



# Kinross Newsletter

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Founding editor,  
Mrs Nan Walker, MBE

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## DEADLINE

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## Contributions

The *Newsletter* welcomes items from community organisations and individuals for publication. This is free of charge. (We only charge for business advertising – see below right.)

All items may be subject to editing and we reserve the right not to publish an item.

Please also see our Letters Policy and Notes on page 2. Submit your item (except adverts) in one of the following ways:

Email: [editor@kinrossnewsletter.org](mailto:editor@kinrossnewsletter.org)

Post or by hand to:

**Kinross Newsletter**

c/o Ross McConnell Accountants

3 High Street

Kinross

KY13 8AW

## Editor

Hannah Phillips.....07591 228884

[editor@kinrossnewsletter.org](mailto:editor@kinrossnewsletter.org)

## Advertising Manager

Julia Fulton .....07936 151223

[advertising@kinrossnewsletter.org](mailto:advertising@kinrossnewsletter.org)

## Treasurer

Ross McConnell

3 High Street

Kinross KY13 8AW.....01577 865885

[treasurer@kinrossnewsletter.org](mailto:treasurer@kinrossnewsletter.org)

## Subscriptions

Ross McConnell (address as above)

[subscriptions@kinrossnewsletter.org](mailto:subscriptions@kinrossnewsletter.org)

## Distribution

David Anderson .....07747 890375

[distribution@kinrossnewsletter.org](mailto:distribution@kinrossnewsletter.org)

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Cover photo: Chris Collins Cover Design: Lee Scammacca

## Letter From The Editor

IT'S BEEN QUITE A month in Kinross. Not long after the September issue had printed, we were told that Kinross was to receive a special visitor. We are used to having celebrity visits here in Kinross, with rumours of Harry Styles and Justin Bieber, not forgetting Line of Duty star Martin Compston, apparently often turning up to have a fish supper by the loch or according to Facebook, nipping in to Baynes the Bakers for a steak bake.

News that this visitor was none other than HM King Charles III certainly made us all sit up and take notice!

We have a special feature on the visit in this issue, including a behind-the-scenes look at how the planning for the visit took place. Thanks to all who have sent us photographs and

information about the visit. As I am sure you will appreciate, taking a good photograph of the King, a man surrounded by bodyguards and the press at all times, is not altogether easy!

We are delighted to be able to publish this special issue which will no doubt be looked at in the historical archive of *Newsletters* (held by Kinross Museum) in years to come. There you can see printed copies of every edition of the *Kinross Newsletter*, right back to 1977 when (just like me) it first saw daylight. It looked very different then, as you will see from the extract in this issue on p35.

The wonderful Kinross Day Centre, a shining star for the elderly in the Kinross Community, is celebrating a very special birthday, as it has now been serving the elderly folk of Kinross for 40 years. We spoke to Helena Cant MBE, who was its first manager back when it first opened.

We wish the Day Centre (and all who help to run it) a very Happy Birthday!

With colder weather on the way, you can be assured of a warm space in Kinross with so many community clubs and groups around to offer you warmth and companionship in the winter months. There really is something for everyone in Kinross. There's even a new Haiku group...

Kinross has kindness,  
People smile and wave and chat,  
Remembering you.

Hannah Phillips, Editor

### About The Kinross Newsletter

The *Kinross Newsletter* has been informing and supporting the community for over 45 years. It began as a way of letting residents know what Kinross Community Council was saying and doing, but soon expanded to be so much more. Readers use the *Newsletter* to find local trades and services, and our loyal advertisers support the community by enabling us to publish local clubs' reports and essential community information free of charge. Readers, when answering an advertisement, please say you saw it in the *Newsletter*. Thank you. The *Newsletter* is published by Kinross Newsletter Limited (company no SC374361). Any profits are transferred to charitable company Kinross Community Council Newsletter Limited (charitable company SC040913) to be given away to local good causes.

### Note to Contributors

A great deal of the *Newsletter* comprises reports supplied by local clubs and other organisations. These reports are accepted in good faith and the *Newsletter* accepts no liability for any inaccuracies contained therein. Senders should ensure reports are factually accurate and do not contain material which could cause legal proceedings to be taken against the *Newsletter*.

### Letters Policy

Senders must supply their name and contact details. Letters should be truthful and not contain matter which could cause legal proceedings to be taken against the *Newsletter*, which accepts no liability for any inaccuracies contained therein. The *Newsletter* does not necessarily agree with any of the views expressed on the letters or indeed other pages. All letters must contain the sender's address, although this may be withheld from publication on request.

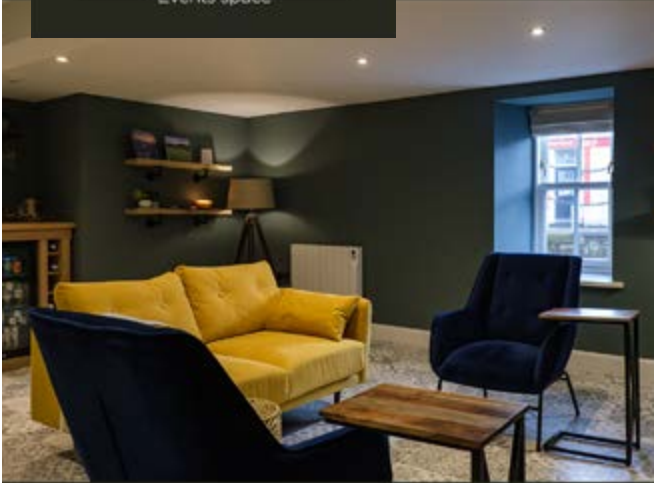
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### Abbreviations

PKC: Perth & Kinross Council	CLlr: Councillor
CC: Community Council	CCllr: Community Councillor


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### THE KINDNESS OF STRANGERS

MY WIFE AND I would like to offer a big thank you to the unknown farmers from Glenfarg who came to our rescue late in the afternoon on Sunday 10 September.

We were caught in a flash flood driving along the B996 at Keltie when the engine cut out after being deluged by an inconsiderate motorist coming in the opposite direction.

After trying unsuccessfully to get help, these two gentlemen in a 4x4 pickup stopped and offered to tow us out of the flood. Afterwards they unhitched the tow-rope and drove off before we could thank them properly.

We are most grateful to them for stopping in such atrocious weather and getting soaked in the process.

Derek & Ann Marie Lawrence, Kinross

### Thanks



### KINROSS COLTS

Kinross Colts 2009s would like to extend a massive thanks to **Drysdale's Trailers** and **Greens of Kinross** for kindly sponsoring our kit.

The Greens' logo will feature on the front of our away shirts while the Drysdales' logo will adorn the back and our coaches' quarter zips.

The kits will be worn across Perthshire, Fife, Dundee and Angus as the team competes in league and cup competitions.



Kinross Colts 2009s currently has 28 players and has been running for 9 years.

This would not be possible without the support of local community champions like Greens and the Drysdales.

Thank you!

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### BRITISH WATERSKI FEDERATION

ON THE 25 AUGUST the British Waterski Federation held the combined British National slalom tricks and jump final at Oxford Waterski Club, entered were Matthew Mills, Ollie Jessop, Chris Heron, Kevin Lochhead and Alisdair Roger who all train at the Scottish waterski centre at Townloch, Townhill.

Matt Mills got a silver in the over 75 Slalom, Ollie gold and Chris silver in the over 35 slalom. Kevin got bronze in the over 55 slalom. Alisdair (not in picture) sadly was not placed in his first ever competition.

## PORTMOAK VILLAGE HALL NEEDS YOUR HELP

**THE HALL HAS BEEN** a constant venue for many clubs, from preschool to Guides, societies and badminton clubs. It has been a very reasonably-priced facility to hire for private events for many years. Built in the 1870's, it still stands strong to serve the community.

The current committee served notice at the 2022 AGM that they are standing down after being involved for many years. **New blood is required to keep this vital part of the community going.**

**The 2023 AGM is on the 19 October at 7pm.** You will be very welcome to attend. Being a committee member is not an overly time-consuming task – you just need to be community spirited and wish this facility to continue for the generations that need it now and in the future.

**We require a new Chairperson, Treasurer and Booking Secretary.**

Any questions you may have, please call Clare on **07734 933161**



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## Congratulations!

Congratulations to **Lennox Munro**, a member of Pitlochry and Blair Atholl Pipe band and a pupil at Kinross High School. The band were invited to perform at the Avenches Tattoo in Switzerland. Lennox represented his band, his school, and Scotland! Lennox was very excited to take part.



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Fifteen-year-old **Olivia Matthews** first took up guitar during lockdown having never played before, teaching herself through an app. In August 2022 she began lessons with Sam from Loch Leven Music. She sat her first official examination at Grade 4 achieving 82% and has just passed Grade 5 in Electric Guitar. She also has weekly lessons in school for acoustic guitar and piano.

Following a recent summer camp at the Conservatoire, Olivia was invited by her tutors to submit a late audition despite the closing date being in February!

She's been offered a place to train at the Royal Junior Conservatoire. Olivia's family and friends are so very proud of her and can't wait to see what's next.

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# HERITAGE TRAIL VISITOR NUMBERS UP BY 50%

**TRACKS estimates 314,000 visitors this year – 208,000 in 2022**

AS PART OF TRACKS' ongoing efforts to raise funds for further upgrade and repair



of the Loch Leven Heritage Trail, they collected data over the summer about how the trail is being used by residents and visitors. The response to their survey was fantastic with over 500 individuals taking part and TRACKS would like to say a big thank you to all participants.

The results have now been published in a report available to view at [kinross-tracks.org.uk](http://kinross-tracks.org.uk).

This information will be invaluable in supporting applications for funding to organisations such as Paths for All to help cover the cost of further works.

As part of the visitor survey, TRACKS carried out spot checks of visitor use of the trail and estimated that it may have received in the region of 314,860 visitors in 2023.

This is a huge increase when compared to the 2014/15 survey which using the same calculation method estimated annual visitor numbers of 208,500.

To help raise funds for the repair work, posts were installed in May displaying the TRACKS donation 'QR' code at the main entrances to the Trail (donations can also be made through the TRACKS website).



A spokesperson told the *Newsletter*, 'We are delighted to announce that we have a good response with £1141 received to date, including a very generous donation from Kinross Road Runners.'

'Further donations are badly needed and will be very gratefully received. The total required to complete phase 2 of the upgrade and repair work is currently estimated to be in the region of £195,000.'

[www.kinross-tracks.org.uk](http://www.kinross-tracks.org.uk).

[www.facebook.com/TRACKSKinross](https://www.facebook.com/TRACKSKinross)

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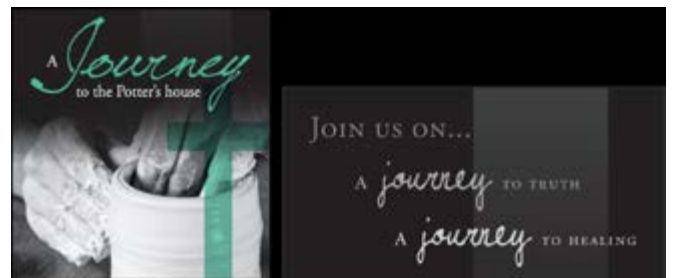
## Loch Leven Kids

Loch Leven Church meets at 10.30 am every Sunday morning in Loch Leven Community Campus.

LLC Kids meets during the main service and we welcome all children of primary school age to come and learn about Jesus through bible stories, games and crafts.

[info@lochlevenchurch.com](mailto:info@lochlevenchurch.com)  
[www.lochlevenchurch.com](http://www.lochlevenchurch.com)

Find us on Facebook:  
We Love Loch Leven



Great for adults and children alike, this presentation makes space in a sometimes crazy world to look at ourselves and others from a different perspective – come and enjoy the parable of the Potter's House. Presented by Michael Ferris, a Christian since his twenties, a navy deep sea diver, business owner and Ph.D in Counselling Psychology, he uses simple clay to show how the circumstances of our lives can be fashioned into something useful and beautiful.

*On:*  
Sunday 22nd October 2023 @ 6.30pm  
(Light Refreshments from 6pm)

*Hosted by:*

*Where:*  
Orwell Parish Church  
Ba' Hill  
Milnathort  
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For tickets and information visit [lochlevenslarder.com](http://lochlevenslarder.com)



# REDUCED OPENING HOURS FOR RECYCLING CENTRE

AS PART OF THE budget process, Perth and Kinross Council agreed at its meeting in March to savings totalling £0.270m. It did this by making changes to the opening arrangements at six out of the nine household recycling centres in Perth and Kinross.

To achieve this saving, the new arrangements, which will be introduced from 1 October 2023, involve changes to the opening hours and the days in which the recycling centres will be open.

Kinross Recycling Centre will no longer be open on Tuesdays or Wednesdays. The opening time for the centre will be to 9am-4pm with last admittance at 3.45pm.

Council data indicates that usage is lowest on these days – nevertheless, the changes, which will be implemented from 1 October, will remain under review.



While it is good news that the the centre will stay open both days at the weekends, the new early closing time of 4pm (last entry 3.45pm) is likely to be unpopular with people who have to work during the day

and who are more likely to want to use it in the late afternoon and evenings.

Our local councillors have let us know that they are in talks with council officers to see if there might be some flexibility regarding the opening hours, and have asked for more detailed data about daily usage times.

## RECYCLING OPENING HOURS

<b>Mon</b>	<b>9-4pm</b>	<b>Fri</b>	<b>9-4pm</b>
<b>Tue/Wed</b>	<b>CLOSED</b>	<b>Sat</b>	<b>9-4pm</b>
<b>Thurs</b>	<b>9-4pm</b>	<b>Sun</b>	<b>9-4pm</b>

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# TIME TO CATCH UP!

**CATCH (CLIMATE ACTION THROUGH Community Heating)** has been exploring options to move our homes, within Kinross and Milnathort, away from reliance on gas for heating, onto sources which are greener, more sustainable, and offer better and more consistent pricing for residents and businesses.

They have been running this ambitious project for a year and have made excellent progress, focused on the opportunities that a District Heating system can bring. There is now a strong set of solutions, with what looks like encouraging economic viability, gaining from industrial scale plant as opposed to individual domestic kit. Good comparators have been examined, from Denmark and more locally. They have identified and spoken with many potential partners for the scheme and are finally ready to shift from Thinking to Doing.

To support this evolution, CATCH needs more help and people with specific capabilities, ideally local people with a strong vested interest in building and supporting our community.

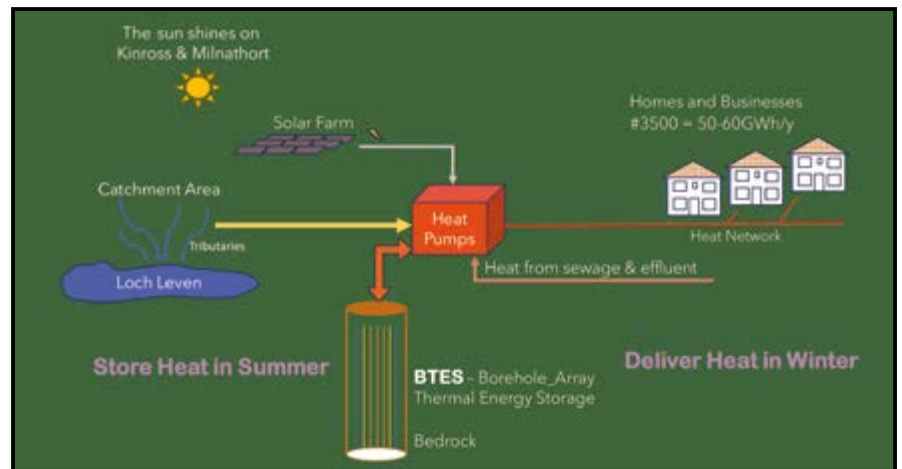
They are seeking folks with enthusiasm, some time, and skills in the following areas:

- Business models
- Investment case creation
- Contracting
- Company creation – possibly a Benefit Society or Community Interest Company
- Marketing and Communications strategy – branding/leaflets/presentations/website etc

PKC are engaged, as an essential part of the story. The CATCH logic fits with their NetZero strategy. CATCH are working closely with the Kinross-shire Partnership.

Through the autumn, they will be launching a significant survey of households in the towns, seeking to understand what gets in the way of adoption of this plan, housing stock requirements, peak demand needs and likely take up.

They are working to secure funding for commercial grade Feasibility Studies, to



raise the plan credibility prior to embarking on detailed design phases.

It is clear, not least from an investment perspective, that the infrastructure required to deliver a good District Heating system can be secured, but only if there is clear, strong pull from the community. Your voice can make a difference here. This seems something worth working towards.

A spokesperson from CATCH told The Newsletter, 'Our motivations and goals are clear. A good overall solution should:

- Offer everybody in Kinross and Milnathort, some 3500 properties, access to reliable, resilient, low-cost heating.
- Save 10,000 tonnes of CO<sub>2</sub>e emissions each year, reducing the climate burden for future generations
- Use energy from the Loch system, protecting our local heat-stressed nature reserve. Actually, any

measurable reduction on Loch temperatures would be a success.

- Bring other benefits, beyond heat, to the community making it an even more attractive place to live. There are jobs with new business opportunities and potential for funds generated to seed other local common-good projects.

We do need help, to plan the way forward, creating the company structures and investment case, and to organise and knock on doors to surface data for the Community Survey. CATCH is currently an informal association. We need to grow up and become excellent at delivery, purely serving the needs of the Towns.'

If you are interested and able to help on this inspiring voyage, please get in touch by email to [info@catch-lochleven.org](mailto:info@catch-lochleven.org). Come and make a difference!

## ALTERED IMAGES

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# BUMPER WEEKEND FOR ST PAUL'S



**NEARLY 200 ART LOVERS** flocked to the inaugural weekend of Arts @ St Paul's in mid-September – with a very special visitor in the shape of His Majesty King Charles III at the head of the throng.

Organisers of the new arts venture were thrilled when news came from Buckingham Palace that the King was to include the new arts exhibition in his tour of Kinross on 15 September.

Members of the organising committee, which includes some of the exhibiting artists, were delighted to be presented to His



Majesty as he viewed their exhibition after he had met with organisers and volunteers at Broke not Broken based in The Beacon at St Paul's Scottish Episcopal Church. Having signed the Arts @ St Paul's Visitors book the King made a short visit to the church and also went to meet with the people of Kinross who had turned out in large numbers to greet him.

During the following weekend, a steady stream of visitors poured into the hall at St Paul's where artists Pauline McGee and Kathryn Kirkwood were exhibiting their paintings alongside Tracy Mould from Goosetown Pottery and Gillian Skene from Gillian Skene Jewellery, whilst Artist Blacksmith, Jim Shears was busy shaping metal and creating sparks with his outdoor forge and anvil in the church gardens.

From now on, the Arts @ St Paul's project will see weekend exhibitions staged every fortnight until early December. Opening times are from 10am until 4pm on Saturday and Sunday with a different rotation of artists and makers on show each time.

Chair of the Arts @ St Paul's committee, Anne Taylor, said: 'We've been absolutely blown away by the response from the local community to our new arts venture. Our first weekend has been extremely busy, and we hope visitors will continue to support us in the coming weeks and months. The wonderful thing about Arts @ St Paul's is that we will always have something different for people to see – new artists and makers on rotation so the wide variety of high-quality creativity from Kinross-shire and beyond is always on display.'



So don't miss the opportunity to see future Arts @ St Paul's exhibitions, at 55 The Muirs. These will include:

**30 September & 1 October:** Painters Alain L Aitken and Greg Drumm, composite photographer Julie Close (The Wee Pixel), fused glass by Rhona Bradbury (Ritzy Glass) and homewares from Lorraine Holdsworth (Siskin).

**14 & 15 October:** Painters Iain McIntyre Younger and Richard Ibbotson, homewares designer Katie Gammie (Katiebirdie) and woodsmith David Rae (Crafty Thistle).

**28 & 29 October:** Painter Greg Drumm and digital artist Lee Scammacca, and potter Tracy Mould from Goosetown Pottery

**11 & 12 November:** Painters Hayley Mills, Anne Taylor and Alain Aitken, with fused glass homewares from Ritzy Glass, jewellery from Gillian Skene and textiles homewares from Siskin. (NB a later opening time will apply on 12 November due to Remembrance Sunday activities.)

**15 & 26 November:** Painters Kathryn Kirkwood and Barry Allan Scott, with jewellery from Gillian Skene, items combining wood and resin from Crafty Thistle, and demonstrations and metal items made by artist blacksmith Jim Shears.

**9 & 10 December:** Painters Pauline McGee and Barry Allan Scott, jewellery from Gillian Skene, stoneware pottery from Goosetown Pottery and demonstrations of artistic blacksmithing by Jim Shears.

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# THE BEAT GOES ON

## Kinross Pupils Drum Up Support From Hawick Pipe Band

**YOUNGSTERS IN KINROSS ARE** marching to musical success thanks to a donation of pipe band drums from Borders based Hawick Pipe Band.

Following an online appeal from the Scottish Schools Pipes and Drums Trust (SSPDT) for donations of second-hand drums for newly formed school pipe bands, Hawick Pipe Band offered six snares and a tenor drum to the Kinross Youth Pipes and Drums band.

Jim Beattie of Hawick Pipe Band said: 'We are delighted that the drums are going to a new, young band and that they will encourage other young learners. It is so important to keep both drummers and pipers going, to preserve our musical traditions and to pass on the skills to the next generation. We hope the drums will see the band rise to success.'

The tuition programme, co-funded by the SSPDT and PKC, launched last October with the aim of teaching young people in Kinross to play the pipes and drums. Weekly lessons are provided at Kinross High School and Milnathort, Cleish, Arngask, Kinross, Fossoway, and Portnoak primaries, and have proven to be extremely popular with pupils across all schools.

The programme is managed by the Kinross Youth Pipes and Drums voluntary committee. Stephen Kennedy, Chairperson, commented: 'The programme has really taken off and we now have over 75 pupils taking part in lessons each week. Pupils who are learning the drums have been using practice drum-pads, but many are now ready to progress further so we needed to source drums as a matter of urgency. We are so grateful to Hawick Pipe Band for their generous donation, and on behalf of all the pupils involved we thank them most sincerely.'

Mr Kennedy adds: 'The first public performance by pupils took the form of a quartet at the Scottish Schools Pipe Band Championships in March, and we are looking forward to representing Kinross Schools in more competitive and social functions going forward. It is hoped that once pupils leave school they will continue to play and apply to join the local Kinross and District Pipe Band.'



Jim Beattie (left) of Hawick Pipe Band handing over the drums to Stephen Kennedy, Chairperson of the KYPD voluntary committee.

Alexandra Duncan, Chief Executive of SSPDT said 'We were delighted to be able to link Hawick Pipe Band with Kinross Youth Pipes and Drums (KYPD). New pipe band drums can cost up to £800 each so this is a tremendous boost. We are pleased to be working with KYPD to provide the free loan of pipes, practice chanters and practice drum-pads, and to co-fund the programme with PKC. The Trust would welcome partnerships with other Councils and/or directly with schools to boost tuition to meet demand.'

Funding and instrument loan enquiries can be made at: [www.sspdt.org.uk](http://www.sspdt.org.uk).

## GLENFARG COMMUNITY TRANSPORT GROUP



Kinross-Glenfarg		Booking Number: 0845 605 5955				
Monday to Saturday	55	55	55	55	55	
	Not Sat					
Kinross, Park & Ride	0745	0845	Every hour	1645	1800	
Campus	0753	0853	"	1653	1808	
Milnathort, Church Street	0755	0855	"	1655	1810	
Glenfarg, Greenbank Road	0805	0905	"	1705	1820	
Glenfarg-Kinross						
Monday to Saturday	55	55	55	55	55	
	Not Sat					
Glenfarg, Greenbank Road	0710	0810	Every hour	1610	1710	
Milnathort, Church Street	0720	0820	"	1620	1720	
Campus	---	0822	"	1622	1722	
Kinross, Park & Ride	0730**	0830	"	1630	1730	

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# BEFORE THE WATERS RISE

## South Kinross Flood Protection Scheme Exhibition: Thursday 5 October

**KINROSS HAS SUFFERED FROM** flooding for a long time, with the first recorded flooding in 1852. You may recall the significant flood events of January 1993, December 2006 and February and August 2020. The main flood risk for Kinross comes from three sources: the South Queich, the Gelly Burn and the Clash Burn.

PKC have now engaged consulting engineers who have undertaken detailed modelling work to understand the risk of flooding in these areas.

The risk of flooding is shown on the map opposite. The blue shading indicates the area that could be affected in a 1 in 200-year flood, which is a much rarer event than the estimated 1 in 50-year flood which we saw in February, 2020.

They say that a wide range of potential options have been looked at in order to manage the flood risk including walls and embankments, dredging, a diversion channel, flood storage and natural flood management.

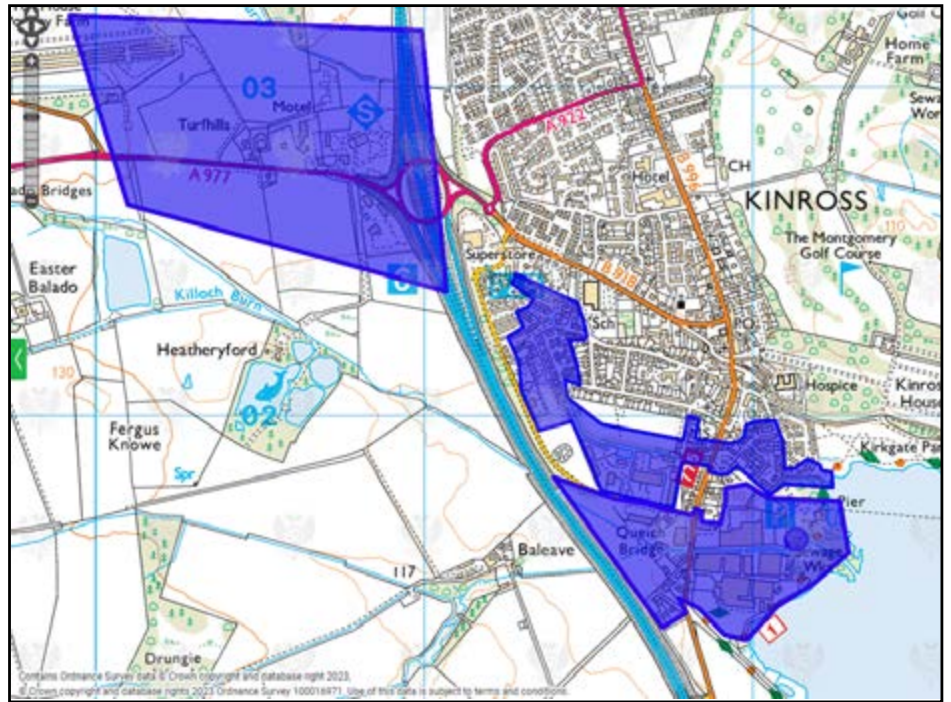
The proposed scheme is intended to protect properties up to the 1 in 200-year flood event, but remains subject to community consultation, statutory consents and the availability of sufficient funding.

Work on this flood scheme has been delayed for various reasons (they mention high staff turnover, and the need to divert staff resources to respond to other flood events).

However, the Council are now ready to consult with the community. A public exhibition was held in Kinross Parish Church on 28 September and another will be held on Thursday 5 October 2023 from 2pm to 8pm.

This will consist of community drop-in sessions and will provide information on the outline design of the flood scheme, including the proposed flood defence types, alignments, heights and indicative finishes.

Officers from the Council's flooding team and the consulting engineers will be there to answer questions. It is anticipated that representatives from SEPA will be present to provide advice in relation to their flood warning services and flood risk management plans, and the Scottish Flood Forum will be present



ent on Thursday 5 October to provide advice on flood protection products.

Comment forms will be available. The proposals will also be available to view online at [www.pkc.gov.uk/southkinrossflood-scheme](http://www.pkc.gov.uk/southkinrossflood-scheme). PKC have been consulting with individual landowners and engaging with key stakeholders.

Following the exhibition, the Council will collate questions and comments and provide a response in a report which will be made publicly available. Where possible, the proposed scheme will be amended to address local concerns. They will then seek to publish the final proposals under the Flood Risk Management (Scotland) Act 2009. Thereafter, they will progress the detailed design, tenders and construction. For more information contact [SKinrossFloodScheme@pkc.gov.uk](mailto:SKinrossFloodScheme@pkc.gov.uk).

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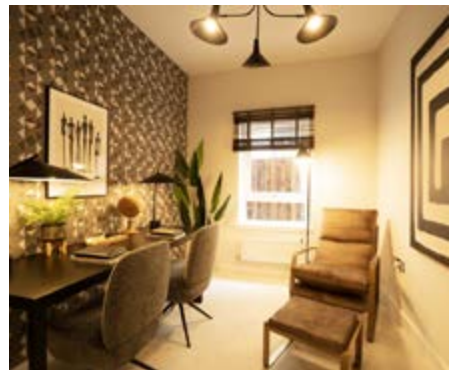
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# FUN IN THE SUN AT FOSSOWAY!



**A SUN-DRENCHED** park in Crook of Devon welcomed a huge number of visitors in September to the 2023 Fossoway Gathering.

Growing year-on-year since its resurrection in 2019, the Fossoway Gathering is the pre-eminent celebration of community activity and engagement across the Fossoway communities of Blairingone, Carnbo, Crook of Devon, Drum, Powmill and Rumbling Bridge.

The event was officially opened by Lucinda Russell OBE, Scotland's pre-eminent National Hunt trainer, of Milnathort-based Lucinda Russell Racing. The Guest of Honour was presented with a hamper of local produce, suitably decorated in the colours of her 2023 Grand National winner Corach Rambler.

Lucinda welcomed a piper-led parade of young people into the arena. Organised by Fossoway PTA, the participants came in Scottish Hero-themed fancy dress. In the face of stiff competition, Lucinda judged the winner to be in costume reflecting Scottish Rugby hero the late, great 'Doddie' Weir.

The Gathering provides a brilliant opportunity for local

groups to promote their activities, generate much-needed funds and attract volunteers. Thirty-seven stalls, static displays and refreshment outlets filled the marquees and grounds of Waulkmill Playing Field, offering a vast range of activities to suit all interests, from tombolas, games and quizzes to books and burgers. The fun fair was in full swing all afternoon. Classic cars, racing cars, the fire brigade and Ochil Mountain Rescue vehicle sparked imaginations as well as being informative. The young and not so young were enthralled by the animals displayed by Farmer Dawes, with the new born kid pygmy goats stealing the limelight.



Photos right, below (goats) and p19 (dancers) Linzi Sim  
Photo (bottom) & p19 (llama): Alison Farrelly  
Aerial photo p19: Robin Chisholm



The packed programme of activities in the arena included dance performances from Dance Connect, Centre Stage Performing Arts and Highland dancers from the Dillon-Bray School of Dance; a touch rugby display from Kinross Rugby Juniors; children and youths fun run organised by Kinross Road Runners; and a programme of children's races. The inaugural Fossoway Gathering

Pet Parade was a big hit, attracting a huge number of entries, with judging undertaken by David Black of recently opened Pawmill Dog Park.

An eclectic programme of musical entertainment, including modern jazz and ceilidh music was provided by KYTHE (Kinross Youth Enterprise) and local group Wind Chill.

Chairperson Jim Duffy said, 'None of this could happen without huge community effort and support and to that end it was great to have Jim Fairlie MSP and Cllr Richard Watters visit the Gathering to appreciate the scale of community engagement. Thanks to the many other individuals who came forward to help with site set-up and take-down and other vital services on the day, including the 2nd







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Dunfermline Scouts who looked after traffic and car parking and Ali and Linzi for creating a pictorial record of the event.

We were once again overwhelmed by the generosity of individuals and businesses who boosted our funds through advertising, supplies and the donation of so many incredible prizes for the Gathering Raffle and the Big Prize Draw. Thanks also to the National Lottery Community Fund Scotland for funds enabling us to add two new marquees to our stock of equipment for the Gathering and wider community use.



## HIGH STREET SEWING

### \*IMPORTANT NOTICE\*

I'm taking a long break and will be closed 3 September – 15 October.

New available hours from 16 October:

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Special thanks to the incredible team of Fossoway Gathering Committee volunteers who made it all possible. Their planning and hard work over many months was rewarded by a hugely successful fun-filled day in the sun! Anyone interested in volunteering with us will find a warm welcome and fun and friendship along the way.

