone with any information that may be useful should contact Tayside Division on 101 or any police officer, quoting the crime reference number listed at each incident. Alternatively information can be passed anonymously via the charity Crimestoppers on 0800 555 111.

Rogue Traders – Who Should I Call...

...if I feel threatened, unsafe, or suspicious of a caller?

- Contact the police immediately on 999

...if I see something suspicious in my area, or want more advice about bogus callers?

- Contact the police on 101.
- Try and take a note of vehicle details or registration numbers, and descriptions of anyone suspicious.

...if I want to contact the police anonymously?

- Contact the independent charity Crimestoppers on 0800 555 111. You can also visit their website at www.crimestoppers-uk.org

...to find out more about home safety services?

- When circumstances allow, contact your local council for more information. Depending on your circumstances, you may qualify for a free security alarm.

Police Scotland – Local Community

Telephone 101 for non-emergencies

Community officer for Kinross-shire: **PC Ben Samson**.

Email: taysidekinross-shireCPT@scotland.pnn.police.uk

Community Sergeant (Kinross-shire): **Sgt Mark Craig**.

Community Inspector for Perth South (Strathearn, Strathallan, Almond & Earn, Kinross-shire): **PI Craig Stephen**.

PC Spalding is also on Police Scotland Twitter and can be followed on twitter.com/policescotland or [@Kinross](https://twitter.com/Kinross).

Ways of Following the Police

Twitter: [@KinrossPc](https://twitter.com/KinrossPc) or twitter.com/policescotland

Facebook: www.facebook.com/PoliceScotland

Website: www.scotland.police.uk

Community Watch

Receive email alerts about criminal incidents in your area, crime prevention advice, flood alerts and much more by signing up to Perth and Kinross Community Watch.

The range of information received can be tailored individually; each person signing up can choose which partner agencies they would like to receive messages from. Visit this website for more details: www.pkcommunitywatch.co.uk

Crime Stoppers 0800 555 111

This is a free phone number (unless you are using a mobile phone), which any member of the public can contact at any time if you have information relating to a criminal activity of any sort.

It is, if you wish, confidential and you cannot be contacted if you choose to remain anonymous.

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KILIMANJARO ADVENTURE

DAVE COCHRANE MBE and his wife Jennie, of Milnathort, successfully climbed and reached the summit of Mount Kilimanjaro in Tanzania in October, along with 20 other people, many from a hospitality background.

The climb was a charity event to raise money for both Cornhill MacMillan Centre, Perth, and the Andrew Fairlie Scholarships run by HIT Scotland, for whom Dave is the CEO.

Dave climbed Kilimanjaro 11 years ago with Michelin starred chef Andrew Fairlie who sadly passed away nearly four years ago.

In 2011 Andrew Fairlie prepared the worlds highest Burns Supper at the top

of Kilimanjaro to raise funds for HIT Scotland. In his final months he continued to work closely with the charity to establish the Andrew Fairlie Scholarship which is awarded annually to provide a career changing opportunity to both a male and female chef who are forging ahead with their culinary career in Scotland.

Andy's brother, Jim Fairlie MSP, wanted to follow in his brothers footsteps whilst raising funds for both causes and this was the catalyst for the event planned over two years ago but cancelled twice due to Covid.

Jim said, 'Andy died from a brain tumour in 2019. On the day he passed I decided that I would follow in his 'bootsteps', and I am pleased to report that on 19 October I reached Uhuru peak, Africa's highest point standing at 5895M above sea level.

Together with my team of fellow climbers we were determined to raise



a total of £100,000 to be split between Cornhill Hospice in Perth, whose amazing team cared with dignity and respect for my brother in his final days, and towards the Andrew Fairlie Scholarship run by the charity HIT Scotland to provide the best training the industry can offer an aspiring chef.'

I give warmest thanks to everybody for their support, messages and donations. The strength and drive that wellwishers gave us in the hard final yards was very powerful.'

Read more in Jim's column on p30.

The climb has reached its £100,000 target. At the time of going to press it is sitting at £103,433 and still going up.

Dave and Jennie said 'It was definitely a challenge and character building, but the team dynamics and camaraderie kept the whole team focused and all 22 successfully reached the summit.'

Well done to them all!

CAN KINROSS COPE?



Photo: Andy Masson

This report is from Councillor Dave Cuthbert.

I AM VERY AWARE that Kinross-shire has seen a lot of new development over the last ten years and I have been researching how the resultant population growth has been impacting our local services and infrastructure.

Firstly, getting hold of accurate data for the population of Kinross-shire has proved to be tricky and I am still attempting to get more accurate information on this. However, below are the number of voters from the electoral roll.

Ward 8 (Kinross-shire) Electoral Roll Voter Numbers

Date	Voters	Increase	% increase
07/04/2012	9,709		
27/04/2022	11,834	2,125	21.89%

Cumulative increase = 2,125 or 21.89% over 10 years

Although these numbers are not for the overall population, I would argue that they indicate that the population of Kinross-shire has increased by almost 22% over the last 10 years.

In terms of the impact these population increases are hav-

ing on services in the area, I have asked officers to indicate to me what the current position is.

Health Care

BELOW IS AN EMAIL from the Chief Officer of the Integrated Joint Board (IJB). The IJB has responsibility for the planning, funding, and delivery of a range of community health services and social work/social care services in Perth & Kinross.

Dear Councillor Cuthbert

Thank you for your email of 28 September 2022, please accept my apologies for the delay in responding.

Health Care Provision

There are two General Medical practices in Kinross.

Orwell Medical Practice has four GP partners delivering 24 standard sessions per week.

St Serf's Medical Practice has seven GP partners currently delivering 38 sessions per week. This will be increased by 7 sessions per week to 45 sessions from early December 22 with the appointment of a further GP partner joining the practice from Ayrshire and Arran Health Board area. St Serf's Medical Practice also employs two salaried GPs providing 12 further sessions.



Photo: Steve Cooke



Both practices provide extended hours services outwith core practice hours.

Both practices are accepting new NHS patients as GP numbers currently support this. However residential development within the area is delivering significant numbers of new homes which is likely to increase the pressure on services to patients thus decreasing the availability for others. Whilst both medical practices at Loch Leven Health Centre are currently fully staffed, the aforementioned residential development is increasingly limiting availability and increasing waiting times for appointments.

Both practices have experienced significant difficulties with GP recruitment, similar to other areas of Scotland and the United Kingdom and should patient numbers continue to increase with no further increase in GP recruitment it is likely that waiting times will increase.

Both practices offer on the day appointment services for urgent medical matters. As at Tuesday 4 October 2022 routine appointments are available with Orwell Medical Practice on 5 October 2022 and with St Serf's Medical Practice on Monday 10 October 2022. Availability/demand changes hourly and this naturally influences the availability of appointments at particular moments in time.

Orwell Medical Practice provides an online platform for patients to engage with a clinician after the enquiry has been triaged by our Administrative Team.

Both practices have developed a new E-triage service which will allow patients to engage with our administrative colleagues in the same way that they currently do on the telephone, whilst bypassing telephone queuing and also having the convenience of submitting requests to us before the surgery opens at 8.30am. We believe this will be helpful for those patients who begin work before the surgery opens or, who can't or do not wish to wait on the telephone.

Dental Provision

All P1 and P7 children attending LEA schools in Kinross will be inspected every year as part of the National Dental Inspection Programme; their parents informed of their dental health status and support provided to access treatment if needed.

There are two dental practices in Kinross. Neither is accepting new NHS patients at present and both are working their way through their backlog of existing patient treatment needs. The limited availability of NHS dental care in Kinross is representative of Tayside, Scotland and the UK in general. Westminster and Holyrood are looking to increase the number of dentists working in the UK but this will not immediately address the lack of dentists we are now all facing.

Please do let me know if you require any further information or points of clarification.

Regards

Jacquie Pepper

Chief Officer/Director, Integrated Health & Social Care
Perth & Kinross Health and Social Care Partnership

School Capacity

I HAVE ALSO BEEN checking out the provision and capacities of the schools in Kinross-shire, with particular emphasis on Milnathort Primary school and Kinross Primary school.

Below is an email received from officers.

Thank you for your email which has been passed to myself to respond in regards to the issue raised in respect of school provision in Kinross-shire.

As part of ongoing Asset Management Planning the roll, occupancy and capacity of all schools within Perth and Kinross are continually monitored to allow any issues to be addressed. As part of this process we are supplied with data from the NHS on all children under the age of 5 years old living within school catchment areas. This allows us to project school rolls up to a period of 5 years in advance.

The table below provides the highest projected occupancy for each school within the Kinross area over the next 5 years. In addition to the projections shown, we also consider pupils generated from house building that is planned for each school catchment area. We do not foresee any pressure on the occupancy of these schools within the next 5 years.

School	Capacity	Occupancy
(Highest Projected 2022/2027)		
Cleish Primary School	64	56%
Fossoway Primary School	150	65%
Kinross Primary School	566	81%
Milnathort Primary School	257	86%
Portmoak Primary School	150	78%
Kinross High School	1286	72%

I am struggling with these numbers and have asked to meet with officers to discuss them.

I say this as the projected occupancy in 2016 for Kinross Primary was 83% and for Milnathort Primary was 79%.

There has been a lot of new housing either in the planning system, given permission, being built, or built since then.

Features

Sewage Capacity

COUNCILLOR ROBERTSON has been raising the issue of unauthorised discharges of untreated waste into Loch Leven, so I will not focus on this here.

I have been in correspondence with the Scottish Environmental Protection Agency (SEPA) for some time. My focus was initially on why SEPA had not objected to large developments of houses within Kinross and Milnathort when they knew that Scottish Water was regularly discharging untreated sewage into Loch Leven, due to the treatment plants already not being able to handle the flows.

Below is the most recent email I have received from them.

I'm just back from leave but have now spoken with colleagues about this this issue.

New developments of course will be subject to current planning conditions which separate surface water and foul. I gather that the vast majority of foul will go to Milnathort. I deduce that there must be sufficient sewage treatment capacity to accommodate the developments. I guess that you have asked Scottish Water about this at the liaison meetings. So, it seems not to be an issue of lack of capacity at the plant/s but more what happens when there is prolonged excessive rain. I feel confident that if there had been an issue of insufficient treatment capacity then we would have raised this.



I discussed the September incident and learned that the Kinross Waste Water Treatment (WWT) plant has storm tanks to accommodate additional fluids during periods of rain. The storm tanks apparently catch the first and most concentrated effluent from the network during heavy rain to prevent this from entering the water environment. Once the rain is over, I understand that the storm tank contents are then emptied back into the sewage works for full treatment. This seems to be the usual process for WWT plants and certainly is the case at Kinross.

The storm tank at plants of this nature will, if subject to prolonged rainfall, overflow via screens into the watercourse – i.e. the burn. This is inherent in the design of the combined sewage overflow (CSO) i.e. where foul and surface water both go into the WWT. The vast majority of existing systems are of this nature and function well – but will spill during prolonged rainfall. The alternative I suppose is that sewage could back up into homes and businesses. In an ideal world surface water would be separate from foul and this is the practice for new WWT however this current process is permissible and licenced by SEPA and is part of the normal operation of sewage works of this type.

As for the incident on 8 September, this was reported to SEPA and we contacted Scottish Water to ask them to check both the sewage treatment works and the burn. Scottish Water told us that they were already at the site.

They also confirmed that the sewage works was operating and running normally.

We also attended ourselves the next week and found no evidence of sewage related debris (often abbreviated to SRD) or pollution in the burn. Scottish Water regularly check the culvert entrance to ensure it's not blocked with any debris and clean the bars to remove leaves and any other potential/extant blockages. This process ensures that the burn can flow freely into the culvert before entering the loch. It is not possible to say what the concentration of effluent from the tank actually was, nor to what extent the burn would have diluted it anyway but suffice to say my colleagues saw no discernible impact from the incident.

I gather that Scottish Water has invested in new, larger screens at the inlet to the sewage works and made improvements for accessing the screens at the storm tank overflow so as better to maintain them and have also installed new flow meters at the works to record flows.

As for replacing the network so that surface and foul are separated, I think that is one for you to take up with Scottish Water as I suspect that would be a huge investment.

In effect, SEPA appear to be saying that Scottish Water discharging raw sewage into Loch Leven is not a problem, despite the Loch's SSSI, RAMSAR and Nature Reserve status.

I was down by the River Leven recently and the water was a bright blue/green colour due to the algal blooms it contained. This was in November, when there should have been none.

It seems fairly obvious that the discharge of raw sewage into Loch Leven is a problem which is not going to get better on its own. It urgently needs solving.

Summary

WHILE THIS MAY APPEAR to paint quite a bleak picture for the future of Kinross, not everything is a negative. We live in one of the most beautiful parts of the country, we have a great community spirit and we don't suffer the same crime or drug-related issues that blight larger urban areas.

But it is a fact that over the last 10 years the population of Kinross-shire appears to have increased by almost 22% – and there is no doubt that this increase has come at a cost. It has put pressure on local infrastructure to the extent that doctors' surgeries are now struggling to cope and dentists are no longer accepting new NHS clients. Our schools are already under pressure and our sewage system cannot cope. On top of this, we are now expected to accept even more housing development with no corresponding increase in public services or facilities.

It simply is not good enough. Whatever the answer, we cannot allow things to continue in this way.

Dave Cuthbert

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BE A DRAUGHT DETECTIVE!



ENERGY PRICES HAVE BECOME hot news this year, and we're all getting accustomed to the streams of advice from adjusting thermostats to having shorter showers. However, there is little coverage of the cheapest, easiest, quickest and greenest way to cut the cost which is to seal up the draughts.

I learned the significance of draughts on heat loss years ago when, for a short while, I became a professional draught detective. I've since moved onto other things but I want to share some practical tips on how home-owners can save some money by spending a few hours engaged in satisfying draught-hunting.

Back in the day, when most homes were heated by a single coal fire in the living-room, we were used to hearing the cry, 'Shut the Door!' But these days, it's harder to discern the profound effect of draughts as most houses have central heating. But the heat-stealing draughts are still there and heating a draughty house is like driving a car with the handbrake on.

So, how do you discover the draughts in your house?

- On a windy day, ideally a cold one, heat one room (downstairs if you have a downstairs) and turn the heating off in the rest of the house. Close all the doors. Then go round the house room by room, opening each door a small amount. If there
- are any significant air leaks, you'll feel the cold air rushing out. This is an indication the room is worth closer inspection.
- Look in cupboards, behind sinks, and appliances, especially in the kitchen and bathroom or under stairs. These are typical places where holes will have been made for wires and pipes, then left unsealed.
- Suspended timber ground floors can be very draughty around the skirtings. And, over time, floorboards will swell and contract and leave long narrow gaps between the boards. In a professional air tightness test using a blower door (a high powered fan) the floor covering, carpet or vinyl, will balloon up.
- Here's a surprising one. Look for any spider webs you may have missed in the dusting schedule! Webs are mostly spun in places likely to catch small insects blown by the air flow. They can lead you to a draught source.
- Downlighters in ceilings and plug sockets on external walls are fittings that cut through the seal between the inside and the outside and unless the air tight fittings have been used they'll be leaky. Airtight fittings are available.

MANY OF THE SOURCES of draughts you discover will be small cracks and holes, but added up, they can easily be the equivalent of a gaping hole in the wall. Fortunately, they're cheap and easy to seal.

For most leaks, caulk or flexible filler will be suitable. Larger holes might need plaster or expanding foam. There are various proprietary draught strips to seal the edges of windows and doors, or to run along skirtings and fit between floorboards.

A few words of caution. Warm air will carry moisture which settles as condensation on colder surfaces and can promote black mould. You'll most often see this on window frames or walls and ceilings, especially below the attic. If that's the case in your home, before doing any comprehensive draught-sealing you should improve the insulation in the attic. And make it a habit to either open a window in the kitchens or bathroom after cooking or showering to disperse the condensation, and wipe down surfaces where moisture has settled.

With the draughts sealed up, you can enjoy lower heating bills and a more comfortable home. Happy Hunting!

If you'd like to find out more, The Draft Detective website is still available for information at www.draftdetective.blogspot.com.

RETURN FROM ETHIOPIA

I am glad to be back home in Kinross after a momentous month in Ethiopia. I have found my re-entry to the Western world challenging – leaving all our friends was tough, and I managed to contract Covid somewhere along the way on the journey. That was annoying as it's only 5 weeks since my 5th booster.

So much has happened since we were last there. We left in 2020 just as Covid was closing in. For once, our friends in Ethiopia were more concerned about us than we were with them. They had all the fears and separations wrought by Covid, but

they and much of Africa, much to everyone's surprise, never really got the disease in big numbers.

But then, when it was almost time for us to go back, a vicious civil war in the north of Ethiopia broke out, in Tigray province, and we were again prevented by FCO advice from returning. As luck would have it, times have now changed, and we were able to return to the most joyous reception, which was both overwhelming and humbling, in equal measure.

Ethiopia Medical Project (EMP) had not, however, been qui-



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et during the two-and-a-half years of our absence.

We secured funding to build from scratch a Podocniosis Treatment Centre, which we were able to open to great acclaim. Our generous donor wants no publicity, which is very unusual in the charity field.

Then, after a tortuous year of bureaucratic confusion, our massive container filled with all kinds of things, finally arrived in Buccama to hysterical reception. This is a story all of its own- a story of incredible generosity by the Malin and Bertling Shipping Companies: generosity and patience from all concerned. The container reached the Port of Djibouti by Christmas Eve 2021, but the rules of import kept changing. The team in Ethiopia and the team here in Scotland lost many, many hours sleep from frustration, irritation, and anxiety.

Eventually the container arrived at the Health Centre 3 days before we did. They were determined not to open it until we were there, and they had a storage facility fit for the contents.

When it was finally opened, and stored, the contents brought so much excitement and pleasure that it is hard to quantify. The most important things were the Baby Warmer for premature babies, 2 oxygen generators for seriously ill people, a proper autoclave for sterilising equipment and other vital medical equipment. There was also a computer for each department and many bandages, dressings, syringes and assorted medical kit.

But, far and away the most dramatic and exciting things were the 600 pairs of brand new, and pretty funky, shoes (generously given by a London Company, Good News Shoes). Giving new shoes to people who have never had a new thing in their lives is quite a thrill. They do have little plastic shoes or flip flops, costing virtually nothing, and made from recycled tyres. Shoes are vital, as part of our push to eliminate the foot disease of Podoconiosis, and so it was an important and wonderful aspect of our visit.

One thing that shocked us whilst out there was the incredible rise in the cost of living. Everything had tripled in price. I am very aware of our own cost of living crisis. We all have to tighten our belts, use our cars less, cut down, cut out and generally watch our pennies. But over there, the war in Ukraine means less food for Africa, their own war and Covid means no foreign visitors, and every possible cut back for the poorest people you can possibly imagine.

Setbacks aside, there was also an enormous amount of joy and things to celebrate. The new building meant that plentiful water had to be brought into the Health Centre. Stand pipes abound, and so little allotments are springing up all over the place. Carrots, potatoes, cabbage and lettuce are coming on nicely. Bananas are plentiful at this time of year, and the Convent is growing its own avocado and coffee trees.



The prolapse mothers and the pregnant mothers are being looked after beautifully, and we are truly impressed at the level of loving care being given in both these areas.

But, if our history is ever written, and the question asked of us 'Did you make a difference in your lives?' Then the answer would have to be yes, a thousand times over, for we heard countless tales from people whose foot disease had been reversed and cured. The treatment in the early stages is simple and effective. Soak the feet, wash the feet and encourage the use of socks and shoes: simple. Simple but not easy, when you don't even have water, soap, socks or shoes. We can provide those things, and we do, plus the expertise to keep it going three times a week, 52 weeks of the year.

With the help of our many supporters we will continue to do this work.

If you do have anything left over after you have cared for your own, you can always help our efforts either with pants, socks or cash. Everything goes to the Health Centre and the lovely, smiling, long suffering, uncomplaining people of Buccama, most of whom have what they stand up in and that's it.

With very sincere thanks to all our friends in Kinross and district for giving us moral, financial and practical support.

Jo Middlemiss MBE
www.ethiopiamedicalproject.com

A SENSATIONAL FIRST YEAR



WINTONS HAS ESTABLISHED ITSELF quickly as part of the fabric of Milnathort with so many regular customers popping into the shop, daily and weekly, for the lovely products, excellent service, and the banter.

From the early manic days of Christmas and New Year, the team have settled into a nice routine of setting up the shop and counter early in the morning, serving the growing number of regular and new customers with delights from stock, or making up products to order, followed by the wind down discipline of deep cleaning and product quality control to ensure that only the best and freshest produce is served to our customers.

Now producing around 40 different fresh pies, multiple types of sausages, own recipe haggis, black pudding, white pudding and a large array of ready meals and marinated meats all within the walls of the shop there is always something to tempt and delight.



The range of fresh vegetables, Scottish cheeses and deli products from around the world also provide inspiration and ideas for meals with a difference and continues to increase as new products arrive weekly.

There have also been many comedy moments; from the naked cyclist passing by, the local bus driver stopping his bus, full of passengers, to pick up his lunchtime pie, and the various dogs dragging their owners back to stand in the doorway and stare longingly into the shop.

The team's dedication to great customer service hasn't gone unnoticed either with many kind comments being made directly or via social media.

A spokesperson for Wintons said, 'Our fabulous customers make it a joy to be in the shop daily and we promise to continue to improve our products, the range and diversity of things we sell and strive to provide consistently great service.'

We look forward to a long and successful future in Milnathort and serving the Kinross and wider area.'

News from the Health Centre



E-TRIAGE

OUR E-TRIAGE SERVICE has been live now for a number of weeks and we are delighted to have received such positive feedback. A reminder to our patients that you can access this service by visiting www.lochlevenhealthcentre.co.uk

FAILURE TO ATTEND

IN LAST MONTH'S ISSUE we highlighted the importance of cancelling any appointments you are unable to attend. Whilst we have noticed a definite improvement, there were still 118 appointments in October which patients failed to attend. Demand for appointments is extremely high and we would therefore be grateful if our patients could contact us in advance, even if it is only 1 hour before your appointment time, and we will reuse that appointment to help someone else.

You can contact us in a number of ways

- **Telephone us on 01577 862112. If you are unable to wait on the phone you could also:**
- **Email us at: lochlevenadmin.tayside@nhs.scot**
- **Text CANCEL if you receive an appointment reminder by text message**
- **Cancel an appointment using our website at <https://www.lochlevenhealthcentre.co.uk/clinics-and-services/appointments-tests-referrals/appointments-with-the-doctors/cancel-an-appointment/>**

Thank you for helping us to make the best possible use of all of the appointments we have available.

MEDICATION AND PRESCRIPTIONS

WE WOULD ASK ALL patients to make sure that they have sufficient medication to last over the Christmas and New

Year period. If your medication will run out over Christmas and New Year, please ensure that you submit a request for your medication by **Monday 19 December**. We receive a greatly increased number of requests at this time of year and therefore need a bit more time to process them all. Repeat prescriptions may be ordered online by visiting www.lochlevenhealthcentre.co.uk

If you have sufficient medication to last over this period, please do not submit a request for more. Prescription requests are all checked prior to issue, and where it appears that sufficient medication has been issued recently, further requests may be declined.

CHRISTMAS AND NEW YEAR CLOSING

OVER THE CHRISTMAS and New Year period, Loch Leven Health Centre will be closed on the following dates:

MONDAY 26 DECEMBER 2022 CLOSED

TUESDAY 27 DECEMBER 2022 CLOSED

MONDAY 2 JANUARY 2023 CLOSED

TUESDAY 3 JANUARY 2023 CLOSED



On all other weekdays over the Christmas and New Year period, we will be open as usual from 8am until 6pm. Out of Hours cover for evenings and weekends is provided by NHS24 and the Fife Primary Care Emergency Service. They will also be providing emergency cover on the Mondays and Tuesdays when we are closed. They can be contacted on 111. All calls will be recorded and we would please ask patients to contact them only when a medical emergency occurs which cannot wait until we re-open. Thank you.

