



Kinross Newsletter

Founded in 1977 by Kinross Community Council
Published by Kinross Newsletter Limited, Company No. SC374361

All profits given away to local good causes by The Kinross Community Council Newsletter, Charitable Company No. SC040913
www.kinrossnewsletter.org www.facebook.com/kinrossnewsletter

Founding editor,
Mrs Nan Walker, MBE

ISSN 1757-4781
Issue No 509

August 2022

DEADLINE

for the September Issue

5pm,

Friday 19 August, 2022

for publication on
Saturday 3 September, 2022

Contributions For Inclusion In The Newsletter

The *Newsletter* welcomes items from community organisations and individuals for publication. This is free of charge. (We only charge for business advertising – see below right.) All items may be subject to editing and we reserve the right not to publish an item. Please also see our Letters Policy and Notes on page 2. Submit your item (except adverts) in one of the following ways:

Email: editor@kinrossnewsletter.org
(all emails will be acknowledged)

Post or hand in to:

Kinross Newsletter
c/o Ross McConnell Accountants
3 High Street
Kinross
KY13 8AW

Editor

Hannah Phillips.....07591 228884
editor@kinrossnewsletter.org

Advertising Manager

Julia Fulton07936 151223
advertising@kinrossnewsletter.org

Treasurer

Ross McConnell
3 High Street
Kinross KY13 8AW.....01577 865885
treasurer@kinrossnewsletter.org

Subscriptions

Ross McConnell (address as above)
subscriptions@kinrossnewsletter.org

Distribution

David Anderson07747 890375
distribution@kinrossnewsletter.org

CONTENTS

From the Editor.....	2
Letters and Thanks.....	3
News.....	5
Sarah Rankin Cooks.....	27
Politicians.....	29
Police Box.....	37
Features.....	39
Poet's Corner.....	42
Health and Wellbeing.....	43
Community Councils.....	49
Club and Community Group News.....	57
Sport.....	71
Kinross-Shire Centre Programme.....	77
Volunteering.....	78
Out and About.....	80
Church Information.....	87
Acknowledgements, Deaths.....	87
Baby and Toddler Groups.....	89
Notices.....	91
Situations Vacant, Items For Sale.....	93
Emergency Contact Numbers.....	94
Diary.....	96

Commercial Advertising in the Newsletter

For terms and conditions, see www.kinrossnewsletter.org.

Display Adverts

Rates shown include VAT

	<i>Eighth page</i>	<i>Quarter page</i>	<i>Half page</i>
Black & White	£14.70	n/a	n/a
Colour (internal)	£19.00	£45.60	£91.20

The above prices are per issue, based on a six-month run of advertising being placed. One-off adverts are charged at a higher rate. The *Newsletter* welcomes advertising enquiries. We do not have a waiting list for adverts.

Typed Adverts

These adverts are text only. The price is the same per insertion whether the advert is placed for one issue or several issues.

Up to NINE lines (including blank lines)	£8.60 per insertion
TEN to FIFTEEN lines (including blank lines)	£14.35 per insertion

As a guide, eight words is the maximum that fit per line. To place a Typed Advert, contact our Advertising Manager, Julia Fulton (see left). You will need to send her:

- **Your name, address, telephone number and, optionally, email address.**
- **The wording of your advert.**
- **A note of the number of insertions required.**
- **Your remittance – cheques payable to 'Kinross Newsletter Ltd'.**

Send all this to the Advertising Manager by the normal monthly *Newsletter* deadline (see top of left-hand column for date).

The *Newsletter* reserves the right to vary the physical size of these adverts from issue to issue according to the space available.

If you wish to place a typed advert on a permanent or semi-permanent basis, contact the Advertising Manager to see if you can go on to our billing list.

For full information on advertising in the *Newsletter*, including terms and conditions, please go to our website www.kinrossnewsletter.org and click on 'Advertising'.

The *Newsletter* reserves the right to refuse or amend any advertisement or submission and accepts no liability for any omission or inaccuracy. No part of this publication may be reproduced or used in any form without the express written permission of the publishers.

Editor Hannah Phillips **Assistant Editor** Joyce Horsman **Layout & Design** Chris Collins
Advertising Julia Fulton **Treasurer and Subscriptions** Ross McConnell **Distribution** David Anderson

Editor's Page

Cover photo: Hannah Phillips Cover Design: Lee Scammacca of Cree8

Letter From The Editor

I'VE HAD LOTS OF letters this month about campers not just at Burleigh Sands but at Kirkgate Park. We've seen a large number of tents pitched overnight on the grass next to the loch during the recent spell of hot weather. The more this happens, the more acceptable it seems to become.

The community is divided between those who feel that the campers are doing no real harm, and should be left alone (provided that they take home any litter and clean up after themselves) and those who believe they ought to respect the signs that clearly ask them not to camp overnight. They're asked not to, not because it's illegal but out of respect for other park users and the environment. Just because something is not illegal, doesn't mean it's not inconsiderate.

Whatever your feelings about the campers, the problem of cars parked on the grass at Kirkgate Park is a separate issue. The Land Reform Act of 2003 states that you must use a car park if there is one nearby. The Road Traffic Act of 1988 says it is an offence to drive a motor vehicle without lawful authority on land of any description which is not part of a road, a footpath or a bridleway.

What if the emergency services find their access to the loch impeded by tents and cars? In July I watched coastguard response teams drive straight over the grass and down to the loch to deal with an incident (see p15). Luckily no one was seriously hurt. I'm just glad their path to the loch wasn't blocked by tents and cars. The outcome could have been very different indeed.

I, along with most of Kinross, am excited for the Kinross Show on Saturday 13 August and delighted that the free buses are back.

They are an integral part of going to the Show! It's going to be a great day out for all the family. See pp16-17 for the latest on what to expect on the day and get your tickets booked.

The Farmers' Market this month will be at the Market Park. It's on Saturday 27 August. We are lucky to have so many great local businesses both visiting the market and in Kinross. Please try and keep supporting them, if you can. From renovating your house or garden to getting fit or treating yourself to a meal out, a coffee or a massage, we can all find ways to support local if we try.

Lastly, I wanted to say a big thank you to Norma Smith of Kinnesswood in Bloom who has been coming up with new and delicious recipes every month for the *Kinross Newsletter* for more than 10 years. She has decided to hang up her apron and retire her recipe column so that she can spend less time in front of her computer.

I am sure that we will all miss her contributions. Thank you, Norma!

Hannah Phillips, Editor

Note to Contributors

A great deal of the *Newsletter* comprises reports supplied by local clubs and other organisations. These reports are accepted in good faith and the *Newsletter* accepts no liability for any inaccuracies contained therein. Senders should ensure reports are factually accurate and do not contain material which could cause legal proceedings to be taken against the *Newsletter*.

Letters Policy

Senders must supply their name and contact details. Letters should be truthful and not contain matter which could cause legal proceedings to be taken against the *Newsletter*, which accepts no liability for any inaccuracies contained therein. The *Newsletter* does not necessarily agree with any of the views expressed on the letters or indeed other pages. All letters must contain the sender's address, although this may be withheld from publication on request.

Note to Readers: Advertising

Inclusion of advertisements in the *Newsletter* does not imply any particular endorsement or recommendation of services or companies by Kinross CC or Kinross Newsletter Ltd.

Abbreviations

PKC: Perth & Kinross Council Cllr: Councillor
CC: Community Council CCllr: Community Councillor



Orwell Bowling Club
MARKET FAYRE
Sunday 4th September 10am - 4pm
Do you have something to sell?

Members of the Public, Traders, Crafters, Charities and Clubs are all welcome

Indoor and outdoor locations will be available around the perimeter of the bowling green and inside the clubhouse at various prices.

For full details email the club secretary: sandra.fullerton5@gmail.com or visit our website - orwellbowlingclub.weebly.com
Find us on Facebook

About The Kinross Newsletter

The *Kinross Newsletter* has been informing and supporting the community for over 40 years.

It began as a way of letting residents know what Kinross Community Council was saying and doing, but soon expanded to be so much more.

Readers use the *Newsletter* to find local trades and services, and our loyal advertisers support the community by enabling us to publish local clubs' reports and essential community information free of charge. Readers, when answering an advertisement, please say you saw it in the *Newsletter*. Thank you.

The *Newsletter* is published by Kinross Newsletter Limited (company no SC374361). Any profits are transferred to charitable company Kinross Community Council Newsletter Limited (charitable company SC040913) to be given away to local good causes.

Letters

IN SUPPORT OF ALDI

I WRITE IN SUPPORT of the proposed Aldi store development in Milnathort. We are amid a so-called Cost of Living crisis. The independent magazine *Which?* conducted a survey of 52 products in June 2022. It showed that the cost in Aldi was £75.61 versus Sainsbury at £87.24.

Currently Kinross-shire residents must travel to Cowdenbeath, Dunfermline or Perth to enjoy these prices. Consider the environmental cost of all these journeys.

Aldi will create approximately 30 jobs. That is a welcome boost for Milnathort. Aldi also pay well. The minimum wage is £9.50 but Aldi pay at least £10.10, and many staff earn more than this.

Aldi support Scottish producers. From their total range of 1,900 lines, 450 of the products are purchased from Scottish producers. This is a very high percentage.

Residents in Auld Mart Road are understandably concerned by the prospect of more cars and delivery vehicles. I have some sympathy but would point out that we shop at Aldi Cowdenbeath on a regular basis, and have never seen any heavy customer traffic or congestion, despite Cowdenbeath having twice the population of Kinross. In addition, because of Aldi's central warehousing system, they only have two large delivery lorries per day to a store of this size.

I think that this store will be a welcome addition to Kinross-shire for the reasons set out above.

Alan Thomson, Kinross

FOSSOWAY COMMUNITY DEVELOPMENT TRUST

AT THE BEGINNING OF 2021, I approached folk I knew in the 6 communities of Fossoway parish and community council district (Blairingone, Carnbo, Crook of Devon, Drum, Powmill and Rumbling Bridge) that I thought could be helpful in establishing a Trust in the area. I felt that a Trust could assist in taking various projects forward that had been identified at community council meetings, etc but we were not progressing at the speed the community may wish. I had also observed during my PKC term of office, the success of other Development Trusts at places like Comrie and Stanley and their influence on Local Plans.

We put together a Steering Group and have held 11 meetings, 2 of which have been open to the wider public.

In order to register as a CDT and join the National Association we have to record 20 pledged members, including 3 Directors. We surpassed this requirement at the last open meeting on 18 May 2022 so the necessary steps of submitting a Company Constitution and to achieve charitable status are being taken.

At the time of writing, I think we have 28 members who have pledged the household subscription of £5 per annum agreed at our May meeting. Once Charitable Status is acquired, we intend to raise monies to enable us to mail shot the Fossoway District to increase membership.

At our May meeting we agreed some short term projects with clearly attainable goals, which were:

- *Explore with PKC leasing Blairingone School. PKC have advised that we have 1yr to negotiate a lease before they put it on the open market. If we place a note of interest this will halt any marketing of the school. We would need to raise in excess of £30K to bring facilities up to standard and then raise funds to cover ongoing costs. A working sub group of Blairingone members would be put together to manage this. In the meantime, Marian has agreed to contact PKC to determine if the attached cottage could be included in the lease. (We had a public viewing of the school buildings on 30/6/22 and have now to put together an expression of interest with PKC)*

- *Negotiate lease for Waulkmill Park from PKC. Members would then consider best use of this asset, in consultation with the Community.*
- *Establish a working group to work with the CC to provide a community evidence based report for inclusion in LDP3 preparation.*
- *Establish a paths group for Fossoway, creating a map of core paths and working with landowners to consider linking further paths.*
- *Facilitate completion of moving Blairingone War Memorial to new site which has already been prepared by PKC.*
- *Facilitate cleaning of Crook of Devon War Memorial using funds donated by a local resident.*
- *Consider leasing grounds from PKC for car park south of Church cemetery extension.*

Longer term projects listed were:

- *Improve access to Rumbling Bridge gorge and build new footbridge.*
- *Consider relocating Crook of Devon War Memorial so that it is not adjacent to the A977.*
- *Establish a working group to explore a ditch management scheme for Drum to avoid ongoing flash flooding issues.*
- *Improve signage in the Communities and remove excessive unused utilities clutter.*
- *Increase number of car charging points in our rural communities.*

If you live in the Fossoway district and are interested in joining the Trust please get in touch with either myself, Nicola Marchant (Secretary) or Ben Thornber (holding Bank A/C for subscriptions on temporary basis).

Kind Regards,

Mike Barnacle, Chair

01577 840516

Nicola Marchant, Secretary

07748 277891

Ben Thornber, Subscriptions

07980 548378

CAMPERS AT KIRKGATE

The photo (below) shows the second private vehicle I've seen parked on the grass beside a pitched tent. (It may even be the third such occurrence.)

It would be sad to see this park ruined.

Name And Address Withheld



Letters

HELP WANTED

I AM LOOKING FOR some help to collate all my farming contributions that have been printed in the *Kinross Newsletter*. I haven't kept copies and would like to get them all together in both printed and in digital format. It might suit someone with archiving experience or just anyone who is better at organising things better than I have! My number is 07835 719251, please get in touch for a chat if you could help.

Fiona Turnbull

CORRECTION AND APOLOGY

IN THE JULY NEWSLETTER, we described Mr David Sharman as 'angry' during the Milnathort CC meeting.

This was based on our perception of the mood in the room, filled with displeased people commenting on what they saw as an inappropriately-placed retail development. We are sorry for any distress this caused (and to have misattributed comments to him) and are happy to take this opportunity to correct ourselves.



Thanks

KINROSS-SHIRE CIVIC TRUST would like to thank everyone involved in the Kinross Raingardens Challenge following the project's success at the 2022 Susdrain awards.

Particular thanks go to project leader Brian D'Arcy; Andrew Flinn, honorary project manager for the Park & Ride works; Catherine Lloyd of Tayside Biodiversity Partnership; and Rachel Smillie of SAC Consulting who produced our awards video at very short notice. Thanks also to KCT office bear-

ers Alistair Smith (Chair), Eileen Thomas (Secretary) and Ken Miles (Treasurer) for their support and assistance.

We also thank Cllr Willie Robertson who was our lead contact councillor, but all local councillors have been supportive; Robert Wills, Moray Fraser and Lesley Ann Cassidy of PKC (respectively Planning, Roads and Greenspace Management); George Lawrie (Kinross & District Rotary Club); Nora Cormack of Kinross in Bloom; Jim Jeffrey, David O'Brien and Neil Mitchell of NatureScot; Portmoak Primary School; Kinnesswood in Bloom; Dance Connect; Loch Leven's Larder; Buglife; Hatrick Bruce for emergency watering; local residents who have welcomed street edge mini swales; and the *Kinross Newsletter* for coverage of our work.

Sincere thanks to our funders: Nature Restoration Fund (via Robert Wills, PKC); Scottish Government (Susan Stirling and Kristen Anderson place-making team); SEPA (Pauline Silverman and Wendy Campbell) and Kinross Community Council Newsletter Limited.



Independent Celebrant & Marriage Officer

07732 454639 | hello@andrewdscottcelebrant.com
www.andrewdscottcelebrant.com



DEVELOP FUNCTIONAL FITNESS FOR A FULL LIFE!

Improve posture, balance, strength, flexibility and mobility

.....

Develop core stability, concentration and coordination

.....

Release/relieve tension and stress through functional Fitness Pilates mat-based exercises and breath work

.....

Classes cater for all ability levels including seated Pilates chair-based class and specialised "Pilates for Back Care"

For more information contact Val Oswald
flutterbyfitnesspilates@gmail.com
Tel: 07739827735





Dance, Fitsteps and Pilates



FITSTEPS®
LATIN & BALLROOM DANCE FITNESS WORKOUT
NO PARTNER OR DANCE EXPERIENCE REQUIRED!
CLASSES HELD WEEKLY IN KINROSS, MILNATHORT & STRATHMIGLO



ADULT TAP DANCE
A FUN, RELAXED CLASS LEARNING THE BASICS OF TAP DANCE!
CLASSES HELD WEEKLY IN MILNATHORT



FITNESS PILATES
IN CONJUNCTION WITH FLUTTERBY FITNESS PILATES
CLASSES HELD WEEKLY IN KINROSS

FOR MORE INFORMATION ON FITSTEPS® & ADULT TAP DANCE
Email: fitvibe.laura@gmail.com

FOR MORE INFORMATION ON FITNESS PILATES
Email: flutterbyfitnesspilates@gmail.com

KCT RAINGARDENS PROJECT WINS NATIONAL AWARD

A LOCAL COMMUNITY environmental project has beaten off competition from around the UK to win a national award.

Kinross-shire Civic Trust's 'Raingardens Challenge' won the Community SuDS (Sustainable Drainage Systems) category at the 2022 Susdrain Awards held in Sheffield on 14 July. This award celebrates the work of communities in creating and/or managing good Sustainable Drainage Systems. The accolade was accepted by Brian D'Arcy, project leader, and the event was also shown online.

The original aim of the Raingardens Challenge was to generate 20 raingardens in the county by 2020, either by creating them or encouraging others to do so. Due to Covid-19, this wasn't achieved in 2020 but the target was reached a year later. A 'raingarden' is a feature with living plants designed to accept rainfall runoff. This means that rainwater can seep away slowly rather than causing flooding or perhaps contributing to a combined sewer overflowing in times of heavy rain. (A combined sewer is one that takes both rainwater runoff and domestic waste water.) At the same time there can be biodiversity and visual amenity benefits.

A great example of a raingarden is the recently reworked central area at the Kinross Park & Ride. This was a grass strip that was supposed to take rainwater runoff from the parking spaces but it was not created sufficiently deep enough for the rain to run into it effectively. In addition, vehicles being driven over the strip converted it to compacted mud. The Trust sought



funding to carry out works to convert the grass strips to deeper, better draining areas that are currently in bloom with beautiful wildflowers.

Other raingardens in the Challenge include a raised bed raingarden at Portmoak Primary School and planted channels and mini-basins in the car park at Loch Leven's Larder.

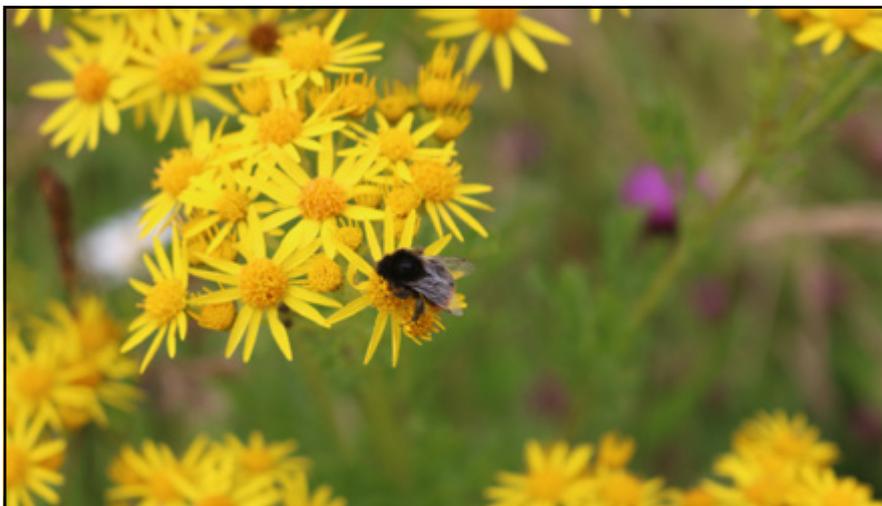
Progress with the Raingardens Challenge has been documented in regular features in the *Newsletter* over the past three years.

Alistair Smith, Chairman of Kinross-shire Civic Trust said, 'The Trust is absolutely delighted to receive this recog-



niton for the Raingardens Challenge. The success of the project is very much due to the drive, vision and enthusiasm of Brian D'Arcy. We are very grateful to Brian and the many individuals and organisations who have collaborated with him on the Raingardens Challenge.'

See also *Thanks on p4 (opposite) and Club and Community Group News on p65.*



NEW HOUSING THREAT

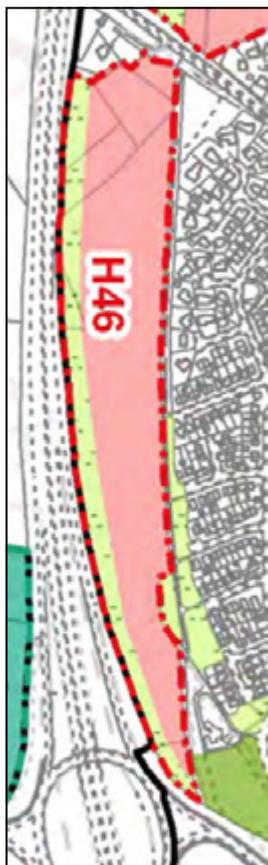
Approximately eight years ago a proposal to develop the strip of land bordering the motorway was, after much local opposition, rejected by the Reporter and the land designated Open Space. Now developers are back. Should things change?

ONCE AGAIN DEVELOPERS ARE interested in the site between the Wimpey estate and the M90 which may threaten the viability of the soon to be upgraded Davies Park.

The site first appeared in the first Local Development Plan (LDP) back in 2014. A determined campaign by local people called 'No Road Through The Park' persuaded the Council to change its mind. This led to the Council requesting that the site be changed to 'Open Space' when the final plan they themselves had approved (which included the site) was submitted for approval by Reporters appointed by Scottish Government.

Thankfully the Reporter agreed to the change and the site remained designated 'Open Space', a designation subsequently unchallenged in the second LDP.

There are two main issues here. Firstly it



was (and still remains) very difficult for the public to even know about, let alone make comment on, developers' proposals being included in the LDP. This is a major obstacle to community participation in the way our community is affected by new developments.

The second is problematic access to the site. It requires the effective cutting off of safe access to Davies Park for the children of the Wimpey estate for whom the park was created.

The proposal is/was to upgrade the seldom used maintenance access into the main road into the new housing estate.

Given the soon-to-start major upgrade of Davies Park this makes it even less acceptable to allow this developer aspiration to continue.

The Council own the land and could potentially deny a sale of the land to enable the site to be developed regardless of any planning permission.

Local campaigner David West is calling for the Council to make an unequivocal statement that the park, and the access to it, is not for sale. This should ideally happen before the Developer spends money on a full planning application and we call on planning officers to be instructed to tell the developer that the land isn't for sale and their proposal is therefore pointless.

He says, 'This threat will not go away and developers will circle the round and, no doubt, try again. What is needed is a long term solution, perhaps including some element of community ownership, to remove any doubt that the access is not for sale – not now and not ever.'

The image on the far left is the original boundary of H46, defined as Open Space and removed from the LDP of 2014. It does not include Davies Park or the strip of land immediately behind the houses on the right.

The second image is Miller Homes' current proposed area of development. Note the boundaries have enlarged to include the slip road from the M90, the stretch of Station Road up to the first roundabout and the first section of Springfield Road.

It also includes Davies Park itself, purchased by residents and placed under council control to be maintained purely as a recreational area.

TO DAVIES PARK & H46

Miller Homes has submitted a 'Proposal of Application' notice to Perth and Kinross Council indicating their wish to develop the site between the M90 and the west side of the Wimpey estate, from the Davies Park in the south to the northern edge of the estate at Renton Drive.

A Proposal of Application Notice is required where a major development is put forward. Public consultation must then take place before a formal planning application is submitted to the local authority. Major developments include housing sites exceeding two hectares or in excess of 50 dwellings.

Miller Homes describe the proposal as a 'residential-led development with associated open space, play area and potential associated community facilities; landscaping, access, and associated works.'

The land outlined in the Miller Homes proposal is very similar to the site known as 'H46' in the proposed first PKC Local Development Plan. The proposal to zone H46 for housing met with strong opposition during the public consultation phase of the first Local Development Plan (LDP) due to various concerns including traffic congestion, visual impact and proximity to the M90, but perhaps the principal concern was the effect on the Davies Park, as access was proposed to be taken from this part of Springfield Road.

The Kinross Action Group was formed to fight the proposal and dozens of people submitted comments to the Scottish Government's Planning and Environmental Appeals Division (DPEA) whose Reporter would examine the proposed LDP.

Perth and Kinross Council indicated to the DPEA a willingness to omit H46 from the final LDP if the Reporter considered the site inappropriate for residential development. By this time, in 2013, it was clear that the former High School site would be developed for housing so there would be no shortfall in housing supply.

The Reporter noted the controversy and the effect on the 'attractive, well maintained recreational area providing an important local amenity' and concluded that

which it serves'. The Reporter recommended that H46 be deleted from the LDP.

The 'H46' site was duly deleted and did not appear in the final version of LDP1, adopted in 2014. LDP1 was superseded by LDP2 in November 2019. The land between the M90 and the Wimpey estate was not zoned for housing in LDP2 either.

At the time of the LDP1 process, the H46 land was owned by Wallace Land Investment and Management Ltd, a company engaged in the promotion and sale of real estate. Wallace Land Investment and Management was acquired by Miller Homes in 2021.

The Davies Park is owned by Perth and Kinross Council and is designated Open Space in the LDP.

A spokesperson for Kinross-shire Civic Trust said: 'This site was removed from

the proposed first Local Development Plan for very good reasons. It will be interesting to see what Miller Homes' proposed access would be, as this was a significant stumbling block when the site was proposed for the draft LDP1. This land is not zoned for housing in the current Local Development Plan so we are surprised at this proposed application coming forward now. By our calculations, over 665 dwellings have been constructed or given consent for Kinross and Milnathort over the last six years, so we query the need for any more at this time.'

Miller Homes' public consultation events are provisionally planned for Tuesday 23 August and Tuesday 13 September 2022 in the form of online exhibitions and there will be a dedicated website.

By Eileen Thomas



miller homes

STATEMENT FROM MILLER HOMES

A spokesperson for Miller Homes said: 'Miller Homes has recently submitted a Proposal of Application Notice (PAN) ahead of a possible planning application to apply for Planning Permission in Principle for a proposed residential – led development with associated open space, play area and potential associated community facilities on land to the west of Kinross / east of the M90.

'The final extent of development including the number, mix and type of houses has not yet been established and will be informed by public consultation, as well as the outcome of various technical assessments to be carried out over the coming months. Detailed infrastructure assessments will also consider flooding and drainage and the necessary engineering investigations are underway to help inform any public consultation exercise, and eventual planning application, should one be made.

'We appreciate the PAN will generate interest from people living close to the proposal, as well as the community at large, and hope to gain a better understanding of their views, possible concerns and ideas at the Public Consultation Event, which is anticipated to be held in late August / early September. We encourage people to get involved as it's important to hear from the local community and use their feedback to help shape our proposals before any application is made. We look forward to working with the Kinross community over the coming months.'



GOSPEL HALL

8 Montgomery Street, Kinross

Gospel meeting each Sunday at 4.00pm
Friends and Neighbours 1st and 3rd Sundays

Visit our Facebook page and website for
other activities for everyone including children.

www.kinrossgospelhall.info

EVERYONE WELCOME!

The Lord is good, a stronghold in the day of trouble: and He knoweth them that trust in Him
(Nahum Chapter 1 verse 7)

Enquiries: 01577 840329 ; 0781 805 0785



**From
£895***
for a fully
fitted electric
garage door.

Gotta get a Garolla.

WHAT'S INCLUDED WITH EVERY DOOR:

- EXPERT MEASURING & FITTING
- 2 REMOTE CONTROLS
- ACOUSTIC & THERMAL INSULATION
- FREE DISPOSAL OF YOUR OLD DOOR
- AVAILABLE IN 21 COLOURS



*Offer valid for openings up to 2.4m wide & including 2 remote controls, 55mm white slats, internal manual override.

Garolla garage doors are expertly made to measure in our own UK factories, they're strong and solidly built. The electric Garolla door rolls up vertically, taking up only 8 inches inside your garage, maximising valuable space. Our expert local installers will fit your new door and they'll take away the old one too, so there's no mess.

Give us a call today and we'll come and measure up completely **FREE** of charge.

GAROLLA
ROLLER
SHUTTER
DOORS 

www.garolla.co.uk

CALL US TODAY ON:

01577 680 017

MOBILE:

07537 149 128

LINES OPEN 7 DAYS A WEEK

WHO OWNS DAVIES PARK?

THE ZONING OF A strip of land between the Springfield estate and the motorway for potential housing development in the proposed Local Development Plan (LDP) has caused much discussion about the Davies Park. The park is adjacent to the zoned site (known as 'H46' in the LDP), and is at risk in that development of H46 would require access through the Davies Park if the development were to be linked to Springfield Road.

Questions have been asked in recent months about the ownership of Davies Park.

Letters to the *Newsletter* in 1977 expressed the need for a children's play area, and the redundant train station site was suggested. The CC asked P&K District Council to consider purchasing the land. The process of acquiring the site took several years.

In 1979, the CC began assessing play park provision and in December 1980 set up a parks sub-committee with the aims:

- To consider what equipment might be desirable, and where it should be placed in Kinross;
- To specify and price items of play equipment or similar projects;
- To invite sponsorship from public fundraising bodies or charitable institutions.

The District Council informed the CC that it had set aside £1850 to buy 2.5 acres from British Rail and that the Scottish Development Department would transfer three adjacent plots of ground free of charge to the District Council. Provisional arrangements were made with the Scottish Development Agency to provide certain rehabilitation works.

In early 1981 the CC parks sub-committee launched a public appeal for funds. Dr Davies became the fund manager. The aim was to raise at least £5000.

The residents and organisations of Kinross entered into the spirit of fundraising. The CC parks sub-committee also organised several fundraising events. Various community groups, businesses and charitable trusts contributed. The District Council and Regional Council contributed several hundred pounds each.

By January 1982 the sub-committee was confident of reaching its target and proposed the following distribution: 60% (£3000) to be spent on equipment for the station site; 20% (£1000) at The Myre or Montgomery Street; and the remaining 20% (£500 each) at Kirkgate Park and Green Road.

The park was ready for use in spring 1984. It was officially opened on Friday, April 13, by Provost John M Mathieson,

Convener of Perth and Kinross DC.

The *Newsletter* said, 'The Provost emphasised the fact that without strong local pressure and initiative, the park would not have existed. He thanked Mrs Bayne Wood whose gift of land had enlarged the play area; and Dr J D Davies, whose organising efforts were acknowledged in the naming of the Park.'

So, the park is owned by PKC, as heritors to Perth & Kinross District Council, but came about by community effort.

Dr Davies died in April 1995. He worked very hard on behalf of the community, not only through the CC but also the Day Centre and the Millbridge Hall. His obituary in the June 1995 *Newsletter* states that he 'will always be remembered for his quiet, yet determined efforts on behalf of the young people and the elderly in this community.'

Eileen Thomas



Davies Park, showing Springfield Road and the M90 slip road. Pic: Andy Masson

Angela McCormack Civil Celebrant



Specialising in **Unique Wedding Ceremonies, Funerals, Baby Naming Ceremonies and Renewal of Vows.**

Contact:

Email - anglamcc1975@gmail.com

Tel - 07896639546

Facebook -

www.anglamcccivilcelebrant.co.uk

"Care and compassion in your time of joy and sorrow"



Registered and experienced
Specialised in Early Years

Drop off/collection Kinross Nursery & P.S
All year round spaces
rianna.mcginley@icloud.com



Naturally Balanced
with Claire

YOGA . MASSAGE . NAILS . BEAUTY

10% off your first appointment*

OPENING AUGUST 16th @



*offer ends September 15th 2022

2 High St, Kinross KY13 8AW, 07723077279
naturallybalancedwithclaire@gmail.com
FB @naturallybalancedwithclaire



Do you need something repaired at height?

Igoe Up employ fully qualified Steeplejacks and Rope Access Technicians to repair and maintain buildings with height.

We specialise in rope access techniques to carry out high-level inspections, surveys, building maintenance and repair services.

By comparison to other building contractors, we can save customers up to 60% on cost as our innovative access solutions mean that, more often than not, we do not need to use scaffolding.

In the case of an emergency, we provide a 24 hour call out service.

SERVICES

- ↑ Annual Remedial service
- ↑ Stone restoration services
- ↑ Gutter cleaning services
- ↑ Power washing services
- ↑ Chimney maintenance
- ↑ Church maintenance
- ↑ High level building maintenance
- ↑ Steeplejack & Rope access services

phone: 01577 531307 • 07481 840581
email: Chris@igoe-up.com
website: www.igoe-up.com



AUGUST STREET TRADING

CROOK VILLAGE HALL CAR PARK
SATURDAY 6th

GLENFARG VILLAGE HALL CAR PARK
SATURDAY 13th

MILNATHORT @ STEWART & SMART GARAGE
THURSDAY 18th

PORTMOAK CHURCH CAR PARK
SATURDAY 20th

KINROSS AT OCHIL VIEW
SATURDAY 27th

Serving from 4:30pm till 8pm

PREORDERS ONLY
TO BOOK YOUR PICK UP SLOT
PHONE 📞 TEXT 📞 FB MESSAGE

AND DON'T FORGET ABOUT OUR DIY PIZZA KITS!
KINROSS-SHIRE DELIVERIES AVAILABLE



e : info@pizzavia.co.uk t : 07591 104652

*Check out our fabulous
purpose-built dance space!*

MATTHEW DANCE ACADEMY STUDIOS

**CLASSES FROM THE AGE OF 2½ TO
PROFESSIONAL TEACHER DIPLOMA LEVEL
WE ALSO PROVIDE ADULT CLASSES!**

SOME OF OUR CLASSES AVAILABLE ARE:

**Ballet, Tap, Modern Dance,
Jazz, Street / Commercial,
Contemporary, Stretch Flex,
Competition Team
Choreobics, Cize,
Boogie Bounce, Zumba Gold**

*Many other classes are available!
See our website for updates!*

**B.A.T.D DANCE EXAMS *DANCE COMPETITIONS
STUDIO TRIPS * DANCE SHOWS IN
PROFESSIONAL THEATRES
GUEST INSTRUCTORS * FETES, GALAS AND FUN DAYS
WORLDWIDE CAREER & STUDY OPPORTUNITIES**

CALL 07869 120 989
www.matthewdanceacademy.co.uk
Matthew Dance Academy Studios,
27c Stirling Road, Milnathort, KY13 9XS
mda-studios.class4kids.co.uk

Can You C.A.T.C.H.?

A NEW LOCH LEVEN community group, CATCH (Climate Action Through Community Heating) is exploring whether a Community Heating system in Kinross and Milnathort, powered with heat from the loch, would be technically and commercially feasible and what benefits it would bring to the townsfolk and the nature reserve.

The biggest proportion of domestic energy is that used to heat our homes. Nearly every house has its boiler and associated radiators – domestic infrastructure. Community (or district) heating systems use well-proven technologies and have the potential to bring heat derived from less environmentally impactful energy, while benefiting from significant economies of scale. Much more common place in Europe, where cheap gas from the North sea was not available as a response to the 1973 oil crisis, solutions have been honed which work even in historic locations with older properties. In the UK we also now have to change, with hikes in the cost of energy accelerating the urgency. There is potential for heat which doesn't harm our planet, is fully sustainable and not subject to global factors escalating prices.

The Scottish Government has been proactive in mapping the heat requirement of our housing stock. Modelling uses records from energy companies, EPC surveys when houses are sold, floor area and building structure etc. Additionally they have identified opportunities where there are available sources of heat, and described the available options for the heating technology to use. Loch Leven is on the list, designated as of high potential.

The picture shows the heat usage data at 50 x 50m resolution for Kinross and Milnathort extracted from <https://heatmap.data.gov.scot/custom/heatmap/>, representing the model state as at 2020. At this scale, the economics of district heating look favourable, according to ScotGov, above 100MWhr per year – i.e. gold and redder. Above 70 costing will be tighter, though the dynamics continue to change.