We strive to make the Gathering stronger every year. We'd love to have feedback on this year's event and ideas for next year's programme. Do get in touch with us on Facebook @FossowayGathering. There are still some prizes yet to be claimed. Check out the winning numbers on the Fossoway Gathering Facebook page.'

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**Late night Gather & Gab**  
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Open late, small plates & BYOB

**Kids Spooktacular afternoon tea**  
October 7th - 31st

**Milnathort Filmhouse**  
Pre-film nibbles  
October 28th, open until 8pm

**Late night Gather & Gab**  
November 3rd: 6pm - 9pm  
Open late, small plates & BYOB

**Wreath making workshop**  
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November 29th: 6pm - 9pm

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# HYDRO SUPPORTING FOSSOWAY YOUTH

The Fossoway Community Benefit 'Hydro' Fund is operated by Fossoway and District Community Council with funding support from Rumbling Bridge Community Hydro Society



**THE LATEST GRANT AWARD** from the Fossoway Community Benefit 'Hydro' Fund will support youth work activity in Fossoway over the new 12 months.

KYTHE (Kinross Youth Enterprise) received a grant of £1,800 towards the costs of delivery youth work outreach activities for 11 to 19 year olds, chiefly during school holiday periods during the year to September 2024.

Sessions delivered largely in Crook of Devon will be a real boost for young people in Fossoway, where limited transport links can be a barrier to accessing youth work activities elsewhere.

The Fossoway and District Community Council receives annual funding of £5,000+ from the Rumbling Bridge Community Hydro Society to be applied for community benefit within part or all of the Community Council Area, embracing the communities of Blairingone, Carnbo, Crook of Devon, Drum, Powmill and Rumbling Bridge.

The grant scheme is open to local community groups that may be registered charities, unincorporated associations or non-constituted groups of residents coa-

lescing around a common interest. Applicants must be able to provide evidence of the need for their project and demonstrate community benefit.

For further information on eligibility and funding visit our website <https://www.fossowayfund.org.uk/> or drop us an email to [fossowayhydro@gmail.com](mailto:fossowayhydro@gmail.com).

## Oldies And Goldies At The Milnathort Film Club



**OVER 80** Kinross-shire pensioners enjoyed a highly entertaining afternoon at Milnathort Town Hall as guests of the Milnathort Filmhouse. They were delighted to watch the 1952 classic 'Singin' In The Rain' followed by a sumptuous afternoon tea provided by Heaven Scent.

**Milnathort filmhouse**

This was the first in a series of proposed community screenings to take place throughout the year organised by the Milnathort Filmhouse committee. Susan Britton, Chair of the Orwell 70+ Club in Milnathort, said 'Members were treated to a very special and fun afternoon. For many it had been a long time since seeing a movie on 'the big screen', so it was a real treat! It truly was a wonderful afternoon showing the amazing community spirit of Milnathort at its best. Working with Milnathort Filmhouse to bring everyone together was a pleasure and is what village life is all about. We are very much looking forward to the next collaboration!'

## GOLF PARTNERSHIP

**STIRLING UNIVERSITY AND** Muckhart Golf Club have announced a partnership that will see some of the best young British talent gracing the Muckhart fairways.

The Stirling University golf programme has gone from strength to strength in recent years. The unique challenges of Muckhart Golf Club's three nine-hole courses will test even these outstanding players. President of Stirling University Golf Club, Ben Goldup, said 'Everyone connected with the SUGC are delighted to have Muckhart as our new home club.'

In Muckhart the news that so many young, talented golfers will descend on the golf club has been well received by club members. Operations Manager Joe Watts told the *Newsletter*; 'We are delighted to welcome Stirling University Golf Club to Muckhart'.



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# SWING KING IS IN THE GUINNESS!

**YOU MAY REMEMBER** the *Newsletter* report when Kinross's own Richard Scott swung into record books by spending 36 hours and 32 minutes on a swing at Loch Leven's Larder. As a child he read the Guinness World Record Books avidly, and he had always wondered what the longest time spent on a swing was. He said, 'But then I grew up and stopped playing on the swings so didn't do anything about it.'

Richard was in the park with his then 10-year-old son, Alasdair when the idea took hold. He googled what the record was - 34 hours? And said 'I could do that!'



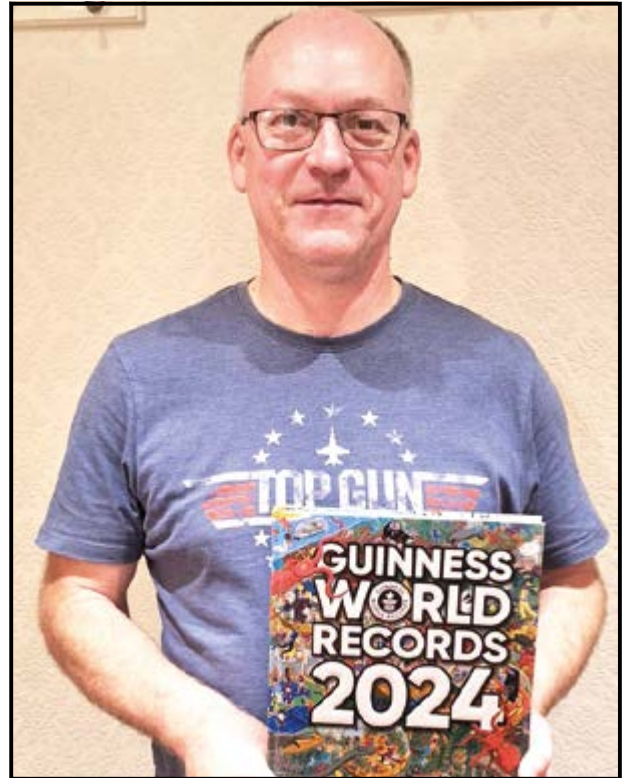
Richard trained for six months for the event running, swimming and practicing karate. He staved off boredom thanks to numerous visits from friends who came to talk to him as he swung.

His amazing feat has now appeared in the newly published Guinness World Records 2024 edition. Richard said 'It was fun but the pain was really bad, that was the most difficult thing. The support from everyone made it so much easier. If someone was to break my record, I would do it again. I know what to expect now.'

So what is next for Richard? He told the *Newsletter*, 'I have asked GWR if they

would consider creating a new record involving bagpipes and a bicycle. If I get the go ahead I would attempt it in May next year, 2 years after my last record.'

Well done, Richard!



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# CIVIC TRUST CONCERNS OVER PIER DEVELOPMENT PROPOSALS

IN A LETTER TO Planning and Development Management at PKC, the Kinross-shire Civic Trust have stated their concerns about the following planning application: 23/01366/FLL Erection of a ticket office, staff welfare/storage unit, workshop and canopy, Loch Leven Fisheries, Pier Road, Kinross, KY13 8UF.

In their letter they state, 'One of the gateways to the Loch Leven Heritage Trail is in this locality... It is therefore a location of



considerable importance and sensitivity. The proposed ticket office and welfare portacabin are ugly utilitarian structures which do not befit this sensitive location. They suggest that this is a place of low value. It is disappointing that Lochleven Castle is being represented in this way.'

They suggest that if the ticket office has to be served by a portacabin and not in the original office/shop, that it should be moved to a different location.

'We suggest it be positioned on the two most easterly parking spaces... another possibility is that the portacabin could be positioned in the same area as the public toilets and Nature Scot office.'

They say that the 'large dilapidated sign for a previous restaurant and shop' should be removed.

The Trust are querying the accuracy of the site plans with regard to the proposed removal of two trees. They say, 'The only information regarding the trees proposed for removal is some text on drawing 04, which states: *Trees identified for felling: TBG 2.40 Fraxinus excelsior (Ash) - showing signs of Chalara Ash Dieback TBG 3.60 Sambucus nigra (Elder)*'

'No tree survey appears to have taken place... Trust representatives are particularly concerned that drawing 03 appears to have marked a healthy mature Beech for felling instead of the Elder. We do not believe the Elder has been marked on the drawings.'

They go on to state, 'The Trust certainly believes it would be wrong to fell healthy

trees merely to make way for the portacabin when there are so many other siting options available.

The Trust give the following reasons for their objection:

- It is contrary to Policy 1A (Placemaking) of the LDP because the siting of the portacabins will not contribute positively to the quality of the surrounding built and natural environment. The design and siting of the development does not respect the character and amenity of the place.
- It is contrary to Policy 1B(b) (Placemaking) of the LDP because the design does not complement its surroundings in terms of appearance.
- It is contrary to Policy 40A (Forestry and Woodland Strategy) of the LDP because, due to lack of evidence and information, it cannot be ascertained that the trees are being protected and managed well. Indeed, a seemingly healthy, mature Beech tree is at risk of unintentional felling due to an inaccurate drawing.
- It is contrary to Policy 40B (Trees,

Woodland and Development) because, at the time of writing, no tree survey undertaken by a suitably qualified professional has been provided.

Despite the concerns, they go on say, 'If the ticket office is re-sited, this application could be acceptable. The Trust believes it



would be very beneficial for tourism if there were an interpretation centre in the vicinity of the pier giving information about the historical significance of the loch as well as information about its ecological value. This would be valuable particularly in the late autumn and winter months when the ferry to the castle does not operate.'

Kinross Community Council has asked for an extension to the comments deadline, in order to consider its own response.

## AMAZON BESTSELLER FOR ROWAN!

FOLLOWING THE RECENT sell-out performance of her new work, *The Witches of Culross* (inspired by the true story of a mother and daughter who were both executed for witchcraft), local author and renowned Scottish storyteller Rowan Morrison will perform an evolved version as part of this year's International Storytelling Festival.

Of those horrors little more now remains than difficult-to-decipher records and the ashes of bones recorded in dry academic textbooks. Rowan



(left) believes this serves to keep the horrors of the persecution of women at arms' length. But as a storyteller, she believes stories live on in hearts and minds.

The story came from research for a collaborative performance at the 2022 Storytelling Festival.

Turning the oral performance into a book required a leap of faith on her part, but *The Witches of Culross* is now a bestseller on Amazon, available on Kindle, in paperback and in hardback.

Although written in English, Rowan has retained the authentic and incredibly beautiful Scottish vernacular for its limited dialogue. To guide the reader, a dictionary of the Scots and Gaelic words is provided at the back of the book.

As the nights draw in, pour yourself a wee dram and step back in time to the sights, sounds and smells of the cobbled streets of seventeenth-century Culross, and bear witness to this story of intergenerational witch persecution.





# THE KING IN KINROSS



**THERE WAS A PALPABLE** air of excitement in Kinross when news broke that His Majesty the King was to visit on Friday 15 September. It has been 62 years since the last Royal Visit, of Queen Elizabeth and Prince Phillip.

The streets were lined with people around St Paul's, his first stop, and also along the High Street, with a genial atmosphere among the crowds.

His Majesty arrived at Kinross House Estate by helicopter and was driven to St Paul's Episcopal Church where he was received by the Lord-Lieutenant Of Perth And Kinross, Mr Stephen Leckie. Here he met the Provost Xander McDade, Deputy Lord Lieutenant Andy Middlemiss and local councillor Willie Robertson.

He then visited our local Foodbank, Broke not Broken. Anyone who has visited or heard them talk about what they do, knows that limiting them to 5-10 minutes was always going to be a challenge. We asked Annie McCormack from Broke not Broken to tell us a bit more about the visit. She was keen to share what happened behind closed doors, for all the community to feel a part of.

Annie greeted the King in the line-up and Clare Slight, a founding co-member of the group, was introduced to him. Annie then attempted to take the King into the foodbank, but he instead detoured over to a crowd that had gathered at the rugby club car park. He chatted with people, children and a gentleman in a mobility scooter.

Once in the foodbank building he met Danielle Ramage, project co-ordinator. He was particularly interested in the isolation and mental health impacts linked to living rurally and when experiencing poverty, as well as how much dignity is put into each food parcel. We talked about the importance of offering supermarket vouchers and the dignity and choice that gives back to people. Danielle talked about the importance of the family away days and our women's group in building peer support and accessing cultural experiences.

The King presented a hamper of food for the food bank, which will be passed on to a local family. Annie took him out to the back garden, on the way he stopped to chat to our neighbour who ap-

peared over the fence to say hello. Susan Mitchell showed the King the garden, started by Rory Stewart back in 2016, and developed and nurtured by her and others into a mature and productive space. She proudly discussed that HER potatoes had no blight this year and the benefits of growing Duke of York potatoes, and the King commented how well the leeks were looking.

The King met Yvette Noble who discussed the school uniform bank and our parents and tots group, specifically the baby bank, and he asked if those items are donated or if we have to buy them all (we have to buy them). Kate Dryburgh our volunteer co-ordinator then chatted about how many volunteers are involved. The King commiserated that organising a rota for that many people must be tricky.

Annie told us, 'We were lucky to have Dr Armstrong and two pupils from Kinross High School, Finn and Adam, all who have been heavily involved in food collections and community support for years, who were able to share their experiences with the King.

'Whilst the whole visit to Broke Not Broken lasted ten minutes, our thanks to the many people who were involved in its planning







– the police (big shout to Reg the search dog) local and regional, the press, the team from the King's office, and the local community, and Andy Middlemiss who oversaw the whole operation.

Although both the local MSP and MP were unfortunately ill and could not attend, we would love to invite them both to come and visit us and find out about what we do in the future when they have recuperated. We were really pleased after the visit to welcome a lot of volunteers to the Beacon for tea and cupcakes and a full de-brief. And now it is back to work. And

that work is still hard, because we want to make sure that the next time the King comes to Kinross, that there is no food bank for him to visit.'

His Majesty then went into St Paul's Church Hall to see the Art Exhibition and met some of our talented local artists. Organisers of the new arts venture told The Newsletter they were thrilled when news came from Buckingham Palace that the King was to include the new arts exhibition in his tour of Kinross on 15 September.



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- 25 & 26 November
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\*Later start time of 11.30 am on 12 November due to Remembrance Sunday





His Majesty signing the visitor's book at the Art Exhibition in St Paul's Church  
(Photo: Perth and Kinross Council)

Members of the organising committee which includes some of the exhibiting artists, were delighted to be presented to His Majesty as he viewed their exhibition. Having signed the *Arts@St Paul's* visitors' book The King made a short visit to the church and also went to meet with the people of Kinross who had turned out in large numbers to greet him.

His Majesty walked from the roundabout at the top of the High Street to the Kinross Day Centre, engaging with the public, including pupils from local schools along the route. The Kinross And District Pipe Band played.

'It's not every day the King visits Kinross,' a local resident told us, delighted to have shaken hands with The King.

Children from Swansacre playgroup were excited to be sitting on shoulders to see above the crowds and to get the chance to chat with the King.

His Majesty met Deputy Lieutenant Jamie Montgomery and the Chairman Of Trustees of Kinross Day Centre, Rev Alan Reid as well as Manager Nan Cook. Accompanied by Reverend Reid, he met and spoke to volunteers and service users in Kinross Day Centre, who were delighted that he was visiting, though he did apologise for holding up their lunch.

## BEHIND THE SCENES

**OUR FIRST REACTION ON** being asked to host His Majesty the King to a visit to Kinross was one of huge excitement, and pride that he had picked us, of the hundreds of smaller communities in Scotland to visit. He obviously reads the *News-letter*, and saw what a fabulous place this is! Then, we thought we must get as many local groups involved as we could, to have a say in the planning – Community Council etc. However, the Palace and Police Scotland put an immediate secrecy/security embargo on it all, and we were told to keep it really tight. That changed everything. So a very small planning group was formed by the Lord Lieutenant. So much to think about, so much to get right, so much initial secrecy too... dying to tell everyone, but we couldn't – quite a challenge.

We decided we had to take one lead of each charity to be visited into our secrecy confidence, and start the process. We only had 90 minutes to get it all in... it was tough. It's been even tougher reducing those to actually meet HM to a small number, because of time. Leaders were really understanding about this, and kind to us, as the Palace once again said the numbers of introductions have to be cut. We meet nothing but cooperation. Their only replies were CAN DO... fantastic. The Palace reasons were that HM likes to chat, so if he sees ten in a room, he WILL talk to them all – the clock gets beaten, and his subsequent visits are knocked back or late. The planners know their man – he is chatty, loves engaging with people, and having a bit of banter.

Broke not Broken is tiny inside so that



actually helps – as all the entourage simply cannot all squeeze in, allowing a much more intimate meeting with volunteers. We invite the High School to send two sixth formers and a teacher to the Peace Garden – those who had volunteered before.

One example of making things work... Kinross Primary School has roughly 450 children, and 60+ staff, all of whom we'd have loved to get in behind the barriers at the High st, but Police Scotland were not able to guarantee viewing spots for them. They suggested we can only spread them about the Green Hotel area, and that way they will all get a view of the King. The HT and her staff are fabulous in their help planning all that, and telling the families. It's all a balance between safety, security and allowing

the public to see His Majesty. Cleish – similarly – stand opposite St Paul's and you'll get a great view.

ARTS@STPAUL'S had very cleverly timed their first day exhibition opening, totally coincidentally, on the day of the King's visit – brilliant! Their exhibits are stunning. The church hall looks fabulous. HM loves it and is fascinated by the art and the talented artists and makers. It is agreed HM will sign their visitors' book. On the day, his own pen doesn't work, but our one does! And the church has had a major spruce up, though still needs many restorative things doing, involving large sums to fix.

The Day Centre is buzzing. Their volunteer team, seeing the large recce party, thought it must be council officers plan-



## WHO MET THE KING IN THE DAY CENTRE?



*His Majesty The King  
with Lord-Lieutenant Of  
Perth And Kinross,  
Mr Stephen Leckie.  
Photo: PKC*

### CURRENT SERVICE USERS

**Cath Mearns:** was a volunteer for many years.

**Campbell Thomson:** As a young man in the Forces, he was in attendance at King George's funeral.

**Katherine Mabbott:** Has attended the centre for around nine years.

**Edith Malkison:** Edith has been a service user for 14 years and a member of the committee for around 5 years.

### STAFF AND VOLUNTEERS

**Ailsa Smith:** Ailsa's Father Sir Alan Smith was instrumental in starting up the centre 40 years ago.

**Jean Erskine:** Jean was a valued member of the committee and a volunteer for many years.

### LONGEST-SERVING STAFF

**Isobel Gardner:** Started work in the centre as a young girl nearly 37 years ago. She is now Assistant Manager/Senior Cook.

**Yvonne Cook:** Born in Kinross, she has been involved in the centre from childhood as she is Nan's daughter. She has been with the centre for 17 years and is now the full-time cook.

**Nan Cook:** Current Day Centre Manager who was born in Montgomery Street. Nan has worked in Kinross Centre for 32 years and received a BEM in the Queen's Birthday Honours list in October 2020.

## OF A ROYAL VISIT

ning some renovations! A lovely plaque to commemorate their fortieth anniversary is covertly made at the Hardware Store – another secret to be kept for a while.

CHAS would like to present two staff and two brave families to HM – Wonderful.

Finally, it's out – the Palace say we can publicise it – and a big sigh of relief all round – we can talk about it openly. The word rapidly starts spreading. We paint, we garden tidy, we try to get the council to replace manky old street signage, we hang pictures with the art team, we wash windows, we deep clean an old church's interior, we move junk, we polish brasses, garden planters are very generously loaned by Caulders for the church area, a most beautiful flower arrangement is created in the church – all in all, very useful exercises in themselves! We start getting a lot of requests for differing things. We reply to loads of special '...but what about this, and that, my appointment / my train etc etc'. We visit all the shops and outlets (ones that were open that day) in the High St area to make sure they know timings, and talk through with them what it means for them.

Inevitably, sadly, we get some gripes. *Why isn't HM coming to us, our group, our this/our that? We always get overlooked on Royal visits...* not true – the last visit by the Sovereign was in 1960! Well, we're really sorry – we only have 90 minutes, that's all – it can't all be done. Read this *Newsletter* – every group within its 100 + pages could have been visit starters – but impossible. So it remains as the three key charities in Kinross, who were

to be visited at His Majesty's request, and what a thrill this is for our small, vibrant community.

His Majesty likes four-line biographies and photos of those who he will actually meet, and shake hands with – but we couldn't tell those involved at the beginning why we wanted their photo!

The Palace recce team were large in number, totally charming, and gently firm. They know how these things go – some of our ideas were politely resisted, but mostly they only wanted to do what we in Kinross wanted.

The delightful Personal Protection Officer (PPO) told us it remains his daily honour and privilege to do this. You always see him on TV, a yard or two only from HM's side. His eyes were everywhere, looking for possible areas of threat. *What's in there – where does that door lead to, etc?*

The police teams came and sealed off man-holes in streets – leading to rumours of grisly

murder in Kinross, and that they must be looking for blood or DNA.

D Day minus 2: Early evening and the phone goes. It's the Palace, working their usual long hours, offering a gift from The King to Broke Not Broken. It will be delivered on D Day minus 1. How kind and thoughtful is that?

This has been an enormous thrill and honour to be part of. We pinch ourselves – did this really happen?

We had a great visit by our King. He was a trouper – he chatted, dived into crowds, went off the programme a few times, but was funny, personable, amusing, and thoroughly professional. More will be said elsewhere about the actual visit, but all our plans paid off – it was safe, it was fun and it was an honour.

### GOD SAVE THE KING

ANDY MIDDLEMISS BEM DL  
JAMIE MONTGOMERY DL





His Majesty meeting Kathryn Kirkwood, local artist  
(Photo: Perth and Kinross Council)

Nan explained to the King what the centre did for the local community by offering a warm welcoming environment where people could come to enjoy good company a delicious three-course meal and a variety of activities. Nan gave the King a tour of the centre: he met cooks Isobel and Yvonne, Ailsa a volunteer, and spoke to service users Kathy Mabbott, Campbell Thomson and Cath Mearns, who all said the King made them feel at ease and showed great interest in what the centre did.

One of the service users, Christine Dawson, who has fond memories of meeting the Queen Mother, told the *Newsletter*, 'I was awfully thrilled to meet him!'

He then spoke to two CHAS families, a staff nurse from Rachel House and a CHAS retail volunteer who had come to join in the celebrations.

The first family were Claire and Richard Neary from Broughty Ferry and their twin daughters Orla and Caoimhe, both 7. Orla has a number of health vulnerabilities, including developmental delay. Orla is not able to communicate verbally but is very able to express her wishes and needs in other ways. Her family describe her as 'a bundle of fun and cheekiness'. The family are

Lynda Millar, Freya Bown, the Neary family and the Hughes family at Kinross Day Centre where they met The King. Photo: CHAS

supported by Rachel House where they regularly enjoy respite stays. Dad Richard said: 'It was such an honour to meet King Charles and such a special day for us all as a family. He shook our hands and put us at ease straight away and asked about how Orla was supported by CHAS and also asked about her communication needs.'

'He was very interested in the work of CHAS as a whole and we told him about all the ways in which the charity supports us. He chatted to Caoimhe for a while too and complimented her on her curtsy, saying it was very good which she was delighted to hear as she had been practicing lots beforehand! We also told His Majesty that she loves the royal family and was glued to the television for his coronation.'

Both girls gave the King some royal artwork they had made at Rachel House.

The second family were Jenni and Rick Hughes and their daughters Izzy (8) and Juliette (8 months) from Linlithgow. Izzy, who is also supported by Rachel House and the CHAS at Home service has a mitochondrial disease and is dependent on a ventilator via a tracheostomy full time. Izzy attends school and loves music and drama and she loves her two pet dogs. She gifted the King a special painting of a butterfly made with her footprints.

Mum Jenni said after meeting the King: 'We were honoured to meet King Charles. He took the time to have a really good chat with us and was asking lots about Izzy and how she is supported by CHAS. We told him about how wonderful CHAS is to us as a family and how we all enjoy respite stays at Rachel House. He also spent some time chatting to Rick about his job in the RAF. It was a very special day.'

CHAS retail volunteer Lynda Millar from Milnathort who has been a volunteer for CHAS for the last 16 years said: 'It was a special honour to have been invited to meet King Charles and to represent CHAS as a volunteer. I was a little nervous but he was very warm and put me at ease straight away. It was lovely to see him chatting to the children and the families and learning all about how they are supported by Rachel House and by CHAS.'

Lynda has held a number of volunteer roles with CHAS over the years. She currently volunteers in one of the two CHAS shops












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Photo: Jenny Beveridge

in Kinross and is one of the longest serving volunteers in Kinross. The staff and volunteer team in the shop have raised over £30,000 since the start of April 2023 for the vital work of CHAS. As a CHAS letter-writing volunteer, Lynda regularly writes to two

siblings who use the CHAS hospices. She also raises money for CHAS as part of the Kinross Friends of CHAS group.

Freya Bown, Staff Nurse at Rachel House said: "It was a real honour to have been invited to meet King Charles. He was really interested in hearing about my work as a nurse and the work of CHAS and said thank you when I handed him a gift of a certificate of his name in the CHAS brand letters. It was lovely too that he spent so much time chatting to the children and the families and learning all about them and how they are supported by Rachel House and by CHAS. It was a very special day for us all."

The Reverend Alan Reid said a few words and invited His Majesty to reveal a plaque to commemorate the 40th anniversary of the Kinross Day Centre. The King unveiled the plaque and Reverend Reid invited the audience to give three cheers to The King. His Majesty then bid his farewells to the crowds outside and departed by car from the High Street.

Spirits were high, and the visit was been enjoyed by all and will no doubt be talked about for a very long time to come. It was a wonderful way to kick off celebrations for the day centre's 40th anniversary!



Photo: PKC





# 40 YEARS AND STILL COUNTING!

*The Kinross Day Centre is celebrating its 40th anniversary of helping the elderly community in Kinross.*



**IN SUMMER 1983 PEOPLE** were getting excited about the new Church Centre that was soon to open in Kinross. As a result of the union of the East and West Churches this was made possible through hard work and fundraising. As well as for church use, the building was to be a Day Centre with a committee of church and non-church members, including some members of the Community Council.

With a background in the Voluntary Sector, having been Volunteer Coordinator for Hospitals in Perth and a member of Perth Council for Disabled, I applied for the Manager's post of the new Day Centre. The committee had acquired funding from local and other trusts, and had also secured funding for staff through the Manpower Services Commission. Along with Cath Soper, who was appointed as assistant manager and Nancy Clark as

cook, there were other posts for 1 year duration, also funded by MSC. This scheme was put in by the government to try to alleviate unemployment, and to give training to school leavers with the Youth Training Scheme (YTS).

The committee had been proactive in contacting health pro-







professionals, social work personnel and many of the local clubs and associations to find out how they would like to be involved with the new venture. There was great support from local businesses, especially Todd and Duncan, and there was ongoing support from Sir Alan Smith.

The positive response to the Day Centre was overwhelming, and within a very short time after opening there was a very full programme catering for all ages and interests. The coffee bar brought in locals and visitors. The soup and pancakes soon got gold stars! With a bus which was acquired through Help the Aged, older people were brought in from all over Kinross-shire and Glenfarg. At first older people were shy to come. To my surprise one of the first to use the bus was Sister Blyth whom I had known from Edinburgh Royal where I had been a student nurse. All the nurses had been scared of her, but I was soon to find the softer side of Barbara Blyth.

Kinross Day Centre soon got the reputation of being ahead of its time. As well as regular daily lunches for older people, with some after lunch activities, there were also exercise classes, a stroke club and a chiropody service. Using the talents of the many volunteers to lead groups, there was an aerobics class, a portrait

drawing class, a café Français and a mother and toddlers group. Popular with widowers was a make do and mend class where they could get help to get the hem back upon their trousers, or even to get their favourite socks darned.

It was a time of great unemployment when the Centre opened and newspapers were scanned regularly at the jobs pages, which is how the Reading Room got its name. After a few months someone suggested a Weekly Mid-week Service led by local clergy, and though some of the committee thought it wouldn't take off, it is still going strong, and for some it is the highlight of the week. With the bus, outings were possible, including to the much loved canal trips and the first Day Centre holiday to Pitlochry in summer of 1984. Once a month there were lunches for volunteers with a speaker, and I know they were enjoyed by these attending.

Our oldest member was Archie Renton. At the Centre he was reacquainted with a fellow soldier, Neil Dunn. They had both been in the same trench in Gallipoli during the First World War. Another amazing coincidence was that Margaret Kemp who, during the late 1920s, had lived with her family in Wood Green, London, remembered that while in the domestic science class they had put scones on the windowsill to cool. One of the few English users of the Centre, Bill Briton, remembered being at that same school and sneaking out of the woodwork class to pinch the baking. Mrs Kemp's daughter is now a regular attender of the Centre 40 years on! The living memories group was very popular, and it was great to hear the old stories. There was regular entertainment too, with the highlight being Jimmy Shand and his band coming to play at Archie Renton's 100th Birthday celebration.

No one expected the Day Centre to be such a success so quickly. The small kitchen was at the back door, now a store room, and there was no garden room. Kinross has been so blessed to have the Day Centre. For me it was a great privilege to be the first manager and I am delighted to say that soon after, long term funding was put in place.

With much more emphasis on care in the community than there was 40 years ago, the Centre has continued to develop under the leadership of Dorothy Shorthouse, and now Nan Cook and her amazing team who go the extra mile.

Helena Cant MBE



A letter printed in the Newsletter in 1983



# KADAC Show

**ON THE EVENING OF** Friday 8 September, around 70 Kinross And District Art Club members and guests welcomed Perth & Kinross Provost Zander McDade to the Annual KADAC Art Exhibition held at the wonderful venue of Cleish Village Hall. For a full report on the evening, see the KADAC report in the Clubs section of this *Newsletter*.

After opening the Exhibition, Provost Zander McDade was presented with a painting and card by artist Dallas Key



Margaret Dewar and her craft table



Angela Walker, and Tiger Sanctuary







Provost Zander McDade  
with Robin Kent and his  
*Girl In Blue*, one of the  
highlights of the show



Stewart Niven and  
*Breaking Wave*  
another show  
favourite



Mags Gray,  
and *Tulips 1*





## OCTOBER STREET TRADING

CROOK - VILLAGE HALL CAR PARK

SATURDAY 7<sup>th</sup>

GLENFARG - VILLAGE HALL CAR PARK

SATURDAY 14<sup>th</sup>

MILNATHORT - STEWART + SMART GARAGE

THURSDAY 19<sup>th</sup>

PORTMOAK - CHURCH CAR PARK

SATURDAY 21<sup>st</sup>

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SATURDAY 28<sup>th</sup>

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## You will need:

### SERVES 2

200g hot smoked trout (or salmon)

1 sliced spring onion

1 tbsp mayonnaise (I use Kewpie)

1 tsp capers

1 tbsp pickled red onion

2 tbsp salsa verde

### METHOD

Ideally you'd leave pickled onions for a day or two to allow the flavours to meld together a little. But by preparing them this way, they'll be ready to eat just as they are. Slice a red onion and soak it in boiling water for a few minutes to soften. Take 100ml red wine vinegar, 1 star anise, a few mustard seeds and 2 tbsp caster sugar. Heat those until the sugar has dissolved and add the drained onions.

To make the salsa verde, just take whatever soft herbs you have to hand – I used flat leaf parsley, a few mint leaves, coriander and chives – chop those finely and mix with 2 minced garlic cloves, a few chopped capers and little chopped green chilli. Mix with extra virgin olive oil to a spooning consistency.

I crisped the tortilla by throwing it directly onto the gas hob and flipping over when nice and charred. You can put it under the grill instead though if you don't have any naked flames to hand! I sprinkled a few salad leaves on the tortilla, flaked the sea trout and mixed with the mayonnaise, capers and spring onion, threw over some pickled onions and a dollop or two of the salsa verde.

Delicious and done in a flash.

I'M HANGING TO THE dying days of summer by my fingertips, regardless of what the weather says, and earlier this week I treated myself to a super easy lunch that spoke of July rather than October. And I'm not even sorry.

I picked up a lovely piece of hot smoked sea trout in Inverkeithing, although I know our own local Fresh Fish Place has hot smoked salmon which would work equally well.

I mixed it with a few pickled red onions, some capers and a sliced spring onion. Those allium and acidic flavours really cut through the rich oiliness of the fish. I topped it with a salsa verde and served on a crisped tortilla.

I have an event to prep for this later this week, so where I would



usually make my own 2 ingredient flatbread, time constraints meant I used a shop bought tortilla which was crisp and delicious.

The whole thing took about 5 minutes so a really quick and easy lunch. Or top it with a crispy fried egg for an elegant Sunday brunch.