COMPLETE LOOK NEWS

THANK YOU EVERYONE for your custom on what has been another difficult year for local business.

This festive season will be the opportunity for a lot of businesses like ours to make some sales, bring some joy and hopefully recoup some of the losses of the last couple of years. We, along with lots of other shops in the area, are ready for Christmas and our stock is on the shelves ready to be gift wrapped! Our vouchers are always available and will be right up until Christmas Eve for all those last-minute shoppers!

Dropping in to browse our ranges is most welcome and our team will be very happy to give you advice on skincare, beauty and gifting. We, like

you, are looking forward to a much better Christmas this year and we can help you celebrate with treatments that will leave you feeling fabulous, or gifts that will thrill your family and friends.

We have some great offers for festive shopping with a range of Neom and Declor gift sets and lots of other fabulous gift ideas.

We've recently launched a brand new range of Declor facials which are targeted at specific skin concerns, and our warming massage treatments in particular have proved very popular now that we are well and truly into winter.

Thank you so much for continuing to support us and our Kinross-shire local

business colleagues. Shopping local is vital to keep our High Streets vibrant and benefits the local economy.

We want to thank everyone who has already purchased from us, and the customers who continue to support us by booking treatments and recommending our services to others. Every time you buy from a local business you directly benefit your own community. So, if you have a local business you love, one you get great service from, or just want to celebrate their hard work, visit and shop with them or even leave an online review. It really will make the world of difference.

Merry Christmas from everyone at *The Complete Look*.

Kinross Hub Dec Calendar



The sessions are drop-in but if you prefer an appointment time, please phone the number detailed for the agency you wish to connect with, or contact:
Shona 07896 280843 shona.fowler@nhs.scot Declan 07557 488902 declanjones@pkc.gov.uk

Mon – for info only	Tue - for info only	Wed	Thu	Fri
	Booked All day	30 th Nov 1.30pm – 3.30pm Helen from CATH will support with form filling – PIP, Universal Credit etc 07739 858987	1st 10am to 12.30pm Welfare Rights will offer support and advice for accessing benefits and ensuring income maximisation 1pm- 3pm Mindspace Info on supporting mental wellbeing. 07928 859628 or 01738 631657	2nd 10am to 12.30pm Declan Jones, Social Prescriber - Community Connecting/Signposting 07557 488902
5 th AM – booked	6 TH Booked All day	7 TH AM - HomeStart Breast Buddies group If you need more info call - 01738 638847 1pm – 3pm Support Choices Chris will be here to offer independent information and advice about getting social care and support. 01350 729130	8 TH 10am to 12.30pm Broke not Broken Danielle will be there to offer advice, connecting to support and also for foodbank referrals. 07518 913107 1.30pm – 3.30pm PKC Employment Support Team Job advice and help those who have learning disability, acquired brain injury, mental health issues or autistic spectrum diagnosis 07442 934454	9 TH 10am to 12.30pm Declan Jones, Social Prescriber - Community Connecting/Signposting 07557 488902
12 TH AM – booked	13 th Booked All day	14 th 1.30pm – 3.30pm Helen from CATH will support with form filling – PIP, Universal Credit etc 07739 858987	15 th 10am to 12.30pm Broke not Broken Danielle will be there to offer advice, connecting to support and also for foodbank referrals. 07518 913107 1.30pm to 3.30pm Debbie from Tayside Hearing Voices will offer information and support for anyone experiencing symptoms of psychosis, unusual beliefs or paranoia, also signposting to their service for carers and resilience. 07597 576 000.	16 th TBC Update will be on facebook community page or phone 07896280843
19 th AM – booked 12noon – 5pm Lighthouse Offering drop-in crisis support for mental health 0800 121 4820	20 th Booked all day	21 st AM - HomeStart Breast Buddies group If you need more info call - 01738 638847 2pm - 4pm PKC Social Work for signposting and support. 01577 867300	22 nd 10 - 1pm Shona Fowler Healthy Communities Project Worker Signposting and community connecting 07896 280843	23 rd 11am to 1pm Social Security Scotland offering advice on their benefits – Carers Allowance Supplement, Child Disability Payment, Funeral Support Payment, Best Start Grants etc. 0800 182 2222
26 th Closed Public Holiday	27 th Closed Public Holiday	28 th Advice Hub closed Welfare Rights helpline – 01738 476900 PKC helpline – 01738 475000	29 th Advice Hub closed Welfare Rights helpline – 01738 476900 PKC helpline – 01738 475000	30 th Advice Hub closed Welfare Rights helpline – 01738 476900 PKC helpline – 01738 475000 2 nd & 3 rd Jan – closed for PH

LOCAL ADVICE HUB

THE ADVICE HUB IS a partnership between Kinross-shire charity Broke not Broken, P&K Health and Social Care Partnership and Loch Leven HC. It provides a much-needed local drop-in facility to support people with community connections, signposting to benefits services, foodbank support, mental health agencies and community organisations.

If you are experiencing financial difficulty during this time or feel you need support/advice please call Shona Fowler on 07896 280843 to have a chat or email shona.fowler@nhs.scot

If you wish to connect with Broke not Broken directly Danielle is in the advice hub on Thursday mornings or can be contacted on 07518 913107 or email admin@brokenotbroken.org

Declan Jones, the social prescriber, will connect you with local community groups, supportive exercise sessions, walking groups, green/nature prescribing activities, volunteering, learning opportunities or help you link with another agency. Declan can be contacted on 07557 488902 or declanjones@pkc.gov.uk

These are just examples so please contact us if there is anything else you need or want to discuss with us. We're always available for a friendly, informal chat.

Wellbeing Support Team

Aberfeldy Tel 01887 822462
Blairgowrie Tel 01250 871519
Crieff Tel 01764 657861
Kinross Tel 01577 867318
www.pkc.gov.uk/mentalhealth

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WHO IS THE M.D. OF YOUR LIFE?

Winning Ways

by Jo Middlemiss

It doesn't really matter what happens to you in life. It's what you do with what happens that defines you as a person.

Maggie Chary

How Do You Define Your Life?

It's a very interesting question to ask yourself. How would you finish the following sentence? Life is.....? If you answer 'a breeze', 'an adventure', 'a game' or a 'bed of roses', you are going to have a very different life from the person who answers 'hell', a 'grind' or 'an endurance test.'

The thing is life is none of these things. Life is actually neutral. It's just there, and it's how we live it that determines what we believe about it. You will never mend or cure your life, but you can always manage it, as if it was the most important business in the world. It is the most important business in the world, and you have just been appointed Managing Director. Accept the truth, this is your life, and you have to manage it yourself. Unless you are a child, you have no business handing it over to someone else. They are already managing their own life. So here's your annual pre-Christmas inspection, and you have to answer the following questions.

Are you:

- **Keeping yourself safe and secure?**
- **Using all your skills and talents?**
- **Creating opportunities for you to reach your potential?**
- **Looking after your mental, physical and emotional well-being?**
- **In, or looking for, healthy relationships where there is no fear?**
- **Do you challenge yourself?**
- **Do you seek some peace?**
- **Is there balance around all the important areas in your life?**

If you can answer YES to these questions, then well done you must be a very happy and successful person. If there are a few NO answers, then it's time to take charge. You can't sack the M.D. so you just have to get into training to do the job properly.

First things first. Decide now, before



we go any further, that the things that happen in your life are not anyone else's fault. Secondly, stop wasting your energy on 'What ifs?' and worry, and thirdly, decide at the beginning of every day what you need to be today, in order to get the kind of day you want to have. Three rules, very simple to say, and NOT so simple to carry out. You can't control everything that happens, but you can always control your attitude. I love the Broke not Broken saying 'I can't do everything but I can do something.'

The Blame Game. It seems strange to say but some people never learn this lesson. It's my belief that we learn it very early on. 'If I blame someone else I won't get into trouble' We can all remember that awful moment of getting caught by the teacher, Mum or Dad, or – even worse – a policeman or shopkeeper.

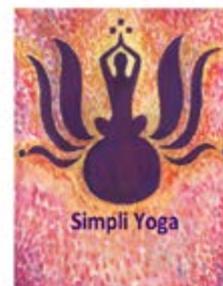
The first and instant reaction is to lie and defend ourselves. 'It wasn't me. Honest!' Famous childish words that follow some adults into the divorce courts, even tennis courts, but are the rest of us any different really? Who are we kidding when we don't take responsibility for our actions? Have you ever seen a mother encouraging her child to 'hit the naughty door' if their child bumps into it? Well I have, and I wonder if any child is actually fooled by that strategy and yet

it encourages children in the view that it's OK to divert responsibility. As soon as you decide that, yes, you are responsible for the fact that you ate two chocolate biscuits and a packet of crisps, then you are free to do something about those pounds you'd rather be without. If on the other hand, you convince yourself that you are big boned or have faulty hormones, you will be trapped in a negative cycle forever.

All this applies to a troublesome relationship, just as much as to a diet. If you're not getting on with someone it's because you haven't worked out a way to communicate effectively with that person. It doesn't matter what everyone else says. So taking responsibility is opting for freedom. It is the first step towards becoming an efficient and effective M.D. of your life.

Jo Middlemiss MBE

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ARTEFACTS & CURIOS

Community Council News

The Community Council News is based on draft minutes of local CC meetings. Full draft minutes are posted on local websites and notice boards. Please note, the Community Council News is not a verbatim reproduction of CC minutes. Where there are two months' worth of reports, there will be a considerable amount of editing.

Kinross Community Council

News from the October meeting

www.kinrosscommunitycouncil.com

Present Cllrs L McKay, (Chair), D Colliar, W Freeman, H Phillips, T Stewart, M Wood, Cllrs D Cuthbert and Cllr W Robertson, 15 MoP, PC B Samson and minute-taker Mrs C Aird

Apologies Cllrs N Freshwater and R Watters.

Police Report

Cllr L McKay thanked PC Ben Samson for taking time out of his schedule to attend. The audience was advised that there had been 62 calls recently, 15 of which were crime related, including a number of house break-ins, drunk driving and road traffic incidents. PC Samson took the opportunity to advise that the number of house break-ins increased in winter months and in response to a question from a member of the public, he recommended that residents should take every opportunity to make it look like properties were occupied, use CCTV/video doorbells as well as ensuring doors and windows were secure at all times. PC Samson reported that the recent break-ins were more professional in nature, as opposed to opportunistic.

The audience were also advised of a fraud scam on social media and reminded residents to be vigilant and not share any banking information at any time.

It is proposed to have a speed watch campaign set up in the area (during daylight hours only) and Cllr W Robertson advised that he was looking for volunteers, and any interested parties should contact him directly. A minimum of three people is required for each location, and volunteers do not need to be in their own area. It was agreed that this item would be added to the agenda for the next meeting.

A member of the public raised a concern around parking at the junction near the Church at Station Road, particularly when events are being held and while they had spoken to Rev. Reid, who in turn had spoken to the congregation, things had not improved. PC Samson agreed to give the matter his attention.

Matters Arising

While all matters arising were covered by the agenda, it was noted that the Community Campus Management Group meeting would be held in late November and a representative from the CC was invited to attend. It was agreed that this item would be added to the agenda for the next meeting.

Kinross Town Centre

Burns Begg Road – a sign was due to be erected but work had not yet been completed.

Members were advised that the next meeting of the local partnership was arranged for 24 November 2022 at 5pm.

Cllr McKay commented that there were 2 bollards missing from the High Street and she was unsure as to whether these were being replaced.

The Sycamores – a member of the public raised concerns over road safety at the entrance/over the entrance. He advised that the residents had applied to have yellow lines painted in the area for a number of years without success. While the residents have tried a number of solutions, all had been unsuccessful, and they were now requesting the CC's support in the quest to have double yellow lines put in place.

Cllr Robertson advised that Councillors receive a list of road safety issues which Councillors have agreed to review and recommend a priority list to PKC. It was agreed that this matter would be discussed in more detail at the next meeting.

Planning

New Applications

22/01587/MWM – extension to quarry at Balado Quarry, Balado

22/01572/FLL – extension to dwelling house at Piper Cottage, 244 High Street, Kinross.

22/01300/SCRN – land 350 metres northwest of Davies Park, Springfield Road, Kinross (Closed).

22/01693/SCRN – change of use from military base to space museum/educational centre at Offices, Balado Bridge, Balado, Kinross

22/01633/PNA – erection of an agricultural building at land 40 metres southeast of Goudierannet Farm, Kinross.

Decided Applications

22/01693/SCRN – change of use from military base to space museum/educational centre at Offices, Balado Bridge, Balado, Kinross.

It was noted that this application was closed which meant that a full application is likely to be submitted.

22/01379/FLL – siting of modular building to form extension to amenity area at Kinross Service Area, Kinross, approved.

22/01356/FLL – erection of 2 dwelling houses at land 80 metres southwest of Gellybank Farm, Kinross, refused.

22/01342/FLL – erection of a dwelling house and associated works at Tillyochie Farm Cottage, Balado, Kinross, approved.

22/01336/FLL – alterations and extension to dwelling house, erection of log store and formation of raised decking at 12 Talla Park, Kinross, approved.

22/01300/SCRN – land 350 metres northwest of Davies Park, Springfield Road, Kinross.

It was noted that this application was closed and Cllr Colliar advised that the next stage in the process would be for a full application to be submitted with an opportunity for PKC to request a number of reports which would be considered in conjunction with the full application. Members of the public raised a number of concerns including pollution levels and the rising number of lung cancer cases year on year, and

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Community Council News

concerns about the play park. Cllr Mckay advised that she had requested information in respect of the play park, but this had not yet been provided. She went on to advise that a small group had been set up to progress the upgrade of the play park and funding applications have been made. There has been a delay in the work starting as it is preferred to have funding available to undertake all work at the same time and in response to a question from a member of the public as to what would happen if the park was upgraded and Miller Homes then obtained permission to build, Cllr Mckay stated she hoped that the residents would object to that decision as it was imperative that children and other residents had somewhere to go. It was also noted that a consultation event by Miller Homes was scheduled for Wednesday.

A member of the public advised that the action group had written to the Councillors looking for support/agreement in respect of an application to Fields in Trust (<https://www.fieldsintrust.org/>) and agreed to forward on information prior to the CC's next meeting.

Other Planning Matters

22/00005/PREAPM – Davies Park, Springfield Road, Kinross – covered earlier in the meeting.

Reports from PKC Councillors

Cllr W Robertson advised that had written to the Environment Minister expressing his concerns on the Loch and advising that SEPA were not dealing with the matter as they should. Cllr Robertson advised that while had received a response from the Environment Minister, he was most disappointed with the content of the response and would welcome the support of the CC in highlighting the concerns of the residents of Kinross. It was agreed that a letter would be sent by the CC.

Cllr D Cuthbert advised that he had been successful in laying his motion where the CC would be considered more than one voice when objecting to planning applications. The Scheme of Delegation would therefore be updated in due course.

Cllr Cuthbert also advised that there would be a meeting of Kinross-shire Community Transport Forum on Thursday at 7 pm where the re-organisation of bus services in the area would be discussed. A representative from the CC was invited to attend but due to other commitments, no-one was available. An update will therefore be given at the next meeting.

Members were also advised that the bus shelter at Kirklands garage would be replaced but timing would depend on the insurers paying the claim.

Reports from Community Councillors

Cllr D Colliar advised that this would be his final meeting after 39½ years and thanked everyone for their support over that time. He wished to place on record his thanks to the residents of Kinross, and also the Community Councillors he had worked with – he had met a lot of people and made a lot of friends and would remain interested in what was happening in the town. He also advised that it was his intention to remain in the post of treasurer to the *Newsletter*.

Cllr Robertson commented that he had sat on the CC since 1995 during which time Cllr Colliar had been a constant member. He had made a valuable contribution over the years giving a lot of advice and the residents of the town owed him a debt of gratitude.

Cllr W Freeman reminded everyone that the Remembrance Day parade would take place on Sunday 13 November at 11 am. This would be an in-person service at the Church, and he asked as many CC members to attend as possible. Members of the public were also invited to attend the service.

Cllr L Mckay raised an issue of emails for the Community Council being sent via the link on the Kinross.cc website and therefore being forwarded by Pauline Watson. In response to a question from Cllr

Mckay, Cllr Phillips advised that the kinrosscommunitycouncil.com website would be going live next week and agreed to send an email to Bruce Crawford in this respect.

Cllr Mckay also raised the issue of lighting in the Muirs and while this should improve as autumn approaches and the leaves fall, Cllr Robertson would keep an eye on the situation. In response to a question from Cllr Mckay, Cllr Robertson advised that the crossing at the north end of Gallowhill Road was in abeyance until a decision could be made as to its location. The situation will be reviewed once the pavements are in place.

Correspondence

Action Group

Cllr Mckay acknowledged receipt of the email, and its contents, from the group following the September meeting.

Sound Levels in the Hall

Cllr Mckay enquired as to whether everyone had been able to hear the discussion at the meeting and while it had improved since the last meeting, it still wasn't easy to hear. It was agreed to discuss the possibility of improving the acoustics with the Lodge and, if in agreement, make an application to purchase equipment similar to that used in Milnathort Town Hall.

Distribution of CC Minutes

In response to a request from members of the public, it was agreed to display the minutes of CC meetings on the noticeboard at the side of Baillies Solicitors.

Removal of Trees/Shrubs at Green Hotel

A member of the public raised concerns following the removal of mature trees and shrubs from the conservation area around the Green Hotel. This has been completed without a planning application being made and while PKC have now received a tree report, the issue remains ongoing. The CC were unaware of the removal of the shrubs and expressed their concern over this. The audience were advised that it was likely that a planning application would be submitted in retrospect and a condition of approval would likely be made for trees to be replaced, although it was recognised that these would not be of the same age as those removed.

Damage to Trees at Junction Road

A member of the public raised concerns about the vandalism to the trees near the machinery shop at Junction Road advising that strappings had been damaged and trees pushed over. Cllr Cuthbert is to raise this issue with PKC.

AOCB

Presentation to Cllr David Colliar

On behalf of the CC, Cllr Mckay presented Cllr Colliar with a plaque to mark his 39½ years' service to the Community Council.

The January meeting of Kinross Community Council will take place on 24 January at 7.30pm in the Masonic Hall, Kinross.

Fossoway Community Council

News from the November Meeting

<https://www.fossoway.org/community-council/>

Present At The Meeting held on Tuesday 1 November were Cllrs S Bruce-Jones, T Duffy, N Marchant and G Pye; Cllr D Cuthbert and nine Members of the Public (MoP).

Apologies: Cllrs N Freshwater, W Robertson and R Watters; Cllrs A Cheape and F Hansraj-Jackson; Assoc. Cllr C Farquar.

Police Report

Since 4 October 2022 there have been 18 calls to the police from the Fossoway area and two crimes recorded on police systems.

Police Scotland has issued guidance in relation to



housebreakings and security advice as we come into the winter months: <https://www.scotland.police.uk/advice-and-information/your-home/your-house/>

Police Scotland has also seen a rise in frauds via different messaging platforms whereby the suspect contacts the victim pretending to be a family member and asking for money because their phone is broken.

The community policing team held 'Coffee With A Cop' on Saturday 15 Oct in the Crook of Devon Church Hall. There were several people from the community passing by with questions. Police Scotland and the CC will repeat this but a regular feature is difficult to fit in with work schedules.

Pop-Up Copper

These are cardboard cutouts of police to be used as a deterrent to speeding. If communities would like one they need one lead person who will take it out every morning and in at night. The cardboard cut-outs need to be strengthened with some wood, and the structure needs to be chained to a lamp post or similar. Cllr Bruce-Jones reported that there has been a good response to this idea from both Drum and Rumbling Bridge residents.

Each community needs to fundraise for their own cut-out: the cost is just under £100 plus the cost of wood, a padlock and chain. The CC could combine the orders to reduce delivery costs.

Cllr Cuthbert has spoken to a senior Police Officer and suggested that it would make sense for the Police to hold a stock of these and lend them to Communities.

From the Commander's Report: At some point between the hours of 5am on Thursday 6 October and 4pm on Sunday 9 October, a Santa Cruz Mountain Bike, a Trek Hybrid E-bike and an Orbea Hybrid E-bike were stolen from a property in Mossend Green, Powmill.

Matters Arising

Fossoway Area Transport

Cllr Duffy attended the Kinross-shire Transport Forum Group meeting, chaired by Cllr Cuthbert. We are very fortunate to have two bus experts on this group. The north south route is now well serviced in Kinross; it is east to west we need to improve; the 202 extended to Loch Leven Community Campus, timetables that suit commuters, bus service on A91 and to Glenfarg. Cllr Cuthbert explains that the contracts are being negotiated for next year, with tender documents being prepared now. The Group has prepared two new documents which have input to the process. Currently school bus and public transport are separate contracts but it seems like there could be gains by combining the two.

Road Safety in FDCC Area (Including A977 Mitigation and Carnbo)

PKC have provided the CC with a list of outstanding work in Kinross-shire. Rather than attempting to prioritise these items individually, Cllr Marchant proposed that we decide what things are important – safety, infrastructure (e.g. footpaths to bus stops, safe crossing points, etc.) and apply these criteria to all the jobs. This would help to create fairer relative priorities with other communities in Kinross-shire.

A Carnbo resident pointed out that there are no paths in Carnbo from one end to the other.

A MoP expressed concern that won't be enough money to carry out all these schemes, and this was already a concern for members of the CC, however Cllr Robertson had assured Cllr Duffy Trudy that the money for all these things is already in place and ring-fenced.

There was discussion about the need for a pedestrian crossing in Carnbo, but opinions varied about it whether it should be like the one in Blairingone that stays on red if the approaching

vehicle is exceeding the speed limit.

Noise disturbance linked to play areas at Fossoway Primary School

There are plans to schedule another meeting to discuss next steps and progress. All relevant local stakeholders will be invited. There is no date for this meeting yet.

Head teacher Paula reported back to this CC that the basketball hoop has been taken down. We now wait to see if this helps.

Community Speed watch

The CC has applied to the Community Investment Fund to purchase speed-measuring equipment. More volunteers are needed to make effective use of this. When this scheme was operated in the past it did have some effect on driver behaviour. A team of three people are needed to operate the equipment. Cllr Marchant pointed out that this will help create an evidence base that could encourage the Police to attend.

Road Adoptions

Cllr Cuthbert has consulted PKC's highways department and the question about Drum is now resolved.

Access to Cash in Kinross-shire

Cllr Marchant has received the following feedback from Bank of Scotland:

Bank of Scotland ran a three month pilot of Community Banker at the start of the year in Millbridge Hall. They attended on a weekly basis for 12 sessions offering banking support (basic account enquiries, education and support of other banking channels) and supporting some businesses. Thirty one customers used the service; nine used the service more than once. The service was also run in three other Scottish locations, but Kinross was suspended as it received the fewest customers. Perhaps it wasn't publicised well enough.

The mobile branch visits fortnightly for three hours with a colleague to support customers with cash and banking queries. Around 200 customers used it in 2021, nine of which are regular users, with the majority of users also using our Perth branch.

We conclude that we're not going to get one bank to establish a physical branch again, so Cllr Marchant is now working on establishing a combined bank instead.

Ditch Management Scheme Drum

The CC had previously asked PKC if they could coordinate ditch clearance across all the villages, but no reply as yet. Scottish Water has suggested that they may help with funding if a co-ordinated scheme could be established.

Cllr Bruce-Jones reported that there has been some positive response from land owners in Drum with regards to a co-ordinated plan in Drum, but not so much in other areas.

Crook and Drum Growing Together

The group received a grant from the Nature Restoration Fund. Last weekend the orchard area was tidied up and native bulbs planted with a group of 10 volunteers and three children Fruit trees will go in in February/ March.

Blairingone War Memorial

It appears that this could be about to happen!