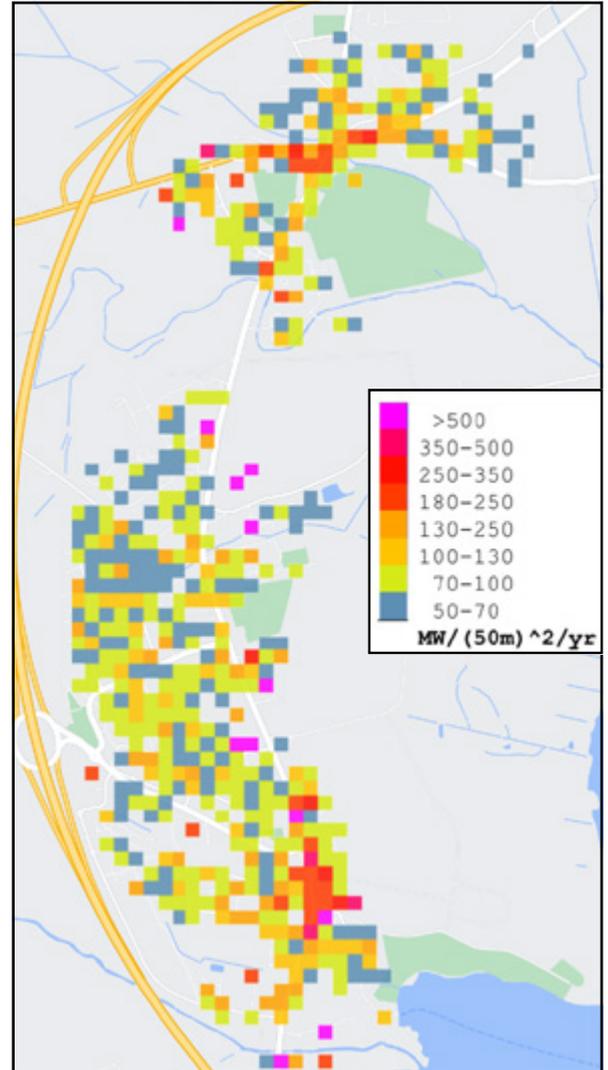
The biggest heat consumers are the public buildings, including the High School, swimming pool and health centre at the north of Kinross, or commercial premises such as Todd and Duncan at the very south and the hotels. The two town centres have dense heat usage, with usage tracking the key streets outwards. Newer estates do seem to be better insulated and use less heat.

Here in Kinross, we live by Loch Leven which is overheating, causing significant ecological stress on the nature reserve of international special interest. The heat gain delivered by the sun and from the atmosphere to the water of the loch, potentially could be extracted, reducing the thermal load which, for example, has exacerbated the algal blooms. Heat pump

technology, which squeezes heat to raise its temperature in a carrying medium, can convert energy coupled from the loch into levels which are suitable for distribution to homes, replacing obsolete gas boilers without the installation of heat pumps.

Perhaps you are thinking this is too big a dream, it will never happen, not here. Well, that doesn't have to be the case. It could be here. There is more funding and stronger support available for green energy schemes than ever before. We are all aware of the pressure of rising prices, which are fundamentally driven by energy costs. The economics of sustainable schemes are improving. Working to implement an efficient system serving such a basic need as warmth could be of real benefit for our community. Why should Kinross and Milnathort not be leaders in a more sustainable future?

If you would like to find out more, or can help, please go to www.catch-lochleven.org where you can find lots of information and register your interest. Or email info@catch-lochleven.org to get involved. A notable feature of community-based schemes is they only happen with the support and engagement of local residents!



Let's Sing! Is Back

THIS INFORMAL SINGING GROUP meets on the second Sunday of every month in Kinross Parish Church.

It is designed primarily for people living with dementia and their carer(s) who enjoy singing. However, anyone who enjoys company and a good sing is welcome.

We aim to encourage a feel-good factor for everyone and the focus is on enjoyment. Songs can range from well-known Scottish tunes to favourites from the 1940s–1970s and songs from the shows.

We begin with a cup of tea and a chat at 2.30pm and then begin singing at 3pm. There are no song sheets – words are all projected on to a screen.

Our next meeting is Sunday 14 August from 2.30 – 4pm in Kinross Parish Church, Station Rd. Kinross. Come and join us!

For more details please contact Brenda Frier (bj.frier@gmail.com) 07771 985265 or Isobel Watt (issiewatt@yahoo.co.uk) 07961 919967

Dates For Your Diary: 11 Sept, 9 Oct, 13 Nov, 11 Dec.

SPARKS CREATE MONART GLASS FOR NEW MUSEUM DISPLAY

LOCAL KINROSS-SHIRE GROUP SPARKs have been involved in a project to research and create a piece to commemorate one of 22 women who have been significant within the Perth and Kinross area. The group chose to research Isobel Mon-

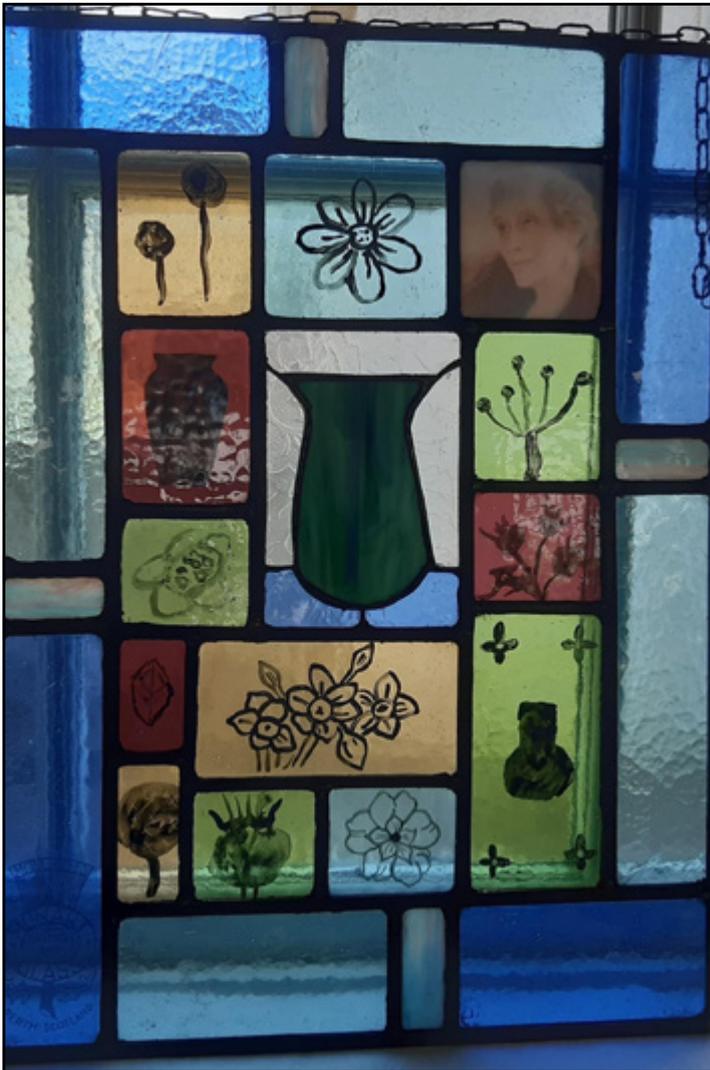
crieff's life, incorporating her creation of Monart Glass and because of her connection to John Moncrieff Lighting in Kinross (Mr Gilmour used to work for the Moncrieffs and when he opened the shop in Kinross, he kept the Moncrieff name).

A few of the group spent several weeks researching her life and work by visiting the AK Bell Library and Museum in Perth. They found information on her early years, her personality, the site of the original factory, and the grounds of her original house called Summerbank.

Once the information was collated, they contacted artist Lorna Radbourne. Over seven weeks Lorna, along with her son Matthew, taught and assisted the group to design a piece of glass each, representing something about Mrs Moncrieff. They each painted individual designs, had them fired, then fitted them all together, soldering joints, and blackening the seams to create a stunning result. Lorna has kindly offered to come and work with the group on a regular basis in future.

Towards the end of the project writer Sharon Sampson Jones visited. She chatted to small groups to find out more about SPARKs, including their experiences of the project. This written piece will accompany the artwork when it is displayed in the new museum.

On 7 July they handed over their finished piece of glasswork to PKC. The piece is to be on display at the new Perth museum opening in a couple of years. Until then they are hoping to display it locally in Kinross. Chairman Duncan made a great welcoming speech. The group was joined by Lorna and her family; local representatives Cllr Watters, and Cllr Robertson; James, Zoe, and Roseanne from PKC; Shona from NHS; David Connor, Kinross Men's Shed and Scott Gilmore, Moncrieff Lighting. SPARKs want to thank Embo for supplying a fantastic buffet (thanks to John for arranging that) and a huge thanks to John, Alison, and Jean for making the day a great success. A spokesperson for SPARKs said, 'It was a fantastic way to finish the project. We look forward to keeping in contact with Lorna and Matthew – a huge thank you for the time you spent with us over the last couple of months!'



New Buses For Powmill & Blairingone

BUS SERVICE 202, which runs between Kinross and Tillicountry, been successfully re-tendered. The successful bidder, current operator Bay Travel Coaches, will begin the service – which will now also stop at both Powmill and Blairingone – on Monday, 15 August.

A spokesman for PKC Public Transport said, ‘We will update the roadside information boards. In addition, we plan to produce posters and leaflets advertising the service, which will be circulated in the area local to the route to raise awareness of this new service.’

Cllr Dave Cuthbert said, ‘It is excellent news. I’m really, really pleased that Powmill and Blairingone are included. But there is lots more still to be done to ensure that Blairingone stops being the forgotten village.’

The new Monday to Friday timetable is shown here. Please note that there is also a Saturday service, with the exception that it has no 0822 service. It is otherwise the same route as the Monday to Friday services.

Timetable (Outbound)		Monday - Friday									
	Journey Number	1	3	5	7	9	11	13	15	17	
Kinross (High St @ Mill Street)	0822	0922	1022	1122	1322	1422	1522	1622	1722		
Kinross (Park and Ride)	0826	0926	1026	1126	1326	1426	1526	1626	1726		
Drum Bus Stop	0829	0929	1029	1129	1329	1429	1529	1629	1729		
Crook of Devon (Naemoor Road End)	0831	0931	1031	1131	1331	1431	1531	1631	1731		
Rumbling Bridge A823/A977 link road	0834	0934	1034	1134	1334	1434	1534	1634	1734		
Powmill	0837	0937	1037	1137	1337	1437	1537	1637	1737		
Blairingone	0840	0940	1040	1140	1340	1440	1540	1640	1740		
Dollar The Inn Public House	0844	0944	1044	1144	1344	1444	1544	1644	1744		
Tillicoultry Bus Stance	0850	0950	1050	1150	1350	1450	1550	1650	1750		

Timetable (Inbound)		Monday - Friday									
	Journey Number	2	4	6	8	10	12	14	16	18	
Tillicoultry Bus Stance	0854	0954	1054	1154	1354	1454	1554	1654	1756		
Dollar The Inn Public House	0901	1001	1101	1201	1401	1501	1601	1701	1801		
Blairingone	0906	1006	1106	1206	1406	1506	1606	1706	1806		
Powmill	0908	1008	1108	1208	1408	1508	1608	1708	1808		
Rumbling Bridge A823/A977 link road	0911	1011	1111	1211	1411	1511	1611	1711	1811		
Crook of Devon (Naemoor Road End)	0914	1014	1114	1214	1414	1514	1614	1714	1814		
Drum Bus Stop	0915	1015	1115	1215	1415	1515	1615	1715	1815		
Kinross (High St @Mill St)	0922	1022	1122	1222	1422	1522	1622	1722	1822		
Kinross (Park and Ride)	0924	1024	1124	1224	1424	1524	1624	1724	1824		

Outbound	Kinross (High Street, Clashburn Way, Junction Road) Kinross Park and Ride, Station Road, A922, A977, Drum, A977, Crook of Devon, A977, U240, Rumbling Bridge, A823, A977, Powmill, Gartwhinzean, A977, Blairingone, A977, B913, Dollar (Dewar Street, West Burnside, Bridge Street) A91, Tillicoultry (Dollar Road, High Street).
Inbound	Tillicoultry (High Street, Dollar Road,) A91, Dollar (Bridge Street, West Burnside, Dewar Street), B913, A977, Blairingone, A977, Gartwhinzean, Powmill, A977, U240 Rumbling Bridge, A823, A977, Crook of Devon, A977, Drum, A977, A922, Kinross (Station Road, High Street, Clashburn Way, Junction Road) Kinross Park and Ride.

KINROSS

**OPENING ON FRIDAY
2 SEPTEMBER
7-9pm**

To be opened by
Lucinda Russell OBE

**SATURDAY
3 SEPTEMBER
10am - 5pm**

**SUNDAY
4 SEPTEMBER
10am - 5pm**

FOR MORE

AND DISTRICT

ART CLUB EXHIBITION

SALE OF WORK & REFRESHMENTS

CLEISH VILLAGE HALL KY13 0LR

Leave the M90 at Junction 5. If travelling South, turn right on to B9097 or, if travelling North, turn left on to the B9097. After 1.8 miles turn left at the road signposted Cleish. Drive through the village and find the Village Hall on the right after the Church. Parking opposite.
Follow the AA signs.



INFORMATION VISIT kadac.co.uk

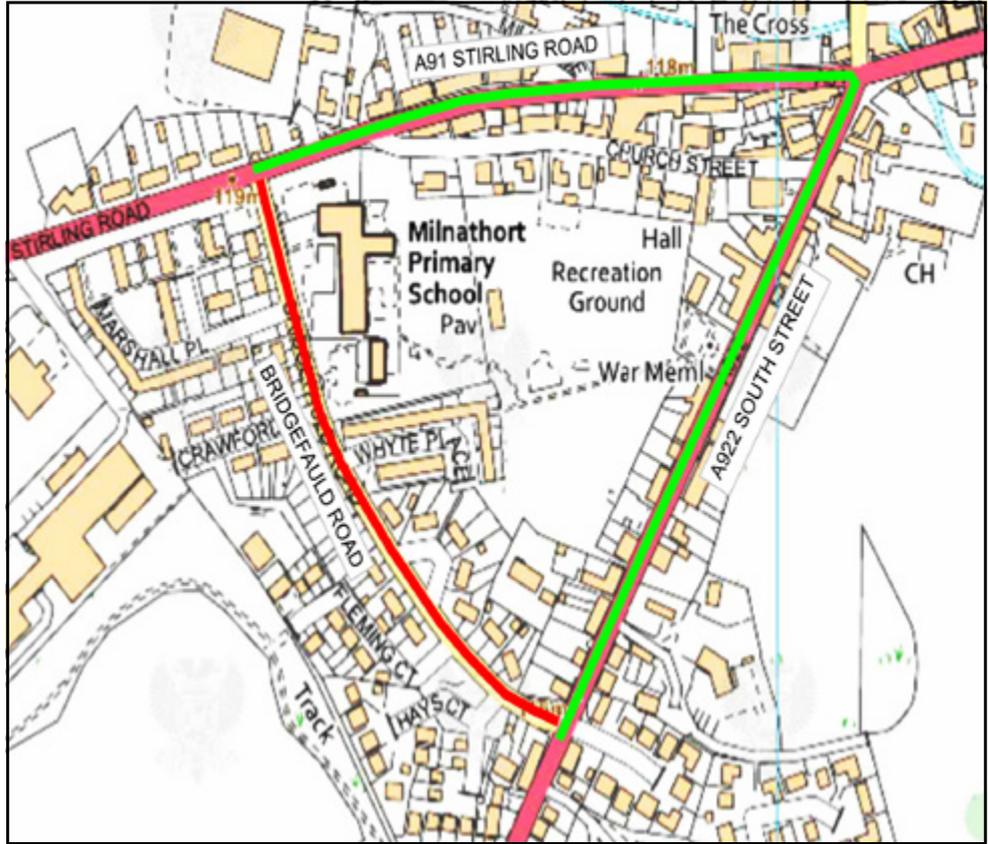
TWO-WEEK CLOSURE OF BRIDGEFAULD RD

PERTH AND KINROSS Council plan to undertake carriageway resurfacing, including a small section of footway patching, on Bridgefauld Road, Milnathort from Stirling Road to South Street commencing 30 August for approximately 2 weeks.

To undertake the works safely and efficiently a road closure with a suspension of loading and parking is required. The works will be taking place from Monday to Friday, with no weekend working planned. During the road closure times, the official diversion will be via Stirling Road – South Street and vice versa. The works will take place under restricted hours from 09:15 – 15:00 in order to allow for safe pick up and drop off to Milnathort Primary School.

The map shows works extents and diversion route.

Vehicle access to properties within the closure extents will be maintained when the works allow and is safe to do so. However, PKC say they cannot guarantee immediate access /egress from properties when the carriageway is being excavated or when the new hot road material is being laid. Emergency service



vehicles and pedestrian access will be maintained throughout the works.

Please note that all affected residents

and businesses will be notified through the usual channels prior to the works taking place.


THE COURT HOUSE

Tie the knot in a place that feels like home

WEDDING VENUE • THE COURT HOUSE
Some dates available for 2023

events@courthousekinross.com
01577 351020

EMERGENCY SERVICES SWIFT TO DEAL WITH LOCH LEVEN INCIDENT

THERE WAS A LARGE emergency service turnout at Kirkgate Park recently, when sirens aplenty came through Kinross on their way to rescue two people who got into difficulties in a boat on Loch Leven. Thankfully the emergency services arrived promptly and luckily no one was seriously hurt.

Volunteer Coast Guard crews from South Queensferry, Leven & Kingshorn were dispatched to various points around the loch, in an effort to reach potential casualties as quickly as possible.

Area Commander Scott Gibson is the Scottish Fire and Rescue Service’s Local Senior Officer for Perth, Kinross, Angus and Dundee. He said ‘We were alerted at 8.43pm on Saturday, July 16 to reports of persons in difficulty at Loch Leven near Kinross. Operations Control mobilised two fire appliances and specialist water rescue resources to the area. Firefighters assisted emergency service partners by bringing two people back to the shore and handing them into the care of the Scottish Ambulance Service.

‘Crews left the scene after ensuring the area was safe. We

want people to enjoy the water but enjoy it safely this summer. It’s important for us all to remember that even on warm days, the water is still very cold. Cold water shock is a real risk and can affect breathing and coordination. If you do get into trouble, try to keep calm, control your breathing then lie on your back, spread out your arms and legs and float to live.

‘We will continue to work with partners to educate the public about the very real dangers of swimming in coastal and inland waters.’ For more advice about water safety see www.firescotland.gov.uk/your-safety/outdoors/water-safety/



Emergency Services In Attendance

- *Two fire appliances from Lochgelly; One water rescue team from Glenrothes; One water rescue team from Perth*
- *Approximately 20 firefighters; Also at the scene: several police and incident vans; Three coastguard teams from South Queensferry, Leven and Kingshorn*



Stop and Think, Spot the Dangers

If you are thinking of being near or entering the water, have you considered the following?



Be aware of cold water shock For more info visit www.watersafetyscotland.org.uk/coldwatershock



Keep off all frozen waters



Check for safety signage



Avoid alcohol and drugs



The **depth** of the water may hide **underwater ledges, hidden currents and unseen items**



Be aware of other water activities



If it is **safe to enter the water**, ensure you have a safe way out



At the coast, consider rip currents, wind and the tide

TWO GORDONS AT KINROSS SHOW!

GORDON MENZIES

THE KINROSS SHOW IS set to welcome two local legends to entertain visitors this year. ‘Sharing the same first name is just a coincidence but both are very well known as experts in their professions,’ commented Ewan Paterson, President of Kinross–shire Agricultural Society. ‘I’m extremely grateful to my hardworking committee and thankful to all the volunteers and community groups who contribute to create such a fantastic local event, it makes me proud that so many people generously give their time to Kinross Show. There is no doubt that both Gordon Menzies and Gordon Douglas will attract big crowds,’ added Ewan.



As one of Scotland’s best

Kinross Show, RSPB Loch Leven

Sat 13 August 2022, 8.30am – 5.30pm

Tickets Available Now From

www.kinross-show.co.uk

Adults: £13 entry

U-16: FREE

Free Parking & Bus Travel

Folk singers, Gordon Menzies toured the world performing as part of Gaberlunzie. Gordon is a lover of all things farming and is also a regular visitor to the show. Having written an array of local songs he will be on the entertainment stage at 2.15pm with a few of his famous ballads. With 2022 being the Year of Stories in Scotland, Gordon penned this tribute to the show:

*We pray that the day never ends
Stravaigin’ wi’ strangers and friends
In the words o’ the Man, tak anither wee dram
For the Good Lord whose Blessings aye go
To Kinross Agricultural Show*

GORDON DOUGLAS

GORDON DOUGLAS HAS BECOME well known locally as a highly regarded dog trainer. His business, Second to None Dog Walking and Training will showcase the skill of working dogs in the countryside. His four labradors are the stars of his show and they will perform in the main ring about mid-after-

noon. The dogs will demonstrate retrieves, changes in directions and stops. ‘The obedience and focus of the pack is loved by audiences,’ says Gordon. ‘I’ll demonstrate that if you own a working breed of dog, this type of training is fun, whilst providing both mental and physical stimulation for the dog,’ he added.



FREE BUSES!

FREE BUSES WILL RUN from approx 10.30am to approx 6.30pm. The bus will stop at all the usual bus stops and, in the country, if waved down.

Buses run approx every 30 mins on the two available routes. Return journeys start at RSPB Loch Leven.

ROUTE 1

- Royal Bank Building in Milnathort
- Down to the roundabout at Rowland Pharmacy Kinross
- Turn right along Station Road to the Park and Ride
- Returning back along Station Road
- Turning right down through Kinross High Street
- To the show

ROUTE 2

- Loch Leven’s Larder Car Park
- Turning right past the Balgedie Toli
- Continuing through Kinnesswood
- Through Scotlandwell
- Straight down the road, turning right and along the south side of Loch Leven
- To the show



Pilates with Tim Clarke
For great core strength, balance & flexibility
MDA Dance & Fitness Studio Milnathort

Tel: 07973 321971 or mail@tselarke.co.uk

NEW FOR THIS YEAR AT THE SHOW

A NUMBER OF AREAS of the show have taken up the Story Theme for 2022. Children have until 6 August to submit their story entries about a day in the countryside. Check out the Kinross Show website for the entry form. All the stories will be displayed in the Children’s Food and Farming tent where there will be storytelling activities all day from Amanda Edmiston, Botanica Fabula: herbal storyteller, who will share magical and hilarious stories inspired by local farming traditions and the plants growing wild in the area.

For the first time ever there will be a dry stone walling demonstration taking place at the entrance to the show field from the car park. Norman from Central Scotland DSWA will rebuild the gateway end using traditional techniques. It’s a rare opportunity to see a skilled rural craftsman up close and we are grateful to RSPB Loch Leven for the opportunity to showcase the rebuild of the dry stone wall.

Sheep enthusiasts are in for a treat this year as the National Ryeland Show will be back at Kinross, with over 100 entries there will be lots of examples of this popular breed. New classes have been created for both Blue Texels and Dutch Spotted Sheep – these are growing in popularity locally and are both eye-catching breeds so be sure to look out for them when visiting the livestock.

A bouncy castle will return this year with wristbands on sale from the Young Farmer’s tent throughout the day.



Dutch Spotted Sheep



Kinross-shire Agricultural Society (KAS) ran a competition at Farmer Dawes Open Farm Sunday to guess the number of animals at Kinross Show last year. The answer was 871. The winner was Barry who received 2 tickets to Kinross Show and £120 was raised for Chest, Heart and Stroke Scotland.

Pictured above from left to right are Harold Greer, Rebecca Thomson, Ewan Paterson, Dora Smith and Catriona Jeffrey of KAS presenting the cheque to Stephanie Wilks of Chest, Heart and Stroke Scotland.



Dora and Scott with Norman and Kate at dry stone wall



ENTERTAINMENT STAGE

- 10.am Balgeddie Toll Players (folk group)
- 10.30am Windchill (Jazz group)
- 11.am Zosia and Ola (guitar and violin)
- 11.30am Perthshire Ukulele Group
- 12 noon Dance Connect
- 12.45pm Tich Frier
- 1.15pm Nikki Matthew Dance Academy
- 1.45pm The Leveneers (folk group)
- 2.15pm Gordon Menzies (Gaberlunzie)
- 2.45pm That’s What She Said
- 3.05pm The Velvet Effect
- 3.25pm Open Waters





KIPPER HIRE

SCOTLAND'S ARB MACHINERY CENTRE

Sales • Hire • Parts

We are a family-run business specialising in the hire and sales of arboricultural machinery, including wood chippers, stump grinders, log splitters, saw benches, mini-loaders & skid-steers.



BALFOR **CASTGROUP** **fsi** power tech

01577 524 007 office@kipperhire.com

4 MacDuff Place, Kinross, KY13 8FU.  




DESIGN, SUPPLY AND ERECTION
OF NEW MEMORIALS

EXISTING STONES CLEANED & RE-LETTERED
TABLETS, PLAQUES, VASES & GRAVEMARKERS

— Argyll House, 45 High Street, KINROSS KY13 8AA —
Tel: 01577 864607 email: regency@stewartfuneralgroup.co.uk

DRYSDALES TRAILER ENGINEERING



OUR SERVICES

Trailer repairs, servicing & welding.

Collection & delivery available.

Time served trailer manufacturers.

Tel: 01577 865251
Email: drysdaletrailers@btinternet.com

Drysdales Milnathort Ltd
Ladeside Yard, Stirling Road, Milnathort KY13 9XR

V.A.T. Reg. No. B17 5909 04 Company Reg. No. SC421251



BARRY WATSON JOINERY

Quality. Experienced. Tradesman.

All internal and external joinery works.

4 Gallowhill Road, Kinross, KY13 8RA

T: 07725527818
E: barrywatson09@hotmail.com

"I would highly recommend Barry, he replaced all my windows and doors and I was extremely happy with the service and the aftercare."

Mrs Ruby Petrie,
Glenfield Court,
Cowdenbeath

"Barry does all my odd jobs about the house. He's polite, tidy and never lets me down."

Mrs Lesley Naismith,
Cromar Drive,
Dulloch, Dunfermline

"I had a full house of windows fitted when I was renovating my home. Barry is a hard worker and delivered a great service - on time and on budget."

Mrs Lorraine McMillan,
Morar Road,
Crossford

“ A bit about me... ”

Originally from Cowdenbeath, I spent the last 10 years living in Dunfermline. I moved to Gallowhill Road, Kinross in August 2016, with my wife Jacqueline and our two year old son, Calum. I'm a time-served joiner with 17 years' experience.

Charity Jump For Broke Not Broken

BROKE NOT BROKEN DESCRIBE themselves as 'very lucky' to be so incredibly well supported by the local community. Not many charities can say they had two supporters willingly throw themselves out of a plane to raise money for them! Katie Dryburgh and her friend Fatty showed themselves to be made of stern stuff indeed with a July skydive that raised over £700 for the charity.

Katie is a volunteer co-ordinator and recent Psychology graduate, who decided she wanted to do something eye catching to raise money, knowing that the charity is in need of unrestricted funds in order to remain as responsive as possible.

Katie told the *Newsletter*, 'I've always really wanted to do a skydive, but I think it was one of those things that I never would have done unless I had an external push. I've volunteered at Broke Not Broken since December, and I was spurred on by wanting to see a measurable contribution to the charity through fundraising.



'Before volunteering I had a limited understanding of the importance of anti-poverty charities, and had no idea how much the government relied on them. Beyond making sure people aren't hungry, Broke Not Broken works to improve mental health, reduce social isolation, support individuals without judgement and create experiences and opportunities in a group that is often overlooked.

In the months that I've volunteered, the cost of living has increased and more and more people are relying on charities like Broke Not Broken. We're lucky to have them in our community and I'm proud to say that I fell for Broke Not Broken (as gas prices rose)!

Broke not Broken say a huge thanks to Katie and Fatty for their fantastic fundraiser.

See p68-9 for more on Broke not Broken.

ARE YOU REGISTERED TO VOTE?

P&K Residents Urged To Check Voter Registration Details

LOCAL RESIDENTS ARE BEING encouraged not to lose their voice on decisions that affect them by making sure their electoral registration details are up to date. The Electoral Registration Officer has already emailed many households to confirm that the details of the registered electors are correct.

Throughout August, all remaining households will be sent letters asking to confirm whether the information held is correct, or to provide information about changes, such as people moving in or out or anyone reaching age 16.

Roy Christie, Electoral Registration Officer said, 'You might not have been able to vote before, but with the extension of voting rights you may be able



to vote now'. Go to www.gov.uk/register-to-vote.'

Research indicates that home movers are far less likely to be registered than those who have lived at the same address

for a long time. Across the UK, 92% of people who have been at their property for more than 16 years will be registered, compared to 36% of people who have lived at an address for less than a year.

Andy O'Neill, Head of Electoral Commission said: 'It doesn't matter where you were born. If you are 16 and over you are able to vote in elections in Scotland but only if you register. If you have any questions contact the local registration team on 01738 630303.

NEW EXHIBITION AT DOLLAR MUSEUM

A NEW, SMALL EXHIBITION of local watercolours by Waller Hugh Paton, RSA, RSW (1828-1895) will open in the Museum on 6 August. A Scottish landscape painter and brother of the more famous Sir Joseph Noel Paton, Waller spent several summers sketching and painting round Dollar. His daughter Alexa Agatha was born in Islay Cottage in Dollar. The attractive watercolours on display have been lent for this exhibition. They show his interest in local scenery, including Castle Campbell and Dollar Glen.

Our other exhibitions include: The History of Dollar, Dollar Academy, the Devon Valley Railway with working models of Dollar Station and Dollar Mine, Robert Burns in Dollar, Local Witches, and a small display on: Were the Romans in Dollar? Children will enjoy Granny's Kitchen, and playing with the Dolls' House and our collection of Victorian toys. Upstairs there is a Reading Room with a wide range of local books, photos and maps where you are welcome to browse.

Dollar Museum is open at weekends until Christmas: from 11-1 and 2-4.30 pm on Saturdays and 2-4.30 pm on Sundays. Entry is free and all are welcome. There is disabled access. The Museum will also open on request at other times for visiting groups and researchers – please contact dollarmuseum@btconnect.com or see the museum website.

RUMIPOD garden rooms



High quality garden rooms, ideal for Home Office, Creative Garden Studio or Garden Sitting Room. Stunning design, fully insulated, providing all year comfort available in 3 sizes x 3 colours
 Manufactured in Fife - supply & installation throughout Scotland
 contact us to visit our demonstration RUMIPOD in Fife
 email info@rumipod.com tel. 07711 577235 www.rumipod.com



Wellness Mentoring

For help with:

- Mental Health
- Career/Life Challenges
 - P.T.S.D.
- Relationships
- and more...

07971 328404 ☎

Billy@WellnessMentoring.co.uk ✉

www.WellnessMentoring.co.uk 🌐

Abernethy, Perthshire, PH2 9GY 📍

f in

MONA'S Coffee Shop

MUCKHART

COME AND ENJOY:

MORNING COFFEE * LUNCH * AFTERNOON TEA

ALL FOOD FRESHLY PREPARED AND ALL CAKES LOVINGLY HOME BAKED.

ENJOY A RELAXING ATMOSPHERE

OPEN 7 DAYS

GIFTS, HANDBAGS & JEWELRY

OUTSIDE CATERING ASK FOR DETAILS

RESERVATIONS CALL 01259 781322

OR VISIT OUR WEBSITE AT

WWW.MONASOFMUCKHART.CO.UK

MONA'S
OF MUCKHART



BALGEDIE TOLL TAVERN COUNTRY PUB & DINING



SEE WEBSITE FOR OPENING HOURS

Neil and team look forward to welcoming old and new customers

Food all day Saturday & Sunday 12noon - 8.30pm

Midweek Lunch 12noon - 3pm Evening 5pm - 8.30pm

CLOSED TUESDAY & WEDNESDAY

Room available for small parties & meetings

Free WiFi • Car Park

Balgedie Toll Tavern, Wester Balgedie,
Kinross KY13 9HE

Telephone: 01592 840212

Email: balgedietolltavern@gmail.com

Find us on Facebook

www.balgedietolltavern.com



NEW EXHIBITIONS AT KINROSS MUSEUM



AS PART OF *Scotland's Year of Stories 2022* Kinross Museum will mount a new exhibition in September entitled 'Heaven and Hell'.

It will tell three stories from Kinross-shire which also reflect Scotland's national history as follows:

- *The story of the healing well of Fons Scotiae (Scotland's Well) at Scotlandwell; a place of pilgrimage and healing.*
- *The Covenanters fighting for their faith in the seventeenth century in the face of great personal danger and persecution.*
- *The Witch Trials at Crook of Devon in 1662 and the great injustice done to the accused.*

Children from the local primary schools will be telling these stories in their own way, and these will be on display in the exhibition. There will also be a storytelling event during Kinross's winter festival.

This event has been supported by the Year of Stories 2022 Community Stories Fund. This fund is being delivered in partnership between VisitScotland and Museums Galleries Scotland with support from National Lottery Heritage Fund thanks to National Lottery players.



Photos: John Knox' Pulpit (top), The Witches' Memorial in Crook of Devon (below) created by Rowan Morrison and the well at Scotlandwell (right)



GROWBIZ Supports Community Organisations

AT A TIME WHEN many rural businesses are concerned about increasing costs, GrowBiz is here to help. GrowBiz contractors are uniquely placed to provide practical advice and support.

GrowBiz events for July included a learning session on reducing energy bills by going green and a 'sales' focussed session of the XChange networking event, discussing how to find

new customers, retain current ones and increase income. If you have a specific query about your business, or want to chat to someone in a confidential 1-1 environment, join an online Thursday afternoon drop in session to talk to a GrowBiz Enterprise Facilitator, or get in touch at connect@growbiz.co.uk to book another time that suits you. Enterprise Facilitators can also talk

you through funding opportunities and help you make an application.

The GrowBiz mentoring programme, provides wrap-around support, with no fixed timescale, to help you develop the confidence and skills to allow your business to thrive. If you'd like to find out more about becoming a mentor or mentee, visit www.growbiz.co.uk/free-mentoring-service.

BUMPER ATTENDANCE EXPECTED FOR FOSSOWAY GATHERING



A BUMPER CROWD IS expected for the 2022 Fossoway Gathering on Saturday 3 September at the Waulkmill Park in Crook of Devon. The Committee have been working hard to ensure a great celebration event for local community organisations and lots of opportunities for fun and participation for all ages.

The Gathering starts at 12 noon with a children's Fancy Dress Parade, led by the Dollar Academy Pipe Band, with former professional footballer and current Provost of Fife Jim Leishman MBE officiating at the opening.

Activities for children and young people include fun fair rides, games arcade, face painting, storytelling, balloon modelling, AeroSpace Kinross and much more. A fun run organised by Kinross Road Runners will be a test for young people, with parents also being able to accompany their younger children. KYTHE are showcasing Youth work activities and the KYTHE Band will be performing live on stage.



Displays include a Dog Agility demonstration from Crufts award winners Chloe and Jess Powling from Muckhart and an incredible exhibition of 'gymnastics on a moving horse to music' by the Kinross Vaulting Group. You can get up close with Farmer Dawes' animals or enjoy the displays of classic cars and motor bikes. Find out more about the fun activities and services offered by lots of local community organisations. Meet local artisan traders in the Street Market and enjoy a wide choice of catering and refreshment options.

A spokesperson said, 'Entry to the Fossoway Gathering is free, but we do hope you will take the opportunity to support us by purchasing a programme on the day which is also your entry ticket for our grand prize draw.'

'The Fossoway Gathering seeks to support local groups and encourage community engagement. We wish to thank Colin and Di Dawes for providing us an opportunity to promote the Gathering at the recent Farmer Dawes Open Day.'

'Thanks also to those who visited our stall and tried their luck at guessing the weight of a sheep. The winner, from Kinross, correctly guessed the weight as 81kg. The runner up, also from Kinross, was only 1kg out at 82kg. We were pleased to present a cheque for £100 to CHAS from the proceeds.'

'We look forward to welcoming you to the Gathering next month. Keep in touch with us on Facebook @Fossoway-Gathering; Twitter @fossowaygather or email fossowayGathering@gmail.com'

CASTLE ISLAND BOAT TRIPS 'WON'T OPERATE THIS YEAR'

LAST YEAR HISTORIC SCOTLAND identified potentially concerning masonry defects at high level at some of their sites. Access restrictions were put in place to ensure that visitors and staff were not exposed to any risks.

Historic Scotland say that over the winter the weather was unsuitable for carrying out high level inspection work. The planned and prioritised programme of inspections began in May 2022.

Priority will be given to surveying sites where it is difficult to fully mitigate all risks to public safety. Sites where access restrictions have a significantly adverse community and economic impact will also be prioritised this year.

A spokesperson for Historic Scotland

said, 'The conclusion of a survey will not necessarily mean that Lochleven Castle will open in full or in part straight away. This is dependent on the findings of the inspection, and once sites have been assessed, we will make decisions informed by the results of the surveys. Our team of specially trained staff will be carrying out hands-on tactile inspections of the high level stonework. This essential work will enable us to identify any unstable high-level masonry and plan remedial works.'

This unfortunately means that Historic Scotland are unable to give a date of



when they will be able to restore full access to Loch Leven Castle but say that, for the above reasons, it's unlikely that this will be a quick process. A spokesperson said, 'As the purpose of the boat transportation to Castle Island by HES staff is to enable access to the castle, the boats will not operate this year.'

JUST DESSERTS FOR FESTIVAL-GOERS!

PORTMOAK FESTIVAL ended with a couple of long-standing events returning after a long break. The Pudding Club has always been a very popular event with families and, as usual, it was very well supported. There was no problem finding volunteers to make puddings and there was a great variety to choose from. Everyone enjoyed the camaraderie and there were lots of smiling faces.