## Hot Smoked Trout Crispbread



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## Councillor Neil Freshwater



### Kinross Recycling Centre Opening Hours

A NUMBER OF residents have been in touch about the new hours for the recycling centre. PKC agreed, as part of its annual budget, that in order to make costs savings and avoid redundancies, that all centres in P&K would be reduced by two days per week and two hours per day. This also ensures that all centres remained open. No reduction in service is ever welcome but this seemed a sensible compromise to ensure that no part of Perth & Kinross was left without a facility.

However, whilst the centre will be open at the weekend, there have been questions about the early closing times (3.45pm last entry) given that most people work during the week. I agree with the view that having them open in the evenings would make more sense when people can actually use them. Myself and other ward councillors have opened a dialogue with PKC officers about what flexibility there might be regarding the opening hours, including getting some more detailed data about daily usage times.

### Fibre Broadband Update - Check If You're Live!

A NUMBER OF additional rural areas are now able to connect to Fibre To The Premises (FTTP) following the latest round of fibre roll-out but might not necessarily know about it. There doesn't seem to be much communication from providers about this, which does seem odd.

Areas around Coldrain, Gairney Bank, Gairneybridge, Hatchbank Rd, East/West Brackley, Easter Balgedie, RSPB Vane Farm, Kinnesswood, Levenmouth, Auchmuirbride, Middleton, Netherton, Netherhall add Balado as well as the parts near Cleish that were not already connected, should now or soon be live. I know that there are still some teething problems with some houses in terms of getting access to infrastructure for the final installations but these shall hopefully be resolved.

You can check if you can get a fibre connection by visiting [www.broadbandchecker.btwholesale.com](http://www.broadbandchecker.btwholesale.com). Make sure to click on 'Address Checker' and then you can search for your house by post code. If you can now get FTTP, it should say 'WBC FTTP' and the downstream line rate listed as '1000 Mbps'. If you are having any problems please contact me.

Kinross-shire is now one of the best connected parts of the UK for high speed broadband. I plan to have discussions soon to see about areas that are still out of reach to see what can be done. Orders to get connected can be placed via a wide choice of service providers, including BT, EE, Plusnet, Sky, TalkTalk, Zen, Vodafone and others listed at: [www.openreach.com/fibre-broadband/fttp-providers](http://www.openreach.com/fibre-broadband/fttp-providers).

### Visit To Kinross By HM King Charles III

I WAS VERY lucky to the meet the King during his walkabout in Kinross last week as he came to see CHAS and Broke Not Broken and to celebrate the Kinross Day Centre's 40th anniversary – as I know many of you were too. The King's visit so early in his reign – just over four months since the Coronation and slightly over a years since his accession – is true testament to the fantastic work that these small but hugely impactful charities carry out for Kinross-shire and further afield. Many of you I know had the chance to see or even meet King Charles and and I hope that for many of you this will be something that you cherish for a long time. It will certainly be a day to remember in the history of the Burgh.

**Councillor Neil Freshwater**

## Councillor Richard Watters



### Smart Energy Network

AT THE END of August, I had the privilege of opening a world-first 'spiral-flow battery' smart energy store at Friarton Waste Depot in Perth. The battery was designed, developed, and manufactured by StorTera, an Edinburgh-based developer of intelligent energy storage solutions. The deployment of this ground-breaking technology demonstrates our commitment to tackling the climate emergency and reducing the council's carbon footprint.

The new system will help bring down energy costs through smarter energy management while reducing carbon emissions and supporting the move towards low-carbon transport and heating. This smart energy network has the ability to fully utilise solar power generated on-site at the Friarton Depot by storing excess energy in batteries for use when required or when energy prices are high and generate revenue by providing renewable energy to the electricity network, as well as power the council's wider energy needs through peer-to-peer connections.

This type of innovation will be key to reducing our carbon footprint, and this energy storage system, designed and built in Scotland, is the first of its kind to be used in this way.

### Fossoway Gathering

I THOROUGHLY ENJOYED attending the Fossoway Gathering this year alongside our MSP Jim Fairlie. It was a pleasure to meet and chat with stallholders, the community, and the local organisers who did a tremendous job in putting on a great event.

As always, it's great to see a large number of local organisations, businesses, and individuals make this year's gathering a great success, with a little help from the weather.

### New Pavilion At KGV

WITH THE NEW pavilion at King George V playing fields progressing well, I was keen to accept an invitation to have a tour of the new extension. I was suitably impressed with the difference the new space made to the clubhouse, creating a fantastic function and social space that will be an asset to the wider community, especially the Rugby and Hockey Clubs. The outside terrace adds a seamless extension to the clubhouse, providing a great viewing platform to watch Rugby or Hockey matches or an enjoyable outside space to socialise.

I was really impressed with the commitment to using local businesses in the construction work and the effort that has gone into ensuring the building is accessible, allowing everyone to benefit from the great facilities. When completed, it will be a welcome addition to the area.

**Councillor Richard Watters**



Richard with Pasidu Pallawela (StorTera CTO)



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## Downsize & upscale at Glenfarg apartments

A desire to find a downsizing home that was stylish, highly practical and extremely economical to run led Patsy, a retired hotelier, to become one of the very first buyers at Glenfarg Apartments, a development of luxury two-bedroom apartments in the Perth and Kinross village of Glenfarg. "I fell in love with my apartment the moment I saw it. I had a large house in Kinross for over thirty years, and, whilst wanting to downsize and find something more manageable, was keen to stay in the area" said Patsy. "Like most people of a certain age, I wanted to "upscale" my kitchen and bathrooms to achieve a very contemporary modern look that was easy to clean and look after but I didn't want to compromise on the quality."

With floor layouts ranging in size from 842 sq. ft to 1005 sq. ft, occupants will find that they still have plenty of space in which to live comfortably, with every apartment complete with an enclosed balcony. There is a secured entry system to all apartments, lift access to an underground garage too, where visitor parking, and additional storage, is provided.

The apartments are extremely energy efficient to run, with a unique off-grid Calor gas supply ensuring low running costs.

"I found the buying process excellent" she said. "I had full confidence in the on-site team to ensure that the finish would fulfil my expectations. The specifications are completed to a very high standard. I am really happy here. I'd have no hesitation in recommending Glenfarg Apartments to any potential buyers."

Said David Craigie, a director of the development: "There really are few developments of this quality in the area for over 50's downsizers. We are absolutely delighted that Patsy is so pleased with her new home. Her comments fill us with confidence that we have indeed created what we set out to do - offer a luxury development for discerning buyers who are looking for an upscaling specification as well as a low maintenance, eco-friendly lifestyle. They want to live a full life, making the most of retirement, and they can do that here". With the continuing proposals to increase council tax for those in larger houses - bands E, F, G & H are currently being considered - represented yet another strain on older people still living in a larger house "Protect yourself from these type of increases by downsizing,"



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## Councillor Willie Robertson

### Cost Of Living Crisis

I FULLY APPRECIATE that many people are being very careful with their spending because of the current rate of inflation and the cost of energy. Unfortunately the Scottish Government has decided this would be a good time to make changes to the council tax system. The proposals which were put out for consultation (the consultation closed at the end of September) will increase band E by 7.5%, band F by 12.5%, band G by 17.5% and band H by 22.5%.

The average annual increases, based on 2023-24 Council Tax rates, would be around £139, £288, £485 and £781 per dwelling in these bands respectively. Any changes would come into effect at the start of the 2024-25 financial year. This would be in addition to any Council Tax increases imposed as part of the Council budget next February. I have responded to the consultation saying this is not the correct time to be further increasing taxation on already hard-pressed people.

### Burleigh Road, Milnathort

THE STREET SIGNS for Burleigh Road appear to have disappeared. I have reported this and new signs have been ordered and will hopefully be fitted soon.

### Important Survey - Perth And Kinross Health And Social Care Partnership Consultation (P&KHSCP)

TO ENSURE WE continue to have access to the best possible health care P&KHSCP are planning some changes to the way services are delivered in primary care, which includes our GP practice. They say these changes are needed for a number of reasons, which include:

- Nationally, GPs need to provide increasingly more complex care to a growing population
- Perth and Kinross has an increasingly older population who have more complex needs
- There is a national shortage of doctors, including here in Perth and Kinross. This is due to issues with recruiting and retaining doctors and many of our doctors are nearing retirement

They say one of the ways to resolve some of those challenges is to move towards providing care to patients using a multi-disciplinary team. This means patients receiving care from other health professionals working at the GP practice. The team members will work alongside the GP, and each member of the team has a particular skill set and specialist knowledge. For example, physiotherapists, pharmacists and mental health and wellbeing nurses.

Another way to help use your time and the health professional's time better will be to offer Telephone Appointments or Virtual Appointments. They say that to deliver the care needed today, and into the future, GP practices and the buildings where they are based, need to be able to adapt. This survey is part of Perth and Kinross Health and Social Partnership's Primary Care Premises Strategy which sets out how they move from where we are now to a future which enables general practice to continue to meet the healthcare needs of the people in Perth & Kinross. This survey is for people registered with a GP Practice in Perth & Kinross. It is important that people respond. It will give the P&KHSCP a better understanding of how patients view their local GP practice or health centre and help them to understand what patients think about how we should be planning for the future of service provision here in Kinross-shire. The survey closes on Sunday 15 October. To take part, follow the link below or email me and I will forward the link to you. [consult.pkc.gov.uk/hscp/primary-care-gp-premises-patient-survey/](https://consult.pkc.gov.uk/hscp/primary-care-gp-premises-patient-survey/)



## Visit Of King Charles III

THE KING CAME to Kinross on 15 September and visited to Broke Not Broken at St Paul's church and the Church Centre in the High Street where he witnessed the excellent work carried out by both organisations and their volunteers. There was great excitement in the town and his visit gave a lot of pleasure to young and old alike.

*Councillor Willie Robertson*

## Councillor Dave Cuthbert

### Council Transformation

PERTH AND KINROSS Council is going through several transformation projects, both because of financial pressures, but also because elected members decided they were necessary. One of the projects is focussed on restructuring the senior management, with a view to improving the way the Council works and to make savings, with a reduction of the senior management team.

Over the last two months, I along with four other Senior Councillors and the Chief Executive have been going through a recruitment process for a Director of Economy, Place and Learning.

This role will be at a strategic level, with five new strategic leads reporting to them. These strategic leads will have responsibility for the day-to-day operations of Education, Children's services, Family services, Justice services, Economic development, Planning, the Environment services (roads, grounds maintenance, recycling, etc.), Infrastructure, Housing and Community services.

So, altogether a wide-ranging role!

The culmination of the selection process was two days of interviews, with the final selection being made on Wednesday 20th September. I hope we have chosen the correct candidate!

### Office Transformation

THE COUNCIL CURRENTLY has 12,600 M<sup>2</sup> of office space in Perth, currently costing £3.45 million a year! Officers have calculated that there is an actual need for 8,000 M<sup>2</sup> of office space, plus 1,000 M<sup>2</sup> of storage. So clearly, the Council needs to consolidate into less space to save money, which can be spent elsewhere. At its budget setting meeting in March of this year, Council agreed that Pullar House needed to be vacated and mothballed before April 2024, as the 25-year-old Public-Private Partnership (PPP) contract, which is now costing millions of pounds a year, was due to end in 2025. This decision is due to be reviewed at the October full Council meeting, as officers want to explore different options.

I attended a high-level meeting, with Directors and other Independent Councillors today, to discuss the best way forward.

I take the view that the Council needs to agree an area-wide, long-term policy on hybrid working, as this will impact on the actual office space needed. I also take the view that the Council needs to agree a strategy, with a vision of how its office accommodation throughout Perth and Kinross should look in 25 years, so that every step on the path goes in the same direction. As far as I can see, this degree of planning is currently, sadly lacking. I put both these points to the meeting and they were taken on board.

### Kinross High School Parent Council

TWO NIGHTS AGO I attended the first meeting of the newly formed Kinross High School Parent Council, following its adoption of a new improved constitution and I was impressed by the turnout and positivity of the meeting. There is a clear desire of parents to do what they can to work with the school to help improve the pupils' experiences. I have agreed to help where I can.

*Dave Cuthbert Independent Councillor* is my Facebook page, which you can visit for more information.

*Councillor Dave Cuthbert*





## John Nicolson, MP

I DON'T THINK I have ever been at a service where the celebrant swore so much. But then I've not been to many funeral services so carefully choreographed by the deceased.

Last week, we said goodbye to my friend and office staffer Irene Hamilton.

The air was blue at Alloa Town Hall. Irene had been determined to go out with a bang. She'd chosen the music. She'd chosen the photographs which filled the big video screen. And she made sure that the tears were interrupted by laughter. The poor celebrant had been left with no choice. Irene liked to swear, and she had scripted some choice quips for posthumous quotation.

The sedate auld hall rocked to music from the 70s and 80s. Every seat was taken - even the galleries had folk who had known and loved Irene looking down on events below. All agreed they'd been to gay few funerals like it.

Irene's bravery in the face of her cancer was an inspiration. You see Irene never said, 'I can't'. Her motto was always 'give it a try - what's the worst that can happen?' When she lost her arm to cancer more than a decade ago she learnt to take photographs using just the one arm. Long walks across her beloved Clackmannanshire resulted in professional images of snow on bracken, mist over the Ochils, and countless full moons in all their pale, luminous wonder. Some of us were lucky enough to get one of her end of year calendars with her favourite shots selected. Irene was passionate about her county and passionate about her country, devoting time and toil to Scottish independence, a cause she held close to her heart.

Many in the hall for her funeral remember her days as a Clackmannanshire Councillor. Indeed, the Council had marked her death by flying their flag at half-mast. She was remembered as a tenacious advocate, working tirelessly to resolve her constituents' problems - the very model of a fine local government elected representative. When she decided she liked you there was ne'er a more loyal friend. She came to hear me speak at my first hustings when I applied to be a candidate in Ochil and South Perthshire. And when I was selected as candidate she was the heart of the campaign dispensing wit and wisdom with endless tea and sickly sweet cakes.

When I won - as I told the congregation at her funeral - it was blindingly obvious that I needed her on my staff. I invited her to join me the day after the election. 'Aye fine' she said, before asking whether I'd be holding a celebration party. When I told her I would, she said 'Great. But no Village People noo. I know you gays love the Village People. But I canna do the YMCA.' This was said as she demonstrated her wan aimed version.

I saw Irene shortly before she died. She was sitting in bed at home, her quick-tempered cat Indy lying protectively at her head. She looked up at me and laughed 'Well John, look at me. Just living the dream.' Irreplaceable Irene Hamilton. Funny, kind, and brave. I will miss her. We all will.

*John Nicolson, MP*

## Liz Smith, MSP

FOR THE LAST ten years I have listened to some of the most harrowing stories that I have ever heard; of intense and permanent medical and psychological pain, families broken apart and heart-rending accounts of victims' attempts to get to the truth, only to be knocked back at every turn.

As *Newsletter* readers will know from my previous columns, or local/national press, I am referencing the horrific scandal at NHS Tayside in which hundreds of patients were operated on by the now disgraced neurosurgeon, Professor Sam Eljamel.



On 7 September, the Scottish Government finally granted a full, independent inquiry into the circumstances which allowed Eljamel to harm so many patients - possibly up to 200 of them. I would like to especially mention my constituents Jules Rose and Pat Kelly who I have worked with for all this time, and who deserve so much credit for this outcome which finally brings sufficient justice to the former patients.

But this scandal extends far beyond the medical and clinical malpractice by Eljamel, and we must closely scrutinise the horrific failures within NHS Tayside and the other health agencies that allowed it to happen. We have the evidence that clinicians and managers knew what was going on but did not confront the issue. An independent inquiry is so important to ensure similar negligence can never happen again.

I am very well aware that the granting of a public inquiry will not take away the physical and psychological pain for the patients and their families but it will give them some hope that, one day, we will get to the truth about what took place.

*Liz Smith, MSP*

## Jim Fairlie, MSP

OXFORD PROFESSOR DANNY Dorling recently cited the introduction of the Scottish Child Payment as having the biggest impact on a reduction in child poverty 'since the fall of Berlin Wall'. The payment of £25 per week, available to eligible children under the age of 16, is one of five family payments available from the Scottish Government which provide regular financial support to low income families. 7,055 children in Perth and Kinross have benefitted from the Scottish Child Payment, according to the latest figures released by the Scottish Government - with £7761,555 having been paid to families in Perth and Kinross-shire alone. The Scottish Child Payment is designed to combat child poverty and support families across Scotland, and these figures demonstrate the significant impact of this for 7,055 children in Perth and Kinross, and 316,190 across the whole of Scotland.

Following its introduction in February 2021, the payment is the most ambitious anti-poverty measure to be implemented in the UK. It has been hailed as a 'game-changer' in tackling child poverty by the Child Poverty Action Group and described as a 'lifesaver' by parents. I know that families across Kinross are benefiting from this ambitious policy and I want to encourage anyone who thinks that they may qualify, but isn't already receiving it, to call Social Security Scotland on 0800 182 2222.

I also welcome the introduction of the new Carer Support Payment in Perth and Kinross following the announcement of improved support for unpaid carers in the Programme for Government. Piloting in Dundee City, Na h-Eileanan an Iar and Perth and Kinross, adults can apply for the new Carer Support Payment, and those already in receipt of Carer's Allowance automatically receiving the new payment instead from February 2024. Unlike previous support, the payment will be available to unpaid carers who are studying full-time. I am pleased to see this 14th benefit provided by Social Security Scotland, pilot in Perth and Kinross.

Recently I met with constituents who were harmed by former NHS Tayside surgeon, Sam Eljamel. The recent report found missed opportunities for senior management to intervene and protect patients. Despite a rising number of complaints, it said NHS Tayside failed to put in place adequate restrictions and monitoring of Professor Eljamel. I am therefore pleased that the Scottish Government have committed to a full public inquiry, alongside individual case reviews. Whilst this process cannot repair the damage done by Professor Eljamel, I hope that it will provide some answers to those impacted by his malpractice.

*Jim Fairlie, MSP*





  
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 M: 07870 913004 E: [ftticktock@aol.com](mailto:ftticktock@aol.com)  
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## CAR CRIME

### ***What should I think about before setting off?***

- Permanently mark any valuables you use in the vehicle, such as a Satellite Navigation System (Sat Nav), with your postcode and house number/name. You can register all of your equipment at [www.immobilise.com](http://www.immobilise.com).
- Fit a car alarm.
- Use locking wheel nuts to prevent the theft of your wheels.
- NEVER leave your car unattended to defrost windows with the keys in the ignition. Many car thieves actively target this – even first thing in the morning when darkness can provide cover. Any insurance claim could be adversely affected as it may be considered driver negligence. It's also an offence to leave a car unattended on a road with the engine running.

### ***What should I do when re-fuelling at a petrol station?***

- Always remove keys from the ignition and lock your car if you need to walk to the petrol station shop to pay for your fuel. Again, some car thieves actively lookout for insecure cars that can easily be taken from the forecourt and any insurance claim could be affected.

### ***Where should I park?***

- Keep your car off the street if possible. If you have a garage, use it. Make sure you lock both car and garage.
- If you don't have a garage, make use of the driveway if you have one.
- For more information about the security of the garage you keep your car in at home, see our advice on how to Keep your Home Secure
- If parking in public or using airport parking, look for a car park with the Park Mark sign. These designated car parks have complied with specific measures to deter crime and anti-social behaviour. Find a location at [www.parkmark.co.uk](http://www.parkmark.co.uk)
- Don't park in isolated or remote areas. Whenever possible, park in a busy, well-lit and CCTV covered area.
- Try and park close to the exit – this will increase the amount of traffic which will pass your car, making it harder for thieves to operate undetected.

### ***What should I do after I park?***

- Lock all items out of sight. Don't leave anything on display and take valuables with you; particularly power tools
- Leave the glove box empty and open.
- If you have a Sat Nav, hide the cradle and take the system with you. Don't forget to wipe the suction marks off the window.
- If you have personal correspondence in the vehicle, then take it with you. Don't give others access to important personal information or your home address.
- Use an electronic or mechanical immobiliser such as a steering lock.
- If you have an alarm then make sure it's set.
- MLA approved locksmiths can help with vehicle keys and locks if required

## UPDATES

A 46 year old man will be reported to the Procurator Fiscal for damaging the wing mirror of a black Mini Cooper in Old Perth Road, Milnathort on Wednesday 20 August.

## RECENT INCIDENTS

Between 5pm, Wednesday 13th and 8.30am, Thursday 14 September, a set of golf clubs in a black Calloway bag were

stolen from a black Ford Fiesta parked in Station Road, Crook of Devon. (CR/176888/23)

About 2pm, Friday 15 September, a male was disturbed having broken in to a property in Seaforth Drive, Kinross. The suspect is described as a white male, about 6ft tall, late 20's with dark eyes and hair. He was wearing blue jeans, white trainers, a dark jumper, a North Face gilet and a black baseball cap. He left the area in a blue Toyota 4x4 (CR/175752/23)

**Anyone with any information that may be useful should contact Tayside Division on 101 or any police officer, quoting the crime reference number listed at each incident. Alternatively information can be passed anonymously via the charity Crimestoppers on 0800 555 111.**

## Rogue Traders – Who Should I Call?

**...if I feel threatened, unsafe, or suspicious of a caller?**

- Contact the police immediately on 999

**...if I see something suspicious in my area, or want more advice about bogus callers?**

- Contact the police on 101.
- Try and take a note of vehicle details or registration numbers, and descriptions of anyone suspicious....**if I want to contact the police anonymously?**
- Contact the independent charity Crimestoppers on 0800 555 111. You can also visit their website at [www.crimestoppers-uk.org](http://www.crimestoppers-uk.org)

**...to find out more about home safety services?**

- When circumstances allow, contact your local council for more information. Depending on your circumstances, you may qualify for a free security alarm.

## Police Scotland – Local Community

**Telephone 101 for non-emergencies**

Community officer for Kinross-shire: **PI Lesley Macdonald.**

**Email:** [taysidekinross-shireCPT@scotland.pnn.police.uk](mailto:taysidekinross-shireCPT@scotland.pnn.police.uk)

Community Sergeant (Kinross-shire): **Sgt Mark Craig.**

Community Inspector for Perth South (Strathearn, Strathallan, Almond & Earn, Kinross-shire): **PI Craig Stephen.**

Police Scotland Twitter can be followed on [twitter.com/policescotland](https://twitter.com/policescotland) or [@Kinross](https://twitter.com/Kinross).

## Ways of Following the Police

**Twitter:** [@KinrossPc](https://twitter.com/KinrossPc) or [twitter.com/policescotland](https://twitter.com/policescotland)

**Facebook:** [www.facebook.com/PoliceScotland](https://www.facebook.com/PoliceScotland)

**Website:** [www.scotland.police.uk](http://www.scotland.police.uk)

## Community Watch

**Receive email alerts** about criminal incidents in your area, crime prevention advice, flood alerts and much more by signing up to Perth and Kinross Community Watch.

The range of information received can be tailored individually; each person signing up can choose which partner agencies they would like to receive messages from. Visit this website for more details: [www.pkcommunitywatch.co.uk](http://www.pkcommunitywatch.co.uk)

## Crime Stoppers 0800 555 111

**This is a free phone number**, which any member of the public can contact at any time if you have information relating to a criminal activity of any sort.

It is, if you wish, confidential and you cannot be contacted if you choose to remain anonymous.



# KILT, KING AND CREATIVITY

## WINNING WAYS

by Jo Middlemiss

**THERE IS ALWAYS THE** odd occasion even in a positive thinker's life, when one can just get a bit fed up. You make every effort you can to keep chipper and perky, but the heavy weight of the negative thinking of society in general just sometimes hits you like a tidal wave, and you get tossed and tumbled, like a learner surfer. If you ever get to the stage of saying "What's the point?", set the alarm bells ringing, slam on the breaks and STOP that stinking thinking, and switch to a set of thoughts that will stop the rot, and get you out of the negative spiral. Such was the mood I found myself in the other day. Life was hectic – family, Rotary, charity and other work eating into each other's time, and it seemed as if there just wasn't enough time in any day.

Such was my feeling a few weeks ago. I am a member of the small congregation of St Paul's Episcopal Church, and a few of us were keen to expand the focus of that little Church and Compound, to include that creativity, which is so present in the Kinross and the surrounding areas.

Just the smidge of an idea – ART – that's what... Let's run some exhibitions in the church hall. Who to introduce to who? Who knows artists, makers and creatives in this area better than Glenys Andrews BEM. Her contacts are immense and she used them. The idea was on the way.

St Paul's Hall had to be redecorated, a hanging system had to be bought, artists and makers had to be approached, and enthused, and dates had to be put in the diary. After much discussion and planning, our first exhibition was to be the weekend of 16 and 17 October.

Imagine our surprise to hear that HM King Charles III was to visit Kinross. Broke Not Broken was his first port of call and our little hall couldn't be ignored, as it was right beside it, and His Majesty likes art. A serendipitous moment if ever there was one.

Jim Shears, Blacksmith



There is nothing like a Royal visit to galvanise people into action. Sweeping, cleaning, gardening and tidying. Lending and displaying. You might think it's all just for 30 minutes but it isn't. The results are satisfying and the memories and stories go on for ever. We had no notion of a VIP for our opening, but to book the highest and biggest in the land was beyond our imagination. He spoke to us with warmth and interest. None were shy, and we shall treasure that the first signature in our visitors' book is HM King Charles.

Over 200 visitors called in to see the first exhibition – other dates are in the Diary on p100 – please come and support us all. We even have the wonderful Jim the Blacksmith showing us how it's done.

Copy this link into your browser: <http://www.artstpauls.wixsite.com/exhibitions>

On Sunday, as a complete contrast, I walked the Edinburgh Kilt Walk for my Ethiopia Medical Project (EMP) – 15 miles of pavement pounding, so a bit sore but incredibly pleased and happy after an amazing weekend. And we raised nigh on £2k – thanks to all supporters for their generosity.

Jo Middlemiss MBE



## MINDFUL MONDAYS RELAXATION CLASSES

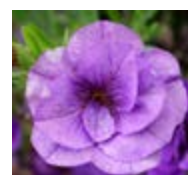
5pm-6pm

St Paul's Meeting Room,  
Muir, Kinross

7pm-8pm

Williamson Hall,  
Kirk Wynd, Abernethy

**Vincent.johnston@btinternet.com**  
**07949 377475**





## News From The Health Centre



### PRACTICE CLOSURE

**THE PRACTICE WILL close for the public holiday on Monday 2 October 2023. We will reopen at 8am on Tuesday 3 October.**

If you need urgent medical advice whilst we are closed, please phone 111 where you will be connected to the Out of Hours service. Also see below for more useful information from NHS Inform.

### NHS Inform – For Everyday Questions About Health

**FINDING THE RIGHT HEALTH** and care information can make a real difference to how people manage their wellbeing. Making information accessible, quality assured and up to date helps people to make positive choices.

NHS inform ([www.nhsinform.scot](http://www.nhsinform.scot)) is Scotland's dedicated resource offering up-to-date facts on health, services and campaigns. A wealth of information is available online, over the telephone or via webchat:

- Tests and treatments
- Illnesses and conditions
- Injuries
- Healthy living (stopping smoking, screening and keeping active)
- Care, support and health rights

One of the many great features of the website is that people can personalise the information that's relevant to them using the 'Info for Me' tool. Of course, there is always the option to talk to the health information team by telephone or using webchat.

Want to try the service? Visit: [www.nhsinform.scot](http://www.nhsinform.scot) or call: 0800 22 44 88.

### GET THE RIGHT CARE IN THE RIGHT PLACE

NHS Inform includes self-help guides for a range of common conditions: [NHSinform.scot/self-help-guides](http://NHSinform.scot/self-help-guides).

**NHS 24**

If you think you need assistance, but it's not life threatening, call NHS 24 on 111.

- Colds
- Skin conditions
- Urine infections
- Diarrhoea or constipation
- Indigestion
- Aches and pains
- Help if you run out of your repeat prescription

**Pharmacy**

Call NHS 24 on 111, 24/7, 365 days a year  
Breathing Space: 0800 83 85 87  
Weekdays: Monday - Thursday 8pm to 2am  
Weekend: Friday 6pm - Monday 6am

**Mental Health and Wellbeing**

- Tooth pain
- Swelling to your mouth
- Injury to your mouth
- Painful or bleeding gums
- Advice on oral hygiene

**Dentist**

- Red or sticky eye
- Pain in or around your eye
- Blurred or reduced vision
- Flashes and floaters

**Optometrist**

Your local GP is still open and can provide urgent care during operating hours. This is the best place to contact if you have an illness that won't go away, or are worried about your health. If your GP surgery is closed, please contact NHS 24 on 111.

**GP**

Perth and Kinross have Care and Treatment Services in locations throughout the region and can treat a range of issues such as cuts, minor burns, sprains and strains. They are open 8.30am - 5pm, Monday to Friday. This service is appointment only and can be booked by calling 111.

**Care and Treatment Services**

- Suspected heart attack or stroke
- Breathing difficulties
- Severe bleeding

**A&E or 999**

**NHS** Tayside

If you are unsure about where to go or who to see, find out at: [NHSinform.scot/right-care](http://NHSinform.scot/right-care)

## New at the Complete Look

**WE HAVE HAD A** busy few months in the salon and are looking ahead to an even busier end to the year so make sure you make your regular appointments, or any festive ones, as soon as you can!

We welcomed Christine to our reception team in the summer and she's already part of the family. You'll find her on the desk on Mondays and Wednesdays so be sure to say hello. We also have a couple of new treatments that we're really excited to share with you all.

Our CACI facials have always been a firm favourite with all our clients and CACI have now launched a new treatment that incorporates the benefits of CACI microcurrent technology with Electro Gloves and has visible results after just one treatment! Perfect for a special occasion or night out.

The Electro Gloves are made of electrically conductive silver fabric, that when activated is stimulated with microcurrent energy which your therapist will use to perform a Micro-Touch facial and Hand Rejuvenation treatment.

This is a hands-on 45-minute full-face treatment that combines CACI's signature muscle lifting techniques with microcurrent technology for targeted facial contouring. It focuses on muscle lift, tension release and deep tissue relaxation for sculpted and toned enhanced facial definition. You'll see visible results after just one treatment, but adding them in to your regular CACI regime every few weeks deliver fabulous results too. The treatment manipulates and sculpts the muscles with firm, precise control. Call in for a chat about how this treatment works, or book on our app or website.

Our Medik8 12 Weeks to WOW Chemical Peels are also

proving a huge success.

Medik8's new 12 Weeks to WOW! is a workout regime for your skin. And just like any workout, with consistency, you'll achieve results. After a free consultation, we'll create the perfect peel and product combination from your specific skin concern. Treatments take place every two weeks and after 12 weeks, we'll send you away with a tailored range of products that will continue to build on the benefits your 12 Weeks to Wow treatments have kick-started.

There are several peels available, each of which target specific skin concerns, so you'll receive a personalised skincare programme, helping you achieve the very best possible results. We'll work with you on choosing exactly the right peel for you.

The peel process is powerful but gentle, and requires no downtime like traditional peel treatments, with none of the irritation that you might find with those. Its gentle nature means that treatments can happen much more regularly, meaning you get results in no time! Over the process of your treatment, you'll notice an incredible change in your skin, revealing smoother, radiant skin, a reduction in fine lines and wrinkles and a more even complexion.

Whether you want to combat aging, dark spots, fine lines, uneven pigmentation, promote smoothing, clear pores or brighten your complexion, we'll find the right treatment, even for sensitive skins. We also of course offer all our usual treatments from nails and waxing to facials and massage and are always happy to have a chat, so pop in to book your appointment, browse our product range, or check out what's new.