Consultations

There are four open consultations for the public to comment on:

Cycling Framework for Active Travel: *Cycling framework for active travel - Scottish Government - Citizen Space (consult. gov.scot)* **Closes 19 Dec 2022**

Your Police 2022-2023: <https://consult.scotland.police.uk/strategy-insight-and-innovation/your-police-2022-2023/> **Closes 31 March 2023**

Scottish Government - Small Landholdings Modernisation: <https://consult.gov.scot/agriculture-and-rural-economy/small-landholdings-modernisation/> **Closes 14 January 2023**

Community Council News

PKC Corporate Plan and Budget 2023-2024: <https://consult.pkc.gov.uk/corporate-democratic-services/corp-plan-budget-2023-24/consultation/> **Closes 20 November 2022**

New Business

Prior to the re-election of the CC members Cllr Duffy collected application forms from all the current members and sent them in to PKC together. Unfortunately Cllr Cheape's form wasn't entered in the election and thus he is no longer a CC Member. It's not clear where his form was mislaid, but Cllr Duffy apologised to Angus for the loss. At the next meeting of this CC, Angus will be appointed as an Associate Member, and as soon as possible he will be co-opted back onto the CC.

Community Council Business

Meetings Attended

Cllr Marchant attended Kinross-shire and Glenfarg Stronger Communities on 1 November. Broke not Broken advised of the PKC Cost of Living Fund that organisations can apply for to run activities in local spaces, such as coffee and a chat craft events. In addition to getting members of our communities together this can also provide a cosy space during the winter. An application form is available at: <https://www.pkc.gov.uk/costoflivingfund>

A copy of the timetable for the Advice Hub in Kinross was also shared and will be posted on our Facebook page and Community Notice Boards.

The PKC Planning representative advised that they would start to engage with communities on LDP3 in May-July 2023 and that CCs should receive communication regarding this shortly. The CC stressed that this is an opportunity for communities to influence the future direction of developments.

The next Kinross shire area committee meeting will be at the end of this month, the full agenda is not yet available but road safety will be included.

Cllr Duffy attended the Kinross-shire Transport Forum group meeting – see above.

P&K Councillors' Reports

Cllr Cuthbert: There is a £25M black hole in the budget. Discussions are beginning now. A Poverty Action Task Force has just been formed by PKC, Cllr Cuthbert is a member.

Planning Applications

22/01542/FLL Extensions to dwelling house and formation of decking at Devonbank, Crook of Devon, Kinross. No CC comment.

22/01599/FLL Extension to dwelling house at High Station, Rumbling Bridge, Kinross. No CC comment

22/01577/FLL Siting of 2 storage containers at Land 50 metres south west of Cairnwell, Drum. No CC comment

Planning Decision

22/01482/FLL Extensions to dwelling house, erection of porch and formation of raised decking at Ivybank, Drum, Kinross. The application was refused, the CC had not commented.

At the last meeting of this CC, Cllr Cuthbert informed us about a new rule recently passed by the Council, which would direct planning applications to the Planning Committee if there was an objection from a CC. This rule is not yet active, as it has to be approved by the Scottish Government as a change to delegation rules. The rule will also only apply to material planning objections.

Correspondence

PKC's Leadership Team, including the Chief Executive, will hold their regular meeting in Kinross in December. The CC has been invited to attend – Cllr Marchant will accept the invitation.

AOCB

A MoP reported that Seamab School's car park has large floodlights which appear to be on all the time, which is wasting power and affecting other properties. The CC will write to the school.

A MoP asked the CC if they were aware of how the equivalent to the Government Energy Bill Relief payment for consumers who don't have mains gas will be paid. After the meeting it was found that the Government's intention is that £100 will be paid via the consumer's electricity bill. No timing for this payment has yet been announced.

The next meeting of Fossoy and District Community Council will be held on Tuesday 6 December 7.30pm at Powmill Moubray Hall. All welcome!

Portmoak Community Council

News from the November Meeting

Present At The Meeting held on 8 November were Cllrs N Freshwater, R Watters, Cllrs A Miller (Chair), D Morris (Vice-Chair), A Davidson (Treasurer), S McGregor (Secretary), D Paterson, and 5 members of the public.

Clarification of PKC requirement for EGM: PKC Elections & Community Councils Officer had indicated that Portmoak CC had received sufficient nominations to not require an election to be held. However, an EGM (Extra General Meeting) was necessary to appoint the Officers, Data Controller, and to adopt and sign the constitution.

The Chair had spoken with the PKC Community Council & Elections Officer at length in advance of meeting of 08/11/22 and she had agreed that the 08/11/22 PCC monthly meeting could proceed as the EGM.

Neil Freshwater and RWatters agreed with this motion. The EGM agenda was set and followed:

Appointment of Chair, Vice-Chair, Treasurer, and Secretary: the following Officers were appointed as duly elected at PCC AGM in October - Andy Miller (Chair), Dave Morris (Vice Chair), Ann Davidson (Treasurer), Sue McGregor (Secretary).

Appointment of Data Controller: had been agreed and confirmed to PKC as Andy Miller (Chair). The relevant correspondence had been issued to PKC

Adoption of Constitution & Codes of Conduct: it was confirmed that the relevant paperwork could be signed out with the EGM. Christine Grant at PKC had agreed PCC Officers can sign the relevant hard copies and return these to PKC

Signing of Financial Documents: over the course of the next week Chair, Treasurer, and Secretary will meet and sign the relevant documents. It was confirmed that the current financial position of PCC was per the Treasurers report at the AGM and a separate submission was not required.

Futures Dates of meetings: (optional) PCC Agreed the meetings for PCC will be held on the second tuesday of each month, to continue the pattern of previous meetings.

AOCB

Kenneth Donaldson's nomination form had been received by PKC after cut-off date: Christine Grant had confirmed that K Donaldson could continue as an Associated Member and be co-opted in May 2023, but would be unable to "vote" in respect of CC business. K Donaldson agreed to proceed this way.

Date of Next meeting: 11/11/25 November meeting of 2025 (3 year term)

The Chair invited special comments and any objections: Assembled PCC members, Cllrs and Members of the Public agreed the EGM requirements had been fulfilled satisfactorily

Matters Arising

Kinross-shire Committee Update: Chair hadn't received an update since Oct 22. There had been no meeting during or changes in the intervening period that he was aware of. Cllrs R Watters, W Robertson and D Cuthbert had met to have a pre-agenda meeting. Chair to wait to receive next KLC meeting agenda and report back to PCC in due course.

Road Safety Action Update

W Robertson had asked for an update but had indicated that PKC Officers were going through a prioritisation of items. PCC had been sent the list of PKC requested Road Safety items which were to be reviewed with the request to prioritise these. PCC to assess whether the items were still relevant, or if they had been superseded. Cllrs D Morris and the Chair agreed prioritising this was a difficult process as some items were small size and low cost and others relate to larger more costly projects. The Chair went through the items relevant to Portmoak. There were other items on the list which were for Portmoak requests but assigned to other Community Councils. Cllr N Freshwater asked that PCC discuss the items and prioritise as they saw fit

Scotlandwell to Portmoak Church Path

PCC were waiting for response from PKC Officers Daryl McEown and Dave Stubbs, Stubbs. The Chair advised that an 'agreement in principle' was required in respect of the path route and also the fundamental feasibility of the speed mitigated crossing points as detailed in conjunction with the proposal, prior to moving forward and contacting the landowners. A member of the public from Easter Balgedie represented the Community's wish to have an off-road path from E Balgedie to Kinnesswood as exists. Residents felt walking the existing footpath to be unsafe particularly if walking to school with children or baby buggies. The Chair agreed that this section of footpath was similar to the Scotlandwell to Church path and assessing this stretch could be done at the same time as the Scotlandwell-Church section. A feasibility study for both sections could be done at the same time. Cllr R Watters suggested adding any other projects to the PKC Roads projects.

There was discussion about whether off-road paths were Greenspace projects or a Roads projects. Cllr R Watters suggested such projects would be looked at collaboratively between roads and Greenspace. The Chair commented that a one-off cost of building a path for people to walk or cycle for free to school should be looked at versus the cost of running a school bus year on year. If there are landowners who are prepared to offer a 3m stretch of land for footpath projects please approach PCC as these are a valuable way to connect and improve connectivity between our communities for now and the future. There was an agreement from PCC. Plan to walk path with residents.

Play facilities at Scotlandwell Green

The secretary had contacted PKC for an update but there was no formal date for completion yet. PKC hoped upgrade would still happen within this financial year.

New Matters

Police Reports

The police liaison officer had sent a report to the Secretary who would circulate this to subscribers and on Portmoak Community Facebook.

Planning

New Applications

22/01764/LAW Use of dwellinghouse as short term let and alterations (proposed) Bowersburn Cottage The Cobbles Kinnesswood, Kinross. No public comment available due to application type. PCC, no comment.

22/01715/FLL Installation of replacement doors Kerrera

Back Dykes Road Kinnesswood, Kinross. Last date for Public comment: 18/11/22 PCC, no comment.

Existing Applications

22/01191/FLL Erection of 16 dwellinghouses (3 with detached garages, one with detached garage/ancillary accommodation), formation of 6 plots for affordable dwellinghouses, formation of SUDS pond, landscaping and associated works. Land 100 metres south east Of Cragton Villa Rost Gardens Scotlandwell. There was no further update on the status of this application at present.

Planning Decisions

Progress with Developments

Westfield Community Liaison Committee: no update. Next meeting 7/12/22. N Freshwater, and K Donaldson to attend. Signage by PKC at the Westfield entrance had been requested by N Freshwater but not actioned yet.

Westfield Paths Feasibility Study: D Morris indicated that this was planned for Monday 14/11/22 as an in-person meeting at the Lochgelly Centre. There were spaces for more community councillors to attend. Chair offered to attend also. All papers have now been received in advance of the meeting.

Paths Group update

There had been limited activity over the past month due to weather, but thanks were due to Alistair from PKC Community Greenspace Team for doing a final cut of the year on the Peat Loan and also the Dryside Road path.

Treasurer CC Accounts

The Treasurer reported there was not a lot of movement on the accounts.

MBW account: Balance: 1523.00. £150 annual fee requested to PKC.

CC Account: Balance £289.51. £20 pending for payment of Portmoak Village Hall invoice.

PKC to receive account detail and Chair to sign copy of accounts to release annual funds.

Insurance for PCC: forms had been received for completion. Treasurer understands PKC pay the insurance premium.

Councillors' Reports

Cllr R Watters flagged the new proposals from the Boundary Commission: the next stage of proposals were available for Public Consultation. New boundaries assigned have created a split between Kinnesswood and Scotlandwell, where each community would vote for a different MP. The guidelines from government for constituency size are stringent and Glenrothes has not enough numbers, hence the redefinition. PKC has an emergency motion to be submitted to the Provost to protect Kinross area and specifically that Scotlandwell doesn't get moved to Glenrothes. Name change to Perth & Loch Leven, (from Perth & Kinross), has

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also been proposed. It was clear that opinion was split in terms of the proposals. While the boundary changes would clearly divide historic community ties fundamentally breaching Boundary Commission Guidance, other members suggested a split could be a good thing as Portmoak would benefit from having two MPs to lobby on issues pertaining to Portmoak. The Chair thought this was a political issue which PCC did not necessarily want to get into, due to the difficulties of reasonably representing the views of the Community. It was concurred that it would be difficult for PCC to make representation and it was agreed that local people should make their opinions known by direct response to the public consultation.

Matters Notified to the Secretary

Public Consultation

PKC Key Priorities 2022-2027 Engagement Sessions: The Secretary flagged this Public Consultation via which members of the public can indicate their thoughts on priority areas for council spending. Consultation closes 20/11/22 See: <https://consult.pkc.gov.uk/corporate-democraticservices/corp-plan-budget-2023-24/consultation/>

Warm Spaces in Perth & Kinross: <https://www.pkc.gov.uk/warmspaces> Details of public spaces designated within Perth & Kinross which are warm and available for the public to use should they need them during the winter months.

Speedwatch Campaign restarting: The Secretary had received some information from the Police about this campaign which seemed to be gaining some traction again.

AOB

Kinnesswood in Bloom: The Chair expressed congratulations to KIB for winning a gold medal. Jim Fairlie has acknowledged in the Scottish Parliament the excellent work of the KIB team and commended the participation of young people in various elements of the project.

Portmoak Hall AGM: to be held in Portmoak Hall on Thursday 24 November at 7.30pm. The Hall Committee would like to have as many organisations there as possible and hoped volunteers would come forward to take on some responsibilities for ongoing running of the hall. Chair will attend on behalf of PCC. The Chair highlighted the fact the Portmoak Hall is the largest and cheapest venue to hire in the area.

Barbara Robertson from Portmoak Toddlers: offered to participate in walking with a buggy along certain stretches of the paths around Portmoak to demonstrate how unsuitable some stretches of pavements are for buggies or walking with a small child. Chair agreed that there are many pinch points. There was opinion that an organised walk may be a useful publicity operation, highlighting the adverse conditions some path users face.

The next meeting of Portmoak Community Council and AGM will be held at 7.30pm on Tuesday, 13 December 2022 (online)



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Milnathort And Orwell Community Council

News from the October Meeting

Present At The Meeting held on 13 October were Councillors M Thomson (CC chairman), N Bingham (CC), A Ward (CC), K Heneghan (CC Associate Member), Cllr D Cuthbert and 4 members of the public

Apologies: P Britton (CC Treasurer), A Macrae (CC Secretary), PC B Samson, Cllrs W Robertson, N Freshwater and R Watters.

Loch Leven Pollution

A statement on this from Willie Robertson was read out at his request, in his absence.

Pollution Incidents in Loch Leven

Following the most recent pollution incident – when raw sewage overflowed the Kinross waste water treatment plant (WWTP) and flowed across the heritage trail into Loch Leven – I contacted SEPA and was shocked and surprised at their response. They more or less said that because of our antiquated sewerage systems in Kinross and Milnathort, this was something we would have to live with. Our sewers carry both waste from our homes and floodwater off our roads, so in periods of heavy rain our WWTPs can't cope, so the only thing Scottish Water can do is divert the excess sewage/floodwater mix directly into Loch Leven.

I did not consider this to be an acceptable situation given Loch Leven's designations as a SSSI and RAMSAR site so have written to Mairi McAllan MSP – the Scottish Government Minister for the Environment – expressing my concerns and asking her to instruct SEPA to take more robust action to protect Loch Leven, our most valuable local asset. I have received an acknowledgement to my communication but nothing else.

What is happening with Loch Leven raises a number of questions:

- Why are SEPA not pressing Scottish Water to improve our sewerage infrastructure to stop them having to use the loch as an overflow for sewage they can't treat?
- Why are SEPA not objecting to large scale housing planning applications when they know that our WWTPs are already struggling to handle the current levels of sewage?
- Why is the Scottish Government, through their planning reporters, giving consent to housing applications (that have been refused by the Council's planning committee) that are way in excess of the numbers allocated in our Local Development Plan when they know that Loch Leven is a special protection area?

Update on Damaged Wall on Back Loan/Jesse's Park

Damaged wall made safe but work not completed.

The collapsed wall at Burleigh was highlighted and will be investigated by PKCllr Dave Cuthbert

Update on Footbridge at Lathro/New Path in need of Repair.

CPR Training

CC Neill Bingham had been advised that if MOCC can supply venue and date, training can be given. Neill to contact Kinross First Responders to find out if they can supply training.

Reduced Bus Service

Cllr Dave Cuthbert advised that Kinross-shire Transport Forum is seeking views on what type of service the community wants.

Police Matters

A report updating police matters in the MOCC area was submitted by PC Samson but unfortunately was too late to be read out at the meeting.

Planning

Planning Decisions

Alterations and extension to dwellinghouse Ardbeg 11 North Street Milnathort, Kinross, approve the application.

Change of use from open space to form extension to operational land, extension to building and associated works Scottish Hydro Electric Plc Manse Road Milnathort Kinross. for Scottish And Southern Electricity Networks, approved.

Erection of 2 dwellinghouses Land 50 Metres East Of Upper Warroch Cottage Milnathort, approved.

Alterations to dwellinghouse 14 Balfour Crescent Milnathort Kinross, approved.

Planning Applications

Erection of a dwellinghouse and garage (revised design) at Land 80 Metres South West Of Athronhall Farm, Milnathort.

Core Paths Update

An update was provided by Kevin Heneghan.

Milnathort Core Paths Group have been continuing to flail and trim our Core Paths and cutting back overgrowing bushes and branches during September.

The next outing on 5 and 6 November will be the last major cutting back of vegetation this year, but there are still many operations to be carried out over the winter months including: erecting waymarkers, filling in depressions in the Paths that would otherwise turn into puddles, cutting back branches and boughs where needed and general maintenance.

There are an increasing number of instances of dog mess being simply left on the Core Paths and not bagged and binned by the dog's owner. This mess makes walking the Paths hazardous and means users of buggies, mobility scooters and bikes are faced with an extremely unpleasant cleaning operation. The vast majority of dog owners DO clean up after their dogs and

LOOK OUT FOR THE JANUARY NEWSLETTER!

we ask that all owners take personal responsibility for their dog's excrement - bag it and bin it.

The Core Paths Group continues to seek funding for benches and the acquisition of our own flail. It's clear from the amount of ongoing work that needs to be done that we're always looking for more help. If you can spare an hour or so a month, it would be great to hear from you. PPE is provided, as is training in the use of power tools. It's really satisfying to clear a Path and to know that you have provided a valuable service for our community.

Additional Comments

Fly-tipping near the Community Woodland: that has been there since August. The landowner to be contacted and further action discussed with them.

Councillors' Reports

Cllr Dave Cuthbert reported on a change of procedure passed by PKC that means in a Community Council objects to a planning application, this automatically goes to the Planning Committee. This is a very significant change from the current situation, where a Community Council's vote is only counted as one household.

Any Other Matters.

Suggestion that notice of the MOCC meetings be posted on the noticeboard at Giacobazzi's in New Road.

The next meeting of Milnathort and Orwell Community Council will be held on 8 December 2022, 7.30pm at Milnathort Town Hall



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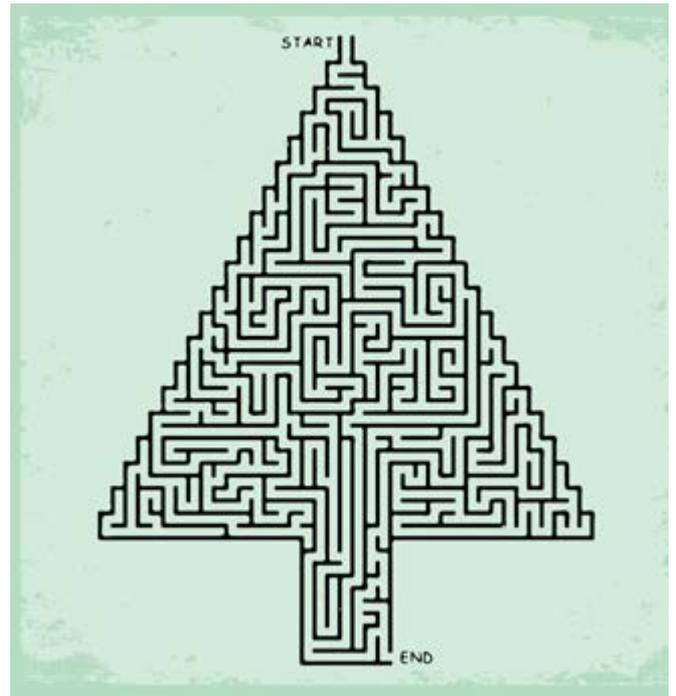
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Christmas Puzzles



Christmas Word Scramble

- CRTMASIHS -----
- TASAN -----
- AIFMLY -----
- RNSESTEP -----
- ILTSHG -----
- Gvingi -----
- NRDNIE -----
- OASENIROCDT -----
- ONNAEMRT -----
- LVSEE -----
- IRENDEER -----
- DCAYN NSEAC -----
- ECELABERT -----
- TEWHRA -----
- CKITRULERC! -----



Find The Santas!

We think we've hidden 20 Santas in the pages of the Newsletter (we lost count...)



Can you find them all?

Christmas Crackers

-  What do angry mice send to each other at Christmas?
Cross-mouse cards!
-  What type of key do you need for a Nativity play?
A don-key!
-  How does Santa get his medicine when he's ill?
Through the National Elf!
-  What do monkeys sing at Christmas?
Jungle bells!
-  How you can tell that Santa is real?
You can always sense his presents!
-  What do you get if you cross Santa with a duck?
A Christmas Quacker!



CHRISTMAS WORD SEARCH

P U P C H R I S T M A S N D N L I C
 Y U L E T I D E O M H F C P U U F E
 L D C T I N S E L C O K R R T M R L
 I E A E I M Y N P Z L E H E C V U E
 G C R G U L I J O L L Y O S R C I B
 H O O G I X A S Y W Y S L E A L T R
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- | | |
|-------------|------------|
| Angel | Jingle |
| Bells | Jolly |
| Carolers | Lights |
| Celebrate | Mistletoe |
| Chesnuts | Noel |
| Christmas | Nutcracker |
| Decorations | Ornaments |
| Eggnog | Poinsettia |
| Festive | Presents |
| Fruitcake | Snowflakes |
| Garland | Snowman |
| Gingerbread | Tinsel |
| Holiday | Tree |
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"I had a full house of windows fitted when I was renovating my home. Barry is a hard worker and delivered a great service - on time and on budget."

Mrs Lorraine McMillan,
 Morar Road,
 Crossford

“ A bit about me... ”

Originally from Cowdenbeath, I spent the last 10 years living in Dunfermline. I moved to Gallowhill Road, Kinross in August 2016, with my wife Jacqueline and our two year old son, Calum. I'm a time-served joiner with 17 years' experience.

Clubs & Community Groups

Fairtrade

Gifts and Treats

Please consider buying Fairtrade goods as gifts at Christmas and during 2023! Some tea, coffee, chocolate or biscuits is a useful present as well as being a treat. We can also gift wrap it for you at no extra cost. If you are looking for a gift that doesn't involve sweet items, we have a wide range of delicious sauces and chutneys from Kenya and Eswatini which go perfectly with our Kilombero rice from Malawi. The beer bread from South Africa is a perfect present for anyone as it is quick and easy to cook and tastes amazing!

Contact Kinross Parish Church office if you would like to order any goods from www.traidcraftshop.co.uk or www.jts.co.uk and we will deliver for no extra charge. Buying Fairtrade goods is a small step that we can all take to make the world a fairer place.

Beer bread from South Africa



Kinross Centre

The weather this month has been so unusual; 15 degrees during the night, who would have thought it in November?

Well Santa is nearly here and it is approaching the time for families to get together with fun for young and old. However, please remember that some people don't have family or their loved ones live far away, so look out for them, offering a friendly smile or a 'hello'. It costs nothing and will bring some comfort.

In November we had Nicola and Clare from the Japanese Garden in for a visit and some activities. We had a wonderful



time and we thank them for taking the time to come and teach us how to make decorative plants with no pots, it was truly fascinating. Thank you both so much!

We have also welcomed visitors from St Johnston football club, reminding us about how football was in years gone by. They are going to visit us every two weeks going forward. The next date will be Friday 9 December at 11am-12noon and everyone is welcome.

This month we will have Christmas lunch on Wednesday 14 December with the one and only Linton Osborne entertaining us. We look forward to seeing and hearing everyone singing and dancing along.

On 22 December we will be going to see 'Beauty and the Beast' at the Alhambra so it's a busy month ahead.

Our activities such as indoor curling, exercise classes and art groups remain very popular. We are very grateful for the support from our volunteers who help us with all the activities.

We also take this opportunity to thank everyone for their support throughout this year and wish you all a very Merry Christmas and Happy New Year.

We would love you to be involved with the Kinross Centre, either as a service-user, a volunteer or as a supporter. If you would like further information please contact Nan Cook on 01577 863869.



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Andrew Alan, a local Perthshire astronomer, has rescheduled his presentation on astrophotography (called 'Scotland's Night Sky') to the first meeting in December. Andrew is a self-taught astrophotographer and will demonstrate and explain the techniques and equipment required to capture amazing images of our night sky. This meeting will be held in the Kinross Church Centre and we look forward to meeting Alan and being inspired to venture out in the dark to photograph our dark skies.