The other event was the Michael Bruce Service of Commemoration, held on Sunday 3 July in Portmoak Church. It was conducted by Rev. Dr Robert



Calvert with the thought provoking address by Rev Angus Morrison. The address will appear on the Michael Bruce Memorial Trust website. The congregation enjoyed tea and shortbread after the wreath had

been laid by Dr David Munro. These two events concluded a busy few weeks of events, some new and some old favourites. Hopefully we can learn and adapt from this year and look forward to 2023.




Podiatrist/Chiropodist
HPC Registered

Kate Miller Bsc MChS

Tel: 01577 863498

Connect Counselling Scotland
Accessible Counselling Service
Milnathort & Kinross Area

Carrie Arnott PGDip
Person-Centred Counsellor

talk@connectcounselling.scot
07425 167 569
Cosca Membership No 3130




What do you have that you could transform in 3 easy steps?
All supplies available at Causeway Creations

Be Curious. Come and visit.

Furniture | Stencils | Transfers | Metallics Brushes | Fabrics | Cushions

The Causeway, Scotlandwell, KY13 9JQ
www.causewaycreations.co.uk

AMC LANDSCAPE GARDENERS

INCLUDING

TURFING - PATIOS - GENERAL TIDY UPS - FENCING
ROCKERIES - SUPPLIES OF QUALITY BARK
HEDGES TRIMMED - DANGEROUS TREES REMOVED

FREE ESTIMATES - NO OBLIGATION

T: 01577 850 756 M: 07931 904 579

I.W. JOINERY

TRANSFORMING YOUR HOUSE INTO A HOME

CONVERSIONS
EXTENSIONS
RENOVATIONS
KITCHENS
BATHROOMS
ATTIC CONVERSIONS

QUALITY WORK AT AN AFFORDABLE PRICE

PHONE: 01577 865047 or MOB: 07870 291 783

Do You Need a Cleaner

We probably already clean for your friends, neighbours or colleagues!

Our team of cleaners are Experienced, Disclosed, Fully Insured and their work is Guaranteed.

Call: 01577 862 696 / 07 999 510 500

e-mail: ciacleaning@live.co.uk

Dollar, Muckhart, Glendevon, Powmill, Crook of Devon, Cleish,
Kinross, Milnathort, Mawcarse, Duncrevie, Glenfarg,
Balgedie, Kinnesswood, Scotlandwell

C.I.A Cleaning, 77 High Street, Kinross, KY13 8AA

J & G WILSON

LAW & PROPERTY

PROVIDING LEGAL SERVICES TO THE PEOPLE AND BUSINESSES
OF THE KINROSS AREA SINCE 1888

ESTATE AGENCY • CONVEYANCING • EXECUTRIES • WILLS • TRUSTS
POWERS OF ATTORNEY • MATRIMONIAL LAW

01577 862302 | 18 High Street, Kinross, KY13 8AN | contact@jgwilson.co.uk | www.jgwilson.co.uk










KVGROS CELEBRATES 40YRS OF RURAL OUTREACH



IN 1981 NORMA DENWICK of the Social Work Department in Kinross asked a member of Kinross Parish Church if three ladies from the Women’s Guild would be willing to visit the housebound. These volunteers were then asked to take SWD clients to hospital clinics and on outings for which the SWD paid expenses. This small beginning was the start of the group now known as ‘Kinross-shire Volunteer Group and Rural Outreach Scheme’ (KVGROS).

KVGROS provides a befriending and driving service for the residents of Kinross-shire and Glenfarg. They were unable to mark the charity’s 40th anniversary due to the Covid pandemic. However, they are delighted to now be able to celebrate this special milestone!

This well-established voluntary organisation provides a vital service to the elderly, disabled and vulnerable members of the community to give them a greater feeling of independence. They provide volunteer drivers to enable clients to attend hospital, health centre and other health related appointments such as the podiatrist or dentist as well as taking people to have their Covid Booster vaccinations in Perth and other centralised hubs. Drivers also help clients with shopping and requests for social purposes to help reduce social isolation and support people’s mental health and well-

being. This is a door-to-door service with the driver remaining in attendance at all times.

Families are now more spread out and maybe not living locally, public transport is on the decline and NHS services are being increasingly centralised meaning clients have to travel further afield for their appointments. The service is open to all the community and accepts requests for local appointments and more widely to hospitals in Alloa, Dundee, Edinburgh, Falkirk, Glasgow, Kirkcaldy and Perth.

KVGROS works in partnership with key services such as Loch Leven Health Centre, Social Work Departments, Community Learning and Development and other local charities such as Broke Not Broken and the Kinross Day Centre.

Demand for the service is growing every month and although they have a wonderful dedicated group of drivers based across Kinross-shire and Glenfarg, they are always looking to recruit more people to this rewarding role.

KVGROS has been recognised by Age Scotland for the delivery of the service in the community and has been awarded the ‘Volunteer Friendly’ award by Volunteer Scotland.

KVGROS will have a stall at the Kin-



ross Farmers Market on Saturday 27 August from 10am-3pm. Please chat to us if you would like to hear more about the service we offer or if you would like to find out more about becoming a driver. In the meantime, please email administrator@kvgandros.org.uk or phone 01577 840196.



September
Events
at

LOCH LEVEN'S
LARDER



For full event details visit:
Tel: 01592 841000
www.LochLevensLarder.com



CHEESE + WINE + YOU

**CHEESE & WINE
EVENING**

Friday 23rd September
6.45pm - 9.30pm

LOCH LEVEN'S
LARDER



**FOOD MARKET
&
LIVE MUSIC**

**FRIDAY 2ND SEPT
6 - 9.30PM**

SALON 62

HAIR  BEAUTY



LADIES AND GENTS WELCOME

OPENING HOURS

MONDAY TO SATURDAY 9am - 6pm

TUESDAY - THURSDAY till 8pm

L'ORÉAL
PARIS

WELLA

PAUL MITCHELL

62 The Muirs, Kinross KY13 8AU

Telephone: **01577 330 524**

J McLEAN ROOFING CONTRACTORS

www.johnmcleanroofing.co.uk

All Aspects of Roofing Work Undertaken

- SLATING & TILING
- LEAD WORK
- CHIMNEYS
- UPVC FASCIAS
- GUTTERING
- ROUGHCASTING
- INSURANCE WORK
- FULLY GUARANTEED
- 24 HOUR EMERGENCY
- STORM DAMAGE REPAIRS

FREE ESTIMATES & ADVICE

FROM MINOR REPAIRS TO COMPLETE ROOFS



4B THE VINE, GREENACRES, KINROSS KY4 0JA
MOBILE: 07708 322 007

FREEPHONE: 0800 118 2593



Tree & Hedge Surgery

Qualified ~ Insured

- Felling
- Pruning
- Technical Dismantling
- Pollarding
- Crown Reductions
- Emergency Tree Work
- Land Clearance
- Hedge Trimming
- Stump removal
- General Garden Maintenance

Call for a free quotation on: 01337 258625 / 07896086952

www.bkbtrees.co.uk

Loch Leven Laundry

Washing

Ironing

Dry Cleaning

Pick up & Delivery Available

Phone: 01577 862 696 / 07 999 510 500

Open Monday to Friday 9.30am to 5pm & Saturday 9.30am to 2pm

77 High Street, Kinross, KY13 8AA (Opposite Sands the Ironmongers)

Find us on Facebook

THE COMPLETE JOINERY SERVICE

A Kinross business offering a full range of joinery services including:

- Bathrooms
- Kitchens
- Renovations
- Alterations
- Floorings
- Doors
- Windows
- Decking
- Fencing

Call: **01577 864847** or **07380 807363**

Email us: info@bsjoinery.co.uk or visit our website:

www.bsjoinery.co.uk



The Complete Joinery Service

HOME DELIVERIES AVAILABLE

Mr Chan's

CHINESE RESTAURANT
Full Licensed

AUTHENTIC CHINESE CUISINE

FOR RESERVATIONS or TAKEAWAYS
52 High Street Kinross

TEL: 01577 863178

OPEN SIX DAYS
Opening Hours: 4.30pm - 10.30pm
Closed all day Tuesday

SARAH RANKIN COOKS!

BBQ Season

I LOVE A BARBECUE, but the key to a good one is all in the prep.

Make sure all your meats are marinated in advance and your salads are ready to go before the heat gets fired up.

This is my go-to lamb chop recipe for cooking over a fire. It works equally well on a griddle pan on the hob.



**FIND SARAH
ON SOCIAL MEDIA**
@sarahraincooks

Preserved Lemon and Rosemary Lamb Chops

- 12 lamb chops
- 1 tbsp ground cumin
- 1 tbsp ground coriander
- 4 cloves garlic, crushed
- 250ml good quality extra virgin olive oil
- Four large sprigs rosemary
- Three small preserved lemons from a jar, sliced

Mix the olive oil, garlic and spices together and massage into the lamb. Season with salt and pepper. Place half the sliced lemons in a dish with some rosemary and place the lamb on top. Pour over the marinade and more of the lemons and rosemary.

Cover and leave in the fridge for up to two hours. Any longer will break down the proteins in the lamb too much.

Remove the lamb from the fridge at least 30 minutes before you come to cook it so it comes to room temperature.

Fry on a hot grill for 3 minutes on each side for medium rare. Allow to rest for at least 5 minutes before serving.

Great with a couscous salad of griddled courgette & peppers, crumbled feta and some more chopped preserved lemons.

Enjoy!

@sarahraincooks



Earnside



UK & European luxury coach hire

Air Conditioned 16 to 53 seaters

www.earnside.com 01577 830360

Virtual Surgeries



Surgeries have always been a vital aspect of the work of an MP, and I am keen for that to continue under all circumstances.

As such, my office and I are excited to announce that we've set up a whole new system for 'virtual surgeries', your chance as a constituent to talk directly with your MP.

JOHN NICOLSON MP
OCHIL AND SOUTH PERTHSHIRE

To book an appointment, please visit
osp.scot/surgeries

Ashley House



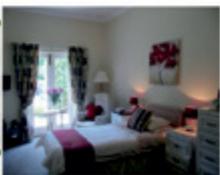
A Truly Exceptional Place to Stay

Ashley House is situated within its own secluded landscaped gardens, which boast beautiful views including Loch Leven and the surrounding hills. Our highly trained staff are carefully selected to deliver an excellent standard of care, whilst providing our residents with a real home from home atmosphere.

We can accommodate up to 32 residents at rates which still remain very affordable.

Write or phone for full details and new colour brochure.

Registered with the Care Commission



Ashley House Care Home

18 Perth Road Milnathort KY13 9XU Tel: 01577 864438
Email: info@ashleyhouse.org Web: ashleyhouse.org.uk



Consultations by appointments

Monday to Friday

9am - 11.30am & 4pm - 6.30pm

Saturday 9am - 12.30pm

**Call or pop in today
and ask our team
about our Care
Plans and how we
can keep your pets
fit and healthy.**

Give us a call to
find out more.

01577 863328



39 High Street, Kinross KY13 8AA

www.inglisvets.co.uk

Find us on

Councillor Willie Robertson



Aldi Application: The planning application for an Aldi store in the Orwell Business Park off Auld Mart Road has now been lodged. It is likely that the consultation period for making comments will be extended because of the summer holiday period.

Pre Application Notice (PAN) : There has been a PAN notice lodged with the Council for the land between the North Springfield estate and the M90. Developers tried to have this site included in a previous local development plan but it was rejected following a campaign by local residents to have it thrown out. I expect just as much opposition this time as again accessing the site will be a huge issue.

Burnbrae Bridge: This was damaged last year and I am often asked when it will be repaired. The good news is that it is programmed to be done later this year.



Wild Camping: There has been a surge of 'wild camping' at both Burleigh Sands and the Kirkgate Park. Burleigh Sands is managed by Nature Scotland and the Kirkgate Park by Perth & Kinross Council. Under the access legislation camping is permitted if those involved do so responsibly and don't leave and litter behind or cause damage to trees and the surrounding area. The problem is that not all who camp in our beauty spots do so responsibly which spoils the area for locals and visitors alike. Both NatureScot and the Council are aware of the problem and employ wardens to try and control the situation.

Overgrown Hedges: This is the peak time of year for growth and many hedges are overgrown. If you have a hedge bordering a pavement please check it to ensure that it isn't causing an obstruction. If it is please have it cut back. This makes life safer for everyone especially those who are partially sighted or have mobility issues.

Street Resurfacing Works: Church Street, Milnathort is due to be resurfaced early in August and Bridgefauld Road at the end of August/early September.

Councillor Willie Robertson



 Families
 Events
 Business
 Commercial

www.tracygowphotography.co.uk
 T: 01577 861538 M: 07730 420376

Councillor Neil Freshwater



Visitor Rangers

I had a very useful and informative afternoon with the Perth & Kinross visitor ranger service around Loch Leven and Dunning Glen. The small team of seasonal rangers patrol popular beauty spots throughout Perth & Kinross to offer advice and information to campers whilst providing that all-important presence to the public. They also help by clearing up the unnecessary mess made by some campers both in terms of litter and tidying away the remains of bonfires. It's a nuisance that people can't do simple things like take away their own rubbish, but I was struck by the enthusiasm of the rangers particularly their passion for educating the public as the best means to getting them to have greater respect for the countryside.



Blairingone School Buildings

Many readers will be aware that the former Blairingone primary school has been empty for some time following its closure. There is, however, the exciting prospect of the old school building and adjoining house being transferred to the community for use as a village hall or other useful facility. Former councillor Mike Barnacle is chairing a newly formed Fossoway Community Development Trust which is looking at options for an asset transfer to the community and the possible uses and business cases to make this work. A very informative public meeting was held on site which I attended, to look round the buildings and discuss options. A



specialist officer from the Council was present to chat about the processes and possible funding streams to support the transfer of the buildings from the council to a community group. Further building surveys will be needed to assess the condition of the building and establish what works needs to be done to make it good, but I think the idea of having the buildings available for the community is a great idea and I am keen to support this.

Councillor Neil Freshwater

NORTH ROAD GARAGE Ltd.

Great North Road, Kelty

Tel: 01383 830404 Home: 01383 831298

Member of Scottish Motor Trade Association (SMTA)

We are now in our new purpose built workshop where you can wait in warmth to have fast repairs carried out such as brakes, tyres, exhausts etc. fitted.

MOT Testing classes 4 & 7 (Sundays by appointment)

Servicing and repairs to all makes

Welding to proven MOT standards

New tyres supplied fitted and wheels balanced

Puncture repairs Suspensions pressurised

Brakes Shockers Starters Alternators etc. etc.

All parts supplied Shop & Accessories

Full car valeting

12 months/12,000 miles parts & labour warranty

Used car and van sales

with full warranties

Finance up to 60 months (keen APR rates)

with payment protection

Cars and vans bought for cash (HP cleared)

Calor Gas stockists. Delivery to Kelty area

Recovery service, Courtesy cars available

Monday to Friday 7am - 7pm

Saturday 8am - 5pm Sunday 10am - 4pm



Your local provider of recycling & waste management services

Skips

4 - 16 cubic yard skips



Bulk Containers

20 - 50 cubic yard open, closed or compactor container options



Cattle Bedding and Equestrian Arena Surfacing

Affordable cattle bedding and equestrian arena surfacing made from high-grade timber fines



We can deliver throughout Scotland and these products are suitable for beef and dairy cattle, sheep, poultry and equine.



Your waste is changing

01577 830833 bingroup.co.uk

Property Care Roofing Roof Coatings General Maintenance

- Slating ▪ Tiling ▪ Ridge Caps ▪ Pointing
- Roughcasting ▪ Flat Roofs
- Gutters Repaired & Cleaned from £25
- Roofs Cleaned from £350 Moss Control
- Paths, Patios & Walls Cleaned & Restored
- Exterior Paintwork Undertaken
- All building work Undertaken

For a FREE no obligation quote call on: ▪ OAP's Discounts

FREephone 0800 535 3547

www.pcroofingandbuilding.co.uk ▪ pcroofing09@googlemail.com

Templeton House, Cleish



Councillor Dave Cuthbert



Kinross-shire Partnership

I ATTENDED THE Annual General Meeting of the Kinross-shire Partnership on Tuesday 12 July. It was an interesting meeting with reports on quite a few items they are working on.

Electric Disability Scooters

They provide electric disability scooters at RSPB Vane Farm for use on the nature trail and were reporting that they have now got two functional scooters and are looking to get a third back in action.

Kinross.cc Website

In my distant past, I designed and built the kinross.cc website which contains a wealth of information about groups, businesses, a what's on calendar, news and much more.

They are in the process of updating the site and I am looking forward to seeing the final product.

Public Consultation Exercise

The Partnership are working towards carrying out a public consultation exercise in Kinross-shire. A similar exercise was carried out in the 1990s and this resulted in the publication of a document called the 'Kinross Strategy' in 1995.

Amongst the key aims of this document were: the building of a western bypass to allow the upgrade of Kinross High Street, the creation of a commercial area to the west of Kinross as part of the bypass, the upgrade of Kirkgate Park and cemetery, and the creation of a cycle and foot path around Loch Leven.

Many of the aims contained within the Kinross Strategy have now been achieved and I think the time is right for a new strategy to be developed and would welcome it covering the whole of Kinross-shire.

The day after the Partnership meeting, I had lunch with Councillor Freshwater and the recently appointed Chief Executive of the Council at the Kinross Centre. So, naturally I raised it with him as something officers of the Council could be involved with. My suggestion to him was that a joint paper could be produced by the Partnership in conjunction with the officers and that this paper could come to a future meeting of the Kinross-shire Local Committee, with a view to the Committee finding ways to help deliver the items contained within the paper.

Better Place To Live Fair

The final thing mentioned at the meeting was that the Partnership was hoping to put on a 'Better Place to Live Fair' in March 2023.

Better Place to Live Fairs are excellent opportunities for people to come and see what is on offer in the area, as local groups, organisations and public services come together to show what they are offering. The last of these was in 2019.

The plan is to hold the event in the Loch Leven Community Campus and to take over the whole of the publicly accessible area of the ground floor.

Loch Leven Community Campus

I visited the Campus and met with the senior management team on 23 June. Following what I would describe as a full and frank discussion I was given a guided tour of the Campus. What I noted was that it is a fantastic school with amazing space and light. However, I also noted that the rooms which would normally have been hired by community groups had been taken over by the school and the Council Officers who are based at the Campus. For example, the two rooms adjacent to the library appeared to have been turned into a Council base, with hot desking, while the room which was built for this purpose was full of Covid equipment (tests, wipes etc.).

I mentioned this to the Chief Executive at our lunch, and also pointed out that to hire the Assembly Hall for one Saturday evening to put on an event was quoted to KLEO at £700 (I did

mention that I had a conflict of interest in this case as I am the Chair of KLEO).

I also pointed out that the Campus received additional funding in order to provide an alternative to the Kinross Town Hall and that Kinross Community Council had sued the Council over the disposal of the Town Hall on the basis that the building was Common Good (the result of this was Kinross Common Good Fund receiving the proceeds of the sale of the building).

Community Council Elections

All Community Councils are due to have elections this year. The notices of the elections are due to be issued on 25 August and nominations will need to be in by 4pm on 22 September. This may be extended to 3 of October if less than 50% of the available seats receive nominations. The results are to be announced in November.

Community Councils perform a very important part in the functioning of our communities. Their scope is very broad and they are generally well attended by members of the public and at least one elected member, who can take the issues raised to the Council for action.

I would strongly recommend that people consider applying to join their local Community Council, as their voice really does matter.

Volunteers

One of the things I have noted is that it is getting harder and harder for local groups and charities to recruit people to help with their work.

For example, Kinross in Bloom plant hanging baskets and planters which are then hung or placed around the town. These look lovely in the town and create the ambience we all want to see. However, they are struggling to find people to help water the plants. The work isn't difficult and involves a couple hours each day for a week or so during the summer.

Another example is with the Kinross-shire Local Events Organisation. They are looking to establish a friends of KLEO group, with a view to group members helping at their events. An example of this might be acting as a steward for a couple of hours at one of their larger events.

If you are interested in becoming involved in any of the above, please feel free to contact me by email on dcuthbert@pkc.gov.uk.

Councillor Dave Cuthbert

WITH THE START OF THE NEW SESSION, IS YOUR CHILD IN NEED OF SOME EXTRA SUPPORT IN SECONDARY ENGLISH AND/OR MATHS?

We are both highly experienced and committed teachers who will work with your child throughout secondary school to boost confidence, consolidate learning, help with revision, prepare for exams and achieve better results. In conjunction with your child, we will draw together a personal learning programme to meet their identified needs.

Email

englishandmathstutoringkinross@gmail.com

for further details,

or find us on Facebook at

<https://www.facebook.com/englishandmathstutoringkinross/>

[englishandmathstutoringkinross/](https://www.facebook.com/englishandmathstutoringkinross/)

Politicians

Jim Fairlie, MSP

IN MY LAST COLUMN, I wrote about my childhood love of ornithology, particularly the majesty of birds of prey such as the peregrine falcon, so I was delighted to respond to a message from Scottish Environmental LINK on becoming a Nature Champion for one of Scotland's iconic species.



This scheme seeks to highlight threatened species and priority habitats, raising awareness and promoting action to restore and safeguard Scotland's environment. With 1 in 9 species at risk of national extinction, political support for restoring and protecting our natural environment is really important and I am really pleased to represent a constituency that includes the RSPB's Vane Farm Nature Reserve at Loch Leven, an internationally important wildlife site.

The elusive peregrine, referred to previously, is destined to remain so as it has already been 'claimed' by my colleague from Glasgow Maryhill, Bob Doris, however I am really pleased to have been named as Nature Champion for Scotland's curlews!

One of the things I sincerely miss since giving up hill farming is the early spring sound of the curlews coming back to breed. And, as the curlew came back to breed, their call heralded the coming of lambing, a really important time in my old farming days.

They have a distinctive call that gives them their name, as they call out 'curloo-oo'. Do listen out for them.

The UK provides the third most important habitat in the world for breeding curlew populations. However, the curlew is in trouble – it is classified as Near Threatened by the International Union for Conservation of Nature due to worrying declines, and was recently uplisted to red on the Birds of Conservation Concern list.

Within this role I will be partnered with RSPB Scotland, who are leading on the protection and recovery of Scotland's Eurasian curlew population. I hope we are on the road to make sure they recover.

One of the key things that can be done to help the curlew population is to support farmers whose farming practices provide habitats for curlews and other waders.

I have personal experience in the way in which farming practices can help bird populations. I spent quite a few years when I was hill farming working to increase black grouse numbers and was pretty successful in doing so using hill cattle like Galloways and Angus cows.

From the very specific, to a much wider view of Scottish agriculture and rural life - one of the absolute high points of the year is the Royal Highland Show at Ingliston and it has been great to see it back after the Covid-imposed hiatus. I was so delighted to see the success achieved by two great local businesses from my constituency and I lodged motions in Parliament congratulating them both.

Burgeoning businesses and threatened species, I am happy to support both.

Jim Fairlie, MSP

MR & MRS THE HANDY TEAM

Painting, decorating, repairs interior/exterior

General maintenance work

No job too small / free quotes

CONTACT/TEXT 07532811723 / 075328141124

Email: mrandmrsreadyforaction@gmail.com

Liz Smith, MSP

I would like to thank all of the respondents who took the time to contribute to my Private Member's Bill public consultation and I am overwhelmed by the positivity and support my Bill has received. By the time of this column being published in the *Kinross Newsletter* the consultation will have concluded having passed the 22 July deadline. At the time of writing however, my Bill has received over 320 responses from individuals and organisations, of which 87.2% were fully supportive and a further 9.4% partially supportive.



For readers who may not be aware, Members of the Scottish Parliament who are not part of the Scottish Government have the opportunity to influence policy making in Scotland by proposing a Member's Bill which will eventually be voted on in the Chamber following a three-stage process. The purpose of my Member's Bill is to ensure that every young person between the ages of 12 and 16 has the opportunity to experience at least one week of residential outdoor education.

My proposed Bill gained widespread support from the outdoor education sector prior to the consultation, as well as from youth organisations, teachers, parents and pupils themselves, and I am glad to see this support being mirrored from the responses I have seen so far. It is very clear that respondents agree with me the significant benefits that outdoor education has on the attainment and development of our young people. Outdoor education has a proven track-record of success in developing life skills; leadership, confidence, self-esteem, belief in oneself and an awareness of and understanding of environments far removed from the home – all qualities that are greatly received by employers and further education providers.

Outdoor education, with all that it offers, is needed now more than ever. Research into the impact of pandemic on young people all point to a very concerning rise in mental health issues and a fall in general health and wellbeing.

After carefully reading and considering every response received, the following issues were frequently mentioned and thus will be looked at closely before I put my Bill to a vote among MSPs. Respondents seek clarifications on how outdoor education centres will cope with the large increase in pupils, the level of involvement expected of teaching staff in the delivery of outdoor education, and what will be included within the quality framework to ensure youngsters are getting the largest possible benefit from the experience. Additionally, many respondents were concerned that the age range was too narrow, that Gaelic medium pupils were not sufficiently supported, and the extra provisions that would need to be in place to assist children with disabilities and special dietary requirements, and those who are LGBT or of a different religious group.

I will now spend the next few months shaping the legislation accordingly in order to ensure every child is getting the best value from their week of outdoor education, and more importantly, get the Bill comfortably passed through the Scottish Parliament so that no child in Scotland will be disadvantaged by missing this enriching experience again.

Liz Smith, MSP

ALTERED IMAGES

UNISEX HAIRSTYLING
in the comfort of your own home

Call LINDA on 01577 863860



YOUR SECURITY IS KEY...

- No Call Out Charge
- Local Independent Locksmith
- UPVC Door locks, handles
- Mechanism specialists
- Non Destructive Methods of Entry Used
- Mobile key cutting
- Lock upgrades
- Keyed alike locks



07971 916 665

dfmlocksmiths@gmail.com

DFM Locksmiths

www.dfmlocksmiths.com



Keystore
more

Wines & Beers * Newsagents
Bakers * Groceries
Chilled Foods * Lottery
Coffee & Tea to Go * Food to Go
Pay Point * Flowers

Please like the Facebook page
Keystore More Kinross to get more updates

Open times

Mon-Sat 7am - 9pm Sun 8.30am - 8.30pm

Green Rd, Kinross KY13 8TU 01577 862691

JL ROOFING & BUILDING

ALL ROOFING & BUILDING WORK

POINTING & MORTAR WORK

SLATE & TILING WORK

ROUGH & FINISHING JOINERY

ALL LEADWORK & REPAIRS

All work is carried out by trained craftsmen
and is fully guaranteed

Call for a **FREE** no obligation estimate

01577 898 631

07856 918 044

jlroofingbuilding@outlook.com

THE GROUSE & CLARET
RESTAURANT



A unique country Restaurant nestled within its own
exquisite country parkland setting
Ideal for Corporate Days Fishing, Eating & Drinking
Small Country Weddings a Speciality

Perfect for Birthday, Anniversary & Celebratory Parties
Our kitchen boasts a modern Scottish essence with
some Oriental flavours. You can visit us for a informal
light lunch to a delicious 5 course dinner.

Find out more at www.grouseandclaret.com

T: 01577 864212 E: grouseandclaret@lineone.net

Politicians

John Nicolson, MP

SCREAMS OF ANGUISH CAN be heard from the Westminster Committee Rooms as one hopeful after another is eliminated. The airwaves are awash with politicians promising to be 'good team players' while metaphorically knifing their dear colleagues. Broadcasting ingenues are learning that that it's important to check their backdrops before press conference. TiT isn't a good slogan. And FRESH START can look unfortunate as a description if only the last four letters are visible on camera.



Yes, the Tory leadership contest is underway. All the candidates claim to have "a strong record of delivery on the economy" while at the same time lamenting the state of the economy. Curious. It's tough running against your own record in government. And all the candidates know it's not just parliamentarians watching. Audiences at home are too.

I know my constituents in Ochil and South Perthshire won't need any Westminster politician to tell them how tough things are. Brexit chaos and Covid have taken their toll on our health and livelihoods. That's why I set out to find out how businesses were faring across the constituency. I plan to let the Chancellor in London (who holds the purse strings) and the Finance Secretary in Edinburgh (who does her best to mitigate as much of the damage as she can) know how you are coping, and where you think policies need to change and more help needs to be given. So thank you to everyone who has completed my 'COVID Business Recovery Survey' already. And if you'd like to fill it out there's still time at www.osp.scot/surveys.

I'm doing everything I can both in and out of Westminster to focus attention on my constituents' needs. Last week I invited Google to the constituency to offer businesses and residents a 'digital upskilling' workshop and was incredibly pleased at the

The Newsletter on Facebook



We use our Facebook page to announce:

- our deadline and publication dates
- what's in the next issue
- reminders of some local events
- occasional breaking news

'Like' our page to be kept informed. Search for 'Kinross Newsletter' or go to:

www.facebook.com/kinrossnewsletter

turn out. The Google team wanted me to say how much they'd enjoyed being with us. Let me know if it helped you.

Like many of you, we've had to adapt digitally in my office. Ever since my election in 2019 I've been available for constituency surgeries once a week. These are now hybrid. Indeed we were the first constituency office in the country to offer this service. You can go to my website www.JohnNicolson.scot and select a date and time and book in for a zoom chat or a phone call with me.

As I write this in the Commons library, people are visiting the COVID Memorial Wall across the Thames. Thousands of painted hearts emblazon the wall, each with the name of a loved one and many with a lament for love lost. It's a heart-breaking sight not least since we all know Covid hasn't gone away. Sadly cases are rising again. So please do make sure that you are vaccinated. Everyone aged 18 and over is eligible for two primary doses and a booster. There will be further boosters this autumn.

Wherever you are, I hope you're having a happy and healthy summer in our beautiful constituency. Talk to you soon.

John Nicolson, MP

ALAN JOHNSTONE STUDIOS

KITCHENS • BEDROOMS • BATHROOMS



Alan Johnstone Studios, 153 Linburn Road, Dunfermline, KY11 4FB

01383 324600

www.alanjohnstonestudios.co.uk

Taking you, where you want to be!



Taxis Service & Airport Transfer

Professional Friendly Service
Local And Long Distance
Prompt Reliable Service



DRT

07508 126720

angelascars21@gmail.com



* Romantic Castle * Rustic Barn * Festival *

Whatever your wedding style, we've got the space and flexibility to suit.

Tullibole is yours exclusively for the whole weekend so you can enjoy a relaxing barbecue with friends and family the next day.

Visit us for a show round, please email hitched@tullibolecastle.com



CROOK OF DEVON, KINROSS KY13 0QN T: 01577 840236 W: TULLIBOLECASTLE.COM

the complete look

*soothe the body,
calm the mind*

The premier full-service beauty salon in Kinross.

Facials specialists in Decleor and Medik8

Massage

Tanning, nails, brows and waxing

GP led aesthetics clinic

SHR Hair removal

Experienced. Professional. Caring.



1 Parliament Square
Kinross
01577 863364



BASED IN CROOK OF DEVON

BIOMASS | HEAT PUMPS

SOLAR THERMAL

Service & Maintenance

Fast Response Times | Family Run

Highly Experienced Engineers

01577 840579

sales@glendevonenergy.co.uk



www.glendevonenergy.co.uk

Tullibole Mill Farm, Crook of Devon, Kinross, KY13 0UL

COLVILLE WINDOW BLINDS



Colville Window Blinds carry a huge range of high quality window blinds.

We are a Fife based company providing a first class home visit & blind supply & installation service.

Our FREE home visits take the hassle out of choosing blinds that are best suited for you and your home.

Colville Window Blinds offer FREE measuring, FREE quotations, and a FREE installation on a wide range of window blinds.

Call Gary on 07508 808574

if you have any questions or would like to arrange an appointment or consultation.

Email: enquiries@colvilleblinds.net



MARK BREMNER

JOINERY PLUMBING ELECTRICAL



**Kitchens & Utility Rooms
Luxury Bathrooms
Ensuite & Shower Rooms
SUPPLIED & FITTED**

**Property Maintenance
General Repairs
Facias & Guttering
Replacement Windows**

**ALL TRADES
UNDERTAKEN
FREE QUOTATIONS**

E: markbremner_hms@icloud.com

Mobile: 07739 884111

TELEPHONE: 01577 865412

Heaven Scent

eat drink unwind

We are open every day:
Mon-Sat: 9am-5pm
Sunday: 10am-5pm



www.heavenscentcoffeeshop.co.uk
19 South Street, Milnathort, KY13 9XA | 01577 865577

Jackson's

Accident Repair Centre

HAD AN ACCIDENT THAT WASN'T YOUR FAULT?
CALL US FIRST TO FIND OUT HOW YOU CAN SAVE YOUR
EXCESS AND BE IN A LIKE FOR LIKE HIRE VEHICLE
FOR THE DURATION OF THE REPAIR

**ACCIDENT REPAIRS
SPRAY PAINTING
VAN LIVERY IN FLEET COLOURS**



WE DO IT ALL

FREE NO OBLIGATION ESTIMATES

www.jacksonarc.co.uk

**77 OAKFIELD STREET, KELTY, KY4 0BX
01383 830 645**



Summer Safety

AS WE SPEND MORE TIME OUTDOORS, we must consider risks to safety so here are a few tips to help have a safe and enjoyable summer.

Everyone wants to see our countryside and enjoy our waterways and coastline, but please remember, any area of water, including reservoirs, canals and rivers can hold hidden dangers and this is particularly pertinent for those who might wish to swim to the islands found on the Tay as it passes through Perth.

With many stretches of water in the county being located in remote areas, help will often be some considerable time away, so take responsibility for your own actions and make sensible decisions to stay safe around waterways.

Be responsible and enjoy a safe summer by:

- Being aware of the dangers when out hillwalking, cycling or near areas of water. Think about the risks and plan to minimise them.
- Never underestimating the current, temperature or depth when in water.
- Never get into the water alone and don't go swimming after drinking alcohol.
- If you get in trouble in water, float to live.

You can find out more about inland water safety from our partners Scottish Water.

To get more information about how to enjoy sea sports and Scotland's coastline safely, get advice from the Royal National Lifeboat Institution (RNLI) and HM Coastguard, and general advice about water safety is also available from the Royal Society for the Prevention of Accidents (RoSPA).

If you see someone in difficulty or at risk at sea or along the coast always dial 999 and ask for the Coastguard.

Police Scotland survey

We recognise the importance of understanding the views and priorities of Scotland's diverse communities. This survey is a platform for you to tell us your views and experience of your police service. Responses are analysed weekly to help shape how we do things.

It's a way for us to listen to the needs of our diverse communities. Let us know what we're getting right and what we can do better.

The survey is completely anonymous. You will not be personally identified through the information you provide.

Go to the link to complete the survey: <https://consult.scotland.police.uk/strategy-insight-and-innovation/your-police-2022-2023/>

Please contact us if you require the survey in an alternative format: InsightEngagement@scotland.pnn.police.uk.

Updates

Six people have been arrested and charged in connection with a series of break-ins at business premises across Tayside and officers are continuing to follow positive lines of enquiry. The men aged 41, 41, 29, 29, 19 and 16 appeared at Dundee Sheriff Court on dates between 21 and 28 June.

Recent Incidents

About 11pm, Sunday 3 July, a BMW 2 Series was set on fire in New Road, Milnathort. (CR/30159/22)

Anyone with any information that may be useful should contact Tayside Division on 101 or any police officer, quoting the crime reference number listed at each incident. Alternatively information can be passed anonymously via the charity Crimestoppers on 0800 555 111.

Rogue Traders - Who Should I Call...

...if I feel threatened, unsafe, or suspicious of a caller?

- Contact the police immediately on 999

...if I see something suspicious in my area, or want more advice about bogus callers?

- Contact the police on 101.
- Try and take a note of vehicle details or registration numbers, and descriptions of anyone suspicious.

...if I want to contact the police anonymously?

- Contact the independent charity Crimestoppers on 0800 555 111. You can also visit their website at www.crimestoppers-uk.org

...to find out more about home safety services?

- When circumstances allow, contact your local council for more information. Depending on your circumstances, you may qualify for a free security alarm.

Police Scotland – local community

Telephone 101 for non-emergencies

Community officers for Kinross-shire: **PC Martin Gemmell**.

Email: taysidekinross-shireCPT@scotland.pnn.police.uk

Community Sergeant (Kinross-shire): **Sgt Mark Craig**.

Community Inspector for Perth South (Strathearn, Strathallan, Almond & Earn, Kinross-shire): **PI Craig Stephen**.

PC Spalding is also on Police Scotland Twitter and can be followed on twitter.com/policescotland or [@Kinross](https://twitter.com/Kinross).