# Kinross Hub Oct Calendar



The sessions are drop-in but if you prefer an appointment time, please phone the number detailed for the agency you wish to connect with, or contact:  
Shona 07896 280843 [shona.fowler@nhs.scot](mailto:shona.fowler@nhs.scot) Declan 07557 488902 [declanjones@pkc.gov.uk](mailto:declanjones@pkc.gov.uk)

Mon - for info only	Tue - for info only	Wed	Thu	Fri
2 <sup>nd</sup>	3 <sup>rd</sup>	<b>4<sup>th</sup></b> 10am to 12pm drop-in for <b>HomeStart Breast Buddies</b> group 01738 638847	<b>5<sup>th</sup></b> 10am to 12.30pm <b>Welfare Rights</b> will offer support and advice for accessing benefits and ensuring income maximisation 01738 476900 <a href="mailto:welfarerights@pkc.gov.uk">welfarerights@pkc.gov.uk</a> 1pm- 3pm <b>MindSpace</b> Info on supporting mental wellbeing. 07928 859628 or 01738 631657	<b>6<sup>th</sup></b> 10am to 12noon Jackie from <b>VOICEABILITY</b> for free advocacy regarding benefits access and supporting people to be heard in decisions about their health, care & wellbeing 07918 560891
9 <sup>th</sup>	10 <sup>th</sup>	<b>11<sup>th</sup></b> 10am to 12pm drop-in for <b>HomeStart Breast Buddies</b> group 01738 638847 1.30pm to 3.30pm <b>CATH will support with form filling – PIP, Universal Credit etc</b> 0795533163	<b>12<sup>th</sup></b> 10am – 12noon <b>Home Energy Scotland</b> offering impartial advice on energy use, keeping warm and minimising costs 0808 808 2282 1.30pm – 3.30pm <b>PKC Employment Support Team</b> Job advice and help those who have learning disability, acquired brain injury, mental health issues, autistic spectrum, sensory loss and physical disabilities. 07768 389659	<b>13<sup>th</sup></b> 10am – 12noon <b>Community Listening Service:</b> 01382 423 116 or 0796 777 1941, <a href="mailto:lay.listening@nhs.scot">lay.listening@nhs.scot</a>
16 <sup>th</sup>	17 <sup>th</sup>	<b>18<sup>th</sup></b> 10am to 12pm drop-in for <b>HomeStart Breast Buddies</b> group 01738 638847 2pm -4pm <b>PKC Social Work</b> for signposting and support. 01577 867300	<b>19<sup>th</sup></b> 10am – 12noon <b>Older Peoples Mental Health Team</b> here to support and advise on all aspects of mental health for the over 65s 01764 653173 2pm to 4pm Camille Vickers, <b>Social Prescriber - Community Connecting/Signposting</b> 07775 701630	<b>20<sup>th</sup></b> 10am to 12.30pm Karen from <b>PKC Skills &amp; Employment</b> offers support & advice re CVs, Job search, support after redundancy etc. 07867 351268
21 <sup>st</sup>	22 <sup>nd</sup>	<b>23<sup>rd</sup></b> 10am to 12pm drop-in for <b>HomeStart Breast Buddies</b> group 01738 638847 1.30pm to 3.30pm <b>CATH will support with form filling – PIP, Universal Credit etc</b> 0795533163	<b>24<sup>th</sup></b> 10am – 12noon <b>Older Peoples Mental Health Team</b> here to support and advise on all aspects of mental health for the over 65s 01764 653173 2pm to 4pm Camille Vickers, <b>Social Prescriber - Community Connecting/Signposting</b> 07775 701630	<b>25<sup>th</sup></b> 11am to 1pm <b>Social Security Scotland</b> offering advice on their benefits –Adult Disability Payment, Carers Allowance Supplement, Child Disability Payment, Funeral Support Payment, Best Start Grants etc. 0800 182 2222
26 <sup>th</sup>	27 <sup>th</sup>	<b>28<sup>th</sup></b> 10am to 12pm drop-in for <b>HomeStart Breast Buddies</b> group 01738 638847 <b>Support Choices</b> offers independent information and advice about Self Directed Support and social care . We can support at any point of your care journey. 01350 729130	<b>29<sup>th</sup></b> 10am to 12.30pm <b>Broke not Broken</b> Danielle will be there to offer advice, connecting to support and also for foodbank referrals. 07518 913107 2pm to 4pm Louise from <b>PKC Housing Team</b> for housing advice and signposting to their service. 07917 552231	<b>30<sup>th</sup></b>

## LOCAL ADVICE HUB

**THE ADVICE HUB** is a partnership between Kinross-shire charity Broke not Broken, P&K Health and Social Care Partnership and Loch Leven HC. It provides a much-needed local drop-in facility to support people with community connections, signposting to benefits services, foodbank support, mental health agencies and community organisations.

If you are experiencing financial difficulty during this time or feel you need support/advice please call Shona Fowler on 07896 280843 to have a chat or email [shona.fowler@nhs.scot](mailto:shona.fowler@nhs.scot)

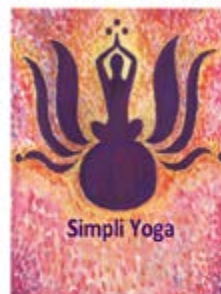
If you wish to connect with Broke not Broken directly Danielle is in the advice hub on Thursday mornings or can be contacted on 07518 913107 or email [admin@brokennotbroken.org](mailto:admin@brokennotbroken.org)

Declan Jones, the social prescriber, will connect you with local community groups, supportive exercise sessions, walking groups, green/nature prescribing activities, volunteering, learning opportunities or help you link with another agency. Declan can be contacted on 07557 488902 or [declanjones@pkc.gov.uk](mailto:declanjones@pkc.gov.uk)

These are just examples so please contact us if there is anything else you need or want to discuss with us. We're always available for a friendly, informal chat.

**DON'T FORGET TO  
PUT THE CLOCKS BACK  
ON THE 29th OCTOBER!**

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**Saturday 8am - 5pm Sunday 10am - 4pm**



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ARTEFACTS & CURIOS**



The Community Council News is based on draft minutes of local CC meetings. Full draft minutes are posted on local websites and notice boards. Please note, the Community Council News is not a verbatim reproduction of CC minutes. Where there are two months' worth of reports, there will be a considerable amount of editing.

## Kinross Community Council News from the July Meeting

**Present:** CCllr L McKay, (Chair), CCllr M Wilson, CCllr W Freeman, CCllr H Phillips and CCllr C Collins, Co-opted member Sharon Wells, Cllrs D Cuthbert, N Freshwater, R Watters and 2 MoP

**Apologies:** CCllr E Leslie, CCllr T Stewart, Mrs C Aird, Police Scotland

### Police Report

PC B Samson was unable to attend the meeting but had forwarded a report. There had been quite a few local break-ins. Speedchecks had recently been carried out at the Muirs and at Gairneybridge.

### Craighead Wind Farms – Alex Orr

Mr Alex Orr from Galileo attended the meeting and gave an update on the proposed wind farm. The number of turbines has been reduced from 12 to 10 but they will still be the same height – up to 200m. This is in line with the rest of Europe. Turbines likely to be 250mm-300mm in the next 6/7 years.

The combined output will still be over 50MW so a Section 36 Application will be made. Landscape topography, viewpoint photos, bird surveys, archaeological walk over and peat probing are done. Ecological studies are almost complete. Noise assessment is in progress, with sensors checking noise doesn't break limits. All surveys are expected to be finished by October 2023.

A Community Wealth Fund of £5k/MW i.e. £300k/year is proposed to be created. Galileo have put forward the following ideas for discussion: A £100k construction period disruption fund; sums to discount electricity costs for properties within 5km from the turbines – this would cover over 600 properties. Payments per year would be on a sliding scale based on distance: 1.5km - £1.4k; 2km - £1.2k; 2.5km - £1k; 3km - £800; 3.5km - £600; 4km - £400 and 5km - £200.

A further consultation event will take place at Carnbo Village Hall on 28 August between 3.30 and 7.30 pm.

An MOP asked: How far away can they be seen? Answer: 50km from out at sea.

Will they need hydrocarbons to work? Gears require oil!

NF asked if both applications were likely to go ahead? They may need to complement each other. Brunthill were asking for 220 turbines, this has now dropped to 200.

### Matters Arising

To prevent items falling off the list for discussion (e.g. The Common Good Fund), it was proposed that a log of actions for CCllrs should be kept. Common Good Fund needs to be a KCC item as it belongs only to Kinross and no other CC area.

**Foliage** has been cut near Sainsburys as requested.

**Gallowhill** is still missing a VAS sign.

**Dentist Situation:** CCllr C Collins wrote to Jim Fairlie and has had a reply. A fund has been set up by the Scottish Government to attract new NHS dental practises. Contact the CC if you would like to see the letters.

**Shop Windows:** owners have been contacted to ask about these being cleaned.

**Replacement Boundary Fences:** Had asked for these to be opened. The gates are locked at Old Cleish Road preventing access.

**Locker Key Refunds:** Kinross High School will only pay by BACS which requires bank details to be sent. PKC looking into this system.

### Kinross Town Centre

Signage being worked on. Clock Tower owner has offered to gift it back to community. Discussion ensued on the probable costs of upkeep. Cllr Cuthbert suggested the Common Good Fund. Suggested that we could write to officers and request it is returned back to community as it is a Grade A listed building and scheduled monument.

### Planning

#### New Applications

23/01070/FLL Siting of an above ground fuel tank and associated works at the Control Tower, Balado Airfield, Kinross

23/01148/FLL Installation of replacement sludge thickening system comprising containerised packaged plant, thickened sludge pump, sludge break tank, wash water and concentrate poly kiosks, tank fed eyebath and associated works at Kinross North Water Treatment Works, Kinross

23/01176/FLL Installation of flue at Cobwebs, 6 Montgomery Street, Kinross

23/01223/FLL Change of use of open space to form outdoor seating area/event space, erection of marquees (for a temporary period) at land 140 metres east of Green Hotel, Kinross

23/01120/FLL Installation of EV charging point at Home Cottage, Wester Balgedie, Kinross

23/01274/FLL Part change of use of flat to form short term let accommodation unit (in retrospect) at 3 Town Hall Apartments, High Street, Kinross

23/01370/FLL Extension to dwelling house at 8 Gordon Place, Kinross

#### Decided Applications

23/00831/FLL Alterations to dwellinghouse (in retrospect) at 5 Hatchbank Lane, Gairney Bank, Kinross, approved

23/00917/FLL Alterations and partial re-roofing to dwellinghouse, Middle Balado, Kinross, approved

23/00919/FLL Erection of 3 light industrial units and a members only retail club at Anchorpoint House, Clashburn Close, Bridgend Industrial Estate, Kinross, approved

23/01024/FLL Erection of porch and formation of raised terrace, Carsegour Farm Cottage, Kinross, approved

23/00794/FLL Erection of replacement boundary fence and gate, land north west of Old Cleish Road, Kinross, refused

Local Area Committee Suggestion: Training on planning and the opportunity to ask questions is to be offered to KCC from Planning Officers.

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### Councillors' Reports

**Cllr D Cuthbert** advised that grey bins will take soft plastics including pill packets and crisp packets. A sticker for blue bins had been requested to show what goes in those.

**Cllr N Freshwater** Asbestos at local farm had been removed. VAS sign at Gairneybank still missing.

**Cllr R Watters** Issue with trees at Broom Road had been resolved. An MOP mentioned tree cutting at Gallowhill gardens. A contractor has been employed by a resident and has decimated trees. Tree surgery on this scale is detrimental to local wildlife and is not recommended until end of August. To check if falls in conservation area.

### Community Councillors' Reports

**CCllr B Freeman:** End of financial year, £600 in bank account. All agreed to purchase a new camera to safeguard the defibrillator on the Muirs. BF

**CCllr L McKay** First responders doing a lot of great work. Parking at KPS/Station Road is dangerous. Tree cutting at Davies Park due to ash die back. Trees will be replaced with something more suitable. Comments on Park to be sent to KCC asap. Potholes at Kirkgate: LM

**CCllr C Collins** Possibility of seagull proof bins for Kirkgate? Seen elsewhere with plastic strips, not expensive solution. Lots of mess caused by gulls emptying bins of chip boxes etc. CC to write to PKC Greenspace Team.

The sad closure of Mill Shop and Mr Chan's Chinese Restaurant were noted by the CC.

### AOB

A member of the public spoke about his need to build a residential house for his son at road end of his farm premises, to cut down on tractor journeys and provide storage for large machinery. He asked the CC to support his upcoming planning application. The CC agreed to provide a letter of support when the application is made.

*The next meeting of Kinross Community Council will be held on Tuesday 24 October 2023 at 7.30pm.*

## Fossway Community Council News from the September Meeting

<https://www.fossway.org/community-council>

**Present on 5 September** were CCllrs T Duffy, S Bruce-Jones, A Cheape, N Marchant and T Lamb; Assoc CCllr C Farquar; Cllrs D Cuthbert, N Freshwater and R Watters; 19 MoP; Police Constables Samson and Craig

**Apologies:** CCllr G Pye; Cllr W Robertson

### Police Report

From 1 August 2023 there have been 67 calls to Police from the Fossway area and five crimes recorded on Police systems. Between 7 and 8 August there was a theft of car registration plates in Crook of Devon and on the 9 August a robbery on A823 near Powmill. Both are subject to live investigations.

Over the last month local officers from Kinross have been carrying out speed checks across the Kinross area. This included checks in Crook of Devon. On 20/08/2023 Traffic officers were carrying out speed checks at Junction 5 on the M90 whereby one vehicle was stopped for speeding and the driver charged accordingly. Police Scotland stated that any crimes that are reported to them are investigated to the best of their ability.

### MoP Questions and Answers

**Q:** People on horseback have irreversibly damaged crops in fields – how can this be stopped?

**A:** Police Scotland to follow up with MoP.

**Q:** Concerns were raised over speeding of HGVs on A977 & A91 and vehicles following Knockhill events on A823 and A977; Vehicles failing to stop at red traffic lights in Powmill at night.

**A:** Police Scotland will inform Traffic division but advised that traffic concerns can be reported via [TaysideKinross-shireCPT@Scotland.pnn.police.uk](mailto:TaysideKinross-shireCPT@Scotland.pnn.police.uk) or <https://www.scotland.police.uk/secureforms/contact/>

**Q:** CCllr asked if recent accident in Powmill was traffic related?

**A:** No

**Q:** Concern that traffic lights in Powmill are not visible when travelling West on A977

**A:** This should be reported to PKC via traffic and travel road condition page on PKC website

**Q:** Where should I report strange vans seen on farm tracks and roads?

**A:** Phone 101

### Matters Arising

#### Brunthill Wind Farm

Two representatives from E-power (Alan MacIntyre) and Pagoda (Keith Geddes) who are proposing the Brunthill Wind farm attended the meeting and provided an update on their plans. 18 turbines (185m) are proposed in an area that is designated group 3 which is defined as a potential development area for wind farms. Site is intended to be operational in 2030 to help meet Scotland's net zero target. Ecology and other surveys started in 2020. Background noise assessments will be conducted. Planning application will include socio economic benefits which with a 35yr life could equate to £22.5million. Also propose to increase biodiversity. Aim for planning submission Nov 2023 with PKC committee Q2 2024 with Scottish Ministers' decision anticipated Q2 2025 or if an appeal is required then 2026.

#### MoP Questions and Answers

**Q:** What is length of blade to be transported?

**A:** 80m. Use of night transport will be decided by Police & PKC. Number of lorry visits to site not yet decided.

**Q:** Can you acquire and use shorter turbines?

**A:** Can do now but will not be able to in future when build commences

**Q:** What will be the impact on migratory birds?

**A:** Ornithologists have been on site for 2 yrs. monitoring flight paths.

**Q:** Where is generated power going?

**A:** The windfarm is being built to support Scotland's Net zero 2030 target. Energy will go onto National Grid.

**Q:** Is the conflict between NPF4 and PKC policy on renewable energy an issue?

**A:** Developer is aware of conflict.

CCllr Duffy requested that the Developer engage directly with the Carnbo community.

#### Windfarm Joint Meeting with other CCs

CCllr Bruce-Jones attended a closed meeting with other CCs on 10 August to discuss and decide on a joint response. The aim was to discuss what the CCs should and could do together in relation to the proposed windfarm projects at Craighead Farm and Brunthill, both of which will directly impact our communities.

Whilst there was no decision that CCs approved or disapproved of these projects it was emphasised that it was important that there was a consistent approach, that our responses should ensure that the needs of the communities were paramount and that there was a need to plan ahead so that we can negotiate with developers.





If these projects do go ahead and given NPF4 and the Scottish Government strategy it is looking increasingly likely, it is important that we consult on mitigation measures and that any community benefit money stays within the community. Examples cited included use of renewables funding in Glenfarg for the Community Bus service. Other ideas included ensuring that community funds could be used to support sustainability projects such as home or public building insulation, charging stations, employing a Bid Writer to help with funding applications. Need to be inventive and set strategic goals with what could be considerable sums.

Agreed that we needed to establish exactly what PKC strategy was in relation to windfarms as they will be Statutory Consultees and what plans they have for our communities. Suggested the need to establish either a Community Action Group or Community Development Plans that could make full use of funding.

If a group is established, it would have to be properly constituted and include elected Community Councillors to ensure accountability and transparency.

Some of those present will attend the CARES – Community and Renewable Energy Scheme Conference on 19 September and will report back at the next meeting on Thursday 28 September.

### MoP Questions and Answers

**Q:** Concern raised that in other industries the community benefit fund did not materialise. How can we avoid this?

**A:** CC understands that this is a legislative requirement.

The CC has received a similar invitation to a meeting organised by Friends of the Ochils also looking to formulate a joint response.

### Community Development Trust

Mike Barnacle reported that there are now 45 members. Bank account is being actioned and then the CDT will join DTAS. The CDT will work with DTAS to seek funding to create a professional local place plan. Currently preparing business case for lease of Blairingone School.

### Local Place Plans

Cllr Marchant reported a summary of the early findings from the Big Place Conversations which were presented at the Fossoway Gathering. The CC will receive a formal report from PKC end of September.

### Road Safety in FDCC Area (Including A977 Mitigation and Carnbo):

Cllr Bruce-Jones reported the following:

A977 Mitigation Signalisation at School Road Junction is underway and due to be completed this month. Following representations from this CC, PKC have raised the issue of temporary traffic control lights not working fully and requested that the contractor remains on site between 8am and 6pm. If any issues out with these times, then could they be reported to 01738 476476, the out of hours roads emergency number and this will ensure it is dealt with as quickly as possible.

Signage warning of lights is already in place for traffic heading west which will remain and for east bound traffic new signage will be placed at the corner of the village hall to give advance warning to drivers coming around the bend.

Drum Signalisation is due to commence in October. There are still details regarding design to be finalised and we have requested sight of final plans. We have contributed requests from residents including maintaining pavement and pedestrian access, safe route to school and speed reduction to 30mph.

### Carnbo

We have received the following from PKC.

As advised at the Kinross-shire Local Committee meeting on 24 August 2023 the delivery of the Carnbo 30mph speed limit is at an advanced stage. There had been some delays as a result of an objection to a proposed 30mph speed limit at another location in the P&K area. However, on advice from our Legal colleagues we have been able to proceed with those 12 locations where no objections had been received.

The legalities of the Traffic Regulation Order (TRO) are almost complete and with our Legal colleagues to finalise. Last week Blair Watt met with our signing contractor (Tayside Contracts) to

discuss the delivery of the 12 unopposed 30mph speed limits that are being installed throughout the Perth & Kinross area. Carnbo is one of two new speed limits amongst the 12 and as such we have asked that this be prioritised and for it to be one of the first 30mph speed limits to be installed. The contractor is working on the installation programme and as soon as we have this, we will advise you of the planned dates. It is our understanding that the signing works will commence at the end of this month and continue into October 2023.

### MoP Questions and Answers

**Q:** Concern raised that new school road traffic lights may cause more accidents especially in Winter. Belief that new lights will be set red as in Blairingone and that this could lead to more cars idling and pollution. Is this correct?

**A:** A977 mitigation was consulted on with community and aims to reduce speed of traffic and volume of HGVs. CC understands that new traffic lights will be set to green and warning signs will be placed in village. Cllr Watters will confirm.

### Fossoway Area Transport incl. Transport Group and Bus Service

Cllr Lamb reported that he monitors the 202 bus and has reported that it is not reliable mainly due to condition of the buses used on the route. PKC concur with this and Margaret Roy has met with Stagecoach to discuss this. One solution that they have proposed is to put on larger single decker buses but that would require amendments to the route. The CC does not see that this is an acceptable solution. Cllr Lamb is going to meet with Glenfarg Community Bus group to discuss their operation.

### MoP Questions and Answers

**Q:** Failure of 202 bus has caused MoP to miss two doctors' appointments and be stranded in Kinross. What is being done to improve reliability and why doesn't service extend to Loch Leven Campus?

**A:** Cllr Lamb is discussing reliability and route with PKC. Noted that Stagecoach tracking app is now more reliable. Tendering of contract occurs annually so may not be able to alter route until then. Cllr Duffy noted residents still have access to DRT although it is limited.

### Fossoway Gathering

Cllr Duffy reported it was a very successful day.

### Local Area Committee

Workshop 2 August 2023 Afternoon session for all Committee Members i.e., four elected Ward Councillors (voting), representatives of six CCs (non-Voting) and PKC Officers. A very useful session where we reviewed the background and aims of the Committee, discussed, and agreed practical arrangements for the future and did SWAT analysis. This in particular enabled us to see what worked, what didn't, how it could be expanded and what risks it faced.

We reviewed the findings of the ICONIC Evaluation Report on the Pilot Scheme and an opportunity to set a clear course of action for the future.

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## Community Council News

It was agreed that structure remain as Scheme of Administration so that only Councillors and CCs would be members, with only Councillors having voting rights. CCs would have advisory/consultative role. This ensured that it remained a Decision-Making Committee not just advisory.

Name change to Kinross-shire Committee agreed to ensure consistency and it will meet quarterly with CCs encouraged to submit agenda items to the Committee via PKC secretariat.

An update on Road Safety Measures in the area was received.

Blairingone former School and Community asset transfer. Business case is being developed by CDT.

Winter Maintenance Programme clearer idea of priorities, availability of a push pavement sweeper for community use by volunteers – we just have to ask, importance of providing feedback to PKC team to ensure our local priorities particularly in the shire villages are dealt with. Requested that new roads and pavements be included in this year's schedule, importance of school access roads being cleared particularly as often on side roads that are not on the priority list. CCs to provide priorities for villages. Push Along Footway Gritters are also available from PKC for community volunteers to use: PKC\_RMP@pkc.gov.uk

Recommendation that CCs add an item to their own agendas to have input for future KC Agenda items.

Kinross-shire Committee is no longer just a pilot scheme and Council have voted for its continuance.

### PKC Consultations

Review of Scheme of Establishment of Community Councils Response from CC was submitted.

Tayside and Central Scotland (TacTran) Regional Transport Strategy (RTS) is a partnership plan identifying the strategic transport priorities for the Angus, Dundee City, Perth & Kinross, and Stirling Council areas. The CC welcomes the strategy especially the focus on working across local authorities and focus on rural transport but believes that the strategy could be improved by considering alternatives to public transport and the use of more positive language. Closes 27 October 2023.

### Scottish Government Consultations

Effective community engagement in local development planning guidance A consultation about the new approach to local development planning forming part of the Government's work on reform of the planning system and implementation of the Planning (Scotland) Act 2019. The CC supports this guidance and has recently partnered with PKC in use of the toolkit. Closes 13 September.

### Mandatory training on planning for elected members

Elected members have a crucial role in the decision-making process within the planning system, so it is vital that adequate training helps them make decisions that are robust and sound. Closes 26 October.

### Community Council Business

**Meetings Attended:** Cllr Cheape attended the Kinross Fund meeting on 4 September, two applications were considered, the Kinross Open Spaces Action Group was seeking a grant of £2,000.

General principle supported but due to an inadequate business plan the decision was deferred until December meeting. Kinross After School Club were considered to be a good cause and their requested grant of £3000 was awarded.

Cllr Duffy announced that she is resigning from the CC in October and that this is the last meeting she will be attending. Cllr Duffy will be coming to our Nov meeting so that we can formally thank her for her 16 years of service.

### Planning Matters

DPEA Appeal 21/02133/AML, PPA-340-2151 <https://www.dpea.scotland.gov.uk/CaseDetails.aspx?ID=122826> No decision yet.

### Planning Applications

23/01224/FLL (previously 23/00259/FLL) Erection of 29 dwelling houses and associated works (phase 1 – allocated site H53) at Land 80 metres north west of Huize Baahock, Powmill, Dollar.

The revised application now includes flood risk assessment; drainage assessment; replanting of trees and shrubs report and an impact on transport report which addresses some of our previous concerns.

Neutral Comments discussed and agreed on Revised Application.

### AOCB

Mike Barnacle reported that Drummond Park Road adoption scheme has now been completed.

### MoP Questions and Answers

**Q:** Can brown bin collection cover all of Carnbo?

**A:** Cllr Freshwater will look into this.

*The Next Meeting and AGM of Fossoway and District Community Council will be held on Tuesday 3 October at 7.30pm in Crook of Devon Village Hall. All are welcome!*

## Milnathort and Orwell Community Council News from the July Meeting

**Present at the meeting** on 13 July were: Cllrs A Wanless, K Heneghan, M Thompson, P Britton, N Bingham, A Macrae, Cllrs D Cuthbert, R Watters and 18 members of the public

**Apologies:** L Watson (MPS), Cllr W Robertson, Cllr N Freshwater, Police Community officers.

### Presentation On Proposed Planning

#### Application For The Old Bca Site

Andrew Richardson – London & Scottish Property Investment Management (LSPIM) gave a presentation on the proposed development at the old BCA site in South Kinross.

Key points from the presentation are:

- LSPIM were responsible for the Cupar, Cowdenbeath, Aviemore, Paisley and Cumbernauld shopping developments.
- Proposed flood alleviation plans for the area around the site need to be started/complete before development of the site can be started.

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The site and the shops located there do not want to compete but want to compliment the high street. No tenants in other developments have changed or gone out of business.

### Loch Leven Pollution

Cllr Watters highlighted that clarity on the loch has been great, but some a bloom of algae was observed on Sunday, but the number of occurrences has been less this year.

### Actions From Previous Meeting

Bridge and gate – Cllr Watters indicated that council officers were progressing looking at new gates and he had asked for an update from the enforcement officer on the bridge, however there were on holiday.

The Community greenspace officer will contact Hillcrest about putting in a new gate at the Fleming court entrance.

### Speedwatch

A date is being looked at to hold a training session, however availability of the Police is a challenge at present.

Once the equipment has been purchased, we have agreed with Fossoy CC for it to be stored in Milnathort for easy access from all across Kinross-shire and access will initially be managed by MOCC.

### Planning

#### Applications Submitted

23/00911/FLL: P8- Kinross-shire, Erection of a dwellinghouse and associated works (revised design) at Land 20 Metres North West Of Tillyochie Farm Cottage, Balado, 15-Jul-23

#### Decided Applications

23/00302/FLL Extension to dwellinghouse and formation of raised decking 67 South Street Milnathort, approved

23/00506/FLL Alterations and extensions to dwellinghouse (in retrospect) Warroch Wood Cottage Milnathort c/o Fine Designs, approved



### Core Paths Update

A training day for use on the flail and strimmers will be organised in the coming weeks. The core path team were out strimming and flailing at end of May, but it appears some paths are overgrown, so we'll be back out again next weekend, and throughout the summer. Thanks to Cllr Richard Watters, for donating a strimmer.

### Comments and questions from the floor

A member of the audience asked if we could get more detail on the local crimes as what is currently reported by the police is too high level. Neill responded that he was already in discussion with the police on this matter.

The next meeting of Milnathort and Orwell Community Council will be held on 12 October 2023, 7.30pm at Milnathort Town Hall

### Portmoak Community Council

The minutes from the August meeting of Portmoak Community Council were not available at the time of printing.

## Funding

KVG/ROS is supported by Perth and Kinross Council but there is always a shortfall. Our Management Committee are continuously fund raising, and coupled with the donations we receive from local organisations, service users and individuals, we are able to provide the funds to cover our expenses and running costs. We are so grateful to everyone who supports us and allows KVG/ROS to deliver this vital community service.

Our continuous service to the community is only possible due to the core funding received from:-

- Perth and Kinross Community Care
- Perth and Kinross Community Transport Fund
- and the generous donations from
- Kinross Community Council Newsletter
- Local churches, community groups and organisations
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**A bit about me...**

Originally from Cowdenbeath, I spent the last 10 years living in Dunfermline. I moved to Gallowhill Road, Kinross in August 2016, with my wife Jacqueline and our two year old son, Calum. I'm a time-served joiner with 17 years' experience.

## Kinross Climate Cafe



After a break we are resuming monthly meetings at Loch Leven library on Tuesday 3 October at 7pm.

At our first session we welcome Helen McCrorie, who is the embedded artist at Perth Theatre and Concert Hall working on a sustainable audience travel project, with Creative Carbon Scotland.

Helen is focusing on buses in response to the Perthshire roll-out of electric buses (with Scottish Government subsidies), sparse rural service, fares going up, buses as a social justice issue, and the Transport (Scotland) Act 2019 which gave new powers to regulate the bus service. Come along and give your views about the barriers to using the bus service from Kinross-shire to attend exhibitions, concerts and performances in Perth. What makes this difficult, inconvenient, or impossible? Do you feel strongly about this issue, and what needs to change?

Through a discussion and creative workshop activities we will input into plans for a public artwork that will shout loudly about the issue to the public and private bodies that can affect change.

Helen McCrorie, based in Comrie, Strathearn, is a visual artist who also works with film, sound and collaborative workshops and events. Her recent commissions include Creative Scotland and Education Scotland Creative Wellbeing Project 2022, BBC Arts/Lux Scotland, COLLECTIVE Edinburgh 2019, and Culture Perth and Kinross Platform Festival 2018.

Contact Gosia Stanton by email at [climatecafe@kleo.org.uk](mailto:climatecafe@kleo.org.uk).

## Kinross Haiku Circle (Kinku)

We are a small, newly formed group who want to learn about haiku and its related forms together. We presently meet on the fourth Monday afternoon of the month in a member's home. If you are interested in haiku we would love to welcome you to our circle, informally known as Kinku. Please contact Joan Gibson on 01577 862091 or by email at [fliidh.uaine@gmail.com](mailto:fliidh.uaine@gmail.com).

Pleasantest hour with friends and haiku, odyssey begins.

## Portmoak Film Society



### Portmoak Film Society Relaunches With Record Attendance!

September marked the successful relaunch of Portmoak Film Society after several years of disruption due first to the pandemic and then the breakdown of the old technology a year ago. Generous funding from amongst others, this *Newsletter* allowed us to purchase a new, all-singing, all-dancing audiovisual package with high definition visuals and powerful surround sound. Perhaps the record number of film fans was also due to our choice of 'Local Hero', one of Scotland's best-loved films, to celebrate its 40th anniversary and they gave it, unsurprisingly, a 90% 'excellent' rating.

We hope the good attendance will continue for our next film on Saturday 14 October, 'The Quiet Girl'. This 2022 Irish film, based on the book 'Foster' by Claire Keegan, gained a 5\* review from the Guardian and many other critics. Set in the 80s, it is the story of a young girl who is sent to live on a farm in County Waterford for the summer to give her struggling parents a break. The film probes the dark secrets of their lives but she finds comfort in the beautiful landscape. The film was praised for its superb cinematography and is in the Irish language with subtitles.

All films are shown at Portmoak Village Hall, Scotlandwell. Doors open at 7pm and films start promptly at 7.30pm. A season's membership is available for £40 covering all eight films, or you can pay £6 on the door. Tea and coffee are served after the film. Regulars and newcomers welcome! For further information, contact Felicity Garvie on 01592 840825.

## Kinross Probus Club



### Thatching In Perthshire

How many of us have been to, or even heard of, the small village of Kinrossie? It is a linear village in Perth and Kinross, less than a mile south of the A94 road, 8 miles from Perth and 6 miles from Coupar Angus. Kinrossie retains the typical layout of a Scottish village, comprising a broad main street lined with houses dating from the 18th and 19th centuries, with some 20th century replacement buildings.

Martin Payne, who lives in Kinrossie, came to Probus to tell us about his experience of living in a thatched cottage and having the roof rethatched in the traditional manner.

Thatching is the craft of building a roof with dry vegetation such as straw, water reed, sedge, rushes, heather, or palm branches, layering the vegetation so as to shed water away from the inner roof. Since the bulk of the vegetation stays dry and is densely packed, trapping air, thatching also functions as insulation. It is a very old roofing method and has been used in both tropical and temperate climates.

In times past the skills of building haystacks in the fields were transferred to roof thatching and in rural areas thatch was the fairly standard option. As these skills were slowly lost thatching became less common and much more expensive and many estate owners would no longer rethatch but cover roofs with corrugated iron. Latest surveys indicate there are only around 300 thatched properties left in Scotland with only 200 of them in their original condition.

The thatching material used today is mainly water reed and we have a local supplier based in Errol. Originally established to protect the riverbed and banks, it has proved to be the perfect material for rethatching.