Our Thackery and Creative Digital competitions take place in the hall and will be judged by Malcolm Lind. Our theme for the Thackery competition this year is a mouthwatering tryptic, 'Food Photography'. Our Creative Digital competition gives us the opportunity to have a go at something a little wacky and to challenge our inner creativity. It is always an evening to look forward to!

The final meeting of the year is our traditional seasonal get together in the hall to get us all ready for Christmas; we look forward to Christmas quizzes, mince pies, sausage rolls and a tipple or two!

If you enjoy photography and would like to give our club a try, or if you would like to learn more about our activities and events, please contact us by email at secretary@kinrosscameraclub.org.uk.

All abilities are very welcome and you don't need a fancy camera and lots of gear. You are very welcome to join us for an evening to see if it's for you.

Our featured photograph this month is a beautiful 'Scottish Wildcat' by Dallas Key.



Rotary Club of Kinross and District



It's the Christmas season and we are so excited to be 'back to normal' this year. For Rotary, that means supporting our local community, the international community and enjoying fun and fellowship. We look forward to seeing you over the Christmas period.

Broke Not Broken

Our local foodbank not only meets essential needs in our community and its personnel receive some excellent plaudits for achievements, it also maybe does a bit more than you realise! John Cameron, vice chairperson and trustee of Broke Not Broken, spoke to members on 31 October at the Kirklands Hotel. He reminded that us that not only food is provided to meet critical needs, but clothing and fuel support is often urgently required too. He spoke of people who find themselves in sudden, urgent need of emergency support when they find themselves in unexpected circumstances. All recipients of support are referred by professional services. At this time of year, perhaps we should all be thinking of supporting this wonderful organisation in any way we can.

For further details, visit their website at <https://brokennotbroken.org/>.

Ethiopia Medical Project

On Monday 14 November our president Jo Middlemiss gave us an account of her most recent trip to Ethiopia. Jo's charity The Ethiopia Medical Project has been focussing on alleviating the Neglected Tropical Disease (NTD) podoconiosis. To that end they have created a whole new facility for the care and treatment of this beastly but fixable and reversible disease.

The Rotary also welcomed Rotarians from Perth and Orkney so it was a lively meeting.



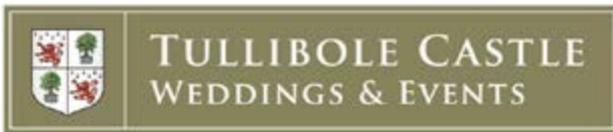


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Shoeboxes

We have collected all the filled shoeboxes from our local schools and other contributors. These are now on their journey to Central and Eastern Europe. The boxes go to children and teenagers in orphanages, hospitals and also to street kids; to adults in TB and AIDS hospitals; to disadvantaged families and to women’s refuges and to older folk in hostels with no supporting families.

Many thanks to everyone who contributed, demonstrating that we are, indeed, a caring and compassionate community.

Young Chef

A really successful Young Chef Competition was held at Kinross High School on Friday 18 November. Huge thanks go to the terrific staff of the Home Economics department.

Catriona Cairney and her team set up everything on a rainy Friday afternoon for impressive young contestants to cook two delicious courses. Andrew Scott and Sarah Rankin were our two highly qualified judges. They helped, encouraged, tasted and finally decided on three worthy winners. All the young people impressed everyone but Jocelyn, Liam and Rebecca just had that little bit extra.

Rotary are proud to sponsor this event with recompense for ingredients and the prizes.

Santa is on his way!

Santa will be visiting communities across Kinross-shire before Christmas and is looking forward to meeting you!

You can find regular updates on our Facebook page and you can track Santa on the night online at

<http://www.SleighTrackrt.co.uk>.

We will, as always, be collecting for good causes. This year the elves will be able to be out and about with collecting buckets but, if you prefer, you can donate online by visiting www.justgiving.com/crowdfunding/KinrossSantaSleigh2022.

All donations will be gratefully received and thoughtfully dispersed.

Santa’s timetable can be viewed on p24.

Join Us

Is your New Year’s resolution to get out and meet people again after the last few locked down years? Perhaps you would like to become more involved in community events or do something that makes a difference? If this sounds like you



then why not come along to one of our meetings and find out more about what we do? Contact us by email at secretary.kdrc@gmail.com for further details.

Kinross Trishaws

Kinross Trishaws brought the Halloween fun back to the older age group with a very scary Spooktacular Night Ride.



We took passengers from Causeway Court out in our three trishaws and our pilots looked fabulous in their costumes! We met children and families out guising and got lots of waves and smiles when we frightened the children with a



few ‘woooooos’ and eerie cackling laughs as we approached them in the darkness!

We had a tour around Kinross and were all very scared hearing tales of ghosts, child eating giants, and learning about the gallows in Gallowhill. We rode along spooky tree lined dark paths away from street lights. The highlight was the visit from the old ‘hag’ in the cemetery who terrified us with tales of terror and woe.

Kinross In Bloom

We had really sad news in October. Iain Todd, who had been a part of Kinross in Bloom for over 15 years, died very suddenly. He had been a former chairperson and secretary and was a fountain of knowledge to the group. Until his death Iain was still very active within the group; he was always pottering in the polytunnel fixing things, putting in sliding doors, putting in the watering system for our summer plants and the winter pansies. He was involved in planting up the planters and hanging baskets and



Kinross In Bloom 200 Club

November Draw

1. No. 55 George Mitchell
2. No. 36 David Izatt
3. No. 85 James and Lorraine Whyte
4. No. 30 Ian Hayles

December Draw

1. No. 30 Ian Hayles
2. No. 55 George Mitchell
3. No. 69 Elaine Sparling
4. No 71. Marie Taylor





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was back out with Marion, his wife, this summer in the buggy watering.

We, in the Bloom will miss him so much as a person, and for everything he has contributed to Kinross in Bloom and the wider community. He was a kind, knowledgeable gentleman. Our thoughts go out to Marion and his daughters at this time.

The planters have all been planted up with pansies which will last until the beginning of June! This is our quietest time of the year. Our job for the next few months is to deadhead the pansies and keep any chickweed out of the planters.

At the start of November we planted 3000 crocuses in the Levenfields estate beside the small playpark. Our thanks to the residents who came out to help and also PKC who kindly loaned us a turf cutter.

We had our AGM at the start of November and the office bearers for 2023 are chairperson, Graham Barnett; treasurer, Aileen Sorbie; secretary, Susan Mitchell.

On behalf of Kinross in Bloom thanks go to our new committee members for joining us, the watering volunteers who were out during the summer months, the rugby club who help us get the baskets up and down every year and to all the members of the public who kindly express their appreciation of the work we do when we are out and about. Thank you!

Our next meeting will be at 7pm on Wednesday 1 February 2023. Anyone can attend and we would love to see you!

Chairperson's Report 2022

As another working year comes to a close, we can look back on a successful year of bright, colourful displays starting with the pansies which were planted in the autumn of 2021, flowering up until May when they were lifted to make way for our summer planting.

Firstly, thanks go to all members for their sterling effort throughout the year, with special thanks going to Susan and Aileen for their continued hard and diligent work as secretary and treasurer respectively.

2022 began in November 2021 when all three 'officers' for the Bloom were returned unopposed at the AGM. Containers throughout the town were planted up with pansies in October 2021 and, by early spring 2022, were beginning to show their colours and soon gave a riot of bright pockets of colour throughout the streets of Kinross. For the Queen's Jubilee, we decided to base our summer planting in a red-white-blue display. I would like to personally thank everybody who worked tirelessly keeping these plants wet ensuring that the displays looked their best.

At the time of writing this report, we are back out working hard on pulling out the summer plants and readying the containers for the 2023 pansies. After this round of planting out has been completed the hardworking members can look forward to a relatively quiet time until it all starts again in February 2023.

During 2022, we started a small project commemorating Dr Mungle, an eminent doctor who served the Kinross area in the late nineteenth century. This statue was suffering from the ravages of time and the epitaph was very difficult to read. We decided to give the whole structure a clean-up and also redo the writing so it is legible. It now looks so much better now that the work is complete. One final ungrade is to replace a water tap which had been removed from the plinth in antiquity. At the time of writing a replacement tap has been purchased and a contractor is being sought to carry out the installation.

Also this year, the fountain at the south end of the town was completed when a contractor was employed to 'build up' the lion head water spouts which, over time, had been seriously eroded. On behalf of Kinross in Bloom, I would like to thank all contractors and Perth and Kinross Council Staff who were tasked in giving this structure its new lease of life.

I would also like to thank the Kinross Rugby Club who we asked to use their brawn with the hanging of our baskets and their subsequent removal at the end of the season. Well done lads for your sterling work and look forward to re-aquainting next year.

Thank you all for another excellent year.

If you would like to help in any way (formally or informally) please contact susan.mitchell50@gmail.com.

Kinross Garden Group



The Garden Group enjoyed a brilliant talk from Anton Edwards, the editor of the magazine *Scottish Rock Garden*, who stood in for Maureen Wilson who was not able to travel to Kinross. Anton gave us a real voyage through the world and the variety of plants that people have discovered in the most amazing of places; these are found in the articles sent by gardeners all over the world and presented in the journal.

Our next meeting will be on Thursday 8 December at the Parish Church, Kinross at 2pm. Belinda MacDonald will talk about her garden design company Shades of Green Garden Design and she will be looking back at some of her favourite projects. Doors will be open from 1.30pm. We will also be giving out information and taking numbers for the January festive lunch which should be take place on 13 January.

Membership fees are £20 for the year and £5 for visitors. If you are new to Kinross-shire and interested in meeting fellow garden enthusiasts, you will be made very welcome.

For more details contact Caroline Anderson on 01577 864589 or by email at acaroline1000@gmail.com.

Kinnesswood in Bloom



At the 'Keep Scotland Beautiful' awards we were delighted to receive a gold award, 'Best Small Village in Scotland' and the 'Best Work with Young People'. The Beautiful Scotland judges made the following comments about our work with young people:

'In 2022 Kinnesswood in Bloom won the Beautiful Scotland Discretionary Young People Award. One of the lasting memories of any visit to Kinnesswood is how they connect with their local primary school. This relationship is not contrived; it matches the current primary school curriculum. How gardening with this cohort is delivered by members of the group is a benchmark for all primary schools to follow.'

Clubs & Community Groups

The atmosphere is relaxed and even though at the time of the visit it was the school holidays, the Head Teacher and 15 or more pupils were there to talk about what they grow, sowing dates, when they harvest, and which ones are their favourites to eat.'

Thank you to all the pupils and Louise Gordon who gave up their time during the holidays to speak to the judges, Paula Woods who helped get the money for the polytunnel and raised beds and Brian d'Arcy who educated us all about raingardens and amphibian ladders.

We were then delighted to see recognition from the Scottish Parliament. Thank you to our MSP, Jim Fairlie:

'Motion ref. S6M-06530–Kinnesswood in Bloom Beautiful Scotland Awards 2022 Success.

Submitted by Jim Fairlie, Perthshire South and Kinross-shire, Scottish National Party. Date lodged: Tuesday, November 1, 2022. Supported by Karen Adam, Jeremy Balfour, Colin Beattie, Miles Briggs, Siobhian Brown, Stephanie Callaghan, Bob Doris, Sharon Dowe, Annabelle Ewing, Murdo Fraser, Pam Gosal, Bill Kidd, Fulton MacGregor, Gillian Martin, Stuart McMillan, Marie McNair, Jenni Minto, Audrey Nicoll, Alexander Stewart, Paul Sweeney, David Torrance, Sue Webber, Martin Whitfield.

That the Parliament congratulates Kinnesswood in Bloom for its exceptional success at the Beautiful Scotland Awards 2022; understands that Kinnesswood in Bloom has achieved a 2022 Gold Certificate in the categories of Best Small Village in Scotland, and Discretionary Young People Award; commends the bloom group for its connection with the local primary school, where group members work with the children to show and help them to understand about gardening, the local environment and how to use recycled products; understands that this scheme has been described by Beautiful Scotland as the benchmark for all primary schools to follow; further understands that the aim of the group is to make the village a great place to live, and that there is a strong partnership with people who live in the village, both with financial help and caring for the garden and the village, and wishes the Kinnesswood in Bloom group continued success in the future.'

We are still arranging work parties on Saturday mornings and are delighted to have had such good weather. Sunday 13 November was also a lovely day for the Armistice Day

tribute at the War Memorial in Kinnesswood. Our chairperson, Jan Marshall, laid the beautiful wreath donated by Morag Hogg.

We have still had work parties at the school. A recent one was to wash both the inside and outside of the polytunnel and it now looks sparkling, ready for next year. The final one was to plant out the autumn bedding plants, grown from plug plants in the polytunnel. The next event on the calendar is a visit by the

judges and Juliette Camburn from Keep Scotland Beautiful on 23 November. They will be presenting our certificates at the school and there may be cake involved.

We still have the village Christmas tree to decorate and lights to place around the village. To everyone in the Portmoak area and all readers of the Newsletter, have a lovely Christmas and we will be reporting again in the New Year.

Kinross-shire Climate Café

The Climate café meets on the first Tuesday of the month in Loch Leven Library at 7pm. All welcome. Contact Gosia Stanton by email at climatecafe@kleo.org.uk.



At the time of writing, we are looking forward to the big start of our festive season at the Kinross Festive Market on 26 November. If you were there, you might have seen the sustainable Christmas stall that we had. However, for those who weren't there here are a few ideas on how to celebrate Christmas without damaging our planet. It's not the quantity but the quality that counts.

- Home-made Christmas presents are a wonderful way to celebrate love and friendship.
- Supporting local producers rather than shopping online (most products are now made in China and can add extra stress if there is delayed delivery).
- Buying less one-use plastic, especially in Christmas crackers and decorations.
- Supporting charities either through donations or buying second-hand presents.
- Treating yourself to a theatre/concert. This also supports artists who were badly affected by the pandemic.
- Lastly, think about your choice of Christmas trees. Unfortunately, the Rent-a-Christmas-tree scheme is not in Scotland yet, so the two sustainable steps are to re-use a plastic tree if you own one (they are only sustainable after 20 years of use) or get a locally grown, fresh tree.

There is a local event of great interest. At the Portmoak Christmas Tree event on 11 December you can pick your own tree at Portmoak Moss (see p75 for all the details) and support the local conservation group by making a donation for the tree. You can also visit their website at www.portmoakcw.org.uk.

When disposing of a tree it is best to use the council collection (they end up as wood chips) or consider burning them in a wood burner (if you have one). The needles can also make a great compost for acid-loving plants in your garden. Binning a tree causes the largest carbon emissions. Have a happy green Christmas.

Meeting Updates

On 1 November we had a discussion about cycling safety in Kinross-shire with local Cllrs Robertson, Watters and Freshwater. As a follow up there is a Zoom meeting with Brian

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Cargill, PKC Transport Officer. He will address issues like the upkeep of existing off-road cycling routes and possible new routes, more cycling-to-school provisions, safety on roads and better network of cycling routes in our villages.

The dates of upcoming meetings are:

6 December

Presentation from Remake of Crieff, who are well-known for their fantastic re-use scheme of old things like furniture and house-hold items, repair cafés and tool library.

10 January

We welcome David Cairns who will present an update of the CATCH project; capturing heat from Loch Leven.

Thanks and further information

Kinross-shire Climate Café would like to thank the staff of Loch Leven library for their continuous support and opening their library for our meetings.

Our group is supported by Sansaar, our local zero-waste shop (<https://sansaar.co.uk/>).

We meet every first Tuesday in Loch Leven Library at 7pm. All are welcome.

For more information about the group or the above meetings contact Gosia Stanton by email at climatecafe@kleo.org.uk.

Kinross-shire Local Events

Organisation

www.kleo.org.uk

We hope you enjoyed the Kinross-shire winter festival with numerous events organised by local community groups and businesses. By the time you read this article the various events and the festive street market will have been and gone. We hope it was successful, enjoyable and not disruptive to traders and residents of the High Street.

It was also wonderful to see how many people have been taking part in the 'Light Up The Night' initiative and have been decorating their windows with a light display visible to neighbours and passers-by. It helps to create wonderful festive atmosphere in the lead up to Christmas!

There are too many people to thank individually but we would like to take this opportunity to say a huge thank you to all the volunteers, who helped us out during the events in November and December.

An amazing number of people helped us out by distributing flyers and brochures door to door in Kinross, Milnathort and other surrounding villages, helped with erecting and dismantling marquees and market stalls and stewarding at the Festive Street Market. A special thanks to local company HAKI Access Solutions who provided us with a stage at the market! Also a huge thanks to the staff of Morgans Estate Agency in Kinross and Light Up My Heart in Milnathort who sold tickets for us. Thanks to the *Newsletter* who published special feature articles for us.

Some events for the New Year

For more information about KLEO events visit our website or email info@kleo.org.uk. Meanwhile, some information on upcoming events is provided below.

New Year Event: Big Burns Bash

A fun informal event with a lovely two course meal, Highland dancing and a wee bit of light-hearted poetry. On Saturday 28 January, 7pm at Kinross Golf Club. Tickets are £25.

Kinross Kacophony Orchestra

Sessions with conductor Dougie Flower begin again on Wednesday 11 January. Have you always wanted to play your instrument in a group but never had the chance? This is an orchestra for adults. All abilities are welcome but it is handy if you can read music. Wednesday evenings at 7–9pm at Loch Leven Community Campus. Fee is £5 a session.

Leven Voices

Leven Voices is a fun, informal drop-in singing group which you can join anytime. No music reading or singing experience is necessary. Tuesday evenings from 10 January onwards with a Horsecross Arts Tutor, 7pm–9pm at Kinross Parish Church. Fee is £4 a session.

Comedy Night

An evening packed with laughs with comedians Billy Kirkwood, Rick Molland and Danny O'Brien; a Scotsman, Englishman and an Irishman. On Saturday 11 February, 8pm at Milnathort Town Hall. Tickets are £11.

For more information and tickets go to our website or e-mail info@kleo.org.uk.

Kinross Cubs

At our first meeting after the October break the cubs had a fun time with a blindfolded sandwich-making challenge and played lots of games. We ended the evening by presenting the cubs with the badges they achieved last term. We were delighted to invest Carys and Ally into the pack and also present Finlay and Ailah with their Chief Scout's Silver Award, the highest award in the cub scout section. Well done all!

The following week was a bonfire themed evening for the cubs as they made edible bonfires and also roasted marshmallows on the campfire to make s'mores. Plenty of games were played as well.

Remembrance was the theme for our meeting on 9 November. The cubs got creative as they painted their own poppies for Remembrance Day. There was also time for some games as well. Then, on the following Sunday, the cubs, along with the beavers and scouts, attended the Remembrance Sunday service and parade at Kinross Parish Church. It was brilliant to see a great attendance across all three sections of the group as well as from Loch Leven Explorers; it was a visible demonstration of the part scouting plays in Kinross. The cubs did us proud as they demonstrated excellent behaviour and thoughtfulness.

Volunteering can make a huge difference to young people's lives, as well as your own. From having something to look forward to every week to learning in the great outdoors, being a volunteer is good for you, supporting your own confidence and skills, health and happiness, and community. If you would like to get involved with 1st Kinross Cubs, then please email kinrosscubs@hotmail.com for more details.

Kinross Beavers

After the October school holidays the beavers returned to Millbridge hall for a night of games and, for the newer members, focusing on their personal challenge badge. It was also great to welcome three new starts who thoroughly enjoyed themselves and we look forward to them continuing through their scouting journey.

The following week we focused on all things bonfire! Edible bonfires were created by the beavers from digestive biscuits, chocolate spread, marshmallow, matchmakers and strawberry laces (delicious), whilst campfires were also safely burnt. There was also some roasting of marshmallows. In order to burn off some of that sugar high we also played games in the hall.



Clubs & Community Groups



Kinross and District Art Club

www.kadac.co.uk



November turned out to be a busy month at KADAC. The painting sessions were all well attended with many Friday sessions becoming slightly busier than previously. Although late in the year, two new members were welcomed to the club taking membership to over 50 once more.

On Friday 4 November, we welcomed the return of highly skilled artist Allan Perera-Liyanage on the final demonstration of the winter term. This was his third visit to KADAC and he was, as ever, most informative and well received. On this occasion he concentrated on watercolour painting and focused on how to capture the light and shade of a cityscape of Glasgow. The 30 members in attendance were in awe of the way he began with painting wide areas of light and shade on buildings and gradually homed in on details of streetlights, traffic and rain! More details of his work can be found on his website at perera-liyanage.co.uk.



On 11 November, the beavers visited Kinross Parish Church and enjoyed some Remembrance Day craft activities; making their own poppies and they also took part in a reflection activity for the faith activity badge. A big thank you to the Reverend Alan Reid for his support for the meeting by letting the beavers visit the church.

On the following Sunday the beavers were back at Kinross Parish Church for the Remembrance Sunday service and parade. A big well done to Hudson, Oliver, Tommy and Charlie who did a great job reading out the messages that they wrote on their poppies in front of the congregation. The behaviour of all the beavers was exemplary and they can be proud of themselves. All the leaders were very proud of their thoughtfulness and behaviour.

Congratulations are due to Oliver and Hamish who were both presented with a special recognition award for working hard and being kind and helpful last term. Bravo! Lastly, big congratulations to our new assistant lodge leaders, Adam and Hudson. Well done to you both!

Are you interested in volunteering with scouting? Volunteering is easier than you think. We have opportunities both behind the scenes and directly supporting young people in our group. With full support and training, you can volunteer on a flexible basis. Not only is it incredibly rewarding and great fun, but you will also learn some brilliant skills which are transferable to the workplace and further education.

Please contact us by email at kinrossbeavers@hotmail.co.uk for more information.



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On Tuesday 8 November, a large group of delighted members enjoyed a special afternoon tea to celebrate with former president and current secretary, Glenys Andrews, on receiving her British Empire Medal (BEM) award. Members enjoyed some non-alcoholic fizz accompanied by carrot cake, shortbread and cheese scones. After giving a short speech, Glenys was presented with flowers from the club and a group photo was taken (below left). The club celebration was held a week after Glenys' investiture in the Perth City Hall.

On 1 November, Glenys Andrews was presented with the medal by the Lord Lieutenant for her services to the arts in Perthshire and Kinross-shire; for 10 years as president of Perthshire Open Studios, 5 of which she was also president of KADAC. Her citation, from the Cabinet Office described her as 'a stalwart of the arts scene' and it was noted that she has delivered a 'flawless' and growing Open Studios event each year, which has brought recognition and custom to artists across the Perthshire and Kinross-Shire. The BEM recognises how, in an unpaid capacity, Glenys brought 'her organisational capabilities, technology skills, tact and diplomacy' to the role of president. Her supporters described her in the BEM nomination as 'the glue of the wider arts community and something of a treasure in her own right: an amateur artist with a stunning professional resume who realised her true talents as an organiser, advocate and promoter.'

Congratulations, Glenys, from all KADAC members.

Glenys (holding flowers) with KADAC members after a celebratory tea party



If you are interested in joining the club and developing your own creativity, you will find more information and contact details on our website. The club meets on Tuesdays and Fridays (2-4pm) in Millbridge Hall.

Kinross-shire Historical Society



The committee are delighted to have co-opted not only two new committee members but also a new president, George Sutherland.

The programme of talks from January to May 2023 is now organised and the membership forms will be delivered to members in early December. The first talk will be 'The Storied Landscape of Kinross-shire' by Dr David Munro, always a popular speaker.

We are always happy to welcome new members and also visitors who just want to come for a particular talk. Membership costs £10 for the season and for visitors, £5 for one talk.

Meetings are held in Kinross Parish Church and begin at 7.30pm. We would remind members that parking in Greens car park is not advised. Instead, use the car park behind the church.

LOOK OUT FOR THE JANUARY NEWSLETTER
On sale first week in the New Year!

Clubs & Community Groups

Loch Leven Library

www.culturepk.org.uk

Opening Times

Monday	10am-1pm*
Tuesday	10am-7pm
Wednesday	10am-6pm
Thursday	10am-7pm
Friday	10am-6pm
Saturday	10am-1pm & 1-3pm*
Sunday	Closed

*Reduced service with volunteers. (Please make sure you have your library card with you if you wish to take out books).