Ways of Following the Police:

Twitter: [@KinrossPc](https://twitter.com/KinrossPc) or twitter.com/policescotland

Facebook: www.facebook.com/PoliceScotland

Website: www.scotland.police.uk

Community Watch

Receive email alerts about criminal incidents in your area, crime prevention advice, flood alerts and much more by signing up to Perth and Kinross Community Watch.

The range of information received can be tailored individually; each person signing up can choose which partner agencies they would like to receive messages from. Visit this website for more details: www.pkcommunitywatch.co.uk

Crime Stoppers 0800 555 111

This is a free phone number (unless you are using a mobile phone), which any member of the public can contact at any time if you have information relating to a criminal activity of any sort.

It is, if you wish, confidential and you cannot be contacted if you choose to remain anonymous.

Corporate and Private Client Insurance Broker

Providing Insurance and risk advice to businesses, owners and directors.

- Shop, Office, Hospitality, Retail, Leisure, Farm and Rural Insurances
- Motor Fleet Insurance
- Motor Trade Insurance
- Property Insurances
- Liability Insurances
- Business Interruption
- Cyber and Management Liability
- Professional Indemnity
- Private Medical Insurance
- Employee Benefits
- Connected Private Insurances

anderson smith 
insurance brokers



British Insurance Brokers' Association
Member

email: info@anderson-smith.co.uk | **tel:** 01577 333 177 | **web:** anderson-smith.co.uk

Anderson Smith Group Ltd is an Appointed Representative of TEn Insurance Services Ltd, which is authorised and regulated by the Financial Conduct Authority



KIRKLANDS summer lunch menu!

daily from 12 noon

20 High Street Kinross
01577 863313
www.thekirklandshotel.com

Kirkgate Crannog and Watchtower

KIRKGATE PARK, part of the estate of Kinross House, was offered 'for the benefit of the townspeople' in 1913, but the land there has actually been inhabited for thousands of years.

The site of the original twelfth century settlement was to the north east of the park. In the seventeenth century settlers were encouraged to move further west.

A hundred years later archaeological evidence was uncovered of the remains of an Iron Age crannog submerged in the shallow water close to the pier. A crannog is a type of Iron Age loch-dwelling found throughout Scotland and in Ireland. In Scotland, crannogs were most commonly timber-built roundhouses that sat on stilts driven into the waterbed and were connected to the shore by a removable causeway. This made them defensible, and they were typically inhabited by large families.

The Loch Leven crannog was discovered by Robert Burns-Begg, the great-nephew of national bard Robert Burns, on 7 September, 1887. The site where it was found is about 60 yards from the shore, at a point near to and directly south of the west entrance to the public burial grounds in Kirkgate Park. Archaeologists found among the treasures a clay hearth, animal remains, fragments of coarse hand-made pottery and a rudimentary wooden handle. Sadly no remains of the crannog are now visible but the site is marked by a short pillar set up in the bed of the loch.

Several years before this an old canoe had been found embedded in the loch. Burns-Begg mentions in his book *History of Lochleven Castle: with details of the imprisonment and escape of Mary, Queen of Scots* that a logboat was revealed when the level of Loch Leven was lowered by drainage operations. The canoe was taken to Kinross House and is no longer to be seen. The exact date of discovery is unclear but it is thought to have probably been around 1830-32 when



the level of the loch is said to have fallen by about 4'6" (1.4m) following the construction of the New Gullet drainage canal. In the museum in Perth there are two timber fragments which may have formed part of this boat.

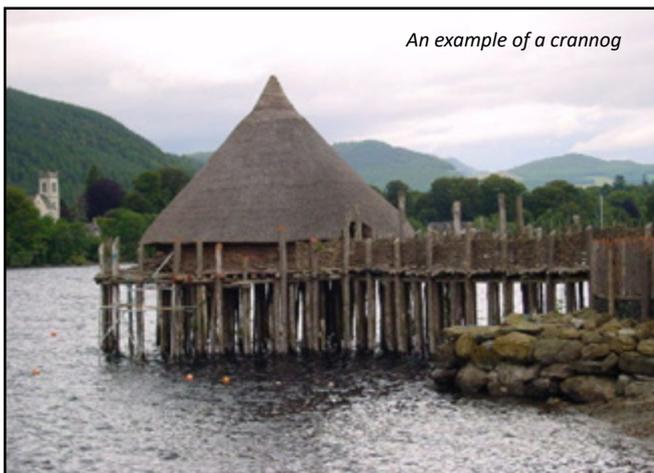
The Watchtower

The Watchtower at the far end of Kirkgate Park is thought to have been the entrance to the original site of the Chapel of Ease, built by the monks of St Serf's Island.

Did you know that the Watchtower was once used as a waiting room for visitors wanting to travel by boat to Loch Leven Castle with Historic Scotland? This was before they began to use the pier as the boarding point for the ferry that we know now.

The Watchtower is popularly believed to have been constructed as a building to house a watchman who would have used it as a lookout tower to guard fresh burials in the adjacent medieval graveyard. At that time, grave-robbers would regularly steal bodies and sell them to medical researchers. Grave robbing and body-snatching was rife! Increased demand for cadavers resulted in rich families buying heavy stone slabs to be laid over the graves to protect them, or building watchtowers like this one to deter thieves from exhuming their loved ones.

Although many in Kinross have always assumed that the Watchtower was built to deter grave-robbers, the inscription actually reads 'Erected AD MDCCCLII' (1852) (see over). Interestingly, that is 20 years after the Act of Parliament (the Anatomy Act) that outlawed the 'Resurrectionists' as they were once known.





We are pleased to be open for routine eye care*, with enhanced cleaning & distancing measures

FERRIER & MACKINNON
OPTOMETRISTS

We're here to help

74 High Street, Kinross 01577 864009
www.fmoptom.com

Find us on 

HELPING YOU UNDERSTAND AND PLAN FOR YOUR FINANCIAL FUTURE

We provide holistic financial advice for individuals and businesses on:

- Savings and Investments
- Pensions and Retirement Planning
- Inheritance Tax Planning
- Life Assurance and Critical Illness cover
- Ethical, Environmental and Socially Responsible Investing



P O R T U S W E A L T H
i n d e p e n d e n t f i n a n c i a l a d v i s e r s

37 High Street · Kinross · KY13 8AA

t: 01577 869 189

e: info@portuswealth.co.uk

www.portuswealth.co.uk



Portus Wealth Limited is authorised and regulated by the Financial Conduct Authority.
Director: Chris Mackie, Chartered Financial Planner





An 1827 survey by Alexander Martin and Ebenezer Birrell that is reproduced in David Munro's book *Loch Leven and the River Leven – A Landscape Transformed (1994)* shows a small structure on the edge of the 'burying ground' in the position of the Watchtower. In a *Kinross Newsletter* article in April 2008, Felicity Martin asks, 'Was the original building replaced in 1852 by a folly – a higher tower designed to be a feature in the landscape?'

In 2008, TRACKS asked Perth & Kinross Heritage Trust (PKHT) to look at improving the Watchtower and its environment. They suggested enhancing the graveyard, Kirkgate Park and the Heritage Trail. Ideas included removing the tarmac leading up to it, leaving only a small area of parking. The installation of a viewing platform was also discussed. Other suggested improvements involved work to walls, railings, gates and fences, and the addition of interpretative signs to showcase the site's heritage, including the Bruce Mausoleum in the graveyard. Sadly, it was decided not to proceed with the proposed improvements.

In her article Felicity Martin notes, 'It was envisaged that The Friends of Kirkgate Park would hold the key to the Watchtower. If a small flagpole were installed on the roof, they would be able to signal when the upper room, which has splendid views over the loch, is open to visitors. A further touch could add to the spirit of the place. That is the installation of a solar powered, time-clocked lamp to burn at night in the upper room – it would be seen as a tiny glimmering light on the peninsula.'

Sources: *Kinross Newsletter Issue 351* (April 2008) Article by Felicity Martin, <https://canmore.org.uk> (*National Record of the Historic Environment*)

Burns-Begg, R. (1887) *History of Lochleven Castle: with details of the imprisonment and escape of Mary, Queen of Scots.*

SPRING START ✿ SUMMER MAINTENANCE
 AUTUMN TIDY-UPS ✿ WEEDING ✿ DIGGING
 TRIMMING ✿ PRUNING ✿ BARK OR CHIP LAYING
 OR ANY KIND OF

GARDEN HELP

RING JENNY

07815 508 545
 01577 862460

£18/hr

GARDENING IN FIFE & KINROSS FOR 15 YEARS

 An advertisement for 'Garden Help' services. It features a green wheelbarrow with a shovel and a rake inside, set against a background of green foliage and a large orange flower. The text lists various garden maintenance services and provides contact information for Jenny.

Poet's Corner

Thanks to our readers for sending us these poems.

If you're an aspiring poet, why not share your work with our readers?

Email us at editor@kinrossnewsletter.org



Rosie

There was a dug was born in Ayr
I couldna' say just when or where
She was awfy thin and awfy puir
Sae my dochter took on 'Rosie'

She'd roamed about a' cauld and wet
Wi' naebody tae ca' her 'pet'
But a' that went when they baith met
And my dochter took on 'Rosie'

She's black and white about the moo
Wi' a coat just like a Friesian coo
But it's fair braw and shiny noo
Sin' my dochter took on 'Rosie'

And tho' she barks and gi'es us starts
And whiles she often lets oot farts
She's won her way into oor hearts
For we've a' just took tae 'Rosie'.

Bill Barker

The Highest Bidder

A lingering sun chafes the tight skyline,
seeping blood-red and gold.
A blackbird ascends to the highest ridge tile,
sleek-gloss, striking and bold.
A crystalline chorus pours out from his heart,
sparkling, yet very old
A summer dusk gathers, settles in calm:
a shimmering day will be sold
The vigorous swifts scream out joyous offers,
careless, thrown from the sky.
The martins' rejoinder, sweeping and reeling,
their bid cast from a-high.
Crude starlings prattle; rude house sparrows gossip;
wood pigeon expels a sigh.
But noble the blackbird, astride his high vantage,
hymns as the last sunbeams die
Skylark has long since sought-out the dewed meadow,
hidden midst soil and stem.
Pondering goose flew to roost on the reed pond,
idling with the moor hen.
The ivy stops rustling, its shadows lie still:
woody, waxy-green den.
Only the blackbird still pipes for the June day,
not even the chattering wren
What has the blackbird bought with his anthem?
What did his aria bring?
Nothing, save for the waft of cut hay fields,
the flick of a damselfly wing;
nothing but bumblebees downy with pollen,
rising trout's lazy ring;
nothing but dust, the wares of high summer,
auctioned to him who will sing.

Burleigh Bloke



Health & Wellbeing

News from the Health Centre



Are You Tick Aware?



Lyme Disease

Lyme disease was only recognised as recently as 1993 and is caused by a bacteria known as *Borrelia burgdorferi* which sounds like something you would catch in a drive-through. The bacteria are transmitted to humans through the bite of an infected tick.

These ticks are found all over the UK but are particularly common in Tayside and the Central Highlands, in woodlands, long grass and open countryside. Although Lyme disease can

occur at any time of year, it is more common in summer and early autumn.

The Big Tick Project in 2016 found that one third of dogs studied had ticks attached which can then be transmitted to their owners.

The importance of awareness of the disease lies in the ability to prevent tick bites, as there is no current vaccine against Lyme disease.

The following advice may help:

- *If walking, running, cycling or even playing golf, wear long sleeved shirts and trousers tucked into socks.*
- *Use insect repellent on exposed skin*
- *Check yourself, family members and pets for ticks at the end of a day spent in woodland or long grass areas*



ROSEMOUNT NURSERY
Come & see what makes us special
Nursery (0-5 years)
OSC & Holiday Club (5-12 years)
Graded Excellent in most recent Care Inspectorate report
Partner Provider Grant Funded Education
(Escort/collection Kinross Nursery & Kinross Primary School)
Visit us at 55 High St, KINROSS
01577 864408
www.rosemountnursery.co.uk
info@rosemountnurserykinross.co.uk

Tick Removal

Ticks, if found, are best removed with special tick removal tweezers available at pharmacies or veterinary surgeries. After removal, the area of skin should be cleaned with antiseptic or soap and water.

DO NOT try to burn ticks off or douse them with alcohol.

When to contact the surgery:

If you are not sure if you have removed all of the tick, please contact the surgery. You may be asked to send a photo of the affected area.

A number of people bitten by ticks develop a distinctive rash sometimes up to three weeks after being bitten. The photo above shows a typical rash.

If the affected person also develops fever and muscle aches, you should contact the surgery or Out of Hours Service.

Again, a photograph will be helpful to the clinician in deciding how to deal with the situation.

Treatment of Lyme disease is beyond the scope of this article, but remember prevention is the key so be 'tick aware'.

Travel Vaccinations

If you are travelling abroad and require travel health advice and/or vaccinations, you can contact the Vaccination Service at NHS Tayside on 01382 423108 or by emailing travelvaccines@nhs.scot. The helpline team will be happy to



STEWART AND SMART
Motor engineers

tyres | exhausts | batteries
MOTs | servicing

- Service centre with latest technology
 - MOT centre
- approved by the Ministry of Transport
- Modern, independent repair workshop for cars/light commercial vehicles
 - All makes of tyre supplied and fitted – from budget to brand
 - Four-wheel laser wheel alignment
- Parts – original manufacturer or pattern parts
 - Forecourt with self-service fuel pumps
 - Courtesy car (plus collection/delivery) available, if required
 - Full after-sales service
- Garage shop stocking car accessories, oil, batteries, sandwiches, drinks, confectionery, newspapers and magazines, logs, coal and kindling



01577 862423 www.stewartandsmart.co.uk
8-16 Stirling Road, Kinross KY13 9XG



provide non-clinical information and advice to patients prior to travelling. They can also direct patients to the vaccinator team who will administer any required vaccinations prior to travel.

NHS inform – for everyday questions about health

Finding the right health and care information can make a real difference to how people manage their wellbeing. Making information accessible, quality assured and up to date helps people to make positive choices.

NHS inform (www.nhsinform.scot) is Scotland's dedicated resource offering up-to-date facts on health, services and campaigns. It also has a wealth of information available online, over the telephone or via webchat:

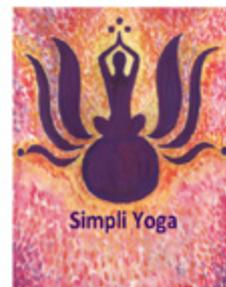
- *tests and treatments*
- *illnesses and conditions*
- *injuries*
- *healthy living (including stopping smoking, screening and keeping active)*
- *care, support and health rights*

One of the many great features of the website is that people can personalise the information that's relevant to them using the 'Info for Me' tool. Of course, there is always the option to talk to the health information team by telephone or using webchat.

Want to try the service?

Visit: www.nhsinform.scot or call: 0800 22 44 88

Yoga & Meditation



Public Classes & Online

Come along and enjoy a balanced guided practise for your mind and body in Kinross or Perth. Morning and evening sessions available locally or online. We offer sessions for adults, kids, pregnancy and babies.

www.simpliyoga.com

LOCAL ADVICE HUB

THE ADVICE HUB IS a partnership between Kinross-shire charity Broke not Broken, P&K Health and Social Care Partnership and Loch Leven HC. It provides a much-needed local drop-in facility to support people with community connections, signposting to benefits services, foodbank support, mental health agencies and community organisations.

If you are experiencing financial difficulty during this time or feel you need support/advice please call Shona Fowler on 07896 280843 to have a chat or email shona.fowler@nhs.scot

If you wish to connect with Broke not Broken directly Danielle is in the advice hub on Thursday mornings or can be contacted on 07518 913107 or email admin@brokenotbroken.org

Declan Jones, the social prescriber, will connect you with local community groups, supportive exercise sessions, walking groups, green/nature prescribing activities, volunteering, learning opportunities or help you link with another agency. Declan can be contacted on 07557 488902 or declanjones@pkc.gov.uk

These are just examples so please contact us if there is anything else you need or want to discuss with us. We're always available for a friendly, informal chat.

Advice Hub
Need a chat?
Every Thursday
10 - 12.30
Kinross Health Centre
Danielle from Broke Not Broken
will be available for a chat and to see how we can help, every Thursday - just drop by.
BROKE NOT BROKEN
07518 913107
www.brokenotbroken.org

Kinross Hub August Calendar



While these sessions are usually drop-in, currently you must either phone the number for the agency you wish to connect with or contact:
Shona 07896 280843 shona.fowler@nhs.scot Declan 07557 488902 declanjones@pkc.gov.uk

1st AM - booked 12noon – 5pm Lighthouse Offering drop-in crisis support for mental health 0800 121 4820	2nd Booked All day	3rd	4th 10am to 12.30pm Broke not Broken Danielle will be there to offer advice, connecting to support and also for foodbank referrals. 07518 913107 1pm- 3pm Mindspace Info on supporting mental wellbeing. 07928 859628 or 01738 631657	5th 10am to 12.30pm Declan Jones, Social Prescriber - Community Connecting/Signposting 07557 488902
8th AM – booked 12noon – 5pm Lighthouse Offering drop-in crisis support for mental health 0800 121 4820	9th Booked All day	10th AM - HomeStart Breast Buddies group If you need more info call - 01738 638847 1.30pm – 3.30pm Helen from CATH will support with form filling – PIP, Universal Credit etc 07739 858987	11th 10am to 1pm Declan Jones / Shona Fowler Community Connecting/Signposting 07557 488902 / 07896280843 1.30pm – 3.30pm PKC Employment Support Team Job advice and help those who have learning disability, acquired brain injury, mental health issues or autistic spectrum diagnosis 07442 934454	12th 10am to 12.30pm Declan Jones, Social Prescriber - Community Connecting/Signposting 07557 488902
15th AM – booked 12noon – 5pm Lighthouse Offering drop-in crisis support for mental health 0800 121 4820	16th Booked All day	17th AM - HomeStart Breast Buddies group If you need more info call - 01738 638847	18th 10am to 12.30pm Broke not Broken Danielle will be there to offer advice, connecting to support and also for foodbank referrals. 07518 913107 1.30pm to 3.30pm Lynne from Tayside Hearing Voices will offer information and support for anyone experiencing symptoms of psychosis, unusual beliefs or paranoia, also signposting to their service for carers and resilience. 07394 418429	19th 10am to 12.30pm Karen from PKC Skills & Employment offers support & advice re CVs, Job search, support after redundancy etc. 07867 351268
22nd AM – booked 12noon – 5pm Lighthouse Offering drop-in crisis support for mental health 0800 121 4820	23rd Booked all day	24th AM - HomeStart Breast Buddies group If you need more info call - 01738 638847 1.30pm – 3.30pm Helen from CATH will support with form filling – PIP, Universal Credit etc 07739 858987	25th 10am to 12.30pm Broke not Broken Danielle will be there to offer advice, connecting to support and also for foodbank referrals. 07518 913107 2pm -4pm Louise from PKC Housing Team for housing advice and signposting to their service. 07917 552231	26th 11am to 1pm Social Security Scotland offering advice on their benefits – Carers Allowance Supplement, Child Disability Payment, Funeral Support Payment, Best Start Grants etc. 0800 182 2222
29th AM - booked PM - Lighthouse Offering drop-in crisis support for mental health 0800 121 4820	30th Booked all day	31st AM HomeStart Breast Buddies group If you need more info call - 01738 638847 2pm - 4pm PKC Social Work for signposting and support. 01577 8673001	1st September 10am to 12.30pm Broke not Broken Danielle will be there to offer advice, connecting to support and also for foodbank referrals. 07518 913107 1pm- 3pm Mindspace Info on supporting mental wellbeing. 07928 859628 or 01738 631657	2nd September 10am to 12.30pm Declan Jones, Social Prescriber - Community Connecting/Signposting 07557 488902



PC Problems?

For down to earth solutions to all your computer needs in the comfort of your own home or office
Call Brodie Now!

- Troubleshooting
- Custom Built PC's
- Networking
- Database Design
- Configuration
- Upgrades
- Software installs
- 1-2-1 Tuition

Tel: 01577 862253
Mob: 07939 527756



Loch Leven
MUSIC
tuition

"Absolutely fantastic enthusiasm, hugely talented..."
Fiona Stalker,
BBC Radio Scotland.

Guitar

Bass

Drums

Ukulele

Theory

Email: lochlevenmt@protonmail.com

Phone: 07938 663269

Visit: lochlevenmusictuition.com

STEVIES GARDEN SERVICES

SLABBING MONOBLOCKING FENCING

GRASS CUTTING
WEEDING
HEDGES

PRUNING
PAINTING
POWER-WASHING

FREE ESTIMATES AND ALL WORK DONE TO YOUR OWN SPEC.

CALL STEVIE ON 01577 863 038 or 07912 614 621

KINROSS

Physiotherapy

Chartered & State Registered
Physiotherapists

- Strains, Sprains & Tears
- Post Op Rehabilitation
- Arthritic Conditions
- Neck & Back Pain
- Sports Injuries

T: 01577 864 875

M: 07912 100 845

28 New Road, Milnathort
Kinross KY13 9XT

www.kinrossphysiotherapy.co.uk

enquiries@kinrossphysiotherapy.co.uk



Everybody is Somebody

Winning Ways

by Jo Middlemiss

RECENTLY I CAME ACROSS this little poem:

I kept looking for somebody
To solve the problem,
And then I realized,
I am somebody.

Anon

When you read these few words and think about them, they start to take on a different meaning. Have you ever had a problem that you thought you couldn't solve? Was your first thought to get someone else to solve your problem for you? You could sit on your chair forever, and wait for someone to solve your problem. I wonder if that system of sitting and worrying works very well. It's amazing how many people do employ that exact strategy. Often, we don't recognise the gifts and talents we have. Or we may lack confidence in our own abilities, so we look to other people to solve our problems for us. Many people think of strengths as characteristics that others can see and admire.

However, there are many qualities such as our Emotional Intelligence that give us an inner strength. When we learn to trust our inner strength, we often find that we have the answers we need and we can solve our own problems. Emotional Intelligence (E.Q.) is a modern term for what used to be called common sense. Psychologists, principally Daniel Golman, have been studying what makes an effective happy, balanced person. The studies have shown that an emotionally intelligent person has the following characteristics.

- *Self-awareness*
- *Good managers of their feelings*
- *Able to make decisions*
- *Can manage stress*
- *Take personal responsibility for their actions*
- *Can identify with others' feelings*

- *Good communicators*
- *Work well with others*
- *Deal with conflict*

Doubtless you will recognise some or all of these in yourself, but also notice that you are stronger in some than others. The good news is that we can all be good at all of these things, although many choose not to be. Hence the numbers of fights and hurt feelings around. It just takes awareness, a little practice, an open mind and a willingness to change.

They say that one sign of madness is to keep doing the same thing and expect a different result. Take a little time after you read this article. On a clean sheet of paper, write out all the qualities that you think you have that other people might not see. Then, beside each quality write how you might use that quality to help yourself or another.

There is another way that you can use, and trust your inner self in problem solving. It's called the Steven Spielberg Syndrome. Steven Spielberg always knew that he wanted to make pictures, wonderful pictures that would bring pleasure and information to millions. Steven knew what he could do, but he was also very aware of what he could not do. So he gathered around him all the people who had the strengths that he did not have. He was not a lighting expert, he did not know how to use a hand-held camera well, and he did not have a perfect eye for design and colour. None of these "weaknesses" stopped him from making his films because he sought out, and found the people who could do these things. He recognised his strengths and weaknesses and put both to good use. There is nothing to stop us from doing the same thing. That is why it is the strong man who asks for help. It is the wise woman who can admit that she doesn't know something, admit it and seek an answer. It is the brave person who admits loneliness, and the humble person who can admit to making a mistake.

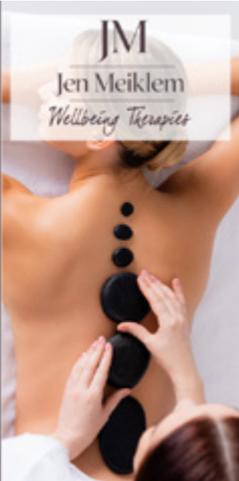
So when you are looking for somebody to solve your problems, just remember **you are somebody!**

Jo Middlemiss MBE

- Eye Taylor Spa Therapy Facials
- Caci non surgical face lift
- Swedish Massage
- Aromatherapy
- Warm Bamboo Massage
- Reiki
- Indian Head Massage
- Hot Stone Massage

As a highly experienced therapist, Jen can customise all treatments to suit individual wants and needs, so you will leave feeling truly pampered & nurtured.

07557 334 793



JM

Jen Meiklem
Wellbeing Therapies

ALISON MUIR

SOFT FURNISHINGS

CURTAINS • BLINDS • CUSHIONS
FABRICS • POLES • ACCESSORIES

01577 864581

www.alisonmuirsoftfurnishings.co.uk

Colin M. Stewart

JOINER & CONTRACTOR

Est. 1986



**LOFT CONVERSIONS • EXTENSIONS
DOORS • WINDOWS • VELUX
KITCHENS • GENERAL REPAIRS**

All types of Joinery & Building work
undertaken at reasonable prices
For a **FREE** Quotation

Call: 01577 862315 • Mob: 07714 202405

NEW - Lightweight Roofing System
allows you to convert your conservatory into a new
and usable space that looks & feels like an extension

USE YOUR CONSERVATORY 12 MONTHS OF THE YEAR



Barry McGuire
Painter and Decorator
Interior & Exterior

all aspects of the trade covered,
high quality work by skilled tradesmen

tel: 01577 864101

mob: 07941 396 266

full public liability insurance



www.barrymcguiredecorator.co.uk



DESMOND COLLINS

OPTOMETRIST & CONTACT LENS PRACTITIONER

**IF YOU NEED AN EYETEST WE ARE NOW TAKING
EXISTING AND NEW PATIENTS, SAME DAY
APPOINTMENTS USUALLY POSSIBLE**



MOB/TX NO: 07961 637528

FOR YOUR FREE NHS EYE TEST

**OPEN MONDAY, TUESDAY, THURSDAY, FRIDAY
ALSO WEEKEND & AFTER HOURS BY APPOINTMENT**

TEL: 01577 864455 20 NEW ROAD, MILNATHORT KY13 9XT

EMAIL: DCOPTOM@OUTLOOK.COM

WWW.DESMONDCOLLINSOPTOMETRIST.CO.UK



The Inn

CROOK OF DEVON

KINROSS-SHIRE

Tel: 01577 840207

BAR MEALS SERVED DAILY

Monday - Saturday 12 - 2 & 5 - 9pm

Sunday 12 - 9pm

Take Away Food Service

Room available for small parties & meetings

Front & Rear Car Parks

MODEL RAILWAY RUNNING DAILY

ARTEFACTS & CURIOS

Community Council News

The Community Council News is based on draft minutes of local CC meetings. Full draft minutes are posted on local websites and notice boards. Please note, the Community Council News is not a verbatim reproduction of CC minutes. Where there are two months' worth of reports, there will be a considerable amount of editing.

Kinross Community Council

News from the June meeting

Present At The Meeting: held on 28 June were CCLrs B Freeman, L McKay, D Colliar, H Phillips, T Stewart, Cllrs W Robertson, D Cuthbert, R Watters, Police Scotland and 3 members of the public.

Apologies: Cllr N Freshwater, CCLr M Wood, Caron Aird

Police Report

A housebreaking at Vane Farm took place on 13.06.22. Police are doing more speed checks locally and after liaising with primary school have had Pop Up Cop on Station Road which has been a great success. Pop Up Cops will continue to be used on a loan basis. There were 14 crimes recorded, 5 of which were thefts.

Matters Arising

Children's Carousel: missing from Kirkgate Park will be reinstated – no timescale given. No word on Davies Park being repaired. Is a temporary repair possible?

Kirkgate Toilets (coin fed ones): CC to check if they are cleaned daily as stated.

Kinross Town Centre: Report about High Street still to come back from the Council after the consultation.

Planning

New Applications

22/00949/FLL Erection of replacement garage 29 Muirs Kinross KY13 8AS.

22/00931/FLL. Erection of dwellinghouse, formation of hard standing and associated works, Belhaven House, Middle Balado, Kinross KY13 ONH

22/00884/FLL Erection of 4 units (classes 1, 4 and 6), formation of parking, landscaping and associated works (allocated site E18) 3 Macduff Place, Kinross KY13 8FU A query was raised about the height of the units. The resident was advised to write with their concerns on the Planning Portal.

Decided Applications

22/00590/FLL Permanent siting of portable building to provide toilets (in retrospect) NatureScot Pier Road Kinross KY13 8UF - approved

22/00386/FLL Change of use of open space to form outdoor seating area/event space, erection of marquees, formation of parking area and associated works (for a temporary period) Land 140 metres east of Green Hotel Muirs Kinross, application withdrawn.

Reports From Councillors

Willie Robertson

David Cairns has a new idea for using the heat in the loch. His plan is outlined in this month's *Newsletter*. Please see his link and support him.

Broom Road: residents finding it increasingly hard to get out in cars. Parked cars on the Muirs. To be assessed for double yellow lines to improve the sight lines.

Kinross Area Committee: will meet on Thursday at 5pm. Would like members of CC to be present.

Kinross Town Centre: Speed activation signs – DC to ask for a progress report.

Gallowhill Road: Persimmon site traffic were using this road

for access. They have assured us that signs will be installed saying 'HGVS not to use this road'. Suppliers were taking cement, pipes and other materials in. Mr McKay, Director for Persimmon East Scotland has been written to and has changed the access with a barrier and instructed his suppliers not to use this entrance. Still an issue with speeding but otherwise successfully resolved.

Loch Leven Energy: a constituent has enquired about using the heat in Loch Leven to power community heating system which could be used for campus, community buildings. The idea is to extract water, remove the heat, and return the water. Burntisland community energy scheme.

Aldi Application

Not yet validated on the Planning Portal at time of the meeting. They have applied for parking provisions and a transport assessment. Discussion on provision of walking and core paths.

An MoP explained about the Finders Fee for sites and how this is not a typical Aldi site, not meeting the requirements of a square flat parking lot with access both ways on a main road. It is a cul-de-sac. There are blind corners and a deceptive slope on the site. Estimated 10,000 trips per week by cars substantially increasing traffic volume. Safety issues for school children. Also discussed was likelihood of Bridgefauld Road being used as a rat run. Aldi seem confident land will be re-zoned without issue. RW has asked for traffic modelling meeting.

Alternative sites discussed – British Car Auctions site still sitting empty. Surplus car park of BCA – still on the market? Possible high flood risk area.

Aldi to be asked to attend KCC if they wish.

Dave Cuthbert

Raingardens Walk: on 5 July from Park and Ride from Civic Trust from Park and Ride to BCA.

Verges: need to be cut to avoid impaired vision at junctions – dangerous when can't see. B9097-B9096. Discussion of roads by priority, rather than simply by A roads first then B roads.

Kinross-shire Transport Group: Meeting was postponed. M Roy contracting the 202 service.

CC Elections: coming up. Promote the CC as much as possible.

Richard Watters

New committee on climate change and sustainability: within the council who will look at other council papers, comment and give direction from a carbon footprint perspective etc.

Issues with glyphosate (Round Up): as a weedkiller being used. They will look at other options.

Scheme for less grass cutting: biodiversity beneficial to all. Should only be used for ecological gain (i.e. to get rid of invasive species).

Wildflowers/grass: needs to be cut and removed at end of the season to enable them to come back successfully next year.

TRACKS: 3 year programme for heritage trail, £750,000 funding applications now going in.

42 sites in PKC are 'wildlife trial' sites.

Reports From Community Councillors

David Colliar

Provosts Lamp: £1400 surplus – it was agreed to ask residents locally if they would like a bench seat with a plaque. Concern that this may be a magnet for anti-social behaviour.

Community Council News

Hedges: overgrowing on pavements in various locations – DC to send list to WC.

Bus stop: has been removed after a bus ran into it. Also gone is the timetable. To be replaced as soon as insurance settlement made. Could temporary timetable be attached to lamppost?

Bill Freeman

PKC scaffolding work: on Bowton Road – no notification given of works/supplies to affect those on private land.

Lynne McKay:

Road out of opticians: sinkhole. Reported 2 years ago. DC to raise.

Query about Learning Centre closure: funding cuts meant Perth College closed all satellite centres.

Hayfield Wildlife Garden: PKC officer to meet with KCC to discuss this again.

KLEO: more family events? Consult with residents to see what they would want.

The next meeting of Kinross Community Council will be held on 23 August at 7.30pm in the Masonic Hall. All welcome.

Milnathort Community Council

News from the July Meeting

Present at the meeting held on 14 July were M Thomson (CC chairman); N Bingham(CC), A Macrae(CC), and 9 members of the public.

Apologies were received from Michelle (CC), A Ward (CC), K Heneghan (CC -Associate Member), P Britton (CC Treasurer), Cllr D Cuthbert, Cllr N Freshwater, Cllr W Robertson, and Cllr R Watters

Matters Arising

Damaged wall on Back Loan/Jess's Park:

The wall in Back Loan at the corner of the path to Jess's Park has been knocked down by a reversing lorry, the MOCC will request Cllr Robertson for an update from the council.

Aldi Planning application presentation including Q&A:

An audience member updated the community council that the Aldi application had not been validated with PKC requesting additional information. The community council would like to remind residents that comments and responses on the proposed Aldi planning application cannot be submitted until the application is live on the PKC planning website.

An audience member informed the council that all PKC councillors had accepted the Old Mart Residents association's invites for a site visit to the area and all had attended and heard the residents' concerns.

An audience member asked whether Aldi were reusing catchment area data from their Cowdenbeath store to support their application for the need of a store in Milnathort.

The community council will share the planning application once they have been informed that the application is live on the PKC planning website, this will be via the Facebook page or Instagram if between MOCC meetings.

Footbridge at Lathro/new path in need of repair

The community council noted that the footbridge near the farm was in need of repair and have notified PKCllr Watters, it was also discussed that this bridge and the subsequent path are owned by the farm and not PKC and hence will require to be adopted by PKC if repairs are to be performed by them.

Allan also mentioned that the gate at the entrance to the path has been further damaged, making it harder to open and close and will mention this to PKCllr Watters for a status update on the planned replacement of both gates by Persimmon.

Police Matters

Neil summarised the statements received from the police below:

Rider Refinement Program

Officers are currently involved with the Rider Refinement Program, a one day course which aims to raise awareness of the importance of road safety and made rider think of the personal consequences of taking risks. The course involves demonstration rides and observed rides with feedback from officers along with vehicle examination and safety checks. Courses are available throughout the North of Scotland with date in Perth as below;

Sunday 17th July

Saturday 20th August

Saturday 17th September

Sunday 25th September

Saturday 15th October

The cost of the course is £40 per rider and includes lunch. Anyone interested in attending can email:

operationriderrefinement@scotland.police.uk

Offensive Weapons Surrender Scheme

The Scottish Government has today launched a scheme to encourage owners of offensive weapons to surrender them at a nominated police station over the next three months.

The Offensive Weapons Surrender and Compensation Scheme will run from 1 July to 30 September and is being led by the Scottish Government in advance of legislative changes.

From 1 December 2022 it will become a criminal offence to possess in private any weapon listed in Article 2 of the Criminal Justice Act 1988 (Offensive Weapons) (Scotland) Order 2005.

Incidents

A question from the audience asked why we are not being notified of any local incidents, Malcolm responded that the MOCC receive an email from the police every two weeks and there has been no notifications of any incidents since the last meeting.

A member of the audience asked whether the Police notify local groups/residence association other than the Community Councils of incidents. Neill responded that he was aware that in the past that the local Police have informed these types of groups, so has taken and action to find out whether this is still the case and how these groups can be added to the distribution list for notification.

Correspondence

Let's Do Net Zero Community Buildings Fund now open for applications

They would like to ask you for your support helping to promote the refreshed *Let's Do Net Zero Community Buildings Fund*. This fund has a focus on decarbonising heat in community buildings in particular and will run for until March 2025 (subject to budget availability).

Annual Canvass 2022

Don't lose your voice - residents in Angus and Perthshire; Kinross urged to check their voter registration details are up to date.

The Electoral Registration Officer will be getting in touch with every household to check that the electoral register is up to date.

An email will be sent to some households in early July asking for a householder to confirm the information we hold about the registered electors in the property is correct, or to provide information about any changes, such as people moving in or out of the property or about anyone now reaching 14 years or over.

Roads

TEMPORARY PROHIBITION OF DRIVING AND SUSPENSION OF PARKING & LOADING
CHURCH STREET

In order to permit Carriageway Resurfacing on the above

section of road I recommend that a temporary traffic regulation order be prepared. It is to be effective from the 15th August 2022 for a duration of three weeks.

Planning Matters

Applications Submitted

22/00996/FLL Extension to dwelling house at 18 Reid Crescent Milnathort Kinross KY13 9TB for Mrs Katie Chalmers

22/00950/FLL Erection of replacement bird hide/viewing screen at Observation Hut Burleigh Sands Kinross for NatureScot

22/01090/FLL Erection of a dwelling house, alterations to garage/store to form ancillary accommodation, home office studio and store, formation of vehicular accesses and associated works (revised design) at Tillywhally Farmhouse, Milnathort.