Martin explained the techniques used by his contractors to strip out the old thatch and rebuild using tried and tested methods. It is back breaking work but done with skill and enthusiasm which produced the perfect end result of a rethatched roof which should last another 45 years.

So the next time you fancy a trip up past Perth, take a wee detour off the A94 and visit Kinrossie to see one of the best examples of a thatched cottage.

## Kinross-shire u3a



[u3asites.org.uk/Kinross/home](http://u3asites.org.uk/Kinross/home)

u3a is open to semi-retired and retired people and the joining fee for this current session is £10. We currently have a number of varied groups who enjoy activities such as a Book Club, Poetry, Scrabble, Genealogy, Famous Scots etc. We also meet at Kinross Parish Church on the first Tuesday of each month. In May we hold our Annual General Meeting but each month from September to April we offer a talk to our membership from an invited speaker.

On Tuesday, 3 October, we will be holding a presentation from George Sutherland. 'Doors to the Parish Church will open shortly after 2pm with the presentation at 2.30pm. Teas and coffees will be served following the presentation.

We also take this opportunity to again thank Amanda James for her presentation in September. The information she gave on Kinross Potager Garden in Bowton Road was extremely interesting and informative. Thanks also to the members.

u3a information is available either from our website (search for Kinross-shire u3a), on Facebook or alternatively, contact us by email at [mbs21@btinternet.com](mailto:mbs21@btinternet.com). New members are always welcome – why not join us at the Parish Church for one of our presentations and see what we have to offer.

## THE KINROSS NEWSLETTER

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One of the many spectacular chateau buildings in rural Normandy

## Town Twinning Association



Perth & Kinross Council held a meeting of all twinning associations in the area with a view to offering more support over the next few years. The council is evolving a strategic lead on existing and potential new twinings. Five 'bailies' have been appointed to oversee this initiative with Claire McLaren being the French representative. A 'support plan' is being formulated to allow twinning organisations equal access to council support and funding within set criteria, but with a focus on 'special' anniversaries allowing access to a possible civic reception, ambassador visit and access to community minibuses.

Twinning organisations which operate under the umbrella of community councils have automatic access to free public liability insurance and risk assessment support. Council twinning guidelines on protocols and procedures will follow.

There will be a number of significant anniversaries in 2026 (Aschaffenburg 70, Perth Canada, Perth Australia and Cognac). An international festival is planned for August 2026 with a focus on the Salute and Highland Games. PKC have a model constitution for twinning organisations and a vision which encapsulates cultural, tourist and economic benefits and impact. They are preparing an engagement report on existing twinings. The council is also keen to involve schools via links and exchanges with the education department. It is also hoped that local councillors will be encouraged to get involved.

Twinning organisations are encouraged to produce case studies of

how they operate, with frequency and styles of exchanges. These organisations have access to local common good funding as well as other funding bodies.

A summary of Kinross and District Town Twinning Association's operational status is as follows. Initially twinning visits were every year but this changed to a three year cycle with one year of no visits between the alternate visits. In 2024 will celebrate 50 years since the Gacéans first came to Kinross.

The year 2025 was scheduled to be a year of no visits but, as it will be 50 years since Kinross first visited Gacé, they have requested that we visit then as part of their celebrations.

It is hoped that Kinross High School links with the two Gacé secondary schools will be re-established post Covid-19.

The Kinross twinning committee is meeting at the end of September for a debrief meeting to reflect on the recent visit to Gacé and to prepare for the forthcoming visit of our Normandy twinning families at the end of July 2024.

## Kinross in Bloom



September was a quiet month. We stopped watering mid-way through September partly due to the weather and, also many of the planters were past their best. The rugby club will once again help us in taking the hanging baskets down at the start of October.

We took stock of 2100 pansies (plug plants) at the start of September. They were quickly planted on and will be planted out in October once the planters have all been emptied.

There is no 200 club draw this month, but there will be two next month. If you would like to support us for £12 a year with a chance to win something monthly, please contact [aileen.sorbie@lineone.net](mailto:aileen.sorbie@lineone.net).

Our next meeting will be at 7pm on Wednesday 4 October and anyone can attend.

Our AGM will be on Wednesday 1 November to which anyone can attend. If you would like to help in any way (formally or informally) please contact [susan.mitchell150@gmail.com](mailto:susan.mitchell150@gmail.com).



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## Kinross Garden Group

In September the garden group had a great outing to the Royal Botanic Garden in Edinburgh. What an amazing place; there is so much to see and such a variety of plants from all over the world.



Our first meeting of the new season is on Thursday 12 October at 2pm when Sandra Goodswen from East Lothian will talk about 'Weeds!' which is a subject close to every gardener's heart.

Membership fees remain at £20 for the year and £5 for visitors. We will be taking membership at this meeting. If you are new to Kinross-shire and interested in meeting fellow garden enthusiasts you will be made very welcome. Talks take place at Kinross Parish Church on Station Road and doors will be open from 1.30pm. For more details contact Caroline Anderson on 01577 864589 or by email at [acaroline1000@gmail.com](mailto:acaroline1000@gmail.com).

## Kinnesswood in Bloom

We started our working groups with the school at the end of August. Every child in the school went home with a harvest bag containing different selections of vegetables. We hope all the families enjoyed what they were given. We have received feedback from the children about the many different recipes they made.



Since then, the polytunnel has kept producing tomatoes, cucumbers, a couple of broccoli, runner beans, aubergines and many bunches of grapes. These have been used by the school for activities including grape tasting and soup making. Produce was also left in the village veggie box and taken to the Bishopshire friendship circle. We are pleased to see other people from the surrounding area leaving their surplus crops in the veggie box. They have been much appreciated by the recipients.

All the children have been given a session in the school garden, completing the tasks that need to be done at the end of the season. They have been cutting up stalks from the sweetcorn,



peas and beans, picking the last of the crops and helping turn the compost tumbler. We have tried saving strawberry runners this year and hope these will make new plants for next year. Other jobs are cutting back buddleia and deadheading the flowers. The groups have all worked hard and have been attentive to their tasks. We will be displaying our work with the children in the RHS 'Big Food Share' event.

Our big event in September was the completion of the refurbished bus shelter. The oak panels from Aberfeldy are now in place thanks to Matt Mills. PKC kindly helped with the extra costs. We are sure everyone agrees that it is a great improvement and a place to show off the heritage, environment and artwork from Kinnesswood. It is still a recycling centre, has a defibrillator and copies of our walk book.

Although we did not take part in the Beautiful Scotland Awards this year, four of us did attend a lovely event at the Edinburgh Botanic Gardens (pictured). It was a fabulous evening and we were presented with a certificate of recognition and wished well in Britain in Bloom.

We are starting to firm up our plans for improvements and repairs of the Michael Bruce cottage garden.

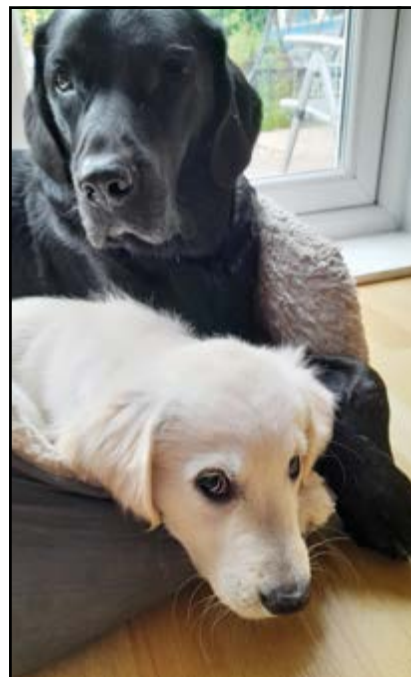
Our next meeting is at 7.30pm on Thursday 5 October at the Well Country Inn.

## Kinross Guide Dogs

After a fabulous KLEO market stall in September, we have a short time to prepare for our Festive Market stall which is coming up soon.

We are asking for donations to again be handed in to Bad Gal Nail on the High Street. Bottles and good quality gifts are needed for our tombola. Many thanks for your generous support.

I have been a bit busy as a new pup in the family is a bit of a commitment. We now have our medically retired Guide dog and a five month old puppy. They are great playmates and although new things are not always toys, the pup doesn't of course realise this. Luckily our big lab is a good mentor and is showing him the ropes.



Hopefully they'll both become Guide Dog Ambassadors in the future and you will see them at future fundraising events. Always we are looking for volunteers, please see the volunteer page and contact me for a chat if you'd like to know more.

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## Kinross Camera Club

[www.kinrosscameraclub.wordpress.com](http://www.kinrosscameraclub.wordpress.com)  
[facebook.com/KinrossCCLub](https://facebook.com/KinrossCCLub)



We begin October with a zoom presentation by award winning fine art landscape and portrait photographer Carmen Norman. In her talk 'Lake District Moods' Carmen will share with us her intimate knowledge of The Lake District where she captures outstanding images of secret and quiet locations and will give advice about the best times to visit the popular spots to capture the iconic images. Carmen is a Nikon Professional and runs workshops in the lakes showing people how to make the most of their cameras and helps them create their own stunning images.

October sees the first of our two external competitions and takes place with The Perthshire Alliance held at the Perth Civil Service Club. An afternoon where we meet up with two local photography clubs and in friendly combat, our images are critiqued by an external judge who has the difficult task of scoring each image and deciding on the winning club. Also in October will be the first of our club competitions, 'Fortune and Greer' and smartphone photography. This is a friendly evening where the submitted images are judged by club members on the night.

We look forward to a zoom presentation by photographer Kieran Metcalfe titled 'Taming The Chaos'. Kieran talks about exercising photographic control in the landscape:- 'Landscape photography relies on two components, the atmospheric conditions, which you cannot control, and the composition of the scene - which you absolutely can'. He will talk about the principles of composition which he has learnt along the way and applies to his images.

The month ends with a favourite called 'Everyone a Judge' This is an evening which gives members a chance to put on a judging hat. A selection of previously scored images from another photography club are displayed in a slideshow and we are invited to give our own score for each image. Often we agree with the original judges

score and sometimes we don't! Always in good humour, this is an entertaining evening.

If you have an interest in photography and would like to join us, or if you would like to learn more about Kinross Camera Club and the planned activities and events, please contact us by email at [secretary@kinrosscameraclub.org.uk](mailto:secretary@kinrosscameraclub.org.uk). All abilities of photographer will be made very welcome. You can even come along to a few meetings before deciding if you would like to become a paid up member. Why not come along to one of our October meetings and see if you enjoy it?

Our featured photograph this month is called *Arran Hills from Goatfell*. (above). This fabulous shot was taken by Bill Paton at the top of Glen Rosa with Paps of Jura in the far distance.

## Kinross Centre

Well, the weather has been very warm over the last couple of weeks, but it now looks like autumn has arrived the leaves have begun to fall from the trees.

We were very lucky this month when we were on our barge trip, the weather was perfect, the sun was shining and there was very little wind. Our server users thoroughly enjoyed their sail along the union canal.

Well as I'm sure you are all aware Kinross has had a very special visitor this month, King Charles III and we were very lucky to have him visit us here in Kinross centre. After King Charles had been to visit Broke Not Broken, he had a walk down the High Street where he greeted many local residents of Kinross and then was welcomed into the centre by Nan Cook and Rev Alan Reid who is Chairman of the centre committee. Nan explained to the King what the centre did for the local community, by offering a warm welcoming environment where people could come to enjoy good company, a delicious three-course meal and a variety of activities including curling, bingo, crafting. Nan gave the King a tour of the centre and when passing through the dining room the King chatted with our service users.

Then moving on to our activity room the King met our cooks Isobel and Yvonne, and Ailsa a volunteer. He then spoke to three of our service users Kathy Mabbott, Campbell Thomson and Cath Mearns. They all said the King and made them feel at ease and showed great interest in what the centre did. He then spoke to two families, a staff member and a volunteer from CHAS who had come to join in the celebrations. King Charles then moved back to the dining room where Reverend Alan Reid asked the King to unveil a plaque to celebrate 40 years since Kinross centre opened. After the unveiling the King was given three cheers. The service users then

## Kinross In Bloom 200 Club

### August Draw

1	No 71	Marie Taylor
2	No 01	Louise Scott
3	No 81	Pauline Watson
4	No 33	Moiria Hookham





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had their lunch where the spirits were high, and our visit had been enjoyed by all and I am sure will be talked about for a very long time to come. This was a wonderful way to kick off our celebrations for our 40th year anniversary. Thank you, your Majesty.

We would also like to thank a local electrician Tony Barclay for his very kind gesture. Earlier in the month Tony came into the centre and told us he had a globe for our outside light. The globe had broken quite a while ago and we were struggling to get a new one. Tony promptly put it on, and it looks amazing! Thank you.

As every month, I would again like to say a massive thank you, to all the hard-working staff, volunteers and committee at Kinross Centre don't know where we would be without you all.

We would love you to be involved with the Kinross Centre, either as a service-user, a volunteer or as a supporter, if you would like further information, please contact Nan Cook 01577 863869.

## Common Grounds

We have had a busy few weeks which started with our project lunch at the end of August.

This was a very successful event which started with a most interesting talk with slides by James Lamb from the Little Sherpa Foundation; beautiful scenery but also showing the help given to the children for their health and education.

Our stall at the summer market also went well and we thank everyone who either donated or supported us on the day.

The charity project for September has been Our Moon Education working in Zambia. This charity helps intellectually gifted young people who come from hugely disadvantaged backgrounds. It helps them prepare to thrive in the world's best universities and to use their education to help solve some of the large global challenges.

We look forward to seeing old and new friends for coffee and tea. We are open every Tuesday and Saturday from 10am–12.30pm. For more information contact Elaine Matthew on 07854460248 or Gaylor Hoskins on 07976553502.



## Kinross and District Art Club

[www.kadac.co.uk](http://www.kadac.co.uk)



On the evening of Friday 8 September 2023, around seventy KADAC members and guests welcomed Perth & Kinross Provost Zander McDade to the Annual KADAC Art Exhibition held at the wonderful venue of Cleish Village Hall. (See photos on pp36-37). The Provost opened the exhibition and praised the camaraderie and the work of the Art Club. In her welcoming speech, President, Dallas Key, thanked all members for their support, enthusiasm, and commitment to the Club. She also highlighted the dedication of two KADAC Members, Ian Gellatly and Irene Douglas, who support a small Art Group each Thursday at The Kinross Day Centre. Seven artworks by three of this art group were included in the KADAC exhibition. Dallas also paid tribute to Club Member, Tom Webster, who recently passed away, aged 90. His cheery and friendly personality will be much missed in the Club. The Provost was presented with a painting and card by Dallas before browsing the exhibits and chatting to the guests.

There was a delightful atmosphere in the Hall as the Provost and the other guests mingled throughout the artworks, enjoying wine and nibbles. Folks enjoyed viewing the one hundred and eighty-nine exhibits as well as the many different crafts. The popular raffle was well supported with folks keen to win one of the many prizes including many donated by local businesses. The Star Prize of a two-night stay at The Firs B & B in Blair Atholl was donated by KADAC member, Pauline, with runners-up prizes of an original painting by KADAC's professional adviser, Tom Sutton-Smith and a signed print by Greg Drumm, a KADAC member. The raffle was drawn on Sunday afternoon; to everyone's delight, the first ticket to be drawn belonged to the Provost, winning the Star Prize.

Over the weekend of the exhibition, 62 paintings in total were sold as well as a many crafts. More than three hundred visitors attended the exhibition with many taking time to enjoy a cup of tea and some



*Provost Zander McDade opened the KADAC Annual Art Exhibition 2023. Here he is with artist Dallas Key admiring the exhibits.*

home baking. The only downside was a payment technology blip on the Saturday. Thank you to all those purchasers, who went above and beyond to buy the paintings. Their supportive understanding was heartwarming. Throughout the whole weekend, support to the Art Club from the wider community of Kinross and District was evident through the comments, the footfall and the joyous atmosphere.

Thanks, specifically, to the people of Cleish for their incredible support throughout the exhibition weekend. Members felt so welcomed into this warm and supportive community.

During the weekend, visitors were encouraged to vote for their favourite painting of the exhibition. This year there were joint favourites: 'Girl in Blue' by Robin Kent and 'Passing storm, Glen Sligachan' by last year's winner Stewart Niven; Runners-up were 'Wingnuts' by Shirley Scott and 'Shackled and Tied' by Greg Drumm. The four members were each presented with a small prize.

At time of writing a visit to Lucinda Russell's Horse Racing Stables was being organised by Mags Gray, one of our Outdoor Painting Coordinators. The anticipation by members to being creatively inspired by this visit is mounting. We will report on this exciting trip in next month's edition. See more photos on p36-37!

*If you are interested in joining the club and developing your own creativity, you will find more information and contact details on our website. The Kinross and District Art Club meets on Tuesdays and Fridays (2-4pm) in Millbridge Hall.*

## Portmoak Hall 100 Club

### August Draw

- |            |               |                                     |
|------------|---------------|-------------------------------------|
| <b>1st</b> | <b>No 69</b>  | <b>Linda Chapman, Auchtermuchty</b> |
| <b>2nd</b> | <b>No 107</b> | <b>Wilma Barclay, Kinross</b>       |
| <b>3rd</b> | <b>No 18</b>  | <b>Lesley Johnston, Kinnesswood</b> |





## Portmoak Community Woodland Group

[www.portmoakcw.org.uk](http://www.portmoakcw.org.uk)



### APPLE DAY 2023

**1 October 2-4pm, Portmoak Community Orchard**  
(if wet, Portmoak Village Hall)

The countdown has begun to one of our most popular events, Portmoak Apple Day, in the community orchard in Kilmagad Wood. It's on Sunday, 1 October, 2-4pm.

Whether you enjoy picking apples, pressing apples or simply eating lots of baking with apple in it, there'll be something for you. It's a great family afternoon, with kids' games and plenty of space to let off steam. Dogs are also welcome.

This year we're pleased to welcome back Andrew Lear, aka Appletreeman, to identify any apples you bring along (remember to include a twig and leaves). He also brings a lovely display of apples, including a number of old Scottish varieties.

The orchard has a good crop and we'll be picking and pressing them into juice – as well as any you bring from your own garden. It's a patchy year, some people reporting a glut – others, virtually none.

But let's get back to the baking. There are rumours of new, apple-based concoctions (with recipes being kept a closely-guarded secret) while the provider of Dorset Apple Cake has returned to the wellspring of the traditional recipe (in deepest Dorset) and discovered innovations! Both the original and the new-fangled editions will be available on the day.

There'll be tea and coffee as well as all the apple juice. Please bring cash for donations to help pay for the event (there's no entry fee) and also bring containers if you'd like to take away some apple juice.

If it's a really wet afternoon, we'll be in Portmoak Village Hall, a solution which has worked well in the past. If it's merely light showers, remember your brolly.

In other news, we were delighted to welcome eight volunteers from the Scottish Environment Protection Agency to help pull birch from the raised peat bog which we're restoring in Portmoak Moss. To quote from our PCWG Blog: 'Hot sun, clear blue sky, the gentle hum of bees gathering pollen from the sweetly-smelling heather. Banana bread, tea cake and home-grown fruit crumbles on offer too.' In the 50 'person hours' put in on 4 September about 1500 square metres was cleared. Well done SEPA!

## Loch Leven Community Library

[www.culturepk.org.uk](http://www.culturepk.org.uk)

Tel: 01577 867205.

Email [lochlevenlibrary@culturepk.org.uk](mailto:lochlevenlibrary@culturepk.org.uk).



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Tuesday	10am-7pm
Wednesday	10am-6pm
Thursday	10am-7pm
Friday	10am-6pm
Saturday	10am-1pm & 1-3pm*
Sunday	Closed

*\*Reduced service with volunteers. Please make sure you have your library card with you if you wish to take out books.*

Come along and join our fun storytime sessions with your child on Friday mornings. Sessions run weekly, every Friday at 11.30am-12noon. These drop-in sessions are for pre-school-age children and there is no need to book.

Bookbug sessions are held on Wednesday afternoons at 2-2.30pm and Saturday morning at 10-10.30am. They offer fun, friendly sessions of songs, rhymes, and stories. These sessions are suitable for babies, toddlers, and pre-school children to enjoy with their parents and carers. To book a spot contact the library.

### IT Support Sessions

Are you struggling to make sense of the digital world? Would you like to learn more about your tablet, phone, laptop or any digital device? Why not pop into our IT support sessions for one-to-one support? You could learn how to send emails, download apps, surf the internet; topics covered will be specific to your needs. By taking the first step and booking a 45-minute, face to face session, it might just make a huge difference to your life. The sessions are monthly at Loch Leven Community Library and anyone interested in attending a session can book a time slot by phoning the library.

### Local Author Session

Join local author Emma-Louise Beeson at Loch Leven Community Library on Tuesday 17 October at 2-3.30pm when she'll be reading her new book, 'The Big Bully Wolf and the Pigs at No 3,' followed by a craft session.

This modern take on the classic tale is designed to help children understand their emotions through engaging rhymes and beautiful illustrations. Emma-Louise, an early years professional, has over



10 years of experience of working with families from newborns to primary school aged kids.

Admission is £3 per person and you can reserve your spot on Eventbrite or by contacting the library.

## Inner Wheel

Our Inner Wheel club meetings run from September through to the end of June so during this year the Inner Wheel movement is celebrating it's centenary, having been formed in 1924. The 100 years are being celebrated worldwide & all clubs have been asked to make it special in their own way. We have a very varied programme of speakers and events during the coming year and would welcome guests to our monthly meetings.

At the September meeting our District Chair Annetta Anderson spoke about her long connection with Inner Wheel and the various clubs and offices she has held within the movement. Our next meeting will be at the Kirklands on Monday 9 October when our speaker will be Lorna Clayton MBE speaking on Academic Families. We look forward to seeing you all there.



## Clubs & Community Groups

### Kinross Partnership Networking Breakfasts



Would you like to join us for the first of this seasons Networking Breakfast Meetings in October?

#### Kinross-shire Partnership's Networking Breakfast Event

Loch Levens Larder, Channel Farm, Kinross, KY13 9HD.

The event is on Wednesday 4 October 2023. It will start at 7.30am and will be finished by 8.45am. However, you are welcome to arrive from 7.15am and stay on as long as you wish afterwards.

The cost of the event is £15 which includes breakfast and a talk from our inspirational speaker from Growbiz Scotland.

Kinross-Shire Partnership has teamed up with Growbiz to provide enterprise support to anyone in the Kinross-shire area looking to start or grow a business.

Avant Garde Cafe and Gifts in Kinross High Street have kindly donate a private area of their premises for an advisor to meet with clients on a regular basis.

Everyone will also have the opportunity to tell us about there business or group (you can choose not to speak if you wish).

A short description of what you offer, also known as '60 seconds' or an elevator pitch, a short, pre-prepared speech that explains what your organization does, clearly and succinctly.

How to pay: In advance by bank transfer.

To reserve your place please email [kpnetworkingbreakfast@gmail.com](mailto:kpnetworkingbreakfast@gmail.com) or you can text or call Richard on 07999510500.

**DON'T FORGET TO  
PUT THE CLOCKS BACK  
ON THE 29th OCTOBER!**



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## Kinross High School Parent Council

Linktree: [linktr.ee/kinrosshparentcouncil](https://linktr.ee/kinrosshparentcouncil) Find us on Facebook

The first formal meeting of the new Parent Council took place on Tuesday 19 September and the minutes can be found on Facebook,



Parent Council members at the school's open evening. Euan Pirie (Chair), Susan Pirie (Secretary), George Reid (Treasurer)

via the Parent Council Linktree (see below) or on the Kinross High School website.

October's meeting will be held on Wednesday 24 October at 7.15pm at Loch Leven Community Campus. Everyone is welcome to join the meeting and items for the agenda can be submitted in advance by email at [kinrosshparentcouncil@gmail.com](mailto:kinrosshparentcouncil@gmail.com).

A key priority is to maximise involvement and communication with the school's parent body. Thank-you to all those who took the opportunity for a chat at our stall at the school's open evening on 7 September; we appreciated the time you took to share your thoughts and feedback. It was also great to receive so many offers of support for future activities; we'll be in touch!

Details of how to contact the Parent Council and where to find key documents and news of upcoming events can be found using this QR code, enabling you to easily get involved and stay informed. The email address and Facebook page are always open for your feedback, suggestions and questions. We wish all parents, carers, pupils and staff a pleasant October break.



[linktr.ee/kinrosshparentcouncil](https://linktr.ee/kinrosshparentcouncil)

## The Rotary Club of Kinross and District

### Rotary Is Proud To Help...

We were delighted to hear that the Rotary Club of Kinross and District has received a 'Bronze Partner Club' award by ShelterBox, in recognition of our support of the ShelterBox scheme during Rotary year 2022-23. We have contributed £2,400 during that period to aid the humanitarian relief providing shelter following disaster. We will continue to be aware of disasters around the world and consider how best we can support the victims.

However, our donations come from the magnificent response of our community to our fundraising activities. Our Winter Warmer Sale in September was a great success. Thanks to all who supported us. We are proud to be part of such a caring community.

We are also proud of our associate member, Richard Scott, whose 36-hour Swingathon on 14/15 May 2022 is now officially noted in the Guinness Book of Records 2024. The club was proud to support Richard's effort throughout!

Rotarians George Lawrie and Carolyn Poller represented the club at a reception on 20 September to launch CHAS' 'Hairy Highland Coo' charity trail. Sculptures will be placed around Perth and Kinross from June to September 2024 so look out for them next summer!

### We Are Planning...

... lots of events supporting the local and international community, raising funds and having fun.

The 'Young Chef' competition will be held the campus on 17 November. If you have a budding chef of secondary school age in your family, they should look out in school for details of the competition – every year we are bowled over by the amazing standards our youngsters produce.

The Rotary Shoebox Appeal will soon be launched. Children in school will be able to fill up their boxes; if any member of the public would like a box of their own, contact for details. Time to start picking up those wee bits and pieces that will fit into the

box and thrill the recipient. See <https://www.rotaryshoebox.org/suggested-box-contents/> for assistance with advice for filling the boxes. We always have a phenomenal response from Kinross-shire for this appeal and we hope to repeat that this year.

And, thinking of Christmas... Santa has agreed to return to Kinross-shire (he tells us it's one of his favourite places) and he will be out on the sleigh, ably assisted by Rotarians and friends as Christmas approaches. More details in the next *Newsletter* and on our Kinross and District Rotary Club Facebook page.

### Friends of Rotary

Activities such as the sleigh runs are one of the delights of Rotary participation – but we are a small club with big ambitions, and we often need helpers. We are so grateful to individuals who regularly help us and, on Monday 11 September we held a reception for 'Friends of Rotary' at the Kirklands Hotel where we outlined future plans and thanked our guests for their assistance.

### Sporting Memories Club, Kinross

We enjoy a range of speakers at some of our meetings and, on 19 September at a breakfast meeting, Gary Waddell told us about the latest 'Sporting Memories' club which has recently been launched in Kinross. The group, which meets at the curling rink on Tuesdays at 10.30pm, aims to bring older adults together to 'reminisce, replay and reconnect' about sport. It aims to improve the lives of people living with isolation, possibly suffering from dementia, Parkinson's disease, depression...but essentially is for anyone who loves sport and would benefit from an inclusive, welcoming experience. A typical session would include some fun-based activities, some gentle, appropriate exercise and, most importantly, building friendships.

We found the concept and Gary's talk inspiring. If you would like more details about this great new community venture, contact [garywaddell@sportingmemories.uk](mailto:garywaddell@sportingmemories.uk) or on 07941 123278.

If you are interested in our many and varied activities and approaches to membership, contact [secretary.kdrc@gmail.com](mailto:secretary.kdrc@gmail.com) for further details. You would be welcome to join us in any way that suits you... and you will be made most welcome!

## Milnathort Bridge Club



In early September, at the invitation of the Green Hotel, 24 bridge players enjoyed a 'fun day of bridge'. As the weather was so favourable the players were able to enjoy all their refreshments in the courtyard, sitting having a chat in the sunshine or, more formally, in the hotel dining room. Playing 24 hands the winners and runners up respectively were:

**North/South**  
Runners Up

**Beryl Harley and Jean Bennet.**  
*Janet Laird and Geoff Bilton.*

**East/West**  
Runners Up

**Susie Ballantyne and Linda Bayne.**  
*Jan King and Fiona Ritchie.*

The winter season begins on Monday 2 October at 6.30pm sharp with a change of venue from Orwell church hall to Orwell bowling club premises. Members are asked to arrive by 6.15pm. The evening will start with the club AGM when officials for the forthcoming season will be elected. This will be followed by a number of hands of bridge, time permitting. For further information on playing bridge contact Gloria Wilson on 07961795812 or by email at [Gairneyview@gmail.com](mailto:Gairneyview@gmail.com).

### Results

#### North/South

**28 August**  
Willie Young & Jane Smith

**4 September**  
Jim & Catriona Marshall

**11 September**  
Janet Laird & Sandy Greenhill

**18 September**  
Willie Young & Jane Smith

#### East/West

Liz Pottie & Jessie Mitchell

Jan Hill & David Poole

Liz Pottie & Jessie Mitchell

Jim & Catriona Marshall

## Kinross-shire Local Events Organisation

[www.kleo.org.uk](http://www.kleo.org.uk)



### Festive Market

The KLEO committee have decided to move this event from the High Street to the Market Park on Saturday 25 November at 10am-3pm for the following reasons:

- *Safety: the market has grown bigger every year and there is a lot more space at Market Park.*
- *We have had complaints from residents near the stage about the positioning of the stage. However, there is no other place to put it without blocking shops.*
- *Every year there are complaints about the road closure, traffic diversions and parking.*
- *There are more and more shops in the High Street (which is great development) but shop fronts and access to them has to be kept open and this puts pressure on the number of stalls that can be accommodated.*
- *There is only so much stress the small KLEO team can cope with.*

There will be a great variety of stalls and entertainment. If you are a local trader, crafts person or community group you might consider a stall space. However, there are only spaces left for businesses and groups who can bring their own gazebo stall. For a booking form, please email [info@kleo.org.uk](mailto:info@kleo.org.uk).

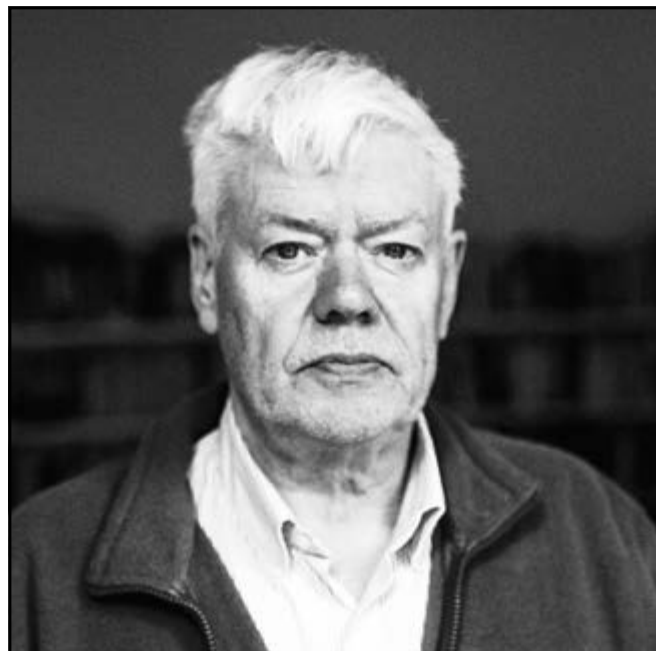
The last market on the High Street this year is on Saturday 28 October at 10am-2pm.

### Winter Festival Events

KLEO is a Book Week Scotland 2023 partner and, together with Loch Leven Community Library, we hope to bring an exciting programme of events. Authors Bernard MacLaverly (pictured top right) will be at the library on Saturday 18 November at 3pm and Shona MacLean (below) on Sunday 19 November at 1.30pm to talk about their books. Tickets are £6 and are available at the library or on our website.

Join storyteller Sheila Kinninmonth from Hamespun Talesin Katie Cookie's Kitchen for some tasty story adventures. Take home the recipe cards to cook up the stories at home. For children aged 5 to 8 approximately. Free event on Saturday 18 November at 11am at the library.

Come along to the library on Thursday 16 November at 7.30pm to hear 8 local people presenting a ten minute story each about



a specific event, adventure or memory from their childhood; Ten Minute Tales. These are true stories and each story takes no longer than ten minutes. The authors are from all ages and backgrounds and it therefore promises to be a very varied and fun event!