There will be a Kinross Climate Cafe meeting on Tuesday, 6 December at 7pm in the library. The last talk in the series is all about upcycling textiles and the story of Remake, a community reuse charity based at the Crieff Visitor Centre in Perthshire., who will be talking about their repair cafes and tool library. This talk is free to attend, and no pre-booking will be required.

All P&K libraries will be closed from 24 December 2022 for the Christmas and New Year holidays. All libraries will reopen on 6 January 2023.

Friends of Loch Leven Community Library

We are pleased to be offering a limited library service on Saturday afternoons between 1-3pm and on Monday mornings between 10am-1pm. We would remind users who wish to borrow books or use the computers that a library card is required. Our last opening day prior to the Christmas holiday will be Monday 19 December and we will resume on Saturday 7 January. We wish everyone a very happy festive season.

Milnathort Bridge Club

One year on from recommencing face-to-face play, we are experiencing up to 8 tables on an evening and have welcomed 11 new members into the club.

Presently, members are looking forward to the proposed club investment in more modern scoring equipment as the mempads currently being used are beginning to 'tell their age', having served us for over 10 years. We were very fortunate to be presented with a server for use with the new bridge mates from Glenrothes Bridge Club which, regrettably, has folded since the onset of Covid-19. We appreciate their gesture very much and were very pleased to welcome Paul Cozens and Alison Carmichael from Glenrothes to our Monday night play on 7 November when we took delivery of the equipment.



The end of 2022 quickly approaches and soon Christmas will be upon us. The Christmas party bridge evening will be held on Monday 19 December. As has been the case in the past, a festive supper will be available, and a special invitation is extended to Willie Young's bridge beginners group to join us on this occasion. They will be made very welcome and perhaps some of them may be our stars of the future.

Results

North/South

East/West

24 October

Willie Young/Jane Smith	Helen Todd/Bob Robertson
Janet Laird/Jane Smith	Alison Houston/Jean Bennett

7 November

Catriona Marshall/Betty Wilson	Helen Todd/Bob Robertson
--------------------------------	--------------------------

14 November

Willie Young/Jane Smith	Sandy Greenhill/Nicol Tomney
-------------------------	------------------------------

21 November

Sandy Greenhill/Nicol Tomney Alison Houston/Morag Ridings

For further information on MBC activities please contact secretary Gloria Wilson on 01577 862553 or mobile 07961795815

Kinross Bridge Club

The club is happily functioning in our new venue of Orwell Bowling in Milnathort on Thursday afternoons at the new time of 2-5pm. We have roughly five full tables, play 20 to 25 boards and stop for a cup of tea halfway through. If you enjoy playing bridge and fancy joining us, please contact Catriona Marshall on 01577 864482 for further information.



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Portmoak Hall 100 Club

October Draw

1st	No 37	Dick Crighton Scotlandwell
2nd	No 18	Wilma Barclay Kinnesswood
3rd	No 110	Sandra Dall Easter Balgedie

November Draw

1st	No 75	Alison Bradley Scotlandwell
2nd	No 29	Malcolm Parkin Kinnesswood
3rd	No 74	Z Goudie Kinnesswood



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Kinross & Ochil Walking Group

(Affiliated to Ramblers Scotland)

www.ramblers.org.uk/kinross-ochil

Fresh air, exercise, good company and wonderful views. We offer all this and visits to some of the spectacular scenery and lesser known places that surround us. We are a friendly and relaxed group and, if you'd like to try a walk with us, you will be made very welcome.

Tuesday Short Walks

Unless otherwise stated, these walks are usually about two hours long and a fairly gentle four miles. We often follow the walk with a visit to a cafe, farm shop or pub for refreshments, but this is entirely optional.

Tuesday 6 December, Clackmannan to Kennetpans and return, 4.5 miles.

Starting at the Tollbooth we walk through woodland and down to the Forth, then on to the former distillery of Kennetpans. The return is by quiet farm roads.

Tuesday 3 January

Walk to be arranged.

For further details of where to meet us for Tuesday walks, or for general enquiries, please contact Sandra Wilkinson on 01577 865472.

Weekend Longer Walks

Weekend walks are a degree more challenging and of varied longer lengths. We advise bringing along a packed lunch and flask or drink. We also recommend that you have appropriate outdoor clothing and footwear.

Saturday 10 December, Crawford Priory, Ramblers Christmas Walk

A walk from Pitlessie to Crawford Priory for members.

Sunday 8 January, Loch Leven's Larder, 6 miles

Starting at Kinross Community Campus, this is a walk along the heritage trail to Loch Leven's Larder, returning to Auld Mart Road in Milnathort and then on to finish at the Community Campus.

For further details of where to meet us for weekend walks or for general enquiries, please contact Ken Staples on 07810 180283.

Portmoak Community Woodland Group

www.portmoakcw.org.uk



We haven't had much seasonal weather but, nonetheless, 'Christmas is a-comin' as the song goes, and it's time to think about trees. Our Christmas tree event this year will be on Sunday 11 December at 11.30am-2.30pm in Portmoak Moss and will feature home-baking, hot drinks and, yes, trees!

There's a slight change to the normal process but you still come to the main Scotlandwell entrance to the Moss, where you will be greeted and directed along the path to 'Shep's bench'. Then you will have a choice between finding a conifer that you like and asking a member of Portmoak Community Woodland Group to cut it down or selecting a freshly cut tree.

Regulars will know that we are gradually removing trees from the raised peat dome, as part of the restoration programme. Trees dry out the peat so we don't want too many growing there.

This means that the tree line is now further away from the main path and, to save people having to traipse across the bog, we are going to cut more down just before the event, with a smaller selection of standing trees not far from the bench.

There will be plenty of volunteers to keep you right and serve up refreshments. Many people combine the event with getting the kids and dogs out and we love seeing everyone getting into the Christmas spirit and arguing over the choice of tree.



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Clubs & Community Groups

There's no price ticket on the trees but we invite donations towards woodland group funds, for spending on other events and on equipment, to help with our work in the Moss. Please bring cash, as we are not digital out in the wood, and remember that you will need to take your own tree away.

After all the Christmas cheer, January can be a bleak prospect; but fear not, we're bringing back the popular Burns' Ceilidh when we'll let our hair down to one of Scotland's top dance bands, Ceilidh Minogue. It will be held in Portmoak Village Hall at 7.30pm, on Saturday 21 January and there will be haggis, neeps and tatties, as well as some of your favourite Burns' poems and songs. Please keep an eye on our Facebook page for ticket details.

We hope that you are looking forward to these events as much as we are and it will be great to celebrate our community woodlands once again.

Kinross High School

Book Week Scotland

We had a dress-up day in the school during Book Week Scotland. Both staff and pupils got involved in the fun and dressed up as their favourite book characters and there were some very inventive costumes! The winners were Mrs Tanik, Mr Walker, Mrs Cotsford; Best Department, Social Subjects; Best pupil costumes, Amy Payne, Sam Pollock and Hannah Eastop.



Dynamic Earth Trip

Last month our S2 pupils attended a school trip to Edinburgh to visit Our Dynamic Earth and the Edinburgh Dungeons. Our young people had a brilliant morning exploring everything from icebergs to volcanos. We especially enjoyed a guided session in the planetarium which took us down to the very depths of the ocean floor! After lunch we made our way along to the Edinburgh Dungeons and had a fantastic time learning all about Burke and Hare, Sawney Bean and many other spooky tales from Edinburgh's past. Well done to all the young people involved, it was a fantastic day!

Project Trust

Our S6 students participated in a Project Trust Assembly. Project Trust has over 50 years' experience of providing ethical international volunteering opportunities for young people. Young people, parents, teachers and family members are welcome to join the online information sessions to learn more about how structured, long-term volunteering placements can help you develop new skills, learn about the world and be a positive force within it.

Youth Climate Change Conference

The Geography department took pupils to this event in Perth on Friday 4 November. Pupils listened to speakers from companies such as SSE to find out what they are doing to reduce fossil fuels.

The most inspiring talk was from Laura Young, better known as 'Less waste Laura' who inspired the pupils to think about ways to reduce how much they buy and therefore reduce waste.

They also took part in various workshops with other pupils from schools across Perth and Kinross Council to learn about ways in which they could be involved in reducing climate change throughout their schools and local areas. Geography Ambassadors are going to raise awareness of ways in which

the school, and pupils in the school, can be involved in reducing climate change and waste. We are going to sign up to 'Energy Sparks' which aims to help schools to reduce their energy consumption throughout the year.

Maths Inside Photography Success

The Art and Design department have collaborated with the Maths faculty to respond to the Maths Inside competition as part of Maths Week Scotland 2022. The NPA Photography class excitedly took on the challenge of finding maths in every day life. Pupils responded to the three themes of 'The Why of Shapes', 'Complete the Pattern' and 'In the Wild'.

At the prize ceremony at the University of Glasgow on 5 November we achieved many awards and Kinross High School was recognised for our outstanding engagement in the competition. Sasha Hoey, Leah Murray, Grace Melville, Carys Whytock and Anna Pakravan (all S6) achieved a commended award for their fantastic entries showing a range of concepts from the golden ratio of snails to the geometric structures in leaves.

In the senior phase category of the competition Kinross High School pupils were runner up and first place. Tula Pritchard-Macrae won £10 of Amazon vouchers as the runner up to the senior phase category with her skilful entry 'The Movement of Light Through Prisms' exploring light dispersion and refraction. Niamh Clark took the top spot, winning £20 of Amazon vouchers with her stunning image inspired by her love of playing violin, exploring the maths and science behind shapes in a violin.

Remembrance

From 7-9 November, the Social Subjects Faculty along with the support of Andy Middlemiss, conducted activities for Remembrance Week. This involved leading assemblies and creating resources which could be used in TSG to further reflection. The Advanced Higher History class and their teacher Mrs Dow, worked hard to bring the assemblies together and explored themes including: 'why remember?' and war through the eyes of children. Our History class told the assemblies that, 'children and young people have been eyewitnesses to the most horrific wars and persecution imaginable over the last 100 years. Some have also been chroniclers of their own suffering and that of their people. In TSG, our learners had the chance to read extracts from three diaries: Anne Frank, Zlata Filipovic and Hoda Thamer Jihad.' The wider school community also had the opportunity to visit the Faculty during lunchtimes to write their own message of reflection on a poppy.

Boys Brigade and Girls Association

All three sections, Anchors, Juniors and Company, enjoyed their halloween party. Prizes were awarded for best lanterns, costumes musical chairs and pass the parcel. We also enjoyed the traditional dooking for apples and other halloween related games.

Members also learned about the history and significance of the poppy as a symbol of peace, established after the end of the First World War. The company also paraded to the war memorial from the parish church on Armistice Sunday. Adelaide Almond laying the BB wreath and David Savage carried the company colours.

December is another a busy month. The whole company will





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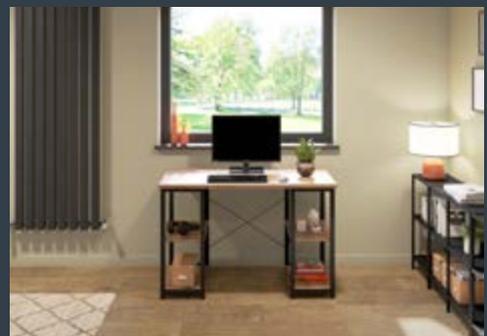
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Anchors and Juniors in costume

attend the Alhambra pantomime 'Beauty and the Beast' on Friday 9 December. The battalion carol service will be held at Letham St Marks Church on the evening of Friday 16 December and the company will hold a Christmas film night at the Church Centre on Friday 23 December.

KYTHE

www.kythe.org.uk



Live Music Night Raises Money for KYTHE Youth Hub

Local band Open Waters (Duncan Crichton, 15, Zoë Neave, 15 and Stuart Pritchard, 16) organised a Spooky Spectacular Fright Night of live music at the Milnathort Town Hall on 28 October. See the details on p17!

Updates

Many thanks to everyone who came along to the festive market and supported KYTHE. It was great to see everyone and chat about our work in Kinross-shire. We hope that those who got their festive chocolate oranges will keep them under wraps until closer to Christmas.



In the last month we have been fortunate to receive a grant from the Robertson Trust to support our core running costs. We are incredibly grateful for this, because there is no charge for a young person to attend any of the KYTHE activities, and our basic monthly running costs are £10k.

We recently published our annual report which shows that the number of young people accessing our services has increased to 5266; that's a staggering 65% increase from last year! Quotes from the young people support this increase:-

'KYTHE is a safe space when I can be myself and it improves my mental health and the way I think and the way I talk to people, it makes me more self-aware.'

'KYTHE has helped me because I could escape everything and have a laugh and meet new people.'

Their parents are supportive too: 'Thank you so much for all you do for the young people of our community. KYTHE is

such an amazing place where my daughter can enjoy herself and be happy, where she feels safe and valued. It's all down to your hard work, dedication and commitment. KYTHE has been a lifeline for my daughter and has made a world of difference to her enjoyment of life. We can't thank you enough for everything you do.'

For more young people's stories, like Grady's from last month's *Newsletter*, visit our website to see the full report.

As we approach Christmas and consider sending cards, many of us now send emails or post Christmas greetings on our social media instead and give a donation to charity. Please consider KYTHE. As we look towards the New Year, some of us may be considering a half-marathon or dry January or celebrating a big birthday later in the year. Again, please consider KYTHE as the benefactor and please get in touch so we can support you too.

Finally thank you to everyone who has supported KYTHE in the last year, and thanks to for reading these regular updates.

For more info on KYTHE contact us by email at office@kythe.org.uk or visit our website.

Kinross and District Town Twinning Association



The following positions were confirmed at our AGM: President, Lynda Mitchell; Vice President, Bill Freeman; Secretary, David Munro; Treasurers, Alfred Fyfe and Helen Coldwell.

The audited accounts were presented and accepted before discussion took place regarding the official twinning visit to Gacé next summer. Travel arrangements have still to be confirmed as there are difficulties in determining which travel route would suit best. Costings will be sought for the next meeting which will be a pot luck supper and planning discussion. This will take place on Saturday 21 January.



A young family on top of the Arc de Triomphe with the Eiffel Tower in the heat hazed background, on one of the past trips to Paris.

Twinning is a family affair and we would welcome some of the new families who have recently moved to Kinross-shire to become involved. The only cost is for travel as our Gacé twinning committee arranges host families with similar interests with whom we stay for

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the week. Optional activities and visits are planned during the week which culminates in a soiree with evening meal together.

The 2024 visit to Kinross by Gacé will be special, celebrating 50 years of twinning exchanges between the two towns. Over the years many gifts have been exchanged between which makes it increasingly challenging to think of something different and appropriate for the 2023 visit.

Common Grounds

www.spanglefish.com/
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November has been a successful and busy month welcoming old and new friends to our Tuesday and Saturday coffee mornings. We have also welcomed three new volunteers and the craft group have been working hard for what (hopefully, by the time the *Newsletter* has been published) has been a successful day at the Kinross market on 26 November.

The money raised for this month's charity will go to Tree Aid. This charity has been in operation for over 30 years. It works in remote and isolated communities in Mali, Niger and Ghana, helping them to plant and protect trees to create stable local environments, reducing the risk of flooding and drought as well as producing fruits, nuts and honey which villages grow to eat and sell.

Our Christmas raffle is now well in hand and tickets are available to buy every Tuesday and Saturday morning. The first prize is a hamper as the first prize and there are many other excellent prizes to be won. The draw is due to take place on Tuesday 20 December.

With the upcoming prelims, is your child in need of extra support in Secondary English and / or Maths?

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Lomond Antique and Collectors Club

This month, Dr David Munro presented a talk called 'Kinross-shire's Two Museums' to members. For the less aware amongst us they are the Michael Bruce Cottage Museum at Kinnesswood and the Kinross (Marshall) Museum housed in Loch Leven Community Campus.

The Michael Bruce Cottage Museum was founded in 1906 in memory of the 'gentle poet of Loch Leven' who died at the age of 21. One of eight children, Michael was greatly influenced by his father Alexander, who would sit around the cottage fire in the evenings telling stories. With his poetic talent recognized at a very early age and, following a bequest to the family of £11, Michael was able to go to Edinburgh University during the period known as 'The Enlightenment'. From there he took up a teaching post at Gairneybridge School from 1765 to 1766. It was during this time that he wrote the poem, 'The Fall of the Table.' A spell at the Old Secession Church hall and manse in Kinross followed prior to a second teaching post at Forestmill. His last known work was entitled, 'Spring'.

The Bruce family home (extended to two floors by Alexander) was purchased by David Marshall and Robert Burns-Begg, managed by trustees, and opened as a museum in 1906. Michael Bruce's work has now achieved much wider acknowledgement and his life has been celebrated with a memorial service at Portmoak Church every year since 1935; this is where his gravestone is sited. He is further remembered by the naming of Michael Bruce Way, a trail between Kinnesswood and Scotlandwell. The museum is open to the public and contains memorabilia of the poet's life and our local area.

The Kinross (Marshall) Museum was the vision of David Marshall, a prominent citizen of Kinross and a great collector and diarist. On his death in 1902, Marshall left the bequest of his collection to Kinross and, in 1905, the collection moved to the Kinross library where it lay, pretty much as delivered, until 1970. Keen to find an appropriate home for the collection, and after considerable political lobbying, the upper floor of the library was outfitted by the council.

In 1974 Kinross-shire was subsumed into Perth and Kinross council and in 1978 the new authority resisted attempts to 'formalise' the status of the museum and, once again, it lay under used.

A charitable trust was established in 1997; exhibits from the collection were stored for safe-keeping wherever possible (including at the home of our speaker Dr David Munro who is one of the trustees) and in 2010 the collection moved into its present home in the community campus. The museum holds a wide and varied range of exhibits including a bronze age food vessel and a model of HMS Kinross. The museum opening hours are linked to those of the library.

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Our January meeting is scheduled for 2.30pm on Wednesday 11 January 2023 at the Elizabeth Wilkie Memorial Hall of Fossoway Church. The talk is called 'The Assassination of President Garfield' by Dr Martin Hepworth.

We would welcome any interested new members. If interested, please contact us by email at crwalsh@btinternet.com

Guide Dogs Kinross

www.guidedogs.org.uk

After a contest with Covid-19, I now am managing to get back on track. Apologies for missing last month's *Newsletter*.

At the time of writing, we were busy preparing for the Christmas market on 26 November. We do hope you will have been to see us and support guide dogs. The photo this month, is of a withdrawn guide dog puppy, now a pet, who we have been lucky enough to look after for a month.

This month I also start my sighted guide partnership. This is a volunteer role with guide dogs. The volunteers act as a person's guide to help them get out into the community and gain confidence to become more independent. After someone loses their sight, it is very scary and it can happen to anyone. One in five people have significant sight loss in their lifetime, so a service such as sighted guiding can be very useful. Around 8,000 people are waiting for a guide dog in the UK, so this is an increasingly valuable service. I will let you know how I get on with this.

Thanks again to the kind people of Kinross-shire for donating money and support to guide dogs. The left over holiday foreign currency is still welcome.

As with all charities we are going to find it hard to keep finding the money to train guide dogs to change lives for the



better. If you are able to fill the dogs at Sainsbury's or the small ones kind shop and café owners keep for us, that is also much appreciated. This will all go to help train and support another guide dog, to give a visually impaired person a very important lifeline.

We wish you all a healthy and happy festive season and a guid New Year.

As aye, Sheila Marshall.

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Miller Homes proposed development

Miller Homes held a second public consultation on 26 October. This was part of their Pre Application Consultation obligation for their proposed major development of c. 160 houses at West Kinross, in a field north west of Davies Park.

In response to residents' concerns already expressed, the developers had come up with a second option for an access road into the site.

The option 1 access would use the route of the current single track at the corner of Springfield Road which accesses the Davies Park and the field which Miller Homes wishes to develop. Building a two-lane road here would require considerable engineering works to create an embankment so would impact on the current play park.

Option 2 would create an access road on Springfield Road around 40 metres along from the Wilson Court access road – on the other side of the road – going down the embankment of trees and cutting the Davies Park playing field in half.

Kinross-shire Civic Trust has sent a consultation response to Miller Homes. Our response covers the following points:

- *Too many dwellings: House numbers in excess of the Local Development Plan (LDP) allocations have already been granted for the zoned housing sites in the LDP. The field Miller Homes have an interest in is not even zoned for housing. Local services are already being stretched by the increased population and around 236 of the currently consented houses have still to come on stream.*
- *Loch Leven: The local waste water treatment plant discharges into the loch. Increased phosphorus levels are causing a deterioration in water quality, contributing to blue-green algae. More houses will make this worse. This is unacceptable for a loch with multiple designations such as SSSI and Special Protection Area.*
- *Sustainability: Miller Homes claim this would be a sustainable development because the houses are within walking distance of shops and schools. But as there is no employment locally, house-purchasers will be commuting elsewhere to work, which is not compatible with sustainability aims in the Strategic Development Plan.*
- *Farmland: The site is currently productive agricultural*

land which should not be used for housing without a demonstrated need.

- *Housing targets: Miller Homes claim that Perth & Kinross as a whole is not meeting its housing targets and this development could help with that. But the LDP clearly states that an oversupply in one housing market area (as is the case in the Kinross Housing Market Area) cannot count towards an undersupply in another area.*
- *Effects on Davies Park: The Trust finds both access options unacceptable due to the adverse effects on the Davies Park. We quoted a Scottish Government LDP Examination Report that previously rejected the proposed housing site. It said that the access road would 'sever the cultural as well as the physical connection between the park and the community it serves'. The other option would cut the playing field in half, rendering it unusable as a playing field, and destroying trees on the way. The ruination of the park cannot be mitigated by providing a small play area within the proposed development.*

The Trust notes that PKC has issued a Screening Opinion regarding whether or not the development is considered to be 'EIA Development' as defined by the Town and Country Planning (Environmental Impact Assessment) (Scotland) Regulations 2017. PKC considers that '... taking account of the characteristics of the potential impact of the development, in terms of scale, magnitude, complexity, probability, duration, frequency and reversibility, it is likely that the development would have a significant effect on the environment. A detailed study through an EIA is therefore required.' (PKC planning ref 22/01300/SCRN)

If/when Miller Homes proceed with a planning application, the Trust will produce advice on comments that could be submitted by local residents to PKC.

Pollution of Loch Leven

Kinross-shire Civic Trust will be writing to the Scottish Environment Minister Mhairi McAllan with our concerns regarding Loch Leven and the apparent failure of the relevant bodies to safeguard the water quality.

Raingardens Update

The planters set into the rockfill channel at the Kinross Park and Ride in September have established well, with the herbs

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in the planter closest to the wildflower meadow soakaway strip, then the calcium loving plants in the middle planter, and acid soil plants in the third one. We enjoyed the help of community volunteers to create these features which brighten the car park where otherwise only a rocky barrier to cars exists now (still an improvement on the thin mud strip there previously).

As well as our regular helpers, Nora, Eileen and Andrew, we were joined by the excellent watering duo from Kinross in Bloom, who arrived with their little truck and watered the soil in the planters before we introduced the plants. We were also joined by Amanda James from the Potager Garden, and half a dozen enthusiastic children from Kinross primary school. We are grateful to all of our helpers, not least Amy Rodgers at the Primary School.

On 16 November, volunteers Andrew, Nora, Eileen and Gareth took on the strimming and removal of plant material at the Park and Ride. We were most impressed when two more friends of the group arrived with a petrol strimmer and blitzed the wildflower turf in a few minutes (thanks Pauline and Andy).

The end-of-growing season work also allowed us to re-arrange some of the turf in the larger raingarden, keeping the freeboard (open space below the tarmacadam surface and above the soil/developing turf level) for excessive rainstorms. The disturbance to the soil and first year vegetation should favour germination of the seeds from this summer's annual plants, whilst not setting back the perennials which should show more prominently in 2023. The opportunity was also taken to create some seedbeds for sowing wildflower species which need a cool winter period in situ to aid germination; yellow rattle *Rhinathus minor* and primrose *Primula vulgaris*. A small experimental patch was sown with native bluebells *Hyacinthoides non-scripta*. The wildflowers should appear in 2023, although bluebells often take several years to appear. All the seeds were purchased from Scotia Seeds, an approved supplier of native species.