Applications Decided

22/00563/FLL Alterations to dwelling house and erection of garage 12 Bowling Green Avenue Milnathort Kinross KY13 9YN for Ms Betty Smith

Application Approved

22/00853/FLL Erection of a dwelling house and associated works Land 85 Metres South East Of Whispering Pines Mawcarse for Mr and Mrs Alistair Stewart

Core Paths

As Kevin was not able to attend he provided a written update that was read out by Malcolm:

Core Paths at Hattonburn, Burleigh Caslte, Community Woodland and the path leading on to Arlary rail track now trimmed.

Pedestrian flail is being repaired and will be available w/c 25 July, Alistair MacLeod of PKC has agreed we can have it that week. Core Path work will continue throughout the summer months.

Waymarking of Core Paths planned for autumn.

Power tool training was delivered on Saturday 9th July, thanks to all who attended, much fun was had.

Funding application for the flail and benches continues.

There are 32 core paths covering 24 miles in the Milnathort and Orwell area.

We extended a core path, by clearing access path and strimming verges, it took 2 people 2 hours to trim the same amount of area that the Flail would have taken 30 minutes to clear.

Kevin looking into funding to purchase the materials required to replace the benches and also to acquire our own flail.

Discussion with developer to replace the large gate at the entrance at South Street/Lathro with a more suitable gate for pedestrians and cyclist, as the current gate is unwieldy.

Promoting the Community Council

Bobby, the community council social media champion was not present, however the Community Council asked for any suggestions on raising the profile and included the following feedback:

Post photos from the Core Path events on the Insta page, as these are already on the Facebook page.

- Post a notification on items similar to the knocked down wall mentioned above and to ask followers to tag the MOCC of any similar incidents
- Post photos from events like the Power Tool training

If you wish to get in contact with the community council, you can email communitycouncilmilnathort@gmail.com, message via Facebook (www.facebook.com/MilnathortandOrwell/) or Instagram ([@milnathortandorwellcc](https://www.instagram.com/milnathortandorwellcc))

Comments And Questions From The Floor

Q. Why have the weeds not been removed around the village, specifically the bus stop on New Road? Malcolm will ask Cllr Robertson to ask for an update from PKC.

Q. Is the carpark at Burleigh Sands now a Campervan park?

A. An MoP notified there was now a sign and charging for overnight parking, which seems to support campers parking overnight, whether for wild camping on the loch side or in the car park. MOCC will ask RSPB for a response.

Q. Is there a bus to and from the Kinross show?

A. Yes, there are buses that drive around the loch, where you can jump on and off.

The next meeting of Milnathort and Orwell Community Council will be held at 7.30pm on Thursday 11 August, 2022, in Milnathort Town Hall.

Portmoak Community Council

News from the July Meeting

Present at the meeting held on Tuesday 12 July were: Cllrs R Watters; Cllrs A Miller (Chair), A Davidson (Treasurer), S McGregor (Secretary), K Donaldson, S Forde, D Paterson, and 4 members of public

Apologies: Cllrs W Robertson, D Cuthbert, N Freshwater; Cllrs D Morris, G Smith, Police Liaison

Matters Arising

Kinross-shire Committee – update

The Chair had been unable to attend due to work commitments, so D Morris (VC) attended. D Morris commented that the agenda seemed a little insubstantial, with suggestion that items from previous KC meetings should have been actioned. Despite these comments, PCC still felt the KC was a good forum for all the CCs to meet on Kinross-shire items. Cllr R Watters provided an update that W Robertson is now convener of KC, and Cllr D Cuthbert is Vice-Convener. R Watters agreed the agenda was light, but this is probably due to handover and new conveners. The meeting had provided a very basic updates on matters, while IT connection problems stifled some contributors; the IT issue had been identified and should not recur. The Cllrs subsequently met and collated a list of items that they would like to bring to the agenda. PCC hoped that R Watters would take the items discussed at the July PCC meeting back to the other Cllrs.

A Member of the Public asked about the implementation of the Scotlandwell to Auchmuir Bridge speed limit, which had been agreed and voted upon by KC at the inaugural meeting, but still not actioned. D McKeown at PKC Roads had updated that there were many items in the queue of projects. PCC agreed that progress was required on this item agreed at KC level.

I. W. JOINERY

For all your joinery requirements

DOORS - Internal & external

WINDOWS - Double glazed & velux

STAIR PARTS

SKIRTING - DADO - FACINGS

FLOORING - laminate & hardwood

quality work at a reasonable price

Call IAN WASHINGTON

01577 865047 07870 291 783

Community Council News

The Chair again queried the production of meeting minutes that are only issued the week before the next meeting, expressing concern that the delay of releasing minutes could delay or obstruct the discussion of agenda items at CC level before the next KC meeting. The CCs need to make their communities aware of issues and encourage public feedback. Cllr RWatters agreed this was a fair point and will discuss with the other Cllrs to raise to PKC Legal.

Road Safety Action Update

The Chair raised a couple of items. 1. As previously discussed an update was required from PKC Roads on the Scotlandwell to Auchmuirbridge speed limit. 2. Itemised costs for implementation of speed mitigation measures were needed to assess best options for the A911 Road Action Plan 3 as agreed to at the inaugural KC. Similarly, Scotlandwell speed data from the trial 20mph zones had been requested, but remained outstanding since September 2021. On each requested occasion, the excuse has been that the data is being analysed, however this is fundamental to the A911 Route Action Plan and also potentially the Scotlandwell-Orwell Church Path completion. Kinnesswood data has been provided some time ago. Members of the public continue to comment on the non-adherence to speed limits of traffic and particularly large agricultural /commercial vehicles. The Chair asked if Cllr R Watters could escalate response on all three items and Cllr R Watters agreed to do this.

Cllr S Forde raised items of large pothole at a drain at entrance to Loch Leven Larder.

Cllr K Donaldson raised item that at Westfield Exit to C50 there were no road markers or speed limit, where there used to be a Give Way sign. Lorries were coming in/out every 10-15mins. The Secretary raised a request by the Residents at the Old Mill House at Channel Corner on A911, to extend the 40mph limit out beyond the Old Mill House. The CC discussed and agreed that priorities exist to put other agreed speed mitigation items in place first and promote compliance. Numerous speed mitigation measures, speed limit variation and signage had been put in place, with little tangible benefit. It was agreed it was difficult to simply extend further speed limits to encompass more and more rural properties when existing measures were failing.

The Chair commented that sections of the footpath between Scotlandwell and the Church Hall is completely overgrown and impassable without stepping onto the road. **Glenlmond sewage, and Water Supply to Glenlmond and Wester Balgedie:** Cllr A Davidson provided an update: a new Maintenance person has been appointed who is able to repair the system and this has alleviated the burden of work for the residents. Residents still feel that Scottish Water (SW) should be adopting the system. A FOI request had been made as to the number of plants like the Glenlmond System which had been adopted. SW had responded stating that this info. was not available. A Member of the Public commented that he had requested Scottish Water to adopt the sewage plant for his locale and had been informed that while the Public could apply to contact Scottish Water to adopt private systems, there was a requirement for the system to serve a minimum of 200 houses, and have perfect functioning before adoption could be considered, this was called a "Vesting Policy", and without these criteria SW had stated not to approach them to request adoption.

Scotlandwell to Portmoak Church Path: The Chair had supplied maps and route layouts for the Public to view at the meeting. The Scotlandwell to Portmoak Church Path was a long-term item, ongoing for approximately 22 years. PCC had been requested to identify a 'Best Route' and the Chair and Vice-Chair had met to walk the route and put together a plan.

A series of factors had been considered including safety and keeping the route fairly direct to marry with the existing path. The suggested Best Route had been presented to the public. Members of PCC agree the route is a good one. Route will be street lit. The path needs to be safe to allow children to walk to school in Kinnesswood. Crossing points with speed bumps, not speed cushions, to reduce speed towards the crossing points were suggested as a requirement. Route does not involve large tree felling. PCC invite members of the public to comment and endorse before the next PCC meeting on 09/08/22 (email: secretary@portmoak.org). PCC will then request PKC involvement and start steps to get funding, possibly in part via Sustrans. Pictures of route were available at the meeting but can be requested from secretary at secretary@portmoak.org. The Chair asked Cllr RWatters to discuss the item and route with the other Cllrs and try to raise impetus and traction on this item. PCC welcome any comments on the route.

In response, WCllr R Watters suggested that all four Cllrs should meet PCC to walk the route. Cllr Watters thought that Sustans could provide up to 10% of costs and with funding grants, routes to school are prioritised. Taktran are the group responsible for active travel routes and getting projects off the ground. £700k has given by Sustrans for feasibility studies. Cllr Watters expressed his opinion that a challenge for PKC is to increase in Perth & Kinross the amount of money that is being spent on paths, as historically expenditure has been low compared to other areas like Dundee. The Chair would like item to be raised at the KC because it is a long-running item. PKC and Taktran will action a feasibility study via a third party.

Play facilities at Scotlandwell Green: The Chair updated that 'boundary wilding' areas have been left, but elsewhere the grass on the Green is now being cut satisfactorily. Cllr W Robertson had said he would request Parks & Recreation Manager to attend the Scotlandwell Park to look at the play facilities and advise on likely installation date. Cllr Robertson was not at the meeting, but PCC would like to see time frames advised on this.

New Matters

Phosphate addition to drinking water within Loch Leven catchment area: An interesting piece of information had been highlighted to PCC and Cllrs by a Member of the Public resident in Wester Balgedie with regard to the Scottish Water addition of Phosphate to drinking water in the Kinross area. The Chair gave H Phillips, who was present at the meeting along with a second Wester Balgedie resident, the opportunity to speak on this item. H Phillips outlined the problem: addition of Phosphate is made at the request of the World Health Organisation (WHO) to reduce the exposure to lead from 25mu to 10mu and that this was started in 2015. WHO have since requested a drop to 5mu and to zero in 5 years. Phosphate does not remove lead but does partially reduce the adsorption. Removal of lead from old houses (pre 1970) would eliminate the need for any phosphate addition. Lead was banned from plumbing use in 1969. With regard to the Loch Leven Catchment Area, H Phillips sat on original committee in 1990s as he was the Chair of the local NFU at the time, he is also the Chair of the Residents Association at Queens View and Loch Leven Court for the private sewage plant for 13 houses. This plant was installed in 2017 and has passed all SEPA tests on the biological analysis i.e. BOD, Ammoniacal N and Suspended Solids. However, recent elevated Phosphate results have been documented, with readings higher than the licence threshold of 5mg/l. H Phillips had requested local tap water analysis which showed readings of phosphate at 4mg/l despite the internet sourced information stating that drinking water would be approx. 0.05mg/l. Scottish Water had been evasive in commenting on this discrepancy. A Mr John Dalrymple from Environmental Health had since confirmed that Phosphate is added to drinking water in substantial quantity to mitigate lead adsorption, Approx.

1.5 tonnes per week phosphate are added at Glenfarg water treatment plant. Mr John Dalrymple claimed that the level in Kinross water would be 1.4mg/l but as it was safe there were no issues. It was agreed dosing of tap water with phosphate, inevitably leads to supplementary loading to Loch Leven.

With regard to the Loch Leven Court and Queens View sewage plant, The Residents Association approached PCC for support because the compliance thresholds placed on the plant by SEPA, are almost impossible to meet due to the advance dosing process by Scottish Water. Mr H Phillips had raised the issue to Cllr W Robertson. None of the Cllrs, or Jim Fairlie MSP knew about this issue. Pamela Isaacs of SEPA has informally stated that SEPA have no info on this. The Chair expressed concern on this issue, both for the specific situation of non-compliance for the Residents' Association and penalties that could be imposed as a result, and for the greater issue that increase in residential properties surrounding Loch Leven will make the phosphate loading on Loch Leven even greater. The Chair asked Cllr R Watters to raise this as an agenda item for the KC, and would like to see representatives from Scottish Water and SEPA in attendance to explain how mitigating systems are expected to comply with criteria for license when the water is being loaded with Phosphate at the input level.

Cllr R Watters explained that he and Cllr W Robertson are both on Loch Leven Committee. He pointed to a recent paper from ScotGov regarding the rising nutrient levels in the lochs of Scotland, the conclusion of which is that the relevant organisations, Nature Scot, SEPA, Centre for Hydrology in Edinburgh, and Scottish Water need to start working together to find solutions to this problem. PKC are trying to take forward that ethos proactively and bring people in on this. Water leakage from pipes is probably also an issue. Cllr R Watters guaranteed to keep raising this issue at committee. The Chair agreed that Community members should not be penalised on phosphate levels and potentially taken to court for non-compliance on phosphate levels that were being raised artificially on tap water.

Planning

Existing Applications:

21/00997/FLL Erection of 22 dwellinghouses, 3 garages and a garage with ancillary accommodation, formation of SUDS pond, landscaping and associated works (LDP site H54) Land 100 Metres South East Of Cragton Villa Rost Gardens Scotlandwell.

Planning Decisions

Progress with Developments

Westfield Community Liaison Committee: K Donaldson. Plant is being dewatered and a lot of earth moving. Water pipe from C50 to actual site. Next meeting is 07/09/22

Paths Group Update:

Work on paths had been limited paths over the past couple of months due to limited volunteer availability. The Peat

Loan was cleared in June with assistance from Alistair of PKC Greenspace using the flail machine. Training on power tools such as the strimmer and flail is being offered by PKC so if anyone is interested in getting involved will receive appropriate training. The Group need more volunteers from the community to help clear and maintain our local paths, which are a bonus to a vast number of residents locally, and visitors to the area. The Paths Group cited the satisfaction of clearing a path, seeing the difference and knowing that you're providing a valuable service for our community. If you could offer a couple of hours a week, your help would be invaluable. The Secretary commented on the excellent state of the path along the bottom of the Bishop Hill along the back of Kinnesswood, behind Gamekeepers and right along to the Indians Head behind Easter Balgedie, and how pretty the walk currently was with foxgloves and wild flowers. The invaluable work the Paths Group do, is greatly appreciated by PCC and members of the Community.

Treasurer CC Accounts

£384.57 CC account

£1523 Michael Bruce account.

The Treasurer was able to provide a positive update that the new Credit Union account is finally set up.

Cheques payments outstanding for Zoom subscription and PCC annual Website costs are being raised.

Balances will be moved for the CC account shortly.

There are invoices pending on MB account from Paths Group The Treasurer intends to transfer the MB account to Credit Union, but this will need to be completed as a new account application and so the Treasurer will start the process again.

Councillors' Reports

R Watters: a new committee has been set up Climate Change and Sustainability. 4 spaces set aside for experts to add valuable input from a wide Linked is a new Climate Change Commission, totally separate from PKC, so able to set its own remit.

AOB

D Paterson: comment on impact of corvids on wild birds. Chair commented that the Rookery is off the agenda at present due to nesting season requirements but that consultation had been ongoing with an Ecologist.

The next meeting of Portmoak Community Council is at 7.30pm on Tuesday, 9 August 2022. Meeting agreed to be online.

Fossway Community Council

Fossway Community Council did not meet in July. The next meeting is at 7.30pm on Tuesday, 2 August 2022 in Crook of Devon Village Hall.

TOP SOIL

High quality
screened or unscreened

Various options available

Call for further info

Wester Balgedie
07725 913870

Your Local HANDYMAN

I provide a **RELIABLE**, Local Service
All types of work undertaken (inside and out) –
clearance, painting and decorating, shelving,
curtain rails, plus much more!

FREE NO OBLIGATION QUOTE

Very reasonable rates

No job too small

Call Phil on **01592 841013** or **07739 231193**

Email: **pipreed68@icloud.com**

69 Whitecraigs, Kinnesswood, Kinross

AndrewMegginsonArchitecture

High quality, practical and innovative
architecture and design

andrew@andrewmegginsonarchitecture.com

07583 404 422



The Building Defects Consultancy Ltd

Thermal imaging surveys to assess any expensive heat loss to floors, walls, and roofs. Comprehensive reports providing detailed advice on upgrading insulation and cost saving remedies to all types of properties.

Detailed independent advice on all aspects of *Dampness
*Timber Defects *Roofs *Walls *Gutters *General building issues.

On-site survey service relating to internal inspections.

External roof inspections available by drone with photographs and fly pasts in 4k detail.

Online advice service

www.tbdco.co.uk

mail@ewanwhite.co.uk

**Science
Council**



The Wood Technology Society

A Division of the Institute of Materials, Minerals and Mining

Jackson's Bikes
motorcycle bodyshop & service centre



**SERVICING
PAINTWORK
TYRES
BRAKES
ENGINE REBUILDS**

CHECK US OUT
ONLINE
TO FIND OUT
MORE



FREE
NO OBLIGATION ESTIMATES

www.jacksons-bikes.co.uk

**77 OAKFIELD STREET, KELTY, KY4 0BX
01383 830 645**

CRAIG CAMPBELL PAINTER & DECORATOR KINROSS-SHIRE

**FREE QUOTATIONS
ALL ASPECTS OF DECORATION
INTERIOR & EXTERIOR
ALL WORK GUARANTEED**

**TEL: 01577 527 327
MOBILE: 07964 020 844**



w telford plastering

free quotations
reliable quick service

'get plastered with wayne'

92 high street, kinross ky13 8aj
01577 861 903 or 07738 514 342

MIHAUS

complete kitchen & bathroom solutions

Exquisite Kitchens & Bathrooms
Designed for the Connoisseur

www.mihaus.co.uk

T 0845 982 5486

Mihaus showrooms at:

Unit 5, Suite 3
Lomond Business Park
Glenrothes
Fife
KY6 2PJ

Lewis House
Unit 213, East Way
Hillend Industrial Park
Dalgety Bay
KY11 9JF

SLATING · TILING · NEW ROOFS
DRY RIDGE & VERGE FITTED
CHIMNEY WORK & LEADWORK
ROUGHCASTING & CEMENT WORK
GUTTERING REPAIRED OR REPLACED
UPVC FASCIA & SOFFITS
MOSS REMOVAL · ROOFS & GARAGES
FLAT ROOFS REPAIRED OR REPLACED
GENERAL BUILDING
REPAIRS & MAINTENANCE



Is your roof leaking or in need of repair?
Contact the local experts at:



TAY ROOFING & BUILDING LTD

We provide emergency repairs to Homes and
Businesses throughout Scotland.

All types of work undertaken by qualified tradesmen.

All work guaranteed.



Insurance work and storm damage.

Free estimates and advice. 7 day service available.

01738 658676 07871 861235



KIERAN FOWLEY

WEALTH MANAGEMENT

18 High Street, Kinross, KY13 8AN
01577 861 265

kieranfowley.co.uk

ASSOCIATE PARTNER PRACTICE OF



ST. JAMES'S PLACE
WEALTH MANAGEMENT

Kieran Fowley Wealth Management is an Appointed Representative of and represents only St. James's Place Wealth Management plc (which is authorised and regulated by the Financial Conduct Authority) for the purpose of advising solely on the Group's wealth management products and services, more details of which are set out on the Group's website www.sjp.co.uk/products. The titles 'Partner' and 'Partner Practice' are marketing terms used to describe St. James's Place representatives.

Face-to-Face Financial Planning



Investment Planning



Pension Planning



Financial Protection



Estate Planning



Corporate Services



Tax Mitigation



GILLIAN FORBES STONECARVER

BESPOKE
HANDCARVED MEMORIALS
AND LETTERCUTTING

www.forbestonecarver.co.uk

email: gilliancforbes@hotmail.com

01577 830754

HGS garage doors

Independent
Survey Firm
Established over
20
years

The garage door specialists

Your independent LOCAL family firm serving
Perthshire, Stirling, Fife & Kinross since 1993



HORMANN
Garage and Industrial Doors

MAKE YOUR
LIFE EASIER
WITH AN ELECTRIC
GARAGE DOOR OR
ELECTRIC GATES
WHY WAIT ANY
LONGER!



supply - install - repair - **automate**

All types of garage doors

01738 444486

email info@hgsgaragedoors.co.uk
www.hgsgaragedoors.co.uk

PEOPLE
PREFER
GARAGES
WITH AN
INSULATED
GARAGE
DOOR

FREE
ESTIMATES
& EXPERT
ADVICE

Club & Community Group News

Kinnesswood in Bloom

We were delighted to receive £750 from the Queen's Jubilee Fund 2022. This funding will be used to produce a Jubilee wildflower board and associated activities with the school.



We hope to gather information about common wildflowers found in the Portmoak area and produce two boards; one with school involvement and the other with input from local experts. The school have already benefitted as each child made a wildflower bomb to be scattered at home or grown in a pot. We hope to see pictures of some of the wildflowers when they emerge.

We were sorry to say goodbye to Paula Woods who we have worked with in the school grounds for a number of years. As well as supporting our work in the school grounds she has also been involved in art and language work for the Portmoak Festival and undertaken some fabulous projects like the Michael Bruce book and CD about local folk. Good luck in your new role as Headteacher of Fossoway School. Kinnesswood in Bloom handed over a gift in the last week of school (see photo opposite).

Primary 2/3 pupils have produced another trail around the village, this time to walk up the Cobbles and find out about the characters who lived there. The sound effects of animals, birds and looms clacking are particularly effective. There is also a musical accompaniment. Well done P2/3!

Kinnesswood residents might have seen postcards popping through their doors over the last couple of weeks. These are our main fundraiser of the year and we are very grateful for the continuing support of our activities. If anyone has been missed out by mistake, they are also available in the shop.

On the first day of the holidays we were delighted to find an outdoor tap at the school. This has been long awaited so thank you Mrs Gordon for prompt action on this one. We bought a long hose and reel for the school. Keeping the polytunnel and raised beds watered is still a big job but it does make watering this part of the village a lot easier.

The heat and wind during July has made watering a real issue for the group and we have been glad of any help being offered to make the job easier.

Work parties continue, not just on Saturday mornings but also Wednesday evenings. Street weeding is important at this time of year and it is a continuous task to keep on top of it. More bark is to be spread and this is the time of year when we are repainting tubs, benches and street furniture. Some of our funding has been used to replace some of the old tubs which are now rotting.

Those who use the Kinnesswood bus shelter may have noticed the poor state of the seating. There are signs of woodworm and the brackets are rusting. The appropriate department has been contacted and, while the seating might not be replaced immediately, we hope to have a plan in place soon. There are advantages to being in the Beautiful Scotland competition!

The bus shelter is the place to check out for surplus vegetables, either from the school polytunnel and raised beds or from local residents who have more than they can use.

The portfolio for the Beautiful Scotland competition has been submitted. Thank you Carol and Gordon for producing such a professional document which can be viewed on our Facebook



page. Norma has produced submissions for two discretionary awards; 'Community Involvement' and the 'Year of Stories'. Here's hoping we have some success after all the hard work. There is only one competition this year. The local one is being revised and will not take place this year and Take a Pride in Perthshire decided not to go ahead at this time.

Thank you to Balgedie Toll for hosting a quiz in aid of Kinnesswood in Bloom. The donation is much appreciated.

Our judges visit on 3 August so we hope to have everything looking at its best by then. We really appreciate the effort that local folk make to keep their own area looking good as well.

Kinross Garden Group



We have had our second garden visiting trip for the summer; our July visit was to Braco Castle garden near Dunblane and Kirklands in Saline. Both are fantastic gardens with such an amazing variety of flowers, shrubs and trees. We had great weather each time and the tea at Kirklands was a real treat. The next visit will be to Kelburn Castle and gardens at Largs on 18 August (please note the change from the normal second Thursday due to the Kinross Show). Members should pay for this trip (£27) as soon as they can. Cash, cheque or bank transfer please to Ann Walker. If you want to go on this trip and have not yet registered, or to cancel, phone Lin on 01592 840837.

For more details about the outing programme or membership please contact Caroline Anderson on 01577 864589.

Common Grounds

[www.spanglefish.com/
commongroundscharitycafe](http://www.spanglefish.com/commongroundscharitycafe)



The Tuesday and Saturday coffee mornings are proving to be popular with old and new friends attending. Their support is very welcome indeed. Our thanks also go to our volunteers who continue to help in many ways including setting up, clearing away and providing home baking. All efforts are always much appreciated.

Our chosen charity for July was Migrateful, a non-profit organisation based in London. Refugees, migrants and asylum seekers are taught to cook which, in turn, helps them to integrate and have access to employment. They learn to speak English which builds confidence and it also promotes contact and cultural exchange with the wider community.

Please note there will be no Friday coffee morning in August.

CASHMERE at LOCHLEVEN



Scotland Business Award Winners:
 2018 Best Kinross Business
 2019 Best Gift Shop
 2019 Best Specialised Retailer



Recommended by



Cashmere at Lochleven, Lochleven Mills,
 Kinross, KY13 8DH
 Tel: 01577 867 570
 enquires@cashmereatlochleven
 www.cashmereatlochleven.com

JAMES PHILP LTD PLUMBERS AND HEATING ENGINEERS

WE OFFER A COMPLETE PLUMBING AND HEATING SERVICE
 FROM A SMALL REPAIR TO A NEW BATHROOM
 OR HEATING SYSTEM

GAS SAFE, OFTEC & HETAS ENGINEERS
 CITY AND GUILDS QUALIFIED
 FULLY INSURED AND ALL TRADES SUPPLIED
 FREE ESTIMATES AND ADVICE WHATEVER YOUR PROJECT

07821 350 573

1 QUEICH COURT, MILNATHORT, KINROSS KY13 9ZA

JAMES PHILP LTD

E: philpplumber@ymail.com



James Fraser FIREWOOD & FENCING

FAMILY RUN ESTABLISHED OVER 50 YEARS
 COVERING FIFE & SURROUNDING AREAS

- AGRICULTURAL STOCK FENCING
- DOMESTIC FENCING
- SEASONED FIREWOOD & KINDLING
- FIREWOOD CUT ON-SITE
- FOREST BARK BY BULK OR BAG
- AGRICULTURAL GRASS TOPPING
- HEDGE & VERGE CUTTING
- SNOW CLEARING
- FREE ESTIMATES

A QUALITY PROFESSIONAL
 SERVICE WITH
 GREAT VALUE FOR MONEY

**Tel: 01383 830538
 or 07711 545104**

E: firewood.fencing@btconnect.com

W: www.firewood.fencing.co.uk



Kinross and District Art Club

www.kadac.co.uk



Despite being postponed in June, our second outdoor painting day this summer took place on Friday 8 July in Kinnesswood. Eight members attended throughout the day and enjoyed big views of the loch and also the ever-improving good weather. Towards mid-afternoon, the sun cream was brought out and used! All present delighted in sketching or painting in the tranquil hillside setting.

Painting *en plein air* was introduced and encouraged in the club by the late John Tydeman, who was a KADAC member for many years. He was the outdoor painting coordinator and was passionate about it. It is his legacy, therefore one of the reasons we were motivated to ensure we continued with it. He was missed at this year's outdoor painting days.

An excited anticipation is now growing as preparations are increasing for our Annual Exhibition. It is planned for Friday 2 to Sunday 4 September in Cleish village hall and Lucinda Russell OBE has agreed to open the exhibition. This is KADAC's first exhibition for three years, due to Covid-19, and the first time we have exhibited in the charming venue of Cleish village hall. Members look forward to welcoming visitors to the free exhibition during the first weekend in September, when their artworks and crafts will be available for sale. The club is also preparing for a raffle and a café with tasty homebakes. A bank card payment facility has now been purchased and will be available to use at the exhibition; however, cash and cheque payments will still be accepted.

The club meets on Tuesdays and Fridays (2-4pm) in Millbridge Hall each week. KADAC painting sessions resume, after the summer recess, on Tuesday 23 and Friday 26 August respectively. If you are interested in joining the club and developing your own creativity, you will find more information and contact details on our website.

Kinross Cubs

In the middle of June the cubs had a brilliant night at Hilton of Aldie farm. They were planting cress seeds, learning about weaving, finding out how to lamb a sheep as well as seeing lots of animals. The cubs also visited the wildflower meadow to see if they could hear any bees.

The following week we were back at the hall and we had another great meeting as the cubs were working on their fire safety badge. They were learning about fire safety for both home and at the hall as well as how to be safe around a campfire before roasting marshmallows and making s'mores. The cubs then did a practice fire drill to show what they had learned. To end the meeting we played some games in the garden.

For our final meeting before the summer break we headed to Lochore Meadows and had fun taking part in a photo treasure hunt for the photographer activity badge. We then ended the meeting by presenting the cubs with the badges they had earned during the term.

Congratulations to Cameron who was invested into the pack at Lochore Meadows and to Rupert and Finlay who were each presented with a special recognition award for working hard and being kind and helpful this term. Congratulations also go to Aaron who was presented with his Chief Scouts Silver Award, the highest award in the cub section. Bravo Aaron!

A special mention goes to Alyson at Portmoak cubs who was presented with her Chief Scout 25 year service award recently by Daryl Scott, Strathearn District Commissioner for



Sheila painting the 'big' view of the Loch

Perth and Kinross Scouts (see photo opposite).

We currently have some spaces for young people aged between 8 and 10. If your child would like to join us then please send an email to the address below for more information.

Volunteering can make a huge difference to young people's lives, as well as your own. From having something to look forward to every week to learning in the great outdoors, being a volunteer is good for you, supporting your own confidence and skills, health and happiness, and community. If you would like to get involved with 1st Kinross Cubs, then please email kinrosscubs@hotmail.com for more details.



Kinross Beavers

We completed a number of fantastic activities over the last few weeks of term.

We were incredibly fortunate to have Dora Smith from the Royal Highland Education Trust (RHET) along to talk about farming. The beavers particularly liked the discussion around dung and the benefits to the environment! They also learnt about what foods are grown in Kinross-shire and the benefits of using local produce. We rounded the evening off with some games.

The following week involved problem solving games and a log chew as the beavers suggested ideas for after the summer holidays.

Then, all too quickly, it was the end of term. Our final event was going to Cairneyhill scout hall for their summer sleepover. It was our first face-to-face sleepover for two and a half years! The beavers had a great time working on their Health and Fitness badge on Saturday afternoon before settling down to watch a DVD in the evening. On Sunday there was time for more games before all the beavers were presented with the badges that they had achieved.

There were a number of award presentations over the the final weeks of term. Big congratulations to Carys, Charlie, James, Lochlan, Archie and Ally who were presented with their Chief Scout's Bronze Award and further congratulations to Carys,



All Electrical Work Undertaken
Fast, friendly and reliable service
Established 1980

• **AWARD WINNING LIGHTING DESIGNS** •

Specialised Lighting Design for your home inside and out
 26 Years of Service based on an unrivalled reputation

FOR IMMEDIATE ATTENTION CALL TONY NOW ON

07711 863 872 (Mobile)

Tel/Fax : 01577 862769 (Office)
E-mail : info@bartlettelectrical.com
Web : www.bartlettelectrical.com

Andrew Baillie

SOLICITOR & NOTARY PUBLIC



103 HIGH STREET, KINROSS KY13 8AQ
T: 01577 861000 www.andrewbaillie.co.uk
 E: andrewbaillie@btconnect.com

HOUSE SALE & PURCHASE	COMMERCIAL LAW
REMORTGAGE	COMPANY INCORPORATION
WILLS	COMPANY SALE & PURCHASE
EXECUTRIES & TRUSTS	PARTNERSHIP



JLS associates
 independent financial advisers

PLANTING THE SEEDS FOR A SECURE FUTURE

Let us help you manage your wealth and achieve your financial goals.

JLS Associates, Mansfield Stables, Strathmiglo
 Cupar, Fife. KY14 7QE

Tel 01577 861341
 Email gordon@jls-associates.co.uk
www.jls-associates.co.uk

Jls associates is authorised and regulated by the financial conduct authority

ANCHORTIMBERBUILDINGS

Wide Range of Timber Garden Buildings Starting from:

Apex Range : From £349

Pent Range : From £389

Summerhouses : From £889

Play Houses: From £269

Free Delivery & Installation within 50 mile radius of our fantastic indoor showroom based in Glenrothes, Fife, KY6 2RE

Telephone 01592 748 900

Email info@anchortimberbuildings.co.uk

for more information or a quotation.





Charlie and Archie who were each presented with a special recognition award. Thanks also to all the parent helpers who came along to support us, it's very much appreciated.

Are you interested in volunteering with scouting? Volunteering is easier than you think. We have opportunities both behind the scenes and directly supporting young people in our group. With full support and training, you can volunteer on a flexible basis. Not only is it incredibly rewarding and great fun, but you will also learn some brilliant skills transferable to the workplace and further education. Please contact us by email at kinrossbeavers@hotmail.co.uk for more information.

Kinross-shire Local Events Organisation

www.kleo.org.uk



Summer Market on 27 August

A special market to celebrate summer with a great variety of food, drink, craft stalls and some additional entertainment. It will be held at market park.

If you would like to book a stall space please send an email to info@kleo.org.uk. All the market stalls are fully booked but there is still space for bringing your own gazebo stall. We can provide a trestle table if needed. Fee for a stall space is £35 or £20 for community groups and charities.



The 24 September and 22 October markets will be back on the High Street again. The Festive Street market is on Saturday 26 November.

Early bird tickets for Karen Matheson concert

Widely recognised as the compelling vocals of celtic super-group Capercaillie, Karen Matheson has made a solo album. It is a musical love letter to the Hebridean roots of her family, with a collection of timeless gaelic songs that evoke the character and atmosphere of island life, through waulking songs, love songs, lullabies, mouth music and evocative

poems to the surroundings. Karen Matheson will perform with her guest band in Kinross on Friday 11 November, 8pm at Loch Leven Community Campus. You can buy early bird tickets now! £18 (adult), £13 (child). Full price after 1 September is £20 and £15. For tickets visit our website or TicketWeb.

Annual General Meeting

The KLEO AGM is on Monday 8 August at 7pm at Kirkgate Cottage, Burns Begg Street, Kinross. All are welcome to attend. If you are interested in attending this meeting please send an email to info@kleo.org.uk.

KLEO meetings usually take place once every month. These meetings are open for everybody to attend.

Friends of KLEO

Would you like to help out once in a while at events (setting up, stewarding, leafleting or any other job that needs doing) but don't want to join the KLEO committee and have to attend meetings? Why not support your community and become a 'Friend of KLEO' and just help out for an hour or two at the odd event? We are currently looking for a pool of helpers who are happy to assist once in a while. If you are interested in this please send an email to info@kleo.org.uk.

Leven Voices and Kacophony Orchestra

Community choir Leven Voices and the Kacophony Orchestra are on a summer break now. Sessions for Leven Voices will start again on 6 September and the Kacophony Orchestra will start on 31 August.

For more information about either of these groups please contact Bouwien Bennet on 01577 863107 or bouwien@kleo.org.uk. For more information about KLEO events visit our website.

Kinross in Bloom



June was a busy month with all the planters being emptied and then filled with our summer plants. We postponed hanging up the baskets for a fortnight, as we felt they weren't quite ready. Once again our thanks to the Rugby Club who very kindly accommodated the change of date.

Now the polytunnel is empty and our job for the summer is to ensure that all the plants are fed and watered. We are still looking for more volunteers to help with the watering around the town. If you can drive, we are looking for people who can drive the buggy and water the hanging baskets and planters. This will be needed a few times from June to September.

Finally, Crosswell Fountain is finished! At the end of May we had stonemasons reconstructing the lions' heads around the fountain.

The smaller planters at Springfield Corner have all been given a paint and copper tape applied to them to stop (hopefully!) the snails eating the plants.

Mungle's Statue has at been cleaned and we can now read the inscription on the statue thanks to Bria Little, sign writer.

If you would like to help in any way (formally or informally) please contact susan.mitchell150@gmail.com.



Guide Dogs

It's been a busy month in my household. I've been holiday boarding a few different Guide dog pups and was lucky enough to have this wee one while his brand new first time, Puppy Raisers made their way back from holiday. He was 10 weeks old and an absolutely joy to have temporary custody of. We are always looking for volunteer boarders, so you too could do this for short length of boarding to let others get a break away.

After Lockdown the number of Puppy Raisers has dropped and we have a massive push to get more people to help start off these wee darlings on their road to change someone's life for the better.



We also need more funds and you could help by signing up for one of the Kilt walks.

Dundee Kilt walk is on Sunday 21st August. Any money you raise is topped up 50% by The Hunter Foundation. You have three walking distances to pick from with our Mighty Stride (26 miles), Big Stroll (11 miles) and Wee Wander (3 miles) walks.

If you want to sign up online and help Guide dogs, we would be delighted. More of these lovely, clever dogs are needed more than ever. Over a thousand visually impaired people in Scotland are waiting for Guide dog. Can you help?