You can also take part in Ten Minute Tales. Write a personal story and read it at a short story event in the library. The theme is childhood so we invite you to write about a specific event, adventure or memory (happy or sad) from your personal history.

You can write a story or a poem. The only stipulations are that it is a true story and it takes no longer than ten minutes to read (about 1400 words).

We are looking for 8 or 9 people to present their stories. If you are interested in taking part please send an email to [info@kleo.org.uk](mailto:info@kleo.org.uk) to confirm so we know how many people there will be. We will then send you some more specific guidelines for writing your piece and you have until 16 November to complete it.

A richly celebrated Scottish folk singer and songwriter, Siobhan Miller's soulful and stirring renewal of traditional song has won her the BBC Radio 2 Folk Award for Best Traditional Track and the BBC Alba Scots Trad Music Awards Scots Singer of the Year an unprecedented four times! Siobhan's concert will be on Friday 17 November, 8pm at the campus.

Siobhan will be supported by local band Open Waters who have been playing all over Kinross-shire for the last 2 years and are ready to make a splash at the Kinross-shire Winter Festival.

Tickets are £15, available at Morgan's Estate Agent's in Kinross, Light Up My Heart in Milnathort or on our website.

The Kacophony orchestra is for adults who like to play their instruments in a group with conductor Dougie Flower. All abilities are welcome but it is handy if you read music. Please do not worry if you have not played for a while as we are a very friendly and informal bunch. Sessions take place on Wednesday evenings at 7.15-9.15pm at Loch Leven Community Campus. The fee is £5 per session.

Leven Voices is a fun, informal drop-in singing group which you can join anytime. No music reading or singing experience is necessary. Sessions are on Tuesday evenings at 7.30pm-9.30pm at Kinross Parish Church with Horsecross Arts tutor Dougie Flower. The fee is £4 per session.

For more information about KLEO events visit our website or email us at [info@kleo.org.uk](mailto:info@kleo.org.uk).





## Clubs & Community Groups

### Kinross & District Men's Shed

[www.kinrossmensshed.org](http://www.kinrossmensshed.org)

We are pleased to be offering a Warm Space again this winter, supported by Perth and Kinross Council. This year things will be different as we have learned from the experience of last year.

The shed Warm Space will be open from 2-4.30pm every Monday afternoon from Monday 9 October through to the end of March (except Christmas and New Year Days which fall on a Monday). Visitors will be welcomed with a warm drink and a filled roll. This is a place for a blether in a warm, comfortable, and friendly environment. A selection of board games will be provided for those that welcome a bit of friendly competition. We also hope to provide occasional entertainment such as talks, films and musical interludes. More information will be available as we firm up the programme. The Warm Space afternoons will be open to all comers.

Of course the shed will still be open during our usual hours of 10am-1pm on Saturday, Monday, and Wednesday. The normal opening on Monday morning will ensure that the shed is nice and warm for the Warm Space in the afternoon.

Kinross and District Men's Shed provides a warm welcome and access to various tools, facilities and people with the know how to help, to all adult men in Kinross, Milnathort and the surrounding area. For more information about the shed or Warm Space, please contact the secretary by email at [kdms.secretary@outlook.com](mailto:kdms.secretary@outlook.com) or 07925 702513

**THE KINROSS NEWSLETTER  
ALL PROFITS GO TO LOCAL GOOD CAUSES**

### Kinross and District Boys' Brigade and Girls' Association



This year we celebrate 140 years of service with a number of special events. Anchor section members are encouraged to make the number 140 in as creative a way as possible as part of a national competition. Junior section members are encouraged to participate in a sleepover event with company section members invited to visit as many of the 'Glasgow Monopoly' streets in as short a time as possible.



Battalion competitions start with the ever-popular quiz at the end of September followed by a badminton competition in October and dodgeball in November.

During the school October holidays the company will enjoy a ten pin bowling competition at Dunfermline's bowling alley.

The company enrolment service will take place at the Parish Church on Sunday 29 October. Parents and friends are welcome to attend. There will be more competitive outlets for members this session with Dundee, Angus, Perth and Fife battalions hosting joint activities for the first time over this special 140th session.

**GOSPEL HALL**  
8 Montgomery Street, Kinross

Gospel meeting each Sunday at 4.00pm  
Friends and Neighbours 1st and 3rd Sundays

Visit our Facebook page and website for  
other activities for everyone including children.

[www.kinrossgospelhall.info](http://www.kinrossgospelhall.info)

Wednesday: Prayer & Bible teaching 7.30pm    Thursday: Toddler's group 9.30 - 11.00 am \*\*  
Thursday: Explorers (Primary school age) 6.00 - 7.00 pm \*\*  
\*\* School term time only

**EVERYONE WELCOME!**  
The Lord is good, a stronghold in the day of trouble: and He knoweth them that trust in Him  
(Nahum Chapter 1 verse 7)

**Enquiries: 01577 840329 : 0781 805 0785**





## Kinross & Ochil Walking Group

(Affiliated to Ramblers Scotland)

[www.ramblers.org.uk/kinross-ochil](http://www.ramblers.org.uk/kinross-ochil)

Fresh air, exercise, good company and wonderful views. We offer all this and visits to some of the spectacular scenery and lesser known places that surround us. We are a friendly and relaxed group and, if you'd like to try a walk with us, you will be made very welcome.

### Tuesday Short Walks

Unless otherwise stated, these walks are usually about two hours long and a fairly gentle four miles. We often follow the walk with a visit to a cafe, farm shop or pub for refreshments, but this is entirely optional.

#### Tuesday 10 October, Burntisland past and present

This is an easy walk taking in the industrial past and present of Burntisland.

#### Tuesday 24 October, Errol and the River Tay reed beds

A circular walk along Errol's main street, then through fields and down to a wooded walkway following the north bank of the River Tay. The walk takes us above a lengthy stretch of the Tay reed beds, turning inland again at the tiny hamlet of Port Allen.

For further details of where to meet us for Tuesday walks, or for general enquiries, please contact Susan Tester on 01786 834535.

### Weekend Longer Walks

Weekend walks are a degree more challenging and of varied longer lengths. We advise bringing along a packed lunch and flask or drink.

We also recommend that you have appropriate outdoor clothing and footwear.

#### Sunday 15 October, Scone Circular and Quarrymill Park

Starting from Quarrymill, this walk will take us through 27 acres of woodland with ancient trees and will provide many scenic views of the surrounding areas. A classic autumn walk with a mix of paths on trails and roads. Booking is essential.

#### Saturday 28 October Walk to be confirmed.

For further details of where to meet us for weekend walks or for general enquiries, please contact Ken Staples on 07810 180283.

## Kinross Cubs

The cubs went over their code of conduct during a brilliant first night in mid-August. We also had a reflective session about something the cubs had done to help someone else and shared it with the group and there were lots of games in the garden. We were also delighted to welcome six new cubs to the pack.

Over the course of the summer four of our cubs spent a week at Scout Adventures Lochgailhead as they attended ScotJam 2023. On their first night back at cubs we heard what a great time they had enjoying activities such as abseiling, canoeing, bush craft and drascombe sailing.

We had an enjoyable walk exploring Falkland Estate the following week. The weather was kind to us as we walked over to Maspie Den and up to the waterfall before then heading back to our meeting point at Pillars of Hercules. We all had a great time.

At the end of August, we had a fun evening in the local woods building dens. The cubs demonstrated great teamwork as they worked together.







There was a quick change of plan on 6 September as we decided to take advantage of the weather and headed down to Kirkgate park to play games. Thanks, as always, to our parent helpers for their continued support with our weekly meetings.

On Friday 8 September, 17 of our cubs joined over 500 cubs from across Scotland as they attended the Howling Camp at Fordell Firs, Dunfermline. Over the course of the weekend, they took part in a variety of activities including laser tag, caving, tomahawk throwing and water slide. They also got to enjoy a huge campfire on Friday evening and attended a full moon fun fare on Saturday night. Everyone had a great time. A massive thank-you to Robert, Michelle, Marie, Naomi, William, Finn and Charlie for helping to make it possible.

Volunteering can make a huge difference to young people's lives, as well as your own. From having something to look forward to every week to learning in the great outdoors, being a volunteer is good for you, supporting your own confidence and skills, health, happiness and community. If you would like to get involved with 1st Kinross cubs, then please email [kinrosscubs@hotmail.com](mailto:kinrosscubs@hotmail.com) for more details.

## Kinross Beavers

And we're back! We kicked off the new term learning about the Code of Conduct, hearing about what everyone had been up to during the summer holidays and playing some games outdoors.

The next week we were due to walk to John Knox Pulpit but, after checking the forecast, we decided upon a change to the schedule and the beavers turned their attention to the disability badge

instead. The beavers learnt about physically disabled people by playing games. They learnt about being blind and how that challenges how a person eats and they also discussed other disabilities.

The following Friday we were at Kirkgate Park with Kinross Trishaws and playing games in the sun! A big thank you to Catriona MacDonald for being with us this evening and sharing



with the beavers about the amazing work which the Kinross Trishaw volunteers do in the community. A big congratulations to Angela Morrison-Brown for being awarded the chief scout five year length of service award!

On 8 September the beavers had a great night roasting marshmallows and starbursts over the campfires they built. Always a favourite night! They also did a log chew where they discuss ideas between the group and, of course, played plenty obligatory games. At the end of the meeting we said goodbye to Oliver L, Matthew, Oliver G, Bruno and Rory who are moving on to cubs. We hope you enjoy the next stage of your scouting journey.

Interested in volunteering with scouting? Volunteering is easier than you think. We have opportunities both behind the scenes and directly supporting young people in our group. With full support and training, you can volunteer on a flexible basis. Not only is it incredibly rewarding and great fun, but you will also learn some brilliant skills which are transferable to the workplace and further education. Please contact us by email at [kinrossbeavers@hotmail.co.uk](mailto:kinrossbeavers@hotmail.co.uk) for more information.







## Kinross Squirrels

We had a great start to the new term in August following the summer break. The squirrels were talking about their Code of Conduct, discussing and drawing pictures of what they had been doing over the summer and played lots of games. We then ended the evening by introducing our new squirrel mascot Nutty, and presented the squirrels with the badges which they earned last term.

The following week we were out and about as the squirrels went for a walk around Kilmagad Wood. Despite the heavy rain prior to the meeting, it eased off and the squirrels were able to enjoy views across Loch Leven and over to Fife. They also got to watch a glider being towed by a plane for take-off.

The start of September saw the squirrels enjoyed a fantastic evening learning about services in Kinross by visiting Greens of Kinross to find out how the shop serves and supports the local community. Whilst at Greens the squirrels played 'Supermarket Sweep' as they

explored the shop to learn some fun facts before then getting to make some pizza. Before leaving, each squirrel was given a goody bag to take home and they were also given a superhero picture to colour in.

There was great teamwork by the squirrels the following week as they worked together to build a tent in the garden before then taking it down and packing it away. The squirrels were also working out what items they should pack to take with them when going on an adventure and they were drawing pictures to show their interests.

In addition to this we got a visit from Stuart and Ashley from Greens of Kinross who presented Eoin with a prize for the best superhero picture and also brought along some ice lollies for the rest of the squirrels to finish a busy evening.

Are you interested in helping at squirrels? Volunteering gives you career-boosting skills, improves your wellbeing and helps you make connections with friends, family and your local community.

If you are interested in helping with the section, then please email us at [kinrosssquirrels@outlook.com](mailto:kinrosssquirrels@outlook.com) for more information.

## Friends Group

Meetings and coach trips are postponed in the meantime due to illness.

## The Newsletter on Facebook



Like our page to be kept informed.  
Search for 'Kinross Newsletter' or go to:

[www.facebook.com/kinrossnewsletter](http://www.facebook.com/kinrossnewsletter)





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## Kinross High School

### Parents' Open Evening

We welcome and encourage parental participation at our school. We believe that parents are partners in their child's education and their involvement is highly valued. We were thrilled that so many parents attended our Open Doors Event on Thursday 7 September. There were opportunities to hear about the school in context and to meet the House Team. There was a pupil led tour which provided the opportunity to meet curriculum staff and to view pupil work. A partners' marketplace provided the opportunity to hear from organisations which work to support the school.



### Broke not Broken Volunteers

Two of our pupils, Adam Gallagher and Finn Rafferty (above right) were delighted to meet His Majesty the King on his visit to Broke not Broken in Kinross on Friday 15 September. Along with Dr Armstrong, KHS pupils have helped with the creation and delivery of annual Christmas foodbank hamper collections. Two of our House Captains Ellis Tooley and Amy Smith were also delighted to shake his hand as part of the crowd lining the street near Kinross Day Centre.



HM King Charles III meets Finn Rafferty and Adam Gallagher from KHS.  
Photo: Perth and Kinross Council

bookshop, the signing tent, the live area – where we could watch authors being interviewed, the story-telling yurts and the art exhibition. Pupils really enjoyed discovering this wonderful space and when they received copies of the books (a free gift from the event's sponsors) many of them began reading, while soaking up the sun and the atmosphere. We then moved on to a venue within the College of Art for the author event. Our young people were delighted by the authors' discussions about their writing and themes, such as relationships, mental health, social media, body confidence and first loves.

The audience were invited to ask questions and to attend the book signing afterwards. Staff from the English Department, Modern Languages Department and the Library could not praise our group of young people more and we all delighted in a day of culture and literature in our capital city.

### University Visits

A group of advanced-higher pupils travelled to Strathclyde University to participate in a laboratory workshop. Young people gained hands-on experience working with state-of-the-art equipment to carry out the kinds of experimental techniques used by molecular geneticists every day. The pupils used these techniques to identify unknown 'patient' samples, allowing them to determine specific disease risks for these individuals. Additionally, pupils were able to see the typical university lab set up and had the chance to ask questions.

Health and Food Technology pupils enjoyed a trip to Abertay University, taking part in some sensory science work including tasting chocolate and extracting iron from breakfast cereals. They had a tour of the campus and heard all about courses related to food and fitness, and heard from former students about career pathways.

### G-OASK Light Aircraft

Kinross High School pupils were involved in the construction of the G-OASK light aircraft hangered at Fife Airport. Aerospace Kinross Scientific Education Trust (ASSET) continues to make this wonderful resource available, and we are now bringing it back our students. S3 Physics students were offered visits and free air experience flights with LAA certified pilots throughout September.

### Upcoming Trips

Our young people are looking forward to a multitude of trips in the next few weeks. As well saying goodbye to the Edinburgh Zoo pandas, they will be visiting Parliament, enjoying watching A Streetcar Named Desire at Pitlochry Theatre, and our S1 cohort will also soon be off to Fordell Firs for some fun activity days.

Amy Smith and Mrs Final were invited to the CHAS launch event for their 'Hairy Coo Trail', where cows are decorated by different artists and sponsored by local businesses. They will be dotted around Perth and Kinross, to raise money for Rachel House and CHAS.



### Mountain Bike Championships

Thursday 14 September saw 11 pupils take part in the inaugural Scottish Schools Mountain Bike Championships at Comrie Croft in Crieff. Pupils had to complete laps of a course which a variety of natural trails including berms, jumps and rooted features. There were over 40 schools who took part from all over Scotland and it really was a fantastic day.



All of the pupils from Kinross High School did themselves proud showing great determination and skill to perform to their best. Emma H in S2 (pictured) won the silver medal in the S1/2 girls' race and her big brother Jamie H came fourth in the

boys S3/4 race. A huge well done to all the pupils involved and a big thanks to the parents who attended and supported on the day.

### Edinburgh International Book Festival

A group of 40 pupils, from S2–S6, visited The Edinburgh International Book Festival. We were lucky enough to secure free tickets to see the young-adult authors, William Hussey and Amara Sage discuss the theme, 'Learning to Love Yourself'.

We arrived in a sunny Edinburgh for 10am and perused the Book Festival





## Fair Trade In Kinross-shire

### Ten Principles of Fairtrade

Most of you will recognise the Fairtrade mark, but there is another sign from the World Fair Trade Organisation which can be used for craft items and this means that the product meets the ten principles of Fairtrade.

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support us if you can. Rides are free but we are always grateful for donations no matter how small. This year, you can purchase a lucky square to be in with the chance of naming one of our trishaws for 2024. Please visit our stand at the market.

Catriona and Grant MacDonald took two Trishaws to Kirkgate Park and gave a chat and rides to 30 Beavers. There were some fantastic questions and the Beavers are very kindly going to organise a sponsored walk to fund raise for the upkeep of the Trishaws!

Rides are free and if you know anyone that would like to book a trip with us please email [KinrossTrishaws@gmail.com](mailto:KinrossTrishaws@gmail.com)



## Kinross Historical Society

The committee are looking forward to welcoming back members for the winter programme of talks which looks very interesting. It covers quite a variety of subjects with some local speakers and topics.

The first talk on Monday 16 October will be given by Dr Nicola Small who is well known to the society. The topic is 'Two Duchesses of Atholl'. Meetings start at 7.30pm and are held in Kinross Parish Church. Come a bit earlier to get a good seat.

Most members will have paid their subscription before the first evening so they will have no need to queue in the cold; just come straight into the church on arrival.

New members are always welcome. The cost is £10 for six talks from October to December and under 18s are free. Visitors may come month by month paying £5 per evening. It is well worth paying membership.



## Trishaws

September has been a busy month for the trishaw rides. We have welcomed new pilots to our group now their training is complete. This takes our number of volunteers to 34. Offering rides on both our trishaws means we require eight pilots a week so we are very thankful for the time our volunteers give.

Passengers have loved this warm Indian summer. We will shortly be recruiting new pilots for next spring as there is so much demand we'd like to meet. Please get in touch if you'd like to find out more.

Our chapter was represented at the UCI world cycling championships with two of our pilots delivering rides along the banks of the River Clyde to promote our services. We had four pilots attend the annual Cycling Without Age Scotland gathering of all the 34 Scottish chapters. We were thrilled to take part in the world's longest trishaw parade around the Kelpies and learn and share ideas with other chapters.

We look forward to attending the KLEO festive market at the end of November. We will be fundraising to support our £1000 annual maintenance charges, insurance and licensing fee. Please do

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## Glenfarg SWI

At our September meeting, opening our 2023/24 'Rural' year, President Linda Martin welcomed mother and daughter Ann Sutherland and Eilidh Verstage, from Arngask Home Farm, Glenfarg, who shared their experience of setting up the family farm two years ago. The farm is a big asset to the community, selling a variety of home produce ranging from eggs, vegetables, preserves and diversification includes rare breed Oxford Sandy Black Pigs and 400 chickens. The pork, sausages and bacon are all available to collect in person or can be delivered locally, often by bike! The farm supplies local shops and the famous horse box outside the premises operates an honesty box – very popular within the community. We were lucky enough to have at our meeting produce including crunchy kale, heritage tomatoes, squashes and beetroots, to name but a few. This year, home-grown flowers have now been added to the range and can often be seen, tied up in bright bunches with hessian, sitting in a tin bucket by the horsebox. Ann told us about the origins of her Granny's recipe for Sweet Tomato Chutney, which is still produced for sale today. The vote of thanks was given by Sheena Chisholm.

### Competition Results

#### Farming Photograph

**1st Lesley Murison;** 2nd Liz Yull; 3rd Sheena Chisholm

#### Jar of Home-made Two-Fruit Jam

**1st Linda Martin;** 2nd Lillias Johnston; 3rd Liz Yull

#### Flower of the Month

**1st Helen Quartermaine;** 2nd Linda Martin; 3rd Liz Yull

#### Kinross Show

The Kinross Show Cup was won by Linda Martin for most points awarded at the show. Both of Glenfarg SWI's entries into the Community Section (Handcrafts and Homeskills respectively) won third place.

Our October meeting will be held on Thursday 12th October at 2pm in Glenfarg Village Hall, when our speaker will teach us Bayeux Craft, so if you would like to attend and take part, please bring an embroidery hoop and tapestry needle suitable for wool, and some wool if you have any. Visitors £4 and please bring your own cup.

## Carnbo SWI

Vice-President Joyce Hallgren presided over our first meeting of the season.

Mr Alan Ruiz, First Responder from Kinross gave an interesting talk on the Voluntary work that is done by Kinross First Responders.

Joyce gave thanks.

### Competitions

#### Flower of the Month

**1st Cath Mearns** 2nd Molly White

### Old-Fashioned Cold And Flu Remedy

**1st Liz Baglow;** 2nd Linda Band

The next meeting is on Monday 16th of October in Carnbo Hall. The Hall opens at 7pm, meeting starts at 7.15pm.

Our guest speaker is Mr Willie Shand who will give us a talk: *In Royal Deeside*. Our competitions will be a photograph of A Bonny View and Flower Of The Month. All members and visitors welcome.

## Milnathort SWI

Members who attended Kinross Show enjoyed all aspects of the day, especially the SWI marquee, where we were able to see our own members entries and awards and also those of other SWI members. There was an impressive array of entries.

At the September meeting, our president Jean Paterson welcomed members back after the summer break. Our next meeting is on Thursday 19 October at 2pm in Milnathort Town Hall. Quarrymill Coffee and Gift Shop are coming to talk to us and competitions will be Three Cheese Scones and Flower Of The Month.

We are looking forward to a floral demonstration at our meeting on Thursday 16 November.

Visitors are welcome at a cost of £4. Members are £2 including raffle ticket and refreshments. Hope to see you all there.

## CARNBO SWI COFFEE MORNING

**Saturday 21 October**

**10–12 am  
Carnbo Hall**



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## Kinross Road Runners

<https://kinrossroadrunners.weebly.com>

It has been a busy few weeks for Kinross Road Runners starting with stunning scenery surrounding Taymouth Castle which provided the backdrop for the Drummond Hill trail 10k. It must have had an impact on our 12 runners as 6 of them took home prizes (*above*).

The Mob Match this is a club-on-club affair usually just involving two clubs and two sets of colours where the lowest score wins. In 2022 Perth Road Runners challenged KRR to exactly this, thereby inaugurating this 'friendly' fixture.

In 2023 KRR invited Perth for a re-match, this time on home turf and, as the current holders of the Peter Rabbit trophy, KRR were not going to let him go without a fight and the ignominy of having to swap his smart blue and yellow jacket for a green one!

What a match! Starting at Fossoway school road, 55 men and 40 women eagerly awaited the race to start. With so many runners on a narrow path, men went out first with the women three minutes later.

On an undulating course with bridges, narrow wooded tracks and the gloom of the Devon gorge near Rumbling Bridge, runners made their way back to the finish line by Crook of Devon village hall. Such is the format that later-placed runners play as crucial a role in scoring as the first athletes home so there is all to play for.

Back inside the village hall for tea, sandwiches and cake, everyone awaited the final results. Although Perth claimed both individual winners of the race, it was a landslide victory for both KRR men (606-669) and women (178-243) and best of all, Peter can wear his smart blue and yellow jacket for another year! Perth Road Runners are already planning their revenge (*opposite*).

Mob Match aside, KRR were in action at the Ochil 2000s where Fiona Horsfield clocked 4:19.04 while at the Killin 10k, Barry Smith posted 39.38.

Over at the Kirkcaldy Parks half marathon, 6 runners completed the course with Stephen Freeland leading them home in 1:30.04. Andy Bruce was next in 1:41.33 which shows his training for the Loch Ness marathon in a few weeks is paying off. Connor Finlay ran a personal best of 1:44.19 with Karen Ritchie (1:52.39) Laura Reilly (1:58.19) and Hannah Lopez (2:21.14) completing the KRR contingent. Wendy Grieve put

in a great performance in the Kirkcaldy Parks trail race finishing fifth in her age category.

Away from the roads and tracks to the hills where Billy Webster ran in the Ben Nevis race. This is a mountain race starting from the foot of Ben Nevis to the top and back down. The course is 14km long and includes around 1,340 metres of ascent which Billy completed in 3:01.10.

The Simon Wake Corrie hill relays are a popular event and KRR managed to put together four teams of four runners, each running legs anywhere between 10k to 12k. Some fantastic times were recorded but a couple of highlights were Fiona Horsfield running the fastest female leg two in 52.38 with the mixed quartet of Alex Reilly, Fiona, Scott Strachan and Caroline Jones placing third (3:59.24).

Just narrowly pipping them to the finish by three seconds were the KRR all men's team of Stephen Freeland, Benjamin Ross, Allan Kemp and Murray Speight.

On to a weekend of half marathons and joining Sir Mo on his last hurrah at the Great North Run were Michelle Murray (2:20.42) and Jane McGee (2:50.06).

Closer to home, 15 KRR members took part in the Auchterarder half. This was a successful day where we had multiple prize

*Left to right: Caroline Jones, Ann Malcolm (KRR President) and Scott Strachan*







winners with John Beveridge, Brigid Wallen and Ann Malcolm each winning their respective age groups. A special mention for Laura Reilly who completed the Double Dare of a 10k on Saturday followed by the half marathon on Sunday.

Last but not least, David Scott mixed it with the fast boys at the Masters selection trial for the British and Irish cross country international. In uncharacteristically hot conditions at Tolcross Park in Glasgow, David ran 8k in an excellent time of 31.21.

Our Path of Condie half is on 28 October. There are no road closures in place so, if you are over near Ba'hill, remember to look out for the runners and give them a cheer.

We meet on Tuesdays for an organised speed training session and on Thursdays for a social run. The club welcomes all abilities so, whether you are new to running, experienced, looking for some new routes or even just to meet new faces, there is something for everyone. If you are interested then why not visit our website and get in touch.



### Kinross Hockey Club

At the end of the season the club continues to hold sessions where the ladies and older Kobras (juniors) join in for mixed hockey.

The first weekend in September saw the return of the more formal men's and ladies league and friendly inter club games. This season the men's second

team (above) are led by Iain Deane (left), a seasoned veteran who works as an equipment engineer, which has resulted in him becoming 'a journeyman' Scottish hockey clubs. Iain is now very happily enjoying his hockey at Kinross and 'stepped up to the plate' this season because he acknowledges that most clubs are run by a very small number of dedicated volunteers and he wants to 'do his bit'. When asked why he plays, Iain said 'I enjoy the social aspects but cannot help getting one over competitively, over the familiar faces that I've got to know over the years!' That spirit seems to have spread to his daughter who plays for the ladies first XI.

### Orwell Curling Club

<https://www.orwellcurling.co.uk/>

<http://orwellladies.co.uk/>

Are you looking for something to do over winter? Do you fancy an aerobic exercise involving a full-body workout in the cold, burning over 300 calories every hour? In addition, walking over 3km and raising your heart rate to 160 bpm thus improving your cardiovascular system? If so, you need to join Orwell Curling Club. Loch Leven is regarded as the home of this international sport and we are extremely fortunate to have an excellent facility on our doorstep at Kinross Curling Rink, a four sheet ice rink which plays host to a number of local curling clubs.

Our sister club Orwell Ladies are extremely active and both clubs welcome new players of all ages and abilities.

Curling is a sport arguably more popular than cricket in which Scotland excels, frequently winning international competitions and olympic medals. Over the season between September and March we play generally on a Monday or Thursday evening, with some inter club matches at other times. Orwell Ladies play many of their games during the day. The majority of games are played in Kinross and occasionally in Perth. If you would like to know more about the game, give it a try, or join our club, then please contact us by email at [Orwellcurling@gmail.com](mailto:Orwellcurling@gmail.com) or [secretary@orwellladies.co.uk](mailto:secretary@orwellladies.co.uk). You will also find us online as detailed above.

### Kinross Golf Club

[www.kinrossgolfclub.co.uk](http://www.kinrossgolfclub.co.uk)

2 Beeches Park, KY13 8EU

Tel: 01577 862237

### Club Match Finals Day

At the time of writing, the finals of club competitions are due to be played on Saturday 23 September. Finals day is where a number of our club match play finals are played at the end of the season

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A Championship Finalists and B Championship Finalists

and includes gents, seniors, ladies and junior matches. This will be followed by a social get together (karaoke evening) in the clubhouse. All participants, members, and spectators are welcome. Please feel free to come along on the day and support your players.

We held our annual club championships in June. James Scougall is our 2023 club champion, and David Whitley is the 2023 Beveridge Cup champion (handicap of 10 or above).

### Ladies Section

There was a good turnout on 9 September and it was a sunny day for the ladies. The format was stableford and the winner was Elizabeth McConnell (Milnathort golf club) with a total of 42 points.

### Handicap League

Unfortunately, our two excellent home wins did not secure enough points to win section B. Honours went to Auchterarder who met winners of section A, Crieff, in the final on Sunday 10 September. Crieff then triumphed in the final, beating Auchterarder by 4/1. Presentation of the Loch Leven's Larder trophy will be presented to Crieff at the league's AGM which will be held on Sunday 5 November at Muckhart Golf Club.

### Coronation Foursomes

Qualifiers Alexis Crawford and Lorna Arthur played in the area final at Strathmore Golf Club on Tuesday 22 August. Despite it being quite windy, the sun shone most of the time. They both enjoyed the day but, unfortunately, didn't qualify to play in the grand final at St Andrews in September.

### Knockouts

Bruce foursomes final match took place on 28 August. Finalists were Lorna Arthur and Heather Gough versus Gwen Tate and Linda King. Gwen and Linda emerged as the winners.

### Grant Scratch Club Championship

Number 1 seed Claire Milne is through to the final and will play against number 4 seed Gwen Tate. The second match of this 36 hole final will be played on the Montgomery course on the Club's Match Finals Day.

### McEwen Handicap Championship

Jennifer Jackson is through to the final and met Jean Graham on Monday 18 September.

### Ladybank Friendly Match

Kinross ladies welcomed a team from Ladybank ladies for their first match at Kinross. Played over the Montgomery course in perfect weather it was a home win for Kinross.

Ochil league team



## Men's Section

### Kyocera UK Matchplay

Firstly, congratulations to the men's team who have emerged as winners of the Scottish section with a win over Blairgowrie golf club. They are now into the last 16 golf clubs in the UK, with the last four clubs playing the national finals in Spain.

### Ochil League

Also, congratulations to the Ochil league team on winning this years tournament after a playoff with Milnathort. Well done to team captain Scott Cook and his players.

### Coronation Trophy

Kinross played Perth Artisans on Friday 25 August at home in the quarter finals and won 3 – 0.

### Caledonian League

Kinross beat Pitreavie 5-1 and Montrose 6-0 but, unfortunately, it was a 3-3 draw with Kirriemuir at home. This means that Kinross will finish second in division A to Kirriemuir. Another strong season from the always competitive Caledonian league team.

Kinross Golf Club juniors



## Juniors Section

Our juniors played the first match in the P&K County Bells Salver competition. We have entered two teams this year and our first matches were against Strathmore. Team 1 won 4-0 and Team 2 won 3-1. An excellent start!

## Seniors Section

The seniors recently played an inter club match against Aberdour golf club at Kinross. It was a tightly fought match with Kinross emerging as winners 4.5 to 3.5.

The Kinross golf club seniors open took place on Wednesday 6 September with a fully subscribed entry list. The format is a four ball, better ball pairs. The winners were David Little and John Muncey with a net score of 59. Second place was Pete Hastie and Dougie Oliver with a score of 60. Third place was John Fraser and Graham Byars at 61. All are Kinross members so there was a lot of local rivalry going on.

The seniors enjoyed an away day outing to Tulliallan golf club on 12 September. Eric Halcrow (opposite) triumphed on the day winning the 'Bob' Dick Memorial Trophy.



## Kinross Otters

Over the summer our swimmers (and coaches) took a well-deserved summer break to recharge their batteries, ready to start training again at the beginning of August.

It was great to welcome everyone back into the pool at the start of a new swim season. Our first competition was the Midland Sprint Championships held in Arbroath, where we had 19 swimmers competing over 27 events.

We were delighted that 11 of these swimmers made the finals in their event (top 6 in the district). Medal winners included: Lucy, Mathew, Jessica, Ewan and Anna J (who is also Midland District Champion 11-12 yr-old-girls 50m breaststroke). It was also a



## Sports News

great meet for Isla G, Christina, Ewan and Grace who all smashed previous times for their events.

Well done to all our athletes, and thanks, as always, to our Coaches on poolside and those who volunteered as Technical Officials.

Finally, huge congratulations to Gold Squad swimmer Aila on her selection for the 2023 Junior Academy! This squad is made up of 15 talented young athletes from across Midland District, and offers 3 full days of training and education planned by Scottish Swimming.

The Otters are looking forward to a busy 23/24 Season!