The volunteers undertook this work at the end of our first growing season, but now the plants are established the Council will continue to maintain the features, albeit on a much reduced, once per year, basis. That will benefit the local wildlife interest there, as well as sensibly avoid excessive spending on mowing grass every few weeks.

Finally we are pleased to have been awarded a grant once again from the Nature restoration Fund, which we shall be using to undertake work at three wetland areas along the Raingardens trail. The work will be undertaken over winter and more details will be given in the next issues of the *Newsletter*.

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Kinross Pipe Band



With the competing season over for this year, the band is settling down to work on the new competition music for next year, building on this year's highlight of second place at the European Championships in Inverness.

As always we are happy to welcome any new members, and would really encourage any experienced pipers or drummers in the local community to come and strengthen the ranks.

As always, the band led the Armistice parade on Sunday 13 November – in what must have been one of the mildest days ever for the event!

And at time of going to press we were getting ready to don Santa hats and drape our instruments with fairy lights for the switching on of the Christmas lights on 26 November – not such pleasant weather conditions in the forecast.

For anyone interested in coming along the band will hold its AGM at St Serfs Hall at 8pm on Thursday 1 December.

As always, for more information on any aspect, contact Kathleen Mitchell – secretary@kinross-pipe-band.co.uk

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Carnbo SWI

President Heather welcomed all members and guests to the November meeting. After business our speaker Gillian Skene was introduced. Gillian knits beautiful jewellery with metals, pearls and semi-precious stones and encouraged our members to try it out. There were also Christmas earrings and other necklaces and bracelets available to purchase. After tea, Lyn Wilsher gave a vote of thanks. Heather wished everyone a safe journey home.

Our next gathering will be our Christmas meal at the Kirklands Hotel on 19 December.

Cleish SWI

President Helen Buchanan welcomed 31 members and one visitor to our November meeting. After business Helen introduced two of our very talented members, Carol Herd and Gillian Skene, who ran hands-on craft workshops; fabulous air-dried clay Christmas decorations with Carol and fun and festive ear ring making with Gillian. Everybody thoroughly enjoyed the evening. A vote of thanks was given by Lizzie Glennie.

Competition Results

Christmas Tree Decoration (any craft)

1st Margo Wills, 2nd Margot Moran, 3rd Sandra Webster.

Truffles x 3

1st Margaret Nelson, 2nd Anne Bayne, 3rd Fiona Baker.

Flower of the Month

1st Margot Moran, 2nd Janette Craig, 3rd Judith MacLaren.

Glenfarg SWI

At our November meeting, president Linda Martin welcomed our speaker, Bill Macpherson, a professional computer expert, who gave a most enlightening and entertaining presentation about scams via mobile phones and computers. Bill told us about the need to check the origin of emails before responding and explained about domain names, and how easy it is for fraudsters to impersonate real websites of banks and other financial institutions. The vote of thanks was given by Andzia Scott.

Competition Results

Potato and Leek Soup

1st Lynda Stewart, 2nd Margaret Swan, 3rd Liz Yull.

Poppy (any craft)

1st Lillias Johnston, 2nd Linda Martin, 3rd Lynda Stewart.

Flower of the Month

1st Linda Martin, 2nd Margaret Scott, 3rd Lillias Johnston.

If you would like to learn more about the SWI in Glenfarg, simply turn up at the village hall, prompt for the 2pm start, on the second Thursday of the month between September and May and bring your own cup. Entry for visitors is £4.

Milnathort SWI

On a very wet and windy afternoon on 17 November in the town hall, our president Jean Paterson welcomed 11 members and our speaker for the afternoon, Dorothy Morris, a member of Cleish SWI.

Ann had emailed a copy of the minutes to some members and Jean pointed out various events which members may be interested in, especially the federation meeting on 26 November. Our Christmas meal at the Kirklands Hotel has been booked for 1pm on 15 December so hopefully the weather will be kinder to us on that day!

Jean then introduced Dorothy Morris to members. Dorothy's talk was entitled 'My Life Through Knitting' and what an eventful life followed! Her journey started with being taught to knit at about 4 years old, using hanks of wool which had to be rewound and not including all the beautiful colours and wools we have today. Of course, knitting garments for her own children, grandchildren and now a great granddaughter had all been fitted into her life. Dorothy has exhibited at the Royal Highland Show and Kinross Show and has won many prizes and trophies. Dorothy is now teaching some of the younger potential members of SWI ('Junior Dippers') to knit. She brought along a lovely selection of items, from socks to fruit and cakes! Jean thanked Dorothy for sharing her life with us. After a welcome cup of tea, competitions were judged. Results are detailed below.

Competition Results

Three Mince Pies

1st Denise Stephenson.

Flower of the Month

1st Grace Drysdale.

Jean thanked everyone for coming out in such inclement weather and is looking forward to seeing members at the Kirklands for our Christmas lunch.



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Kinross Badminton Club

We continue with club sessions at Loch Leven Community Campus on Tuesday evenings at 7.30–9.30pm. Since the start of the new season in August, attendance at the club has been on the increase, including new and returning members from across the region and beyond.

We very much encourage and welcome new members; regardless of your ability or reason for wanting to play badminton, please do come along and try out the club. It is not necessary to inform us before turning up. We can provide informal coaching and guidance to those who are just starting out or are a bit out of practice. We can also offer stronger, competitive, games for more seasoned players. The first night for new members is free!

We are delighted to have put forward teams for both divisions 1 and 2 in the revived Perth and District badminton league this year. After a shaky start against a very strong Forgandenny side, the division 1 team went on to play Glenearn's A team which involved some incredibly close games with the narrow and hard-fought win going to home team Glenearn A (we look forward to the rematch in 2023).

Our division 2 team started incredibly well with a very convincing win over Blairgowrie, setting a high standard for them.

It has been fantastic to see the Perth and District badminton league return after an extended absence due to Covid-19. We are hugely grateful for the hard work and dedication of Aileen Travers in particular for her organisation, as well as to all the presidents and captains who have made the return possible. Not forgetting, of course, all the players who make it such an enjoyable and competitive environment.

Closer to home, the club is closing in on its 60 year anniversary, and we are looking forward to celebrating this historic accolade in a couple of years' time. Club president Bill McDonald has been part of the organisation for almost the entire length of that time and has been an office bearer or president since only a few years after joining the club. Bill has now made the decision to step down from his role as Kinross Badminton Club's president, but has accepted the role of honorary president in recognition of his huge contribution to the club. Bill continues to support the club, to the gratitude of our members who respect and appreciate the leadership, dedication and huge commitment that he has shown over many years. Bill comes along to the club each week to welcome new and returning members, providing the friendly, warm and welcoming ethos that Kinross Badminton Club embodies.

Bill nominated Tom Foot to succeed him as the new president. Tom has accepted the role having previously been captain and continues to provide this role amongst others while the club restructures and moves forward.

For the latest updates, or to contact the club to enquire about joining please visit our Facebook page.

**LOOK OUT FOR THE JANUARY
NEWSLETTER**

On sale first week in the New Year!

Kinross Volleyball

The volleyball season is now in full swing with our local teams competing in the Perth & District Premier and Recreational leagues. Our premier league team played the opening set of fixtures at Bells Sports Centre winning against Perth V.C. and losing narrowly to Team Fife.

Our recreational league teams are having mixed results with the men's team sitting in fourth position having won two and lost two of their opening fixtures.

The Kinross High School team is made up of our local youngsters and they have found it a tough baptism in an adult league, but they are making progress and keen to improve.

Monday evening training sessions continue in the large games hall at the campus at 8–9.45pm. New members and beginners are welcome.



The Kinross men's recreational team in action at Perth College

Kinross Roadrunners

<https://kinrossroadrunners.weebly.com>

With the clocks changing, the runners took advantage of some early morning running and unseasonably warm weather to get out and about; unfortunately, the good weather did not last.

On Saturday 29 October we held our final big race of the season. The Path of Condie Half Marathon was a huge success with great results and some records broken. We had good weather and, thanks to the help of our club members, a big feast for the runners after the race. As usual a big thanks to all from the registration team to the timers, the marshalls and the people running the water stations and, of course, everyone that brought in food and just helped to cheer on the runners. Well done to all runners and to our first club

runners which were Matt and Karen R.

We also had a great social event this month at the Milnathort bowling club. Organised by our social convener Caroline Jones, the club got together for a quiz night covering a wide variety of topics but, yes you guessed it, a round on running! Have a look at the photo on the following page to see the winning team getting their prizes, and see how different they look out of their lycra!

The mixed weather did not stop the runners from





squeezing in a few more races where they could and the list as always is tiring to look at never mind run, so here is the low down on the last few weeks.

Races to mention this month included the Half Dramathon, the Mizuno half marathon and the TCS 8k in Amsterdam, the Mens and Womens Edinburgh 10k, the Valencia Half Marathon, the Meall a’Bhuachaille hill race, 3 teams taking part in the Hartley Relays, the Last Duel Trail race, the Chili trail 10k, the Templeton 10 mile road race, the Glen Ogle 33 ultramarathon, the Glen Clova half marathon, Braid Hills cross country, the Perth MoRun and finally the Original Mountain Marathon race (which was 2 days of running and orienteering round the Lake District carrying your own tent).

Our runners are still going far and wide for Parkrun this month, but also concentrating on the club Parkrun championships. Club runners have to run 4 out of a potential local 6 Parkruns over a few months and fastest wins for each age category. Results to be announced early 2023.

On these darker nights, we continue with our streetlit runs on Thursdays night around Milnathort and Kinross. We also had a halloween torchlit trail run around the heritage trail and another at Lochore Meadows.

Our club speed training this month covered a wide variety of sessions including Hill reps, 2 minute intervals, ladder reps, the famous 2 mile time trial, 5 x 4 min intervals and finally pyramid reps and paarlaufs.



Just a reminder that the club training sessions fit all abilities and involve a variety of running activities as you can see from the list of this month’s sessions. Interval sessions improve running speed, trail runs build up strength and stamina, and slower chatty runs are good for socialising. The club welcomes all abilities and, whether you are new to running or experienced, just looking for new routes to try out or to meet new faces, there is something for everyone. If you fancy getting involved or trying out a run with the club, visit our website and get in touch. However you run, enjoy it and stay safe!

Kinross Tennis Club

This past month at Kinross Tennis Club, we have had members playing singles matches as part of our annual Club





Championships. There was lots of competitive play and fun had, in amongst the down pours of rain. Congratulations to our worthy winners this year: Debbie and Mark!

Even though the weather has been getting colder and wetter, the juniors have been keeping busy! Coaching has continued outdoors for our older players and indoors for our younger players. The juniors have also been competing. Our Red ball players travelled to Stirling to compete in a sponge ball competition and they did fantastically well by winning their group. The older players have also had some friendly match play. The girls hosted Dalgety Bay for a friendly match and both the boys and girls teams will be in action soon playing return matches. The older girls also got the chance to watch the final of the Billie Jean Cup in Glasgow with coaches Siobhan and Jenni. The girls had a fantastic time and couldn't wait to get back on court!

Indoor coaching for juniors will continue after Christmas. Get in touch with coach Siobhan to book: kinrossstenniscoaching@gmail.com

Kinross Junior Curling Club

We have had a great start to the season. We now have over 30 members who attend most weekends and have taken part in a number of internal and external competitions, progressing through to the next round in the John Stewart Competition and also the Wilson Trophy. We have had a number of members participate in under 14s, under 17s and Holly has competed in the Scottish Curling Junior Championships in Aberdeen.

We are currently trying to fundraise for the juniors to allow them to compete in various competitions including the International Junior Bonspiel which, this year, is being hosted in Ayr. The club has a number of Christmas events coming up to help raise funds. As well as helping out with the Santa sleigh, we have a stall at the Kinross Festive Market on 26 November with fun activities for all ages and we will also be running our annual Christmas raffle.

The club recently ran a prize draw to win a DeWalt drill and we were amazed by the support; we sold 100 squares in less than 24 hours! Our lucky winner, Sue Cameron, was presented with the drill on Sunday 13 November by some of our junior members.

If you can help with our fundraising efforts please drop us an email at kinrossjuniors@gmail.com.

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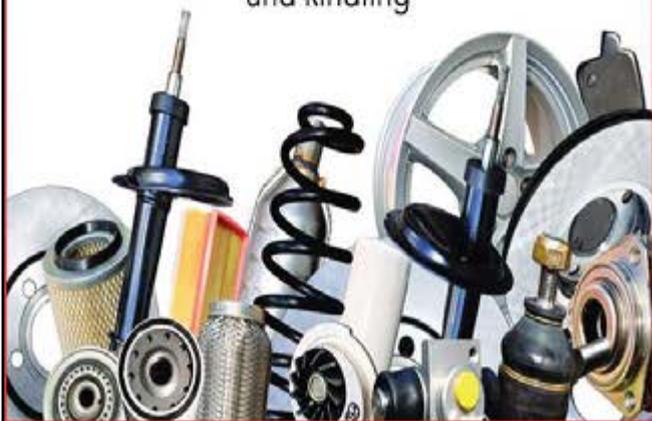


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Thurs 8 Dec: Cyprus and Malta

Friday 9th: Greece, Eastern Europe (except Czech Republic, Poland and Slovakia) and Turkey

Sat 10 Dec: Canada, Czech Republic, Finland, Italy, Poland, Sweden, USA

Mon 12 Dec: Austria, Denmark, Germany, Iceland, Ireland, Netherlands, Norway, Portugal, Slovakia, Spain, Switzerland

Wed 14 Dec: Belgium, France, Luxembourg

Loch Leven Health Centre

Monday 26 December 2022 Closed

Tuesday 27 December 2022 Closed

Monday 2 January 2023 Closed

Tuesday 3 January 2023 Closed

RSPB Loch Leven

The visitor centre is closed 25, 26 December and 1, 2 January over the festive period. Winter opening hours 10am – 4pm will come into effect from December 1 until the end of February.

Rowlands Chemist, Kinross

Sunday 25 December Open 2-3pm

Monday 26 December Closed

Tuesday 27 December Open 2-4pm

Sunday 1 January Closed

Monday 2 January 2-4pm

Tuesday 3 January Closed

Davidsons the Chemist, Milnathort

Sunday 25 December Closed

Monday 26 December 2pm to 4pm

Tuesday 27 December Closed

Sunday 1 January 2pm to 3pm

Monday 2 January Closed

Tuesday 3 January 2pm to 4pm

Kinross Post Office (Greens, High St)

Christmas Eve: Open as normal

Christmas Day: Closed

Boxing Day: Closed

Tues 27 Dec: Closed

Wed 28 Dec: Open as normal

Thurs 29 Dec: Open as normal

Fri 30 Dec: Open as normal

New Year's Eve: Open as normal

New Year's Day: Closed

Mon 2 Jan: Closed

Tues 3 Jan: Open as normal

Loch Leven Library

All P&K libraries will be closed from 24 December 2022 for the Christmas and New Year holidays. All libraries will reopen on 6 January 2023.

Loch Leven Community Campus

Thurs 22 & Fri 23 Dec: Open as normal

Sat 24 - Tues 27 Dec: Closed

Wed 28 - Fri 30 Dec: 10am - 4pm

Sat 31 Dec - Mon 2 Jan: Closed

Tues 3 Jan: Open as normal

PKC Waste Collections

There will be no domestic or commercial collections on 25 & 26 December or 1 & 2 January 2023

Collections due on:

- Sunday 25 December will take place Saturday 24 December
- Monday 26 December will take place Saturday 24 December
- Sunday 1 January will take place Saturday 31 December
- Monday 2 January will take place Saturday 31 December

There are no scheduled garden and food waste collections after Friday 23 December.

Collection dates will return to normal from Saturday 7 January. Scheduled collection dates can be found online at www.pkc.gov.uk/bindates.

Real Christmas trees can be chopped up and added to your home compost bin, chopped up and placed in your brown-lidded bin (if you have a Garden Waste Permit) or taken to your local Recycling Centre. Real or artificial Christmas trees presented as excess waste will not be uplifted.

Recycling Centres

All Recycling Centres will be closed on 25 and 26 December 2022 and 1 and 2 January 2023. Opening hours otherwise remain the same over the festive period.

Special Uplifts

The last special uplift collection will be Thursday 22 December 2022. Normal collections resume on Wednesday 4 January 2023.

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Weekly Programme For December 2022

We will be closed Mon 26, Tue 27 & Wed 28 Dec

And again the following week Mon 2, Tue 3 & Wed 4 Jan 2023

Monday	Hearing Aid Drop-In Clinic (5 Dec ONLY)	10-12pm
	Exercise Class	11.30am
	Games: Indoor curling, quizzes, Scrabble, dominoes	1.30pm
	'Stride for Life' Walking Group	2.00pm
Tuesday	Carers' Cafe (13 Dec ONLY)	10am-12pm
	P&K Visions (6 & 20 Dec ONLY)	10-11.45am
	Exercise Class	11.30am
	Sing-A-Long (13 Dec ONLY)	1.30pm
	Carol Concert, followed by tea, coffee, hot mince pies (20 Dec ONLY)	1.30pm
	Games: quizzes, Scrabble, dominoes	1.30pm
Wednesday	Church Service	11.15am
	Reminiscence Group Garden Room (7 Dec ONLY)	1.30pm
	Christmas Lunch & Concert, entertainment by Linton Osborne (14 Dec ONLY)	seated for 11.45 - 3.00pm 11.45pm
	Games: quizzes, Scrabble, dominoes	1.30pm
	Craft Group (TBC)	1.30pm
Thursday	Interactive Games	11.30am
	Games: Indoor curling, quizzes, Scrabble	1.15pm
	Art Group	1.30pm
	Panto - Beauty and the Beast, Alhambra (22 Dec ONLY)	1.30pm
Friday	Exercise Class with Kenny from Live Active	2.00pm
	Football Memories (9 Dec ONLY)	11am-12.00pm
	Exercise Group	11.30am
	Christmas Bingo ho-ho-ho (9 Dec ONLY)	1.30pm
	Bingo (No Bingo 16 Dec)	1.30pm
Games: dominoes, Scrabble etc	1.30pm	



Film shows • Cards
Dominoes • Art Class
Exercises • Chiropody
Trips • Daily Papers

May we take this opportunity to wish you all a very Merry Christmas and a Happy New Year.

We would also like to thank all our service users, Committee, volunteers and the whole community of Kinross and surrounding areas, for your continued support of Kinross Centre.

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Local Volunteer Opportunities

The Potager Garden

The Potager garden is a small community garden in Bowton Road Kinross, KY13 8EQ. It is a registered charity run by volunteers, aiming to teach children and others about plants and the environment, and to be a welcoming and supportive place for volunteers to enjoy gardening in a friendly social group. We meet on a Monday morning, and anyone with different abilities or experience is welcome.

For more information please contact Amanda James on 07963 476803, or amandajames1577@gmail.com

Broke not Broken

Broke not Broken is a voluntary organisation working for the prevention and relief of poverty by providing support and practical assistance to individuals and families experiencing hardship. Please contact admin@brokennotbroken.org to help.

Greyhound Rescue Fife

Greyhound Rescue Fife at Balfree Country Centre, Gairneybank, Kinross, needs volunteers to clean the kennels and walk and feed the greyhounds. Can you help? Phone 01592 890583. Visit our website at www.greyhoundrescuefife.com

KLEO

(Kinross-shire Local Events Organisation): If you enjoy local events on your doorstep, like the monthly Kinross Farmers' market and the winter festival events (concerts, comedy and the festive street market), please join the KLEO team! For more info about KLEO events, go to www.kleo.org.uk. If interested, please contact Bouwien Bennet at info@kleo.org.uk or call 01577 863107.

RSPB Scotland Loch Leven

RSPB Scotland Loch Leven: We need volunteer fundraisers to help support the wonderful world of nature on our doorstep. Pin badges, bucket collections, events and sponsored walks – if you'd like to join our team, please contact Lyndsay Stobie at: Lyndsay.Stobie@rspb.org.uk or call 01577 862355.

Kinross (Marshall) Museum

The Museum Trust is looking for volunteers to help care for Kinross-shire's heritage collections and man the Museum Study Room in the Loch Leven Community Campus on Thursdays and Saturdays. If you would like to know more, drop by or contact the Museum on 01577 867153 or email: information@kinrossmuseum.org.uk

Swansacre Playgroup

A long established charity playgroup for children aged 2-5 years, we need volunteers to help support us with play sessions. For more information, please email swansacre@gmail.com

Kinross Heart Start

Campaign to secure funds for public access defibrillators in Kinross. Contact Pamela Hunter to find out how you can volunteer on 01577 862419.

Light Up Kinross

Light Up Kinross is a small local charity with responsibility for Kinross Christmas lights and decorations. We require additional volunteers to assist with fundraising and administration of the lights. If you are interested, please contact David Colliar, email davidcolliar@tiscali.co.uk or Bill Freeman, email billywhizkid78@gmail.com or contact our Facebook page.

Common Grounds

A Charity Cafe staffed by volunteers on Tuesday and Saturday mornings from 10am-12.30pm in the Guide Hall, Church Street, Milnathort.

Opportunity to serve or bake for the cafe always welcome. Also opportunity to gain recognised hours towards Duke of Edinburgh

Awards and Saltire Awards for young people 16 years or over. Funds raised are used to support charities mainly in Africa.

Contact: Gaylor Hopkins 01337 860535 or Elaine Matthew 01592 840266.

Seamab

Seamab is a residential school that cares for some of the most vulnerable children in Scotland. We are looking for volunteers to help us place and manage collecting cans. Volunteering for Seamab makes a huge difference to the lives of the children and is a great way to meet people and develop new skills. For more information contact Melloney Flinn at mflinn@seamab.org.uk or call 01577 840307.

SSAFA

The Armed Forces charity is always on the look out for new volunteers in a variety of roles: client case working (free training is provided), admin office roles, fundraising or PR/media work. Contact the Branch Secretary 07594 650900.

Kinross-shire Day Centre

We are looking for volunteers to serve meals and help with day trips and activities, such as bingo and singing, for a lively bunch of over-aged teenagers (over 65s). If you would like to find out more, we would love to hear from you. Pop in and speak to Nan or telephone 01577 863869.

Milnathort Town Hall Committee

Can you spare a couple of hours a month? We are looking for volunteers to join us. For more information please contact us at milnathorttownhall1@gmail.com.

Volunteering with Aberlour!

We are currently recruiting new volunteers to support Aberlour, Scotland's Children's Charity. If you have a genuine interest in the wellbeing of children and families and live in Perth and Kinross we would love to hear from you. To find out more, visit www.aberlour.org.uk/volunteer, or contact Shonagh (Volunteer Coordinator) on 07864 625069/shonagh.ferguson@aberlour.org.uk.

SPARKS

SPARKS are a group allowing adults of all ages who have support needs or disabilities to meet together with their carers to improve their health and wellbeing. Volunteers will be supported by workers Roseanne Gray – P&K Community Learning & Development Worker and Shona Fowler – NHS Project Worker. For more information please call 01577 867216 / 867218 or 07769 243282 / 07896 280843.

Scotland's Gardens

Do you love gardens? Might you be interested in meeting local garden owners, helping to support local gardens that currently open for charity, plus those that are considering it? If so, and you would like to know more, please ring Lizzie on 01577 862900.

Duke of Edinburgh

The Kinross-shire Duke of Edinburgh Open Group was established over 13 years ago as wholly parent run group. Everyone is a volunteer and we are licensed to run the Duke of Edinburgh's Award programme for young people in the area via Perth and Kinross Council.

We have a wide range of adult volunteering opportunities available, be that help with admin and fundraising to those who want to lead expeditions out in the hills. There is something for every parent or adult here.

We also welcome back those participants who have completed their awards, are over 18 and wish to give back to the Group. We can arrange all necessary training and also support adult volunteers financially to complete any relevant qualifications that they may require.