Kinross & District Rotary Club

www.ribi.org



New President

A dinner and social event was held at The Kirklands Hotel on Monday 4 July for the outgoing president to hand over to Jo Middlemiss (pictured left, above) president for 2022-2023. The office of president is usually for one year, but we are grateful to George who has stood in this capacity twice in recent years. Club members welcomed Jo to her new post and we look forward to an exciting programme of events over the next year.

Regular meetings are replaced over the summer period with some informal gatherings, for relaxed fellowship and planning.

Rotary in Our Community

Traditionally at the end of the Rotary year, funds are dispersed. In June, a total of £2200 was distributed to local groups in Kinross-shire, in line with our recent focus on supporting the community.



Rotary Youth Leadership Award (RYLA) July Camp

Our club has sponsored young people to attend the amazing week-long residential camp up in the Highlands at Nethybridge for many years, selecting really excellent youngsters for a life changing week. They have a go at very challenging activities including rock climbing, canoeing, hill walking, they undertake leadership challenges, and make great friendships with similar youngsters from all over Scotland.

For two years running, we faced the disappointment that the camps didn't go ahead, so this year we were really excited to give the current cohort of 16-17 year olds the opportunity to benefit from the RYLA experience. After interviews, we picked two fabulous young people; Sasha Hoey and Mitchell Scott.

RYLA Co-coordinator, Andy Middlemiss said, 'We really felt for the youngsters who missed out on so much in 2020 and 2021. Our selected candidates this year are fabulous young people, and we were delighted they came forward for interview. A big thank-you also to family members for encouraging and supporting them.'

We would like to thank Art teacher Hollie Simpson and deputy head Graham Henderson at Kinross High School for all their help in setting up the arrangements within school and linking in with the young people so well.'

Kinross In Bloom 200 Club

June Draw

1st	No 10	Robert Finlay
2nd	No 43	Barbara Lemmon
3rd	No 53	Jean Miller
4th	No 22	Kate Francis

July Draw

1st	No 51	Anne Milburn
2nd	No 10	Teresa Bowstead
3rd	No 18	Helen Duncan
4th	No 34	Dorothy Hutton



Photos: Top: Mitch and his team on their challenge.
Middle: Bob Mitchell with RYLA candidate Mitch.
Bottom: RYLA candidate Sasha with President Jo Middlemiss and RYLA co-ordinator Andy Middlemiss.

Andy visited Sasha during one of her leadership tasks which was to help her team across 'a raging torrent' and rotarian Bob Mitchell visited Mitch who was leading his team in a 'transport a full bucket of water through a large pipe' challenge. He came out soaked!

Both young people report having had an amazing experience. We look forward hearing more about it when they visit a club meeting. Meanwhile, look out for the RYLA camps 2023 recruitment!

Whether or not you are directly involved with schools, somehow the new school term signals new starts for us all. Why don't you try one of our meetings? Find out more about what we do and how you can become involved by emailing secretary.kdrc@gmail.com for further details.

Loch Leven Library

www.culturepk.org.uk

Opening Times

Monday	Closed
Tuesday	10am-7pm
Wednesday	10am-6pm
Thursday	10am-7pm
Friday	10am-6pm
Saturday	10am-1pm
Sunday	Closed

You can contact us by phone on 01577 867205 or by email at lochlevenlibrary@culturepk.org.uk. Alternatively, find us on Facebook, Twitter or Instagram @CPKLibraries.

Come along and join Loch Leven Community Library's fun Storytime sessions with your child on a Friday morning. Sessions run weekly, every Friday at 11.30am-12noon. These drop-in sessions are for pre-school-age children and there is no need to book. For any queries, please contact Loch Leven Community Library.

Bookbug sessions are held at Loch Leven Community Library every Wednesday afternoon at 2-2.30pm and Saturday morning at 10-10.30am. They offer fun, friendly sessions of songs, rhymes, and stories. These sessions are suitable for babies, toddlers, and pre-school children to enjoy with their parents and carers. To book a spot at any session, please contact Loch Leven Community Library.

For this year's Summer Reading Challenge, the reading agency has teamed up with the science museum group for an incredibly special science-themed challenge that will inspire kids to use their imagination and creativity! Gadgeteers will feature amazing books, awesome rewards, and plenty of ideas for cool experiments and activities to discover the science all around you. This year's challenge ends on Saturday 20 August, so there's still plenty of time to pop into your local library to sign up for the challenge and get reading! Plus, there will be lots of challenge activities at Loch Leven Community Library for primary school aged children.

Perth Museum and Art Gallery

This summer, we are offering two fantastic exhibitions.

Sin, organised in partnership with the National Gallery in London, will bring together masterpieces from the 16th century to the present day, exploring the concept of sin through visual art. Perth is the first and only stop in Scotland on this exclusive travelling exhibition, which will tour only four venues across the UK.

Visitors will get a chance to get up close and personal with works by Rembrandt, Lucas Cranach the Elder, Jan Steen, Jan Gossaert, Tracey Emin, Ron Mueck, and more. These masterworks will sit alongside treasures from Perth Museum and Art Gallery's own collections that reflect various aspects of sin, such as works by JD Fergusson and Giovanni Antonio Galli and many curious items that may surprise visitors with their connection to the theme. Sin is open until 25 September.

Following their successful Shadow World installation in 2021, Glasgow-based artists Zoe Walker and Neil Bromwich will present The Serpent of Capitalism. This new and



Club & Community Group News

thought-provoking art installation will invite you to think about capitalism in our society and what the alternatives might be.

To accompany the large-scale inflatable serpent sculpture, a series of drawings and photographs by Walker and Bromwich will re-imagine the shifting world around us and trace the shaping of societies, religions, ideas, and beliefs. The Serpent of Capitalism is open until 30 October.

Kinross Centre

Whilst it is holiday season for many, we continue to offer a busy programme of events to our service users. As well as regular weekly activities (including exercise groups, crafts, quizzes and games) on Thursday 23 June we enjoyed an end of year concert at Kinross Primary School which was magnificent. We wish all the children and staff a really good summer holiday.

On Thursday 7 July staff accompanied service users on one of the regular barge trips at Ratho. It was a relaxed afternoon gently cruising up Ratho canal; the sun was shining and we enjoyed a picnic outside. It was a wonderful day.

On 13 July with we went to Lochore Meadows to try out a new service being offered there. Service users were transported around the loch in a specially adapted buggy to take in the fresh air, scenery and sunshine. It was a beautiful day and we hope this will be the first of many trips out.

Our regular monthly events run by the P&K Vision Group and the Reminiscence Group are also continuing over the summer months.



Service users enjoying a day out courtesy of Kinross Day Centre

We are pleased to inform everyone that we are again working with Perth & Kinross volunteers and the Audiology Department in Dundee to restart The Hearing Aid Drop In clinic that used to take place on the first Monday of the month. We hope to restart on Monday 5 September but this date has not been finalised yet.

If you need information about this service, please phone 01577 863869.

Please continue to stay safe.

We would love you to be involved with the Kinross Centre, either as a service user, a volunteer or as a supporter. If you would like further information, please contact Nan Cook on 01577 863869.



Mandy Maxton's friends on the bench in her memory

Portmoak Community Woodland Group



www.portmoakcw.org.uk

We are pleased to have been able to help out with the commissioning of a new bench in Portmoak Moss. It has come about as a result of the sad and untimely death of Mandy Maxton, of Kinnesswood, a year ago. Some of Mandy's closest friends wanted to remember her in a special way and we approached the Woodland Trust, who own the Moss, to seek their permission.

The Trust don't allow many dedicated benches in their woodlands but, after very careful consideration, they agreed. Then there was the question of where it should go. The chosen spot is next to the path along the northern edge and faces across the peat dome towards Benarty. On a fine day, it's always in the sun.

Mandy was well known in Portmoak and it didn't take long for her friends to raise enough money for a bespoke bench. Maryln Gardner, from Kinnesswood, said 'The Moss was an obvious site - such a meaningful place for us, not only where Mandy walked and ran by herself and with family, but where we all spent so much time together as a group over the years. Somewhere we walked, talked, set the world to rights and, of course, laughed a lot! It's somewhere we naturally think about Mandy and feel close to her every morning.'

On a beautiful evening in July the group of friends raised a glass to Mandy to mark the arrival of the new bench and felt that she was with them in spirit. PCWG think that it is an excellent addition to the Moss and means that even more people will be able to take a stroll there, knowing they can rest their legs and enjoy the views and the wildlife, or simply some quiet contemplation.



On a separate note, if you like a guided tour, you might be interested in the Fungal Foray which is taking place in the Moss on Sunday 28 August, when a visiting expert will lead a public walk to discover and identify the many kinds of mushrooms and toadstools which grow there. We will meet at 2pm at the main gate to the Scotlandwell entrance and it will take approximately two hours. It is open to all ages and will be a wonderful opportunity to find out about the fungi of all shapes and sizes which inhabit the trees and the ground beneath them.

Kinross-shire Civic Trust

Helping protect, conserve and provide a better built and natural environment

www.kinross-shirecivictrust.org

Find us on Facebook

Email: KinrossshireCivicTrustSecy@gmail.com



National Award For Kinross Raingardens!

The Trust's Raingardens Challenge has won a national award! It was declared best Community Sustainable Drainage project at the 2022 Susdrain Awards held in Sheffield on 14 July.

The award should help us in bids for further funds and activities as we consider a phase 3 package of work.

Information on the awards is on Twitter using @Sudsulike and the website susdrain.org. (The latter is not up to date at the time of writing but hopefully will be when this is published.)

Please see the article on p5 for a fuller report, and Thanks on p4 for the many acknowledgements due.

A Walk Along The Trail

Earlier in the month we held a guided walk along the Kinross Raingardens Trail for representatives of various organisations, with Brian D'Arcy, Raingardens project leader, explaining the drainage and biodiversity features and opportunities along the way. We started at the newly refurbished Park & Ride, then along Junction Road, down to the Loch Leven Heritage Trail at the Pier, and on to Kirkgate Park. It was great to have three of our local Perth and Kinross Councillors with

us (Richard Watters, Willie Robertson and Dave Cuthbert), alongside community group representatives, Perth and Kinross Council (Planning department), NatureScot, and Tayside Biodiversity Partnership.

Well-Kept County Competition

The WKC Committee have been considering for the last two years the format of the WKC competition. When Sir Robert Stewart started up the original Best Kept Village competition over 50 years ago, his aim was to encourage a community spirit in the small villages of Kinross-shire. Since that time, of course, matters have changed in the villages. Some have grown considerably and the committee feel that the way the competition is held is no longer appropriate to the county as a whole.

The committee feel that now the competition should be to encourage the villages and hamlets to enhance the county so that it is a more attractive experience to visitors and residents alike.

The committee is still formulating its ideas and we will pass these to current entrants for their consideration and input in due course.

With that in mind we have decided to postpone the competition for this year with a view to continuing the competition in its new format next year.

Photo: Lynne Bennet





Kinross & Ochil Walking Group

(Affiliated to Ramblers Scotland)

www.ramblers.org.uk/kinross-ochil

Fresh air, exercise, good company and wonderful views. We offer all this and visits to some of the spectacular scenery and lesser known places that surround us. We are a friendly and relaxed group and, if you'd like to try a walk with us, you'll be made very welcome.

Tuesday Short Walks

Unless otherwise stated, these walks are usually about two hours long and a fairly gentle four miles. We often follow the walk with a visit to a cafe, farm-shop or pub for refreshments, but this is entirely optional.

Tuesday 2 August, Letham Glen, Leven beach and Silverburn Estate

From Blacketyside farm shop, up past the strawberry fields and through Letham Glen. Then a walk along the beach, returning through the Silverburn Estate.

Tuesday 16 August, Scone Quarrymill and Coronation Road

From Scone old church, this is a scenic walk through woodland, up some fairly steep steps onto farmland with good views over Perth. The walk then follows Milkboys Road and Coronation Road, returning through wooded Scone Den.

Tuesday 30 August, Gartmorn Dam circuit

Starting at Gartmorn Dam café, we take an easy flat walk around the reservoir on good paths. This is a lovely tranquil area with good views.

For further details of where to meet us for Tuesday walks, or for general enquiries, please contact Sandra Wilkinson on 01577 865472.

Weekend Longer Walks

Weekend walks are a degree more challenging and of varied longer lengths. We advise bringing along a packed lunch and flask or drink. We also recommend that you have appropriate outdoor clothing and footwear.

Sunday 7 August

Summer barbecue and choice of walks for ramblers members (no public walk is scheduled for this date).

Saturday 20 August, East Lomond Circuit from Falkland, 6.5 miles

Starting from the centre of Falkland, the walk takes in a steep ascent up towards East Lomond, then down to Craigmead and Maspie Den before returning to Falkland village.

Sunday 4 September, Deuchny Hill, Perth, 7 miles

A circular woodland walk taking in part of the Coronation Road through Deuchny wood to Binn hill. We continue onward to Kinnoull hill, from which there are superb views of the River Tay.

For further details of where to meet us for weekend walks or for general enquiries, please contact Ken Staples on 07810 180283.

Kinross Camera Club

kinrosscameraclub.org.uk/wp/
www.facebook.com/KinrossCClub



Find us on Facebook

We are a small, friendly and sociable club and we welcome new members throughout the year. If you have an interest in photography, whether you are a beginner who has just picked up your camera or have many years of experience, you will find a warm welcome. Our season runs from September to April and offers a broad mix of excellent speakers, instructional talks, entertaining club nights and helpful practical sessions. For the 2022/23 season we plan to schedule a combination of both Zoom meetings for those who are unable to attend in person and we will also be back in the main hall of the Kinross Church Centre for some in person meetings so we can enjoy a catch up over coffee and biscuits. Our regular club nights take place on Thursdays at 7.30pm at the Kinross Church Centre, 64 High Street, Kinross, KY13 8AJ.

Full details of our new exciting schedule will be available soon so please check out our website and Facebook page.

August's picture of the month is 'Lofoten Wave' by Janet Lowe (opposite).

In the meantime, if you have any questions and would like to know more about our club, please drop an email to our secretary at secretary@kinrosscameraclub.org.uk.

Fairtrade



Traidcraft has a wide variety of Fairtrade goods for everyday use and for a special treat, such as this delicious beer bread from South Africa, which comes in five different flavours (one makes chocolate chip cookies!). It only requires the addition of beer or soda water and it's ready to cook!



The farmers and producers of our Fairtrade products are facing extremely challenging times at present with climate change, the ongoing concerns of Covid-19 and a global increase in transportation costs, so please consider buying Fairtrade goods in shops and cafés as well as the Traidcraft stall at the farmer's market in Kinross. You can also buy online from www.traidcraftshop.co.uk

It is something that we can all do, that makes a difference, so please #ChooseTheWorldYouWant



Boys Brigade and Girls Association



By the time August's Newsletter has been printed our joint BB and Scout summer adventure camp to Kenmore will have taken place. The highlight is, once again, likely to be the white water rafting down the River Tay from Aberfeldy to Grandtully with another visit to Iain Burnett, the Highland Chocolatier.

Company section members have been quite busy with marquee hires over the summer with other hires still to come in August and September.

Any former member parents who still have BB uniform (anchor red jumpers, junior blue jumpers, company section shirts/ties/belts) should hand these into the day centre before our new session resumes in September. All three sections have a new badge programme including resources from headquarters which is exciting.

Our anchor section caters for both boys and girls in P1, 2 and 3. They meet on Friday evenings at 6–7.15 pm. Our junior section caters for both boys and girls in P4, 5 and 6 and they meet on Friday evenings at 7–9 pm. Finally, our company and senior sections caters for boys and girls from P7 up to 18 years of age and they meet on Friday evenings at 7–9.30pm.

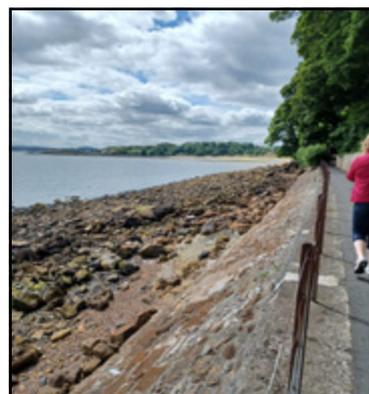
Broke Not Broken

We are in a very lucky position in Kinross-shire. Many foodbanks are struggling with donations of food and money, and several well-used and well-run food banks are considering closure as they just can't keep up with demand. We remain incredibly well supported by our local community. While we are certainly seeing an increase in demand compared to this time last year, support remains constant and our volunteers continue to dig deep to help their neighbours.



Katie and Fatty showed themselves to be made of stern stuff with a skydive raising £700 (see p17). Katie is a volunteer co-ordinator and recent psychology graduate, who decided she wanted to do something eye-catching to raise money. Thanks so much to them for a fantastic fundraiser.

In July we held a thank you event for volunteers and their families, and what a beautiful day it was. We are hoping to replicate this later in the year, although it will be difficult to repeat the weather!



Hill walking at Kenmore in 2018



Beautiful Outdoor Stoves & BBQ's

Available from us online or in the showroom



DESIGN | SUPPLY | INSTALL

Turfhills, Kinross, KY13 0NQ
t 01577 861440 e info@kinrossstovecentre.co.uk
www.kinrossstovecentre.co.uk

Jonathan Auborn Carpenter & Joiner

Crook of Devon



A skilled and experienced
Craftsman

Full kitchen design and installation

01577 542015 / 07766 541955

www.JonathanAuborn.co.uk

References Available



Exclusive
Hire Parties



Jamesfield Centre
Abernethy
www.treehouseandgym.co.uk
info@treehouseandgym.co.uk
01738 851111
f @treehouseandgym i



Fitness
Creche



QWERTYIT

SERVICES

YOUR LOCAL COMPUTER EXPERTS

COVERING PERTH & KINROSS

We pride ourselves on offering the best service to all of our customers at an affordable price. We always go the extra mile to make sure all of our clients return to us time and time again.

David Silvester, owner



REPAIRS



SERVICING



UPGRADES



VIRUS REMOVAL

Company Review

Geoff Ingh ★★★★★
A most prompt and professional response to my emergency call. Being caught up in a dividing order the collection, repair and delivery were carried out with complete safety. All repair work explained in advance and carried out at a reasonable cost. Recommended.

Company Review

Bob McInch ★★★★★
Very pleased to have our issue sorted out efficiently and promptly.

Company Review

Andrew Clark ★★★★★
Excellent service. If in future I have any more problems (being a Senior Citizen) with my computer I would certainly use the company again. His advice was invaluable.

8 Mountview Road, Perth PH1 1LD

01738 479 564

info@qwertyitservices.co.uk www.qwertyitservices.co.uk

Throughout the summer we ran our 'Tuesday Trips', visiting several new destinations as requested by the families. These included Dalkeith Country Park (Fort Douglas), Aberdour (pictured on previous page), Almond Valley, Kelpies, St Andrews and Camperdown Park. Each trip included coach travel using Earnside Coaches, and food from Giraffe Perth, who give employment opportunities to people facing barriers to employment. While Covid continues to have an impact on attendance, many trips had two coaches to take all the families to the locations.



Our cookery group had an amazing experience when Sarah Rankin cooked an artful seven course tasting menu for them at The Courthouse. This was a special evening. Many of the families have no local support and are rarely able to go out. We kept the kids entertained with some trained volunteers, and the adults were able to

enjoy a spectacular selection of courses each more mouth-watering than the next. The group are planning to choose a course to emulate. Seeing the importance of food in feeding the soul, and the social nature of eating together reinforced to us the importance of groups like this, where people have excellent skills, but little confidence. One attendee said it was the best night of her life, and another it was the first time their family had ever been in a restaurant together. Our thanks to The Courthouse team for playing host, and to Katie and Lindsay for waiting and KP'ing, and to Sarah and Carolanne for childcare duties.

This third quarter of the year is busy, but we are increasingly concerned about what is ahead. As the energy cap moves the goal posts yet again for every household, affecting those on a low income worse than ever. We are continuing to apply for funding for our winter support, including Christmas hampers, winter warmers (slow cooker butcher vouchers and veg packs) and winter clothing project (£25 for each child to buy winter clothing). The ongoing search for funding is an unrelenting task!

We know that the need for food banks is higher than ever but it is an avoidable situation to be in. We continue to campaign for an end to the need for charitable food aid as part of the independent Food Aid network, working with the Trussell Trust to call on the Scottish Government and Westminster to put more money in people's pockets. This year we spoke at The Gathering, a national event where volunteer groups come together to listen and learn from each other. We know there will always be a role for us in Kinross-shire, but we need to work towards a goal of people having enough to live on, whether in work or out.

We will be available for a chat about all of our projects at the summer market on 27 August at 10am-3pm. Please come and speak to us about what we are up to!

Portmoak Hall 100 Club

May Draw

1st No 73	Jonathan Drever	Kinnesswood
2nd No 1	James Gardner	Scotlandwell
3rd No 22	A.N Burnside	Scotlandwell

SPARKS (Supportive Project for Activities and Recreation in Kinross-shire)

National Museum Trip

We enjoyed a fantastic day at the National Museum in Edinburgh on 16 June. There is some brilliant stuff on display and the place is enormous! Thanks to Kinross Day Centre for letting us use their bus, and to Dave MacKenzie for driving us. Thanks also to the volunteers, PAs, and Graham for giving those of us who needed it a little push! It was a great day!

Monart Glass Project

We hosted a fantastic afternoon on 7 July handing over our finished glasswork to PKC. The piece is to be on display at the new Perth museum, due to open in a couple of years. Until then we are hoping to display it locally in Kinross. More details can be found on p12.

Kinross Museum



As part of 'Scotland's Year of Stories 2022' Kinross Museum will be mounting a new exhibition in September entitled 'Heaven and Hell'.

It will tell three stories from Kinross-shire which also reflect Scotland's national history. See p13 for more details.

Milnathort & Kinross Bridge Clubs



Visitors are very welcome to join an evening's play. For more information contact Gloria Wilson on 07961795812 or 01577 862553.

Over the past few weeks we have enjoyed the company of a number of visitors. Dini Brickl from Pool of Muckart sat in for one week to view play and get an introduction to the club. She and her daughter, Harriet, returned the following week and intend to become regular attenders. We also had the pleasure of the company of Fran Holman from Australia making a return visit to the club, partnered with her friend Beryl Harley.

We welcome visitors at any time but offer a special invitation to holiday makers in the area to join us of an evening, if they so wish. Visitors do need a partner and also require to prebook with secretary Gloria Wilson so that they can be made aware of the health and safety protocol which is in place.

As supper is no longer available, Gloria organised a very welcome cool drink during this recent very hot spell of weather. Thank-you Gloria, it was greatly appreciated.

For further information on playing with on Monday evenings please contact Gloria Wilson on 01577 862553 or 07961795812.

	North/South	East/West
27 June	Willie Young/Jane Smith	Jim/Catriona Marshall
4 July	Willie Young/Jane Smith	Sandy Greenhill/Marion Forbes
11 July	Willie Young/Jane Smith	Jessie Mitchell/Liz Pottie
18 July	Liz Pottie/Jessie Mitchell	Colin & Gloria Wilson



T. BUCHAN & SON
SHOP & GARAGE
 01592 840227 01592 840255(24hrs)
 MAIN STREET, KINNESSWOOD

MILK to MOT'S TYRES to TURNIPS
 STAMPS to SERVICING
 NEARLY NEW CARS to CAR HIRE
 24hrs RECOVERY to PETROL
 COAL to LOGS
 OPEN 7 DAYS A WEEK




Smartworks

CHARTERED ACCOUNTANTS

We are an established firm of Chartered Accountants combining 40 years experience in practice and industry and who understand at first hand the challenges of running a business.

A friendly, professional and cost-effective service that provides expertise locally.

Ring for a free initial consultation.
 Home / business visits welcomed.

ACCOUNTS PREPARATION
 Sole trader, partnership, limited company, subcontractors
 CIS, Company secretarial and compliance services

PERSONAL TAXATION
 PAYE, NI, Capital Gains, Inheritance Tax,

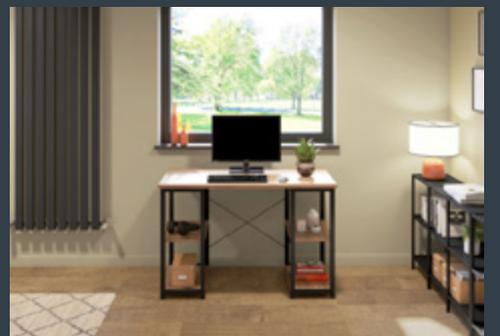
BOOK-KEEPING & VAT RETURNS

PAYROLL SERVICES

MANAGEMENT ACCOUNTS

BUSINESS CONSULTANCY
 Start up advice, business planning,
 business improvement, tax efficiency

Tel: Katharine Douglas 07801 678318
Anita Collins 07961 637850
 Email: info@smartworksca.co.uk
 Web: www.smartworksca.co.uk



**Scotland's Leading Supplier of
 Remanufactured Office and
 Home Office Furniture**



**KINROSS
 WOODEN
 PRODUCTS
 COMPANY**

01577 863040

info@kinrosswoodenproducts.co.uk

Sports News

Kinross Bowling Club

We are glad to be back on the bowling green again. The ladies entered the Scottish pairs; Sheila Rennie and Christine Matthews won the first game at Dunblane but were beaten in the second game in Stirling. It was good to be out again!

We are very lucky to have gained 12 new members this season. They are mostly couples who live locally (one or two who have played bowls before) and they are all having a good time learning. They play on Wednesday evenings but are welcome any day or evening.

At the time of writing we are due to play a friendly away game against Orwell on Thursday 14 July and are looking forward to a nice evening.

If you are interested in joining us, please get in touch by calling 01577 864727.

Meanwhile, we are looking for a joiner/painter to do some work outside at the front of the club. Please contact us if you can help!

Kinross Road Runners

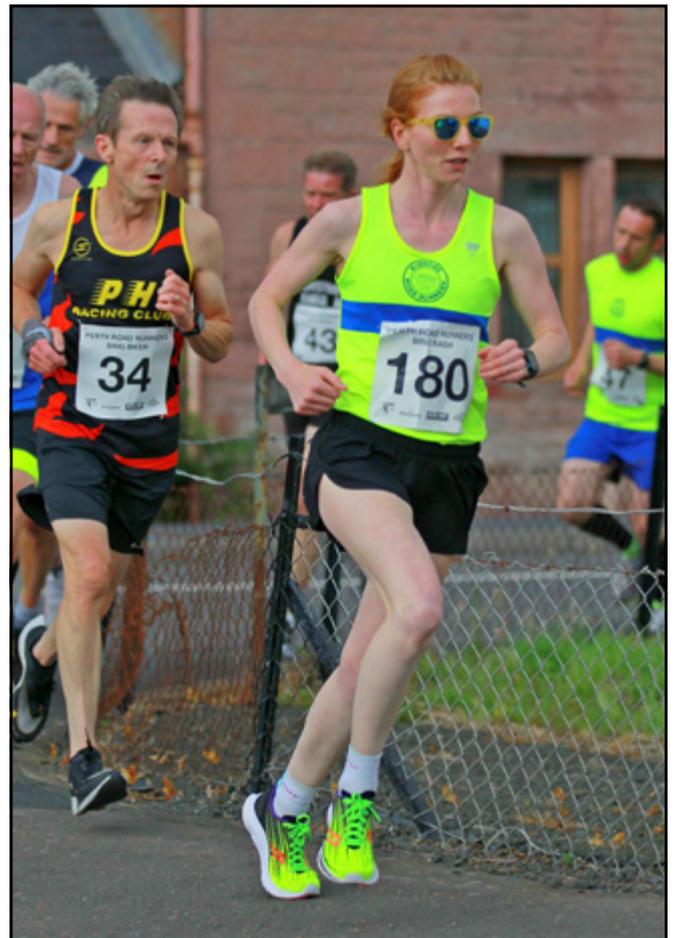
<https://kinrossroadrunners.weebly.com>

Welcome to the Kinross Road Runners round up for June.



Our main event in June was the Milnathort Dash. This race started at the bottom of North Street in Milnathort, and after a mad dash up North Street to find out who was the fastest male and female to win the King and Queen of the Hill, the runners then completed just over 8k to finish at Ba'Hill back in Milnathort. With 147 starters and times ranging from 1st place at just under 29 minutes to last place at 1 hour 17 minutes, it really is a race for all levels. Congratulations to all our KRR runners, with first club male going to David Scott and first female going to Caroline Jones. Our pictures this month show both Caroline and David on their way round the route. Thanks as always to our resident club photographer Gordon Donnachie and to all the volunteers for their help in making it a great race.

Other races to mention this month, attended by our club runners, include the Taprain hill race, the Strathearn marathon, Falkland Hill trail race, the Highland Cross, the Blast Sunset half marathon, the Lairig Ghru race, the



Lawbreaker which included 2,000 ft of ascent, the Brig Bash, the Dollar hill race (960m ascent) and the St Cuthberts Way 100km Ultra. Well done again to our mad club members for all of their running and racing.

Our Parkrun wanderers did us proud this month, visiting Bushy, Wallacecreek, Polkemmet, Dommismoen (Norway), Elder Park, Wythenshawe, Aviemore, Fort William and Hasenheide in Berlin. Our local Parkruns were also very well attended. As always thanks to the runners and volunteers for this great event.

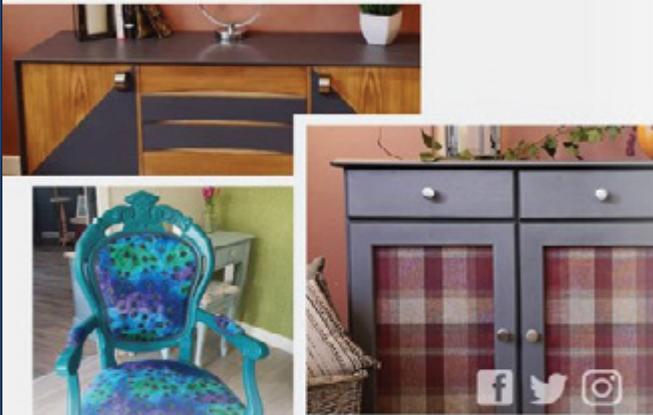
Trail runs this month included Moncreiff hill trail run, Strathmiglo trail run, Bishop hill run.

There were also speed training sessions including pyramid reps, 6 x 4 min intervals, the 2 mile time trial, progressive reps session, and other great speed sessions for all to improve their pace. Thanks to all the coaches for their attendance and support on the sessions.

Just a reminder as always that the club training sessions fit all abilities and involve a variety of running activities as you can see from the list of this month's sessions. Interval sessions improve running speed, trail runs build up strength and stamina, and slower chatty runs are good for socialising. The club welcomes all abilities and whether you are new to running or experienced, just looking for new routes to try out or to meet new faces, there is something for everyone. If you fancy getting involved or trying out a run with the club, just click on the link at the top of the article and get in touch. But however you run, enjoy it and stay safe.



Creative design
FOR EVERYDAY LIFE



SHELLYB
original

07887 773401 shellybinfo@gmail.com
205 High Street Kinross KY13 8DL

Custom Furniture Design

Sandport
BATHROOMS & TILES

BATHROOMS
TILING

Wet Wall
LVT Flooring

VISIT OUR SHOWROOM
205 HIGH ST. KINROSS KY13 8DL

Budget friendly Bathrooms

07585 410393

info@sandportbathrooms.co.uk

JAMES SNEDDON
PAINTERS & DECORATORS

THE NAME FOR PAINTING IN THIS AREA OVER 60 YEARS

**FREE ESTIMATES &
ADVICE WITH PLEASURE**

TEL: **MOBILE**
01577 862865 or **07719**
01383 626171 **211220**

Proprietor: Shane Crawford

SPOTLESS
OVEN SERVICES

- Ovens
- Hobs
- Extractors
- Ranges
- AGAs
- Microwaves
- Filters
- Hoods

YOUR LOCAL INDEPENDENT OVEN CLEANING SERVICE



- Caustic Free
- No Fumes or Smells
- Doors Removed and Split
- Removable Oven Parts
Cleaned in Vehicle-Based Tank

For a FREE QUOTE Call Linda **07526 243 026**

complete
design solutions

for start-ups
quality logo design
competitive print prices
leaflet and flyer design & print
corporate stationery
photography and video
photo manipulation
vehicle livery and shop signage



Cree8 Kinross Business Centre, 62 The Mairs Kinross KY13 8AU
tel: 01577 863186 mob: 07900 403 708 email: lee@cree8.co.uk

J MILLER
PROFESSIONAL CARPET & UPHOLSTERY CLEANING

DOMESTIC & COMMERCIAL CLEANING
FREE DEODOURISER - FREE NO OBLIGATION QUOTES

Regular cleaning will prolong the life of your carpets & upholstery, saving you the cost of replacements.

FULLY INSURED NCCA QUALIFIED

T: 01577 864 129 M: 07961 415 871



Orwell Bowling Club

Bowling Green Avenue, Milnathort, KY13 9YN
01577 863739

orwellbowlingclub.weebly.com Find us on Facebook

The weather has been kind to us over the last few weeks, so ties are progressing well and the gents county competitions are in the quarter final stages.

The result for the last three friendlies is:

Sunday 26 June

Away to Luncarty Orwell 39, Luncarty 55

Saturday 9 July

Home to Freuchie Orwell 78, Freuchie 48

Thursday 14 July

Home to Kinross Orwell 48, Kinross 25

Upcoming events:

Sunday 21 August Open Pairs Competition

Sunday 28 August Ladies Open Pairs Competition

Sunday 4 September **Open Air Market** –
For more details see ad on p2.

Saturday 17 September Race Night

Please contact us for more information.

Kinross Volleyball

The summer sunshine has been most welcome to our local volleyballers, especially our junior members, who have been attending in good numbers on Monday evenings on the campus grass at 7.30–9pm. These sessions will continue throughout July and August until we go back indoors in September.

The club, in conjunction with KYTHE, ran two morning taster sessions in the campus sports hall during the first week of the school holidays. Sessions were for juniors and were well received by those who took part.



Juniors have also been attending sessions at Perth's Darnhall beach facility and have enjoyed the difference in difficulty levels playing on sand.

Senior players are looking forward to mid-August when they return to De Haan in Belgium for the annual outdoor tournament. The Kinross 'McDuvell's' teams (one men's and one mixed) will travel to Hull on Thursday 11 August for the overnight crossing as foot passengers to Rotterdam, where they will be picked up by their Belgian volleyball friends for the two-hour drive to De Haan. The two teams will play their matches on grass at the De Haan sports hall grounds on both Saturday and Sunday, camping along with the other competitors. On Monday the group will drive back to Rotterdam for the return overnight crossing, and are due back in Kinross late Tuesday afternoon. Brexit has meant much more administration in terms of 'advance passenger information' required before boarding at Hull and this is a bit of an inconvenience.

It is hoped that when we go back indoors in September, 'beginners' sessions will begin. This is with a view to having a 'kids versus parents/friends' challenge match before the October holidays. If you, or anyone you know, is considering a fun way of getting active please come along.

PIANO TUITION

Tuition for all levels from complete beginners to those wishing to refresh their skills.

Teacher with over 30 years' experience

Contact: Mrs Michelle Smith 07925 267997

PROPERTY & WEDDING PHOTOGRAPHY BY YOUR LOCAL PHOTOGRAPHER

Video Production Services
also available

Is your house not selling quick enough?

Drone specialist services

Tel: Vincent 07949 377 475

www.vincentanthonymedia.com



STEWART

— FUNERAL DIRECTORS —

Funeral Planning ~ Funeral Service

~ Memorial Sales ~

www.stewartfuneralgroup.co.uk



24 Hour Emergency Service Tel. (01577) 864607

— Argyll House, 45 High Street, KINROSS KY13 8AA —
Tel: 01577 864607 email: office@stewartfuneralgroup.co.uk



A Craig **Electrical** Ltd

Free estimates and advice

Domestic
Commercial
Agricultural
Industrial
PAT testing
EICR reports
New builds

Call **01577 866609** or **07813 331740**
andy@acraigelectrical.co.uk | www.acraigelectrical.co.uk



**INDEPENDENT
FINANCIAL
ADVISERS**

SKYRIDGE 
FINANCIAL PLANNING

(formerly Craig Brown Financial)

**Personal and Corporate
Financial Planning**

Investment Advice
Retirement Planning
Options at Retirement
Shareholder/Keyman
Protection

Inheritance Tax Planning
Life & Health Cover

Mob: 07880 523196

Skyridge Financial Planning LLP
Email: craig@skyridgefinancial.co.uk
www.skyridgefinancial.co.uk

Struan Bennet

Returning to British Level Sport

<http://www.struanbennetri.wordpress.com>

My first triathlon of the year was the ETU Cup in Portugal. Unfortunately, I was post viral and it didn't go well. I also missed the first two Super Series events of the year due to this. After four months of limited training, I was invited to Leeds WTS Senior Super Series. Again, this was a substandard result for me, but it was a solid indicator of my fitness.