## Orwell Bowling Club

Bowling Green Avenue, Milnathort, KY13 9YN

01577 863739 [orwellbowlingclub.weebly.com](http://orwellbowlingclub.weebly.com)

Find us on Facebook

By the time the *Newsletter* goes to print we will have reached the end of our season and the green will have closed. Last month's report stated that Gordon Clark had won the Haig Cup. However, this was an error as Graeme Duncan was the winner. Well done Graeme and apologies for the mistake.

We had two friendlies to play before the end of the season. Unfortunately, Ladybank cancelled due to a lack of players. The game against Perth West End resulted in a draw and was a very friendly game. We had a wonderful day for our Open Pairs competition. Congratulations to the winners Colin Blake and Adam Edmond from Alloa East End. A big thank you to everyone who made the day an enormous success.

The Scottish Bowlers Fellowship games were played on Sunday 27 August against Thornton resulting in a win for the home team and a defeat for the away team. Although the bowling has finished, we continue with our winter activities. The Milnathort Bridge Club play on Monday evenings and the Kinross Bridge Club play on Thursday afternoons. The Probuss meet on the first and third Wednesday afternoon of every month. The club also has regular whist nights on Tuesday evenings and once a month we have a bingo tea (look out for notices in the local shops).

The Presentation of Prizes Dance is on Saturday 4 November so keep this date clear. Members are welcome to invite family and friends.

## Milnathort Golf Club

37 South Street Milnathort, KY13 9XA

01577 864069

[www.milnathortgolfclub.co.uk](http://www.milnathortgolfclub.co.uk)



## Senior Gents Open

There was a fantastic turn out on Thursday 7 September with some great scores handed in. Congratulations to the winners.

**55 – 66 Years: 1st Gary Marshall; 2nd Gordon Florence; 3rd Richard Baty.**

**67+ Years: 1st Iain Simpson; 2nd Alan Meiklejohn; 3rd Tam Bain.**

## Ryder Cup

Our Ryder Cup event was held on 10 September and everyone had great fun. Thanks to Colin, Iain and Jan for decorating the

clubhouse and drawing the teams and matches. There were some interesting matches with members of the same family being drawn on opposite teams. The competition was played over 9 holes with the foursomes starting at 9am, then the four ball started at 11am and finished with the singles starting at 2pm. It was a win for team USA although team Europe did rally during the singles matches.



## Greens Update

There will be renovations on the greens in week commencing 2 October. There will be alternate greens in play during this time.

## Winter Events

Christmas party night, themed dinners, quiz night and AGM.

If you are interested in any of the above, or for more information, please visit the club website.

## Kinross Volleyball

The new volleyball season has started with the Perth & District volleyball association having their 'pre-season' league cup competitions at Perth College sports hall on Sunday evenings.

In the first round of the recreational league cup competition, both the Kinross men's team and the Kinross High School team qualified for the final round of two sections of four teams with the top team in each section meeting in a straight final. The Kinross club are the current holders of the recreational league cup from last season.

At the time of writing, the premier league cup is due to take place on the second last Sunday of September. Both premier and recreational leagues will start following the school October holidays.

Scottish Volleyball has introduced a 'Tartan Talent' programme for junior players. A number of local players have registered for more focused intense coaching sessions at Edinburgh College as part of the Scotland East programme with similar programmes operating

*The Kinross men's Volleyball team before qualifying for the final stages of the recreational league cup competition*





in Scotland North and Scotland West. Eventually a squad of boys and girls will be selected to train together before a competitive tournament will bring this season's initiative to a conclusion.

Wednesday lunchtime and after school sessions continue to be well attended by High School pupils.

Indoor club training has resumed on Monday evenings in the large campus games hall from 8–9.45pm with a number of new adult and junior players joining the club this season. The club will operate three teams this season with one team competing in the Perth premier league and two teams in the recreational league.

New members are always welcome to take part in the ever-growing popularity of a world sport which has as many female players as male players around the globe. A world record crowd of over 92,000 spectators recently watched a women's college final in Nebraska's memorial stadium.

## Kinross Tennis Club

<https://clubspark.lta.org.uk/KinrossTennisClub>

Find us on Facebook

The great weather over the past few weeks has been enjoyed by all members competing in the club championships!

Over 30 junior players aged 12 and under took part in singles competitions in the sunshine. There were lots of great matches and many players were competing for the very first time. A huge 'well done' to our winners, Isla, Rory, Blair, Hazel, and Andrew. Many thanks to all the parents who came along to support their players and for providing such delicious home baking.

The older 16 and under junior players will take to the courts to battle it out for their doubles and singles titles soon. With more players entering than ever before it is going to be a great day of competition!

The adults also had a glorious day for their first club championship competition of 2023. A total of 22 players entered the mixed doubles competition. Partners were pulled from a hat and all

the couples had lots of short matches. After a lot of closely contested matches and nail-biting points, Brian and Gail (pictured) came out on top! Well played everyone! The men's and ladies doubles take place over the next few weeks.

## October Tennis Camp

Following the huge success of our summer camps, we are delighted to announce that we are also running a three day October holiday camp from 18–20 October. There are sessions for all levels and ages from complete beginners to those looking for some match play. All equipment is provided, single session bookings are available, and there is a sibling discount.

Session times are as follows:

**10-11am Red Ball (5-7yrs):** Introducing the basics of the game on the mini courts with fun games with a little bit of friendly competition.

**11am-1pm Orange/Green Ball (8-10yrs):** Introducing the basics of the game over the bigger court through fun games with a little bit of friendly competition. There will also be lots of match play for more experienced players.

**1-3pm Yellow Ball (11yrs+):** Full sized court with lots of games and match play for our more experienced players.

To book please follow this link below and scroll down to select your camp. <https://clubspark.lta.org.uk/SiobhanMacLeodCoaching/Coaching/Camps>

If you have any questions, please just get in touch with Siobhan MacLeod, LTA accredited and coach on 07443223408 or by email at [kinrosstenniscoaching@gmail.com](mailto:kinrosstenniscoaching@gmail.com).







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# LOCAL VOLUNTEER OPPORTUNITIES

## Fossoway and District Community Council

We seek to co-opt one or two members to the council. We are looking for individuals who would be willing to take on some admin tasks. Please phone Trudy on 07584 127906

## The Fossoway Gathering

We would welcome volunteers who can help out on the day, 2 September 2023. Assistance with parking, selling raffle tickets, helping to take down the stalls and marquees: all help is welcome. Get in touch on [fossowaygathering@gmail.com](mailto:fossowaygathering@gmail.com)

## The Potager Garden

A small community garden in Bowton Road Kinross. Contact Amanda James on 07963 476803, or [amandajames1577@gmail.com](mailto:amandajames1577@gmail.com)

## Broke not Broken

Broke not Broken is a voluntary organisation working for the prevention and relief of poverty. Contact [admin@brokennotbroken.org](mailto:admin@brokennotbroken.org).

## Greyhound Rescue Fife

Greyhound Rescue Fife at Balfree Country Centre, Gairneybank, Kinross, needs volunteers to clean the kennels and walk and feed the greyhounds. 01592 890583. [www.greyhoundrescuefife.com](http://www.greyhoundrescuefife.com)

## KLEO

(Kinross-shire Local Events Organisation): If you enjoy local events on your doorstep, like the monthly Kinross Farmers' market and the winter festival events (concerts, comedy and the festive street market), please join the KLEO team! Contact Bouwien Bennet at [info@kleo.org.uk](mailto:info@kleo.org.uk) or call 01577 863107.

## RSPB Scotland Loch Leven

RSPB Scotland Loch Leven: We need volunteer fundraisers to help with pin badge boxes and bucket collections. Please get in touch on [communityfundraisingScotland@rspb.org.uk](mailto:communityfundraisingScotland@rspb.org.uk).

## Kinross (Marshall) Museum

The Museum Trust is looking for volunteers. If you would like to know more contact the Museum on 01577 867153 or email: [information@kinrossmuseum.org.uk](mailto:information@kinrossmuseum.org.uk)

## Swansacre Playgroup

A long established charity playgroup for children aged 2-5 years, we need volunteers to help support us with play sessions. For more information, please email [swansacre@gmail.com](mailto:swansacre@gmail.com)

## Kinross Heart Start

Campaign to secure funds for public access defibrillators in Kinross. Contact Pamela Hunter to find out how you can volunteer on 01577 862419.

## Light Up Kinross

Light Up Kinross is a small local charity with responsibility for Kinross Christmas lights. Please contact David Colliar, email [davidcolliar@tiscali.co.uk](mailto:davidcolliar@tiscali.co.uk) or Bill Freeman, [billywhizkid78@gmail.com](mailto:billywhizkid78@gmail.com).

## Common Grounds

A Charity Cafe staffed by volunteers on Tuesday and Saturday mornings from 10am-12.30pm in the Guide Hall, Church Street, Milnathort. Contact: Gaylor Hopkins 01337 860535 or Elaine Matthew 01592 840266.

## Seamab

Seamab is a residential school that cares for some of the most vulnerable children in Scotland. For more information contact Melloney Flinn at [mflinn@seamab.org.uk](mailto:mflinn@seamab.org.uk) or call 01577 840307.

## SSAFA

The Armed Forces charity is always on the look out for new volunteers in a variety of roles: client case working (free training is provided), admin office roles, fundraising or PR/media work. Contact the Branch Secretary 07594 650900.

## Kinross-shire Day Centre

We are looking for volunteers to serve meals and help with day trips and activities, such as bingo and singing, for a lively bunch of over-aged teenagers (over 65s). Pop in and speak to Nan or telephone 01577 863869.

## Milnathort Town Hall Committee

We are looking for volunteers. For more information please contact us at [milnathorttownhall1@gmail.com](mailto:milnathorttownhall1@gmail.com).

## Volunteering with Aberlour!

We are currently recruiting new volunteers to support Aberlour, Scotland's Children's Charity. Visit [www.aberlour.org.uk/volunteer](http://www.aberlour.org.uk/volunteer), or contact Shonagh on 07864 625069/[shonagh.ferguson@aberlour.org.uk](mailto:shonagh.ferguson@aberlour.org.uk).

## SPARKS

SPARKS allows adults of all ages who have support needs or disabilities to meet together with their carers. For more information call 01577 867216/867218 or 07769 243282/07896 280843.

## Scotland's Gardens

Do you love gardens? Might you be interested in meeting local garden owners, helping to support local gardens that currently open for charity, plus those that are considering it? If so, and you would like to know more, please ring Lizzie on 01577 862900.

## Duke of Edinburgh

The Kinross-shire Duke of Edinburgh Open Group has a wide range of adult volunteering opportunities available. Contact us at [dofekinrossshire@gmail.com](mailto:dofekinrossshire@gmail.com)

## Interested in Guiding?

Volunteer with Girl Guiding and help make a difference to the lives of girls. If you would like to volunteer call Alison on 07764 750212

## Friends of CHAS Kinross

Do you enjoy meeting people? Making a difference? Planning fun and creative events? Then please think about Friends of CHAS – Kinross. They'd love for you to join them. If you'd like to learn more please contact community fundraiser Lyndsay Stobie at: [lyndsaystobie@chas.org.uk](mailto:lyndsaystobie@chas.org.uk) or 07557 370746.

## Kinross-shire Volunteer Group & Rural Outreach Scheme

Could you become a volunteer driver for Kinross-shire Volunteer Group & Rural Outreach Scheme? We deliver a vital service to help the elderly and disabled attend appointments. Contact David Aird 01577 830370 email: [d.aird@outlook.com](mailto:d.aird@outlook.com)

## Guide Dogs Kinross

We are looking for a volunteer coordinator to take over to help run our small fundraising group and fundraising volunteers. You will be made very welcome. Email [she61@hotmail.co.uk](mailto:she61@hotmail.co.uk)

## 1st Kinross Cubs

1st Kinross Cubs is a part of the 1st Kinross Scout Group and offers the young children of Kinross-shire the opportunity to gain new skills and experiences under the guidance of the Scout Association. We have several volunteering roles available. Contact Daryl on 01577830346 or email [kinrossbeavers@hotmail.co.uk](mailto:kinrossbeavers@hotmail.co.uk)

## Kinross in Bloom

Volunteer group which provides and maintains floral displays to enhance the environment in Kinross. If you are interested in volunteering, please contact [susan.mitchell50@gmail.com](mailto:susan.mitchell50@gmail.com).

## RSPB Scotland Loch Leven

Volunteer with the Education Team at RSPB Scotland's Loch Leven nature reserve! For more information, contact the Learning Officer on 01577 862355 or email [lochleven@rspb.org.uk](mailto:lochleven@rspb.org.uk).

**ORGANISATIONS: To add an appeal, email the Editor. Please let us know if you no longer need your appeal to be listed.**



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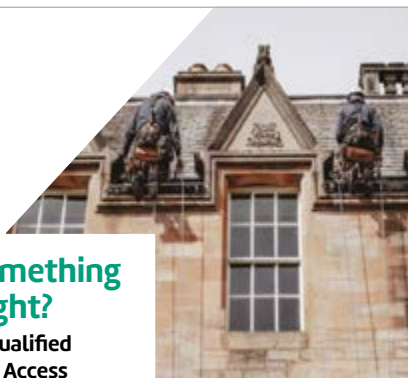


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## SERVICES

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## NatureScot Loch Leven NNR



Slavonian Grebe by Koshy Koshy

quite incredible birds! We normally get around 300-400 on the loch over winter so look out for their bright yellow bills to distinguish them from resident mute swans, and listen out for their honks and hoots!

It is feeling quite autumnal now we've reached October and it's lovely to see the colour in the leaves changing and seeing the yellows, oranges and reds of various leaves before they fall and carpet the trail with colour. I recommend taking a look at various tree species and see the difference in the fallen leaves! If you need any help with ID then we will once again be putting up our Magical Tree Trail at Burleigh at the end of this month in preparation for Halloween!

**OCTOBER IS ONE OF** the busiest months of the year for birds at Loch Leven. We can see up to 80,000 birds using the loch during these peak months! Look out for species such as goldeneye, pochard, pintail, teal, wigeon, tufted duck and coot, among others. Check out our Facebook and Instagram (@LochLevenNNR) for all the latest numbers from our bird counts, and any rarities we might see this month! We still ask for no paddleboards, kayaks, canoeists and swimmers on the loch at this time of year to protect these large numbers of winter visitors.

Pink-footed goose numbers should be at around 8000-15000 this month depending on how many continue to head south. If visiting during the day, you may see skeins pass over head to feed in nearby fields.

However, the best time of year to see the 'pinkie' spectacle is in the morning at sunrise when they take off from the loch in their thousands. Kirkgate cemetery is a great place to watch this spectacle – check out our social media for dates and times of future Goose Sunrise events to gather and watch the pinkies take off.

Whooper swans are now a common site at Loch Leven as we get into October. These birds have spent their summer in Iceland but migrate to the UK in the winter for our 'warm' climate, as unbelievable as that may sound! This is an 800-mile crossing over the sea, which is the longest migration of any swan – they are

for fungi along the trail. There are various species of all shapes, colours and sizes to have a look at, including fly agaric, stink-horn, jelly antler and much more!

As we move more into winter, then keep an eye out for wintering thrushes such as Redwing which become more obvious as the branches become bare and can be seen feeding on berries across the reserve.

Slavonian Grebe is another species to look out for – we get a small population wintering here and they are an exciting species to see!

As always, keep an eye on our social media (Facebook, Instagram and Wordpress blog - @LochLevenNNR) for all the latest events and wildlife sightings!

Have a good one!

**Julie McDonald**

*Loch Leven National Nature Reserve Seasonal Officer*

## Weather



### Recent Weather Reports From Kinross

#### August 2023

Total Rainfall	<b>130.52mm/5.22in</b>	
Heaviest Fall	<b>16.2mm/0.65in</b>	(18 Aug)
Total Sunshine	<b>144.5 hrs</b>	
Sunniest Day	<b>10.0 hrs</b>	(8 Aug)
Max Temp Average	<b>19.01°C</b>	
Highest Temp	<b>23.5°C</b>	(10 Aug)
Min Temp Average	<b>9.01°C</b>	
Lowest Temp	<b>2.7°C</b>	(30 Aug)

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Meadow Pipit by David Veitch



**AS WE MOVE TOWARDS** October, we are beginning to feel the change in the seasons with the wind picking up, rustling through the yellow and orange tinted leaves that speckle the branches. This month, we have had some great sightings of Osprey that have been moving through and stopping to fish on the loch with numbers as high as five at one time. We are also continuing to see both marsh and hen harrier flying over the reserve, and we caught glimpses of a great white egret out at St Serfs. As we start to experience some colder northerly winds, we are excited to be both hearing and seeing the return of the pink-footed geese who come to feed here over winter and are looking forward to them returning in their masses later this month. If you would be keen to witness this spectacular, why not join Site Manager, Vicky, for our Dawn Goose Walks taking place on the 18 and 22 October?

In preparation for the arrival of the geese, our reserve team and volunteers have been hard at work trying to repair and maintain some of the infrastructure around the reserve in addition to their usual surveys and monitoring. As part of our management plan, they have also been carrying out water vole surveys on site to identify and monitor whether there have been any changes to the wildlife we have around the reserve in the last 5 years.

Out with wildlife, one change that is currently underway is that work has begun on repairing the Sleeping Giant path that leads

over the hill to Lochore Meadow and Ballingry from the reserve. This path was previously badly damaged during a landslide, but repairs are now taking place to rectify and secure the hillside and pathway. Please be aware that the path will be closed from 18 September until mid-November whilst the work is underway, and a diversion will be in place via our Woodland Viewpoint Trail during this time. This route is unfortunately not suitable for cyclists however due to a large number of steps. We apologise for any inconvenience caused during this period but hope this short period of work will make the route much safer in the long-term.

Lastly in the world of events, we have a lot of spooktacular events coming up in October with our classic Halloween trail taking place right the way through the month and new Halloween Craft mornings taking place on Sunday 15 October and Saturday 21 October. We also have the return of our Halloween Storytelling evening on Monday 30 October, where we will be making spine-tingling models and creating stories around our creepy characters. Finally, our Discovering Ponds and Discovering Minibeast events are also back on Saturday 14, Tuesday 17 and Thursday 19. For more information about our upcoming events, be sure to check out and book your place at [events.rspb.org.uk/lochleven](http://events.rspb.org.uk/lochleven) and follow us on Facebook @RSPBTaysideFife for updates not only on our events but the wider activities of the reserve also.

## Loch Leven Castle

Castle Island, Kinross

Tel 07836 313769



**LOCATED ON AN ISLAND** in beautiful Loch Leven, this is one of Scotland's oldest castles, probably built in the early 1300s.

Mary, Queen of Scots spent a traumatic year in captivity here, when she miscarried twins and was forced to abdicate. She dramatically escaped in 1568.

The property is reached by boat, operated by Historic Scotland and departing from the fishery pier (Pier Road, KY13 8UF).

Due to limited capacity, it is recommended that all visits are booked online at [www.historicenvironment.scot/lochleven-castle](http://www.historicenvironment.scot/lochleven-castle).

### OPENING TIMES

17 May – 30 Sept: Daily, 10am – 5.30pm (last outward sailing 4.15pm)

1 to 31 Oct: Daily, 10am – 4.30pm (last outward sailing 3.30pm)

### PRICES

Adult (16-64yrs)	£10.00
Concession (65yrs+ and unemployed)	£8.00
Child (7-15yrs)	£6.00
Family (1 adult, 2 children)	£20.00
Family (2 adults, 2 children)	£29.00
Family (2 adults, 3 children)	£34.00

**Historic Scotland members travel free.**

*The Pier. Pic: Hannah Phillips*



# Farming

*The 2023 harvest being brought in at Burnbrae, Kinross by Irene McFarlane*



**THERE IS CERTAINLY AN** autumnal feeling to the days now and the hours of daylight are quickly shortening. Unfortunately there has been quite a bit of rain again which is fairly slowing the progress of finishing off the cereal harvest in 'Newsletter' country and beyond. Here, at Backward farm, we were quite fortunate to get our two fields of spring barley combined towards the end of the nice wee dry spell in late August/early September. Although I was pleasantly surprised by how dry the grain came in, considering how tousled, twisted and downright flattened the crop was, thanks to the rain of late July into August, getting the straw baled in good order for bedding the animals through the winter was always going to be tricky, and so it has proved to be. We got one field baled in moderate order but the other one is still lying as it came out the back of the combine, getting wetter by the day.

I am sure we will get the job done at some point, along with a couple of late fields of silage we still have to make. The quite respectable pile of barley in the shed should easily keep the cattle and pigs fed for the coming year and we might even have some extra to sell which could be a useful extra income. The cattle are getting towards the end of their summer grazing period and although there is plenty of grass to keep them going for a while

yet it will be the weather conditions which will dictate how long it will be until they are shut back in their sheds once again.

The batch of cattle which graze the field next to the farm stead-ing have access to a shed all summer, and it is interesting to see how they use the building to shelter both from intense sunshine and heat as well as wind and rain. I have started feeding them some silage to supplement their grass since they have started spending a bit more time in the shed.

After the very hot dry days of June, the pigs seemed to have enjoyed the cloudier, more variable weather of the rest of the summer (well I suppose something had to!) . There was generally enough moisture to soften the ground slightly and encourage some greenery to grow in their paddocks and, as a bonus to us, they didn't need as much water taken out to them. Additions to the pig herd this summer have been two British Lop sows and a small batch of Berkshire young growing pigs to aim for different markets. The Berkshire is a dark coloured pig with erect ears and is the oldest recorded pig breed in the UK and not so much different from the Saddleback and Tamworth pigs we already keep. The Lop, however is very different as it is pink in colour and looks like a 'normal' pig . They originated from around Tavistock in the Devon/ Cornwall border and are well known for being hardy, good foragers and are well suited for being outdoors. They are also very rare. The two sows each had a litter of piglets in late July and they seem to be growing well and the sows seem to have excellent temperaments. Time will tell how they get on hundreds of miles north of their ancestral homeland.

*John*

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## Gardening



**IT'S OFFICIALLY AUTUMN** and the sun is blazing in the sky as I'm writing this. After a pretty iffy summer it looks like the weather's going to be more settled for the next wee while... it's about time!

As it's now October, this will be the last article of the year, not much to do outside with freezing temperatures and snow.

As I said last time, I thought I would do a round up of the year for this last article. Thinking about it, a 'best for' will work well... please remember, these are my personal experiences and opinions, and other people will definitely have other ones. So here goes.

**Best for spring** – You can't beat bulbs in the spring. As the shoots start to emerge from the soil in late winter, you know spring is on the way. The kaleidoscope of colours available from crocuses and tulips is amazing and will seriously brighten up pots and borders after a dreary winter. The cheeriness of a daffodil yellow will thaw the hardest of hearts. For spring colour it's bulbs all the way for me.

**Best for late spring** – I was really impressed with pansies this year it has to be said. That gap between the bulbs and the summer bedding can sometimes be a bit dull, so pansies and polyanthus really perform well. Polyanthus has the added bonus that it will come back year after year too, so buy them once and they'll give joy for years to come. Aubretia (opposite) is also a stunning late spring plant; planted with red tulips it's a sight to behold.

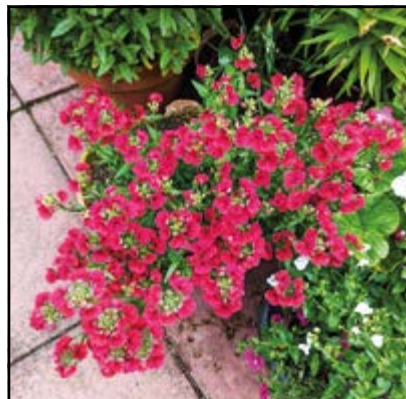
**Best for lasting colour** – Hands down it has to be nemesia (top right). I bought red plug plants back in the spring and planted them out in pots at the beginning of June. They started flowering about three weeks later and are still going strong. I don't think any other plant in my garden has shown such staying power and resilience during this unstable summer.

**Best for being unusual** – I've spoken about briza grass earlier in the year and for a long-lasting plant that a bit out of the ordinary, you

can't beat it. Really easy to grow from seed and 'flowers' for months on end. The green seed heads slowly turn a dried grass colour as the season moves on. I would highly recommend it.

**Best for hedging** – For a temporary hedge (quite tall) to hide the hens' pen this year I've used sunflowers. The variety was 'Valentine' which is quite a bushy plant and screens an area off perfectly, as well as sunflowers being their own sort of gorgeous. This variety is about 4-5 feet tall.

**Best for impact** – Grown en masse, many flowers are stunning. I've always thought rudbeckia (left) were really hard to grow from seed. They're not. As a result, I had masses of them this year and decided to plant a whole load together. The result was better than I could have hoped. Rudbeckia have the added advantage of being a brilliant cut flower too, they have long stems and last for over a week in the house.



**Best for bees** – As you know, bees are super important for pollinating our food supply, we can't let them die out. I always make sure I have plenty of plants that will attract them, butterflies and hoverflies to the garden. This year I've added Phacelia to the usual array of buddleia, borage and cornflowers. The bees love it... really easy to grow and another excellent cut flower for the house.

**Best overall plant** – From those I've spoken about here, it has to be the nemesia, a really colourful plant that lasts for ages.

I can't believe I've run out of space, I could have carried on and on with the 'best of', covering a lot more categories. Alas, that's it for this year. I hope you've enjoyed my witterings, pictures and the highs and lows of a season in the garden. Have a good winter folks and I'll see you again when the snows start to melt.

*Teresa*

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"Care and compassion in your time of joy and sorrow"

# Kinross-shire Centre

Scottish Charity SC004968

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KY13 8AJ

## Weekly Programme For October 2023

Monday	Hearing Aid Clinic (2 Oct ONLY)	10am-12pm
	Exercise Class	11.30am
	Games: Indoor curling, quizzes, Scrabble, dominoes	1.30pm
	'Stride for Life' Walking Group	2.00pm
Tuesday	Vision PK (3 & 17 Oct ONLY)	10-11.45am
	Exercise Class	11.30am
	Games: quizzes, Scrabble, dominoes	1.30pm
	Singing Group (3 Oct ONLY)	1.30pm
	Halloween Afternoon (31 Oct ONLY)	1.30pm
Wednesday	Church Service	11.15am
	Games: quizzes, Scrabble, dominoes	1.30pm
	Reminiscence Group Garden Room (4 Oct ONLY)	1.30pm
	Craft Group (4 & 18 Oct ONLY)	1.30pm
Thursday	Barge Trip (Ratho) (5 Oct ONLY)	10am-4pm
	Chiropody Service (12 Oct ONLY)	10am-1pm
	Interactive Games	11.30am
	Games: Indoor curling, quizzes, Scrabble	1.15pm
	Art Group	1.30pm
Friday	Exercise Class with Kenny from Live Active	2.00pm
	Football Memories (13 & 27 Oct ONLY)	11am-12pm
	Exercise Group	11.30am
	Bingo	1.30pm
	Board Games	1.30pm



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Dominoes • Art Class  
Exercises • Chiropody  
Trips • Daily Papers

All Activities Subject To Change.

## KINROSS CENTRE

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# Kinross-shire Churches Together



## Kinross Parish Church

### Church of Scotland

(Charity no SC012555)



*Following Christ I*

*Spreading the Word I Serving the Community*

10 Station Road, Kinross KY13 8TG

**Website:** [www.kinrossparishchurch.org](http://www.kinrossparishchurch.org)

**Facebook:** Kinross Parish Church of Scotland

**YouTube:** Kinross Parish Worship

**Instagram:** kpcscotland

**E-mail:** [office@kinrossparishchurch.org](mailto:office@kinrossparishchurch.org)

**Office Tel:** (01577) 862570

The Church Office is open 10am-12noon, Mon & Fri. Otherwise operating remotely. Leave phone message or email.

Minister: Rev Alan D. Reid MA, BD Tel: (01577) 862952

Assistant Minister: Rev Austin Wicks

Ordained Local Minister: Rev Margaret Michie

Session Clerk: Jaffrey Weir

Contact the Church Office for our weekly email of events and Zoom details.

All events below are in the church unless otherwise indicated:

## Regular Services and Events

### Sundays

9.15am Choir Practice

10.30am: **Morning Service**, gathering song about 10.25. For **young people**: Junior Church (age 4 -11) meets in the Upper Room from 10.30 then joins in at the end of the service. Within the church there is a corner for parents with babies and toddlers.

Refreshments and Fairtrade Stall after most services.

Sunday morning services are also available online: live on YouTube and Facebook. Thereafter on YouTube, Facebook and the church website. Listen by phone on 01577 528270, or request a CD.

6pm: **Sunday Evening Prayer**, on Zoom

6pm: **Crossfire**, church centre. Age P7 upwards

### Mondays

8pm: **House Group** – Bible study and fellowship.

### Tuesdays

10am: **Stepping Stones** for babies, toddlers and carers.

2.30pm: **House Group**

### Wednesdays

11.15am **Midweek Service**, at the church centre.

1.30pm: **Craft Group**

7.45pm: **Men's House Group**

8.00pm: **Women's House Group**

### Thursdays

10.30am: **House Group**

11-12pm: **Table Talk** – chat on Zoom.

### Fridays

6pm: **Boys' Brigade and Girls' Association**,  
6 – 7.15pm Anchor Section (P1-P3); 7 – 9pm Junior  
Section (P4-P6); 7 – 9.30pm Company Section  
(P7 – S3); 7 – 9.30pm Senior Section (S4 – S6).

## OTHER SERVICES AND EVENTS:

### September

Sat 30 2.30pm: **Concert** for Kythe and Prospects Across Scotland.  
Varied programme from church choir and other musicians

**J & G WILSON**

**LAW & PROPERTY**

PROVIDING LEGAL SERVICES TO THE PEOPLE AND BUSINESSES  
OF THE KINROSS AREA SINCE 1888

ESTATE AGENCY • CONVEYANCING • EXECUTRIES • WILLS • TRUSTS  
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01577 862302 | 18 High Street, Kinross, KY13 8AN | [contact@jgwilson.co.uk](mailto:contact@jgwilson.co.uk) | [www.jgwilson.co.uk](http://www.jgwilson.co.uk)

Logos for partner companies:

**October**

- Sun 24** 10.30am: **Morning Service: Harvest Thanksgiving**. (re-scheduled from 24 Sept.) Special collection for 'Shelter Box'
- Mon 2** 8am: Guided **Silent Meditation**
- Fri 6** 5.30pm: Youth **Dungeons & Dragons**
- Sat 7** 7pm: **Tear Fund Big Quiz**. Up to 4 per team. Book at [ck@robinkent.co.uk](mailto:ck@robinkent.co.uk) or just come along. Free - suggested donation £5. Refreshments and Bake Sale, Proceeds to Tear Fund
- Sun 8** 10.30: **Morning Service**, Communion at 11.45am  
2.30 – 4pm: **Let's Sing**. Everyone welcome but aimed particularly at those living with dementia. Tea and a sing-song
- Mon 9** 2 – 4pm: **NEW: Board Games Afternoon** – a social get-together for anyone in the community to play Scrabble, Rummikub and other board games. All welcome
- Tue 10** 7pm: **The Guild**, in the church centre
- Sun 15** 2.15pm: meet at church for **Social Walk** to Bishop Hill
- Thu 19** 9pm: Evening service of **Compline**
- Sat 21** 11am: **All Friends Together**
- Mon 23** 2 – 4pm: **NEW: Board Games Afternoon** – see Mon 9  
7.30pm: Adult **Dungeons and Dragons**
- Tue 24** 7pm: **The Guild**, in the church centre
- Fri 27** 5.30pm: Youth **Dungeons & Dragons**
- Sat 28** 10 – 2pm **Kinross Farmers' Market** – church and Fair-trade stalls
- Sun 29** 10.30am: **Morning Service** including **Brigade Enrolment**
- Tue 31** 5.30 – 7pm: **Light Party** – Food, Fun and Festivities, organised by the Family Week team. Dress up light and bright. No pre-registration. Parents/carers may stay or leave.

**Fossoway, St Serf's & Devonside Church****Church of Scotland**

(Charity number SC013157)

Church Road, Crook of Devon,  
Kinross-shire, KY13 0UY[www.cleishandfossowaychurches.org.uk](http://www.cleishandfossowaychurches.org.uk)**Minister: Rev Lis Stenhouse** Telephone: (01577) 842128Email: [estenhouse@churchofscotland.org.uk](mailto:estenhouse@churchofscotland.org.uk)**Session Clerk: Mrs Janet Harper** Telephone: (01577) 840225Email: [aclassicsoul@aol.com](mailto:aclassicsoul@aol.com)

Our church is a very warm and welcoming place situated in the Crook of Devon, a small village about 6 miles from Kinross. Come and join us – we would love to meet you.