Contact us at dofekinrossshire@gmail.com or visit www.dofe.org/run/volunteer for more information.

Interested in Guiding?

Girl Guide Troops In Milnathort, Kinross & Portmoak Need Helpers. Volunteer with Girl Guiding and help make a difference to the lives of girls. Be an inspiration for girls and young women and help them realise their full potential and share some unforgettable moments along the way. Register on line at go.girlguiding.org.uk and I will get back to you. If you would like to volunteer and would like a little more information, please just give me a buzz. Call Alison on 07764 750212

Friends of CHAS Kinross

Friends of CHAS Kinross, a local volunteer fundraising group, came together in 2020 to help raise funds for Children's Hospices Across Scotland. Their first fundraising initiative (an online raffle) was a resounding success, raising an amazing £2,500. Led by local entrepreneur Beth Gibson, the group are now looking for new members to help them plan their next fundraiser.

Do you enjoy meeting people? Making a difference? Planning fun and creative events? Then please think about Friends of CHAS – Kinross. They'd love for you to join them.

If you'd like to learn more about the group or are interested in joining, please contact community fundraiser Lyndsay Stobie at: lyndsaystobie@chas.org.uk or 07557 370746.

Kinross-shire Volunteer Group and Rural Outreach Scheme

Could you spare a few hours and become a volunteer driver for Kinross-shire Volunteer Group & Rural Outreach Scheme?

KVG/ROS has been operating for over 40 years and delivers a vital service to help the elderly and disabled attend Hospital/Health Centre/Dentist appointments. We are looking for additional drivers to ensure we can meet the demand for this very popular service. If you are interested contact David Aird on 01577 830370 or email: d.aird@outlook.com

Guide Dogs Kinross

We are looking for a volunteer coordinator to take over from myself to help run our small, but perfectly formed fundraising group, please get in touch.

Also looking for fundraising volunteers to help man our stalls at market or other events. Give an hour or more. You will be made very welcome.

Email she61@hotmail.co.uk

1st Kinross Cubs

1st Kinross Cubs is a part of the 1st Kinross Scout Group and offers the young children of Kinross-shire the opportunity to gain new skills and experiences under the guidance of the Scout Association. Every year the Scout Association help over 450,000 young people in the UK enjoy new adventures; to experience the outdoors, interact with others, gain confidence and have the opportunity to reach their full potential. It's not just young people who can get in on the action. Working alongside our youth members are thousands of adult volunteers, with a huge variety of roles and opportunities available. Why not strengthen your CV while making a real impact on the lives of young people? How much time you give is up to you, and you don't need any previous experience. We currently have several volunteering roles available with the cub section, and whatever you choose, we'll make sure you're properly trained and supported. If you are interested and would like more information about our volunteering opportunities, then please contact Daryl on 01577830346 or email kinrossbeavers@hotmail.co.uk

Kinross in Bloom

Volunteer group which provides and maintains floral displays to enhance the environment in Kinross. If you are interested in volunteering, please contact susan.mitchell50@gmail.com

RSPB

Volunteer with the Education Team at RSPB Scotland's Loch Leven nature reserve! Become a Schools on Reserves Leader and help us inspire children through outdoor learning.

Share in the excitement as a volunteer and help deliver our education programme to visiting schools, where activities range from hands-on exploration of meadows, woods and ponds to playing environmental games. This opportunity is flexible and allows you to start in a more supporting role if you wish.

Work with a friendly team of staff and volunteers, learn new skills and gain valuable experience in outdoor education.

For more information, contact Learning Officer Sarah Cooper on 07729 105 725 or email sarah.cooper1@rspb.org.uk

Apply here: <https://volunteer.rspb.org.uk/opportunities/26507-schools-on-reserves-leader-loch-leven-2022-03-01>

Fossoway and District Community Council

We have a volunteering opportunity for a young person ideally in the higher years to join us as an associate community council member for the period of 1 year.

The individual would be asked to attend our monthly evening meetings to act as a minute taker. They would have an opportunity to see how a community council operates and meet a diverse group of people.

We are also seeking the individuals help in considering new opportunities for us to enhance our engagement with the community especially through the use of social media. This could be in the form of a project led by the individual with outcomes reported to the Community Council. The project could be used as part of their exam submission for subjects such as Business Management or contribute to volunteering for a Duke of Edinburgh award. If you are interested please send us an email – fossoway.cc@gmail.com stating why this would be of interest to you. You can find out more by looking at www.fossoway.org/dcc:about

CHAS

CHAS are looking for volunteers in our Housekeeping, Complementary Therapy and Garden teams at Rachel House, Kinross.

For further information please email volunteering@chas.org.uk

To apply online please visit our website <https://www.chas.org.uk>

AeroSpace Kinross

We are looking for someone to assist with an important aspect of our work that underpins much of the STEM outreach undertaken by Aero Space Kinross.

You would be working with the designated safeguarding officer to review our safeguarding policy, to ensure that it is fit for purpose as we move to the next phase of our development, including the commencement of our second *Build A Plane* project. The work will entail:

- A review of our safeguarding policy and arrangements
- The creation of an updated policy and monitoring procedure that will support the organisation's intended expansion.
- The construction of a training and routine refresher regime for staff and volunteers

If you would like to join our team and if this is an area of our work you feel you could contribute to, please email me on karen@aerospacekinross.com with brief details of the way in which your skills and experience could assist us in moving this important project forward.

Organisations: If you would like a volunteer appeal to be added to the list above, please email the Newsletter Editor. Please let us know if you no longer need your appeal to be listed.



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NatureScot Loch Leven NNR



Peregrine Falcon by Preachman

THE FESTIVITIES ARE UPON US! The seasonal winter wildlife is providing a fantastic spectacle around the reserve. Winter wildlife can often brighten up a dreary day; look out for flocks of colourful bullfinch around the trail. The males are a bright pinkish-red and the females are a greyish-buff. Look out for their white rumps as they fly through the foliage, eating berries on various rowan trees, guelder rose and hawthorn.

As we approach Christmas, we start to see robins everywhere, not just in your garden but as Christmas baubles, wrapping paper, decorations and Christmas cards. This is because in the Victorian era, Christmas cards became very popular and royal mail posties wore red uniforms and got the nick-name 'Robins' or 'Redbreasts'. People started decorating their Christmas cards with robins and now they are used on all sorts of Christmas marketing!

The ducks are all looking pristine at the moment, after they have completed their moult. Drake pintail, goldeneye, gadwall and goosander are at their finest. Goldeneye have begun displaying, look out for bizarre head-movements when watching them on the Loch.

You may think that mid-winter wouldn't hold many flying insects, however there are in-fact a few out. We have been

catching December moths in our moth trap throughout the mild November. December moth are a beautiful grey-brown colour with cream markings. As the name suggests, they are out on the wing from mid-October to late December!

These hardy moths can be found in woodlands, hedgerows and gardens. The caterpillars feed on many different broadleaved trees. If you want to see one, then put out a homemade moth trap in your garden; a bright light and a white sheet will do the trick. These moths will be flying on a calm, mild night – good luck!

The starlings are still providing a lovely murmuration at the Boathouse Pier! There are about 1000 birds that are coming into roost at the reed bed.

It's amazing to watch them swirl around and make odd shapes in the skies. Recently, the sparrowhawk has clocked onto this pre-roost buffet and has been chasing the starlings around the reed bed, thus creating a bit of excitement before they all land in the reed bed!

The murmuration is designed to help keep the flock safe from predators as it is hard to single out a bird if you are in a big swirling group. If you come down for 3.30pm, you should get some good viewings!

Recent wildlife highlights include; 10 Slavonian grebe, 100 whooper swan, 350 pochard, red squirrels, December moths, 50 pintail and lots of redwing and fieldfare.

As always, keep an eye on the blog (Loch Leven WordPress), Loch Leven NNR Facebook page and the Loch Leven NNR Instagram for regular updates.

Merry Christmas and a Happy New Year!

*Simon Ritchie
Loch Leven National Nature Reserve Officer*

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RSPB Loch Leven

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Red Squirrel by David Veitch



LOTS OF WILDFOWL HAVE been arriving at the reserve at Loch Leven recently, with over 500 teal, 120 wigeon and 23 shovelers counted. Lots of our duck species have finished moulting and are looking very stylish with their fresh new plumage. A favourite amongst is a nice group of pintails showing well from the hides. Pink footed geese have been spotted regularly flying over the reserve and roosting on the loch. Whooper swan, tufted duck, goldeneye, pochard and great crested grebe have been seen regularly in the bay too, with excellent sightings of peregrine falcon and little egret over on the Wetland. In the woodland our resident red squirrels have been flourishing, with great sightings around the feeders. If you haven't seen it already, check out a very beautiful video over on YouTube by Jon Hillman entitled - Loch Leven Red Squirrels: A New Autumn. Worth a watch!

The reserve volunteer team have been busy cutting and raking the wildflower area to prevent nutrients from going back into the soil. This should make it more favourable for grasses to grow over the summer and keep it looking lovely and fresh for a return once more. Other jobs have also included planting lots of different plug plants from the wildflower nursery growing nearby the visitor centre, fixing the shoreline fence, and carrying out health and safety checks. The team have also been busy with general repairs around the reserve, as well as improving various viewpoints from the benches.

In the world of upcoming events, we are pleased to have a return of our Robin Robin trail running from 26 November - 8 January. Join us on the great RSPB sneak and celebrate your inner robin! Complete the trail and you will learn to sing like a robin, find your own superpower and use all your senses to connect with the robin within. Activity packs are £3 each from our visitor centre. No need to book, just come along anytime between 10am - 4pm and start sneaking!

We will also be hosting our second session of Connecting to Loch Leven on 17 December and 14 January, 10 - 11.30am.

Come and take part in a wide range of nature connecting activities and find out more about how you can look after yourself and care more for the world around us. Booking required, £5 per person. All events bookable via: events.rspb.org.uk/lochleven.

Join in with our January Big Garden Birdwatch trail running from 21-30 January. Pop along anytime between 10am-4pm and test your knowledge for this year's Birdwatch with our family friendly quiz! Follow the trail and see how many birds you can spot hiding in the trees. £2 per sheet, no booking required.

Please be aware our café is currently closed on Mondays and Tuesdays until further notice. The visitor centre is closed 25, 26 December & 1, 2 January over the festive period. Our winter opening hours 10am - 4pm will come into effect from December 1 until the end of February. For daily updates please follow us on Facebook @RSPBTaysideFife and on Twitter @RSPBLochLeven.

*Rachel Gooday
Visitor Experience Officer*

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NEW COLDON, GAIRNEYBRIDGE, KINROSS KY13 9JZ

Farming



WE ARE WELL INTO the dark, dreich days of November and although it has been very wet, temperatures have been relatively high, with only a couple of mornings when there has been ice on the car windscreens. With the exception of a handful of the wee Dexter cattle which will be out for a week or two yet, all the cattle are in their sheds for the winter. Our sheds are generally pretty well ventilated but when it is misty and damp outside, it's inevitable it will be misty and damp inside too. It is often like that at this time of year and it isn't until we get into January that conditions turn a bit fresher. We have plenty of silage and straw to keep them fed and bedded, so they are happy, and they aren't making a mess of the fields so I am happy.

Our harvest work was completed just at the end of the last good spell of weather, and I ended up chasing the combine across the field to get the straw baled up, which was just in the nick of time as there were spots of rain in the air as I was cleaning off the baler in the field before heading home.

The potato harvest I help with for a local grain and potato baron ended up quite a stop-start affair as the weather had turned quite broken by then.

Field conditions were quite tricky so the decision was taken to hire in an all-singing, all-dancing self-propelled potato harvester with the hope that it would travel easier on the soft ground and cause less damage to the potatoes.

In principle this machine works in ex-



actly the same way as a traditional harvester towed behind a tractor but, as its name suggests, it has its own engine and so propels itself.

It also runs on a huge tyre and a rubber track which do a great job of spreading its weight and giving it tremendous grip. They are high output, very capable machines, but they do come with an eye-watering price tag.

Hopefully, if Scott has been a good boy this year, and if he gets his letter off to Santa in good time, there might be one under the tree on Christmas morning.

The pigs are doing their usual in the wet conditions, rooting up their fresh paddocks and fortunately they haven't been doing too much roamin' where they shouldn't be.

Ian and Kerry are busy preparing for Christmas orders ensuring there is plenty for all their customers.

A very happy Christmas and a peaceful new year to everyone in *Newsletter* country and beyond.

John

Weather



Recent Weather Reports From Kinross

October 2022

Total Rainfall	157.8mm/6.31in
Heaviest Fall	22.5mm/0.9in (1 Oct)
Total Sunshine	105.1 hrs
Sunniest Day	8.8 hrs (10 Oct)
Min Temp Average	3.97°C
Lowest Temp	-2.5°C (14 Oct)
Max Temp Average	13.37°C
Highest Temp	16.1°C (2 Oct)

I'm not sure if the local tartan clad Christmas tree grower could supply a tree big enough for it to fit under!

The tups have been out among the ewes for a couple of weeks now, here at Backward Farm and they seem to be busy with their work and the lambs have been fattening up slowly but steadily, with Callum keeping an eye on their progress.



Kinross-shire Churches Together



Kinross Parish Church

Church of Scotland (Charity no SC012555)

*Following Christ | Spreading the Word |
Serving the Community*

10 Station Road, Kinross KY13 8TG

Website: www.kinrossparishchurch.org

Facebook: Kinross Parish Church of Scotland

YouTube: Kinross Parish Worship

Instagram: kpcscotland

E-mail: office@kinrossparishchurch.org

Office Tel: (01577) 862570

The Church Office is open 10am – 12noon, Monday and Friday. Otherwise operating remotely. Leave a phone message or email.

Minister: Rev Alan D. Reid MA, BD Tel: (01577) 862952

Assistant Minister: Rev Austin Wicks

Ordained Local Minister: Rev Margaret Michie

Session Clerk: Jaffrey Weir

KEEPING IN TOUCH: contact the Church Office for our weekly email of events and Zoom details.

Regular Services and Events:

Sundays

9.15am Choir Practice.

10.30am: Morning Service, gathering song about 10.25. Children's & Young People's groups meet during the service. Refreshments and Traidcraft stall after the service, except 1st Sunday of month.

Sunday morning services are also available live on YouTube and Facebook. Thereafter available to view on YouTube, Facebook and the church's website. Listen by phone on 01577 528270, or request a CD from the church office.

6pm: Sunday Evening Prayer, on Zoom

6pm: NEW Crossfire at the church centre. Age P7 upwards.

Mondays

10-12noon: NEW - Church Open as a warm community space. Pop in for a cuppa and a chat

8pm: House Group – Bible study and fellowship

Tuesdays

1.45pm: House Group

Wednesdays

11.15am Midweek Service, at the church centre.

1.30pm: Craft Group

7.45pm: Men's House Group

8.00pm: Women's House Group

Thursdays

10.30am: House Group

11-12noon Table Talk – Chat and coffee on Zoom

Fridays

10-12noon: NEW - Church open as a warm community space. Pop in for a cuppa and a chat

6pm on: BB & GA in the church centre.

OTHER SERVICES AND EVENTS:

December

Sun 4 10.30am: Quarterly Communion Service. Nativity preparation for children during the service

Mon 5 8am: Silent Meditation

Tue 6 10–11am: Stepping Stones - for toddlers, babies & carers

Sun 11 10.30am: Morning Service, Nativity preparation for children.



Tue 13

Thu 15

Sat 17

Sun 18

Mon 19

Tue 20

Thu 22

Sat 24

Sun 25

2.30–4pm: Let's Sing: Everyone welcome to this Christmas special: carols, Christmas songs, wind band, teas.

10.15am: Rosemount Nursery Christmas Service
7pm: Guild, Christmas Meal. Details from church office.

9pm: Evening service of **Compline**

10.30am: All Friends Together
For adults with learning disabilities

10.30am: All-age Nativity Service
6pm: Crossfire Christmas Party

6.30pm: Service of Quiet Remembering.
Especially for those who are grieving.

10–11am: Stepping Stones - for toddlers, babies & carers

6.30pm Family Film: Nativity with pop-corn & ice-cream
CHRISTMAS EVE

4.30pm Crib Service for all the family

11.15pm Watchnight Service, going in to Christmas Day

CHRISTMAS DAY

10.30 Christmas Day Worship

Fossway, St Serf's & Devonside Church

Church of Scotland

(Charity number SC013157)

Church Road, Crook of Devon,
Kinross-shire, KY13 0UY

www.cleishandfosswaychurches.org.uk

Minister: Rev Lis Stenhouse Telephone: (01577) 842128

Email: estenhouse@churchofscotland.org.uk

Session Clerk: Mrs Janet Harper Telephone: (01577) 840225

Email: aclassicsoul@aol.com

Updates and changes to the dates below can be found on our church website <https://cleishandfosswaychurches.org.uk>



December 2022

Saturday, 3 Dec

1-4pm Christmas Bazaar and Community Carol Singing
at the Church

Sunday 4 Dec

9.45 am Morning Worship

Congregational meeting after the service to discuss and approve the proposals for our church to become part of a parish grouping with the other Churches of Scotland in the Kinross-shire area.

There will refreshments after the service and Traidcraft Stall

3pm Service of Remembering

A time to remember those whom we have loved and lost and will miss this Christmastime

Sunday 11 Dec

9.45am Morning Worship

5-6pm Carols in the Car Park
at the Crook of Devon Village Hall,
with refreshments in the hall afterwards

Sunday, 18 Dec

9.30am Morning Worship

Christmas Nativity service

Saturday 24 Dec

5pm Family Christmas Eve Service

11pm Watch Night Service,

Carols from 11pm, service starts at 11.15pm

Sunday 25 Dec

9.45am Christmas Day Family Service

Bring a toy or gift to share

Refresh Thursday

Every Thursday 2-4pm in the Church Hall
Join us for a friendly blether with delicious home baking,
tea and coffee, all are welcome

*Refresh will be having a Christmas break
from 15 Dec and will start again on 12 Jan 2023*

Film Night

Fri 9 Dec 7.30–9.30pm in the Church Hall

Downton Abbey, A New Era

*The Crawley family goes on a grand journey to the
South of France to uncover the mystery of the
dowager countess's newly inherited villa*

Please join us for the film, some refreshments
and a blether, all are welcome

Fossoway Creative Crafts Group

Meet on Monday evenings from 6.30pm in the Church Hall.
Please bring your own craft and join us.

*The group will be having a Christmas break from 19 Dec
returning on 9 Jan.*

Fossoway House Group

Our House Group now meets every Thurs evening at 7.30pm.
*The group will be having a Christmas break after Thurs 15
Dec, and will start again on Thurs 12 Jan.*

Fossoway Babies and Toddlers

The group meets every Friday 9.30-11.30am, in Fossoway
Church Hall. Join us for snacks, play and blether.
*The group will finish for Christmas on Fri Dec 16
and resume on Fri Jan 6*

Board Game Night

This group is running monthly on Wed eves from 6:30-7.30pm.
The next meeting will take place on 21 Dec

Men's Breakfast

at the Church Hall, 8.30 – 10.30 am
Our next meeting will be on 10 Dec when Nicol Wheatley
will be giving a talk about the creative process.

All are welcome at any of our meetings and services.
If you would like any more information please contact the
Rev Lis Stenhouse 01577 842128, or Janet Harper, Session
Clerk 01577 840225.

Cleish Parish Church

Church of Scotland

(Charity No: SC003168)

Minister: Rev Lis Stenhouse BD (Hons)

Tel: 01577 842128

Email: estenhouse@churchofscotland.org.uk

Session Clerk: Neil Maclure

Email: neil.maclure19@gmail.com Tel: 01577 864826

Updates and changes to the dates below can be found on our
church website : www.cleishandfossowaychurches.org.uk

We are very pleased to announce that our church building is open
and we look forward to welcoming you to worship with us in Cleish
Church. Refreshments will be served after worship each Sunday.

December 2022

Sunday, 4 Dec

11.15am: Morning Worship, Traidcraft Stall
3pm Service of Remembering (to be held in Fossoway Church)

A time to remember those whom we have loved and lost
and will miss this Christmastime

Saturday 10 Dec

8.30-10.30 am: Men's Breakfast at Fossoway Church

Sunday, 11 Dec

11.15am: Morning Worship

Sunday, 18 Dec

11.15am: Morning Worship.

Sunday, 25 Dec

11.15am: Christmas Day Family Service

Bring a toy or gift to share

Please note: Kinross-shire Parish Grouping

There will be a joint Churches New Year service at Orwell
Church on Sunday 1 Jan at 11.00am.

There will not be a worship service on Sunday, 1 Jan in
Cleish church.

If you would like any more information please contact the Rev
Lis Stenhouse (01577 84212).

Orwell and Portmoak Parish Church Church of Scotland

(Charity number SC015523)

Interim Moderator – Rev Alan Reid

Telephone 01577 862952

Email: areid@churchofscotland.org.uk

Locum – Rev Dr Robert Calvert

Sunday Worship, and Junior Church: All children welcome.

10am Portmoak Church

11.30am Orwell Church

Please note that from now on, all joint family services with the
Praise Band will be held on the first Sunday of each month,
except for January, in Orwell Church at 10:30am.

Messy Church will meet on **Sat 3 Dec** from 4-6pm at Orwell
Church with all the usual crafts, fun, and food.

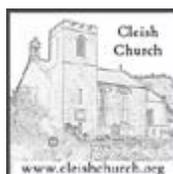
Dates For Your Diary

- 4 Dec** **Joint Family Service** in Orwell Church at 10:30am
No morning service at Portmoak Church.
**There will be a congregational meeting after the
service to approve the Presbytery Mission plan
arrangements as they apply to Kinross-shire.**
- 10 Dec** **Christmas Fayre** in Orwell Church from 10-12 noon
- 16 Dec** **Oasis Ladies Group** meets in Portmoak New Room
from 10:15-12noon for a Christmas celebration.
Tea and a Blether in Orwell Hall from 1:30-3:30pm
Carols at the Cross in Milnathort at 7pm
- 18 Dec** **Ashley House Christmas Service** at 2pm
- 24 Dec** **Early Evening Service** in Portmoak Church at 6:30pm
Watchnight Service in Orwell Church at 11:30pm
- 25 Dec** **Joint Christmas Day Service** in Orwell Church at 10:30am
- 1 Jan** **Joint Service** of all Kinross-shire Church of Scotland
churches in Orwell Church at 11am

Please check the church website or Facebook page for
further information on all services in case anything changes.
The Church Office and Shop is once again open from 10am
to 12pm, from Monday to Friday.

Office email: orwellandportmoakchurch@gmail.com

Website: orwellportmoakchurch.org.uk



**Grass Cutting, Rotovating,
Hedge Trimming
Tree Pruning, Turfing,
Removal of moss
Lawn Treatment**

I. Robertson
Station Road, Crook of Devon

Telephone : 07786 894966 or 01577 840526

Acknowledgements

BURROWS

AMANDA, WENDY AND FAMILY would like to thank friends and neighbours for their love and support following the sad death of Marjorie on 18 September.

Thank you to staff in A&E and Ward 42 of Victoria Hospital, Kirkcaldy for their outstanding care and compassion, and to Rev Alan D Reid for conducting the funeral service.

Many thanks to Kinross Centre for their years of support to both Marjorie and her husband David, and to those who contributed to the funeral collection (on behalf of Kinross Centre) which amounted to £395.

St Paul's Scottish Episcopal Church (Part of the Worldwide Anglican Communion)

Muir, Kinross, KY13 8AY
Fr David Mackenzie Mills, Rector.
Tel: 01577 863795

Email: frdavidkinross@gmail.com

You can also find us on Facebook
www.facebook.com/stpaulsepiscopalchurchkinross

Our Sunday morning services begin at 10am, unless otherwise advertised. (Our church bell rings from 9.45am.) We will provide regular updates on our website. Please do refer to it regularly.

Although we don't insist that people wear face coverings, you are very welcome to do so if that helps you feel safer in public spaces. We look forward to seeing you!