My next race was the British Triathlon Super Series North Aquathlon at Lochore. Luckily for me the format was best two out of three races so, despite messing up my first transition, winning the last two allowed me to win overall.

It has been a very tough year overall, both physically and mentally, but I am starting to get into some decent triathlon form going forward into the last three Super Series and the British Open Water Championships.

Towards the end of the season I have applied for my second ever ETU Junior Cup which will be taking place in Bled, Slovenia. As I am self-funding this I have set up a Go Fund Me so I can gain experience at European level racing. Contributions can be made online at <https://gofund.me/8e8ae921>. Any support will be mentioned on my website.

Milnathort Golf Club

Given the recent spell of fantastic weather and the 150th Open Championship on our doorstep, the club has not been short of inspiration. For both experienced and novice golfers, the course is in excellent condition thanks to the outstanding efforts of our experienced greenkeepers led by Jason and his new right-hand man, Kevin Webster, who makes a welcome return to the club.

At the half-way stage of the season, we are delighted to offer discounted memberships to new members although limited places will be available on a first come, first served basis. To find out more and secure your place, please contact our Club Administrator, Murdo McHardy, at milnathort.gc@btconnect.com or call direct on 01577 864069

Seniors, Men, Women and Juniors are all welcome to join us in enjoying an outstanding course which over the last few years has hosted the R&A's national 9-hole competition.

Congratulations to our new club champions Steve McDiarmid (Gents) and Anita Collins (Ladies). A formidable trio of Bob Lond, Dougie Hynd and Des Collins were the envy of the members by achieving a hole in one in various competitions. You wait ages for one and then three come along at the same time!

Forthcoming competitions include the Ladies Individual Open on 27 August and the Senior Gents on 1 Sept.



G. SINCLAIR

TV ■ AERIAL ■ SATELLITE
SALES ■ INSTALLATIONS ■ REPAIRS

Freeview
 sky
 Freesat

FREESAT FROM SKY
HD BOX AND INSTALLATION £130
Tel: 01383 512595
 Mobile: 0775 9619666 E: sinclairtv@yahoo.com

Milnathort Guide Hall

Church Street, Milnathort, KY13 9XH.

Available: One large hall with a wood stove (users supply their own wood).

Two smaller meeting rooms with kitchen facilities,
All with Wi-Fi.

Two entrances, one with ramp.

Two toilets, inc one with wheelchair access and baby-changing facilities.

A large enclosed grassed area is also available to anyone using the halls or rooms.

If interested, contact
Alison Hamilton at 077647 50212



Evelyn's

fitness flow

Make good movement a habit

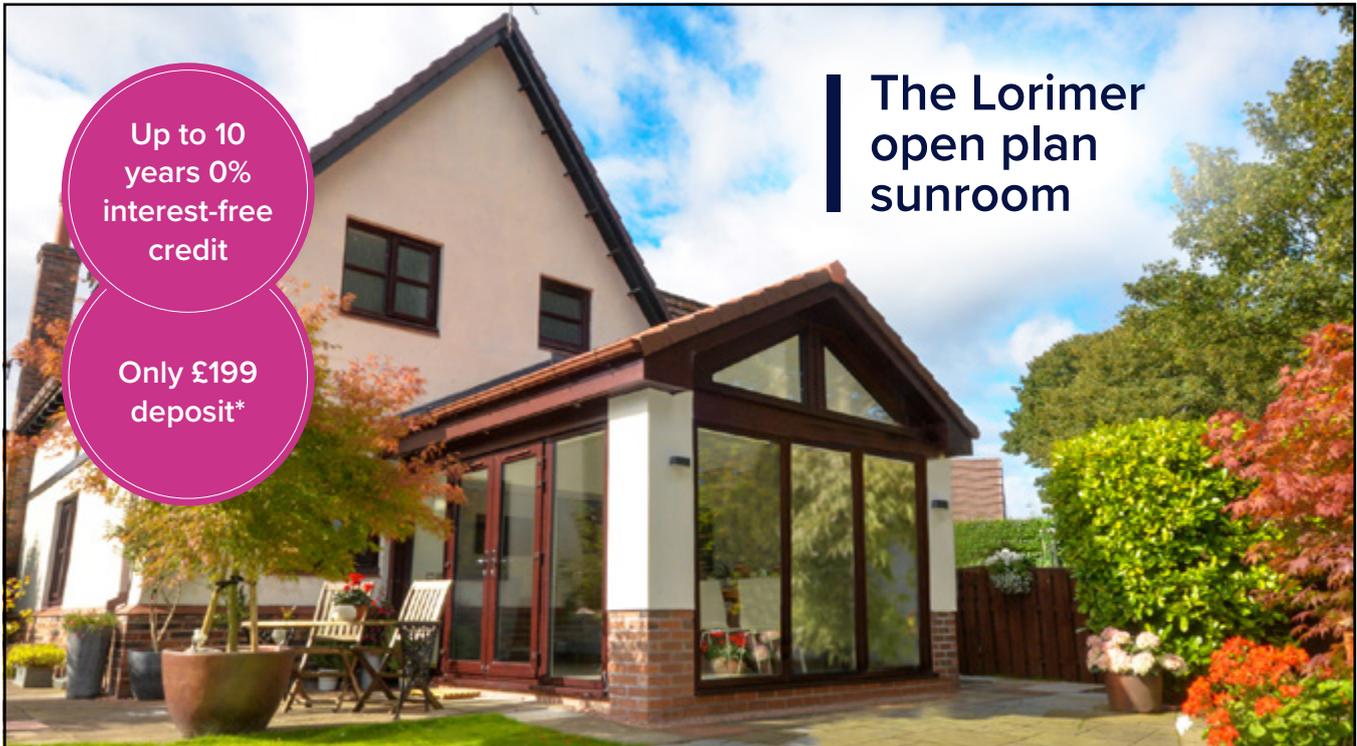
Join me in **Milnathort Town Hall** on the 2nd and 4th Monday of the month
Starts from 13th September

Functional Pilates
6.00pm - 6.45pm

Evelyn's Fitness Flow
7.00pm - 7.45pm

07884 233144
Milnathort Town Hall, KY13 9XT
[Facebook.com/EvelynsFitnessFlow](https://www.facebook.com/EvelynsFitnessFlow)

£6 per session
EFF member discounts



Up to 10 years 0% interest-free credit
Only £199 deposit*

The Lorimer open plan sunroom

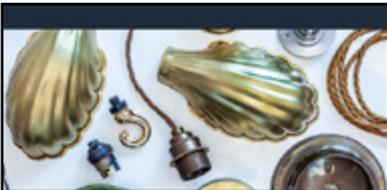
Book your appointment now and receive a free bespoke 3D design

crsmith.co.uk | 0800 200 444

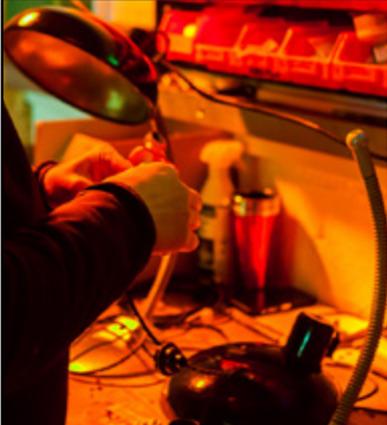
★ Trustpilot ★★★★★ Rated 'Excellent'

CR SMITH
home sweeter home

*£199 initial deposit will secure your order. Max loan value £50,000 T&Cs apply. CR Smith Glaziers (Dunfermline) Limited acts as a credit broker and is authorised and regulated by the Financial Conduct Authority. The credit advertised is provided by one credit provider with whom we have a commercial relationship. CR Smith, Gardeners Street, Dunfermline, KY12 0RN. Registered in Scotland No. SC51530.



☎ 01577 864870
✉ lighting@jmoncrieff.co.uk
🌐 www.jmoncrieff.co.uk
🏠 Unit 11 Clashburn Road,
Bridgend Ind Estate
Kinross, Perthshire
KY13 8GB
Scotland, UK



We are
JOHN MONCRIEFF

John Moncrieff Limited can perform lamp repairs and restoration to protect your cherished pieces.

LIGHTING
REPAIRS
and
RESTORATION

Our qualified technician can rewire, restore and repair your lamps, light fittings and family heirlooms. We ensure that they are fully operational and PAT tested.

Contact us to discuss your requirements!



Kinross-shire Centre

Scottish Charity SC004968

64 High Street
Kinross
KY13 8AJ

Weekly Programme For August 2022

Monday	Exercise Class	11.30am
	Games – with safety measures	
	Indoor curling, quizzes, Scrabble	1.30pm
Tuesday	'Stride for Life' Walking Group	2.00pm
	PKC Visions (2 & 16 Aug)	10-11.45am
	Summer Concert (2 Aug ONLY)	10-12pm
	Exercise Group	11.30am
	Games (with safety measures)	
Wednesday	Indoor curling, quizzes, Scrabble	1.30pm
	Church Service	11.15am
	(Only for our own service users)	
	Reminiscence Group Garden Room (3 Aug ONLY)	1.30pm
	Games – with safety measures	
	Indoor curling, quizzes, Scrabble	1.30pm
	Tai Chi (TBC)	1.30pm
Thursday	Craft Group	1.30pm
	Interactive Games	11.30am
	Games – with safety measures	
	Indoor curling, quizzes, Scrabble	1.15pm
Friday	Art Group	1.30pm
	Exercise Class with Kenny from Live Active	2.00pm
	Exercise Group	11.30am
	Bingo – with safety measures	1.30pm
	Games – with safety measures	
	Dominoes, Scrabble etc	1.30pm



Film shows • Cards
Dominoes • Art Class
Exercises • Chiropody
Trips • Daily Papers

ALL ACTIVITIES SUBJECT TO CHANGE

KINROSS CENTRE
64 HIGH STREET KINROSS KY13 8AJ
TEL: 01577 863869

☕

COFFEE BAR OPEN TO THE GENERAL PUBLIC from 8.30am - 3.30pm
Dominoes; Exercises; Lunches Daily

☕

01577 863869 kinrossdaycentre@outlook.com

ANDY BAIRD LOGS
LOCALLY SOURCED AND FULLY TRACEABLE
HARDWOOD & SOFTWOOD LOGS
TEL: 07802 914 976 (TEXT IS BEST)
www.andybairdlogs.co.uk
email: info@andybairdlogs.co.uk

J&D Funeral Directors
We care for your loved ones
7 South St, Milnathort. KY13 9XA
Personal 24 hour service.
01577 208070
jdfuneraldirectors@gmail.com
www.jdfuneraldirectors.co.uk

Local Volunteer Opportunities

Broke not Broken

Broke not Broken is a voluntary organisation working for the prevention and relief of poverty by providing support and practical assistance to individuals and families experiencing hardship. Please contact admin@brokennotbroken.org to help.

Greyhound Rescue Fife

Greyhound Rescue Fife at Baltree Country Centre, Gairneybank, Kinross, needs volunteers to clean the kennels and walk and feed the greyhounds. Can you help? Phone 01592 890583. Visit our website at www.greyhoundrescuefife.com

KLEO

(Kinross-shire Local Events Organisation): If you enjoy local events on your doorstep, like the monthly Kinross Farmers' market and the winter festival events (concerts, comedy and the festive street market), please join the KLEO team! For more info about KLEO events, go to www.kleo.org.uk. If interested, please contact Bouwien Bennet at info@kleo.org.uk or call 01577 863107.

Guide Dogs Kinross

Support group. We are always looking for new volunteers. Contact Sheila at She61@hotmail.co.uk.

RSPB Scotland Loch Leven

RSPB Scotland Loch Leven: We need volunteer fundraisers to help support the wonderful world of nature on our doorstep. Pin badges, bucket collections, events and sponsored walks – if you'd like to join our team, please contact Lyndsay Stobie at: Lyndsay.Stobie@rspb.org.uk or call 01577 862355.

Kinross (Marshall) Museum

The Museum Trust is looking for volunteers to help care for Kinross-shire's heritage collections and man the Museum Study Room in the Loch Leven Community Campus on Thursdays and Saturdays. If you would like to know more, drop by or contact the Museum on 01577 867153 or email: information@kinrossmuseum.org.uk

Swansacre Playgroup

A long established charity playgroup for children aged 2-5 years, we need volunteers to help support us with play sessions. For more information, please email swansacre@gmail.com

Kinross Heart Start

Campaign to secure funds for public access defibrillators in Kinross. Contact Pamela Hunter to find out how you can volunteer on 01577 862419.

Light Up Kinross

Light Up Kinross is a small local charity with responsibility for Kinross Christmas lights and decorations. We require additional volunteers to assist with fundraising and administration of the lights. If you are interested, please contact David Colliar, email davidcolliar@tiscali.co.uk or Bill Freeman, email billywhizkid78@gmail.com or contact our Facebook page.

Common Grounds

Charity café staffed by volunteers on Tuesdays, Wednesday, Fridays and Saturdays in Guide Hall, Church Street, Milnathort. Open to public 10am-12.30pm. Opportunity to serve in café or bake for the café. Also opportunity to gain recognised hours towards Duke of Edinburgh Awards and Saltire Awards for young people 16 years and over. Funds raised are used to support charities mainly in Africa. Contact: Convener Elspeth Caldwell on 01577 863350 or Secretary Linda Freeman on 01577 865045 for more information.

Seamab

Seamab is a residential school that cares for some of the most vulnerable children in Scotland. We are looking for volunteers to help us place and manage collecting cans. Volunteering for Seamab makes a huge difference to the lives of the children and is a great way to meet people and develop new skills. For more information contact Melloney Flinn at mflinn@seamab.org.uk or call 01577 840307.

SSAFA

The Armed Forces charity is always on the look out for new volunteers in a variety of roles: client case working (free training is provided), admin office roles, fundraising or PR/media work. Contact the Branch Secretary 07594 650900.

Kinross-shire Day Centre

We are looking for volunteers to serve meals and help with day trips and activities, such as bingo and singing, for a lively bunch of over-aged teenagers (over 65s). If you would like to find out more, we would love to hear from you. Pop in and speak to Nan or telephone 01577 863869.

Milnathort Town Hall Committee

Can you spare a couple of hours a month? We are looking for volunteers to join us. For more information please contact us at milnathorttownhall1@gmail.com.

Volunteering with Aberlour!

We are currently recruiting new volunteers to support Aberlour, Scotland's Children's Charity. If you have a genuine interest in the wellbeing of children and families and live in Perth and Kinross we would love to hear from you. To find out more, visit www.aberlour.org.uk/volunteer, or contact Shonagh (Volunteer Coordinator) on 07864 625069/shonagh.ferguson@aberlour.org.uk.

SPARKS

SPARKS are a group allowing adults of all ages who have support needs or disabilities to meet together with their carers to improve their health and wellbeing. Volunteers will be supported by workers Roseanne Gray – P&K Community Learning & Development Worker and Shona Fowler – NHS Project Worker. For more information please call 01577 867216 / 867218 or 07769 243282 / 07896 280843.

Scotland's Gardens

Do you love gardens? Might you be interested in meeting local garden owners, helping to support local gardens that currently open for charity, plus those that are considering it? If so, and you would like to know more, please ring Lizzie on 01577 862900.

Duke of Edinburgh

The Kinross-shire Duke of Edinburgh Open Group was established over 13 years ago as wholly parent run group. Everyone is a volunteer and we are licensed to run the Duke of Edinburgh's Award programme for young people in the area via Perth and Kinross Council.

We have a wide range of adult volunteering opportunities available, be that help with admin and fundraising to those who want to lead expeditions out in the hills. There is something for every parent or adult here.

We also welcome back those participants who have completed their awards, are over 18 and wish to give back to the Group. We can arrange all necessary training and also support adult volunteers financially to complete any relevant qualifications that they may require.

Contact us at dofekinrossshire@gmail.com or visit www.dofe.org/run/volunteer for more information.

The Potager Garden

The Potager Garden is a small community garden in Bowton Road, Kinross, KY13 8EQ. It is a registered charity run by volunteers, a main aim being to give education to schoolchildren about plants, gardening and the environment. If you would like more information about our volunteering opportunities, please

contact the Convenor, Amanda James, on 01577 840809, or amandajames1577@gmail.com

Interested in Guiding?

Girl Guide Troops In Milnathort, Kinross & Portmoak Need Helpers. Volunteer with Girl Guiding and help make a difference to the lives of girls. Be an inspiration for girls and young women and help them realise their full potential and share some unforgettable moments along the way. Register on line at go.girlguiding.org.uk and I will get back to you. If you would like to volunteer and would like a little more information, please just give me a buzz. Call Alison on 07764 750212

Friends of CHAS Kinross

Friends of CHAS Kinross, a local volunteer fundraising group, came together in 2020 to help raise funds for Children's Hospices Across Scotland. Their first fundraising initiative (an online raffle) was a resounding success, raising an amazing £2,500. Led by local entrepreneur Beth Gibson, the group are now looking for new members to help them plan their next fundraiser.

Do you enjoy meeting people? Making a difference? Planning fun and creative events? Then please think about Friends of CHAS – Kinross. They'd love for you to join them.

If you'd like to learn more about the group or are interested in joining, please contact community fundraiser Lyndsay Stobie at: lyndsaystobie@chas.org.uk or 07557 370746.

Kinross-shire Volunteer Group and Rural Outreach Scheme

Could you spare a few hours and become a volunteer driver for Kinross-shire Volunteer Group & Rural Outreach Scheme?

KVG/ROS has been operating for over 40 years and delivers a vital service to help the elderly and disabled attend Hospital/Health Centre/Dentist appointments.

We are looking for additional drivers to ensure we can meet the demand for this very popular service

If you are interested contact David Aird on 01577 830370 or email: d.aird@outlook.com

Guide Dogs Kinross

We are looking for a volunteer coordinator to take over from myself to help run our small, but perfectly formed fundraising group, please get in touch.

Also looking for fundraising volunteers to help man our stalls at market or other events. Give an hour or more. You will be made very welcome.

Email she61@hotmail.co.uk

1st Kinross Cubs

1st Kinross Cubs is a part of the 1st Kinross Scout Group and offers the young children of Kinross-shire the opportunity to gain new skills and experiences under the guidance of the Scout Association. Every year the Scout Association help over 450,000 young people in the UK enjoy new adventures; to experience the outdoors, interact with others, gain confidence and have the opportunity to reach their full potential. It's not just young people who can get in on the action. Working alongside our youth members are thousands of adult volunteers, with a huge variety of roles and opportunities available. Why not strengthen your CV while making a real impact on the lives of young people? How much time you give is up to you, and you don't need any previous experience. We currently have several volunteering roles available with the cub section, and whatever you choose, we'll make sure you're properly trained and supported. If you are interested and would like more information about our volunteering opportunities, then please contact Daryl on 01577830346 or email kinrossbeavers@hotmail.co.uk

Kinross in Bloom

Volunteer group which provides and maintains floral displays to enhance the environment in Kinross. If you are interested in volunteering, please contact susan.mitchell50@gmail.com

RSPB

Volunteer with the Education Team at RSPB Scotland's Loch Leven nature reserve! Become a Schools on Reserves Leader and help us inspire children through outdoor learning.

Share in the excitement as a volunteer and help deliver our education programme to visiting schools, where activities range from hands-on exploration of meadows, woods and ponds to playing environmental games. This opportunity is flexible and allows you to start in a more supporting role if you wish.

Work with a friendly team of staff and volunteers, learn new skills and gain valuable experience in outdoor education.

For more information, contact Learning Officer Sarah Cooper on 07729 105 725 or email sarah.cooper1@rspb.org.uk

Apply here: <https://volunteer.rspb.org.uk/opportunities/26507-schools-on-reserves-leader-loch-leven-2022-03-01>

Fossoway and District Community Council

We have a volunteering opportunity for a young person ideally in the higher years to join us as an associate community council member for the period of 1 year.

The individual would be asked to attend our monthly evening meetings to act as minute taker. They would have an opportunity to see how a community council operates and meet a diverse group of people.

We are also seeking the individuals help in considering new opportunities for us to enhance our engagement with the community especially through the use of social media. This could be in the form of a project led by the individual with outcomes reported to the Community Council. The project could be used as part of their exam submission for subjects such as Business Management or contribute to volunteering for a Duke of Edinburgh award. If you are interested please send us an email – fossoway.cc@gmail.com stating why this would be of interest to you. You can find out more by looking at www.fossoway.org/dcc:about

CHAS

CHAS are looking for volunteers in our Housekeeping, Complementary Therapy and Garden teams at Rachel House, Kinross.

For further information please email volunteering@chas.org.uk

To apply online please visit our website <https://www.chas.org.uk>

AeroSpace Kinross

We are looking for someone to assist with an important aspect of our work that underpins much of the STEM outreach undertaken by Aero Space Kinross.

You would be working with the designated safeguarding officer to review our safeguarding policy, to ensure that it is fit for purpose as we move to the next phase of our development, including the commencement of our second Build a Plane project. The work will entail:

- A review of our safeguarding policy and arrangements

- The creation of an updated policy and monitoring procedure that will support the organisation's intended expansion.

- The construction of a training and routine refresher regime for staff and volunteers

If you would like to join our team and if this is an area of our work you feel you could contribute to, please email me on karen@aerospacekinross.com with brief details of the way in which your skills and experience could assist us in moving this important project forward.

Organisations: If you would like a volunteer appeal to be added to the list above, please email the Newsletter Editor. Please let us know if you no longer need your appeal to be listed.



ELSTON (Est. 1983) LANDSCAPES

Landscaping & Stump Grinding

TREE STUMP REMOVAL SPECIALISTS
 Tree and shrub planting
 Seeding & Turfing
 Paths, Patios & Driveways
 Hedge Cutting, Pruning and Tree Surgery
 Fencing, Trellis & Pergolas
 Garden Drainage

Operated Mini Digger, Dumper & Turf Lifter For Hire

01738 850 742
 keith@elston-landscapes.co.uk
 www.elston-landscapes.co.uk

Fully Qualified & Insured



ACTIVE PEST SOLUTIONS

Discreet Service Guaranteed
 DOMESTIC, COMMERCIAL & INDUSTRIAL ENQUIRIES
 FREE QUOTES
 FULLY INSURED

WASP NESTS DESTROYED

**T: 01577 862035
 or 01592 240091
 M: 07764 768151**

9 Alexander Drive, Kinross

**RATS
 MICE
 MOLES
 ANTS
 FLEAS
 INSECTS
 RABBITS
 WASPS**

**BIRD PROOFING
 SQUIRRELS
 MOTHS & ALL INSECT
 INFESTATIONS**





Available 7 Days

DRYSDALES MILNATHORT LTD

GARDEN BUILDINGS • FENCING • PLANT HIRE & GROUND WORKS

SHEDS ▪ SUMMER HOUSES ▪ GARAGES
 KENNELS ▪ BOARD ▪ POSTS ▪ RYLOCK
 CHAINLINK ▪ IRONMONGERY



ALL TYPES OF GROUNDWORK



DISPLAY AT:
 Ladeside Yard, Stirling Road, Milnathort KY13 9XR
Tel: 01577 865251
 www.drysdalesheds.co.uk

DANCE CONNECT DANCE SCHOOL

BALLET & JAZZ & STREET & TAP
 HIGHLAND & DDMIX

www.danceconnect.co.uk

Full timetable of all
 Dance Styles
 Classes
 and Times

Adult mat based Pilates
 Wed @7.30 pm & Thurs @10.30am

Please contact us to book a space
 - Age 18 Months to Adult



ROYAL ACADEMY OF DANCE
 REGISTERED TEACHER

@ www.danceconnect@btinternet.com
 07920424925 Dance Connect

Purple Hairstreak On The Wing

AUGUST AT LOCH LEVEN NNR is a wonderful time. Summer is coming to an end, but that doesn't mean we don't see much of our summer wildlife – in fact it's quite the contrary. We can get large congregations of swallows over the loch in an August evening, thousands can be seen feeding up on flies, preparing to start their migration south. These large groups will be a mixture of juvenile and adults and can be roosting in the reed beds around the loch.

I will refrain from using the 'A' word in August, although for some birds, summer is definitely over; this is certainly the case for waders. August is when we can see a variety of waders passing through on **ahem** autumn migration. We can see dunlin, green sandpiper, black-tailed godwit, ruff and whimbrel on the loch as they travel south from their Arctic breeding grounds. It's always worth looking out for more scarce and unusual waders at this time of year; this includes wood sandpiper, little stint, spotted redshank and curlew sandpiper. Normally, at this time of year the water levels can be lower on the loch which suits these migrating waders well as they can happily feed up and travel south.

August is our last month of Himalayan Balsam management, we have spent the last two months pulling, strimming and slashing our way through Balsam. If you have seen a large, sweet smelling plant with pink flowers and bulging seed pods, then that is Himalayan



Photo: Roger Littleover

Balsam. As we head into August, the seed heads have fully developed and will explode on impact or movement – firing out 800 seeds as far as 4 metres. The scientific name for Himalayan Balsam is *impatiens glandulifera* – basically translating to 'impatient seed bearer' and you can see how it gets its name!

Have a look for our newly discovered population of purple hairstreak butterfly (above) on the River Leven at Levenmouth Woods. These butterflies

spend their life on the canopies of Oak Trees and only come out in the evening. We are running a Purple Hairstreak Walk on 4 August, but we are already fully booked. Keep an eye out on our social media pages in case we get a chance to run another one.

August is the month where we see the most osprey on the loch. This the time where we can see both adults and recently fledged juveniles feeding up for their migration to western Africa. At peak we can see eight individuals on the loch at once! It's so fantastic to see this charismatic raptor in such good numbers. A real conservation success story, from extinction in the UK in the 1950s to over 200 pairs in Scotland – a real treat to see them. Speaking of which we will be running an Osprey Watch on Monday 1 August and Friday 19 August 6pm–8pm on Burleigh Beach. We will have a table with information and a few telescopes to see if we can spot any Osprey – feel free to pop along, no need to book.

As always, keep an eye on the blog (Loch Leven WordPress), Loch Leven NNR Facebook page and the Loch Leven NNR Instagram for regular updates.

Cheers!

Simon Ritchie
Loch Leven National
Nature Reserve Officer

HIGH STREET SEWING

Clothing & Curtain alteration & repairs
(weekly turn-around)

Custom made Curtains, Roman blinds,
Cushions (4-6 weeks)

Workshop Opening Hours:
Mon-Thurs 0930-1230 & 1330-1700
Fri 0930-1230 and Sat 10-12

Location – behind Loch Leven Laundry and Baillies

Contact LINETTE MANN – 07732 902419

Theatre In The Wild

WITH THE BREEDING SEASON ending, our lapwing volunteers Keil and Mike have been hard at work monitoring the reserve for fledged lapwing chicks. Twelve nests successfully hatched this year so we will be on the lookout to see how these chicks have fared. Several of these birds have been ringed, so we are hopeful they will return and be documented for future years to come. There are still plenty of duck broods hanging around the reserve too, including fledged coots and moorhens, as well as tufted ducklings around the flood. Marsh harriers have been seen on occasion flying overhead, as well as kestrel quartering the reserve looking for voles. A lot of noisy fledged black headed gulls can be seen too—with a count of over 100, and sure to be flying on the wing by now.

Our bumblebee meadow is looking lovely and is open for people to walk around. The Big Butterfly Count has started and is open to anyone who would like to get out and look for butterflies (ends 7 Aug). To sign up, visit bigbutterflycount.butterfly-conservation.org. This is a UK wide survey which helps assess the health of our butterflies—all incredible data collected by you! There is an abundance of beautiful flowers in the meadow now, a perfect place to conduct this survey. We have had some lovely butterflies turn up on the reserve including the dark green fritillary—the UKs most widespread fritillary, and a colony of 10 small pearl bordered fritillary recorded on Vane Hill. This species hasn't been seen on the reserve for about 10 years, so was a fantastic find.

In the spring our wonderful volunteer team sowed wildflowers around the reserve which have now burst into a glorious array of colour. The verges in the car park are now full of poppies and cornflowers and we also have a gorgeous wildflower meadow in front of the shop window. The mole hills in the bumblebee meadow that were flattered and seeded last spring now pepper the field with splodges of red—attracting lots of lovely bees and other important pollinating insects.

We have some exciting events this month too including the famous Festival Players theatre company performing A Midsummer Night's Dream on Sunday 7 August. A story of order and disorder, reality, and appearance and, love and marriage.



Shakespeare's wonderful fantasy comedy has always been a firm favourite for open-air production. As in the Bard's Day, Festival Players International will be performing with an all-male company of skilled professional actors, and invite you to share in the colour, poetry, and magical mayhem of this unique and amazing play. A summer treat for the whole family. To book onto our events please visit events.rspb.org.uk/lochleven.

Our Big Wild Summer Geocaching trail is also running over the school holidays. Can you find all the hidden location points around the reserve and work out all the answers to our wildlife quiz? You will need the Adventure lab app downloaded onto your mobile device and to make an account. Pop into the visitor centre to receive your unique QR code to begin, no booking required.

Rachel Gooday
Visitor Experience Officer

ADVANCED DENTURE COMPANY Ltd.

For DENTURES & DENTURE REPAIRS

A wide range is available; from basic quality, to high quality **COSMETIC DENTURES.**

All produced in close consultation with the skilled technical craftsman.

NO REGISTRATION

NO LONG WAITING LISTS

A.D.C. MOUTHGUARDS

Sports mouth guards

Night protectors for tooth grinders, can also be used to cure certain types of tension headaches.

Ian Mackay 01577 864751

ANDREW MILLER FIREPLACES

27-29 Westerloan, Milnathort KY13 9YH

Showroom by appointment

&

JAMESFIELD FARMSHOP CONSERVATORY BY ABERNETHY

OPEN 9AM - 5PM

FIRE SURROUNDS ELECTRIC SUITES

HEARTHES BEAMS SHELVES

ELECTRIC GAS WOOD MULTI-FUEL

STOVES & FIRES

Email: millerfireplaces@btconnect.com

Tel: 01577 862173 Mob: 07870 284 868

WELLSIDE POWER WASH

MOBILE POWER CLEANING

Is your Patch up to Scratch
FREE QUOTATION & REASONABLE PRICES
PUBLIC LIABILITY INSURANCE

Removes all grime & slime or grit & dirt!



Patios - Drives - Paths
Decking Garden Furniture
Fences - Sheds



Grass & Hedge Cutting

No Job too small give Dave a call on

07756 324118

or 01592 840652

www.wellsidepowerwash.co.uk



Wasp Nests - Elimination Guaranteed

All pests professionally dealt with

7 DAYS A WEEK SERVICE

Domestic • Commercial • Free Surveys
Fully Insured • Contract Work • One-off visits

wasps • bees • ants • rabbits • squirrels • fleas • flies
moles • bedbugs • mice • rats • moths • spiders • birds
insect infestations • rabbit fencing • bird proofing

Call us to sort out any of your pest problems

Bridge of Earn, Perth & Covering all of central Scotland

01738 813 751 07767 35 35 35

www.andylawpestcontrol.co.uk

Fruix Storage

Safe and secure, clean and dry space, flexible terms
Easy to find at J5 of M90, only 3 miles south of Kinross

Andrew and Fiona Turnbull, Fruix Farm, KY13 0LA

07787180399

andrew@fruixstorage.co.uk
fruixstorage.co.uk

CLEAN & DRY, SAFE & SECURE SPACE.
7-DAY ACCESS AND YOUR OWN KEY.

- Self Storage rooms - new for 2018, we will be offering 40 storage rooms in convenient sizes. The new rooms are ideal for storing furniture, belongings or hobby equipment
- Garages - great for classic cars or small business storage.
- Container storage - these can safely store the contents of a 3-bed house.
- Commercial units - suitable for all trades and local businesses.



YOUR LOCAL REMOVAL COMPANY

Call now for a **FREE** no obligation quote

01577 842239

07725 558201

Family Run | Cover UK & Europe/ Full Packing
Service/25 Years Experience in removals

sosmoves.co.uk

Follow Our
Journey



The Barn, Middleton of Aldie, Kinross KY13 0QJ



Farming

Grass Is Good

THE TWO MONTHS SINCE my last article have, as usual flown past and have given us an incredibly dry spell of weather which has made for a fairly straight forward but typically frenzied season - so far, of silage, haylage and even hay making. It often seems that I am silage making all summer, and while that isn't quite true there are a few reasons why it sometimes feels that way. Basically we are involved in the making of silage destined to serve different purposes and on different types of farms.

The basic purpose of preserving grass to feed over the winter months is to keep cattle and sheep alive, but depending on how long or short the grass is when it is cut, it will provide more or less nutrition to the animals it is fed to. It's a bit like having a pile of chocolate biscuits or a pile of ryvitas. Cows producing milk, either to feed their own calf or to be sold as bottled milk or made into other dairy products need a lot of calories, so the silage to feed them is made from grass cut when it is lush and leafy, therefore higher in energy and protein so it helps supply the animals nutritional needs. This type of silage could also be fed to young animals which are growing fast and also pregnant sheep expecting at least two lambs.

However, animals such as beef cows which have been weaned from their calves in autumn and are waiting for



spring when they will calve again don't need feed which is as dense in energy, so the grass is left until it is stemmy and with its seed heads out until it is cut. This results in a pile of ryveta type of feed which suits their nutritional needs and it is also the stage at which the

grass would be cut to make into hay.

The type of farm also has an effect on when the grass will be at an appropriate stage. On farms where there are no sheep grazing the fresh spring growth, the grass will be ready to cut sooner than a farm where there may be sheep grazing fields destined for cutting well into May. Most farmers tend to attempt to grow enough silage or hay to supply

their own needs, as there can be local shortages and it may be difficult to buy in feed to make up any shortfall. It is 'food security' operating at a very basic level but perhaps it is a principle that governments and policymakers of all political persuasions could learn from.

Anyway, here a backward farm we have been enjoying the sunshine, and there has been just enough rain to keep grass and cereals growing although there is no doubt that ground conditions are very dry. There have generally been cooling winds which have helped stop temperatures from getting too high, although the pigs in particular have needed lots of water taken to them to replenish wallows and ensure they have plenty to drink. The ewes are nearly all sheared and I am sure they are glad to get rid of their jackets. The lambs have been enjoying the sunshine and growing well, as are the fields of barley. Even the oats, which looked terrible at one point almost looks respectable now. Roll on the harvest.

John

Weather



Recent Weather Reports From Kinross

June 2022

Total Rainfall	48.8ml/1.95in	
Heaviest Fall	7.5ml	(28 June)
Total Sunshine	168.0 hrs	
Sunniest Day	10.8hrs	(4 June)
Max Temp Average	17.72c	
Highest Temp	21.5c	(23 June)
Min Temp Average	6.29c	
Lowest Temp	1.0c	(4 June)

Gardening

Grateful Dead-Head

WELL, SUMMER IS TRUNDLING on, and I must say, it's not been too bad so far – apart from it being way too hot at night at times!

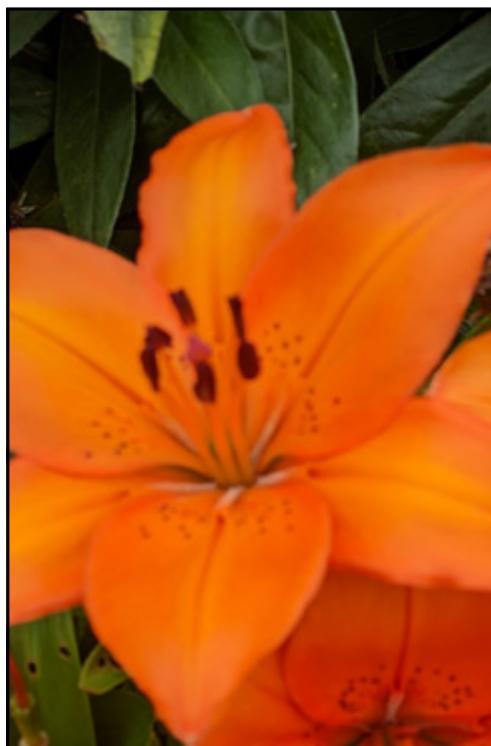
The growing season is also progressing, and our activities turn to both prolonging the varied colours in the garden and getting a head start on next year.

As with the previous couple of months, deadheading and regular feed/water is the best way to prolong the flowering period of your annual plants. Dahlias and chrysanthemums will be coming into their own now so as well as deadheading, why not cut a few for the house, they're both brilliant as cut flowers. Baskets and tubs, in addition to deadheading will benefit from continued feeding – a tomato feed is ideal and will prolong the flowering period.

Now's the time to start collecting seeds for next year too – just wait for a dry day and snip off ripe seed heads

into a paper bag or a wee tub lined with kitchen roll. Some seed heads explode so be sure to store in such a way that they won't escape! Once the seeds have exited their pods, store in a cool dry place until time to use next year. Of course, you can leave seed heads on the plants if you want them to self-seed next year – I have a big patch of lunaria that just looks after itself year after year.