Updates and changes to the dates below can be found on our church website <https://cleishandfossowaychurches.org.uk>

**OCTOBER****1 Oct**

9.45am Sunday Morning Worship  
Refreshments and Fairtrade available after the service

**8 Oct**

9.45am Sunday Morning Worship

**15 Oct**

9.45am Sunday Morning Worship

**22 Oct**

9.45am Sunday Morning Worship

**Saturday 28 Oct**

2 – 4pm Drop off your scarecrow at our church hall for our Scarecrow Competition. Details can be found on our website: <https://cleishandfossowaychurches.org.uk>

Prizes given out during our Harvest Thanksgiving service.

**29 Oct**

9.45am Sunday Morning Worship  
**Harvest Thanksgiving** followed by refreshments in the Elizabeth Wilkie Hall

**REFRESH THURSDAY**

Every Thursday, 2-4pm in the Church Hall  
*Join us for a friendly blether with delicious home baking, tea and coffee. All are welcome.*

**FILM NIGHT****Fri 6 Oct 7.30pm** in the Church Hall**I'll Find You (12)**

Catholic opera singer Robert Pulaski and Jewish violin virtuoso Rachel Rubin dream of performing together at the legendary Carnegie Hall in New York City. When the German invasion of Poland tears them apart, Robert vows to find Rachel at any cost.

*Please join us for the film, some refreshments and a blether, all are welcome*

**FOSSOWAY BABIES AND TODDLERS**

The group meets every **Friday 9.30-11.30am**, in Fossoway Church Hall. Join us for snacks, play and blether.

**FOSSOWAY CREATIVE CRAFTS GROUP**

Meets on **Monday evenings from 6.30pm** in the Church Hall. Please bring your own craft and join us.

**FOSSOWAY HOUSE GROUP**

Our House Group usually meets every **Thurs evening at 7.30pm**. For more details please contact Debbie Hill 01577 842268.

**FOSSOWAY YOUTH GROUP**

This group is for those aged 11-19  
Please join us on Sunday 8 Oct 7-8.30pm.

*All are welcome at any of our meetings and services.  
If you would like any more information, please contact the Rev Lis Stenhouse 01577 842128.*

**HALL BOOKINGS**

If you wish to book our hall or meeting rooms, please contact **Mrs E Black 01259 742046**

**Cleish Parish Church****Church of Scotland**

(Charity No: SC003168)

**Minister: Rev Lis Stenhouse** BD (Hons)

Tel: 01577 842128

Email: [estenhouse@churchofscotland.org.uk](mailto:estenhouse@churchofscotland.org.uk)**Session Clerk: Christine Maclure**Email: [maclure19@gmail.com](mailto:maclure19@gmail.com) Tel: 01577 864826

Updates and changes to the dates below can be found on our church website : [www.cleishandfossowaychurches.org.uk](http://www.cleishandfossowaychurches.org.uk)

We look forward to welcoming you to worship with us in Cleish Church.

**1 Oct**

11.15am Morning Worship. Traidcraft Stall.

**8 Oct**

11.15am Morning Worship

**15 Oct**

11.15am Morning Worship

**22 Oct**

11.15am Morning Worship

**29 Oct**

11.15am Harvest Thanksgiving Morning Worship

*Refreshments are served in the Young Room  
every Sunday after worship*



## Churches

### Orwell and Portmoak Parish Church

#### Church of Scotland

(Charity number SC015523)

Interim Moderator – Rev Alan Reid

Telephone 01577 862952 Email: [areid@churchofscotland.org.uk](mailto:areid@churchofscotland.org.uk)

Locum – Rev Dr Robert Calvert

Sunday Worship, and Junior Church: All children welcome.

10.00am Portmoak Church

11.30am Orwell Church

Joint family services with the Praise Band will be held on the first Sunday of each month, except for January, in Orwell Church at 10:30am. Messy Church will meet on Sat. 30 Sept from 4-6pm at Orwell Church with all the usual crafts, fun, and food.

#### Dates For Your Diary

1 Oct Joint family service in Orwell Church at 10:30am

No morning service at Portmoak Church

5 Oct Ashley House Service at 2pm.

15 Oct Harvest Thanksgiving Services in both churches at the usual time

20 Oct Tea and a Blether in Orwell, 1:30-3:30pm

27 Oct Oasis Ladies Group meets in Portmoak New Room from 10:15am-12 noon. Bring a favourite gift.

The Church Office and Shop is open 10-12pm, Mon-Fri.

Office email: [orwellandportmoakchurch@gmail.com](mailto:orwellandportmoakchurch@gmail.com)

Website: [orwellportmoakchurch.org.uk](http://orwellportmoakchurch.org.uk)



Sun 8 Pentecost 20 (Proper 27)

10am: Sung Eucharist

3pm Pet Service for St Francistide (outdoors, depending on the weather!)

Wed 11

10am: Midweek Meditative Holy Communion

Sun 15 Pentecost 21 (Proper 28)

10am: Sung Eucharist

Wed 18

10am: Midweek Meditative Holy Communion

– Luke, Apostle and Evangelist

Sun 22 Pentecost 22 (Proper 29)

10am: Sung Eucharist

Wed 25

10am: Midweek Meditative Holy Communion

Sun 29 Pentecost 23 (Proper 30)

10am: Sung Eucharist

### Loch Leven Church

(Charity No: SC049050)

[info@lochlevenchurch.com](mailto:info@lochlevenchurch.com)



Loch Leven Church meets at Loch Leven Community Campus, at 10:30am each Sunday. Our sermon series from September to November is 'People in Prayer' and we'll be hosting the following services in October:

1 Oct: LLC Anniversary – Sir Brian Souter

8 Oct: People in Prayer: Moses – Appealing to the Lord (1 Kings 8:56-61) – Richard Gibb, LLC

15 Oct: People in Prayer: Repenting before the Lord (Psalm 51 [1]) – Gavin Matthews, SOLAS

22 Oct: People in Prayer: Habakkuk – Waiting for the Lord (Habakkuk 3) – Gordon Crawford, Tayside Christian Fellowship

22 Oct: The Potter's House @ Orwell Church – 6 p.m

29 Oct: Communion Sunday – Robin Kent, LLC

Everyone, of all ages, is very welcome to join any of these. To know more about us, please visit our Facebook page 'We Love Loch Leven', our website [www.lochlevenchurch.com](http://www.lochlevenchurch.com), or email us at [info@lochlevenchurch.com](mailto:info@lochlevenchurch.com)

### Kinross Gospel Hall

8 Montgomery Street, Kinross

[www.kinrossgospelhall.info](http://www.kinrossgospelhall.info) Tel 07818 050785

Gospel Meeting Sundays 4pm. Friends & Neighbours Teas 1st & 3rd Sundays of the month. Toddlers' Group Thurs 9.30-11am; Explorers (Primary School) 6-7pm (both groups term time only). We look forward to seeing old friends and welcoming new ones. Everyone welcome.

### Kinross Christian Fellowship

Jesus answered, 'I am the way, the truth and the life.'

Sunday mornings we come together at the Millbridge Hall, Old Causeway, Kinross.

Refreshments and a blether from 10am; pre-service prayer time at 10.15am with the service starting at 10.30am-ish.

As the Holy Spirit leads us, our service includes the reading of the Word, prayer, ministry, communion, praise and worship, and Bible-based preaching/teaching.

Everyone is welcome, all ages, so please come and taste and see that the LORD is good.

Alternatively you can join us interactively via Zoom:

Meeting ID: 895 3312 2460

Passcode: 461728.

We also have Bible Studies in small groups through the week; Mondays online via Zoom and Tuesdays in person.



### St Paul's Scottish Episcopal Church

(Part of the Worldwide Anglican Communion)

Muir, Kinross, KY13 8AY

Fr David Mackenzie Mills, Rector.

Tel: 01577 863795

Email: [frdavidkinross@gmail.com](mailto:frdavidkinross@gmail.com)

You can also find us on Facebook

[www.facebook.com/stpaulsepiscopalchurchkinross](https://www.facebook.com/stpaulsepiscopalchurchkinross)

Fr David and the congregation at St Paul's look forward to welcoming you to our Episcopal worship services and other outreach and social activities. Even as we recognize how scary it can be to cross the threshold into an unfamiliar place, you're assured of a friendly smile and help to settle you and your family. If you've been before, do come along and give us another try.

Our Sunday and Wednesday morning services begin at 10am, unless otherwise advertised. These are usually Eucharists (worship with Communion, sung with hymns on Sundays). Our church bell rings from 9.45am. The church building is open every day between 10am and 4pm for private prayer and the opportunity to light a candle.

We will provide regular updates on the website concerning our schedule of worship. Please do refer to it regularly. Although we don't insist that people wear face coverings, you are very welcome to do so if that helps you feel safer in public spaces.

Our Meeting Room is hosting Arts@St Paul's throughout the autumn. Our services are also broadcast from the church building as livestreams via Zoom (please email us to be sent weekly links). The Liturgy outline can be followed on the website via the seasonal Sung Eucharist e-booklets and the weekly pewsheet.

#### Events and Services in October

Sun 1 HARVEST SUNDAY

10am: Festive Service of the Word followed by a simple Harvest lunch

6pm Holy Communion

Wed 4

10am: Midweek Meditative Holy Communion

– Francis of Assisi



## PlaidSong in concert "Enlist Bonnie Laddie"



**Songs of the Scottish soldier across the centuries  
featuring PlaidSong in concert!**

**Performance by the fabulous PlaidSong – the singing duo Nicky and Syd, who wowed the Perth Concert Hall sell out crowd, at the Queen's Platinum Jubilee concert.**

**This is a one hour, no interval, illustrated show with proceeds going to support our local Armed Forces community in Perth and Kinross.**

When: Saturday 4 November 2023, at 6 pm  
Venue: Kinross Parish Church, Station Road,  
Kinross, KY13 8TG  
Tickets £10: from Baillies Newsagents, Kinross  
or Email: [perth.branch@ssafa.org.uk](mailto:perth.branch@ssafa.org.uk)

**ssafa** | the  
Armed Forces  
charity  
Regulars | Reserves | Veterans | Families

Registered as a charity in England and Wales Number 210760 in Scotland Number SC038056 and in Republic of Ireland Number 20202001. Established 1985. July 2023

## DOLLAR MUSEUM BOOK SALE

**DOLLAR MUSEUM WILL BE** holding its popular annual Book Sale of second-hand books on Saturday 4 and Sunday 5 November.

The Book Sale will be held upstairs in the Museum, from 10am to 5pm on both days.

We always have a wide variety of books.

The Museum is situated at the top of East Burnside, beside the entrance to the Mill Green and Dollar Glen. During the weekend of the Book Sale the downstairs exhibition areas will be open to visitors as normal.

Entry is free and all are welcome.

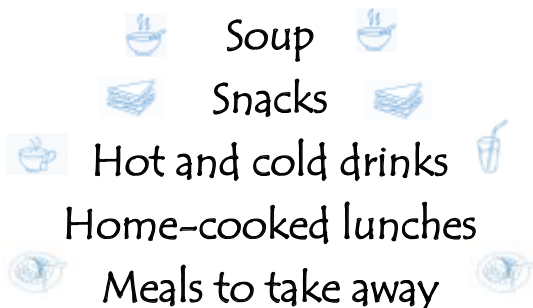
The Museum will also open on request at other times for visiting groups and researchers – please contact [dollarmuseum@btconnect.com](mailto:dollarmuseum@btconnect.com).



Fridays: 11.30am—1.30pm  
@ Millbridge Hall, Kinross

For further information, or  
if you want to be involved,  
please ring 07933 387562

The Café where  
everything is  
**FREE!**



Come relax, sit down and enjoy our table service

The Talking Donkey is a Christian venture so there  
will always be people on hand to offer  
**Prayer for any need**



## Path Closure



The Sleeping Giant Path will be closed on RSPB land for maintenance and engineering works from 18th September until mid-November. A diversionary route is in place but this is not suitable for cyclists because there are a large number of steps.

Please respect this closure as it is for your Health & Safety.

For updates please check our website [www.rspb.org.uk/lochleven](http://www.rspb.org.uk/lochleven) or follow us on Facebook @RSPBTaysideFife



## MOBILE LIBRARY 04, 18 October

(Fortnightly, Wednesdays)

Kinnesswood (Opposite Shop)	09.30 – 10.00
Portmoak Hall	10.05 – 10.20
Scotlandwell (Leslie Road)	10.25 – 10.50
Levenmouth Farm	11.00 – 11.20
Hatchbank Rd (Gairneybank, Kinross)	11.40 – 12.00
Powmill (Mill Gardens)	13.20 – 13.40
Crook of Devon (Village Inn)	13.45 – 14.45
Carnbo (Pitcairnie Lane)	15.00 – 15.30
Whyte Court (Kinross)	15.45 – 16.15

Contact us by phone on 01577 867205  
or by email at [lochlevenlibrary@culturepk.org.uk](mailto:lochlevenlibrary@culturepk.org.uk).

## Perth Citizens Advice Bureau

Perth CAB can help you. Our advice is free, confidential, impartial and independent.



Advice line: **01738 450580**

Appointment line: **01738 450581**

Clients can access advice in the following ways:

- **By calling us** on 01738 450580 between 10am and 3pm any weekday. If the query is quick for us to deal with, we will do so and if it requires more time or research then we will arrange for an adviser to get back to them either via e-mail or with a telephone appointment.
- **Webchat** from our Perth CAB website [www.perthcab.org.uk/](http://www.perthcab.org.uk/) this is available from 10am each weekday, currently until 1pm but we hope to expand these hours soon
- **Via e-mail** to [advice@perthcab.org.uk](mailto:advice@perthcab.org.uk)

### Debt and Money Advice Service

Perth CAB has a team of specialist debt advisers. Advice is free, confidential, impartial and independent. To talk to a specialist debt adviser call 01738 450590 or email David Ogston (Senior Debt Adviser) using the following email address: [David.Ogston@Perthcab.casonline.org.uk](mailto:David.Ogston@Perthcab.casonline.org.uk)

## GRANTS FOR GOOD CAUSES

Kinross Community Council  
Newsletter Limited (KCCNL),  
Charity No. SC040913



All profits from the *Kinross Newsletter* are transferred to a charitable company, KCCNL, and given away to local good causes. Groups and individuals are invited to apply to KCCNL for grant funding. Decisions on grants are made at two meetings per year. The deadlines for grant applications are:

**31 March and 30 September**

More information is available on the [kinrosscommunitycouncil.com](http://kinrosscommunitycouncil.com) website. Applications may be downloaded at [www.kinrosscommunitycouncil.com/contact-us](http://www.kinrosscommunitycouncil.com/contact-us)

## BANK OF SCOTLAND MOBILE BANKING

Service operates fortnightly on a  
Tuesday 10am to 1pm

**2, 16, 30 October 2023**  
**At the Green Hotel, 2 Muirs, Kinross**

[www.bankofscotland.co.uk/contactus/mobile-branch/perth.html#kinross](http://www.bankofscotland.co.uk/contactus/mobile-branch/perth.html#kinross)

## A MESSAGE FROM NATURESCOT

**FROM SEPTEMBER**, there will be some changes on the loch for water access users. **We will be asking for no water access on the loch until April.** This means no kayaks, paddleboards, swimmers or any variation on those!

This is to protect the massive population of wintering wildfowl we get on the loch at this time of year. Loch Leven NNR is an internationally important habitat for wintering birds, and we must do everything we can to protect them from any disturbance.

**Thank you in advance for your co-operation.**

## STEPPING STONES



**Weekly in Kinross  
Parish Church 10-  
11.30am.**

**Stepping Stones is  
for parents, carers,  
babies and toddlers.**

**ALL WELCOME**

## Kinross-shire Fund



The Kinross-shire Fund was established in 2006 to make the area a better place to live, by making grants to a wide range of local charities, organisations and projects which make a positive difference to the community.

To date, over 50 organisations within the 73 square miles of Kinross-shire have benefited from an award, with beneficiaries ranging in age from pre-school to the elderly. The Fund is managed by Foundation Scotland and is currently open for applications, with deadlines quarterly on the first Monday of February, May, August and November each year.

Full details, including how to apply via our online application link, can be found at:

[www.foundationscotland.org.uk/programmes/kinross-shire-fund](http://www.foundationscotland.org.uk/programmes/kinross-shire-fund)

## SITUATIONS VACANT

### KINROSS CHURCH CENTRE HALL-KEEPER

This is a paid position. To oversee lets at the Church Centre on the High Street, to ensure the wellbeing of groups and the security of the building. Duties Monday to Friday evenings when there is a booking. Please contact Kinross Parish Church Office for details by email at [office@kinrossparishchurch.org](mailto:office@kinrossparishchurch.org) or on 01577 862570.

### PART-TIME TAXI DRIVER, A2B TAXIS

Required for 3-4 days a month, possibly more. The ideal candidate should be of smart appearance, have good local knowledge and a full UK driving licence. This vacancy would be ideal for an active retired or semi-retired person. For more information please contact Bruce on 07743 332237.

## MUSIC IN DOLLAR

**MUSIC IN DOLLAR** will open the first concert of the new season on Saturday 21 October at 7.15pm in the Gibson Hall, Dollar Academy, FK14 7DU.

The entertainment will be provided by Scottish Jazz Award-winning band Rose Room. They are Scotland's leading ensemble influenced by 'Hot Club' Parisian Swing and led by virtuoso violinist, two-time Scottish Jazz Award-winning vocalist and BBC broadcaster Seonaid Aitken. Expect the effervescent sound of Django Reinhardt and Stephane Grappelli as they serve up a mix of 1930s standards, original music and Gypsy Jazz favourites with their signature flair and fireworks!

Tickets are £12 – pay on the door or on the website [www.musicindollar.org.uk](http://www.musicindollar.org.uk). Season Tickets for all five concerts cost £40. That's £8 per concert, unbeatable value!

Anyone in full-time education goes free.

## GLENFARG FOLK CLUB

The Club meets every Monday evening in the Gateside Memorial Hall

Doors open 7:30pm. Music starts at 8pm prompt.

### Monday 2 October

**The Sandy Watt Quaich Competition.** Sandy was a founder member of the folk club and a great entertainer. This open singing competition is held annually in his memory, and the members vote for the most entertaining performance of the evening.

### Monday 9 October

**A Singaround** with a theme of 'Happy Songs'. No dreich songs allowed.

### Monday 16 October

**The Bothy Balladeers** - Joe Aitkin, Geordie Muirison, and Allan Taylor, all champions in the world of bothy ballads.

### Monday 23 October

**A Singaround** with no theme. Songs, poems, tunes... the choice is yours.

## NEWSLETTER DEADLINES

In very rare circumstances it may be necessary to change a deadline at short notice. Check the *Newsletter* Facebook Page for the latest information.

Issue	Deadline	Publication Date
November	Friday 13 October	Saturday 28 October
December	Friday 17 November	Saturday 2 November

## KINROSS GARDEN GROUP

2022/23 Season

Thursday 12 October, 2pm  
Parish Church, Kinross

Sandra Goodswen  
'WEEDS!'

All welcome to join us.

## 100th BIRTHDAY AND DIAMOND WEDDING ANNIVERSARIES

Do you know a Perth & Kinross resident who is celebrating their 100th or 105th+ birthday?  
Do you know a Perth & Kinross couple celebrating their 60th, 65th or 70th wedding anniversary?

PKC can arrange delivery of flowers or for a local councillor to present a basket of flowers to the person or couple on their special day.

Tel: 01738 475051 Email: [CivicServices@pkc.gov.uk](mailto:CivicServices@pkc.gov.uk)

## GRANTS AND FUNDING WEBSITES

[www.pkgrantsdirect.com](http://www.pkgrantsdirect.com)

[www.foundationscotland.org.uk](http://www.foundationscotland.org.uk)





**MOBILE POST VAN AT  
BUCHAN AVENUE,  
KINNESSWOOD**

**MONDAYS 13.45 till 14.45  
WEDNESDAYS 12.45 till 13.45**

**Homes For Cats Wanted**

Fife Cat Shelter, a Scottish Registered Charity, is always looking for homes for rescued cats.

Cats can be visited, by appointment, at Causeway Cattery, Scotlandwell.

Contact Rhona on 01383 830286.



**KINROSS DELIVERY OFFICE  
ROYAL MAIL**

87 High St, Kinross KY13 8AR

**PLEASE NOTE HOLIDAY OPENING  
TIMES MAY BE DIFFERENT**

<b>MONDAY</b>	<b>8-10am</b>
<b>TUESDAY</b>	<b>8-10am</b>
<b>WEDNESDAY</b>	<b>8-10am</b>
<b>THURSDAY</b>	<b>8-10am</b>
<b>FRIDAY</b>	<b>8-10am</b>
<b>SATURDAY</b>	<b>8am-12pm</b>
<b>SUNDAY</b>	<b>CLOSED</b>

## Baby & Toddler Groups

**Monday**

**Milnathort Babies and Toddlers**  
Orwell Church Hall 9.30 -11am

**Tuesday**

**Portmoak Babies and Toddlers**  
Portmoak Church Hall  
9.45-11.30am

**Stepping Stones**

Kinross Parish Church 10-11.30am

**Wednesday**

**Breast Buddies**  
Health Centre 10-12pm

**Glenfarg Babies and Toddlers**  
Village Hall 9.30am

**Muckhart Babies and Toddlers**  
Church Hall 9.30-11am

**Thursday**

**Montgomery Toddlers**  
Kinross Gospel Hall 9.30 -11am

**Friday**

**Loch Leven Babies and Toddlers**  
Masonic Hall, Kinross 9.30-11.30am

**Portmoak Babies and Toddlers**  
Portmoak Church Hall 9.45-11.30am

**Fossoway Babies and Toddlers**  
Crook of Devon  
Church Hall  
9.30-11.30am

*Please let us know  
if you have any  
info to add to this list.*



## EMERGENCY CONTACT NUMBERS

**Medical**

Loch Leven Health Centre	01577 862112
Loch Leven Health Centre Out of Hours	01577 865252
NHS 24	111
Perth Royal Infirmary main switchboard	01382 660111
Perth Royal Infirmary (Admissions and Enquiries Desk)	01738 473734
Ninewells Hospital, Dundee	01382 660111
Victoria Hospital, Kirkcaldy	01592 643355
Queen Margaret Hospital, Dunfermline	01383 623623
Rowlands Pharmacy, Kinross	01577 862422
Davidson's Chemist, Milnathort	01577 862219

**Police, non-emergency** 101

**Police, Fire, Ambulance & Coastguard Emergencies** 999

**Gas** (worried about gas safety) 0800 111 999

**Water** (loss of supply, foul water emergency) 0845 600 8855

**Floods** SEPA Floodline recorded messages 0345 988 1188

**Perth & Kinross Council (PKC)**

Customer Service Centre (Mon- Fri, 8am-6pm)  
01738 475000

Reporting non-emergency Road and  
Lighting faults (CLARENCE) 0800 232323

**PKC Out of Hours emergency numbers**

Adult care services	0345 301 11 20
Anti-social behaviour helpline (*42* telephone and leave a voicemail)	01738 476173*42*
Child protection	01738 476768
Council housing emergency repairs	01738 476000
Dangerous buildings	01738 476476
Environmental Health	01738 476476
Flooding	01738 476476
Homelessness	0800 917 0708
Mental health services	0345 301 11 20
Roads (e.g. reporting blockage)	01738 476476

**Traveline Scotland** 0871 200 22 33

**Loch Leven Community Campus** 01577 867200

**Kinross High School** 01577 867100

## Community Councils

**Kinross:** Chair: Lynne McKay, 01577 531076  
Email: [kinrosscommunitycouncil@gmail.com](mailto:kinrosscommunitycouncil@gmail.com)

**Milnathort & Orwell:** Chair: Neill Bingham  
Email: [communitycouncilmilnathort@gmail.com](mailto:communitycouncilmilnathort@gmail.com)

**Portmoak:** Email: [portmoakcommunitycouncil@pkc.gov.uk](mailto:portmoakcommunitycouncil@pkc.gov.uk)

**Fossoway & District:** Chair: Trudy Duffy-Wigman, 01577 840669  
Email: [fossoway.cc@gmail.com](mailto:fossoway.cc@gmail.com)

**Cleish & Blairadam:** Email: [cleishandblairadamcc@gmail.com](mailto:cleishandblairadamcc@gmail.com)

## Kinross Community Councillors

Bill Freeman	64 Muirs	01577 865045
Lynne McKay (Chair)	5 Springfield Road	01577 531076
Hannah Phillips		07591 228884
Tom Stewart		
Michael Wilson	16 Acremoar Drive, Kinross	01577 861181
Emma Leslie		
Chris Collins		07970 998206

**Have a look at our website** [www.kinrosscommunitycouncil.com](http://www.kinrosscommunitycouncil.com)

## Portmoak Community Councillors

Andy Miller	Chair	E: <a href="mailto:Chair@portmoak.org">Chair@portmoak.org</a>
Dave Morris	Vice-Chair	
Ann Davidson	Treasurer	
Sue McGregor	Secretary	E: <a href="mailto:secretary@portmoak.org">secretary@portmoak.org</a>
Dave Patterson	Member	
Kenneth Donaldson	Associated Member	

**Have a look at our website** [www.portmoak.org](http://www.portmoak.org)

## Perth and Kinross Councillors Kinross-shire Ward

**Cllr DAVE CUTHBERT** (*Independent*)  
Tel: 01738 475110  
Email: [dcuthbert@pkc.gov.uk](mailto:dcuthbert@pkc.gov.uk)  
Address: 85 Bowton Road, Kinross, KY13 8EG

**Cllr NEIL FRESHWATER** (*Scottish Conservative & Unionist*)  
Tel (office): 01738 475108  
Email: [nfreshwater@pkc.gov.uk](mailto:nfreshwater@pkc.gov.uk)  
[www.facebook.com/neil4kinrossshire](http://www.facebook.com/neil4kinrossshire)

**Cllr WILLIE ROBERTSON** (*Scottish Liberal Democrats*)  
Mobile: 07909 884042  
Email: [wbrobertson@pkc.gov.uk](mailto:wbrobertson@pkc.gov.uk)

**Cllr RICHARD WATTERS** (*SNP*)  
Mobile: 07557 812513  
Email: [rwatters@pkc.gov.uk](mailto:rwatters@pkc.gov.uk)

## John Nicolson MP Member of Parliament for Ochil and South Perthshire

Telephone: 020 7219 3000  
Email: [john.nicolson.mp@parliament.uk](mailto:john.nicolson.mp@parliament.uk)  
Twitter: <https://twitter.com/mrjohnnicolson>  
Facebook: <https://facebook.com/JohnNicolsonSNP>  
Instagram: <https://www.instagram.com/johnnicolsonmp>

## Member of the Scottish Parliament for Perthshire South & Kinross-shire

### Jim Fairlie, MSP

Constituency office: 63 Glasgow Road, Perth, PH2 0PE  
Telephone: 01738 620540  
Email: [Jim.Fairlie.msp@parliament.scot](mailto:Jim.Fairlie.msp@parliament.scot)

## Members of the Scottish Parliament for Mid Scotland and Fife Region

All MSPs can be contacted at the following address:  
The Scottish Parliament, Edinburgh, EH99 1SP

### Claire Baker MSP (Labour)

Email: [claire.baker.msp@parliament.scot](mailto:claire.baker.msp@parliament.scot)

### Murdo Fraser MSP (Conservative)

Email: [murdo.fraser.msp@parliament.scot](mailto:murdo.fraser.msp@parliament.scot)

### Roz McCall MSP (Conservative)

Email: [roz.McCall.msp@parliament.scot](mailto:roz.McCall.msp@parliament.scot)

### Alex Rowley MSP (Labour)

Email: [alex.rowley.msp@parliament.scot](mailto:alex.rowley.msp@parliament.scot)

### Mark Ruskell MSP (Green)

Email: [mark.ruskell.msp@parliament.scot](mailto:mark.ruskell.msp@parliament.scot)

### Liz Smith MSP (Conservative)

Email: [elizabeth.smith.msp@parliament.scot](mailto:elizabeth.smith.msp@parliament.scot)

### Alexander Stewart MSP (Conservative)

Email: [alexander.stewart.msp@parliament.scot](mailto:alexander.stewart.msp@parliament.scot)

## KINROSS RECYCLING CENTRE

### Bridgend Industrial Estate

Monday, Thursday and Friday 9am-4pm  
(last entry 3.45pm)

Saturday & Sunday 9am - 4pm  
(last entry 3.45pm)

### THE RECYCLING CENTRE WILL ACCEPT THE FOLLOWING MATERIALS

Bicycles	Engine Oil	Rigid Plastic Packaging
Books	Fluorescent, LED & Long Life Light Bulbs	Rubble
Bras	Fridges & Freezers	Scrap Metal
Bulky Goods	Garden Waste	Soil
Car Batteries	Glass	Stone
Cardboard	Household Batteries	Telephone Directories
Cartons and Paper containers with metal ends	Large Domestic Appliances	Textiles (Clothes & Shoes)
Cooking Oil	Non-Recyclable Waste (General Waste)	Timber
Electrical & Electronic Equipment (WEEE - remove & recycle batteries separately)	Paper	Car Tyres (maximum two per day, strictly household only)

**Free compost available** (subject to availability).  
A maximum of 2 x 25kg bags per day



# Diary

## September

- Sat 30 **MacMillan Coffee Morning at The Potager Garden 10.30am**  
 Sat 30 **Fundraising Concert 2.30pm, Kinross Parish Church**

## October

- Sat/Sun 30/1 **Art @ St Pauls**  
 Sun 1 **Portmoak Apple Day**  
 Mon 2 **Health Centre Closed - public holiday**  
 Mon 2 Glenfarg Folk Club (Mondays, Gateside Memorial Hall)  
 Tues 3 **Fossoway and District CC meets**  
 Tues 3 u3a meeting, Kinross Parish Church  
 Wed 4 Networking Breakfast, Loch Leven's Larder 7.30am  
 Thurs 5 **Public Exhibition: South Kinross Flood Protection Scheme, Kinross Parish Church**  
 Sat 7 **Big Quiz Night (Tearfund), Kinross Parish Church**  
 Sun 8 **Let's Sing! Kinross Parish Church**  
 Mon 9 Board Games Afternoon (Kinross Parish Church)  
 Tues 10 **Portmoak CC meets**  
 Thurs 12 **Milnathort and Orwell CC meets**  
 Thurs 12 Garden Group talk on 'Weeds!'  
 Fri 13 **Newsletter Deadline for November issue**  
 Sat/Sun 14/15 **Art @ St Pauls**  
 Sat 14 **'The Quiet Girl' at Portmoak Film Society**  
 Sun 15 Kinross and Ochil Ramblers walks - see club entry  
 Mon 16 Kinross Historical Society talk, Kinross Parish Church  
 Tues 17 **Local Children's Author Event at library - Emma Louise Beeson, 2pm**  
 Wed 18/22 Dawn Goose Walks, RSPB Loch Leven  
 Sat 21 **Carnbo SWI Coffee Morning**  
 Tues 24 **Kinross CC Meets**  
 Sat 28 **Farmers' Market: High Street**  
 Sat/Sun 28/29 **Art @ St Pauls**  
 Sun 29 British Summer Time: Clocks go back an hour  
 Mon 30 **Halloween Storytelling Evening, RSPB Loch Leven**  
 Tues 31 **Light Party, Kinross Parish Church**

### The Kinross Newsletter

is available from:

<b>Greens of Kinross</b>	High Street, Kinross	<b>Buchan's Garage</b>	Main Street, Kinnesswood
<b>Baillies</b>	High Street, Kinross	<b>Shop</b>	Main Street, Kinnesswood
<b>Sainsburys</b>	Station Road, Kinross	<b>Fossoway Store</b>	Crook of Devon
<b>Giacopazzis</b>	Lathro, Kinross	<b>Fossoway Garage</b>	Crook of Devon
<b>Keystore More</b>	Green Road, Kinross	<b>Mona's Coffee Shop</b>	Muckhart
<b>Giacopazzis</b>	New Road, Milnathort	<b>Powmill Stores</b>	Powmill
<b>Stewart &amp; Smart</b>	Stirling Road, Milnathort	<b>Loch Leven's Larder</b>	Near Wester Balgedie
<b>Heaven Scent</b>	South Street, Milnathort	<b>Glenfarg Village Shop</b>	Glenfarg