Our services are also broadcast from the church building as livestreams via 'Zoom' and Facebook Live. Thereafter, recordings of these services can be viewed on our Facebook page. The Liturgy outline can be followed on the website via the simplified 1982 worship book template and the weekly pewsheets.

Please be assured of our prayers and intercessions.

May the road rise up to meet you.

May the wind be always at your back.

May the sun shine warm upon your face;

*the rains fall soft upon your fields and, until we meet again,
may God hold you in the palm of His hand.*

Events and Services in December

Sunday 4: (Advent 2)

10am: Sung Eucharist and lighting the second Advent candle followed by the Annual Church Meeting

Wednesday 7:

10am: Midweek Meditative Holy Communion

Sunday 11: (Advent 3)

10am: Sung Eucharist and lighting the third Advent candle

Wednesday 14:

10am Midweek Meditative Holy Communion

Sunday 18: (Advent 4)

10am: Morning Service of readings and carols for Christmas and lighting the fourth Advent candle

Wednesday 21:

10am Midweek Meditative Holy Communion

Friday 23:

4pm Family Christingle Service

Saturday 24: (CHRISTMAS EVE)

11.30pm Midnight Mass

Sunday 25: (CHRISTMAS DAY)

10am Family Christmas morning Eucharist

NB: There will be no midweek Communion on Wednesday 28 Dec

St James' Catholic Church

5 High Street, Kinross, KY13 8AW

Parish Priest: Father Martin Pletts. Tel: 01577 863329

www.catholickinross.com

Email: Fr.MartinPletts@gmail.com

facebook.com/parishpriestkinross/

facebook.com/stjamesprayergroup/

Saturday Vigil Mass – 7pm

Sunday Mass – 9am

Catechism Class (during term-time) on Mon after school till 4.30pm

Tuesday 5.45-6.45pm Holy Hour (with Holy Rosary and Adoration of the Blessed Sacrament), followed by Holy Mass at 7pm.

Wednesday 10am Holy Mass

Friday 10am Holy Mass

Holy Rosary or Seasonal Devotions: Wed and Fri 9.15-9.45am

Confessions: After the Saturday Vigil Mass and after weekday Masses and on request.

For the full parish timetable see the newsletter section on the parish website: www.catholickinross.com

Loch Leven Church

(Charity No: SC049050)

Loch Leven Church meets at Loch Leven Community Campus, at 10:30am each Sunday.

We'll be hosting the following Christmas services in December:

4 Dec: Nativity Family Service
(at Loch Leven Community Campus at 10:30am)

11 Dec: Christmas Carols at the Café
(at Loch Leven's Larder at 3:30pm)

18 Dec: Christmas Service with Youth Group and Children's Christmas Party (at Loch Leven Community Campus at 10:30am)

25 Dec: No Service

1 Jan: New Year's Day Walk
(please check our website or Facebook page for more details)

Everyone, of all ages, is very welcome. To find out more about us, please visit our Facebook page 'We Love Loch Leven', our website www.lochlevenchurch.com, or email us at info@lochlevenchurch.com



Kinross Christian Fellowship

Jesus said, 'I am among you as one who serves.'

Sunday morning service at 10.30am (refreshments and blether at 10am), Millbridge Hall, Old Causeway, Kinross.

Lively praise (children participate), reverent worship open to the leading of the Holy Spirit, prayer, ministry and solid Bible-based preaching and teaching. An all-round family service for families, which includes Sunday School. Communion every second Sunday, as is our evening service at 6.30pm; a time for praise, worship, sharing and joy in The Lord Jesus. (Followed by light refreshments and more blether.)

Everyone is welcome to either service or to both, so please come and taste and see that the LORD is good.

Kinross Gospel Hall

8 Montgomery Street, Kinross www.kinrossgospelhall.info
Tel 07818 050785

Friends and Neighbours Teas on the first and third Sundays of the month. All necessary precautions will be observed to maintain safe conditions. We look forward to seeing old friends and welcoming new ones. Everyone welcome.



Scottish Charity SCO45931
Community Benefit Society 7524

NOTICE of AGM

The Annual General Meeting of the Society will be held on Thursday 19 January 2023 at 7pm at Orwell Church, Milnathort

Kinross King George V Playing Fields Management Committee ANNUAL GENERAL MEETING

will take place in the Kinross Rugby Football Club clubhouse in the KGV Muirs pavilion in Kinross at 7.30pm on Tuesday 13 December 2022.

The pavilion is located directly behind St Paul's Church. Representatives of KGV member sports clubs and organisations are invited to attend.

The meeting is also open to the public. For more information about the AGM please feel free to contact Andy Williams, Chair of the KGV PFMC at a.b.williams@btopenworld.com.

25th March 2023, 10am – 2pm
Loch Leven Community Campus

Better Place to Live Fair



Come and see what Kinross-shire has to offer



Providing a safe environment over warm drinks and 'eats' for those who identify as neurodiverse to socialize and find mutual empowerment.

Providing an environment that is as inclusive, comfortable and welcoming as possible to those with differing needs, including those who are non-verbal (including dimmed lighting and a craft table.)

A space to offer personal experience and learn new ways of sharing stories of living as neurodiverse people in a majority neurotypical world.

Mondays 7pm – 8.30pm
Family Room, Orwell Church, Milnathort

To find out more, please contact David Mackenzie Mills or Margaret West (COTNCommittee@gmail.com)

CAROLS AT THE CROSS

PRESENTED BY MILNATHORT IN BLOOM
ORWELL & PORTMOAK PARISH CHURCH
MILNATHORT TOWN HALL COMMITTEE

MILNATHORT CROSS
FRIDAY 16TH DECEMBER AT 7PM

BRING YOUR VOICE
TO SING ALONG WITH US
AND SHARE IN REFRESHMENTS

DONATIONS TO LOCAL CHARITY
PLEASE BRING A TORCH

KLED proudly presents

Tickets £30



BIG BURNS BASH

MOBILE LIBRARY 7, 21 December

(Fortnightly, Wednesdays)

Kinnesswood (Opposite Shop)	09.30 – 10:00
Portmoak Hall	10:05 – 10:20
Scotlandwell (Leslie Road)	10:25 – 10:50
Levenmouth Farm	11:00 – 11:20
Hatchbank Rd (Gairneybank, Kinross)	11:40 – 12:00
Powmill (Mill Gardens)	13:20 – 13:40
Crook of Devon (Village Inn)	13:45 – 14:45
Carnbo (Pitcairnie Lane)	15:00 – 15:30
Whyte Court (Kinross)	15:45 – 16:15

Contact us by phone on 01577 867205

or by email at lochlevenlibrary@culturepk.org.uk.

Perth Citizens Advice Bureau

Perth CAB can help you. Our advice is free, confidential, impartial and independent.

Advice line: 01738 450580

Appointment line: 01738 450581

Clients can access advice in the following ways:

- **By calling us** on 01738 450580 between 10am and 3pm any weekday. If the query is quick for us to deal with, we will do so and if it requires more time or research then we will arrange for an adviser to get back to them either via e-mail or with a telephone appointment.
- **Webchat** from our Perth CAB website www.perthcab.org.uk/ this is available from 10am each weekday, currently until 1pm but we hope to expand these hours soon
- **Via e-mail** to advice@perthcab.org.uk



Debt and Money Advice Service

Perth CAB has a team of specialist debt advisers. Advice is free, confidential, impartial and independent. To talk to a specialist debt adviser call 01738 450590 or email David Ogston (Senior Debt Adviser) using the following email address: David.Ogston@Perthcab.casonline.org.uk

Grants For Good Causes

Kinross Community Council Newsletter Limited (KCCNL), Charity No. SC040913



All profits from the *Kinross Newsletter* are transferred to a charitable company, KCCNL, and given away to local good causes. Groups and individuals are invited to apply to KCCNL for grant funding. Decisions on grants are made at two meetings per year. The deadlines for grant applications are:

31 March and 30 September

More information is available on the kinross.cc website. Applications may be downloaded from the website or obtained from the Applications Administrator, Barry Davies, Tel 01577 865004 or email barrydavies57@btinternet.com

**S.M. Holistic Therapies
P.K.A.V.S. Registered.**

ARE YOU AN UNPAID CARER

I have been working with Perth and Kinross Association of Voluntary Service for unpaid carers for a few years now . Once again they are offering free therapy treatments for unpaid carers in the Kinross and Milnathort area, for those that are registered with the Association, and for anyone that has the therapy vouchers.

It is time to think about you.

Having a relaxing treatment of either Reiki. Crystal therapy, or an Indian Head massage.
Available once a month in Kinross.

To book an appointment phone P.K.A.V.S. on Perth
01738 567076 option 2 .

To book a treatment if you have the vouchers contact me
on
01577 864745, or 07970282938 or email me at
shirlyletstalk@hotmail.co.uk

WE NEED YOU

**MILNATHORT
TOWN HALL**

YOUR TOWN HALL IS RUN BY VOLUNTEERS

Your local Town Hall is used by local groups and families for birthdays, films, community get togethers, fitness and so much more.

All this right on your doorstep.

CAN YOU SPARE A FEW HOURS A MONTH?

Simply put, without a committee, Milnathort Town Hall would have to close its doors... so, do you have a few hours a month to help?

Your time will help keep this wonderful, newly renovated building continue to be a valuable resource at the heart of our community.

HELP KEEP MILNATHORT TOWN HALL IN THE HEART OF OUR COMMUNITY

For at least another 160 years

THANK YOU

PLEASE CONTACT

ROSEMARY TOLSON 07738984740 OR THROUGH
OUR FACEBOOK PAGE 'FRIENDS OF
MILNATHORT TOWN HALL'

NEWSLETTER DEADLINES

In very rare circumstances it may be necessary to change a deadline at short notice. Check the *Newsletter* Facebook Page for the latest information.

Issue	Deadline	Publication Date
January	Monday 12 December	Saturday 7 January

Perth & Kinross School Term Dates

Term Ends: Thurs 22 Dec 2022

Spring Term Starts: Mon 9 Jan 2023

Situations Vacant

Kinross House

Front of House Staff and Housekeepers

We are currently hiring Front of House Staff and Housekeepers for our upcoming year of exciting events being held on the Kinross House Estate.

Come along and meet us to find out more about the roles and how to apply to become one of our casual team members.

Thursday 1 December, 2022 2pm-8pm

Register to attend on our website.

BANK OF SCOTLAND MOBILE BANKING

Service operates fortnightly on a
Tuesday 10am to 1pm

13, 27 December 2022

At the Green Hotel, 2 Muirs, Kinross

www.bankofscotland.co.uk/contactus/mobile-branch/perth.html#kinross

Music in Dollar THE SCOTTISH CLARINET CHOIR

Sunday 4 December, 2.45pm

**Gibson Hall, Dollar Academy,
Dollar, FK14 7DU**

The SCC consist of professionals, amateurs, teachers and students who play a wide range of repertoire on the clarinet.

**Tickets on the door
or at musicindollar.org.uk**

**U18s and anyone in
full-time education FREE**

**More information at
www.scottishclarinetchoir.co.uk**

Public Access AEDs

You may not be aware that there are public access defibrillators all around the county. These have been put in place by a combination of organisations including Kinross First Responders Charity. Some are accessible 24h per day (***You will likely need a code to access which can be obtained by calling 999**) and others are only available during opening hours.

Please call 999 to ensure you have the access code and are directed to your closest available AED.

Milnathort Area:

- Stewart & Smart Garage – 24h
- Milnathort Golf Club – 24h*
- West Netherton (On the wall of Henderson's Chartered Surveyors) 24h.
- Donaldson Park Football Pavilion - 24h*

Kinross Area:



- Giacopazzi's Kinross - 24h*
- The Muirs (old phone box) - 24h*
- Corner of Sutherland Drive / Argyle Road – 24h.
- Kinross Curling Rink - opening hours only.
- Men's Shed on Swansacre - 24h*
- Hunters of Kinross - 24h*
- Cashmere at Loch Leven (Todd and Duncan) – 24h.
- The Myre Park Football Pavilion - 24h*
- Kinross Primary (Accessed from Station Road) - 24h*
- Kinross Golf Club - 24h*
- SNH Office next to The Boathouse (Pier) - 24h.
- Loch Leven Health Centre (the doctor's surgery) - opening hours only.
- Kinross Rugby Club - only during games/training.
- Kinross Day Centre - opening hours only.
- Kinross High School / Community Campus - opening hours only.
- Live Active (Swimming Pool) - opening hours only.

Wider Area:

- Balado (On the fence at 6 Dawson's Court) - 24h*
- Carnbo Village Hall – 24h.
- Portmoak Village Hall – 24h.
- Loch Leven's Larder (At the Cricket Pavilion) - 24h*.
- Glenfarg Village Shop – 24h.
- Crook of Devon Village Hall - 24h*
- Powmill Store - 24h*
- Netherton (Henderson's Chartered Surveyors) - 24h*.
- Mawcarse (Roadside at Mawburn Cottage) - 24h*
- Gairneybank (Hatchbank Road) - 24h*
- Kinnesswood Bus Stop (Opposite the Garage) - 24h*.
- Keltybridge at the Tabernacle Hall - 24h*.

LOCAL CHEMIST INFORMATION

Rowlands Pharmacy, Kinross

Mon – Fri 9am-6pm

Saturday 9am-5pm

Tel 01577 862422



Davidson's Chemist, Milnathort

Mon – Fri: 9am-6pm (Open lunchtime)

Saturday: 9am-12.30pm

Tel: 01577 862219

Sundays: Nearest open pharmacy: Asda, Dunfermline



100th Birthday and Diamond Wedding Anniversaries

Do you know a Perth & Kinross resident who is celebrating their 100th or 105th+ birthday?

Do you know a Perth & Kinross couple celebrating their 60th, 65th or 70th wedding anniversary?

PKC can arrange delivery of flowers or for a local councillor to present a basket of flowers to the person or couple on their special day.

Tel: 01738 475051 Email: CivicServices@pkc.gov.uk

**MOBILE POST VAN AT
BUCHAN AVENUE,
KINNESSWOOD**

**MONDAYS 13.45 till 14.45
WEDNESDAYS 12.45 till 13.45**

Homes For Cats Wanted

FifeCat Shelter, a Scottish Registered Charity, is always looking for homes for rescued cats.

Cats can be visited, by appointment, at Causeway Cattery, Scotlandwell.

Contact Rhona on 01383 830286.



**KINROSS DELIVERY OFFICE
ROYAL MAIL**

**87 High St, Kinross KY13 8AR
PLEASE NOTE CHRISTMAS OPENING
TIMES MAY BE DIFFERENT**

MONDAY	8-10am
TUESDAY	8-10am
WEDNESDAY	8-10am
THURSDAY	8-10am and 4-7pm
FRIDAY	8-10am
SATURDAY	8am-12pm
SUNDAY	CLOSED

Baby & Toddler Groups



Monday

Milnathort Babies and Toddlers
Orwell Church Hall 9.30 -11am

Tuesday

Portmoak Babies and Toddlers
Portmoak Church Hall
9.45-11.30am

Stepping Stones

Kinross Parish Church 10-11am
(1st & 3rd Tuesday of each month)

Wednesday

Breast Buddies
Health Centre 10-12pm

Glenfarg Babies and Toddlers
Village Hall 9.30am

Muckhart Babies and Toddlers
Church Hall 9.30-11am

Thursday

Montgomery Toddlers
Kinross Gospel Hall 9.30 -11am

Friday

Loch Leven Babies and Toddlers
Masonic Hall, Kinross 9.30-11.30am
Cat Forbes, 07517 281119, catforbes79@gmail.com

Portmoak Babies and Toddlers
Portmoak Church Hall 9.45-11.30am

Fossoway Babies and Toddlers
Crook of Devon Church Hall
9.30-11.30am

Please let us know if you have any information to add to this list.

EMERGENCY CONTACT NUMBERS

Medical

Loch Leven Health Centre	01577 862112
Loch Leven Health Centre Out of Hours	01577 865252
NHS 24	111
Perth Royal Infirmary main switchboard	01382 660111
Perth Royal Infirmary (Admissions and Enquiries Desk)	01738 473734
Ninewells Hospital, Dundee	01382 660111
Victoria Hospital, Kirkcaldy	01592 643355
Queen Margaret Hospital, Dunfermline	01383 623623
Rowlands Pharmacy, Kinross	01577 862422
Davidson's Chemist, Milnathort	01577 862219

Police, non-emergency 101

Police, Fire, Ambulance & Coastguard Emergencies 999

Gas (worried about gas safety) 0800 111 999

Water (loss of supply, foul water emergency) 0845 600 8855

Floods SEPA Floodline recorded messages 0345 988 1188

Perth & Kinross Council (PKC)

Customer Service Centre (Mon- Fri, 8am-6pm) 01738 475000

Reporting non-emergency Road and Lighting faults (CLARENCE) 0800 232323

PKC Out of Hours emergency numbers

Adult care services	0345 301 11 20
Anti-social behaviour helpline	01738 476173*42*
(*42* telephone and leave a voicemail)	
Child protection	01738 476768
Council housing emergency repairs	01738 476000
Dangerous buildings	01738 476476
Environmental Health	01738 476476
Flooding	01738 476476
Homelessness	0800 917 0708
Mental health services	0345 301 11 20
Roads (e.g. reporting blockage)	01738 476476

Traveline Scotland 0871 200 22 33

Loch Leven Community Campus 01577 867200

Kinross High School 01577 867100

Community Councils

- Kinross:** Chair: Lynne McKay, 01577 531076
Email: kinrosscommunitycouncil@gmail.com
- Milnathort & Orwell:** Chair: Malcolm Thomson, 07980 885175
Email: communitycouncilmilnathort@gmail.com
- Portmoak:** Email: portmoakcommunitycouncil@pkc.gov.uk
- Fossoway & District:** Chair: Trudy Duffy-Wigman, 01577 840669
Email: fossoway.cc@gmail.com
- Cleish & Blairadam:** Sec: Patty Fraser, 01577 850253
Email: cleishcommunitycouncil@pkc.gov.uk

Kinross Community Councillors

Bill Freeman	64 Muirs	01577 865045
Lynne McKay (Chair)	5 Springfield Road	01577 531076
Hannah Phillips		07591 228884
Malcolm Wood	The Woodlands, Hatchbank	
Michael Wilson	16 Acremoar Drive, Kinross	01577 861181
Emma Leslie		
Chris Collins		07970 998206

Have a look at our website www.kinrosscommunitycouncil.com

Portmoak Community Councillors

S McGregor	(Secretary)	
A Davidson	(Treasurer)	
Susan Forde		01592 840128
Dave Morris		01592 840500

Have a look at our website: www.portmoak.org

Perth and Kinross Councillors Kinross-shire Ward

- Cllr DAVE CUTHBERT (Independent)**
Tel: 07468 756234
Email: dcuthbert@pkc.gov.uk
Address: 85 Bowton Road, Kinross, KY13 8EG
- Cllr NEIL FRESHWATER (Scottish Conservative & Unionist)**
Tel (office): 01738 475108
Email: nfreshwater@pkc.gov.uk
www.facebook.com/neil4kinrossshire
- Cllr WILLIE ROBERTSON (Scottish Liberal Democrats)**
Mobile: 07909 884042
Email: wrobertson@pkc.gov.uk
- Cllr RICHARD WATTERS (SNP)**
Mobile: 07557 812513
Email: rwatters@pkc.gov.uk
Address: 2 High Street, Perth

John Nicolson MP

Member of Parliament for Ochil and South Perthshire

Telephone: 020 7219 3000

Email: john.nicolson.mp@parliament.uk

Twitter: <https://twitter.com/mrjohnnicolson>

Facebook: <https://facebook.com/JohnNicolsonSNP>

Instagram: <https://www.instagram.com/johnnicolsonmp>

Member of the Scottish Parliament for Perthshire South & Kinross-shire

Jim Fairlie, MSP

Constituency office: 63 Glasgow Road, Perth, PH2 0PE
Telephone: 01738 620540

Email: Jim.Fairlie.msp@parliament.scot

Members of the Scottish Parliament for Mid Scotland and Fife Region

All MSPs can be contacted at the following address:
The Scottish Parliament, Edinburgh, EH99 1SP

Claire Baker MSP (Labour) Tel: 0131 348 6769
Email: claire.baker.msp@parliament.scot

Murdo Fraser MSP (Conservative) Tel: 0131 348 5293
Email: murdo.fraser.msp@parliament.scot

Dean Lockhart MSP (Conservative) Tel: 0131 348 5993
Email: dean.lockhart.msp@parliament.scot

Alex Rowley MSP (Labour) Tel: 0131 348 6826
Email: alex.rowley.msp@parliament.scot

Mark Ruskell MSP (Green) Tel: 0131 348 6468
Email: mark.ruskell.msp@parliament.scot

Liz Smith MSP (Conservative) Tel: 0131 348 6762
Email: elizabeth.smith.msp@parliament.scot

Alexander Stewart MSP (Conservative) Tel: 0131 348 6134
Email: alexander.stewart.msp@parliament.scot

Perth Samaritans

Need to talk? We'll listen.

Contact us by

phone: 01738 626666 or 08457 909090

email: jo@samaritans.org

Visit us at 3 King's Place, Perth, PH2 8AA

Mondays	1630 – 2130	Thursdays	1630 – 1900
Wednesdays	0830 – 1100	Fridays	1000 – 1630
and	1930 – 2130	Sundays	0800 – 2130

No pressure, no names, no judgment.

We're here for you, anytime.

Enquire

Are you looking for information about your child's rights to support in school? If so, contact **Enquire**, the national advice and information service for additional support for learning.

Enquire offer a confidential telephone helpline and online enquiry service, practical guides, fact sheets and newsletters, helpful materials for children and young people with additional support needs.

For more information contact: Tel 0345 123 2303

Website: www.enquire.org.uk

Enquire is funded by the Scottish Government and managed by Children in Scotland.

Diary

December

Thurs	1	Kinross Pipe Band AGM	83
Mon	5	Deadline to comment on Boundary Commission Review	9
Tues	6	Climate Cafe Meeting	69
Tues	6	Fossoway Community Council meets	54
Wed	7	Networking Breakfast, Loch Leven's Larder	18
Thurs	8	Garden Group Meets	67
Thurs	8	Minathort Community Council meets	56
Sat	10	Kinross and Ochil Walking Group meets	75
Sun	11	Portmoak Christmas Tree Event	75
Sun	11	Let's Sing! Christmas Special	100
Mon	12	Deadline for January Newsletter (5pm)	
Tues	13	Portmoak Community Council meets	56
Tues	13	KGV AGM	103
Fri	16	Carols at the Cross	103
Mon	19	KPC Service of quiet remembering	100
Mon	19	Deadline to submit requests for medication to Health Centre	47
Thurs	22	Kinross Parish Church Family Film Night	23
Sat	24	Crib service for all the family, Kinross Parish Church 4.30pm	100
Sat	24	KPC Watchnight service 11.15pm	100

January

Mon	1	Church of Scotland United Service, Orwell Church Milnathort	23
Sun	8	Kinross and Ochil Walking Group meets	75
Thurs	19	ASSET AGM	103
Sat	21	PCWG Burns' Ceilidh, Portmoak Village Hall	76
Tues	24	Kinross Community Council meets	56
Sat	21-30	Big Garden Birdwatch	96
Sat	28	Big Burns Bash	69

The Kinross Community Council Newsletter

is available from:

Greens of Kinross	High Street, Kinross	Buchan's Garage	Main Street, Kinnesswood
Baillies	High Street, Kinross	Shop	Main Street, Kinnesswood
Sainsburys	Station Road, Kinross	Fossoway Store	Crook of Devon
Giacopazzis	Lathro, Kinross	Fossoway Garage	Crook of Devon
Keystore More	Green Road, Kinross	Mona's Coffee Shop	Muckhart
Giacopazzis	New Road, Milnathort	Powmill Stores	Powmill
Stewart & Smart	Stirling Road, Milnathort	Loch Leven's Larder	Near Wester Balgedie
Heaven Scent	South Street, Milnathort	Glenfarg Village Shop	Glenfarg