Cuttings! I am rubbish at cuttings. I don't know what it is, but they



always die on me (with the exception of some bidens this year). I'm not sure if I water them too much or too little, if they're too hot or too cold, if I use the wrong compost or whatever – they go limp and shrivel up. Anyway, now is the time to take cuttings of any woody herbs you have, such as lavender, hyssop and sage. I hope you have more luck than I do – I think everyone has more luck than I do.

Talking of luck, do you remember the ranunculus corms I planted upside down, kept hot instead of cold? Well, they only went and flowered, didn't they? Not all of them, but enough to have a nice wee display at the beginning of July. Pic of Ranunculus.

This month I'll also be thinning out some of my potted Oriental Lilies. As I've said before, I'm a huge Lily fan – they're beautiful and will multiply year after year, making them a very sound investment. So, I'll be digging out the pots and transferring some

of the bulbs into other pots and maybe a few places in the garden too – then I'll forget where I planted them and dig them back up again by mistake in the autumn. Pics of Lilies

This month I will also be starting to think about what spring bulbs I want for next year and keeping an eye out for any early bird offers. I'll also be cleaning out the greenhouse and encouraging the Jalapeno chillies I have in there to bear loads and loads of lovely fruit that I can then pickle.

Well, it sounds like it's going to be a busy month. So, take care, have fun and remember to sit back with a cuppa and enjoy the fruits of your labours.

Teresa Stirling



**Grass Cutting, Rotovating,
Hedge Trimming, Tree Pruning, Turfing,
Moss Renewal - Lawn Treatment
& Fencing work undertaken**

I. Robertson

Station Road, Crook of Devon

Telephone : **Fossway 01577 840526**

**CONTRIBUTORS – please send your item
well before the deadline if you can**



**Henderson
Grass
Machinery**

Visit Our Shop & Grass Machinery Showroom

**SALES • SERVICE • PARTS
HIRE MACHINERY**
to suit your requirements

**LAWN MOWERS
RIDE-ON MOWERS
STRIMMERS
TRACTORS
GARDEN TOOLS**

Suppliers of: Kubota, Toro, Honda,
Hayter, Countax, Atco, Echo & MORE

BRIDGEND IND. EST. KINROSS 01577 865733

Monday - Friday 8am - 5pm Saturday 8am - 12pm

mprconsultants
independent consultant and expert witness

- 🏠 Survey & Reports on defective work carried out by Builders
- 🏠 Survey & Reports on alleged defective work as reason for non-payment to the Builder
- 🏠 Dilapidation Reports for potential purchasing or property or property already in your ownership
- 🏠 Extra-Over Home Reports Survey
- 🏠 Construction Defects
- 🏠 Supporting Technical Reports for Planning Applications
Forensic / analytical work

With over 40 years experience in the construction industry Martin Richardson of MPR Consultants is a highly qualified and experienced construction consultant ideally placed to provide advice, prepare reports and provide impartial expert witness evidence.



MPR Consultants
12 Talla Park, Kinross KY13 8AB
01577 864 057 | 07739 428 061
info@mprconsultants.scot

TICK TOCK CLOCK & WATCH REPAIRS

All kinds of clock and watch repairs are continuing to be provided by Tudor House Antiques reparer, Fred Turvey. He was the main reparer and servicer for Tudor House Antiques, Milnathort for over 20 years.



TICK TOCK

Clock & Watch Repairs
(by appointment only)

4 Dean Acres, Comrie, Dunfermline KY12 9XS

M: 07870 913004 E: ftticktock@aol.com

FRED TURVEY

DOUGLAS ERSKINE

Dip.W.C.F

BLACKSMITH

GATES & RAILINGS

HANDRAILS

BESPOKE IRONWORK

ETC

T: 01577 863468

M: 07812 952 871

E: douglas.erskine123@btinternet.com



NEW COLDON, GAIRNEYBRIDGE, KINROSS KY13 9JZ

G H FLANNIGAN
PROPERTY MAINTENANCE



We specialise in all aspects of Property Maintenance
Including: Re-roofing, Flat Roofs, UPVC, Harling,
Interior and Exterior Painting, Groundworks, Etc

FOR A NO
OBLIGATION
QUOTE
PLEASE
CALL

LOCAL FRIENDLY SERVICE • PRIVATE & COMMERCIAL

Mob: 07880 952 733 • Tel: 01577 524158

Email: ghflannigan@icloud.com

Kinross-shire Churches Together



Kinross Parish Church

Church of Scotland (Charity no SC012555)

*Following Christ | Spreading the Word |
Serving the Community*

10 Station Road, Kinross KY13 8TG

Website: www.kinrossparishchurch.org

Facebook: Kinross Parish Church of Scotland

YouTube: Kinross Parish Worship

Instagram: kpcscotland

E-mail: office@kinrossparishchurch.org

Office Tel: (01577) 862570

The Church Office is operating remotely. Leave a phone message or email.

Minister: Rev Alan D. Reid MA, BD Tel: (01577) 862952

Ordained Local Minister: Rev Margaret Michie

Session Clerk: Jaffrey Weir

Contact the Church Office to receive our **weekly email of events**.

Regular Services and Events:

Sundays

9.15am Choir Practice. Restarts 14 August.

10.30am: Morning Service. Children's and Young People's groups meet during the service. Refreshments and Traidcraft stall after the service.

Sunday morning services are also available live on the church website, YouTube and Facebook. Thereafter available to view on YouTube, Facebook and the church's website. Listen by phone on 01577 528270, or request a CD from the church office.

6pm: Sunday Evening Prayer, on Zoom

7pm Crossfire, for young people P7 and above.
Restarts 21 Aug

Mon - Fri: Church Office. Operating remotely Tue – Thu.
Office staffed and open Mon and Fri 10am – 12pm
(except 1 & 5 Aug)

Mondays

8pm: House Group Restarts Aug - see weekly Intimations

Tuesdays

1.45pm: House Group Restarts 9 Aug

Wednesdays

1.30pm: Craft Group Restarts 10 Aug

7.45pm: Men's House Group Restarts Aug - see Intimations

8.00pm: Women's House Group Restarts Aug - see Intimations

Thursdays

10.30am: House Group Restarts 10 Aug

11-12pm Table Talk – Chat on Zoom* Restarts 11 Aug

Fridays

Boys' Brigade and Girls' Association in the church centre.

Anchors 6pm; Juniors 7pm;

Company and Seniors 7pm

Restarts after schools return

Other Services and Events:

July

Sun 31 10.30am: Morning Service – Family Week launch.

August

Mon 1 – Fri 5 Family Week

All welcome. Register online - contact church office



Main Event

Monday - Friday 9.45am – 12 noon

All age groups start at Kinross Parish Church

Afternoon Activities

Tue 2 Trip for Seniors

Wed 3 3pm: Bowlplex trip for P6/7

Thu 4 2pm: Family Film at church

7pm: Film for P7 and seniors at church

Fri 5 6pm: Closing celebration in church followed by barbeque in garden

Sun 7 10.30am: Morning Service – Family Week Follow Up

Mon 8 8am: Silent Meditation

Tue 9 No 'Stepping Stones' for toddlers, babies this month. Restarts 6 Sep

Sun 14 9.15am: Sunday choir practice restarts

2.30pm: Let's Sing – for those with dementia and their carers

7pm: choir practice

Thu 18 9pm: Evening service of Compline

Sat 20 All Friends Together: a monthly celebration of Jesus for adults with learning disabilities. Details from church office

Sun 21 10.30am: Morning Service – Back to School Sunday

Sat 27 10am – 3pm: Farmers' Market, Market Park. The church and Traidcraft will have stalls at the market

2pm: Congregational Cycle. Meet at church stall, Farmers' Market.

Acknowledgements

MULLER (BUCHANAN)

The family of the late **Sheila Muller** (Buchanan) wish to express their thanks to all who came to the Green Hotel for Sheila's memorial service to celebrate her life. We are deeply touched by the number of people who attended, and all the kind expressions of condolence received by way of cards, flowers and donations on the day.

A collection in Sheila's memory was made on behalf of the Scottish Air Ambulance, and £400 was raised for this charity, which has been donated and acknowledged by them.

Ryszard, Yvonne, Susan & Gale are very grateful for all the love & care shown since the loss of their beloved wife and mother.

GROSE

Elizabeth, Derek and the family of the late **Barry Grose** would like to thank all relatives, friends and neighbours for the support, cards and flowers received following the very sad loss of Barry. A special thanks to all who paid their respects to Barry at Perth Crematorium and who gave so generously to the collected at the door. The sum of £400 has been donated to Ninewells Cancer Campaign.

Thanks also to the Rev Alan Reid for his support and comforting service. To Stewart Funeral Directors for their caring guidance with funeral arrangements. Special thanks to all the staff at Milnathort Golf Club and Ninewells Oncology team who looked after Barry so well.

Church Information

Fossoway, St Serf's & Devonside Church

Church of Scotland

(Charity number SC013157)

Church Road, Crook of Devon,
Kinross-shire, KY13 0UJ

www.cleishandfossowaychurches.org.uk

Minister: Rev Lis Stenhouse Telephone: (01577) 842128

Email: estenhous@churchofscotland.org.uk

Session Clerk: Mrs Janet Harper Telephone: (01577) 840225

Email: aclassicsoul@aol.com

Updates and changes to the dates below can be found on our church website <https://cleishandfossowaychurches.org.uk>

August 2022

Sunday, 7 Aug

9.45am Morning Worship,
Refreshments and the Fairtrade stall
will be available after the service

Sunday, 14 Aug

9.45am: Morning Worship.

Sunday, 21 Aug

9.45am: Morning Worship.

Sunday, 28 Aug

9.45am: Morning Worship and
Celebration of Holy Communion.

Film Evening

Fri 5 Aug 7.30pm – 9.30pm in the Church Hall

Operation Mincemeat

The year is 1943 and we're losing the war.
Operation Mincemeat is the fast-paced, hilarious and
unbelievable true story of a secret mission that
helped us win World War II.

The question is, how did a well-dressed
corpse wrong-foot Hitler?

*Please join us for the film, some refreshments
and a blether, all are welcome*

Fossoway Crafts

The group is having a summer break.

Fossoway Babies and Toddlers

Every Friday in August 9.30 – 11.30am.

Fossoway Church Hall. Snacks, play and blether.

If you would like any more information or to join with us
for any of the Zoom services please contact the Rev Lis
Stenhouse 01577 842128.

Cleish Parish Church

Church of Scotland

(Charity No: SC003168)

Minister: Rev Lis Stenhouse BD (Hons)

Tel: 01577 842128

Email: estenhous@churchofscotland.org.uk

Session Clerk: Neil Maclure

Email: neil.maclure19@gmail.com Tel: 01577 864826

Please visit our website: www.cleishandfossowaychurches.org.uk

We are very pleased to announce that our church building is
open and we look forward to welcoming you to worship with
us in Cleish Church.

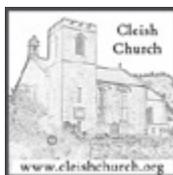
August 2022

Sunday, 7 Aug

11.15am: Morning Worship, Traidcraft Stall

Sunday, 14 Aug

11.15am: Morning Worship followed by a
Congregational Lunch in the Hall.



Sunday, 21 Aug
11.15am: Morning Worship.

Sunday, 28 Aug
11.15am: Morning Worship.

If you would like any more information or to join with us for
any of the Zoom services, please contact the Rev Lis Stenhouse
(01577 84212) who will be happy to send you the link.

St James' Catholic Church

5 High Street, Kinross, KY13 8AW

Parish Priest: Father Martin Pletts. Tel: 01577 863329

www.catholickinross.com

Email: Fr.MartinPletts@gmail.com

facebook.com/parishpriestkinross/

facebook.com/stjamesprayergroup/

Saturday Vigil Mass – 7pm

Sunday Mass – 9am

Catechism Class (during term-time) on Monday after school
till 4.30pm.

Tuesday 5.45-6.45pm Holy Hour (with Holy
Rosary and Adoration of the Blessed
Sacrament), followed by Holy Mass at 7pm.

Wednesday 10am Holy Mass

Friday 10am Holy Mass

Holy Rosary or Seasonal Devotions: Wed and Fri 9.15-9.45am

Confessions: After the Saturday Vigil Mass and after
weekday Masses and on request.

*For the full parish timetable see the newsletter section on the
parish website: www.catholickinross.com*

St Paul's Scottish Episcopal Church

**(Part of the Worldwide
Anglican Communion)**

Muir, Kinross, KY13 8AY

Fr David Mackenzie Mills, Rector.

Tel: 01577 863795

Email: frdavidkinross@gmail.com

You can also find us on Facebook

www.facebook.com/stpaulsepiscopalchurchkinross

**NB – The Rector will be on Sabbatical from Easter Monday
until the Autumn. Whilst he is away, in the first instance,
please contact Malcolm Strang Steel (07970 744102; steel@greenheadfarm.co.uk) for services and other matters relating
to St Paul's.***

*The church building is open for services in person. Our Sunday
morning services begin at 10am, unless otherwise advertised.
(Our church bell rings from 9.45am.) We will provide regular
updates on our website. Please do refer to it regularly. Although
government guidelines removed the need for social distancing,
we maintain a 1m distancing policy in the church building and
face coverings may be worn. We look forward to seeing you!

Our services are also broadcast from the church building as
livestreams via 'Zoom' and Facebook Live. Thereafter, recordings
of these services can be viewed on our Facebook page.

**Please be assured of our prayers and intercessions,
especially if Covid-19 has directly affected
you and your family.**

May the road rise up to meet you.

May the wind be always at your back.

May the sun shine warm upon your face;

*the rains fall soft upon your fields and, until we meet again,
may God hold you in the palm of His hand.*



Events and Services in August

Sunday 7: (Week of Proper 19)

10am Holy Communion Celebrant and Preacher: Rev. F. M. Shaw

Sunday 14: (Week of Proper 20)

10am Sung Eucharist Celebrant and Preacher: Rev. F. M. Shaw

Sunday 21: (Week of Proper 21)

10am Sung Eucharist. Celebrant and Preacher: Rev. F. M. Shaw

Sunday 28: (Week of Proper 22)

10am Sung Eucharist. Celebrant and Preacher: Rev. Duncan Weaver

Orwell and Portmoak Parish Church

Church of Scotland (Charity number SC015523)

Interim Moderator – Rev Alan Reid

Telephone 01577 862952

Email: areid@churchofscotland.org.uk

Locum – Rev Dr Robert Calvert

Sunday Worship, and Junior Church:

10am Portmoak Church

11.30am Orwell Church

All children welcome.

Please note that joint services will be held on the first Sunday of each month in alternate churches at 10.30am.

7 Aug 10.30am: Joint family service in Orwell Church
No morning service at Portmoak Church

Please check the church website or Facebook page for further information on all services in case anything changes. The Church Office and Shop is once again open from 10am to 12pm, from Monday to Friday.

Office email: orwellandportmoakchurch@gmail.com

Website: orwellportmoakchurch.org.uk



21 Aug: What does the Bible say about work? (all age service)
Marc Heath (LLC)

28 Aug: Summer Celebration @ Loch Leven's Larder (starts 4pm)
Everyone, of all ages, is very welcome and there are separate activities for children during the service. To find out more about us, please visit our Facebook page 'We Love Loch Leven', our website www.lochlevenchurch.com, or email us at info@lochlevenchurch.com

Kinross Christian Fellowship

Jesus said, 'I am among you as one who serves.'

Sunday morning service at 10.30am (refreshments and blether at 10am), Millbridge Hall, Old Causeway, Kinross.

Lively praise (children participate), reverent worship open to the leading of the Holy Spirit, prayer, ministry and solid Bible-based preaching and teaching. An all-round family service for families, which includes Sunday School. Communion every second Sunday, as is our evening service at 6.30pm; a time for praise, worship, sharing and joy in The Lord Jesus. (Followed by light refreshments and more blether.)

Everyone is welcome to either service or to both, so please come and taste and see that the LORD is good.

Kinross Gospel Hall

8 Montgomery Street, Kinross www.kinrossgospelhall.info
Tel 07818 050785

Friends and Neighbours Teas on the first and third Sundays of the month. All necessary precautions will be observed to maintain safe conditions. We look forward to seeing old friends and welcoming new ones. Everyone welcome.

Loch Leven Church

(Charity No: SC049050)

Loch Leven Church meets at Loch Leven Community Campus, at 10:30am each Sunday.

Our sermon series from May to August is 'What does the Bible say about...?' and we'll be hosting the following services in August:

7 Aug: What does the Bible say about rulers and authorities?
Stuart Weir (Director of CARE for Scotland)

14 Aug: What does the Bible say about Jesus being the only way?
Stephen McQuoid (General Director of GLO)



Baby & Toddler Groups



Monday

Milnathort Babies and Toddlers

Orwell Church Hall 9.30 -11am

Tuesday

Portmoak Babies and Toddlers

Portmoak Church Hall
9.45-11.30am

Stepping Stones- NOT IN AUGUST

Kinross Parish Church 10-11am
(First Tuesday of each month)

Wednesday

Breast Buddies

Health Centre 10-12pm

Glenfarg Babies and Toddlers

Village Hall 9.30am

Muckhart Babies and Toddlers

Church Hall 9.30-11am

Thursday

Montgomery Toddlers

Kinross Gospel Hall 9.30 -11am

Friday

Loch Leven Babies and Toddlers

Masonic Hall, Kinross 9.30-11.30am

Portmoak Babies and Toddlers

Portmoak Church Hall
9.45-11.30am

Fossoway Babies and Toddlers

Crook of Devon Church Hall
9.30-11.30am

Please let us know if you have any information to add to this list.



THE Fresh Fish PLACE

www.thefreshfishplace.co.uk

**Fresh Fish daily from Peterhead
OVER 60 CHOICES**

FRESH, SHELLFISH, FROZEN RANGE and MARINADE

Follow us on Facebook page for Great Reviews



**Photos of Customer Dishes
And Delicious Recipes**



01577 208761 167 High St, Kinross KY13 8DA

**Open Tues. – Fri. 9am – 4:30pm Sat. 9am – 3 pm
Closed Sunday and Monday**



Bayne's Morning Roll

Unique in taste and freshly baked
every day by our skilled craft bakers

Always baked and sold the same day!

Visit our shop at

101 High Street, Kinross

www.baynesthefamilybakers.co.uk



Notices

KINROSS CARERS DROP IN

Cancelled dates
 Tuesday 12th July and
 9th August 2022
 Will commence
 Tuesday 13th September 2022

This drop in centre is for all
 "UNPAID CARERS"
 PKC & PKAVS Carer support
 workers available for advice and
 support

Drop in for
 information, advice
 and signposting,
 peer support and a
 cuppa.



KINROSS CENTRE (Garden Room)
 High Street Kinross
 2nd TUESDAY EACH MONTH
 10:00 – 12:00

Contact Gail Boath
 Tel. 07760 363 800
 Or PKAVS
 01738 567076




WE NEED YOU



**YOUR TOWN
HALL IS RUN BY
VOLUNTEERS**

Your local Town Hall is used by
local groups and families for
birthdays, films, community get
togethers, fitness and so much
more.

All this right on your doorstep.

**CAN YOU SPARE A FEW HOURS A
MONTH?**

Simply put, without a committee, Milnathort Town Hall would have to
close its doors... so, do you have a few hours a month to help?

Your time will help keep this wonderful, newly renovated building
continue to be a valuable resource at the heart of our community.



**HELP KEEP
MILNATHORT
TOWN HALL IN
THE HEART OF
OUR COMMUNITY**

For at least another 100 years

THANK YOU

PLEASE CONTACT
 ROSEMARY TOLSON 07738984740 OR THROUGH
 OUR FACEBOOK PAGE 'FRIENDS OF
 MILNATHORT TOWN HALL'

Ceilidh Dance

Portmoak Village Hall

In Aid Of Hall Funds

Saturday 27 August 2022

7.30pm– 11.30pm

Orwell Ceilidh Band
 Light Supper Included And Beer And Wine Bar

Tickets £ 14 & £6 Child

Available From Kinnesswood Village Shop
 John Nicol 01592 840573 (Kinnesswood)
 Joan Smith 01592 840561 (Scotlandwell)

Kinross Garden Group 2021/22 Season

Summer Garden Visit

Kelburn Castle and gardens at Largs
 Thursday 18 August
 Coach departs Thistle Hotel 9.30am
 Waiting List, but check for places

Sunday Ceilidhs

Milnathort Town Hall 2-5pm

Aug 28 Gavin Piper
 Sept 25 Alan Small

Oct 23 Nicola Braid and Gordon Haddow
 Oct 30 Concert Leonard Brown supporting
 artist Fin Hope

Nov 20 George Rennie
 Dec 11 Wayne Robertson

MOBILE LIBRARY 3, 17, 31 August

(Fortnightly, Wednesdays)

Kinnesswood (Opposite Shop)	09.30 – 10:00
Portmoak Hall	10:05 – 10:20
Scotlandwell (Leslie Road)	10:25 – 10:50
Levenmouth Farm	11:00 – 11:20
Hatchbank Rd (Gairneybank, Kinross)	11:40 – 12:00
Powmill (Mill Gardens)	13:20 – 13:40
Crook of Devon (Village Inn)	13:45 – 14:45
Carnbo (Pitcairnie Lane)	15:00 – 15:30
Whyte Court (Kinross)	15:45 – 16:15

Contact us by phone on 01577 867205
 or by email at lochlevenlibrary@culturepk.org.uk.

Ukraine Hub Café

A Ukraine Hub Café, for Ukrainians who have recently arrived in the area and their host families, is taking place at Kinross Parish Church.

For more information and dates of the next cafés, please contact the Church Office on 01577 862570 or office@kinrossparishchurch.org

Perth & Kinross School Term Dates 2022

Summer term 2022

Term ends: Thursday 30 June 2022

In-Service days: Monday 15 August 2022 & Tuesday 16 August 2022

Autumn term starts: Wednesday 17 August 2022

Term ends: Friday 7 October 2022

Autumn holiday: Monday 10 October 2022 - Friday 21 October 2022

Grants For Good Causes

Kinross Community Council Newsletter Limited (KCCNL), Charity No. SC040913



All profits from the *Kinross Newsletter* are transferred to a charitable company, KCCNL, and given away to local good causes. Groups and individuals are invited to apply to KCCNL for grant funding. Decisions on grants are made at two meetings per year. The deadlines for grant applications are:

31 March and 30 September

More information is available on the kinross.cc website. Applications may be downloaded from the website or obtained from the Applications Administrator, Barry Davies, Tel 01577 865004 or email barrydavies57@btinternet.com

LOCAL CHEMIST INFORMATION

Rowlands Pharmacy, Kinross

Mon – Fri 9am-6pm

Saturday 9am-5pm

Tel 01577 862422



Davidson's Chemist, Milnathort

Mon – Fri: 9am-6pm (Open lunchtime)

Saturday: 9am-12.30pm

Tel: 01577 862219

Sundays: Nearest open pharmacy: Asda, Dunfermline



Perth Citizens Advice Bureau



Perth CAB can help you. Our advice is free, confidential, impartial and independent.

Advice line: 01738 450580

Appointment line: 01738 450581

Clients can access advice in the following ways:

- **By calling us** on 01738 450580 between 10am and 3pm any weekday. If the query is quick for us to deal with, we will do so and if it requires more time or research then we will arrange for an adviser to get back to them either via e-mail or with a telephone appointment.
- **Webchat** from our Perth CAB website www.perthcab.org.uk/ this is available from 10am each weekday, currently until 1pm but we hope to expand these hours soon
- **Via e-mail** to advice@perthcab.org.uk

Debt and Money Advice Service

Perth CAB has a team of specialist debt advisers. Advice is free, confidential, impartial and independent. To talk to a specialist debt adviser call 01738 450590 or email David Ogston (Senior Debt Adviser) using the following email address: David.Ogston@Perthcab.casonline.org.uk



Give a Greyhound a Home
www.greyhoundrescuefife.com

Forever homes needed for rescued greyhounds.
Greyhounds are very gentle creatures that require very little walking!

Please call or email for details
Tel: 01577 850393 (evenings)
07826 244765 (daytime)
Email: femiejimmyf@aol.com



NEWSLETTER DEADLINES

More deadlines for the months ahead can be found on our website.

In very rare circumstances it may be necessary to change a deadline at short notice. Check the *Newsletter* website for latest information: www.kinrossnewsletter.org

Issue	Deadline	Publication Date
September	Friday 19 August	Saturday 3 September
October	Friday 16 September	Saturday 1 October

100th Birthday and Diamond Wedding Anniversaries

Do you know a Perth & Kinross resident who is celebrating their 100th or 105th+ birthday?

Do you know a Perth & Kinross couple celebrating their 60th, 65th or 70th wedding anniversary?

PKC can arrange delivery of flowers or for a local councillor to present a basket of flowers to the person or couple on their special day.

Tel: 01738 475051 Email: CivicServices@pkc.gov.uk

Situations Vacant

AeroSpace Kinross - Volunteer Appeal

We are looking for someone to assist with an important aspect of our work that underpins much of the STEM outreach undertaken by Aero Space Kinross.

You would be working with the designated safeguarding officer to review our safeguarding policy, to ensure that it is fit for purpose as we move to the next phase of our development, including the commencement of our second Build a Plane project. The work will entail:

- A review of our safeguarding policy and arrangements
- The creation of an updated policy and monitoring procedure that will support the organisation's intended expansion.
- The construction of a training and routine refresher regime for staff and volunteers

If you would like to join our team and if this is an area of our work you feel you could contribute to, please email me on Karen@aerospacekinross.com with brief details of the way in which your skills and experience could assist us in moving this important project forward.

1st Muckhart Brownies has spaces available for new members!

Brownies offer girls aged 7-10 exciting opportunities to try new things and discover their potential. They go on adventures, camps and holidays.

We meet on Tuesdays in the Coronation hall, our meetings run alongside Rainbows (for girls aged 4-7).

Register your daughter's interest in joining at: girlguiding.org.uk/joinus or contact MErskine@girlguidingtayandochil.com



Social Groups in your community

VisionPK runs local groups for people with visual impairments, offering opportunities to meet others, share experiences, socialise and participate in activities.

We would like to hear from you if you live in Perth and Kinross and are interested in taking part in a group or would like to volunteer to support your local group.

For more information, call or email Lidia Dye:
t: 01738 626969
e: lidia.dye@visionpk.org.uk



VisionPK is the operating name of Perth and Kinross Society for the Blind.
Scottish Charity number SC001152. A Company limited by Guarantee, No. 205004.
Registered in Scotland. Registered Address: 174 High Street, Perth, PH1 5UH

For Sale

Items for Sale

The *Newsletter* publishes items for sale listed on the kinross.cc website. If interested in purchasing an item, we suggest **checking the website for current availability** (www.kinross.cc then 'Local Adverts' then 'Classified Adverts'). If interested in selling an item, please list it on www.kinross.cc and it will automatically be published in the next available *Newsletter*, subject to space.

THE KINROSS NEWSLETTER

ALL PROFITS GO TO LOCAL GOOD CAUSES

BANK OF SCOTLAND MOBILE BANKING

Service operates fortnightly on a Tuesday 10am to 1pm

9 August 2022

23 August 2022

At the Green Hotel, 2 Muirs, Kinross

www.bankofscotland.co.uk/contactus/mobile-branch/perth.html#kinross

BROKE NOT BROKEN

SCHOOL UNIFORM

open day 1st August 3pm-6pm
Kinross Colts Pavillion
Memorial Park, Milnathort

Come and help yourself to preloved school uniform for a donation to Broke Not Broken

preloved items surplus to school uniform packs

**MOBILE POST VAN AT
BUCHAN AVENUE,
KINNESSWOOD**

**MONDAYS 13.45 till 14.45
WEDNESDAYS 12.45 till 13.45**

**KINROSS DELIVERY OFFICE
ROYAL MAIL
87 High St, Kinross KY13 8AR
OPENING TIMES**

MONDAY	8-10am
TUESDAY	8-10am
WEDNESDAY	8-10am
THURSDAY	8-10am and 4-7pm
FRIDAY	8-10am
SATURDAY	8am-12pm
SUNDAY	CLOSED

Homes For Cats Wanted

FifeCat Shelter, a Scottish Registered Charity, is always looking for homes for rescued cats.

Cats can be visited, by appointment, at Causeway Cattery, Scotlandwell.

Contact Rhona on 01383 830286.



Wellbeing Support Team
Free, local, recovery-focussed support in rural Perth and Kinross

Do you need support with:

Stress?
Confidence?
Depression?
Assertiveness?
Change?
Anxiety?
Relaxation?

Your Future

Perth and Kinross Health and Social Care Partnership
Supporting Health and Independence

Wellbeing Support Team
Kinross 01577 867318
www.pkc.gov.uk/mentalhealth

EMERGENCY CONTACT NUMBERS

Medical

Loch Leven Health Centre	01577 862112
Loch Leven Health Centre Out of Hours	01577 865252
NHS 24	111
Perth Royal Infirmary main switchboard	01382 660111
Perth Royal Infirmary (Admissions and Enquiries Desk)	01738 473734
Ninewells Hospital, Dundee	01382 660111
Victoria Hospital, Kirkcaldy	01592 643355
Queen Margaret Hospital, Dunfermline	01383 623623
Rowlands Pharmacy, Kinross	01577 862422
Davidson's Chemist, Milnathort	01577 862219

Police, non-emergency 101

Police, Fire, Ambulance & Coastguard Emergencies 999

Gas (worried about gas safety) 0800 111 999

Water (loss of supply, foul water emergency) 0845 600 8855

Floods SEPA Floodline recorded messages 0345 988 1188

Perth & Kinross Council (PKC)

Customer Service Centre (Mon- Fri, 8am-6pm) 01738 475000

Reporting non-emergency Road and Lighting faults (CLARENCE) 0800 232323

PKC Out of Hours emergency numbers

Adult care services	0345 301 11 20
Anti-social behaviour helpline (*42* telephone and leave a voicemail)	01738 476173*42*
Child protection	01738 476768
Council housing emergency repairs	01738 476000
Dangerous buildings	01738 476476
Environmental Health	01738 476476
Flooding	01738 476476
Homelessness	0800 917 0708
Mental health services	0345 301 11 20
Roads (e.g. reporting blockage)	01738 476476

Traveline Scotland 0871 200 22 33

Loch Leven Community Campus 01577 867200

Kinross High School 01577 867100

Community Councils

Kinross: Chair: Lynne McKay, 01577 531076
Email: kinrosscommunitycouncil@gmail.com

Milnathort & Orwell: Chair: Malcolm Thomson, 07980 885175
Email: communitycouncilmilnathort@gmail.com

Portmoak: Email: portmoakcommunitycouncil@pkc.gov.uk

Fossoway & District: Chair: Trudy Duffy-Wigman, 01577 840669
Email: fossoway.cc@gmail.com

Cleish & Blairadam: Sec: Patty Fraser, 01577 850253
Email: cleishcommunitycouncil@pkc.gov.uk

Kinross Community Councillors

David Colliar	10 Rannoch Place	01577 864037
Bill Freeman	64 Muirs	01577 865045
Lynne McKay (Chair)	5 Springfield Road	01577 531076
Thomas Stewart	Gellybank Farm	01577 864603
Hannah Phillips	9 Lomond Mews	07591 228884
Malcolm Wood	The Woodlands, Hatchbank	

Portmoak Community Councillors

S McGregor	(Secretary)	
A Davidson	(Treasurer)	
Susan Forde		01592 840128
Dave Morris		01592 840500

Have a look at our website: www.portmoak.org

Perth and Kinross Councillors Kinross-shire Ward

CLlr DAVE CUTHBERT (*Independent*)
Tel: 07468 756234
Email: dcuthbert@pkc.gov.uk
Address: 85 Bowton Road, Kinross, KY13 8EG

CLlr NEIL FRESHWATER (*Scottish Conservative & Unionist*)
Tel (office): 01738 475108
Email: nfreshwater@pkc.gov.uk
www.facebook.com/neil4kinrossshire

CLlr WILLIE ROBERTSON (*Scottish Liberal Democrats*)
Mobile: 07909 884042

CLlr RICHARD WATTERS (*SNP*)
Mobile: 07557 812513.
Email: rwatters@pkc.gov.uk
Address: Applegarth, Sunnypark, Kinross, KY13 8BX

John Nicolson MP

Member of Parliament for Ochil and South Perthshire

Telephone: 020 7219 3000
Email: john.nicolson.mp@parliament.uk
Twitter: <https://twitter.com/mrjohnnicolson>
Facebook: <https://facebook.com/JohnNicolsonSNP>
Instagram: <https://www.instagram.com/johnnicolsonmp>

Member of the Scottish Parliament for Perthshire South & Kinross-shire

Jim Fairlie, MSP

Constituency office: 63 Glasgow Road, Perth, PH2 0PE
Telephone: 01738 620540
Email: Jim.Fairlie.msp@parliament.scot

Members of the Scottish Parliament for Mid Scotland and Fife Region

All MSPs can be contacted at the following address:
The Scottish Parliament, Edinburgh, EH99 1SP

Claire Baker MSP (Labour) Tel: 0131 348 6769
Email: claire.baker.msp@parliament.scot

Murdo Fraser MSP (Conservative) Tel: 0131 348 5293
Email: murdo.fraser.msp@parliament.scot

Dean Lockhart MSP (Conservative) Tel: 0131 348 5993
Email: dean.lockhart.msp@parliament.scot

Alex Rowley MSP (Labour) Tel: 0131 348 6826
Email: alex.rowley.msp@parliament.scot

Mark Ruskell MSP (Green) Tel: 0131 348 6468
Email: mark.ruskell.msp@parliament.scot

Liz Smith MSP (Conservative) Tel: 0131 348 6762
Email: elizabeth.smith.msp@parliament.scot

Alexander Stewart MSP (Conservative) Tel: 0131 348 6134
Email: alexander.stewart.msp@parliament.scot

Mobile Library Service

See p95 for details. For more information, see: www.culturepk.org.uk/libraries and click on 'Services in the Community'

Perth Samaritans

Need to talk? We'll listen.

Contact us by

phone: 01738 626666 or 08457 909090
email: jo@samaritans.org

Visit us at 3 King's Place, Perth, PH2 8AA

Mondays	1630 – 2130	Thursdays	1630 – 1900
Wednesdays	0830 – 1100	Fridays	1000 – 1630
and	1930 – 2130	Sundays	0800 – 2130

No pressure, no names, no judgment.
We're here for you, anytime.

Enquire

Are you looking for information about your child's rights to support in school? If so, contact **Enquire**, the national advice and information service for additional support for learning.

Enquire offer: a confidential telephone helpline and online enquiry service, practical guides, fact sheets and newsletters, helpful materials for children and young people with additional support needs.

For more information contact: Tel 0345 123 2303

Website: www.enquire.org.uk

Enquire is funded by the Scottish Government and managed by Children in Scotland.

Diary

July

Sat 30 Big Wild Sleepout, RSPB

August

Mon 1 Broke not Broken School Uniform Day 93
Mon 1&19 Osprey Watch 81
Tues 2 **Fossoway CC meets** 53
Mon 1-5 Family Week at Kinross Parish Church 87
Sat 6 Dollar Museum Exhibition opens 17
Sat 6 Deadline for Story Competition - Kinross Show 12
Sun 7 A Midsummer Night's Dream 82
Sun 7&20 Kinross and Ochil Walking Group meets (see club notice) 66
Tues 9 **Portmoak CC meets** 51
Thurs 11 **Milnathort CC meets** 50
Sat 13 **Kinross Show** 12
Sun 14 Let's Sing! 11
Thur 18 Garden Group outing to Kelburn Castle 91
Tues 22 **Kinross CC meets** 49
Sat 27 **Kinross Farmers' Market at Market Park** 61
Sat 27 Portmoak Village Hall Ceilidh 96
Sun 28 Fungal Foray, Portmoak Moss 65

September

Fri 2 KADAC Annual Exhibition 19
Sat 3 Fossoway Gathering 23
Sun 11 Let's Sing! 11
Sat 24 **Kinross Farmers' Market** 61

The Kinross Community Council Newsletter

is available from:

Greens of Kinross	High Street, Kinross	Buchan's Garage	Main Street, Kinnesswood
Baillies	High Street, Kinross	Shop	Main Street, Kinnesswood
Sainsburys	Station Road, Kinross	Fossoway Store	Crook of Devon
Giacopazzis	Lathro, Kinross	Fossoway Garage	Crook of Devon
Keystore More	Green Road, Kinross	Mona's Coffee Shop	Muckhart
Giacopazzis	New Road, Milnathort	Powmill Stores	Powmill
Stewart & Smart	Stirling Road, Milnathort	Loch Leven's Larder	Near Wester Balgedie
Heaven Scent	South Street, Milnathort	Glenfarg Village Shop	Glenfarg